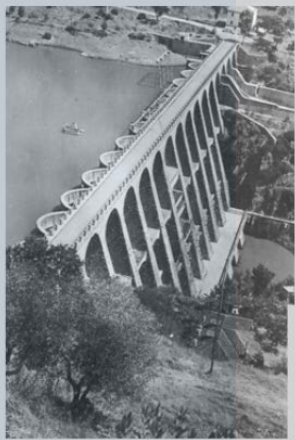


XXVI Riunione

Scientifica Regionale

SID-AMD

**IL DIABETE:
UNA MALATTIA
COMPLICATA?**



29-30 Novembre 2024

Cagliari

Hotel Regina Margherita

Il paziente diabetico nefropatico: necessità di un corretto approccio diagnostico

Matteo Floris

ARNAS G. Brotzu

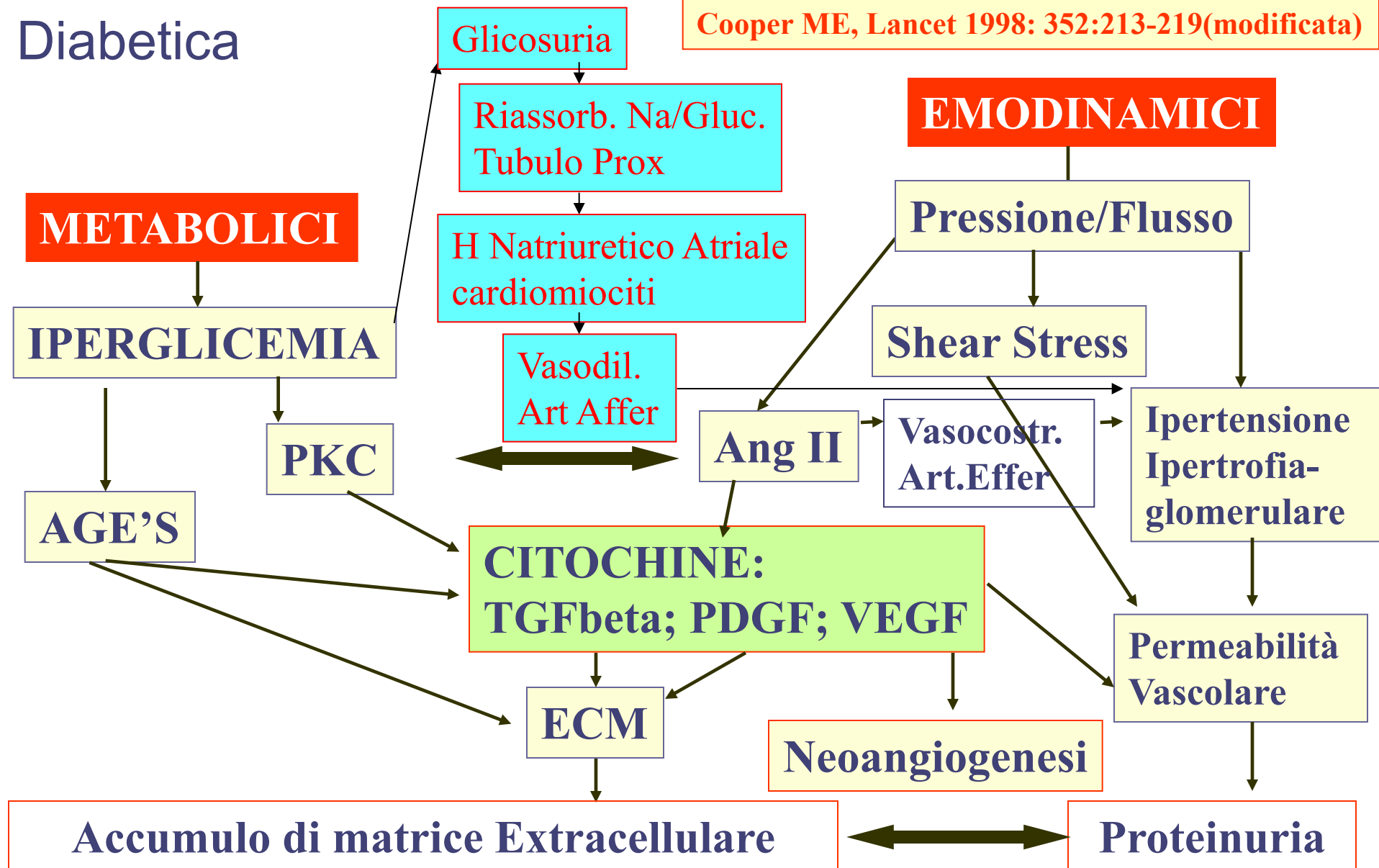
SCDU Nefrologia, Dialisi e Trapianto Renale

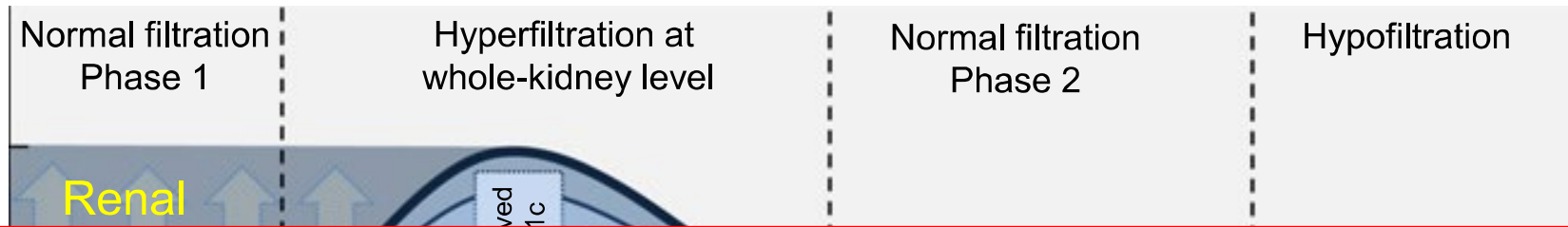
Agenda

1. Definizione e Storia Naturale della «**Diabetic Kidney Disease**»(**DKD**)
2. Recenti «Concetti» Patogenetici della DKD
3. Diabetic kidney disease vs Non Diabetic kidney disease
4. Attuali Indicazioni alla Biopsia Renale e quali dati di letteratura ci hanno portato a tali indicazioni
5. Eterogeneità delle Lesioni Renali della DKD e Diversi Fenotipi
6. Indicazioni per la Pratica Clinica e Indicazioni per la Ricerca e i RCT
7. Conclusioni

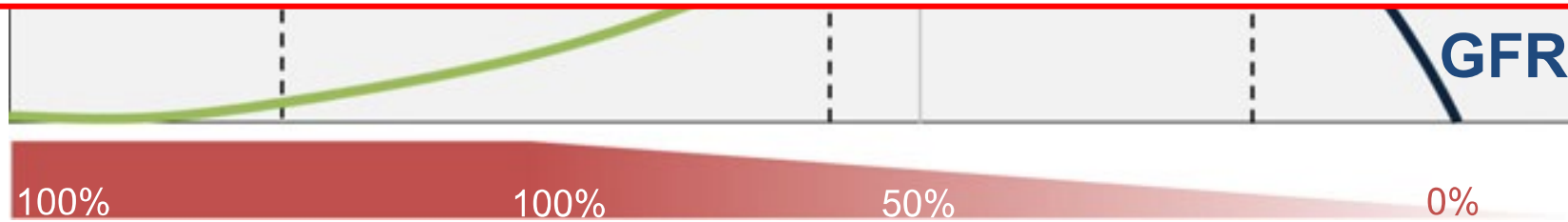
Schema sui Meccanismi Patogenetici della Nefropatia Diabetica

Cooper ME, Lancet 1998; 352:213-219(modificata)

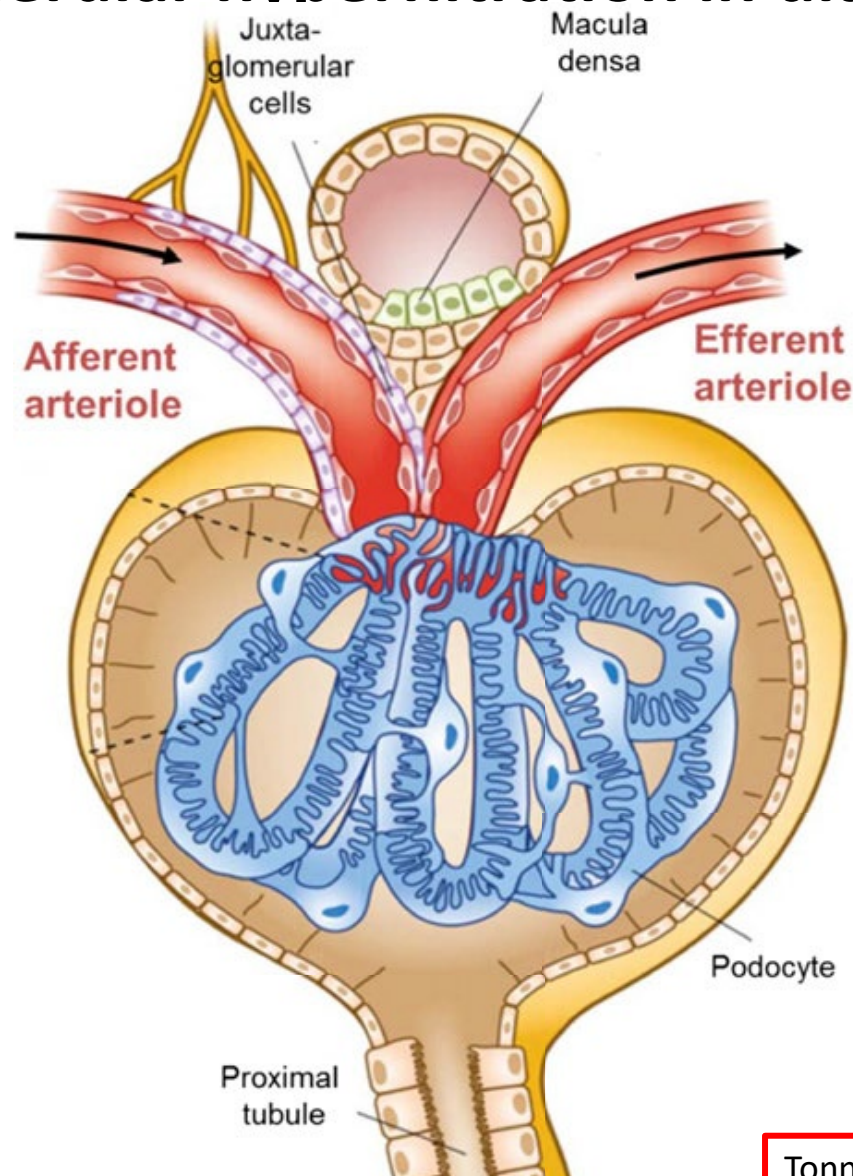




**NELLE FASI PRECOCI DELLA NEFROPATIA
DIABETICA SI OSSERVA UN PROGRESSIVO
RECLUTAMENTO DELLA RISERVA
FUNZIONALE DEL RENE**



Schematic (net) effect of factors implicated in the pathogenesis of glomerular hyperfiltration in diabetes.



Factors causing a net reduction of afferent arteriolar resistance

Vascular factors

Nitric oxide bioavailability

COX-2 prostanoids

Kalikrein-kinins

Atrial natriuretic peptide

Angiotensin(1-7)

Hyperinsulinemia *per se*

Tubular signals

Inhibition of tubuloglomerular feedback (macula densa signals)

Factors causing a net increase of efferent arteriolar resistance

Vascular factors

Angiotensin-II

Thromboxane A2

Endothelin-1 (ETA receptor)

Reactive oxygen species

The pathogenesis of DKD

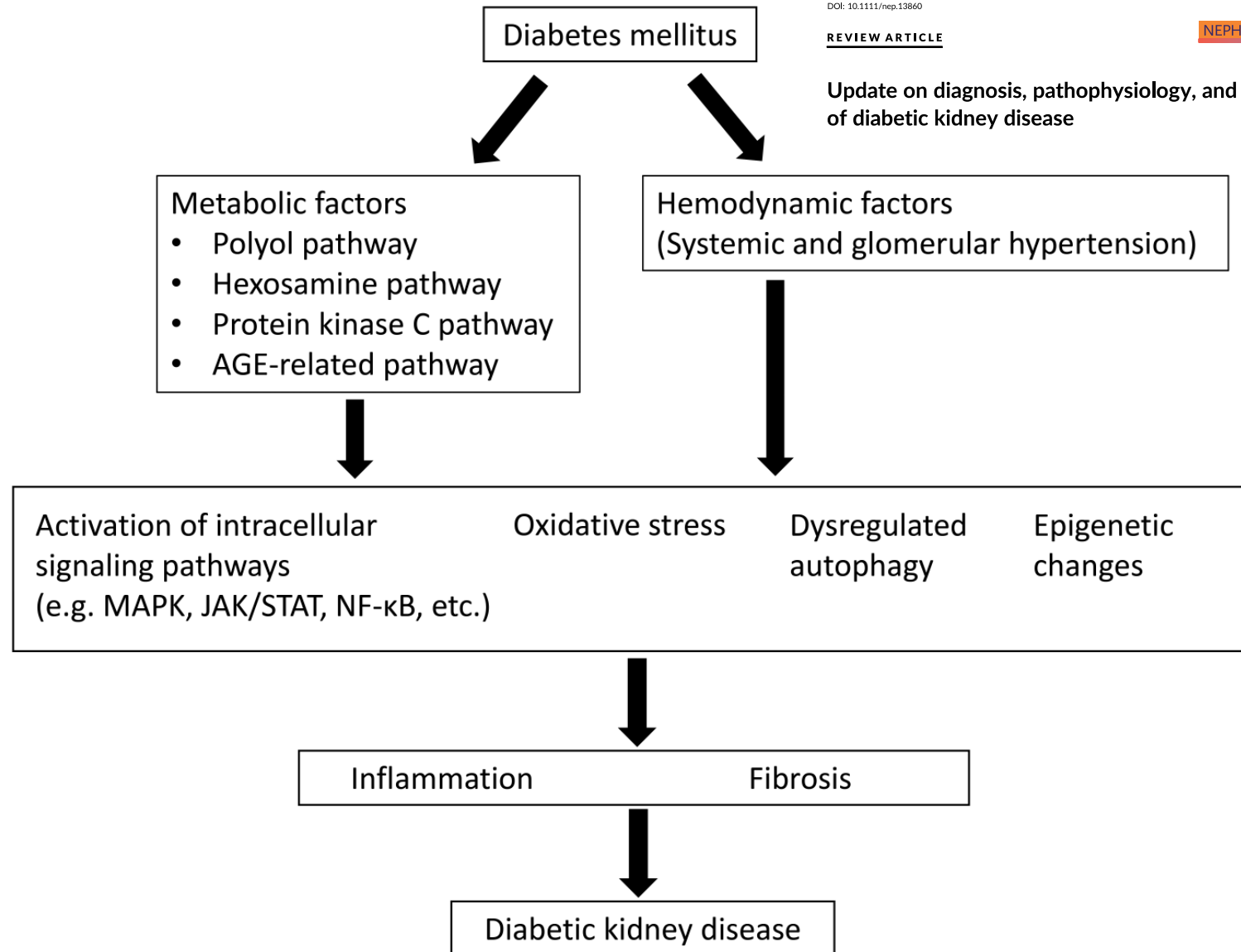
Received: 4 January 2021 | Accepted: 2 February 2021
DOI: 10.1111/nep.13860

REVIEW ARTICLE

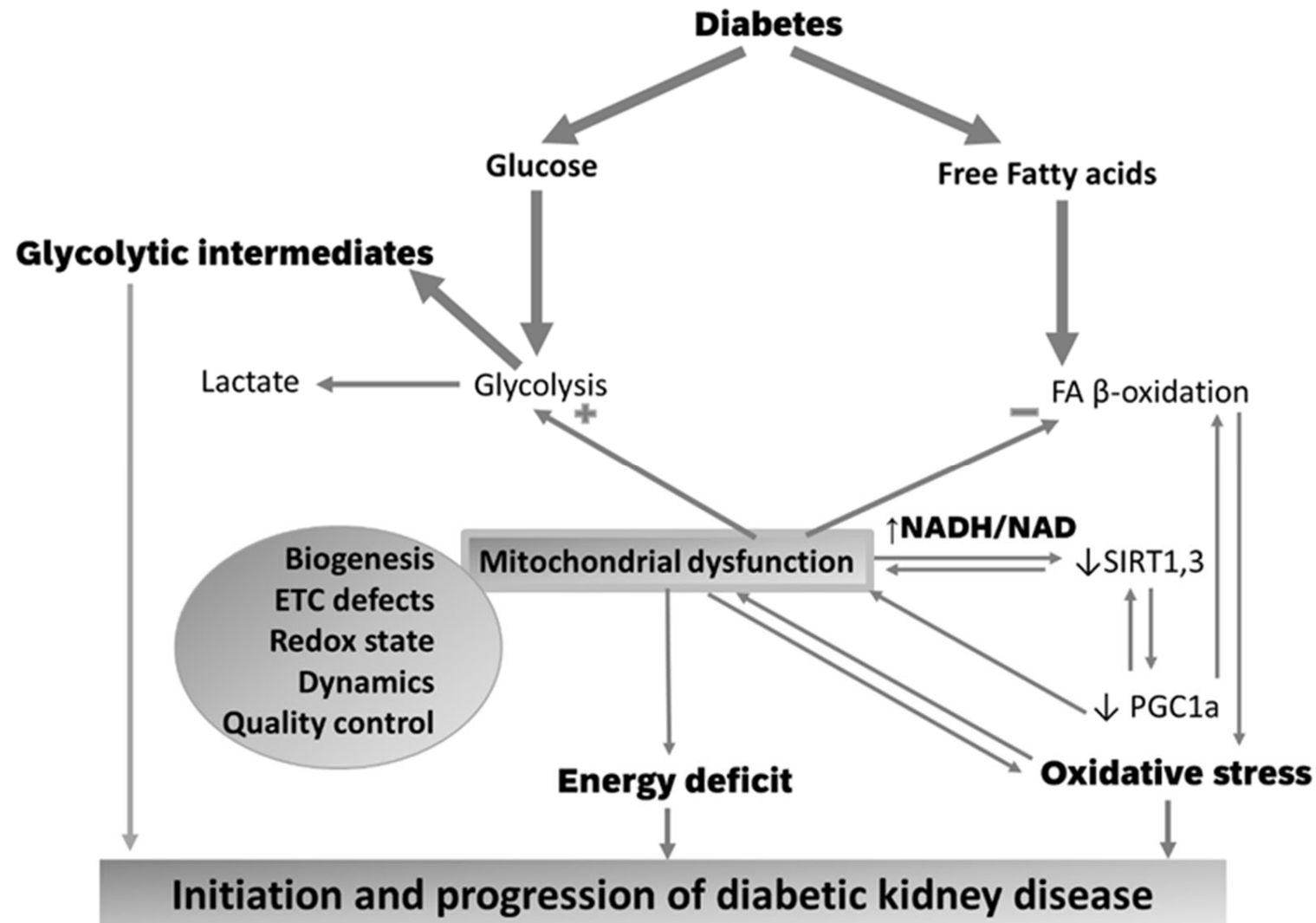
NEPHROLOGY  WILEY

Update on diagnosis, pathophysiology, and management
of diabetic kidney disease

2021



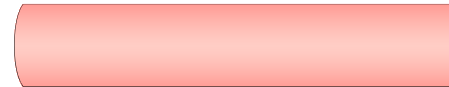
Excessive energetic substrates in diabetes leads to **mitochondrial defects** that cause reductive stress, oxidative stress, and energy deficit.



Innate immunity in diabetic kidney disease

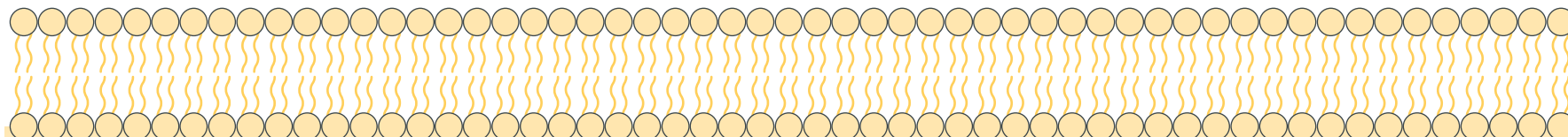
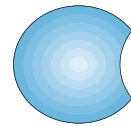
Sydney C. W. Tang * and Wai Han Yiu

The role of **inflammation** in the pathogenesis of diabetic kidney disease



intracellular damage-associated
molecular patterns

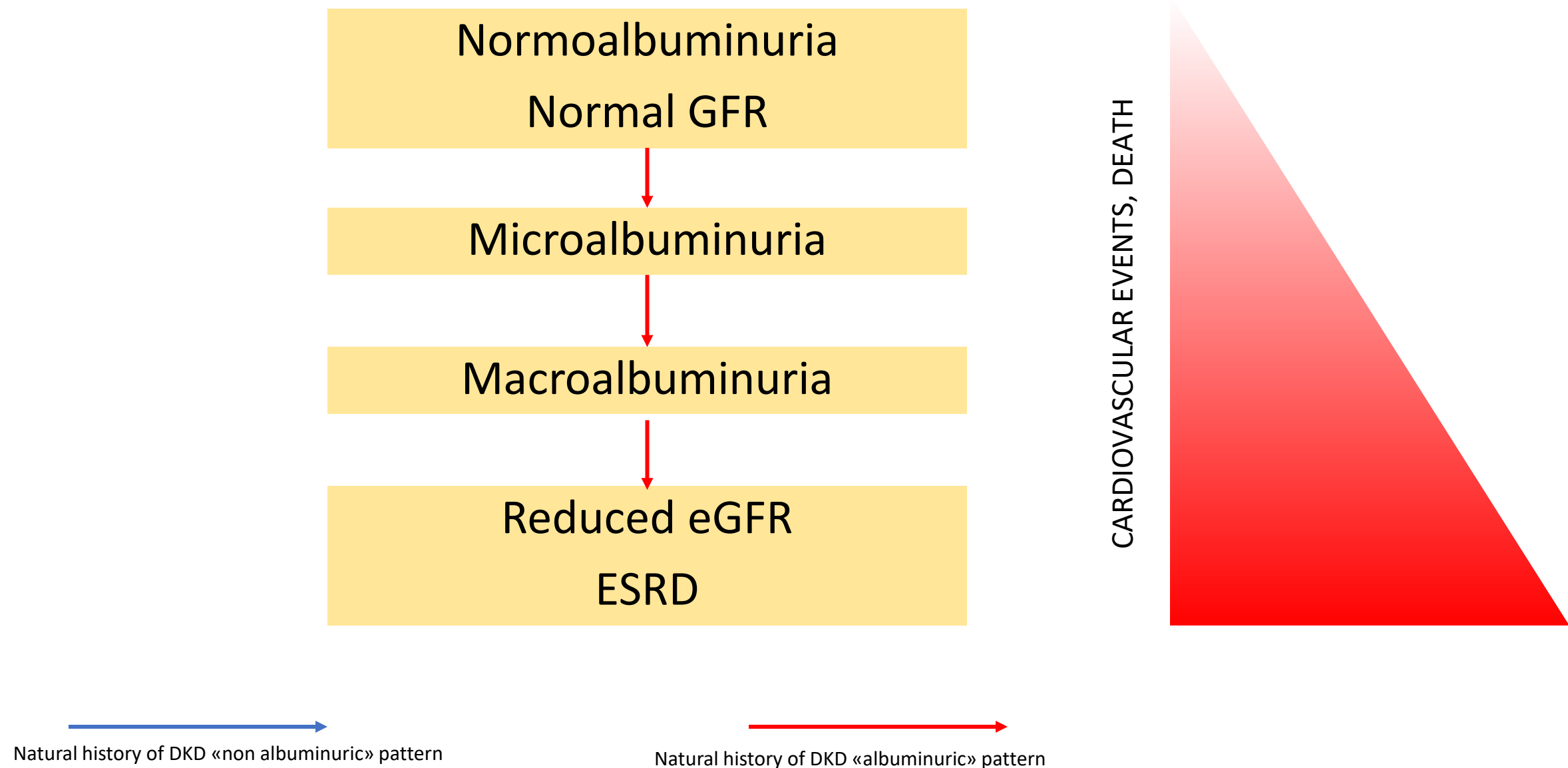
Potential mechanisms of **complement activation** in diabetic kidney disease.



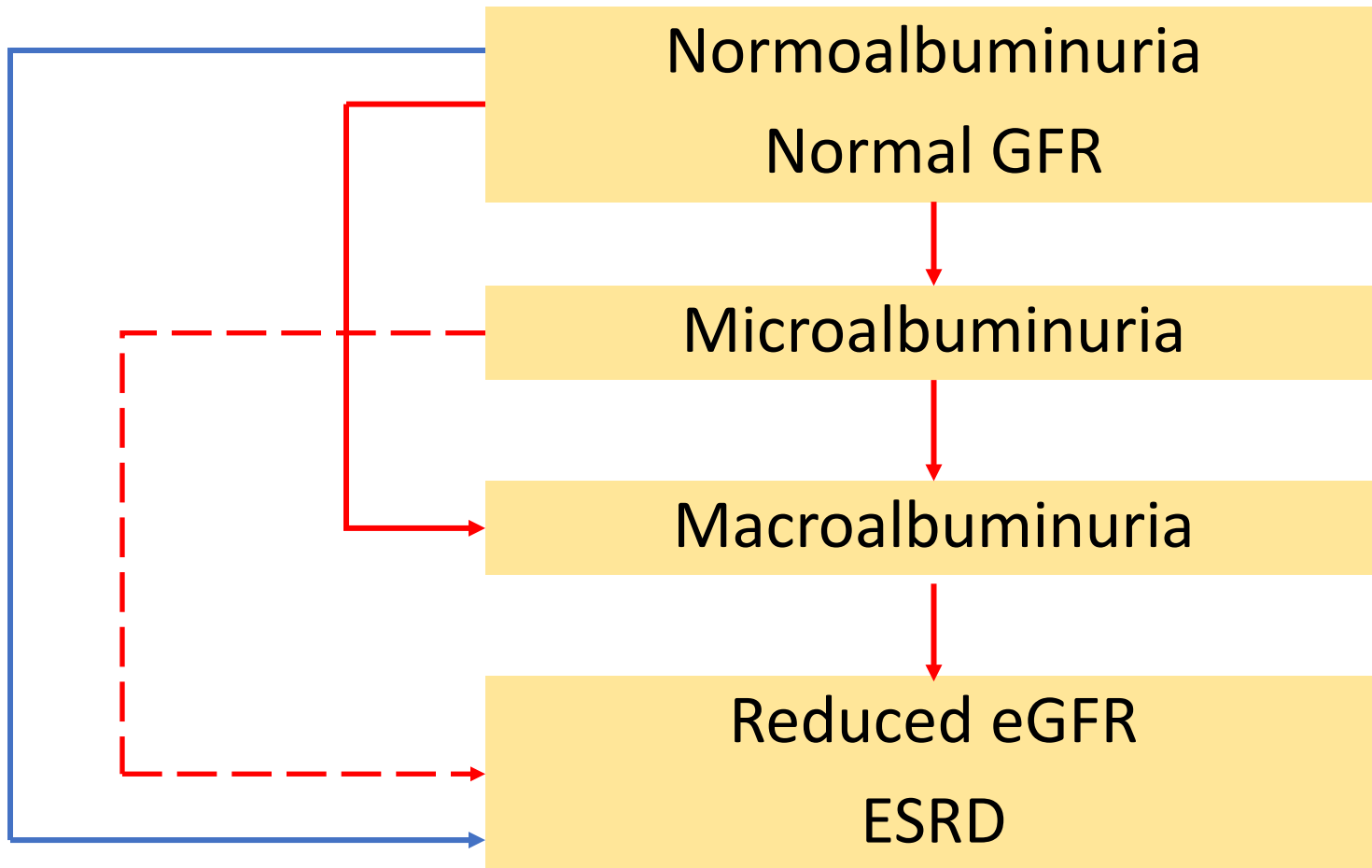
Tubular epithelial cell

LE PIU' RECENTI EVIDENZE ARRICCHISCONO
LE CONOSCENZE CIRCA LA PATOGENESI
DELLA NEFROPATIA DIABETICA
SOTTOLINEANDO IL RUOLO
DELL'INFIAMMAZIONE, DELLA DISFUNZIONE
MITOCONDRIALE, DEL SISTEMA DEL
COMPLEMENTO E LA CENTRALITA' DEL
DANNO TUBULARE

Clinical diagnosis of DKD



Clinical diagnosis of DKD



→
Natural history of DKD «non albuminuric» pattern

→
Natural history of DKD «albuminuric» pattern

CARDIOVASCULAR EVENTS, DEATH

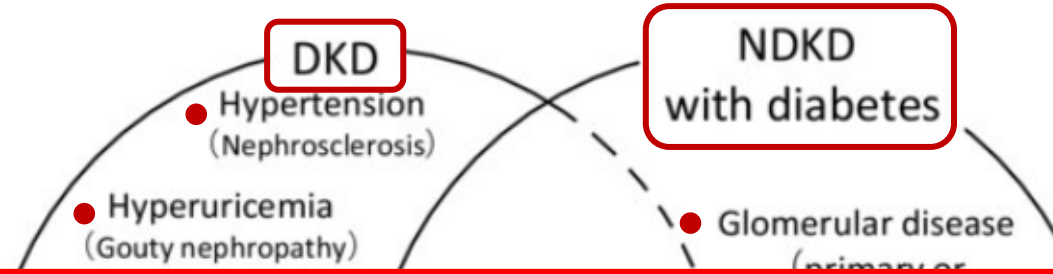


Kidney disease with Diabetes: more than DKD

DMT2

~4 million (Italy)

CKD $\approx$ 30% (at least)



**LA MALATTIA RENALE NEL PAZIENTE
DIABETICO SOTTENDE UN PANORAMA
ESTREMAMENTE ETEROGENEO IN TERMINI
DI PRESENTAZIONE CLINICA E STORIA
NATURALE**

etc.

Multifactorial treatment
against metabolic disorders

Treatment against
each renal disease that cause

Clinical Evaluation of Diabetic Nephropathy

Diabetes proteinuria



Exclude urinary tract infection
Urine microscopy: red cells, white cell casts?
Quantitate proteinuria
Renal ultrasonography
Serology if glomerulonephritis suspected
ANCA, DNA antibodies, C3, C4

RICHARD J. JOHNSON
JÜRGEN FLOEGE
MARCELLO TONELLI

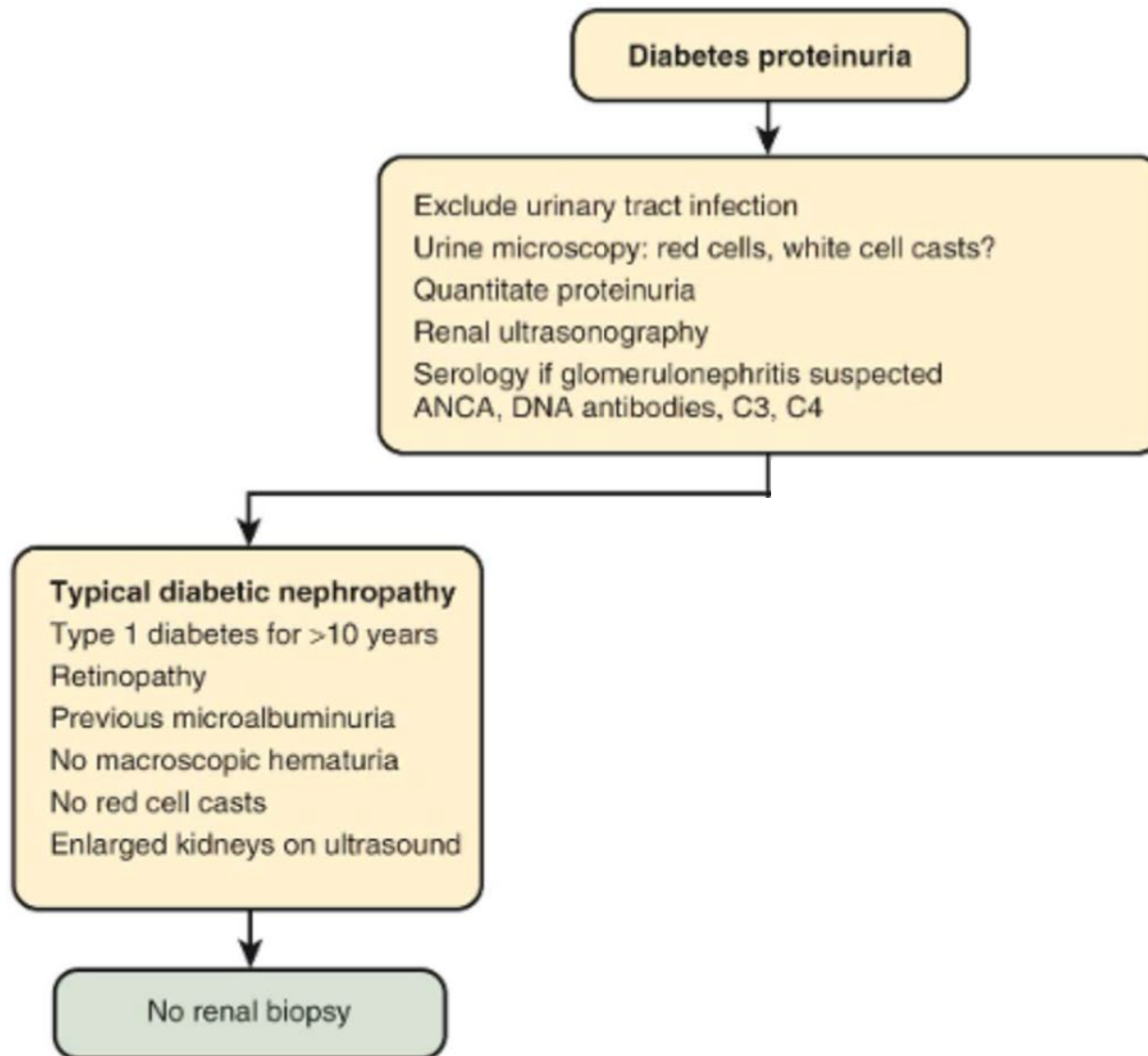


COMPREHENSIVE CLINICAL NEPHROLOGY

SEVENTH EDITION



Clinical Evaluation of Diabetic Nephropathy



RICHARD J. JOHNSON
JÜRGEN FLOEGE
MARCELLO TONELLI

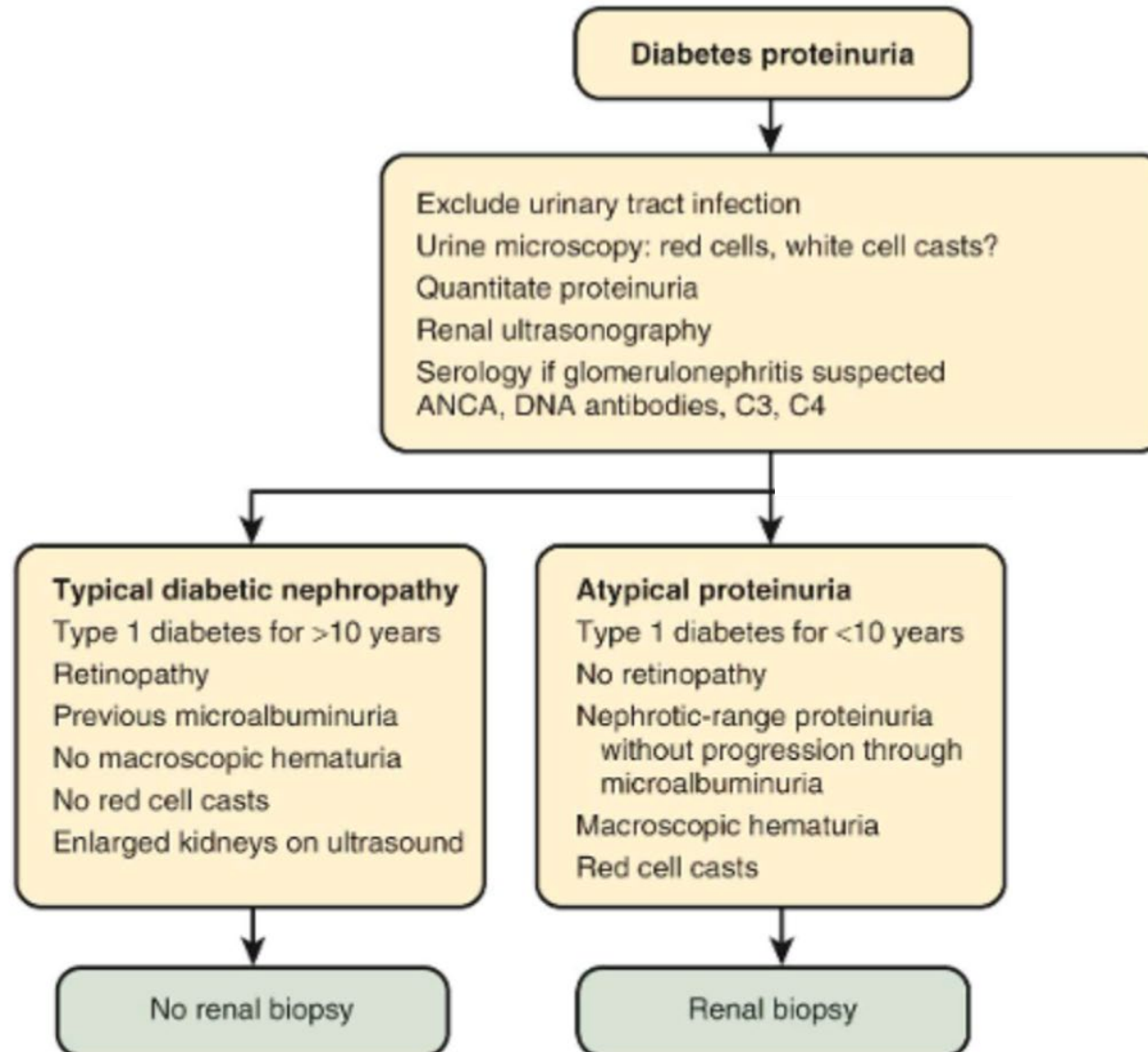


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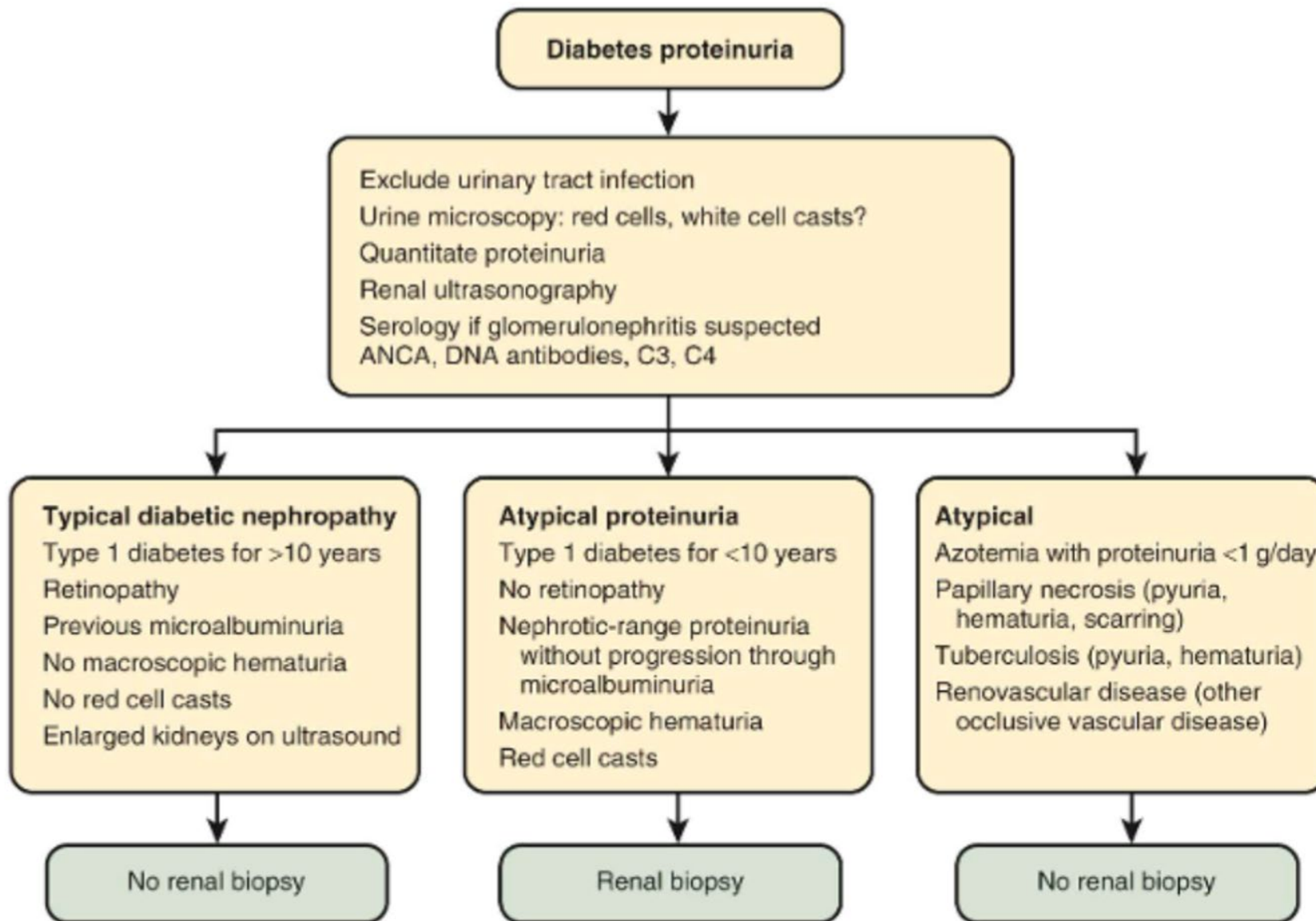


COMPREHENSIVE CLINICAL NEPHROLOGY

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JÜRGEN FLOEGE
MARCELLO TONELLI



COMPREHENSIVE CLINICAL NEPHROLOGY

SEVENTH EDITION



Classical indications for renal biopsy in patients with diabetes

Biopsy not indicated when

- Typical evolution of renal disease
- Concomitant retinopathy

Biopsy should be considered when

- Renal manifestations are seen atypically (<10 years) early in type 1 diabetes
- Dysmorphic erythrocytes/casts are found (nephritic sediment)
- Rapid deterioration of renal function of unknown cause is noted
- Elevated serum creatinine without urine abnormalities
- Heavy proteinuria (>5–8 g/day) persists despite lowering of blood pressure

Different Patterns of Renal Damage in Type 2 Diabetes Mellitus: A Multicentric Study on 393 Biopsies

Gianna Mazzucco, MD, Tullio Bertani, MD, Mirella Fortunato, MD, Monica Bernardi, MD,
Monica Leutner, MD, Renzo Boldorini, MD, and Guido Monga, MD

1997-2000 -> Biopsia renale in 393 pazienti affetti da diabete mellito tipo 2 in
3 Centri Italiani: Torino, Novara (restricted policy, CRPs) e Bergamo
(unrestricted policy, CUP)

Restricted policy (CRPs)

- Ematuria
- Sindrome nefrosica
- Proteinuria > 2 g/d senza retinopatia diabetica
- Insufficienza renale rapidamente evolutiva
- Insufficienza renale di ndd

Unrestricted policy (CUP)

- Proteinuria > 0.5 g/d
- Ematuria
- Riduzione della funzione renale

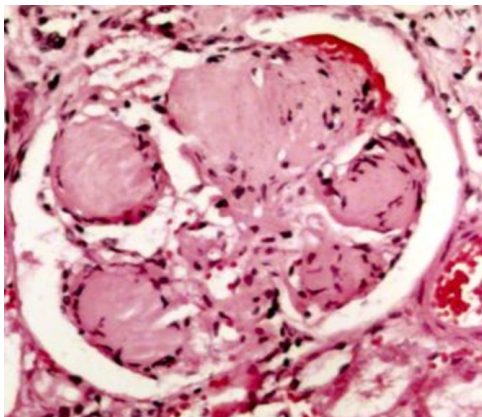
Pazienti con lunga storia di DM e segni di severo danno d'organo microangiopatico non venivano sottoposti a biopsia renale (diagnosi clinica di ND)

Different Patterns of Renal Damage in Type 2 Diabetes Mellitus: A Multicentric Study on 393 Biopsies

Gianna Mazzucco, MD, Tullio Bertani, MD, Mirella Fortunato, MD, Monica Bernardi, MD,
Monica Leutner, MD, Renzo Boldorini, MD, and Guido Monga, MD

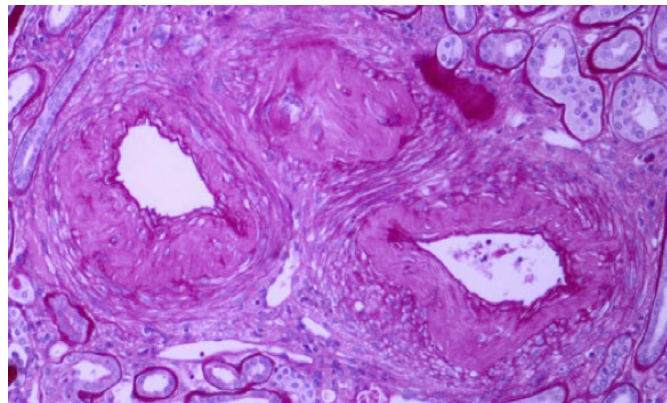
3 CLASSI SULLA BASE DEL DATO ISTOLOGICO

Classe 1



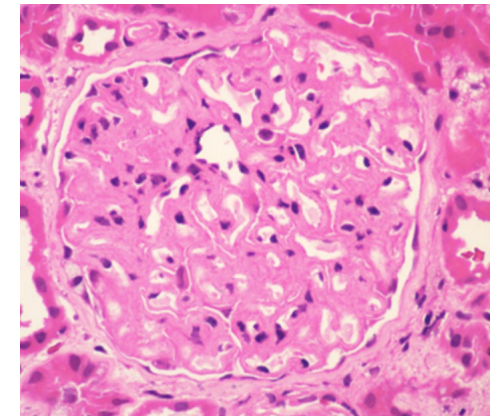
Glomerulosclerosi diabetica

Classe 2



Lesioni vascolari

Classe 3

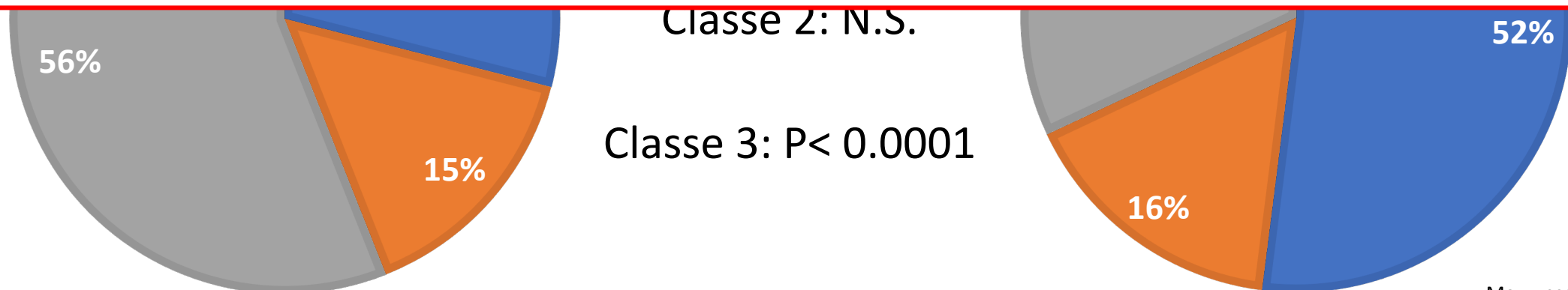


Nefropatia non-diabetica
associata a nefropatia
diabetica (3a) o non
associata (3b)

Different Patterns of Renal Damage in Type 2 Diabetes Mellitus: A Multicentric Study on 393 Biopsies

Gianna Mazzucco, MD, Tullio Bertani, MD, Mirella Fortunato, MD, Monica Bernardi, MD,
Monica Leutner, MD, Renzo Boldorini, MD, and Guido Monga, MD

**DIFFERENTI INDICAZIONI ALLA BIOPSIA
RENALE DETERMINANO UNA SIGNIFICATIVA
DIFFERENZA IN TERMINI DI LESIONI RENALI
OSSERVATE ALL'ESAME ISTOLOGICO**



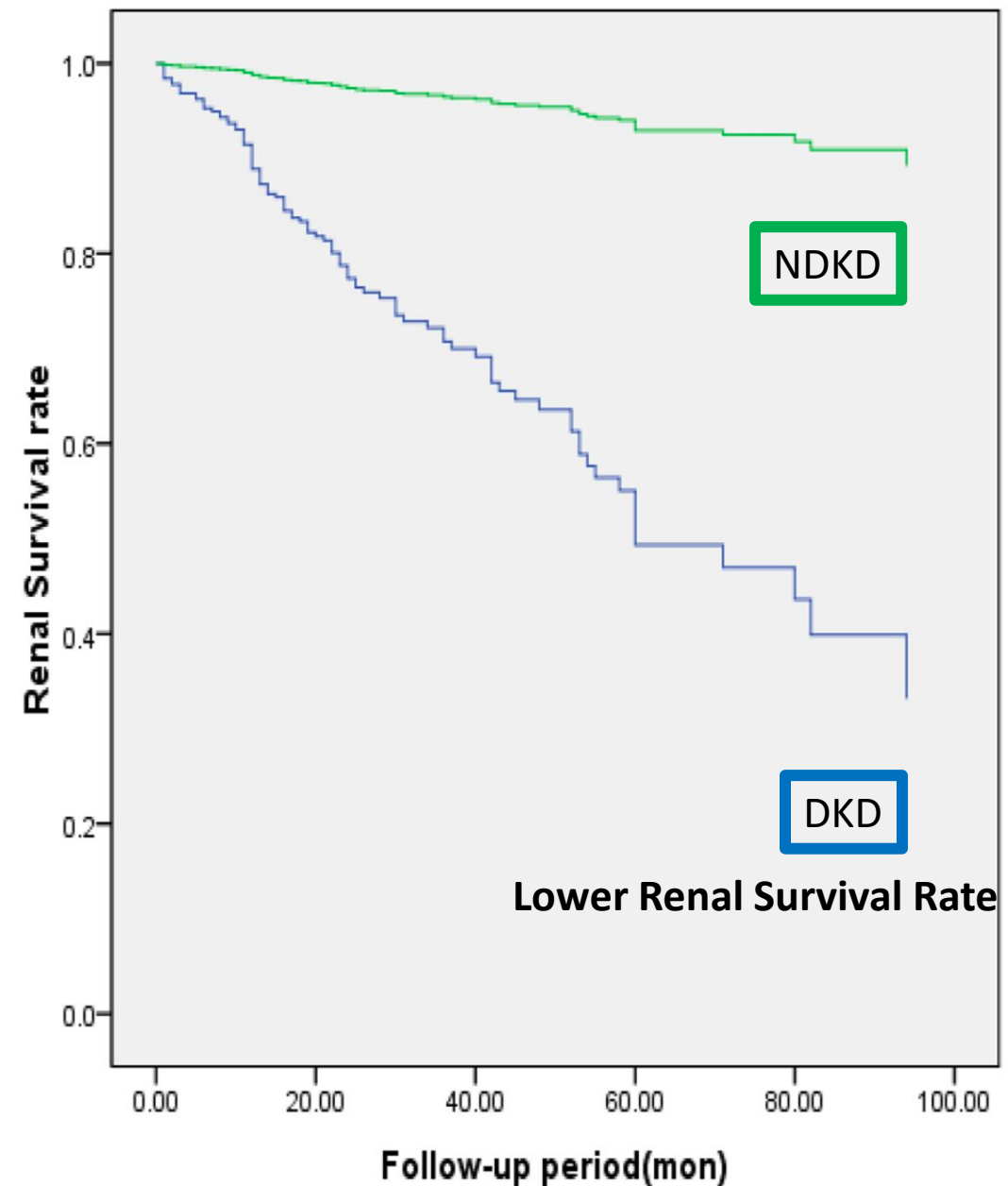
Perché effettuare una biopsia renale in un paziente diabetico?

1) Identificare pazienti affetti da diabete mellito con lesioni renali NON secondarie alla patologia di base (non-diabetic kidney disease: **NDKD**)

Identification of clinical predictors of diabetic nephropathy and non-diabetic renal disease in Chinese patients with type 2 diabetes, with reference to disease course and outcome

Jiali Wang^{1,2} · Qianqian Han¹ · Lijun Zhao¹ · Junlin Zhang¹ · Yiting Wang¹ · Yucheng Wu¹ · Tingli Wang¹ · Rui Zhang¹ · Premesh Grung¹ · Huan Xu³ · Fang Liu¹

A total of 505 T2DM patients with renal disease were eligible and enrolled in the present study. Renal biopsy revealed that 302 patients **(59.8%) had DN**, 174 **(34.5%) had NDRD**, and **29 (5.7%) had NDRD superimposed on DN**.



Renal biopsy in patients with diabetes: a pooled meta-analysis of 48 studies

Marco Fiorentino¹, Davide Bolignano^{2,3}, Vladimir Tesar⁴, Anna Pisano², Wim Van Biesen³,
Giovanni Tripepi², Graziella D'Arrigo² and Loreto Gesualdo¹ on behalf of the ERA-EDTA
Immunonephrology Working Group

The prevalence of DN, NDRD and mixed forms ranged from 6.5 to 94% (mean 50.1), 3 to 82.9% (mean 36.9) and 4 to 45.5% (mean 19.7) of the overall diagnoses, respectively. IgA nephropathy was the most common NDRD

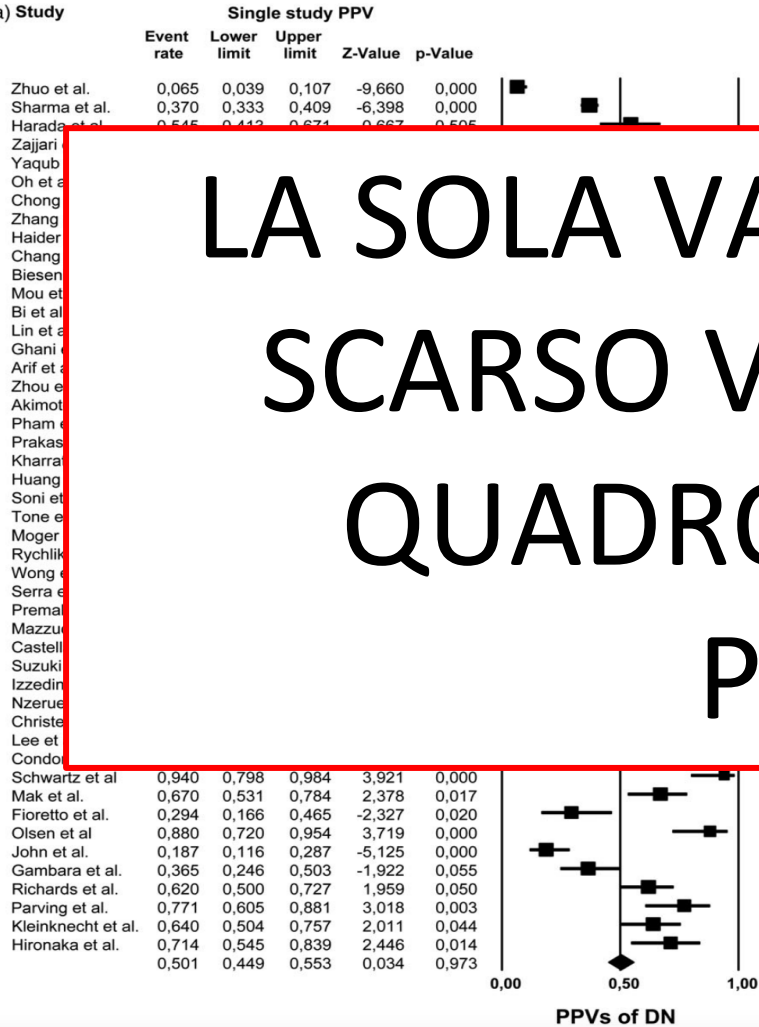
Conclusions. NDRD are highly prevalent in patients with diabetes. Clinical judgment alone can lead to wrong diagnoses and delay the establishment of adequate therapies.

Renal biopsy in patients with diabetes: a pooled meta-analysis of 48 studies

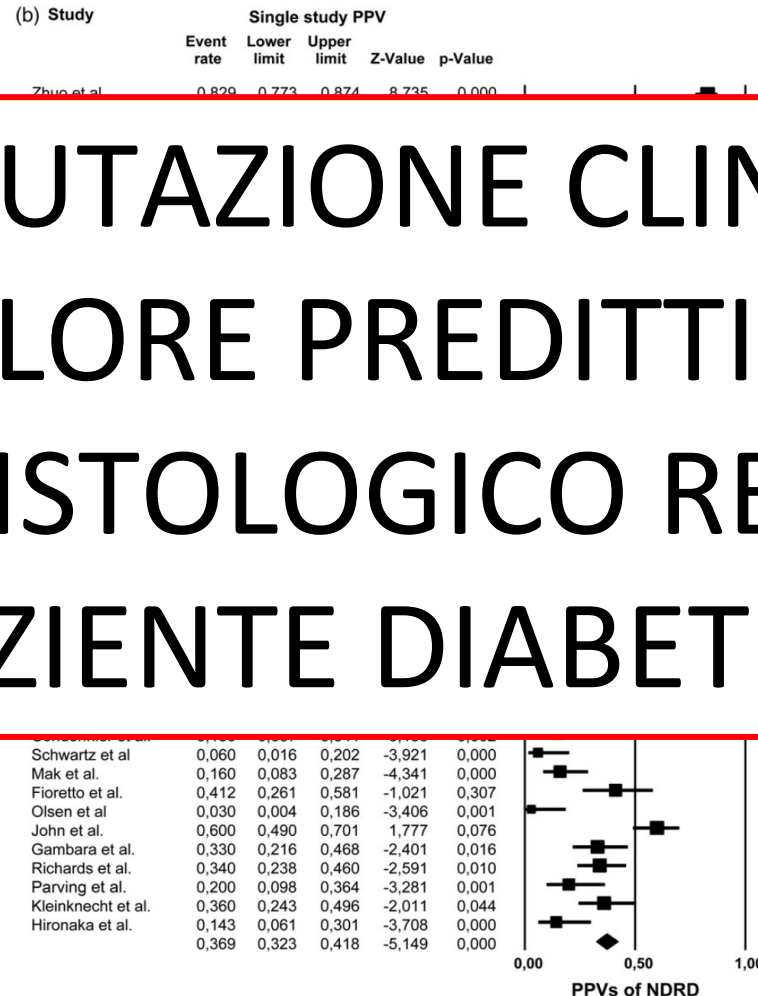
Marco Fiorentino¹, Davide Bolignano^{2,3}, Vladimir Tesar⁴, Anna Pisano², Wim Van Biesen³, Giovanni Tripepi², Graziella D'Arrigo² and Loreto Gesualdo¹ on behalf of the ERA-EDTA Immunonephrology Working Group



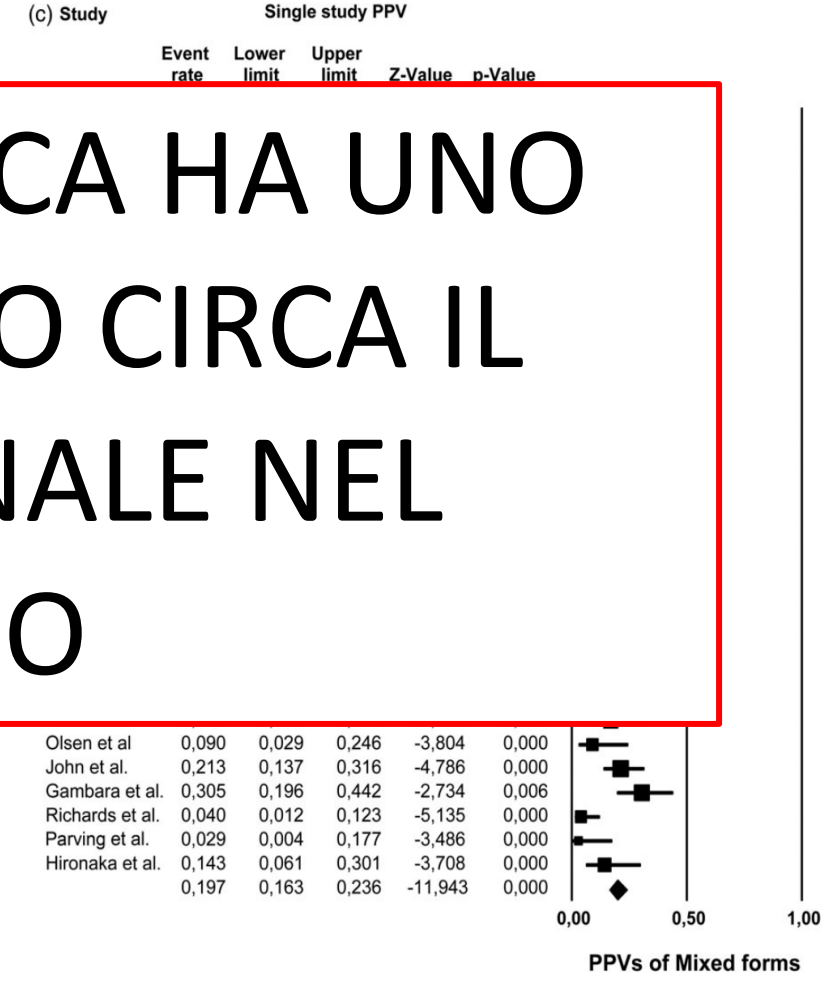
(a) Study



(b) Study



(c) Study



LA SOLA VALUTAZIONE CLINICA HA UNO SCARSO VALORE PREDITTIVO CIRCA IL QUADRO ISTOLOGICO RENALE NEL PAZIENTE DIABETICO

Nefropatia Diabetica, Non Diabetica, forme miste



The Modern Spectrum of Renal Biopsy Findings in Patients with Diabetes

Shree G. Sharma, Andrew S. Bomback,[†] Jai Radhakrishnan,[‡] Leal C. Herlitz,[‡] Michael B. Stokes,[‡] Glen S. Markowitz,[‡] and Vivette D. D'Agati[‡]*

CJASN 2013

Analisi di 2642 biopsie: 620 erano pazienti diabetici

**LA DIAGNOSI ISTOLOGICA HA PERMESSO DI
MODIFICARE L'APPROCCIO TERAPEUTICO IN
CIRCA UN PAZIENTE DIABETICO SU TRE**

186 (30%) pz avevano lesioni che hanno richiesto terapie particolari

Nefropatia Diabetica, Non Diabetica, forme miste



Table 1. Key demographic and clinical data at time of kidney biopsy			
Characteristics	DN Alone	DN Plus NDRD	NDRD Alone
Participants (n)	227	164	220
Age (yr)	59 (49–65)	63 (55–72) ^a	63 (54–70) ^b
Male sex	129 (56.8)	100 (61.0)	142 (64.6)
Race			
Unknown	108 (47.6)	57 (34.8) ^a	104 (47.3) ^c
White	62 (27.3)	63 (38.4) ^a	70 (31.8)
African American	39 (17.2)	33 (20.1)	29 (13.2)
Hispanic	12 (5.3)	7 (4.3)	8 (3.6)
Asian	4 (1.8)	4 (2.4)	7 (3.2)
Other	2 (0.9)	0 (0.0)	2 (0.9)
DM type 1	9 (4.0)	5 (3.1)	2 (0.9) ^b
Duration of DM (yr)	13 (8–17)	10 (7–18)	5 (3–10) ^{b,c}
Serum creatinine (mg/dl)	2.3 (1.6–3.8)	3.1 (1.7–5.2) ^a	2.3 (1.5–4.4) ^c
eGFR (ml/min per 1.73 m ²)	31.3 (17.5–55.2)	21.4 (12.5–46.6) ^a	32.5 (14.3–60.0) ^c
Proteinuria (g/d)	5.0 (2.8–8.8)	5.0 (2.0–8.0)	2.9 (1.4–7.1) ^{b,c}

Of 620 patients with diabetes who underwent biopsy, 611 had adequate tissue for diagnosis. Categorical variables are expressed as *n* (%); continuous variables are expressed as median (interquartile range). DN, diabetic nephropathy; NDRD, nondiabetic renal disease; DM, diabetes mellitus; eGFR, estimated GFR.

^a*P*<0.05 for comparison of DN plus NDRD versus DN alone subgroups.

^b*P*<0.05 for comparison of NDRD alone versus DN alone subgroups.

^c*P*<0.05 for comparison of NDRD alone versus DN plus NDRD subgroups.

Tipo di Nefropatia Non Diabetica

Table 2. Summary of NDRD, with and without DN, found on biopsies of patients with diabetes

Types of NDRD (n)	NDRD Alone (n=220)	DN Plus NDRD (n=164)	P Value ^a
Acute tubular necrosis (109)	38 (17.3)	71 (43.3)	<0.001
FSGS (69)	48 (21.8)	21 (12.8)	0.02
Primary FSGS (6)	6 (2.7)	0 (0.0)	0.03
Secondary FSGS (63) ^b			
HTN related	19 (8.6)	10 (6.1)	0.35
HTN plus obesity related	16 (7.3)	10 (6.1)	0.65
Obesity related	4 (1.8)	1 (0.6)	0.30
Other ^c	3 (1.4)	0 (0.0)	0.13
Hypertensive nephrosclerosis (70) ^b	39 (17.7)	31 (18.9)	0.77
IgA nephropathy (35)	23 (10.5)	12 (7.3)	0.29
Membranous GN (23)	18 (8.2)	5 (3.0)	0.04
Pauci-immune crescentic GN (19)	15 (6.8)	4 (2.4)	0.05
Acute interstitial nephritis (18)	11 (5.0)	7 (4.3)	0.73
Amyloidosis (10)	10 (4.5)	0 (0)	0.01
Myeloma cast nephropathy (10)	8 (3.6)	2 (1.2)	0.14
Acute postinfectious GN (6)	3 (1.4)	3 (1.8)	0.72
Atheroembolic disease (5)	2 (0.9)	3 (1.8)	0.43
Others (10)	5 (2.3)	5 (3.0)	0.64

Values are expressed as *n* (%). NDRD, nondiabetic renal disease; DN, diabetic nephropathy; HTN, hypertension.

^aP value is from a two-sample test of proportions

^bThirteen cases of secondary FSGS in the NDRD alone subgroup and 16 cases of secondary FSGS in the DN plus NDRD subgroup also showed features of hypertensive nephrosclerosis.

^cIncludes increased muscle mass (*n*=1), solitary kidney (*n*=1), and familial FSGS (*n*=1)

Durata del diabete e altro.....



- ❑ **5.9 anni nefropatia non diabetica vs 10.6 anni nefropatia diabetica (p <0.001 - Chang, 2011)**

“Whereas AKI, low complements, and positive M-spike suggest an increased likelihood of finding NDRD on biopsy, long duration of DM emerged as the strongest predictor of finding DN alone”.

Approximately one-quarter of all renal biopsies are performed in patients with DM. Judicious use of renal biopsy has uncovered NDRD alone or superimposed on DN in the majority of such biopsies. ATN is emerging as an important category of NDRD, which has not been reported previously.

Our experience (1994-2012)

From 1374 renal biopsies performed in our division (S.C.D.U. Nefrologia, Dialisi e Trapianto, ARNAS Brotzu) from January 1994 to February 2012

Patient profile: mean age (yrs): 61.7 ± 13.9 ; M/F: 1.59; Type I Diabetes (%): 8; onset of diabetes (yrs): 11.9 ± 9.5 ; onset of microalbuminuria (yrs): 5.3 ± 5.4 .

Renal Biopsy Clinical Criteria:

1. Rapid onset of: nephrotic syndrome, hematuria, proteinuria ≥ 0.5 to 1 g/24h, proteinuria ≥ 1 to < 3 g/24h; proteinuria > 3 g,
2. Nephritic Syndrome;
3. Acute Kidney Injury;
4. RPGN

Histological diagnosis	n	%	%ap
ACUTE TUBULAR NECROSIS	4	7.0	4.5
AMYLOIDOSIS	1	2.0	1.1
CAST NEPHROPATHY	2	3.9	2.3
PAUCIIMMUNE G.N.	4	7.0	4.5
CRYOGLOBULINEMIA	3	5.9	3.4
FSGS, SECONDARY	3	5.9	3.4
IgAN	5	9.8	5.7
INTERSTITIAL NEPHRITIS	6	11.8	6.8
MEMBRANOUS G.N.	8	16	9.1
MESANGIOPROLIFERATIVE G.N.	1	2.0	1.1
MINIMAL CHANGE DISEASE	3	5.9	3.4
MPGN TYPE 1	1	2.0	1.1
NEPHROANGIOSCLEROSIS	6	12	6.8
NON HODGKIN LYMPHOMA	1	2.0	1.1
NORMAL KIDNEY	1	2.0	1.1
POSTINFECTIOUS G.N.	1	2.0	1.1
THROMBOTIC MICROANGIOPATHY	1	2.0	1.1
TOTAL (EXCLUDED DGS)	51	100	58
NDRD	39		44.3
NDRD + DGS	12		13.7
DIABETIC GLOMERULOSCLEROSIS	37		42.0
TOTAL BIOPSIES	88		100

Figure 1: Histological diagnosis in selected patients and prevalence of NDRD, NDRD & DGS, AND DGS alone. Number of cases (n); relative percentages in patients affected with NDRD (%); percentages obtained considering DGS patients

Criteria of Kidney biopsy in Diabetes, suspecting a NDKD

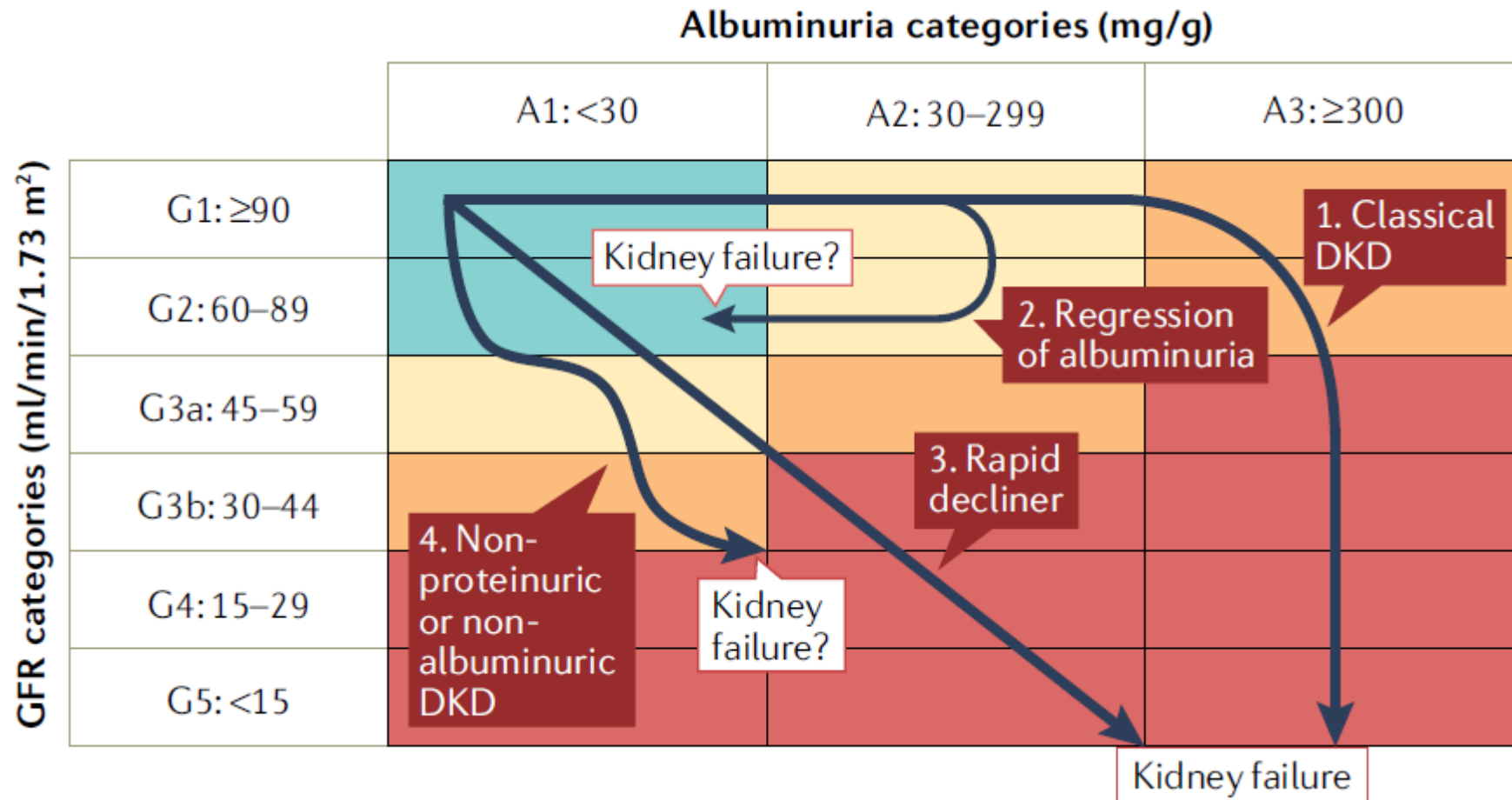
**LA PRESENZA DI UNA DI QUESTE
CONDIZIONI RAPPRESENTA
UN'INDICAZIONE ASSOLUTA
ALL'ESECUZIONE DI BIOPSIA RENALE NEL
PAZIENTE DIABETICO**

(personal opinion condivisa nel nostro centro)

Perché effettuare una biopsia renale in un paziente diabetico? (2)

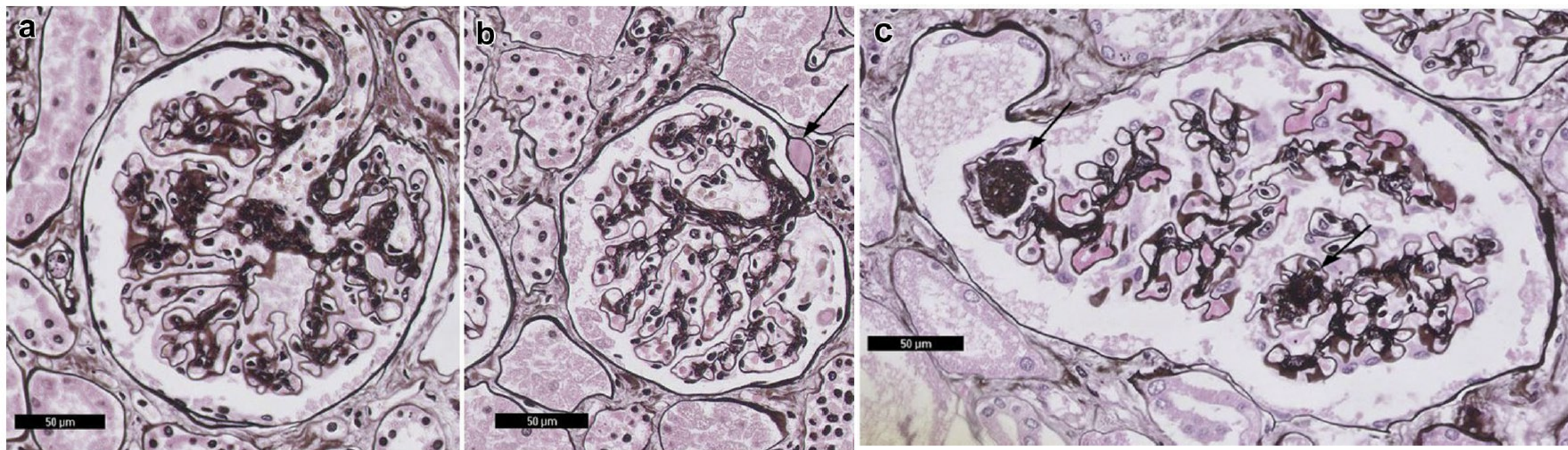
2) Identificare il fenotipo del paziente con DKD
(diabetic kidney disease) e personalizzare
l'approccio terapeutico

Can the progression to ESKD be prevented before it is too late?



Are clinical patterns in DKD sufficiently sensible and specific?

Based on autopsy studies, when clinical manifestations appear DKD is too “late”



Mesangial expansion
(stage II)

Capsular drops

KW nodules
(stage III)

Is the progression to ESKD due to multiple factors?

The rise of clinical and histological patterns



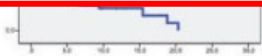
KDIGO: Prognosis of CKD by GFR and albuminuria categories				Persistent albuminuria categories		
				Description and range		
				A1	A2	A3
				Normal to mildly increased <30 mg/g <3 mg/mmol	Moderately increased 30–300 mg/g 3–30 mg/mmol	Severely increased >300 mg/g >30 mg/mmol
GFR categories (ml/min/1.73 m ²) Description and range	G1	Normal or high	≥90			
	G2	Mildly decreased	60–89			
	G3a	Mildly to moderately decreased	45–59			
	G3b	Moderately to severely decreased	30–44			
	G4	Severely decreased	15–29			
	G5	Kidney failure	<15			

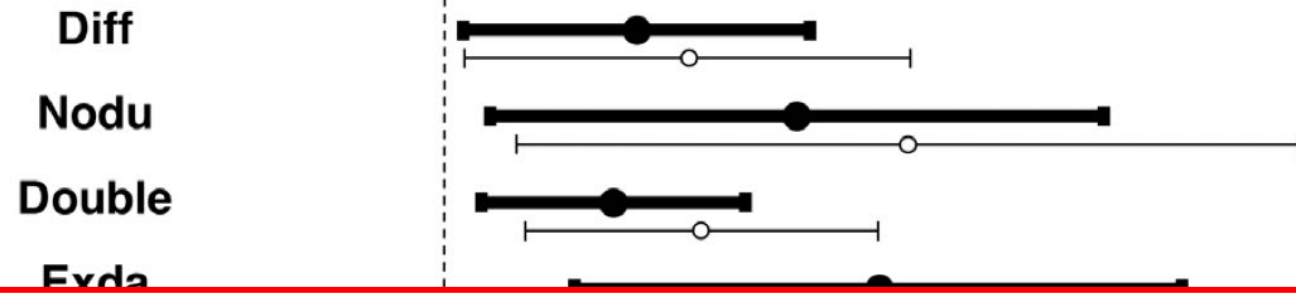
Green: low risk (if no other markers of kidney disease, no CKD); Yellow: moderately increased risk; Orange: high risk; Red: very high risk. GFR, glomerular filtration rate.

Is the progression to ESKD due to multiple factors?

The rise of clinical and histological patterns

**LA PRESENZA DI LESIONI GLOMERULARI
IDENTIFICA UN GRUPPO DI PAZIENTI CON
ELEVATO RISCHIO DI ESRD ANCHE IN
ASSENZA DI ALBUMINURIA E CON
FUNZIONE RENALE NORMALE O
MINIMAMENTE RIDOTTA**





FIBROSI INTERSTIZIALE, ATROFIA TUBULARE
E INFILTRATO INFIAMMATORIO
INTERSTIZIALE CORRELANO CON IL RISCHIO
DI RAPIDO DECLINO DELLA FUNZIONE
RENALE

0.5

1

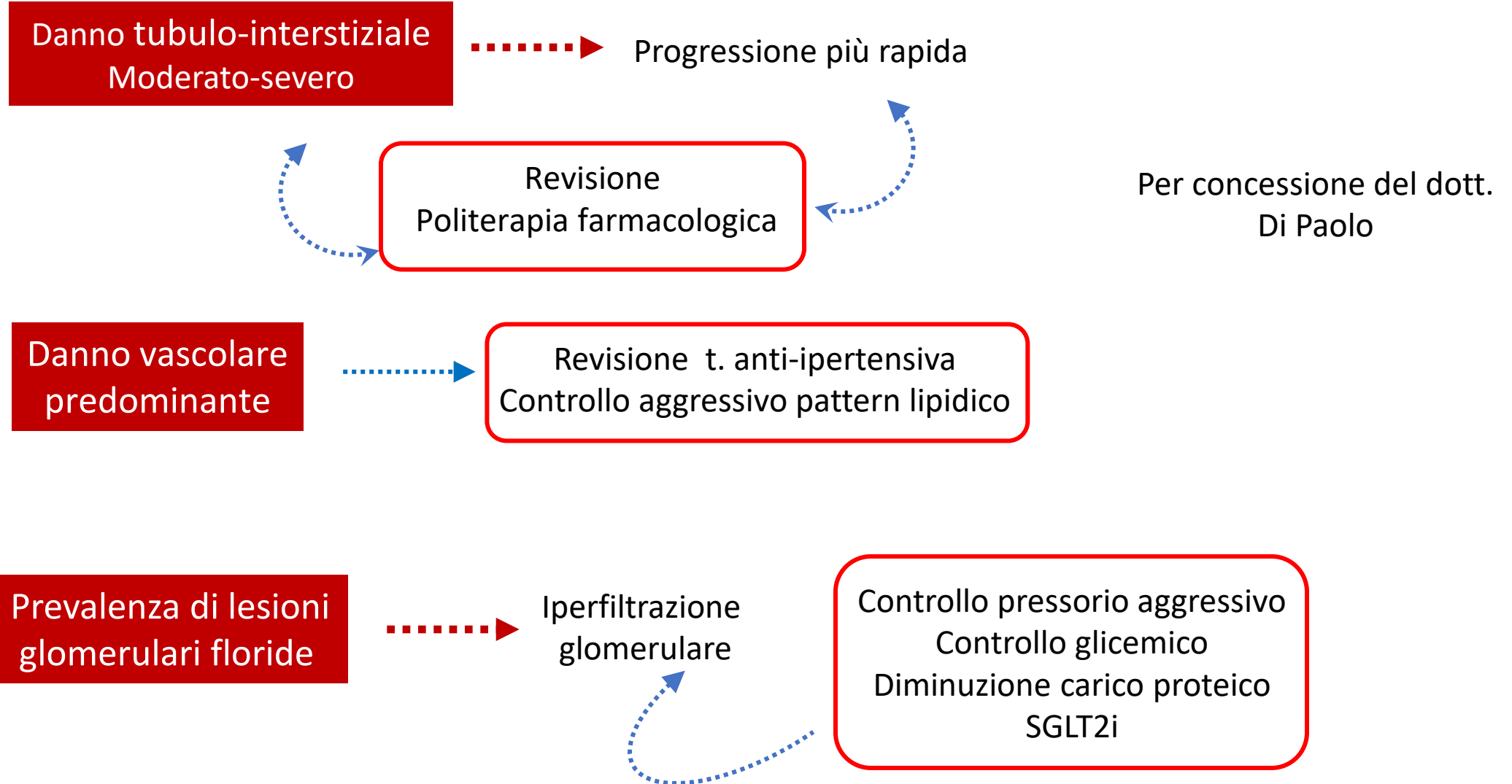
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HR (95% CI)

Quale potenziale valore prognostico-terapeutico dei riscontri bioptici?



Razionale per biopsia renale in paziente con sospetta DKD



PRO

- Le lesioni istologiche della DKD sono eterogenee e presentano un impatto prognostico significativo circa la progressione verso ESRD e il rischio CV
- La diagnosi clinica di DKD è talora fallace e spesso può giungere in maniera tardiva nella storia naturale della malattia
- Il profilo di DKD "non albuminurico" assume un peso crescente nell'ambito dei pazienti diabetici
- Il profilo fenotipico evidenziato dall'istologia renale potrebbe permettere un approccio personalizzato alla terapia

CON

- Difficoltà nella pratica clinica ad estendere l'indicazione bioptica a pazienti non albuminurici con funzione renale normale o lievemente ridotta (fasi precoci della DKD "non albuminurica")
- Perplessità circa l'impatto reale sulla modifica dell'approccio terapeutico (in considerazione dell'attuale standard of care)

Prognostic imaging biomarkers for diabetic kidney disease (iBEat): study protocol



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Biopsy in DKD: research

Patient's Phenotyping

Histopathological
Clinical
Imaging
Omics

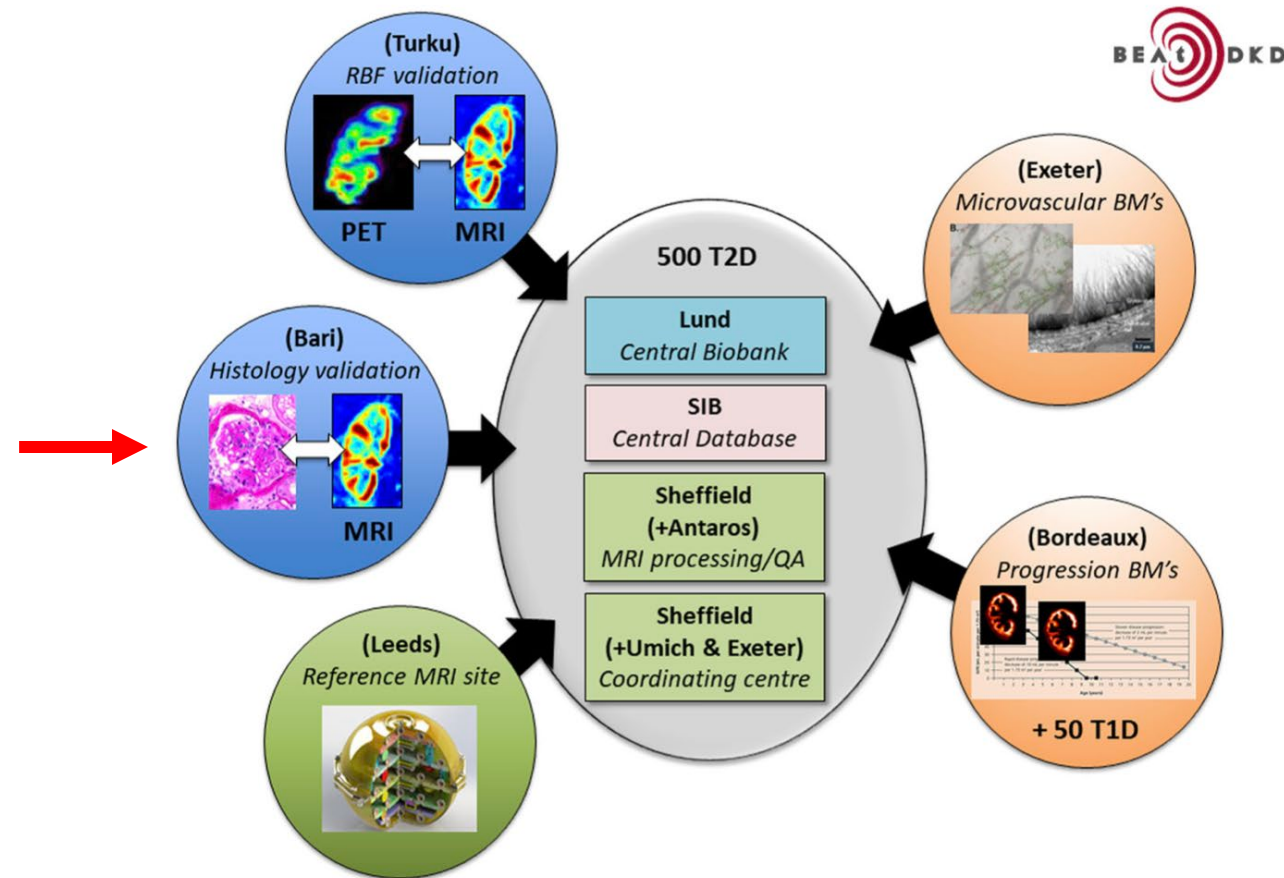


Fig. 1 Overview of study organisation. iBEat study organigram showing central roles (grey ellipse) and recruiting sites with ancillary studies (circles). BMs = biomarkers; QA = quality assurance; RBF = renal blood flow; PET = Positron-emission tomography; SIB = Swiss Institute of Bioinformatics; T1D = type 1 diabetes; Umich = University of Michigan

TAKE HOME MESSAGES

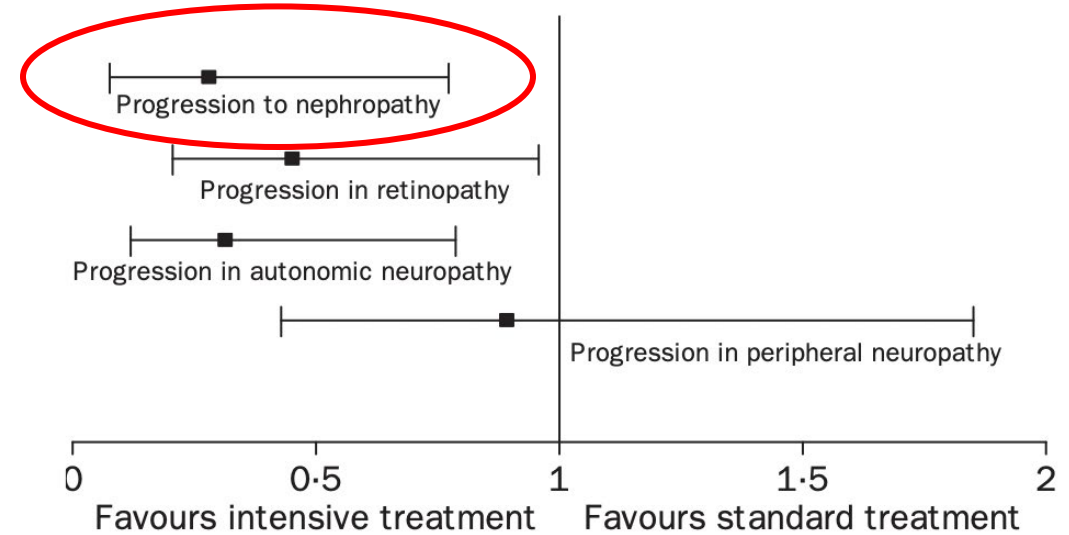


- La malattia renale nel paziente diabetico comprende un ampio spettro di condizioni sia conseguenti alla patologia diabetica (DKD) sia indipendenti da essa (NDKD)
- I pazienti con NDKD presentano una prognosi renale migliore rispetto ai pazienti con DKD
- La probabilità clinica di una condizione di NDKD aumenta in assenza di retinopatia diabetica e con storia di diabete mellito < 5 anni
- La diagnosi della NDKD è una diagnosi istologica
- Il fenotipo della DKD è eterogeneo sia clinicamente sia istologicamente
- Le lesioni vascolari sono un elemento precoce nella storia naturale della DKD non albuminurica
- L'estensione delle indicazioni biottiche nei pazienti con verosimile DKD in ambito di ricerca rappresenta un passaggio necessario per una miglior comprensione dei fenotipi di DKD e per la validazione di nuovi biomarkers

TAKE HOME MESSAGES: NO DKD WITHOUT DIABETES!

Intensified multifactorial intervention in patients with type 2 diabetes mellitus and microalbuminuria: the Steno type 2 randomised study

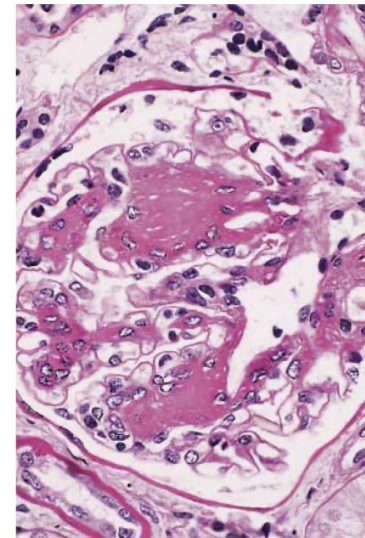
Peter Gæde, Pernille Vedel, Hans-Henrik Parving, Oluf Pedersen



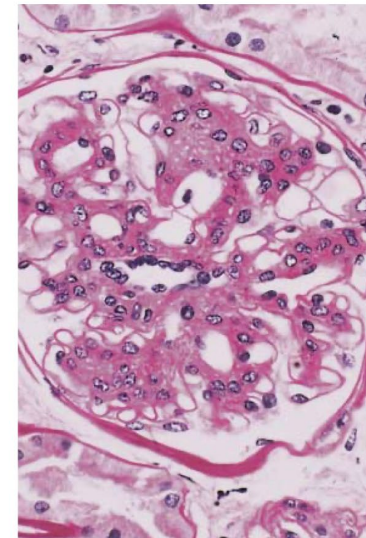
REVERSAL OF LESIONS OF DIABETIC NEPHROPATHY AFTER PANCREAS TRANSPLANTATION

REVERSAL OF LESIONS OF DIABETIC NEPHROPATHY AFTER PANCREAS TRANSPLANTATION

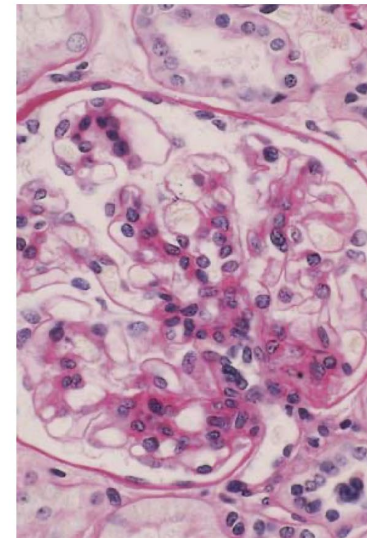
PAOLA FIORETTO, M.D., PH.D., MICHAEL W. STEFFES, M.D., PH.D., DAVID E.R. SUTHERLAND, M.D., PH.D.,
FREDERICK C. GOETZ, M.D., AND MICHAEL MAUER, M.D.



A



B



C



Dr. Nicola Lepori

Prof. Antonello Pani



Dr. Andrea Angioi

Grazie 
感谢您的时间

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