

Gli endpoint micro-vascolari nei trial di outcome cardiovascolare

Giorgio Sesti



**University "Magna Graecia" of Catanzaro
ITALY**



Diapositiva preparata da Giorgio Sesti e ceduta alla Società Italiana di Diabetologia.
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Potenziali conflitti di interesse

Il Prof Giorgio Sesti dichiara di aver ricevuto negli ultimi due anni compensi o finanziamenti dalle seguenti Aziende Farmaceutiche e/o Diagnostiche:

Novo Nordisk, MSD, Boehringer-Ingelheim, Lilly, Janssen, AstraZeneca, Novartis e Takeda per attività di Relatore ad eventi.

Novo Nordisk, Intarcia, Boehringer-Ingelheim, Lilly, MSD, Servier, AstraZeneca e Janssen per attività di Consulenza.

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Ringrazio caldamente la SID per lo straordinario contributo alla mia formazione culturale, scientifica e clinica.

Senza il fondamentale sostegno della SID non sarei oggi qui a presentare questa mia relazione.

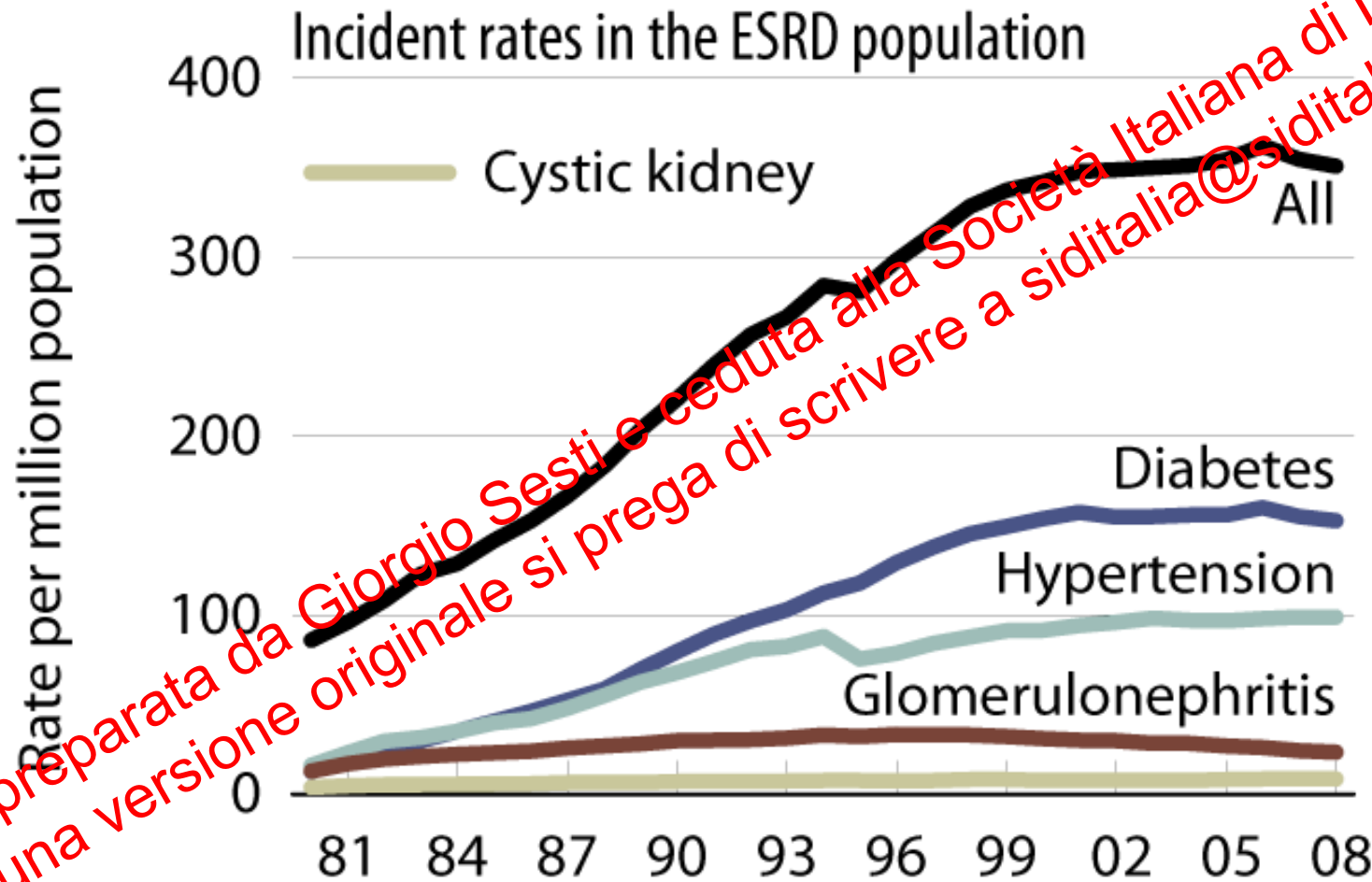


SID

Società Italiana
di Diabetologia

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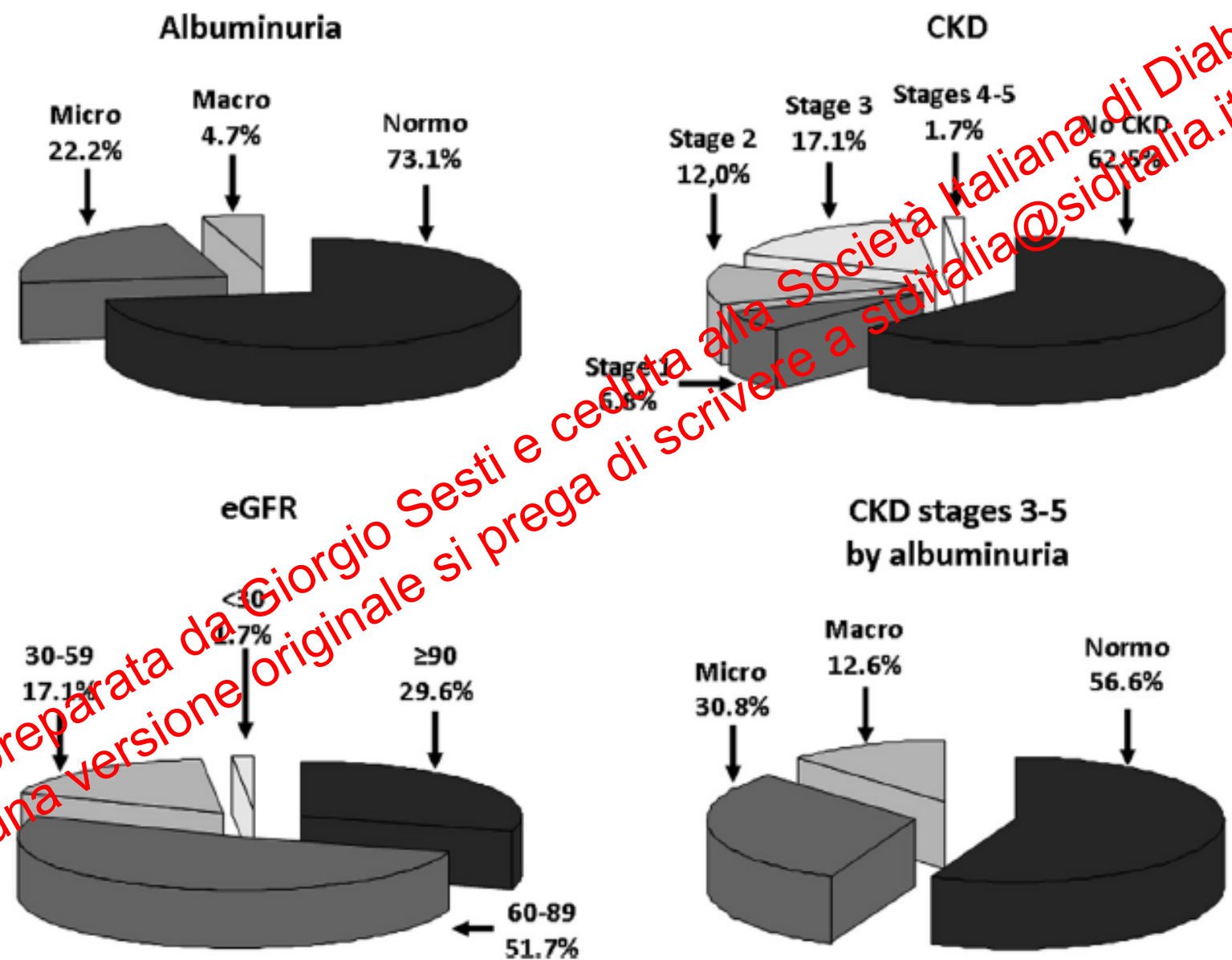
Adjusted ESRD incident rates, by primary diagnosis, & diabetes in the general population



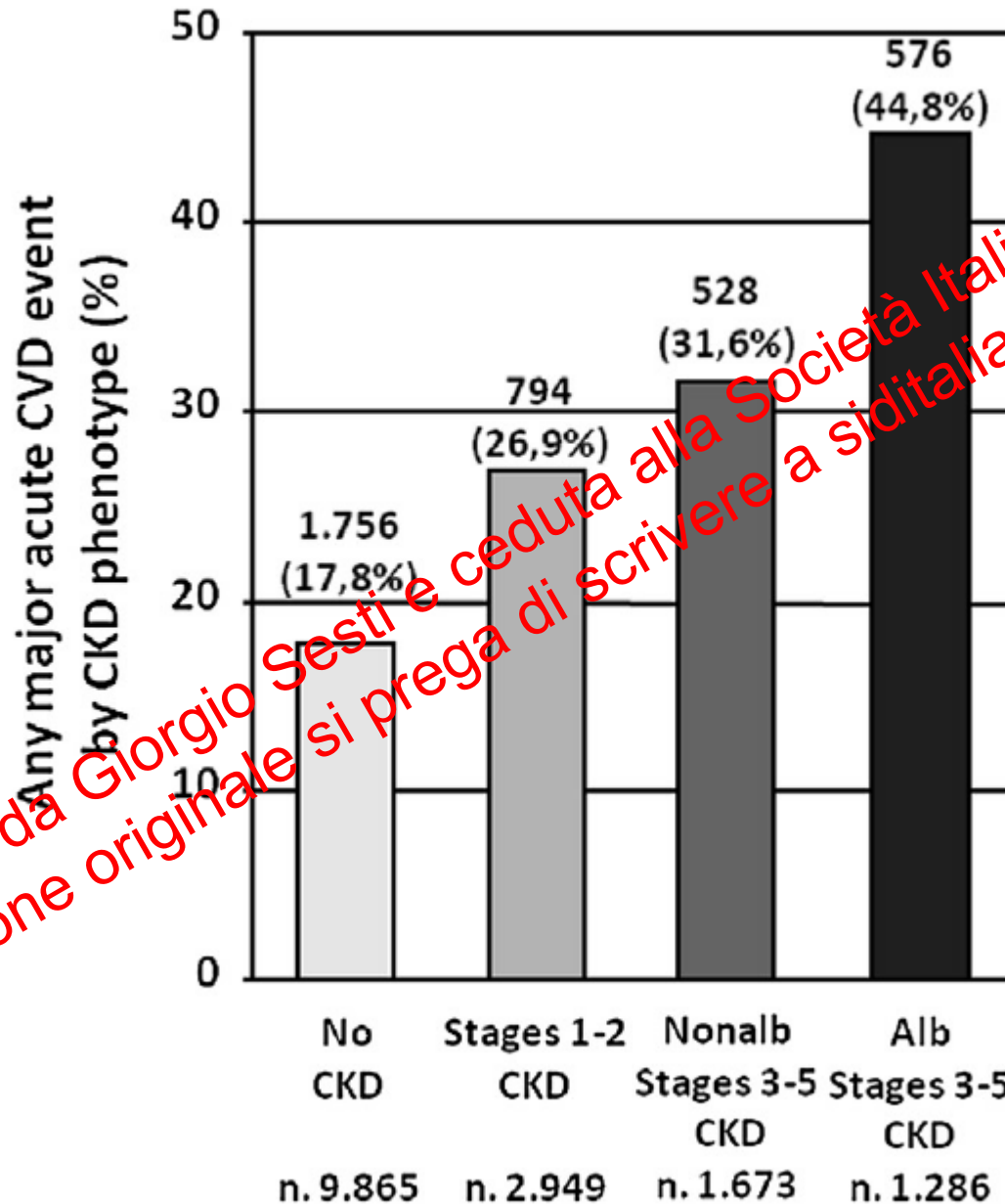
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Incident ESRD patients; rates adjusted for age, gender, & race. Data on the prevalence of diabetes in the general population obtained from the CDC's Behavioral Risk Factor Surveillance System, at www.cdc.gov/brfss.

Prevalence of albuminuria and eGFR categorized and CKD stages (with stratification of subjects with Stages 3-5 CKD by albuminuria) in the RIACE cohort



Prevalence of major acute CVD events by CKD phenotype in the RIACE cohort



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Landmark CV outcomes studies in type 2 diabetes

1. Intensive glucose control vs. standard-therapy on CV outcome:

- **UKPDS**
- **ACCORD**
- **ADVANCE**
- **VADT**

2. Glucose-lowering drugs vs. placebo on CV outcome:

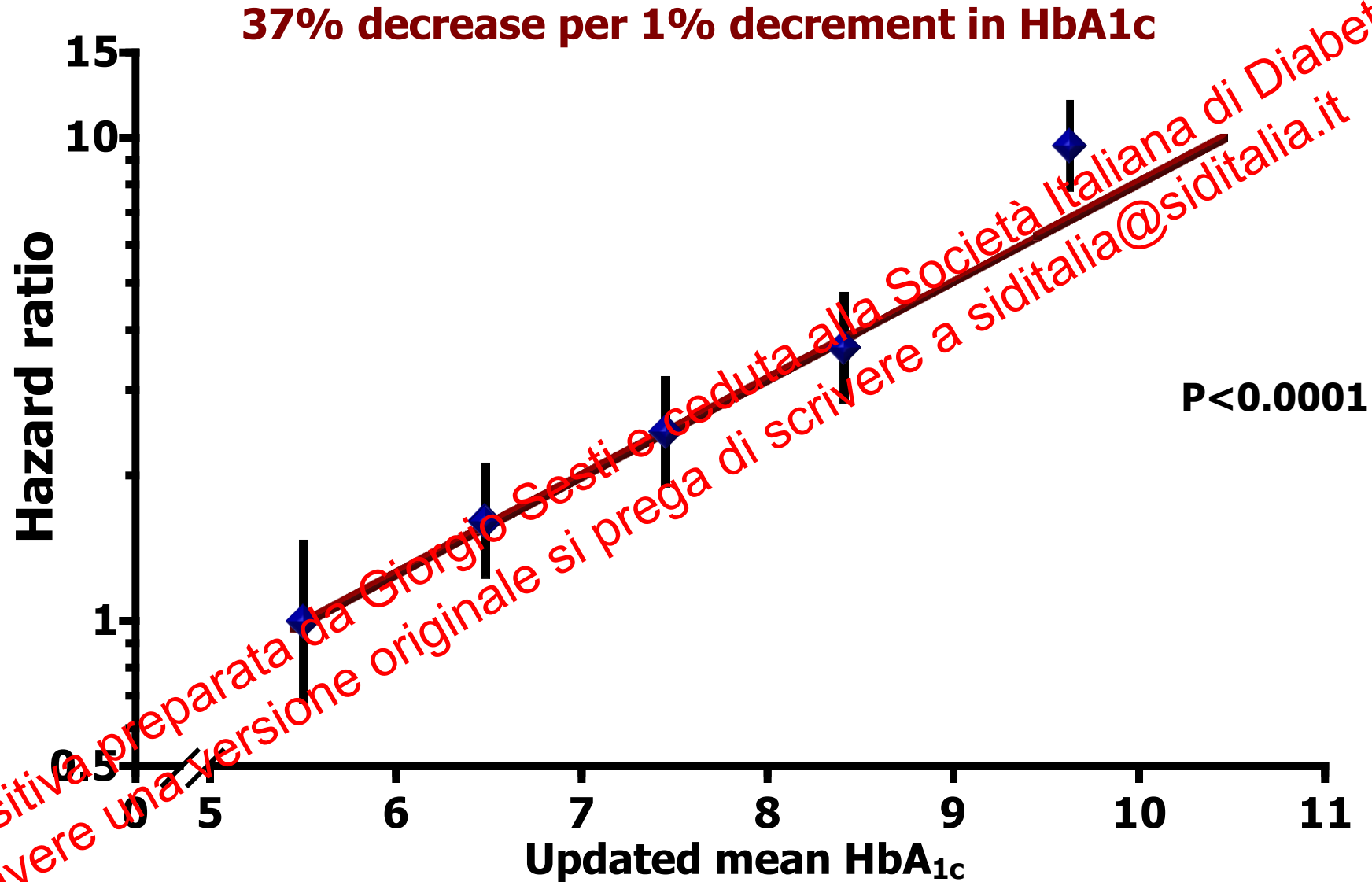
- **HOME** (metformin add on to insulin)
- **Origin** (insulin glargine)

3. New glucose-lowering drugs vs. placebo on CV outcome after 2008 FDA guidance:

- **SAVOR-TIMI 53** (saxagliptin)
- **EXAMINE** (alogliptin)
- **TECOS** (sitagliptin)
- **ELIXA** (lixisenatide)
- **EMPA-REG OUTCOME** (empagliflozin)
- **LEADER** (liraglutide)
- **SUSTAIN-6** (semaglutide)

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Microvascular Endpoints



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UKPDS, ACCORD, ADVANCE, and VADT Study Characteristics

	UKPDS 33	UKPDS 34	ACCORD	ADVANCE	VADT
Protocol Characteristics					
A1C goals, % (I vs S)^a	FPG <108 mg/dL vs. best achievable FPG with diet alone	FPG <108 mg/dL vs. best achievable FPG with diet alone	<6.0 vs 7.0- 7.9	≤6.5 vs based on local guidelines	<6.0 (action if >6.5) vs planned separation of 1.5
Protocol for glycemic control (I vs. S)^a	Sulfonylurea or insulin vs. diet alone	Metformin vs. diet alone	Multiple drugs in both arms	Multiple drugs added to gliclazide vs multiple drugs with no gliclazide	Multiple drugs in both arms
Management of other risk factors	Embedded blood pressure trial	Embedded blood pressure trial	Embedded blood pressure and lipid trials	Embedded blood pressure trial	Protocol for intensive treatment in both arms

^aMedication rates for ACCORD are for any use during the study.

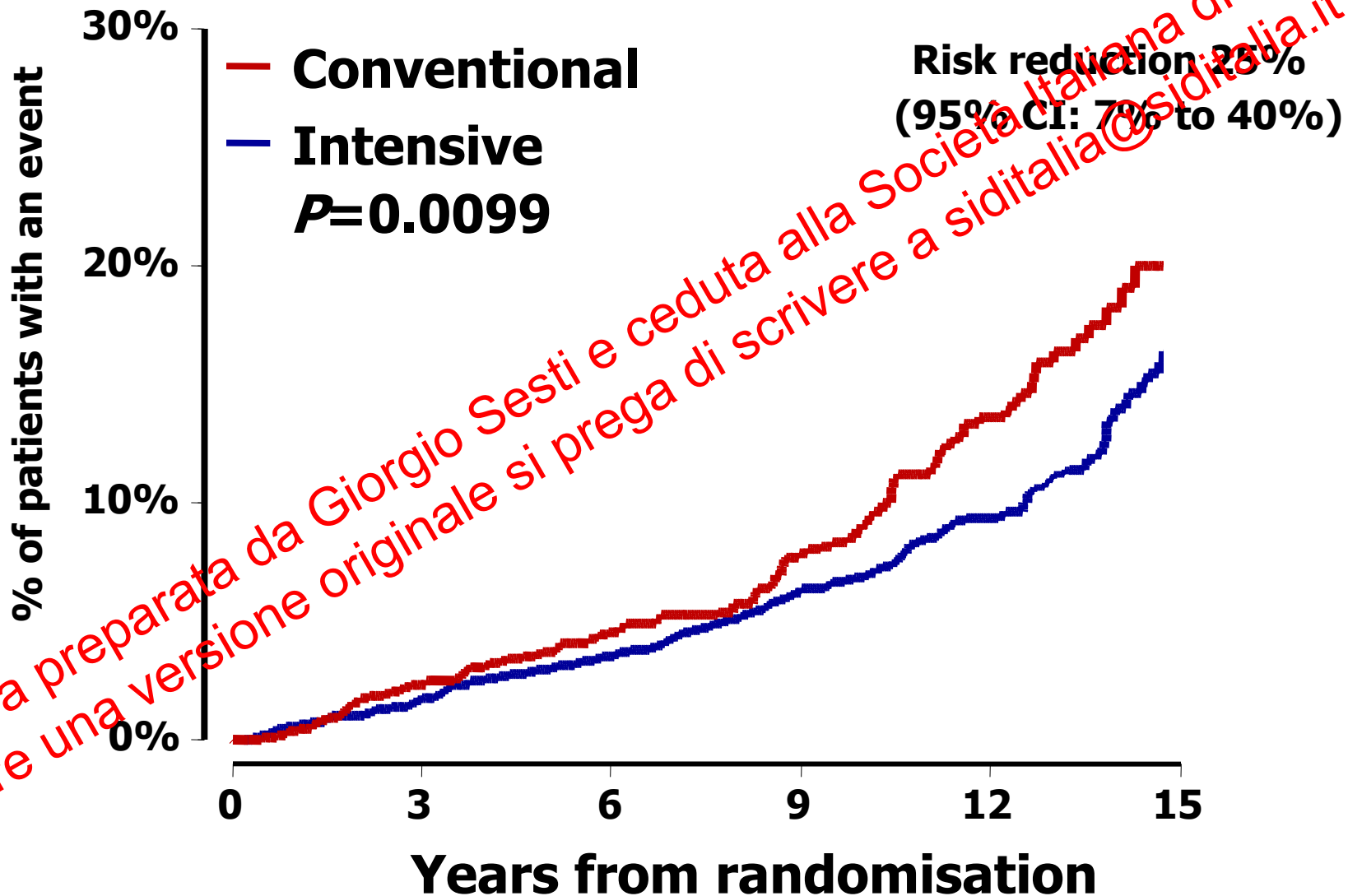
I = intensive glycemic control; S = standard glycemic control.

UKPDS, ACCORD, ADVANCE, and VADT Results

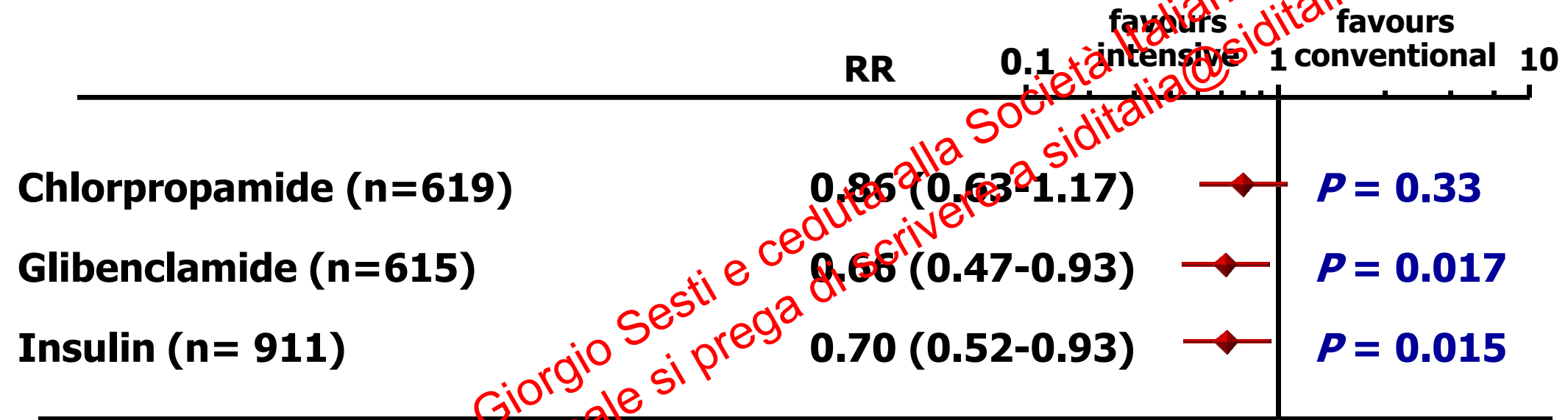
	UKPDS 33	UKPDS 34	ACCORD	ADVANCE	VADT
Outcomes					
HbA1c (Intensive vs. Standard)	7.0 vs. 7.9%	7.4 vs. 8.0	6.5 vs. 7.3%	6.4 vs. 7.5%	6.9 vs. 8.4%
Definition of outcome	21 clinical endpoints	21 clinical endpoints	Nonfatal MI, nonfatal stroke, CVD death	Microvascular plus macrovascular (nonfatal MI, nonfatal stroke, CVD death) outcomes	Nonfatal MI, nonfatal stroke, CVD death, hospitalization for heart failure, revascularization
RR for microalbuminuria	0.88 (0.75-1.04)	1.00 (0.77-1.30)	0.88 (0.80-0.96)	0.92 (0.86-0.98)	0.74 (0.51-1.07)
RR for End Stage Renal Disease	0.74 (0.33-1.67)	1.20 (0.17-8.49)	0.91 (0.73-1.15)	0.35 (0.18-0.70)	0.64 (0.25-1.64)

UKPDS - Microvascular Endpoints (cumulative)

renal failure or death, vitreous haemorrhage or photocoagulation 346 of 3867 patients (9%)



UKPDS 33: Microvascular events (Retinopathy and nephropathy)

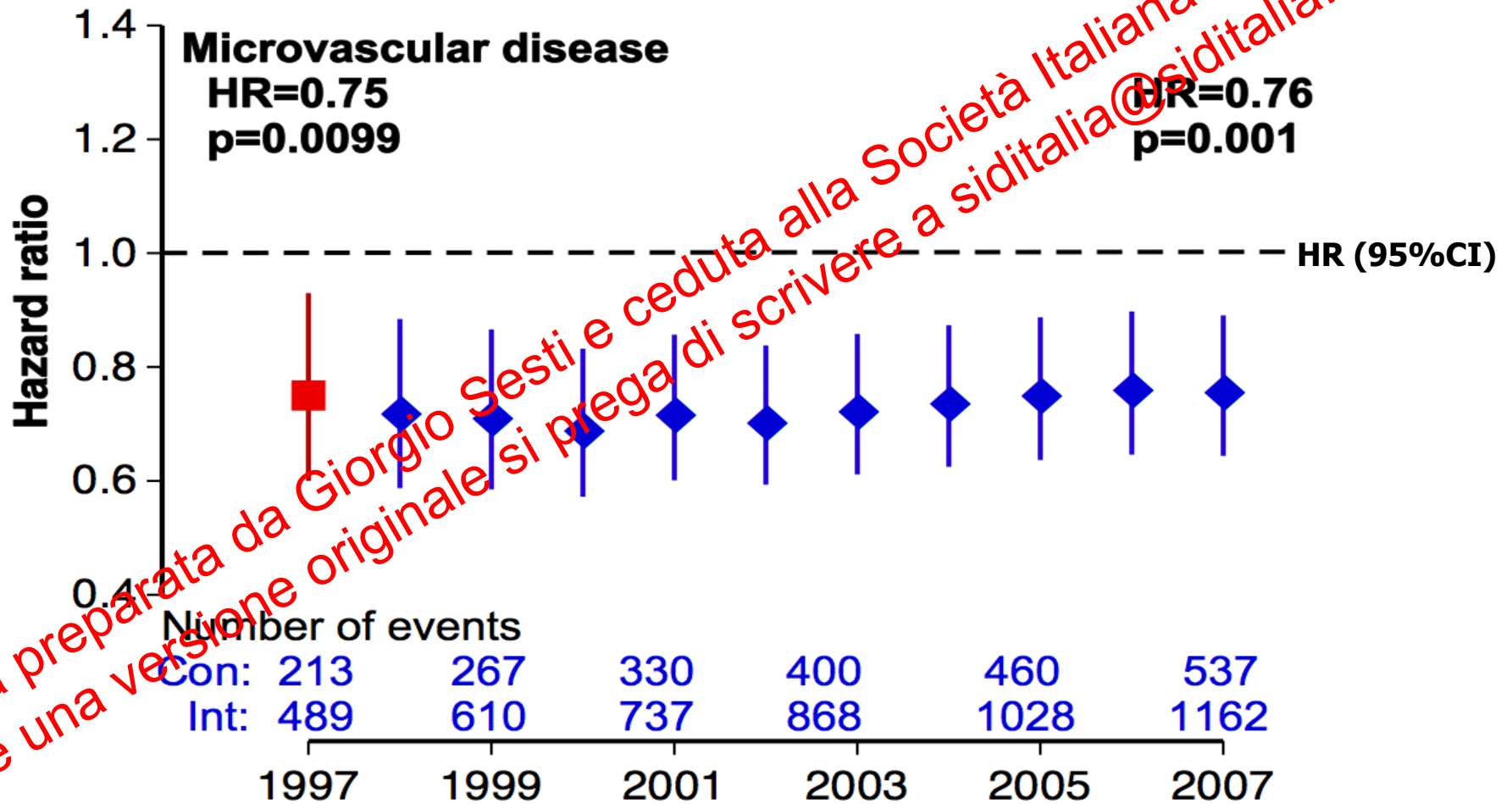


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UKPDS 80: Extended effects of improved glycemic control in patients with newly diagnosed type 2 diabetes- Microvascular disease Hazard Ratio

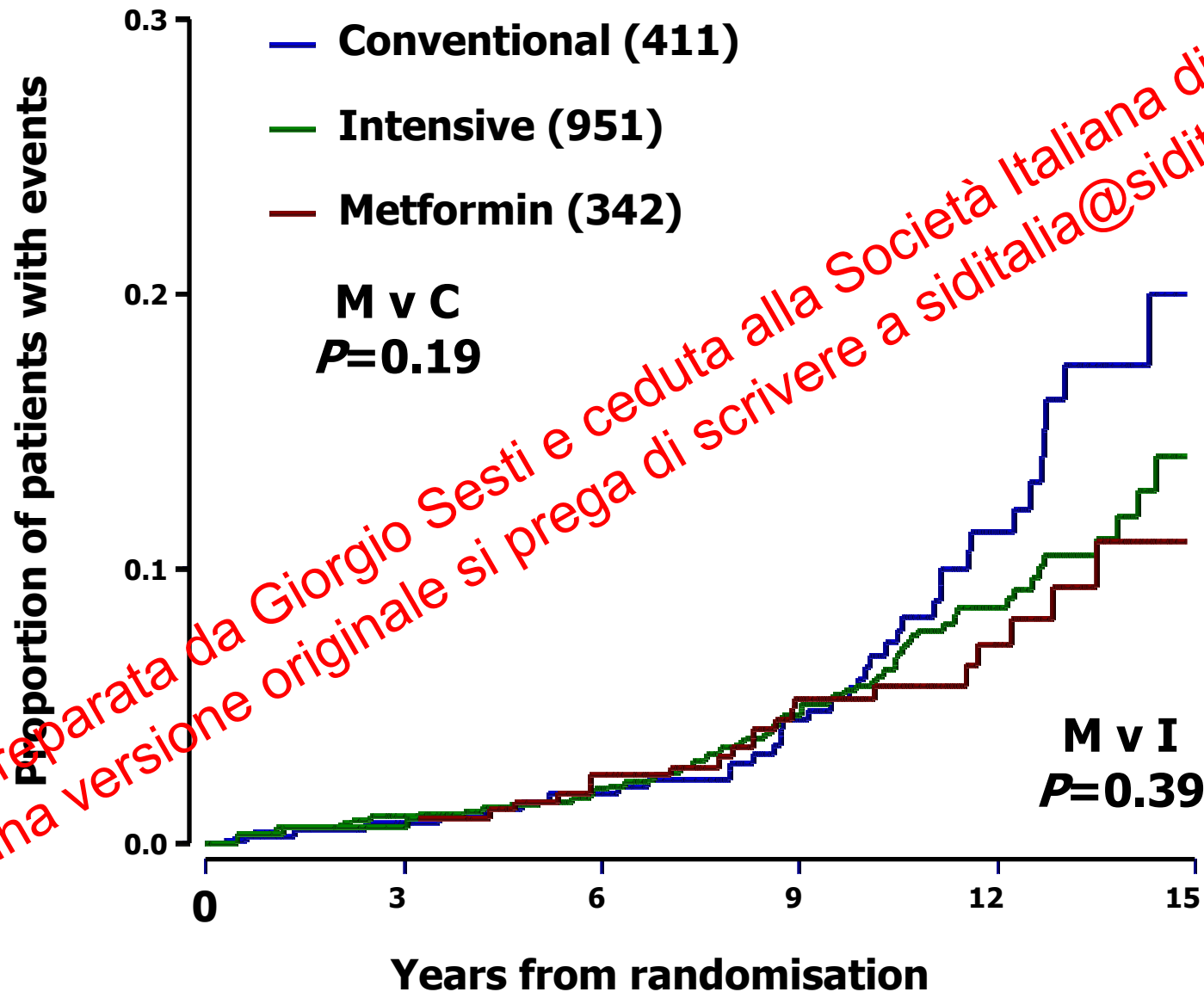
(photocoagulation, vitreous haemorrhage, renal failure)

Intensive (SU/Ins) vs. Conventional glucose control



UKPDS 34 Metformin substudy: Microvascular endpoints

Overweight patients

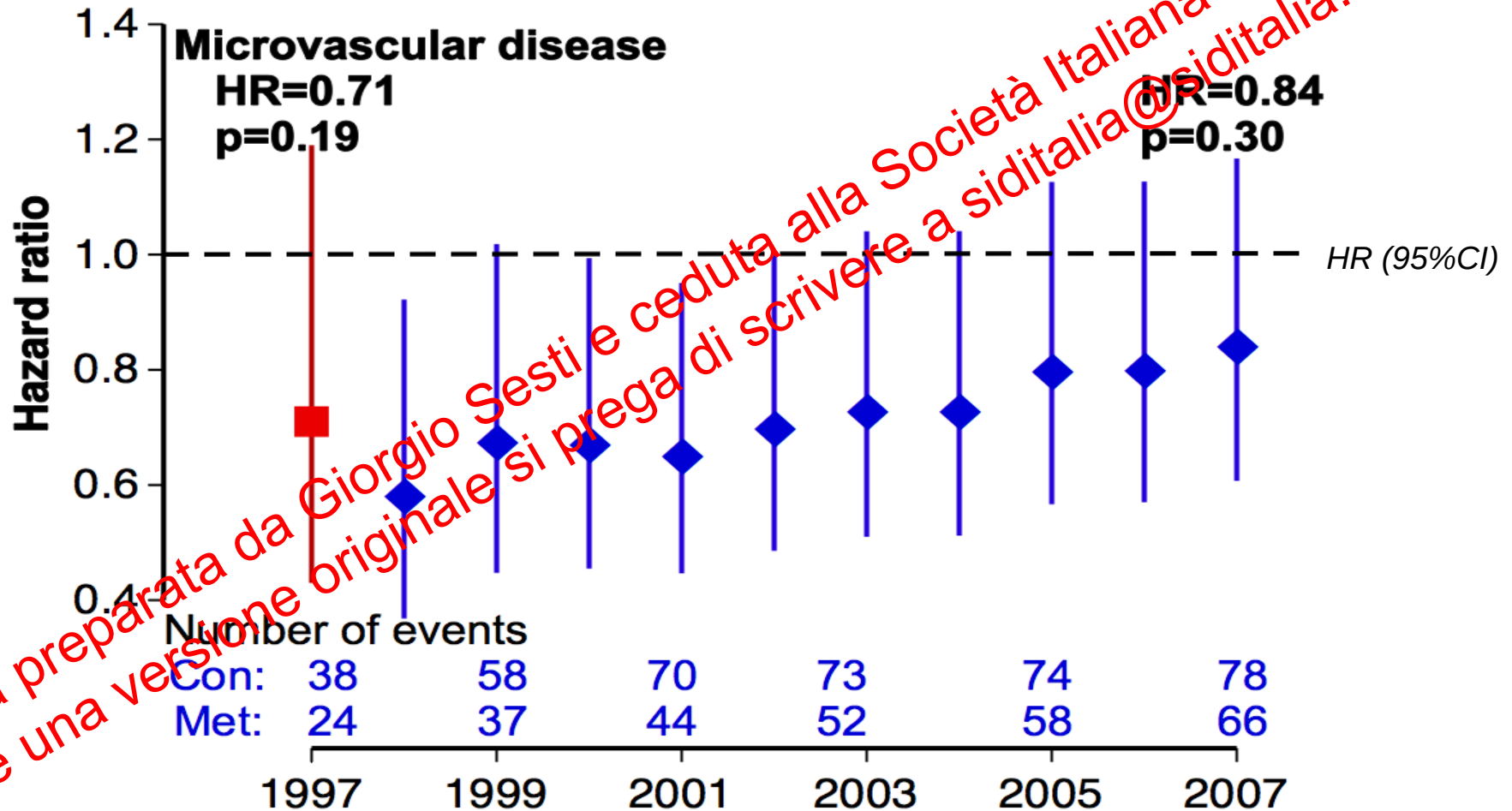


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UKPDS 80: Extended effects of improved glycemic control in patients with newly diagnosed type 2 diabetes- Microvascular disease Hazard Ratio

(Photocoagulation, vitreous haemorrhage, renal failure)

Intensive (metformin) vs. Conventional glucose control



Effect of intensive treatment of hyperglycaemia on microvascular outcomes in type 2 diabetes: an analysis of the ACCORD randomised trial

Faramarz Ismail-Beigi, Timothy Craven, Mary Ann Banerji, Jan Basile, Jorge Calles, Robert M Cohen, Robert Cuddihy, William C Cushman, Saul Genuth, Richard H Grimm Jr, Bruce P Hamilton, Byron Hoogwerf, Joane Kar, Lois Katz, Armand Krikorian, Patrick O'Connor, Rodica Pop-Busui, Ulrich Schubart, Debra Simmons, Harris Taylor, Abraham Thomas, Daniel Weiss, Irene Hramiak, for the ACCORD trial group*

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Composite Microvascular Outcomes

1st Composite Outcome:

Development of renal failure or diabetic eye complications

Renal failure: initiation of dialysis or ESRD, renal transplantation, or irreversible rise of serum creatinine above 3.3 mg/dL

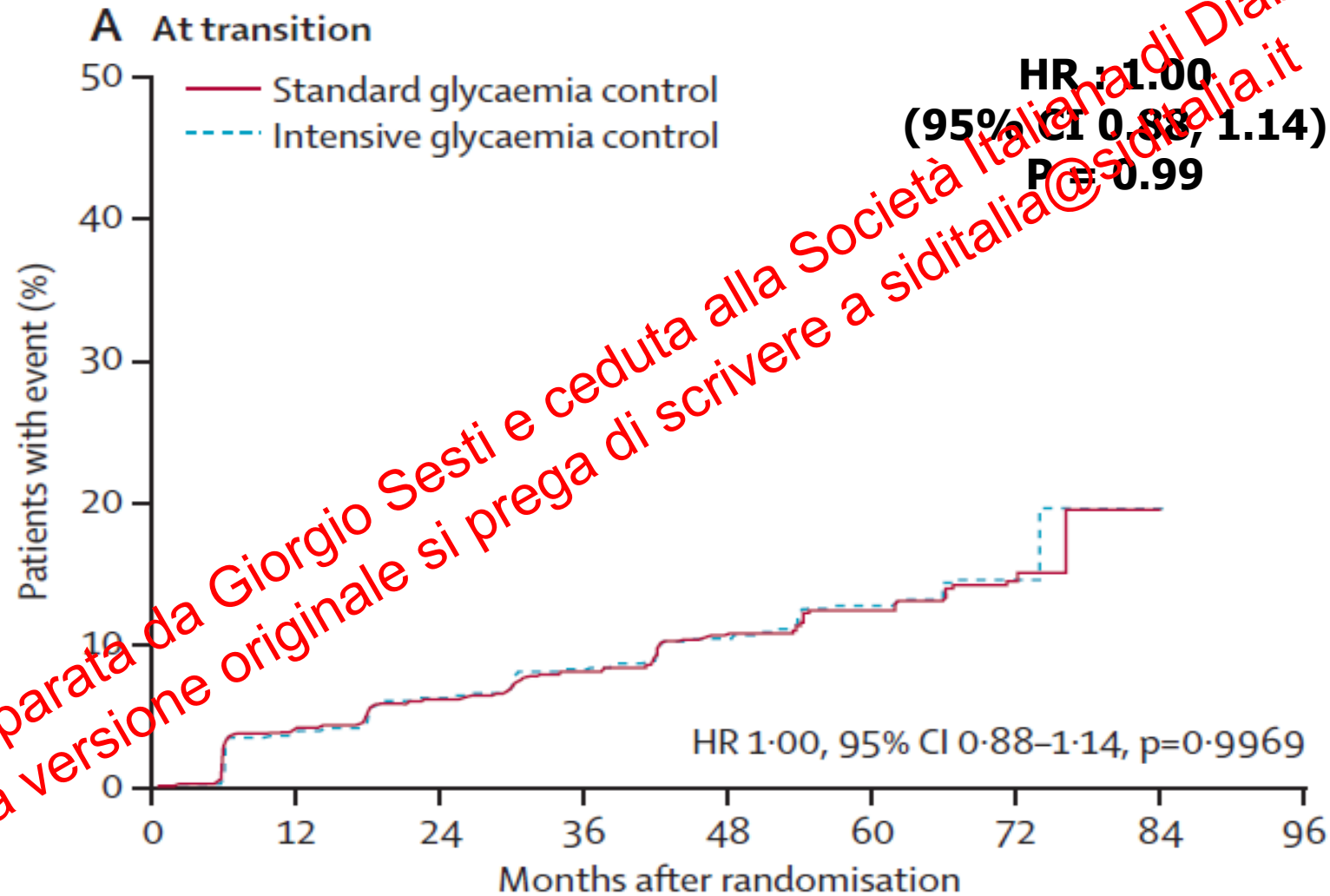
Eye complications: retinal photocoagulation or vitrectomy to treat diabetic retinopathy

Essentially replicates UKPDS composite micro-vascular outcome

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Kaplan-Meier plots of the micro-vascular primary composite outcome

Data until transition of intensive glycaemia group to standard therapy



Numbers at risk 10215 9385 8143 5591 2724 937 530 52

Nephropathy Outcomes

1. Development of microalbuminuria

(albumin:creatinine ratio ≥ 30 and < 300 mg/g)

2. Development of macroalbuminuria

(albumin:creatinine ratio ≥ 300 mg/g)

3. Development of renal failure

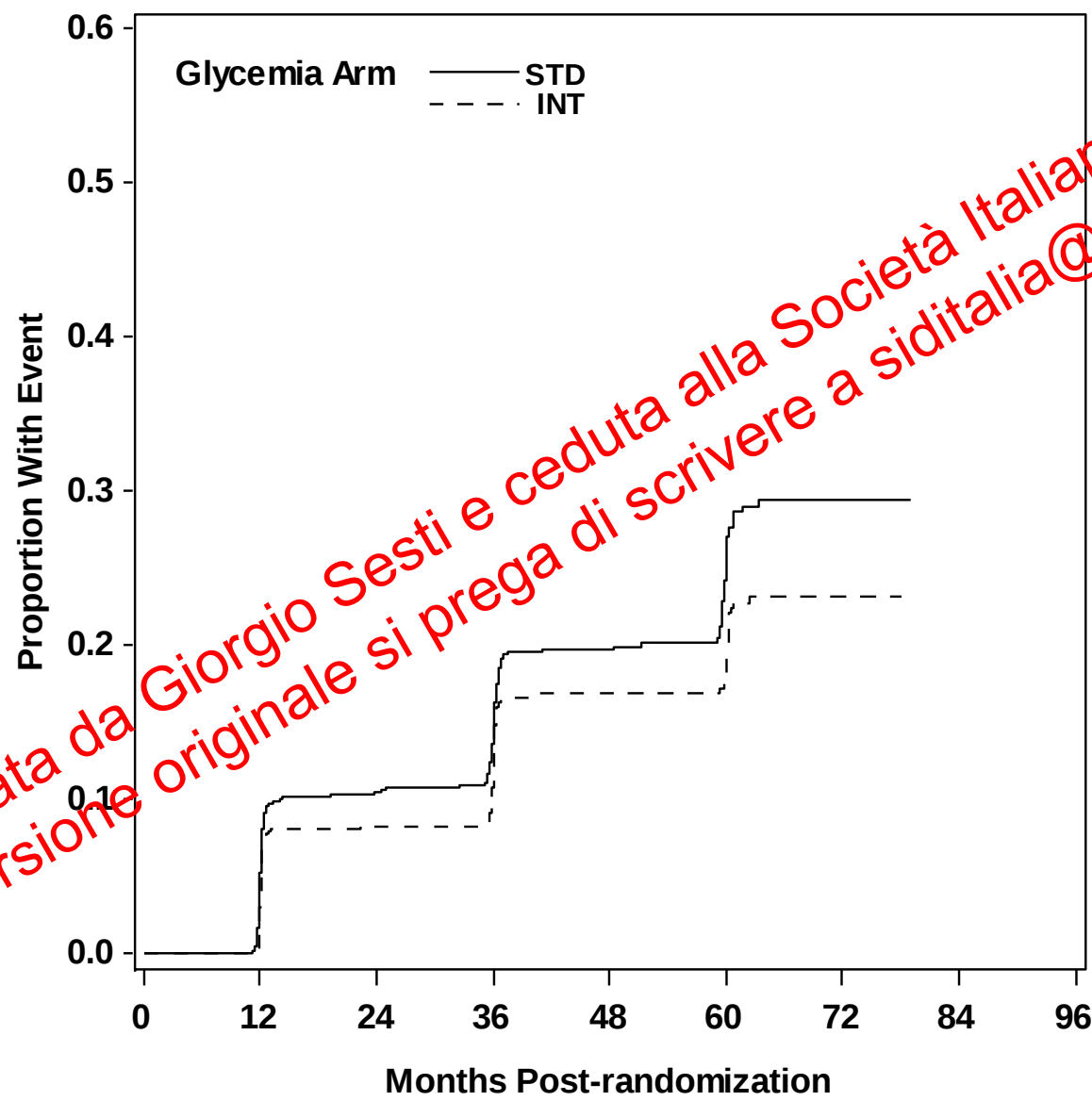
(initiation of dialysis or ESRD, or renal transplantation, or irreversible rise in serum creatinine above 3.3 mg/dL)

4. Development of any of outcomes 1 to 3, above

5. Doubling of baseline serum creatinine or more than 20 mL/min/1.73 m² decrease in estimated GFR

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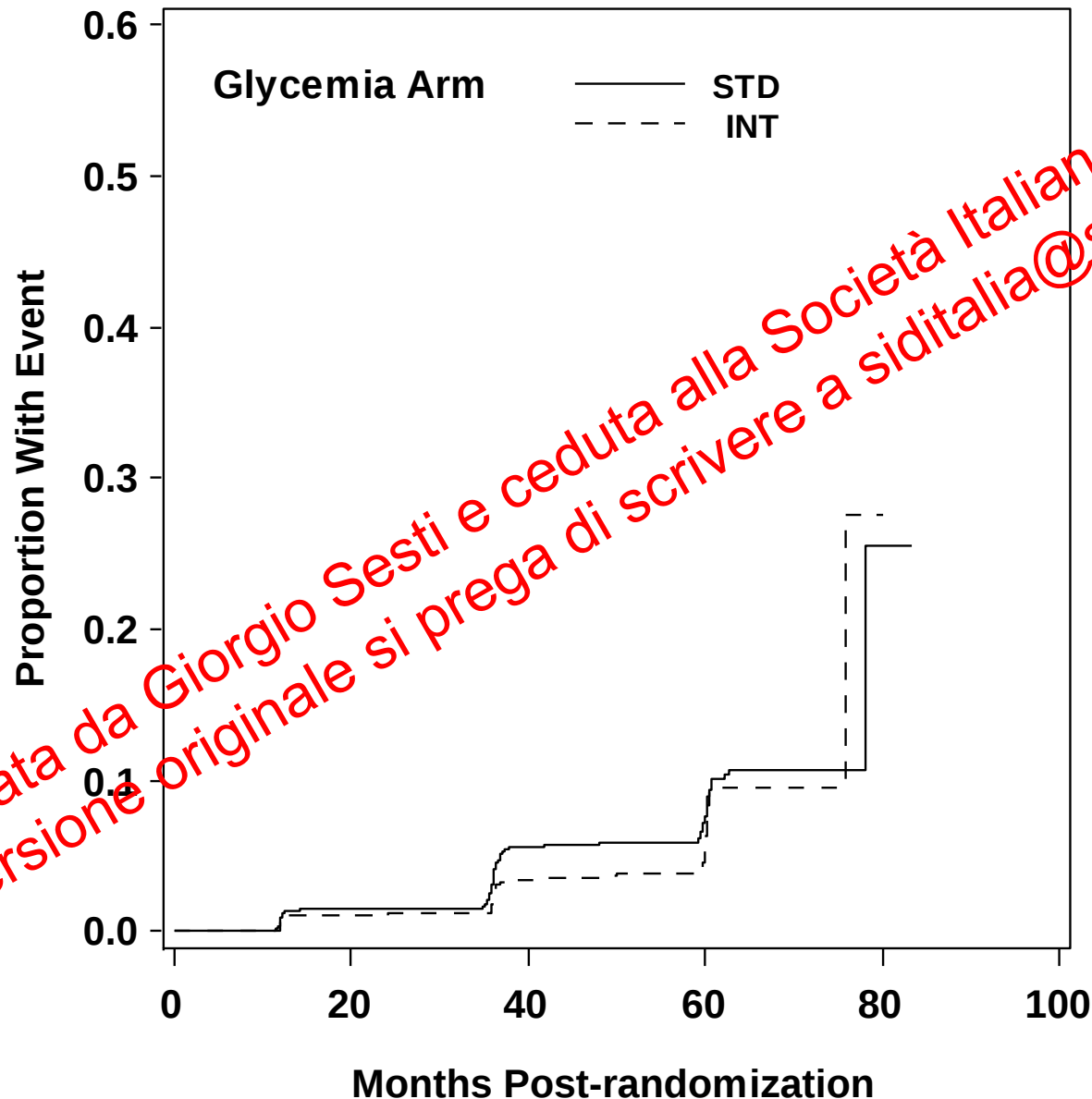
Comparison of intensive and standard glycaemic therapy for development of microalbuminuria, until transition



HR (95% CI):
0.79 (0.69, 0.90)
P= 0.0005

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Comparison of intensive and standard glycemc therapy for development of macroalbuminuria, until transition



HR (95% CI):
0.68 (0.54, 0.86)
P = 0.0013

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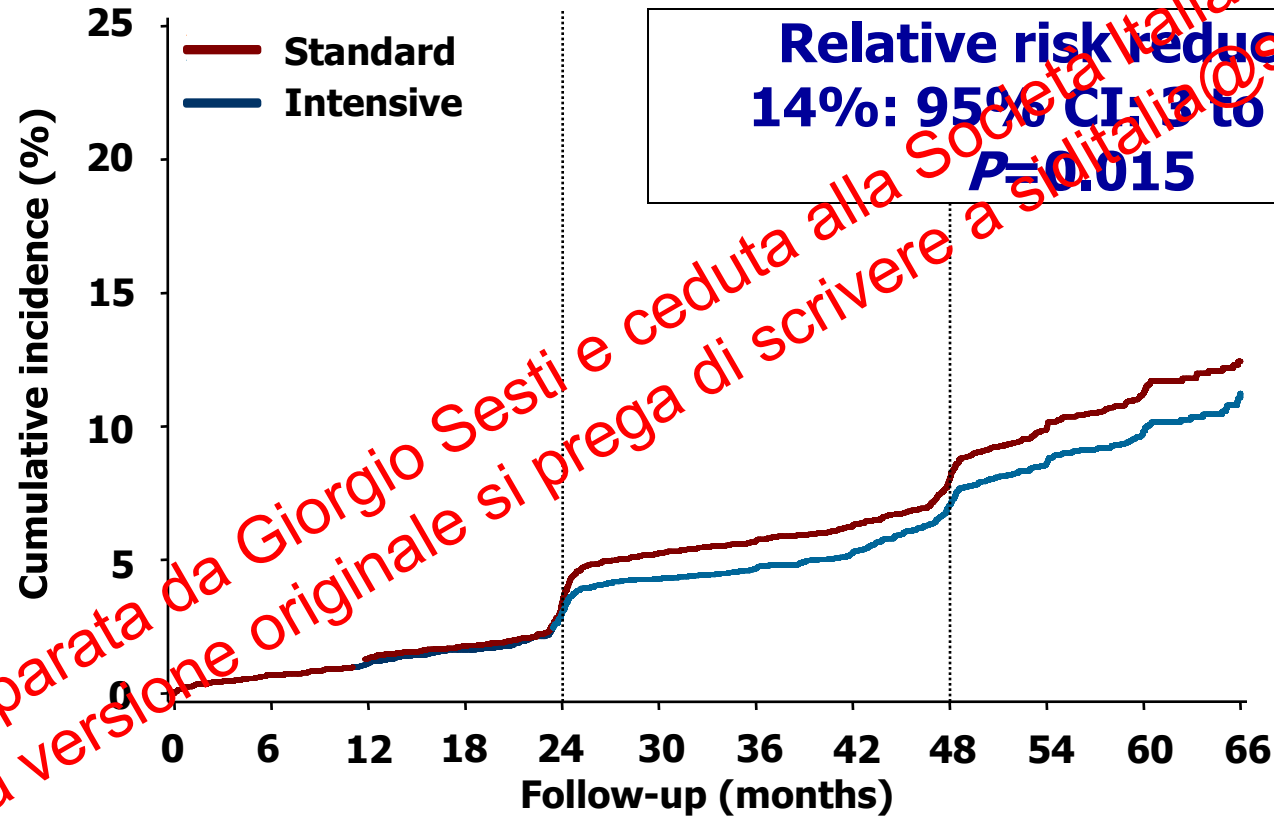
ORIGINAL ARTICLE

Intensive Blood Glucose Control and Vascular Outcomes in Patients with Type 2 Diabetes

The ADVANCE Collaborative Group*

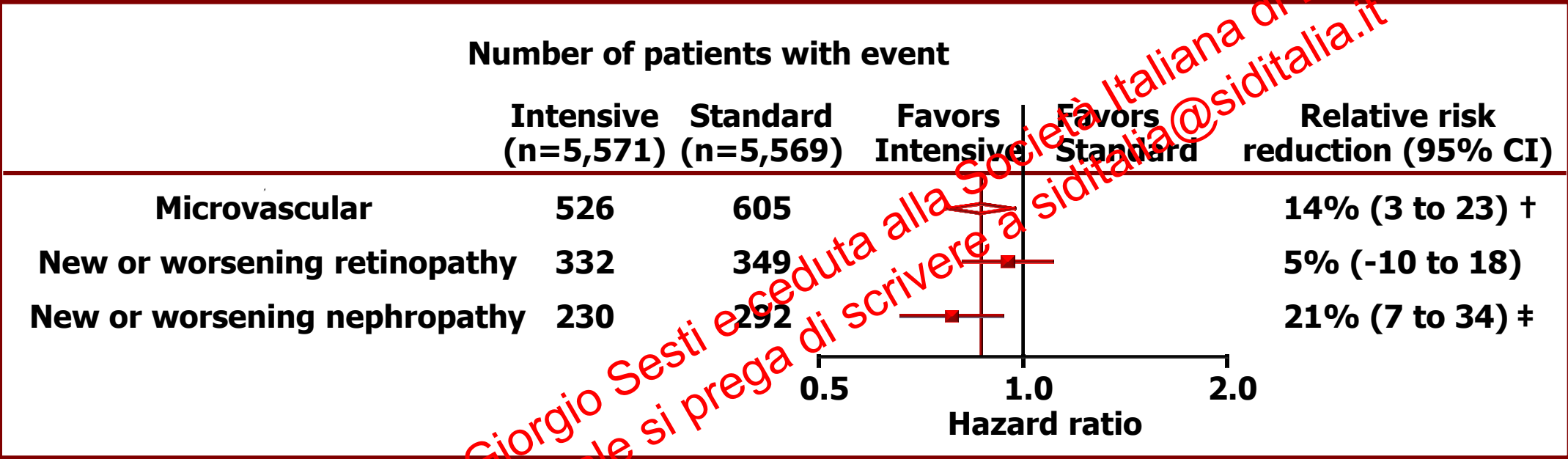
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Major microvascular events



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ADANCE: Major microvascular events



† $P=0.01$

‡ $P=0.006$

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ORIGINAL ARTICLE

Glucose Control and Vascular Complications in Veterans with Type 2 Diabetes

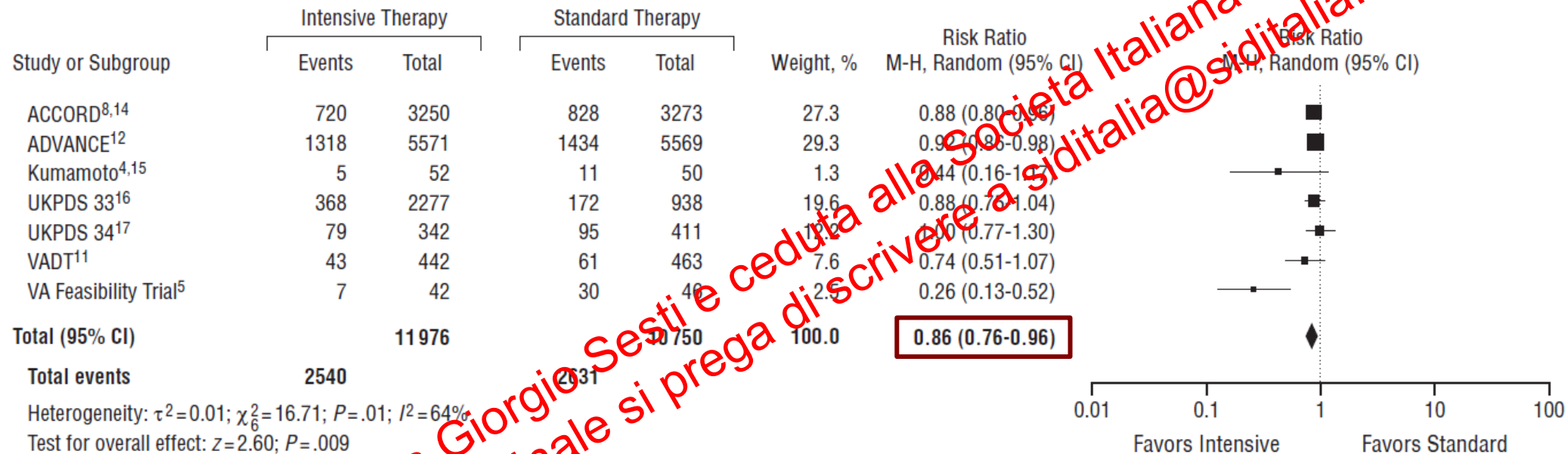
William Duckworth, M.D., Carlos Abraira, M.D., Thomas Moritz, M.S.,
Domenic Reda, Ph.D., Nicholas Emanuele, M.D., Peter D. Reaven, M.D.,
Franklin J. Zieve, M.D., Ph.D., Jennifer Marks, M.D., Stephen N. Davis, M.D.,
Rodney Hayward, M.D., Stuart R. Warren, J.D., Pharm.D., Steven Goldman, M.D.,
Madeline McCarren, Ph.D., M.P.H., Mary Ellen Vitek, William G. Henderson, Ph.D.,
and Grant D. Huang, M.P.H., Ph.D., for the VADT Investigators*

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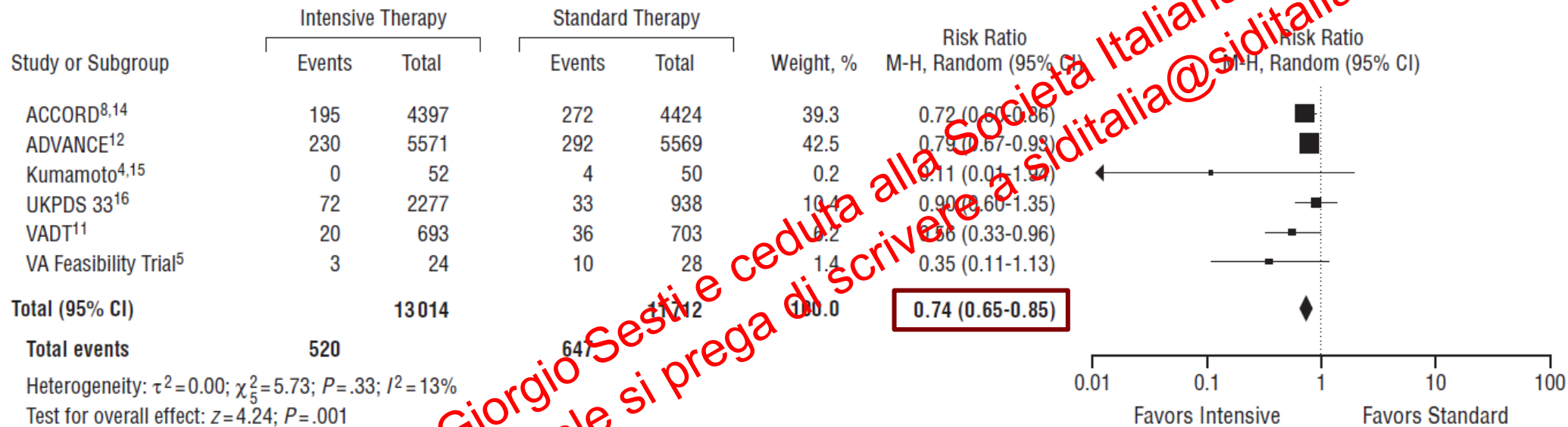
VADT: Microvascular Outcomes

Outcome, n/N (%)	Standard (n=899)	Intensive (n=892)	P
Retinopathy			
Progression to proliferative disease	16/399 (4.0%)	25/406 (6.2%)	0.27
Progression to macular edema	17/361 (4.7%)	10/371 (2.7%)	0.31
Increase of 2 steps in disease severity	88/399 (22.1%)	69/406 (17.0%)	0.07
New onset	66/135 (48.9%)	54/128 (42.2%)	0.27
Nephropathy			
Serum creatinine >3 mg/dL	16/884 (1.8%)	18/882 (2.0%)	0.72
Glomerular filtration rate <15 mL/min	11/884 (1.2%)	7/882 (0.8%)	0.35
Any increase in albuminuria	48/731 (6.6%)	30/728 (4.1%)	0.05
New Neuropathy			
Any	218/498 (43.8%)	202/464 (43.5%)	0.94
Mononeuropathy	20/498 (4.0%)	22/464 (4.7%)	0.58
Peripheral	199/498 (40.0%)	178/464 (38.4%)	0.61
Autonomic	26/498 (5.2%)	38/464 (8.2%)	0.07

Role of intensive glucose control in development of renal endpoints in type 2 diabetes mellitus: **Microalbuminuria**



Role of intensive glucose control in development of renal endpoints in type 2 diabetes mellitus: **Macroalbuminuria**



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Role of intensive glucose control in development of renal endpoints in type 2 diabetes mellitus: end-stage renal disease



Landmark CV outcomes studies in type 2 diabetes

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Long-term Effects of Metformin on Metabolism and Microvascular and Macrovascular Disease in Patients With Type 2 Diabetes Mellitus

Hyperinsulinemia: the Outcome of its Metabolic Effects (HME)

The HR for the primary end point, an aggregate of microvascular and macrovascular morbidity and mortality, was **0.92 (95% CI, 0.72-1.18; $P=0.33$)**.

The HR for the secondary, microvascular endpoint was **1.04 (95% CI, 0.75-1.44; $P=0.43$)**.

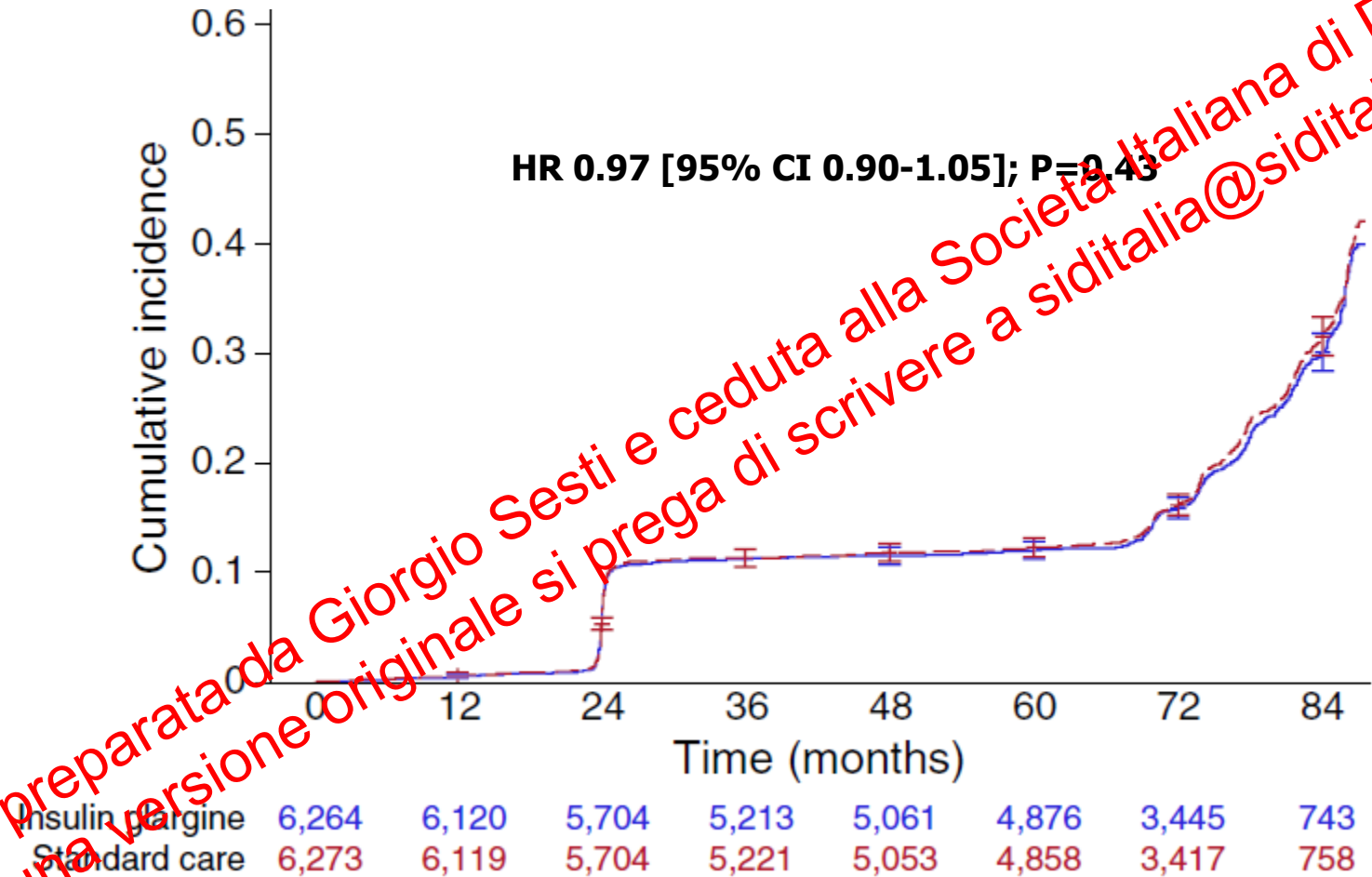
Basal insulin glargine and microvascular outcomes in dysglycaemic individuals: results of the Outcome Reduction with an Initial Glargine Intervention (ORIGIN) trial

The ORIGIN trial investigators • Richard E. Gilbert •
Johannes F. E. Mann • Markolf Hanefeld •
Giatgen Spinass • Jackie Bosch • Salim Yussuf •
Hertzel C. Gerstein

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Incidence of the primary micro-vascular composite outcome in participants to ORIGIN trial

Time-to-event curves for the composite microvascular outcome*

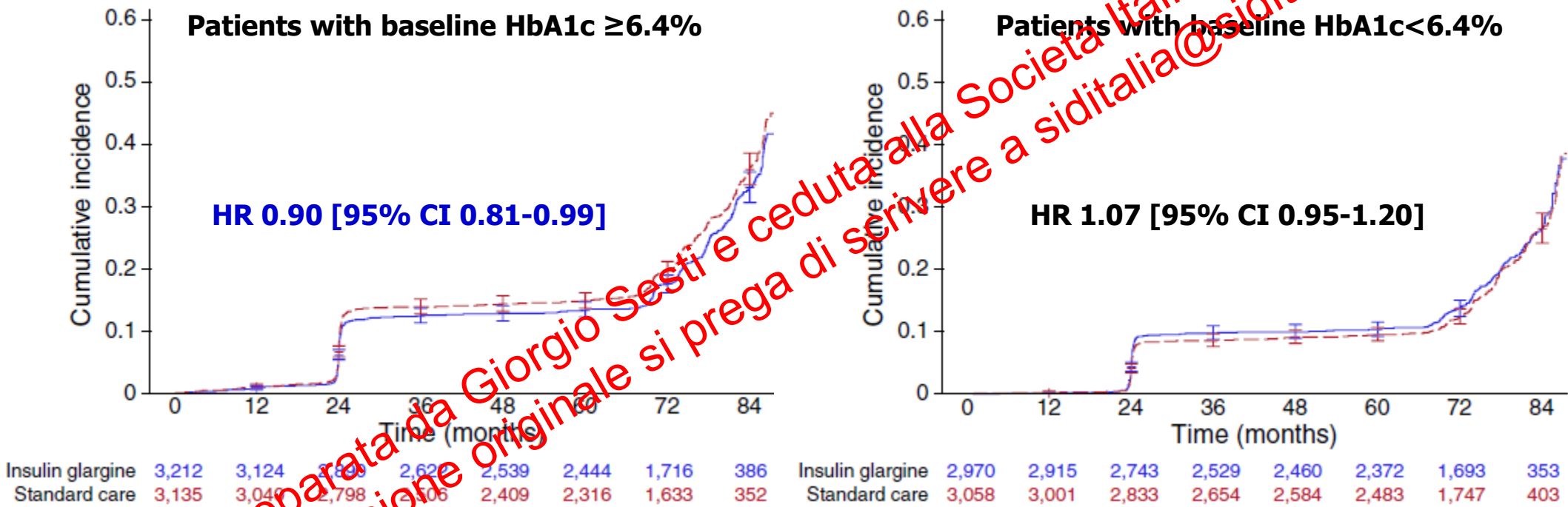


Median follow-up of 6.2 years.

*Doubling of serum creatinine, worsening of albuminuria, renal replacement therapy or death due to renal failure, or diabetic retinopathy requiring retinal photocoagulation or vitrectomy.

Insulin glargine reduced the incidence of the primary micro-vascular composite outcome in participants whose baseline HbA1c was $\geq 6.4\%$: ORIGIN

Time-to-event curves for the composite micro-vascular outcome*



Median follow-up of 6.2 years.

*Doubling of serum creatinine, worsening of albuminuria, renal replacement therapy or death due to renal failure, or diabetic retinopathy requiring retinal photocoagulation or vitrectomy.

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ORIGINAL ARTICLE

Saxagliptin and Cardiovascular Outcomes in Patients with Type 2 Diabetes Mellitus

Benjamin M. Scirica, M.D., M.P.H., Deepak L. Bhatt, M.D., M.P.H.,
Eugene Braunwald, M.D., P. Gabriel Steg, M.D., Jaime Davidson, M.D.,
Boaz Hirshberg, M.D., Peter Ohman, M.D., Robert Frederick, M.D., Ph.D.,
Stephen D. Wiviott, M.D., Elaine B. Hoffman, Ph.D.,
Matthew A. Cavender, M.D., M.P.H., Jacob A. Udell, M.D., M.P.H.,
Nihar K. Desai, M.D., M.P.H., Ofri Mozenon, M.D., Darren K. McGuire, M.D.,
Krusik K. Ray, M.D., Lawrence A. Leiter, M.D., and Itamar Raz, M.D.,
for the SAVOR-TIMI 53 Steering Committee and Investigators*

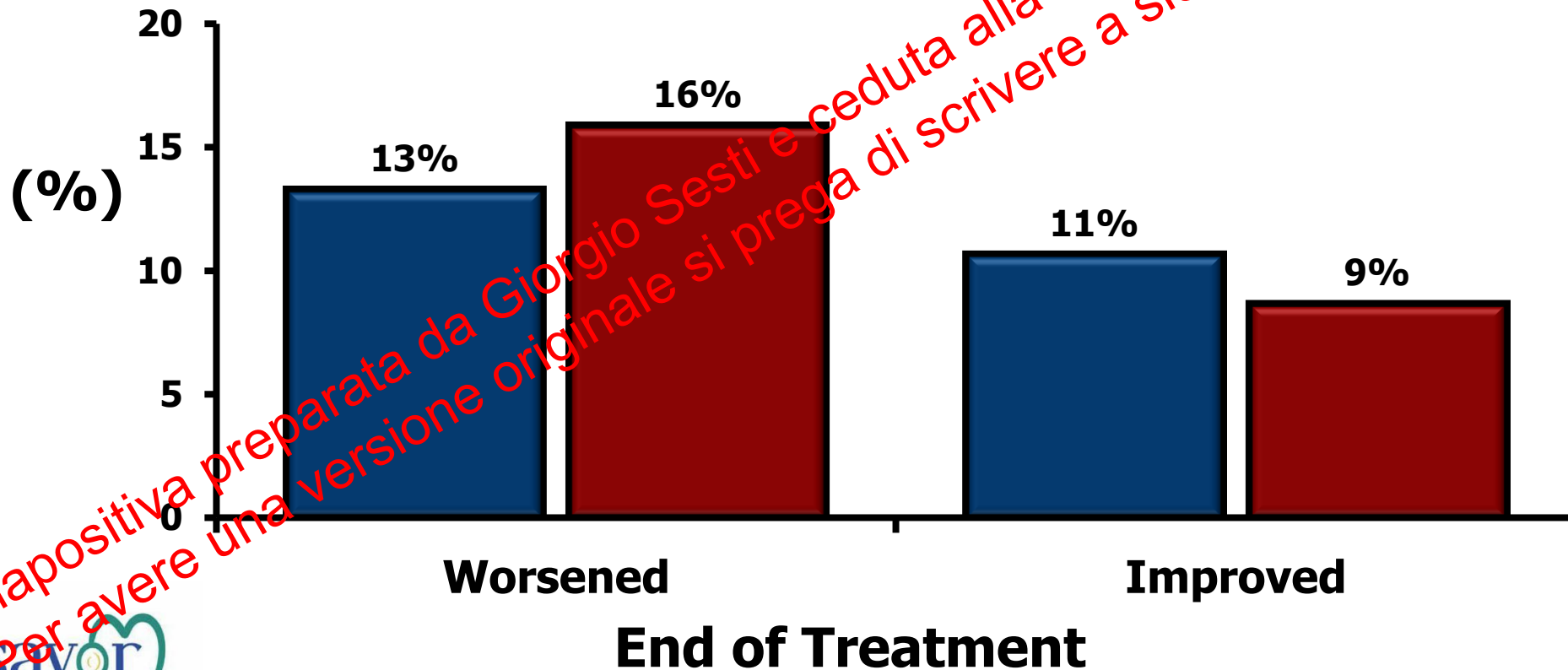
Saxagliptin Assessment of Vascular Outcomes Recorded in Patients with DM - TIMI 53- Changes in Microalbuminuria

Shift from baseline category
(<3.4 , $\geq 3.4 - \leq 33.9$, or >33.9 mg/mmol)

■ Saxagliptin

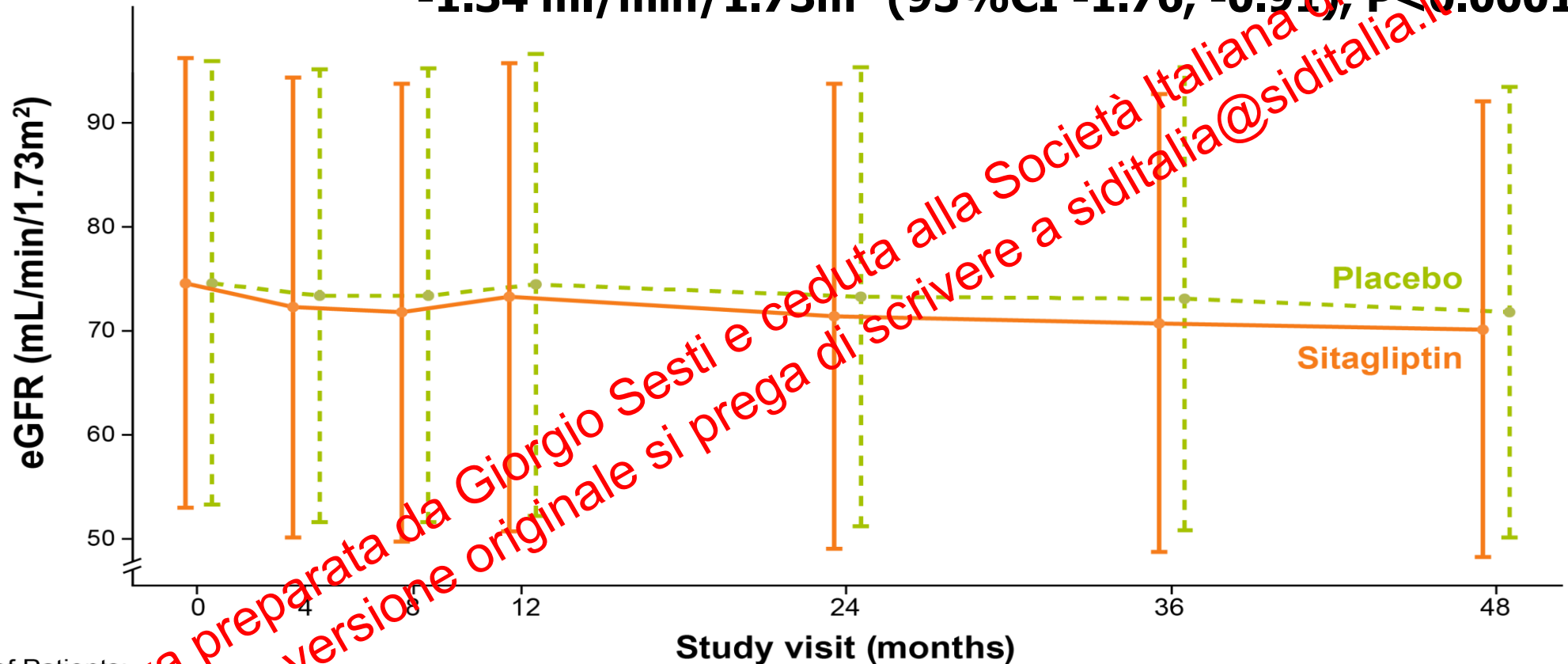
■ Placebo

Global $P < 0.001$



Estimated Glomerular Filtration Rate (eGFR)

**Estimated overall mean difference*:
-1.34 ml/min/1.73m² (95%CI -1.76, -0.91), P<0.0001**



of Patients:

Sitagliptin 7,254 3,984 3,722 5,135

Placebo 7,274 4,005 3,674 5,053

5,209

5,108

3,068

2,957

1,248

1,213

*Mixed model with random intercept & slope, adjusted for baseline value and region

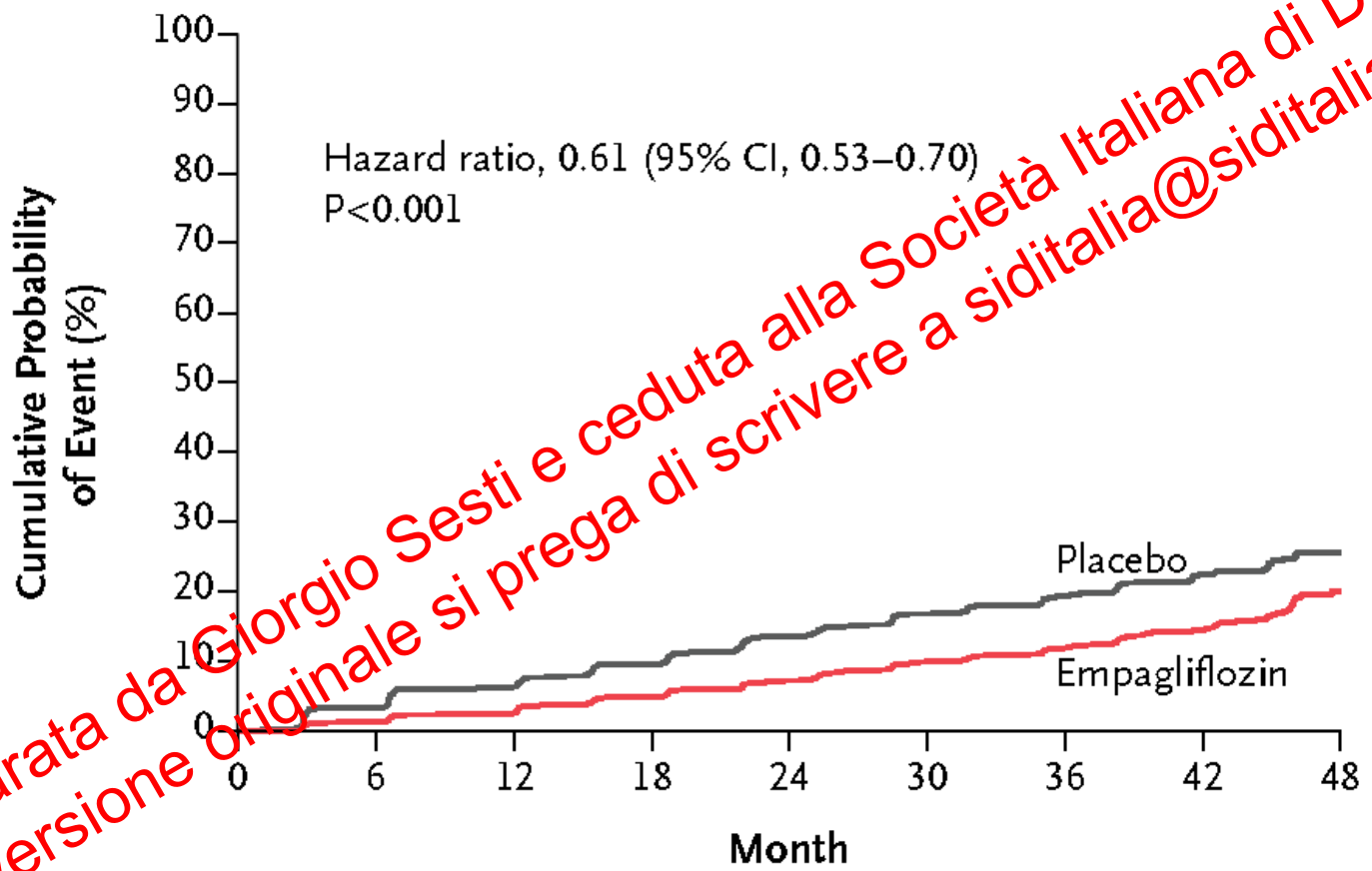
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ORIGINAL ARTICLE

Empagliflozin and Progression of Kidney Disease in Type 2 Diabetes

Christoph Wanner, M.D., Silvio E. Inzucchi, M.D., John M. Lachin, Sc.D.,
David Fitchett, M.D., Maximilian von Eynatten, M.D.,
Michaela Mattheus, Dipl. Biomath., Odd Erik Johansen, M.D., Ph.D.,
Hans-Joachim Woerle, M.D., Uli C. Broedl, M.D., and Bernard Zinman, M.D.,
for the EMPA-REG OUTCOME Investigators*

Kaplan–Meier analysis of incident or worsening nephropathy, defined as progression to macroalbuminuria (urinary albumin to-creatinine ratio, >300 mg/g); a doubling of the serum creatinine level, accompanied by an eGFR of ≤45 ml per minute per 1.73 m²; the initiation of renal-replacement therapy; or death from renal disease



No. at Risk									
Empagliflozin	4124	3994	3848	3669	3171	2279	1887	1219	290
Placebo	2061	1946	1836	1703	1433	1016	833	521	106

Risk Comparison for Renal Outcomes in the EMPA-REG OUTCOME Trial

Renal Outcome Measure	Patients (%)		HR (95% CI)
	Empagliflozin	Placebo	
Incident or worsening nephropathy or CV death	16.2	23.6	0.61 (0.55 to 0.69)
Incident or worsening nephropathy	12.7	18.8	0.61 (0.53 to 0.70)
Progression to macroalbuminuria	11.2	16.2	0.62 (0.54 to 0.72)
Doubling of serum creatinine level accompanied by eGFR of ≤ 45 mL/min/1.73 m ²	1.5	2.6	0.56 (0.39 to 0.79)
Initiation of renal replacement therapy	0.3	0.6	0.45 (0.21 to 0.97)
Incident albuminuria in patients with a normal albumin level at baseline	51.5	51.2	0.95 (0.87 to 1.04)

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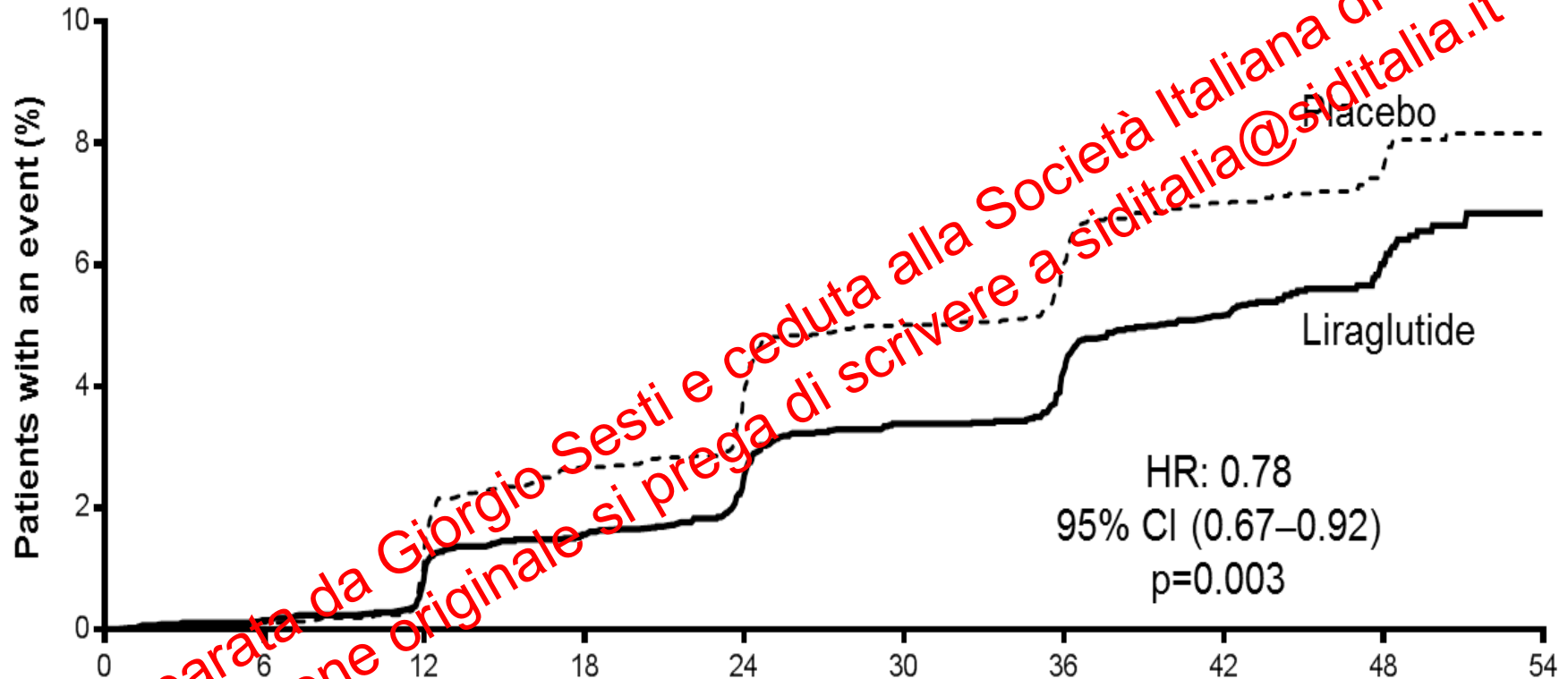
ORIGINAL ARTICLE

Liraglutide and Cardiovascular Outcomes in Type 2 Diabetes

Steven P. Marso, M.D., Gilbert M. Daniels, M.D., Kirstine Brown-Frandsen, M.D.,
Peter Kristensen, M.D., E.M.B.A., Johannes F.E. Mann, M.D.,
Michael A. Nauck, M.D., Steven E. Nissen, M.D., Stuart Pocock, Ph.D.,
Neil K. Poulter, F.Med.Sci., Lasse S. Ravn, M.D., Ph.D.,
William H. Steinberg, M.D., Mette Stockner, M.D., Bernard Zinman, M.D.,
Richard M. Bergenstal, M.D., and John B. Buse, M.D., Ph.D., for the LEADER
Steering Committee on behalf of the LEADER Trial Investigators*

LEADER - Time to first renal event

Macroalbuminuria, doubling of serum creatinine, ESRD, renal death



Patients at risk

Liraglutide	4668	4635	4561	4492	4400	4304	4210	4114	1632	454
Placebo	4672	4643	4540	4428	4316	4196	4094	3990	1613	433

LEADER[®]

Long-term Effect and Action in Diabetes:
Evaluation of cardiovascular outcome Results

The cumulative incidences were estimated with the use of the Kaplan–Meier method, and the hazard ratios with the use of the Cox proportional-hazard regression model. The data analyses are truncated at 54 months, because less than 10% of the patients had an observation time beyond 54 months. CI: confidence interval; ESRD: end-stage renal disease; HR: hazard ratio.

ORIGINAL ARTICLE

Semaglutide and Cardiovascular Outcomes in Patients with Type 2 Diabetes

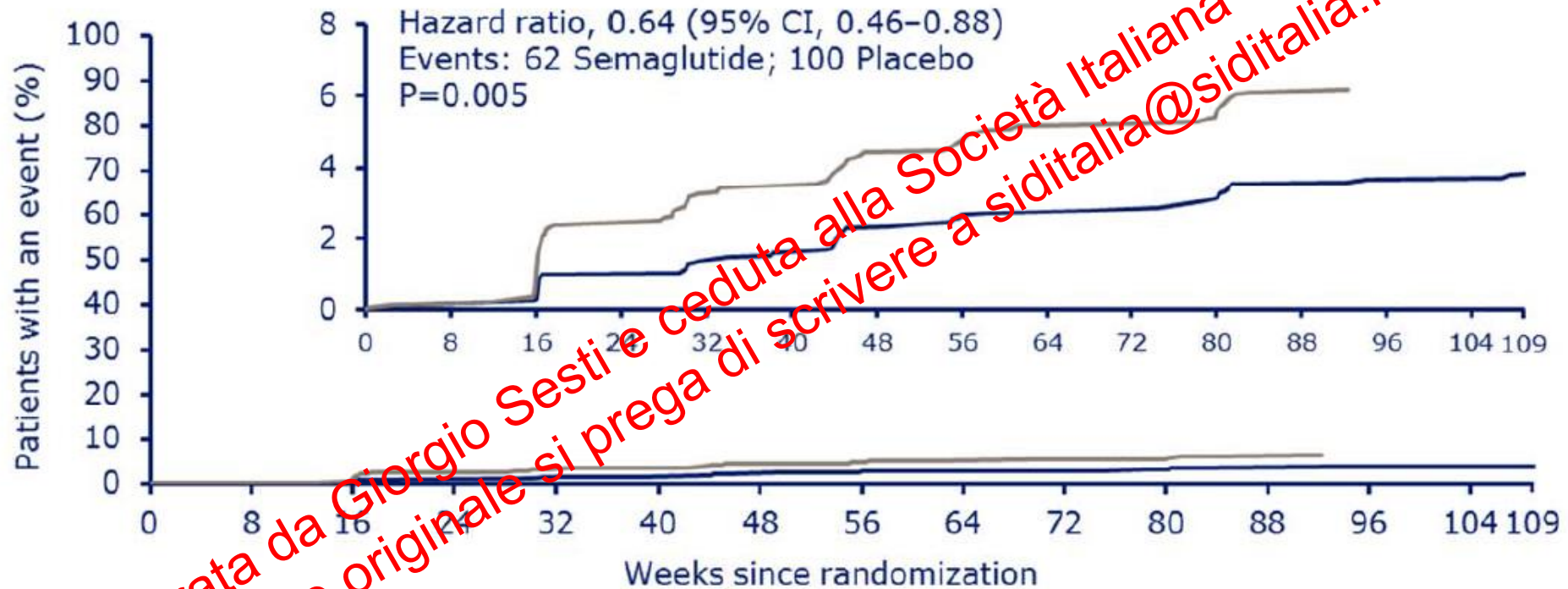
Steven P. Marso, M.D., Stephen C. Bain, M.D., Agostino Consoli, M.D.,
Freddy G. Eliaschewitz, M.D., Esteban Jódar, M.D., Lawrence A. Leiter, M.D.,
Ildiko Lingvay, M.D., M.P.H., M.S.C.S., Julio Rosenstock, M.D.,
Jochen Seufert, M.D., Ph.D., Mark L. Warren, M.D., Vincent Woo, M.D.,
Oluf Hansen, M.Sc., Anders G. Holst, M.D., Ph.D., Jonas Pettersson, M.D., Ph.D.,
and Tina Vilsbøll, M.D., D.M.Sc., for the SUSTAIN-6 Investigators*

Diapositiva preparata da Giorgio Sesti e ceduta alla Società Italiana di Diabetologia.
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SUSTAIN-6 Study: Time to first renal event

Macroalbuminuria, doubling of serum creatinine, ESRD, renal death

New or worsening nephropathy



Number of patients at risk

Semaglutide	1648	1630	1605	1580	1563	1541	1525
Placebo	1649	1629	1570	1545	1518	1498	1471

— Semaglutide

— Placebo

Tabella 16. Terapia non insulinica nel diabete tipo 2 con insufficienza renale cronica

Stadio IRC	LIEVE	MODERATA	GRAVE	DIALISI
eGFR	>60 ml/min	30-60 ml/min	15-30 ml/min	<15 ml/min
Metformina	≥2 g/die	Non indicato (utilizzabile)	NO	NO
Acarbosio	Da titolare	Da titolare	NO	NO
Gliptine				
Sitagliptin	100 mg/die	50 mg/die	25 mg/die	25 mg/die
Vildagliptin	100 mg/die	50 mg/die	50 mg/die	50 mg/die
Saxagliptin	5 mg/die	2,5 mg/die	2,5 mg/die	NO
Linagliptin	5 mg/die	5 mg/die	5 mg/die	5 mg/die
Alogliptin	25 mg/die	12,5 mg/die ^a	6,25 mg/die	6,25 mg/die
GLP-1 agonisti				
Exenatide	20 µg/die	Cautela ^b	NO	NO
Exenatide LAR	2 mg/die	NO ^c	NO	NO
Liraglutide	Dosi usuali	Dosi usuali	NO	NO
Lixisenatide	Dosi usuali	Cautela ^b	NO	NO
Sulfoniluree	Da titolare	Da titolare ^d	NO	NO
Repaglinide	Da titolare	Non indicato (utilizzato)	NO	NO
Pioglitazone	Dosi usuali	Dosi usuali	Dosi usuali	NO ^e
Gliflozine				
Dapagliflozin	Dosi usuali	NO	NO	NO
Empagliflozin	Dosi usuali	NO	NO	NO
Canagliflozin	Dosi usuali	NO	NO	NO

^a La riduzione della dose da 25 a 12,5 mg/die è prevista quando eGFR scende sotto 50 ml/min.

^b Cautela necessaria quando eGFR è inferiore a 50 ml/min

^c Farmaco non indicato quando eGFR è inferiore a 50 ml/min

^d Alcune sulfoniluree (gliquidione, glimepiride) hanno metabolismo prevalentemente epatico, ma non sono state comunque studiate in modo esteso in pazienti con insufficienza renale; una accurata titolazione della dose è comunque raccomandabile, almeno per eGFR inferiore a 60 ml/min.

^e Il pioglitazone è controindicato per eGFR inferiore a 5 ml/min.

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