



Beyon Glycemia
Monteriggioni 29/10/2014



DPP4 Inibitori ***e Studi in Ambito Cardiovascolare***

Matteo Monami

Director of Diabetes Section
Careggi Teaching Hospital.
Florence. Italy

Diapositiva preparata da Matteo Monami e ceduta alla Società Italiana di Diabetologia.
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FDA Guidance on diabetes drugs

From 2009 onwards, all new glucose-lowering agents are required to present data from meta-analysis or pooled analysis of individual phase 2 and 3 studies assessing the risk of MACE and their confidence intervals

<1.3 – a post-marketing cardiovascular trial may not generally be necessary

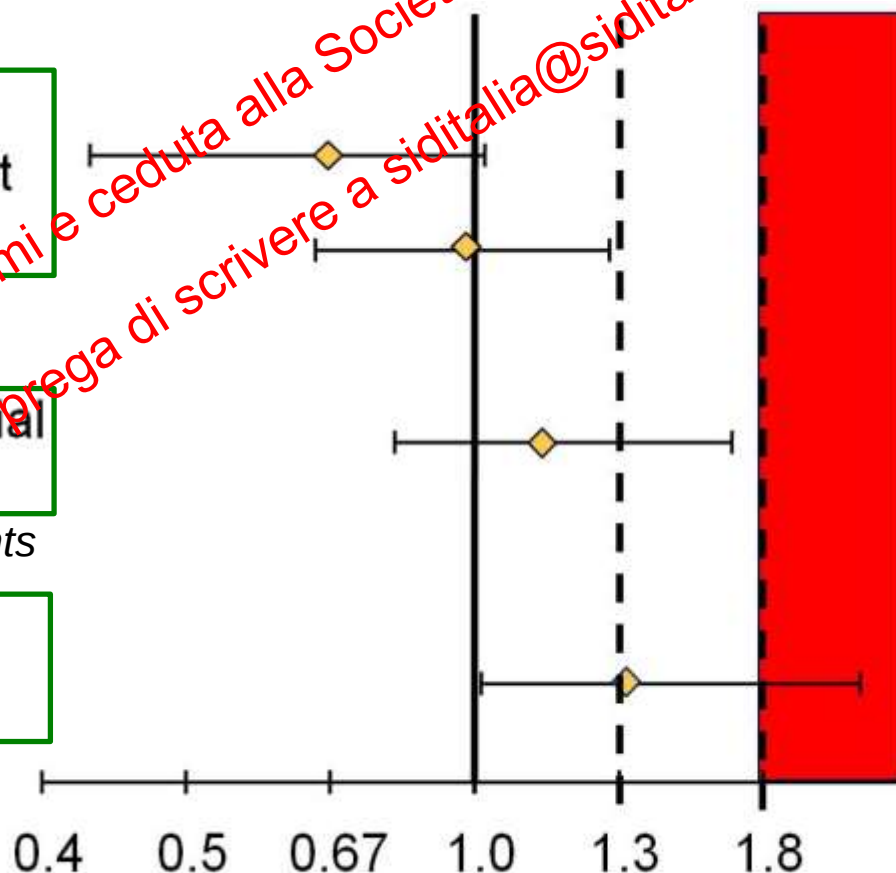
Drug can be immediately approved without the need for further studies

<1.8 – conduct large safety trial post-approval

Usual result for glucose-lowering agents

>1.8 – conduct large safety trial pre approval

Drug cannot be approved for marketing



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Secondary prevention of macrovascular events in patients with type 2 diabetes



The PROACTIVE Study

John A Domandy, Bernard Charbonnel, David J A Eckland, Erland Erdmann, Massimo Massi-Benedetti, Ian K Moules, Allan M Skene, Meng H T...

If this regulation had to be applied to other drugs.....

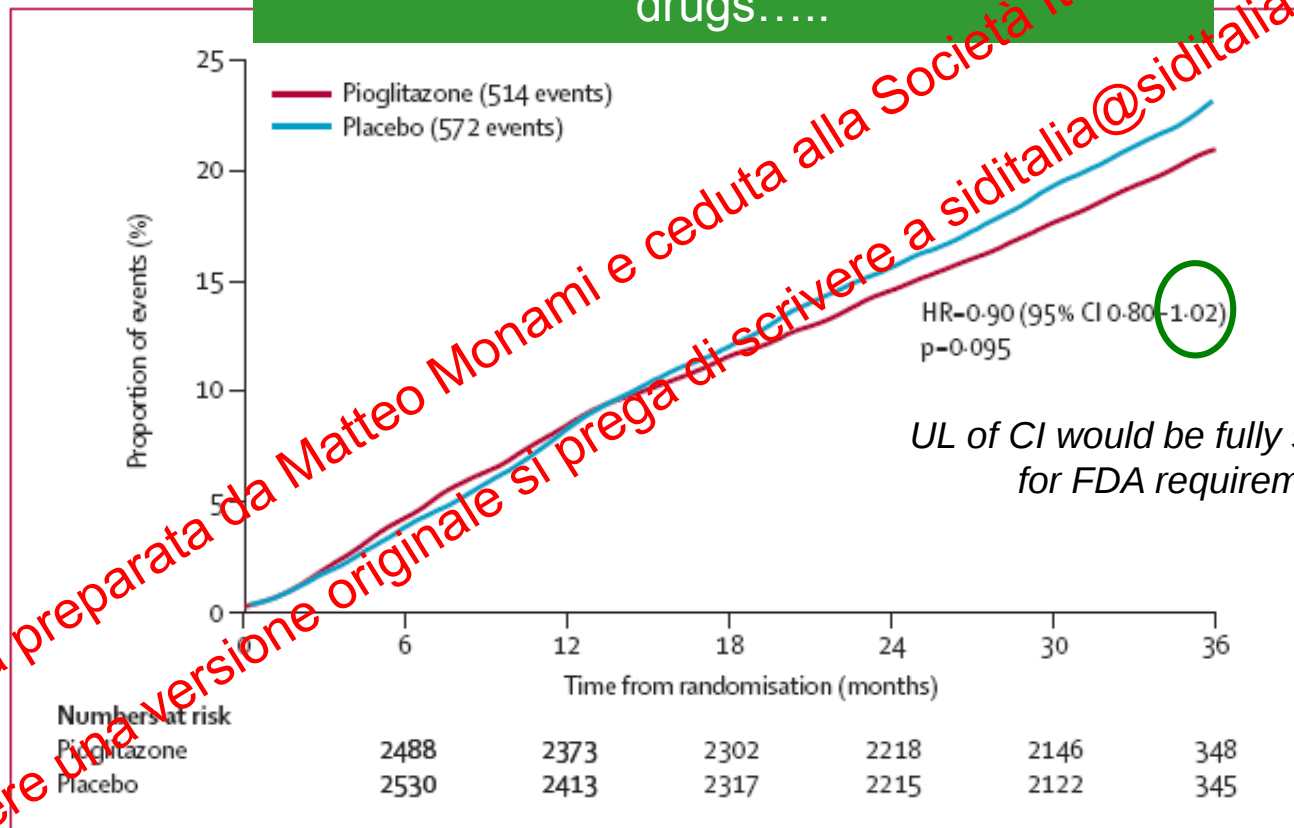


Figure 2: Kaplan-Meier curve of time to primary endpoint*

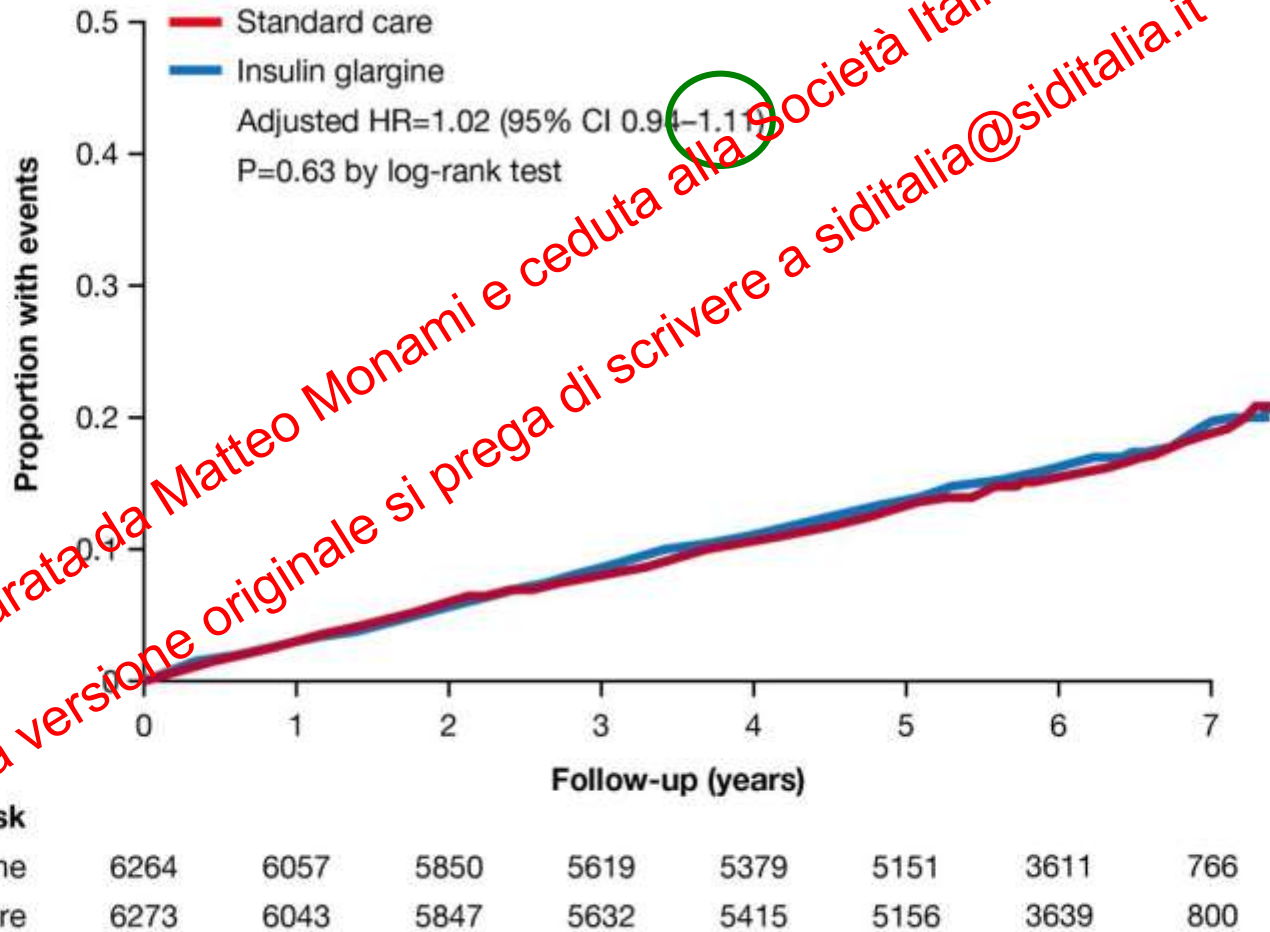
*Death from any cause, non-fatal myocardial infarction (including silent myocardial infarction), stroke, acute coronary syndrome, leg amputation, coronary revascularisation, or revascularisation of the leg.

Lancet 2005; 366: 1279-89



Insulin and CVD

The ORIGIN trial



ORIGIN trial investigators. *N Engl J Med* 2012;367:319–28.



Effect of intensive blood-glucose control with metformin on complications in overweight patients with type 2 diabetes

The UKPDS 34 study

UK Prospective Diabetes Group

	Metformin (n=342)	Insulin/sulfonylurea (SU) (n=951)	Conventional (n=411)
Absolute risk (events per 1,000 patient-years)			
Myocardial infarction	11.0*	14.4	18.0
Stroke	5.3	6.2†	5.5
All-cause mortality	13.5*†	18.9	20.6

*P<0.05 vs conventional; †P<0.05 vs insulin/SU

Lancet 1998;352:854–65.

Cardiovascular safety of sulfonylureas

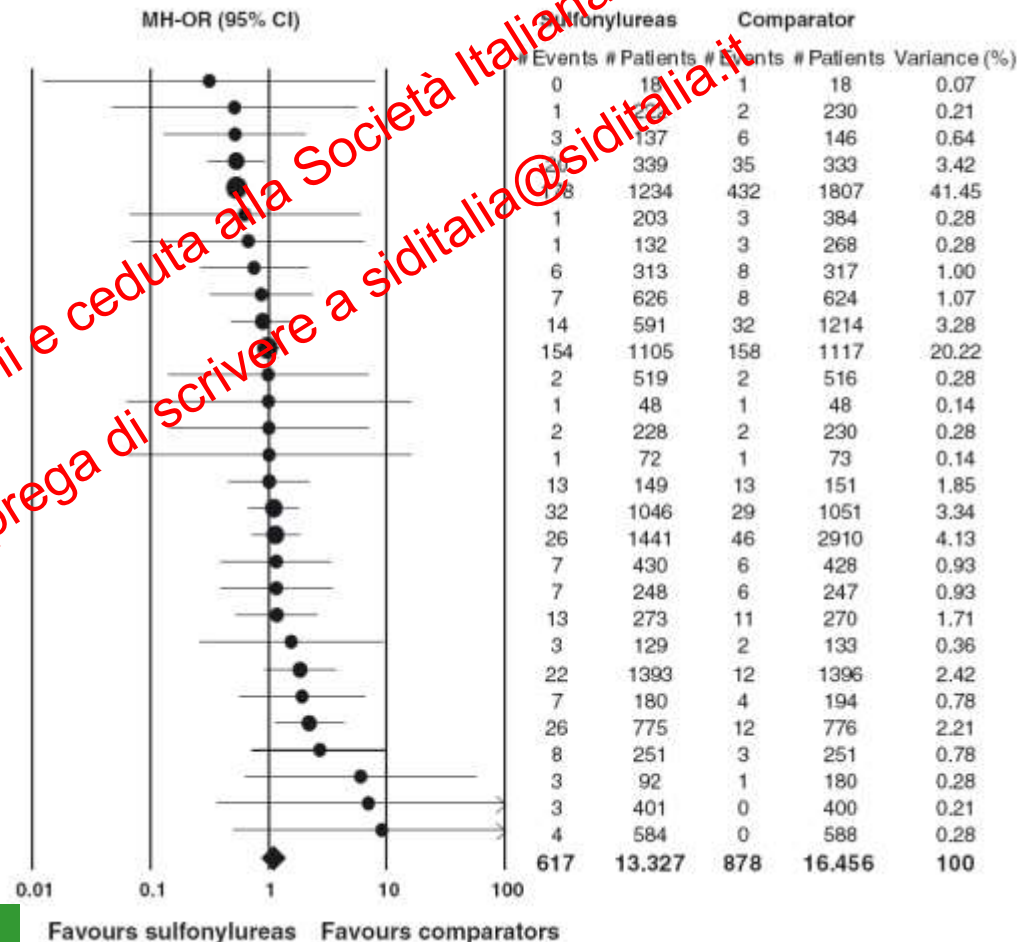
A meta-analysis of randomized clinical trials

M. Monami¹, S. Genovese² & E. Mannucci³

115 selected trials

Major cardiovascular events

First author (Year)	MH-OR	LL (95% CI)	UL (95% CI)	p
Birkeland 1996 [33]	0.315	0.012	8.269	0.489
Chou 2008 [41]	0.516	0.046	5.729	0.590
Perriello 2006 [99]	0.522	0.128	2.131	0.365
Gerstein 2010 [67]	0.534	0.301	0.945	0.031
UKPDS 33 1998 [130]	0.537	0.443	0.650	0.000
Hanefeld 2007 [76]	0.629	0.065	6.083	0.689
Seino 2010 [114]	0.674	0.069	6.545	0.734
Charbonnel 2005 [40]	0.755	0.259	2.201	0.607
Matthews 2005 [39]	0.871	0.314	2.416	0.790
Rubin 2008 [109]	0.896	0.475	1.693	0.736
Home 2009 [80]	0.983	0.774	1.249	0.888
Arechavaleta 2011 [29]	0.994	0.140	7.085	0.999
van der Laar 2004 [132]	1.000	0.061	16.463	1.000
Mazzone 2006 [90]	1.009	0.141	7.224	0.993
Riddle 1998 [106]	1.014	0.062	16.529	0.992
Giles 2010 [70]	1.015	0.454	2.268	0.972
Tolman 2009 [126]	1.112	0.668	1.852	0.683
Kahn 2006 [85]	1.144	0.701	1.858	0.517
Goke 2010 [71]	1.164	0.388	3.492	0.787
Garber 2009 [65]	1.167	0.386	3.522	0.785
Nissen 2008 [5]	1.177	0.518	2.797	0.697
Ristic 2007 [118]	1.177	0.256	5.190	0.630
Ferrannini 2009 [56]	1.851	0.912	3.754	0.088
Bakris 2006 [30]	1.922	0.555	6.679	0.304
Gallwitz 2012 [92]	2.210	0.707	4.412	0.025
Jain 2006 [94]	2.722	0.714	10.380	0.143
Johnston 1998 [84]	6.034	0.619	58.837	0.122
Novak 2011 [96]	7.395	0.362	136.640	0.197
Clark 2010 [112]	9.124	0.490	169.018	0.138
Overall	1.041	0.825	1.312	0.736



MH-OR: 1.04[0.82–1.31]

not be sufficient for approval by the FDA today

Diabetes, Obesity and Metabolism 2013.

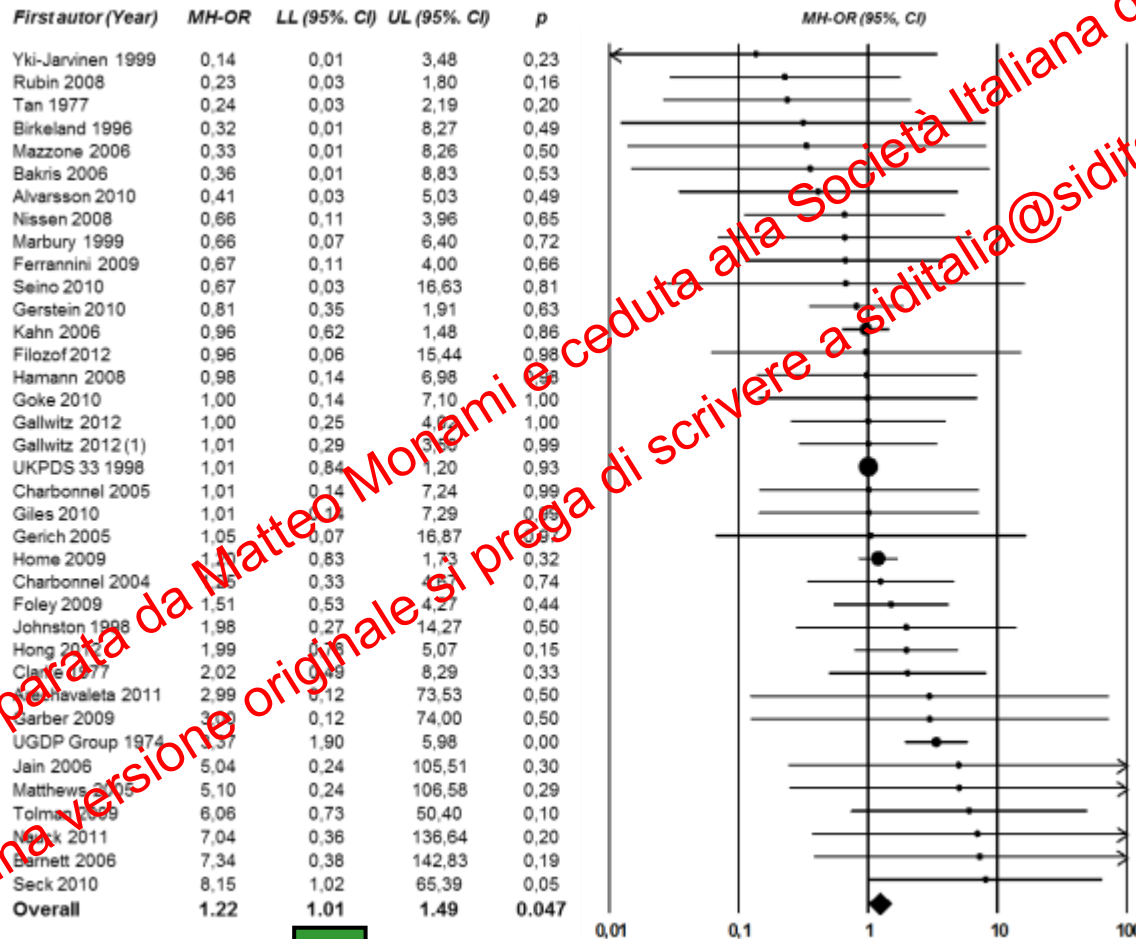
Cardiovascular safety of sulfonylureas

A meta-analysis of randomized clinical trials

M. Monami¹, S. Genovese² & E. Mannucci³

Diabetes, Obesity and Metabolism 2013.

All-cause mortality



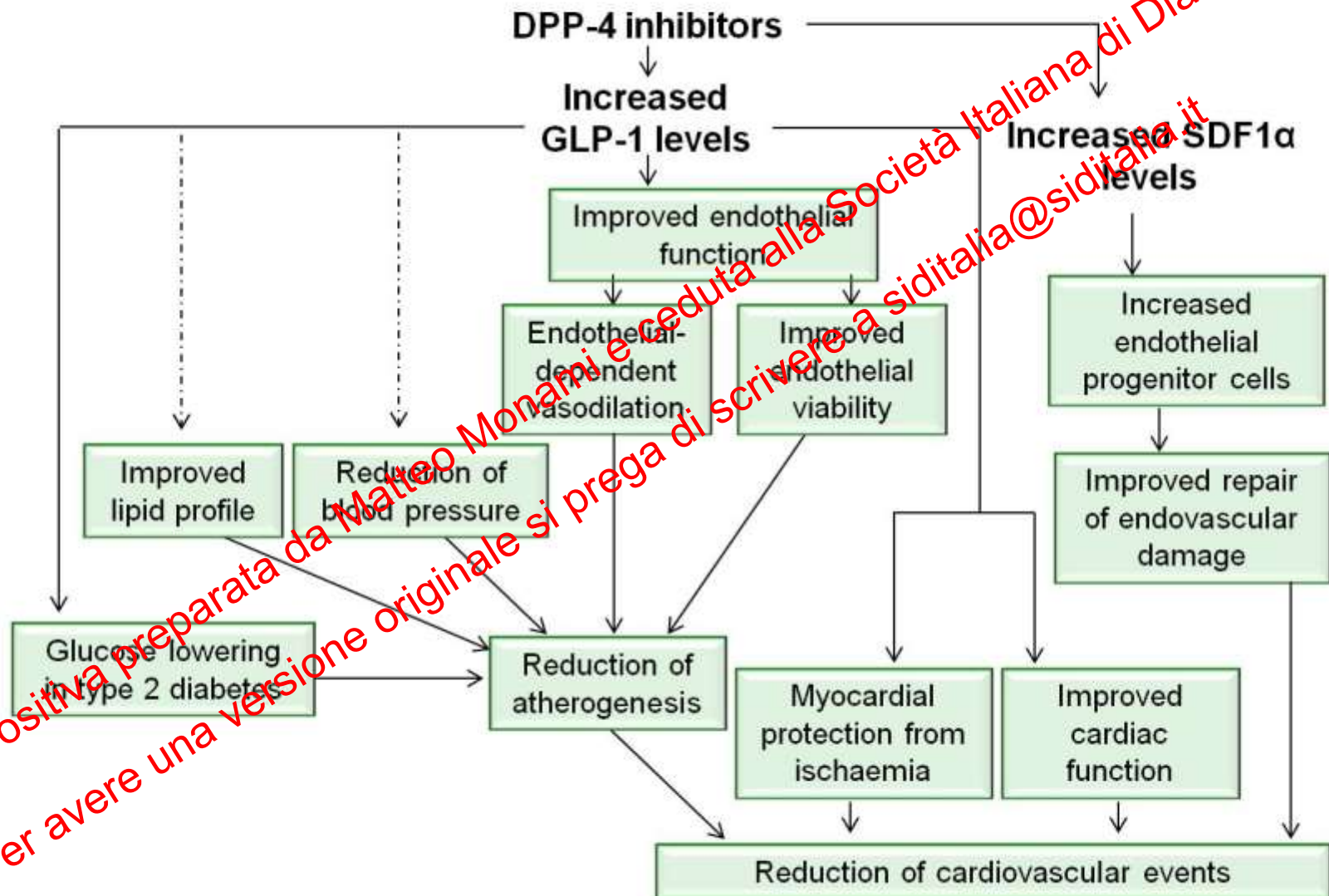
Favours sulfonylureas Favours comparators

Overall 1.22 1.01 1.49 0.047

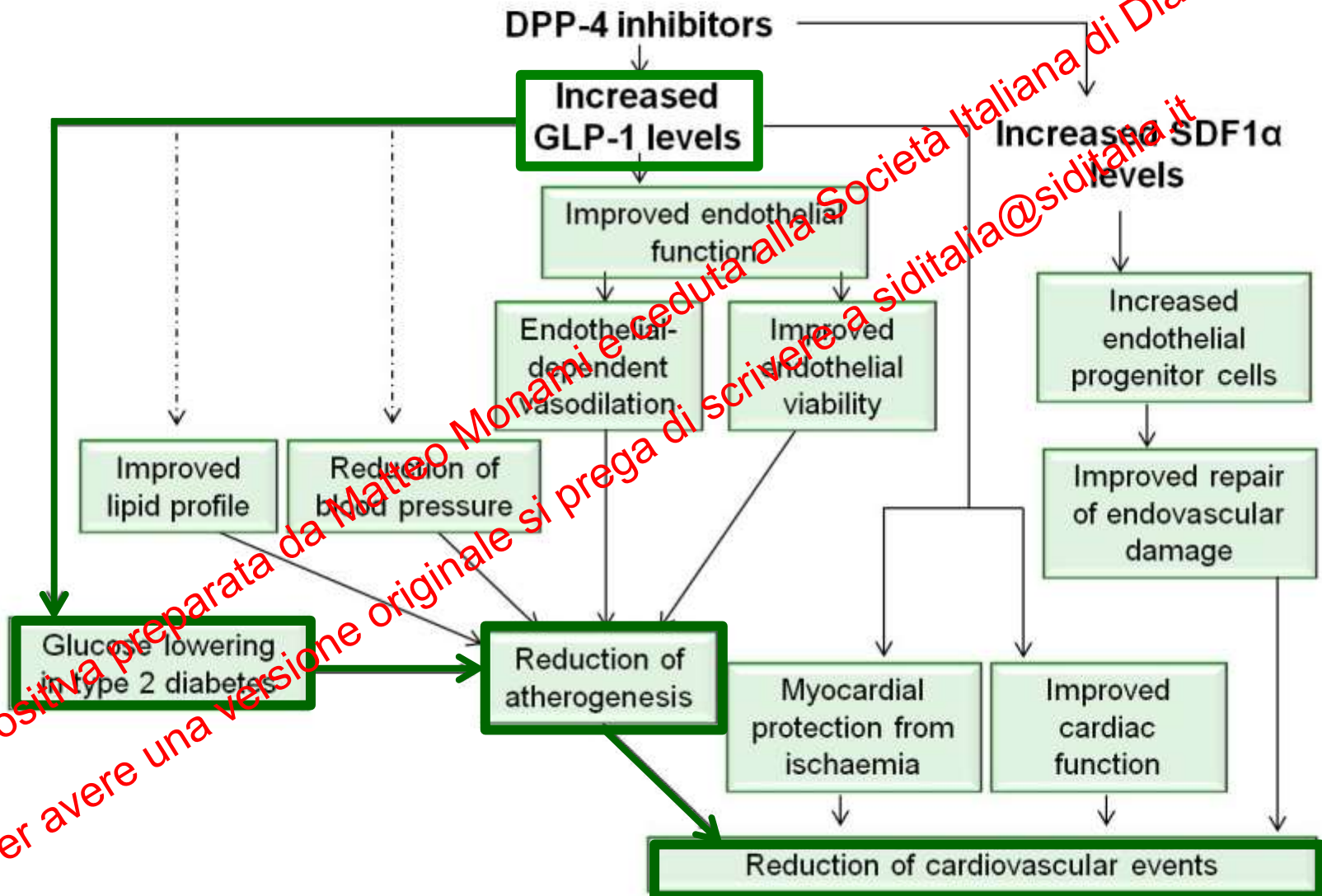
SUs would not be approved by any regulatory authority

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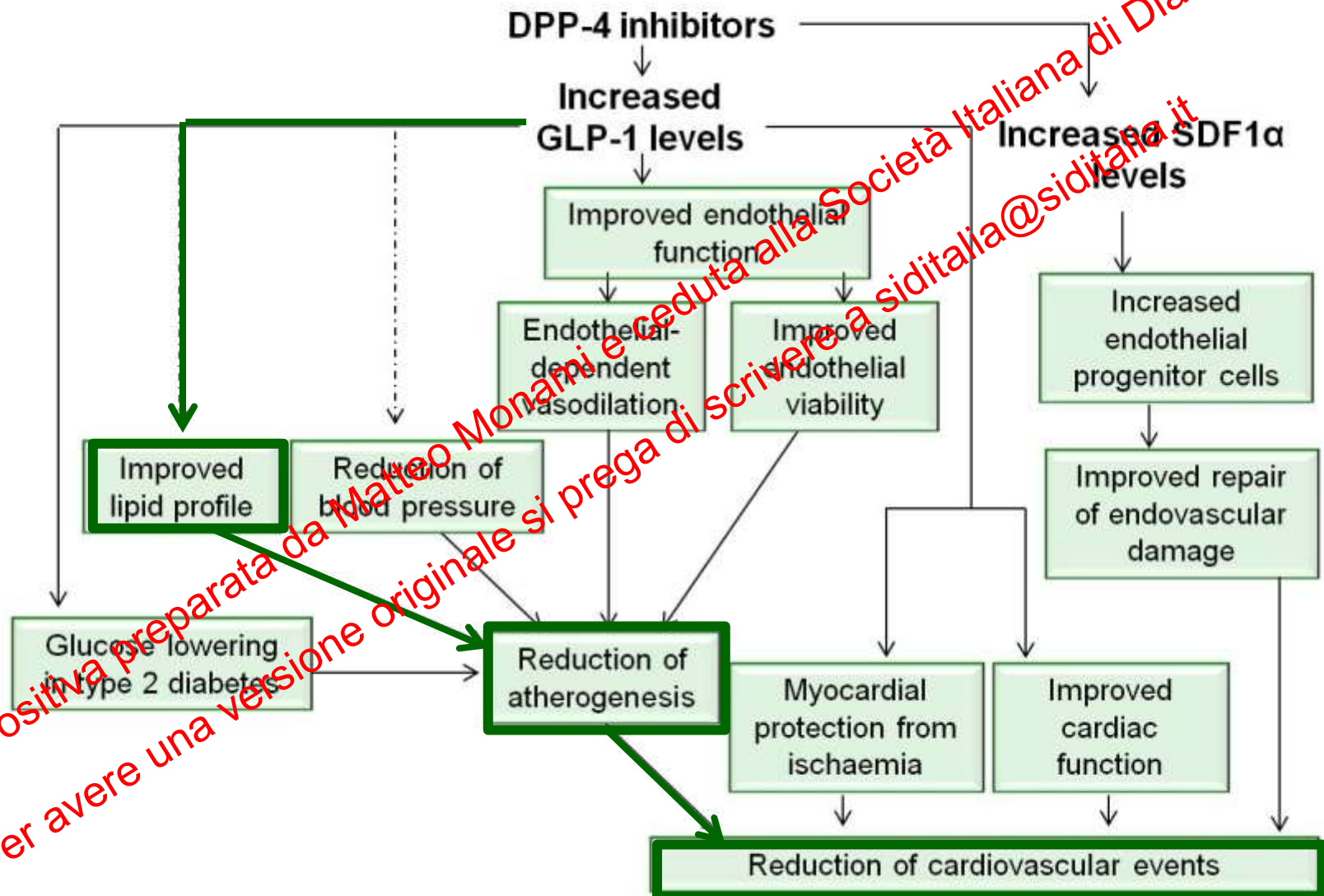
CV effects of DPP-4 inhibitors



CV effects of DPP-4 inhibitors



CV effects of DPP-4 inhibitors

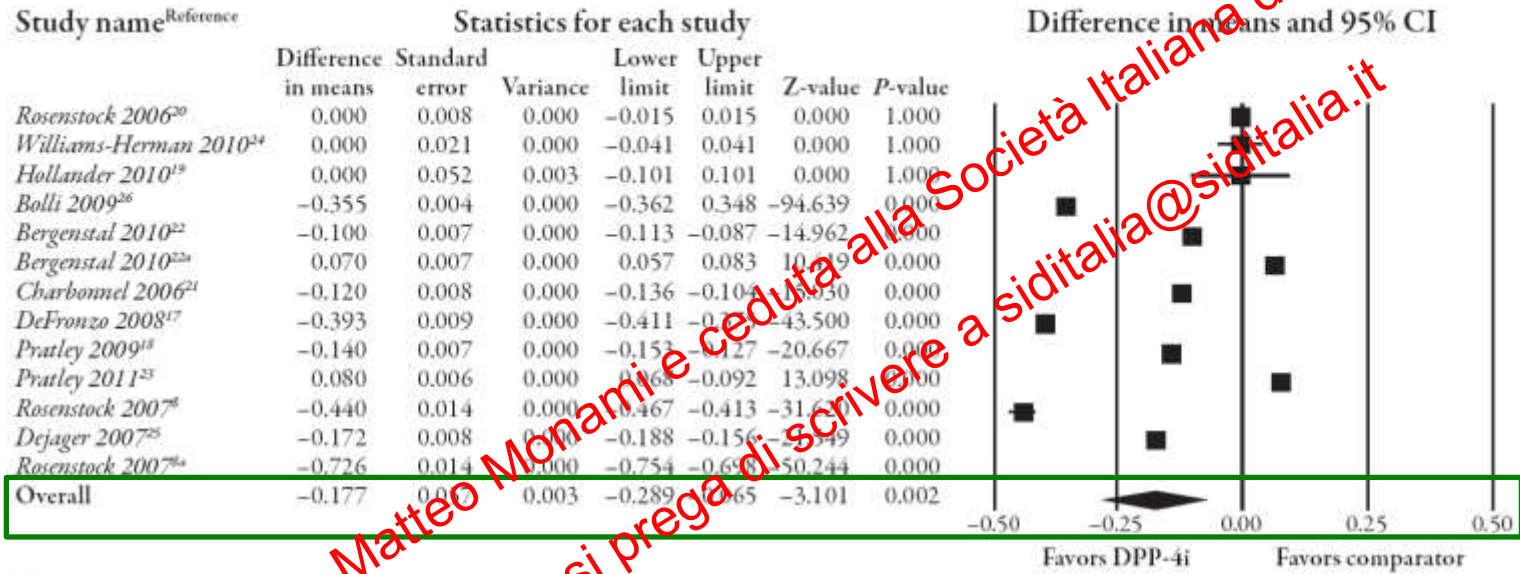


DPP-4 Inhibitors and Lipids:

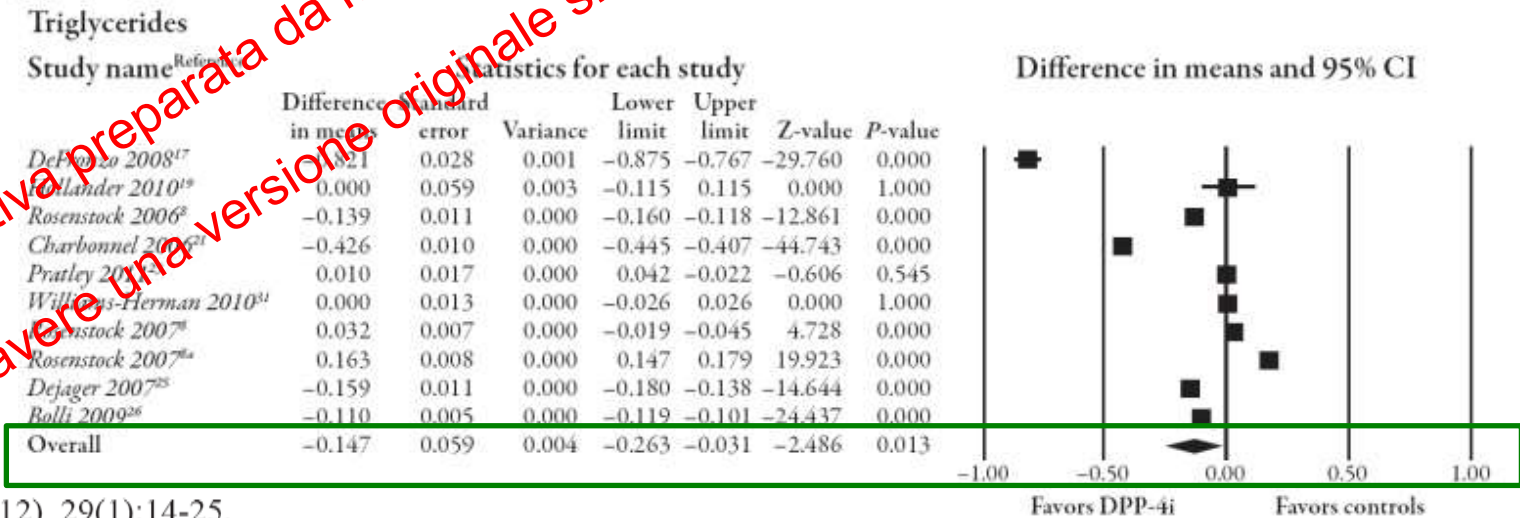
Systematic Review and Meta-Analysis

Matteo Monami · Caterina Lamanna · Carla Maria Desideri · Edoardo Mannucci

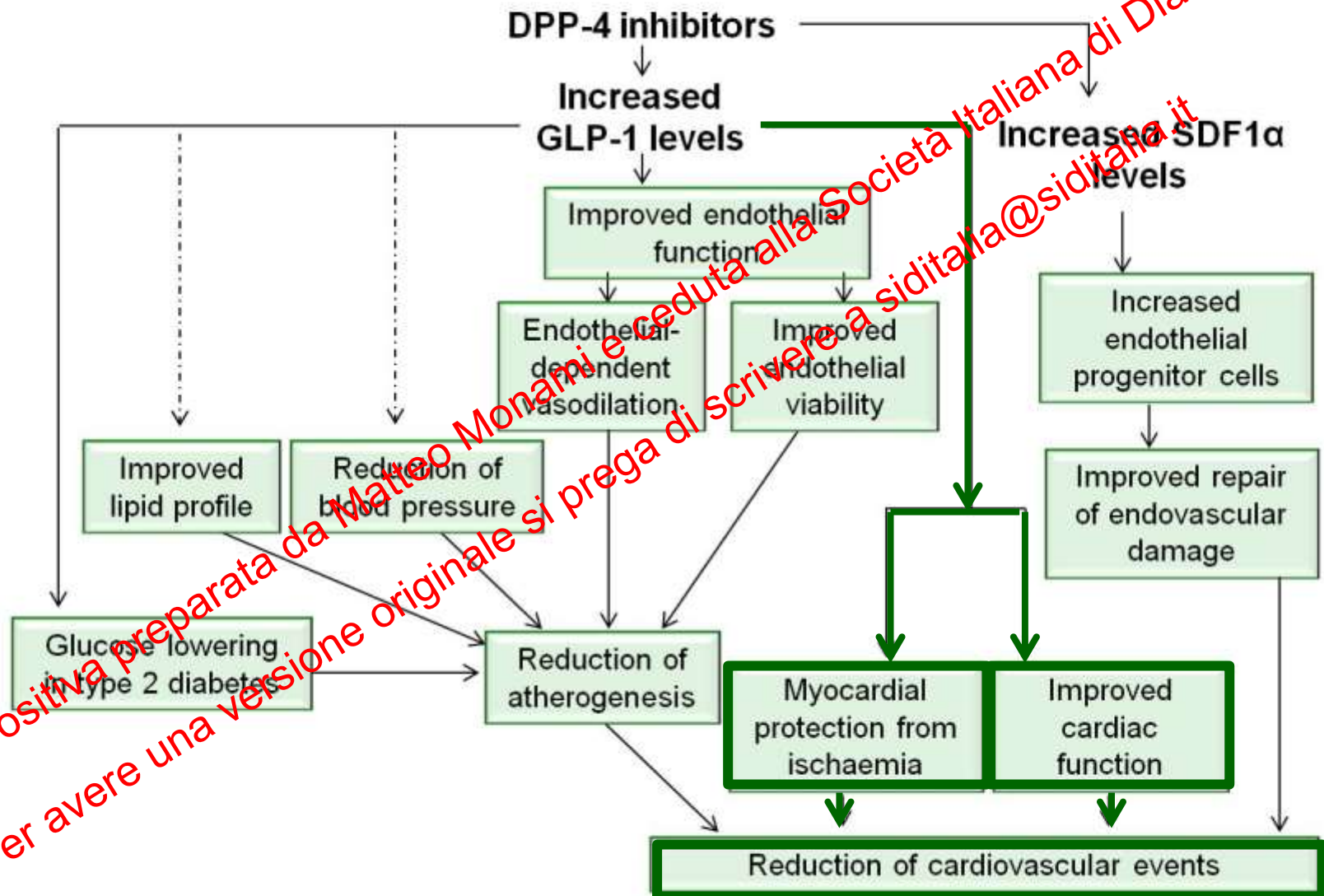
Total cholesterol



Triglycerides



CV effects of DPP-4 inhibitors



Myocardial effects of GLP1

- Porcine model of ischaemia-reperfusion injury: effect of exenatide



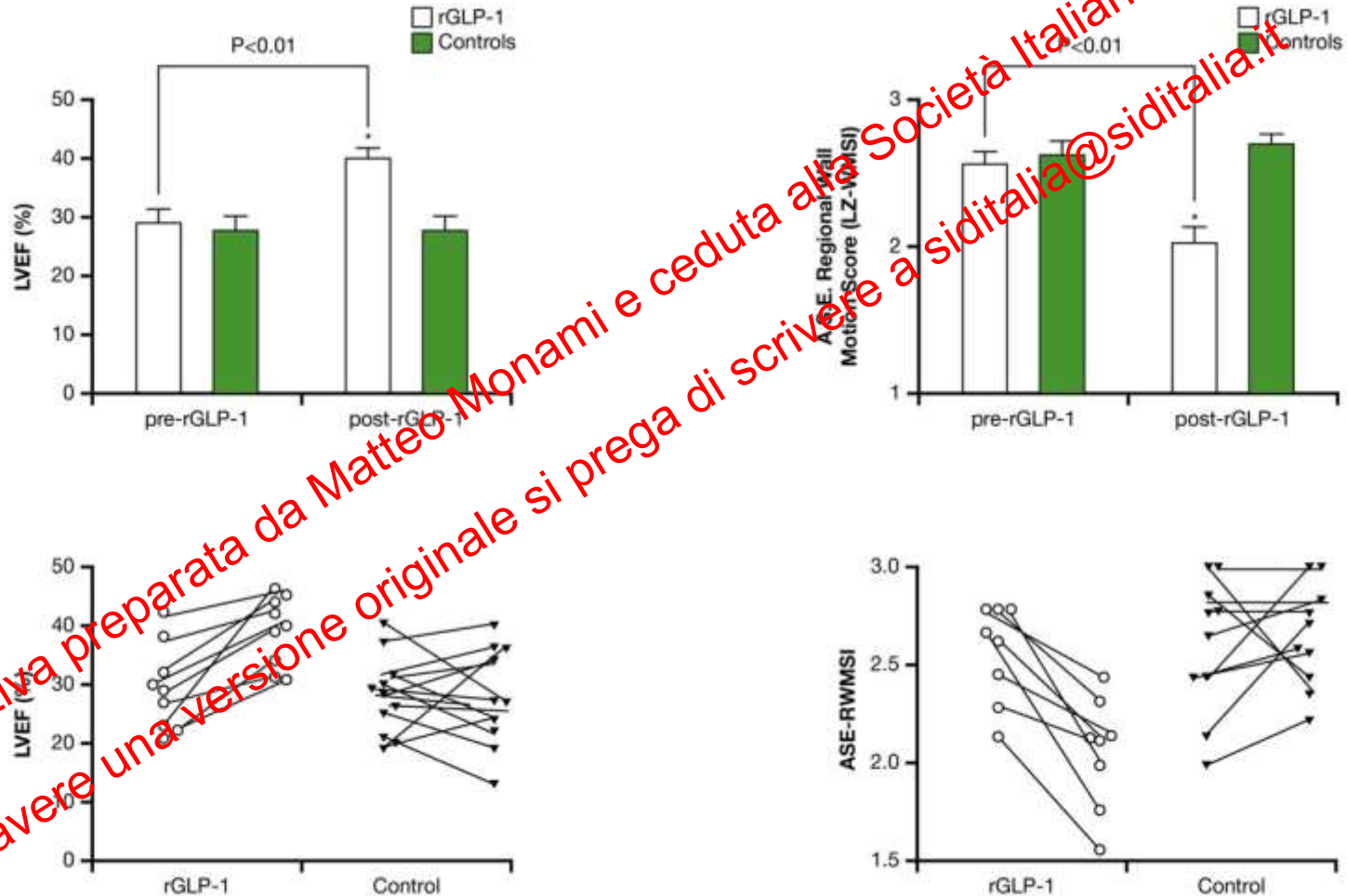
PBS



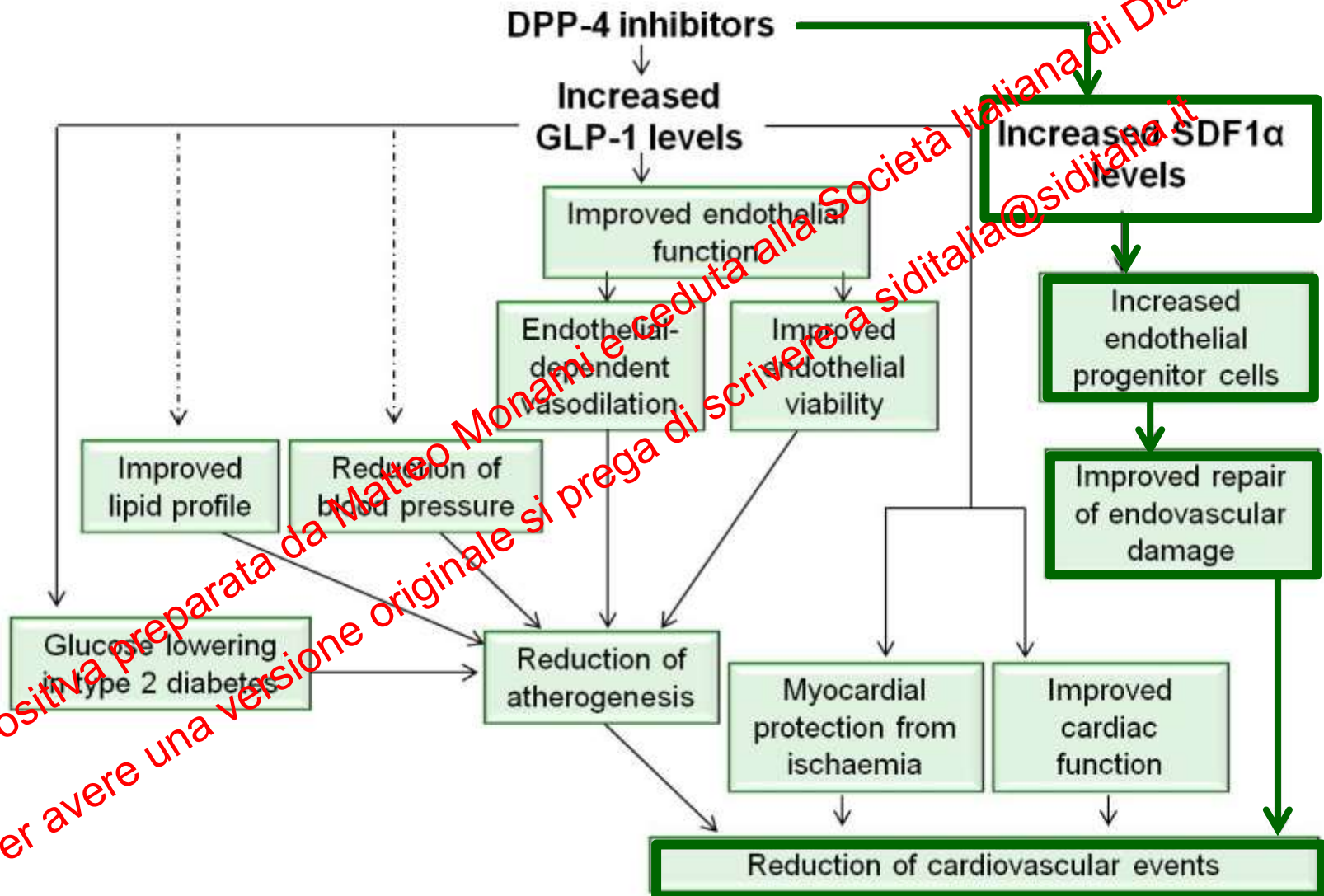
Exenatide

Myocardial effects of GLP-1

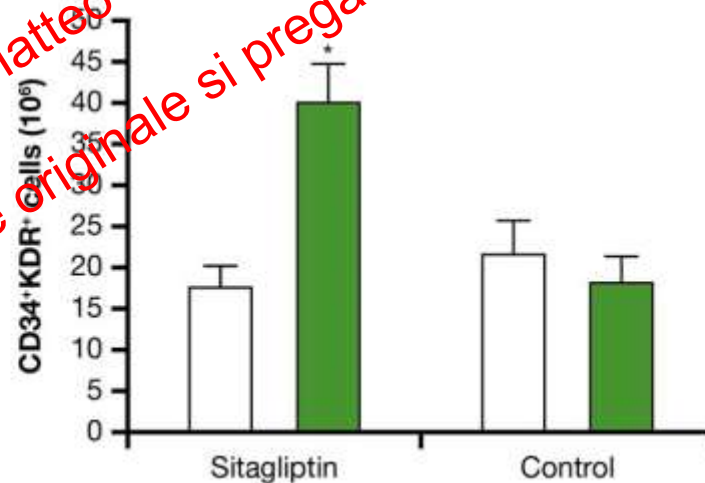
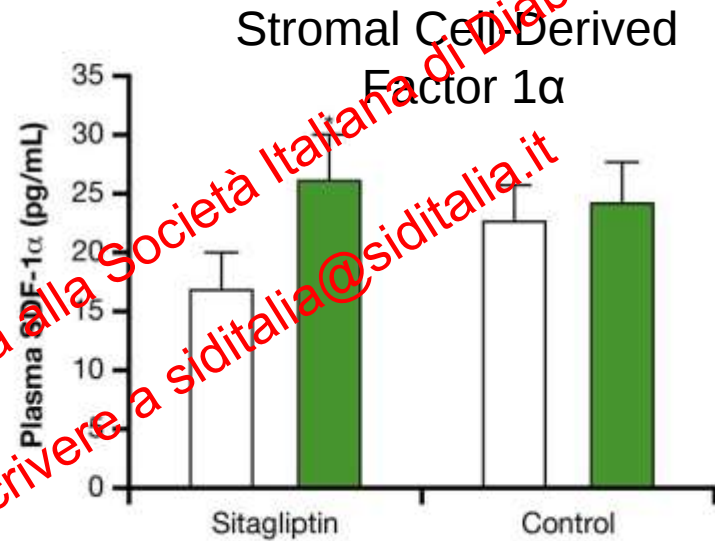
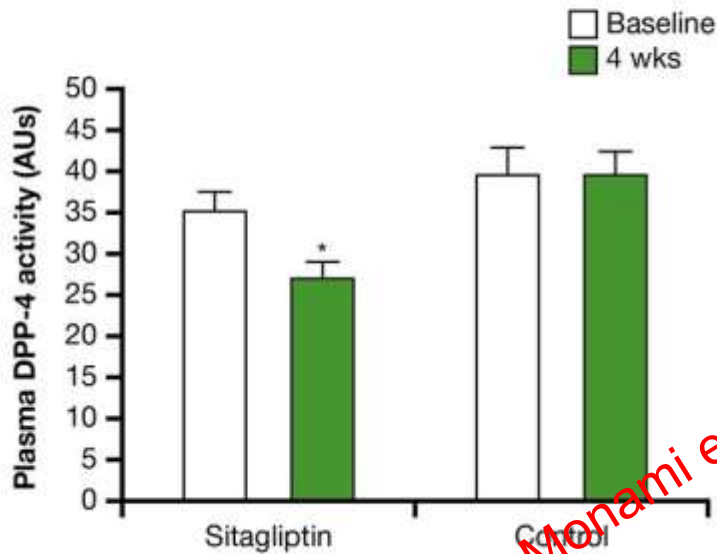
- Patients with MI and PTCA; effect of 72h human GLP-1 infusion



CV effects of DPP-4 inhibitors



DPP-4 inhibitors and SDF-1 α



Vascular endothelial growth factors

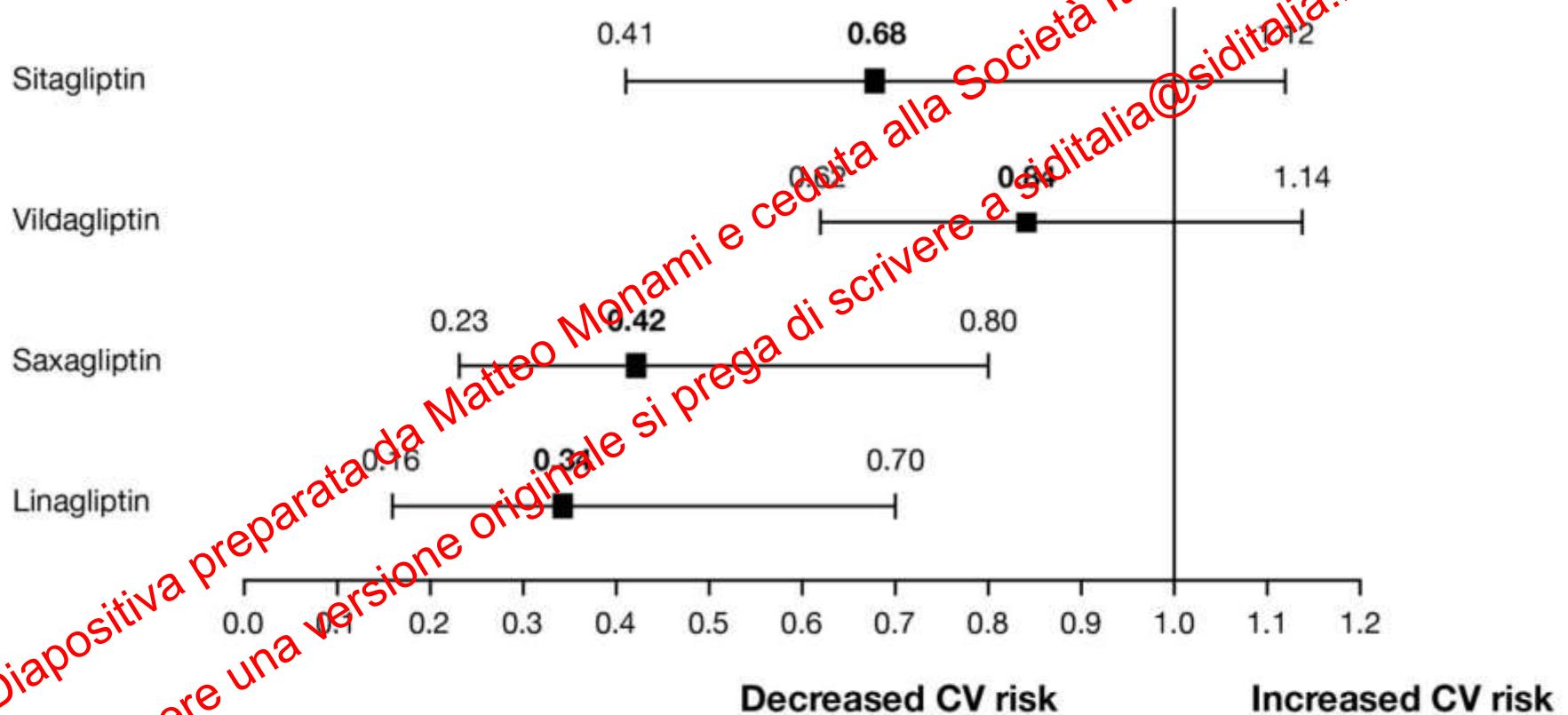
Precursors of endothelial cells

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DPP-4 inhibitors and MACE

Pooled analyses of Phase II–III trials





Dipeptidyl peptidase-4 inhibitors and cardiovascular risk



A meta-analysis of randomized clinical trials

M. Monami¹, B. Ahrén², I. Dicembrini³ & E. Mannucci⁴

	# trials	# trials with events	# events (DPP4i)	# events (Comparator)	MH-OR [95% CI]	p	Kendall's tau	p	Forest plot
MACE	70	63	263	232	0.71[0.59;0.86]	<0.001	0.04	0.64	
AMI	62	41	61	59	0.64[0.41;0.94]	0.023	-0.13	0.27	
Stroke	63	29	41	39	0.77[0.48;1.24]	0.290	-0.24	0.14	
Mortality	53	30	50	51	0.60[0.41;0.88]	0.008	0.13	0.28	
CV Mortality	48	20	26	26	0.67[0.39;1.14]	0.140	0.05	0.76	



EXAMINE study design

**n=5,380
patients**

Patients with type 2 diabetes mellitus receiving:

- Monotherapy or combination antidiabetic therapy (with the exception of a DPP-4 inhibitor or GLP-1 analogue) before screening
- Well-defined ACS event in 15–90 days prior to randomisation

Double-blind, noninferiority trial with a prespecified noninferiority margin of 1.3 for the primary end point

Alogliptin
6.25, 12.5 or 25 mg/day plus usual care

All other diabetes therapies as per treating doctors

Placebo
plus usual care

Follow-up visits 1, 3, 6, 9 and 12 months post-randomisation during the first year of study and every 4 months after

Duration

- First unblinded analysis after 80 events[†]
- If necessary, subsequent analyses after 100, 125 and 150 events[†]
- If necessary, analyses after 600 and 650 events[‡]

Final visit

Primary endpoint

- CV death, non-fatal myocardial infarction, non-fatal stroke

*Target enrollment; [†]To rule out upper bound of CI >1.8; [‡]To rule out upper bound of CI >1.3.

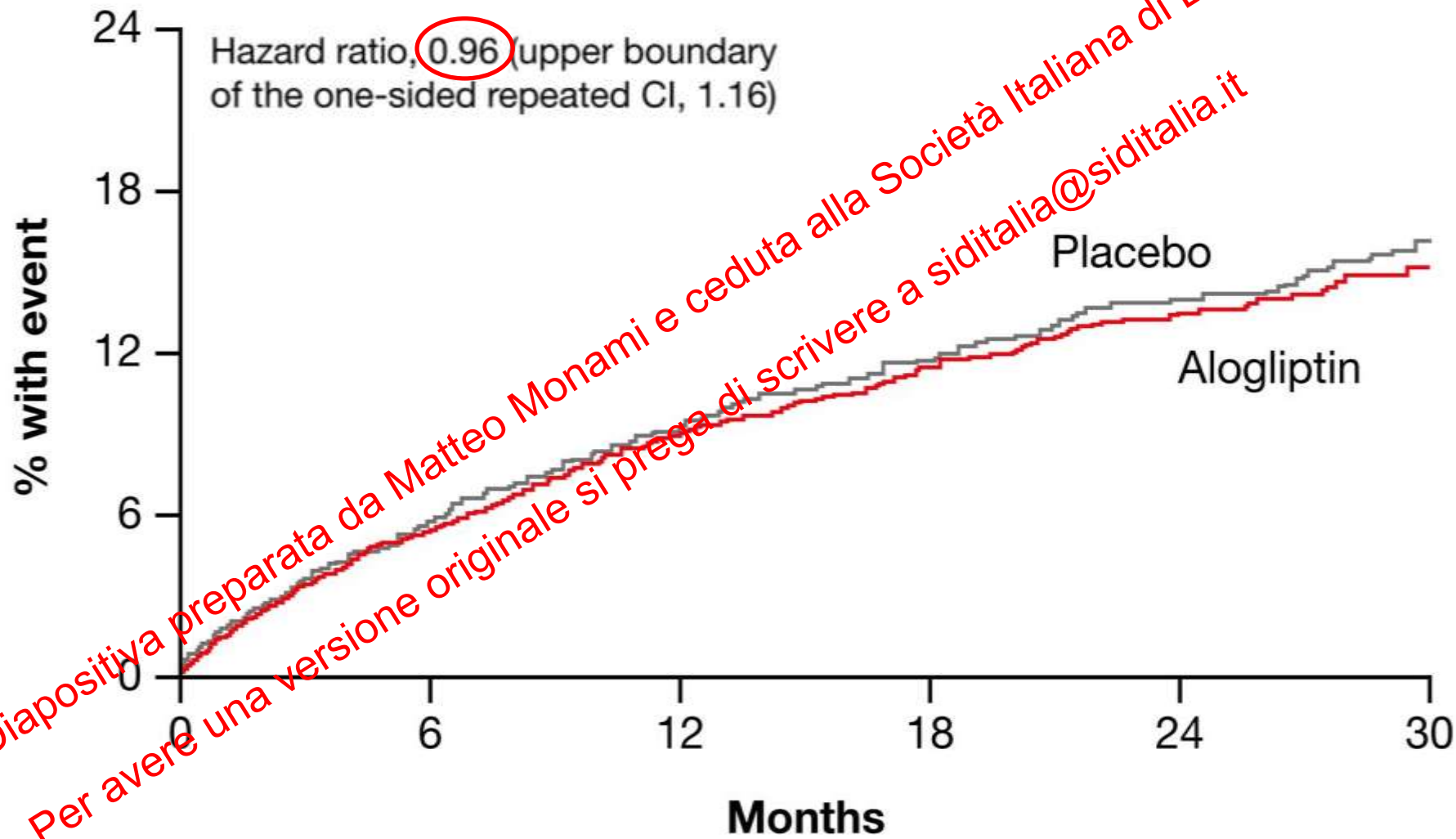
White WB, et al. *N Engl J Med* 2013;DOI: 10.1056/NEJMoa1305889; White W, et al. *Am Heart J* 2011;162:620–6.



Alogliptin after Acute Coronary Syndrome in patients with type 2 diabetes



The EXAMINE trial





SAVOR-TIMI 53 study design



**n=16,492
patients**

Documented type 2 diabetes mellitus
and established CVD (secondary prevention)
or multiple CV risk factors (primary prevention)

Randomised 1:1 double-blind
Dosing based on eGFR
All other diabetes therapy per
treating doctors

Saxagliptin
2.5 or 5 mg/day

Placebo

Duration
Event driven;
1,040 events required to power
the study

**Follow-up visits
every
6 months**

Primary endpoint
CV death, non-fatal myocardial
infarction, non-fatal ischaemic
stroke

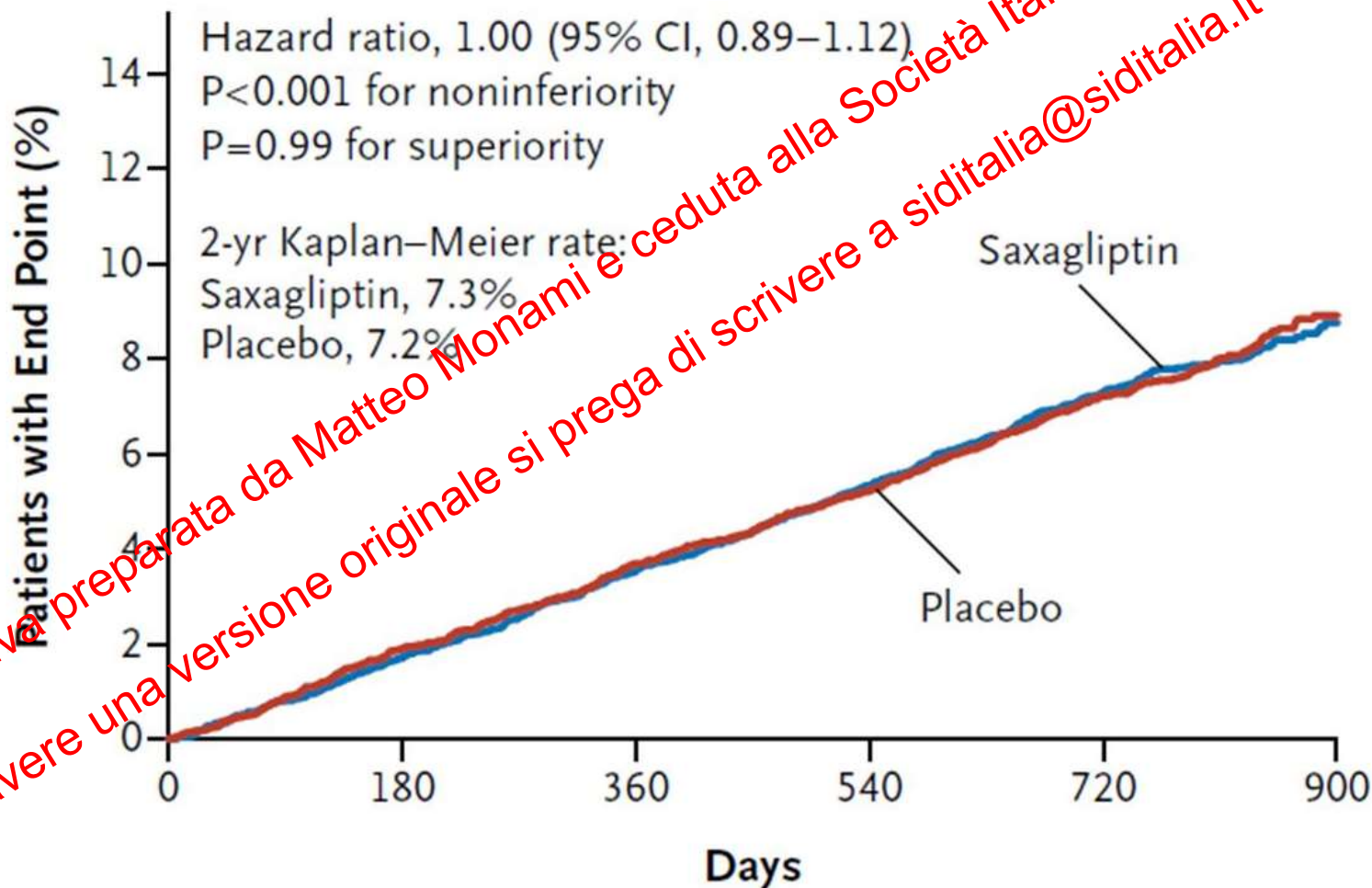
Final visit



Saxagliptin and Cardiovascular Outcomes in Patients with Type 2 Diabetes Mellitus

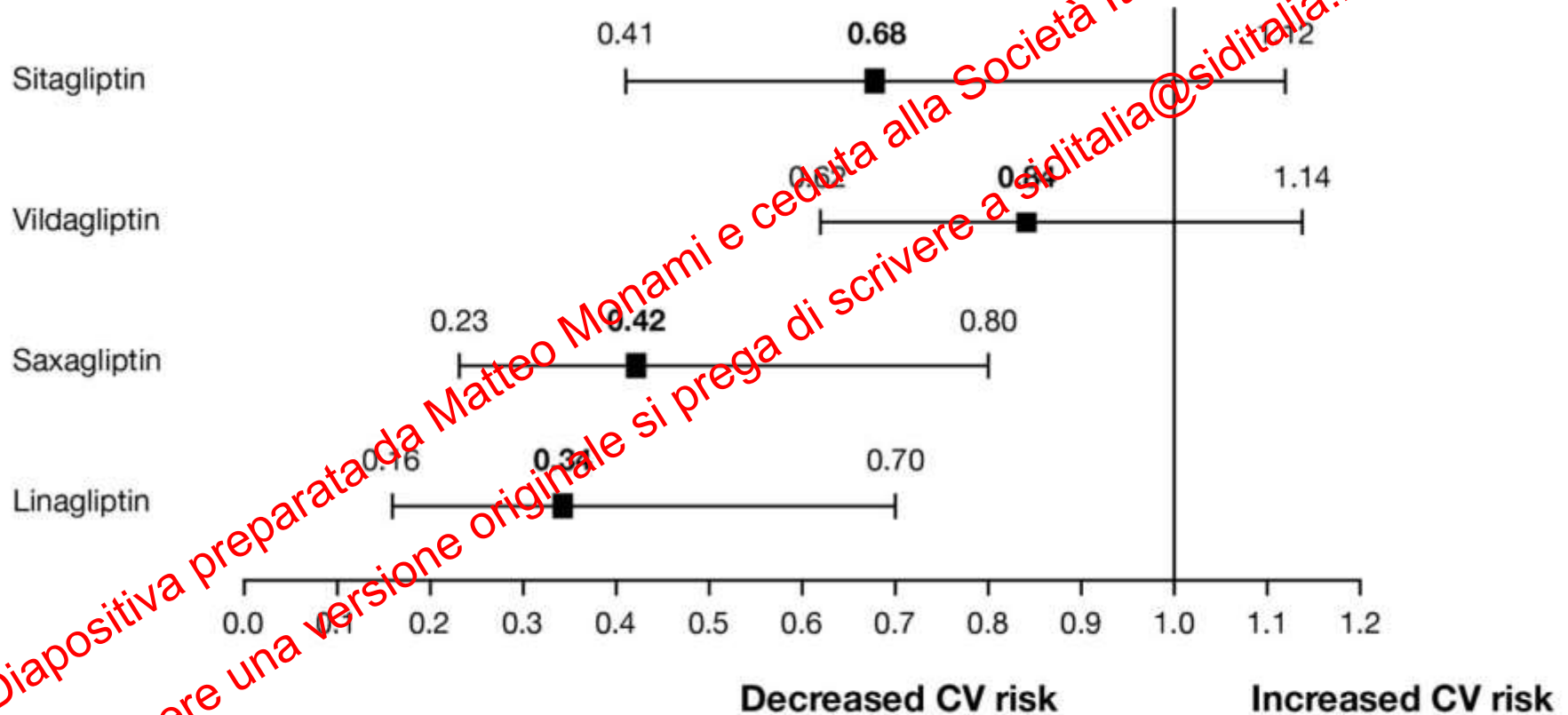


The SAVOR trial



DPP-4 inhibitors and MACE

Pooled analyses of Phase II–III trials



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Alogliptin and MACE



Results of the EXAMINE trial

Patients at a very high CV risk.....

	Placebo (N = 2679)	Alogliptin (N = 2701)
Cardiovascular risk factors and history — no. (%)		
Current smoker	383 (14.3)	351 (13.0)
Hypertension	2240 (83.6)	2229 (82.5)
Myocardial infarction§	2345 (87.5)	2389 (88.4)
Percutaneous coronary intervention§	1683 (62.8)	1689 (62.5)
Coronary-artery bypass grafting§	341 (12.7)	347 (12.8)
Congestive heart failure	744 (27.8)	757 (28.0)
Stroke	193 (7.2)	195 (7.2)
Peripheral arterial disease	252 (9.4)	262 (9.7)

....really very hard to obtain any positive results



Limitations of meta-analyses

Diagnostic criteria for the event not specified (or not specified uniformly)

No specific screening/diagnostic procedures

No adjudication of events in many studies

Missclassification of events

These three limitations can be true for MACE, but not for all-cause mortality.

1. Diagnostic criteria are universally accepted....
2. No need for screening procedures
3. There is no possibility of misclassification....dead or alive.

...the reduction of all-cause mortality observed in meta-analyses of early metabolic trials with DPP-4i is simply true!

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SAVOR-TIMI 53



Comparison with meta-analysis of early trials

	SAVOR *	Meta-analysis **
Number of patients	16,492	41,959
Number of events	1,222	495
Duration of follow-up (years)	2.1 (median)	~1.0 (mean)
→ Incidence of MACE (/100 py)	3.6	1.1
→ Mean age (years)	65	55
→ Mean duration of diabetes (years)	12	5
Mean BMI (kg/m ²)	31.1	31.1
Mean HbA _{1c} (%)	8.0	8.2
→ Insulin-treated (%)	43	<5
→ Previous CV (%)	75	~30
→ Nephropathy (%)	18	<5

* Scirica BM, et al. *N Engl J Med* 2013

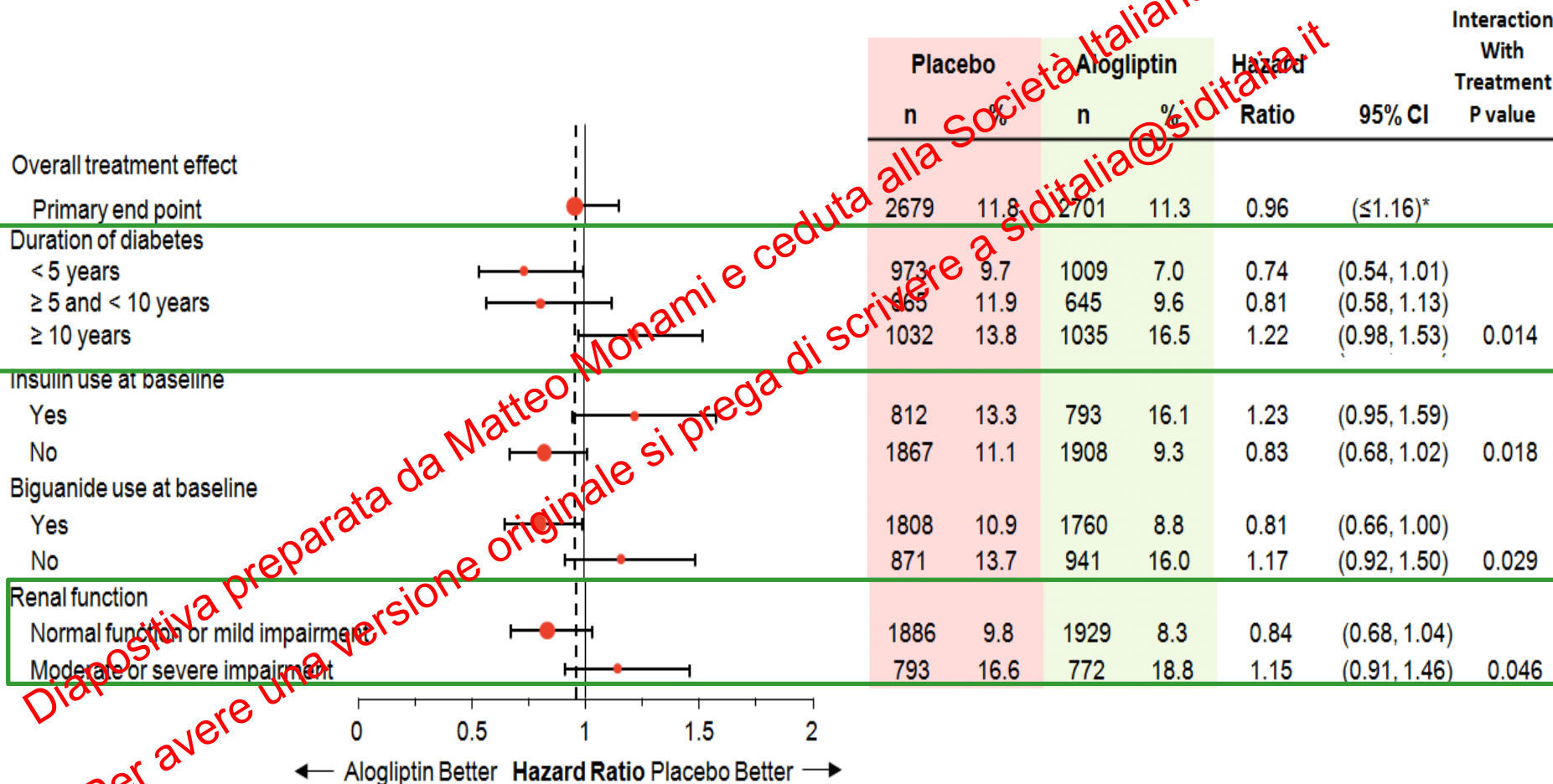
** Monami M, et al. *Diabetes Obes Metab* 2013;15:112–20.



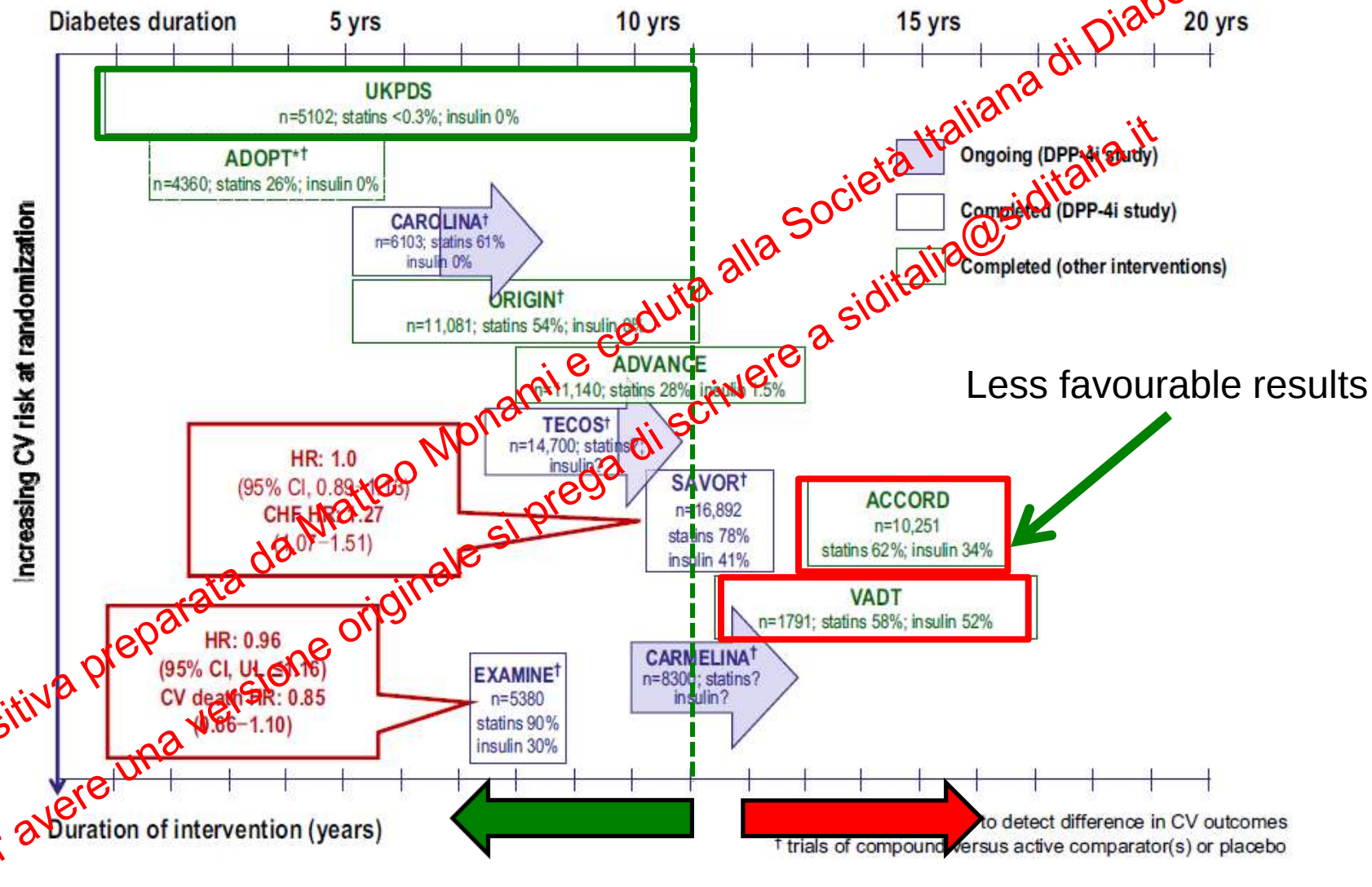
Alogliptin after Acute Coronary Syndrome in patients with type 2 diabetes



The EXAMINE trial: subgroup analyses



Recent CVOTs in context of diabetes duration, CV risk and duration of intervention





Saxagliptin and MACE

Results of the SAVOR trial: secondary endpoint

End Point	Saxagliptin (N=8280) no. (%)	Placebo (N=8211) no. (%)	Hazard Ratio (95% CI)	P Value
Cardiovascular death, myocardial infarction, or stroke: primary efficacy end point	613 (7.3)	609 (7.2)	1.00 (0.89–1.12)	0.99
Cardiovascular death, myocardial infarction, stroke, hospitalization for unstable angina, heart failure, or coronary revascularization: secondary efficacy end point	1009 (12.8)	1054 (12.4)	1.02 (0.94–1.11)	0.66
Death from any cause	420 (4.9)	378 (4.2)	1.11 (0.96–1.27)	0.15
Death from cardiovascular causes	269 (3.2)	260 (2.9)	1.03 (0.87–1.22)	0.72
Myocardial infarction	265 (3.2)	278 (3.4)	0.95 (0.80–1.12)	0.52
Ischemic stroke	157 (1.9)	141 (1.7)	1.11 (0.88–1.39)	0.38
Hospitalization for unstable angina	97 (1.2)	81 (1.0)	1.19 (0.89–1.60)	0.24
Hospitalization for heart failure	423 (5.1)	459 (5.6)	1.27 (1.07–1.51)	0.007
Hospitalization for coronary revascularization	423 (5.2)	459 (5.6)	0.91 (0.80–1.04)	0.18



Saxagliptin and heart failure



Is this a casual finding (by chance)?

Is this a drug-specific phenomenon?

Is this a class effect common to all DPP4 inhibitors?

Is this a common effect of all incretin-based therapies?

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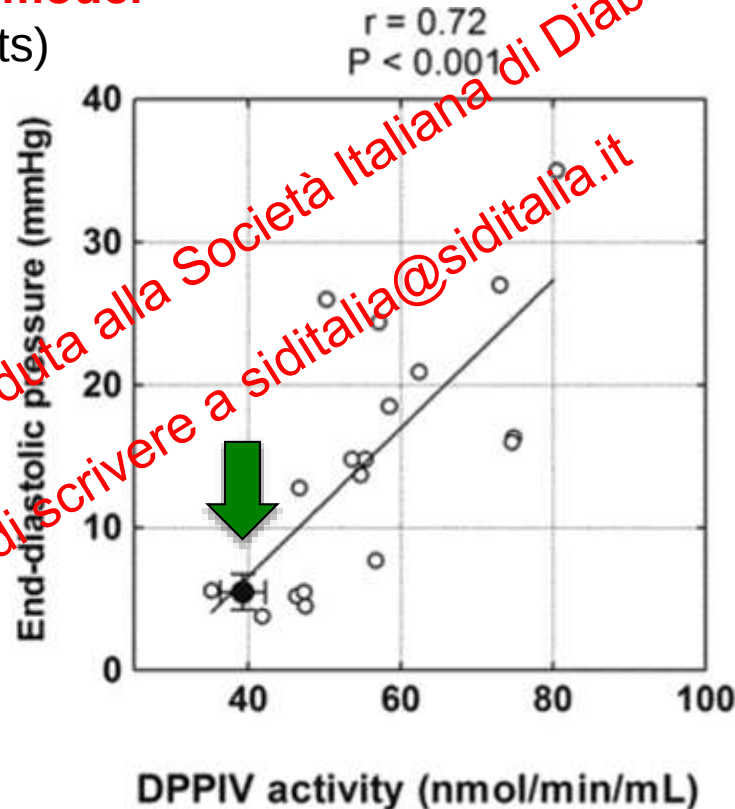
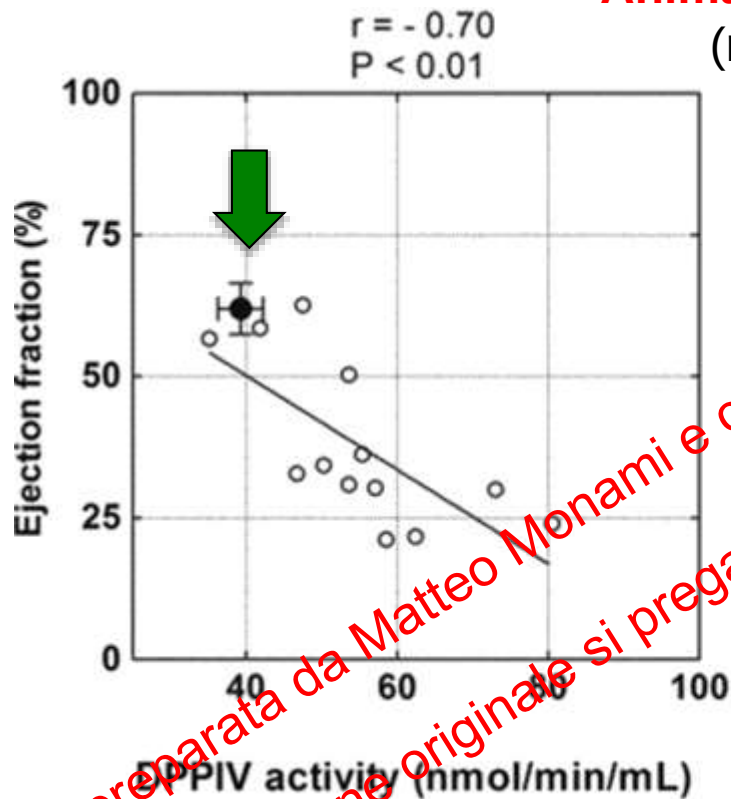


DPP-4 activity and heart failure



Animal model

(rats)

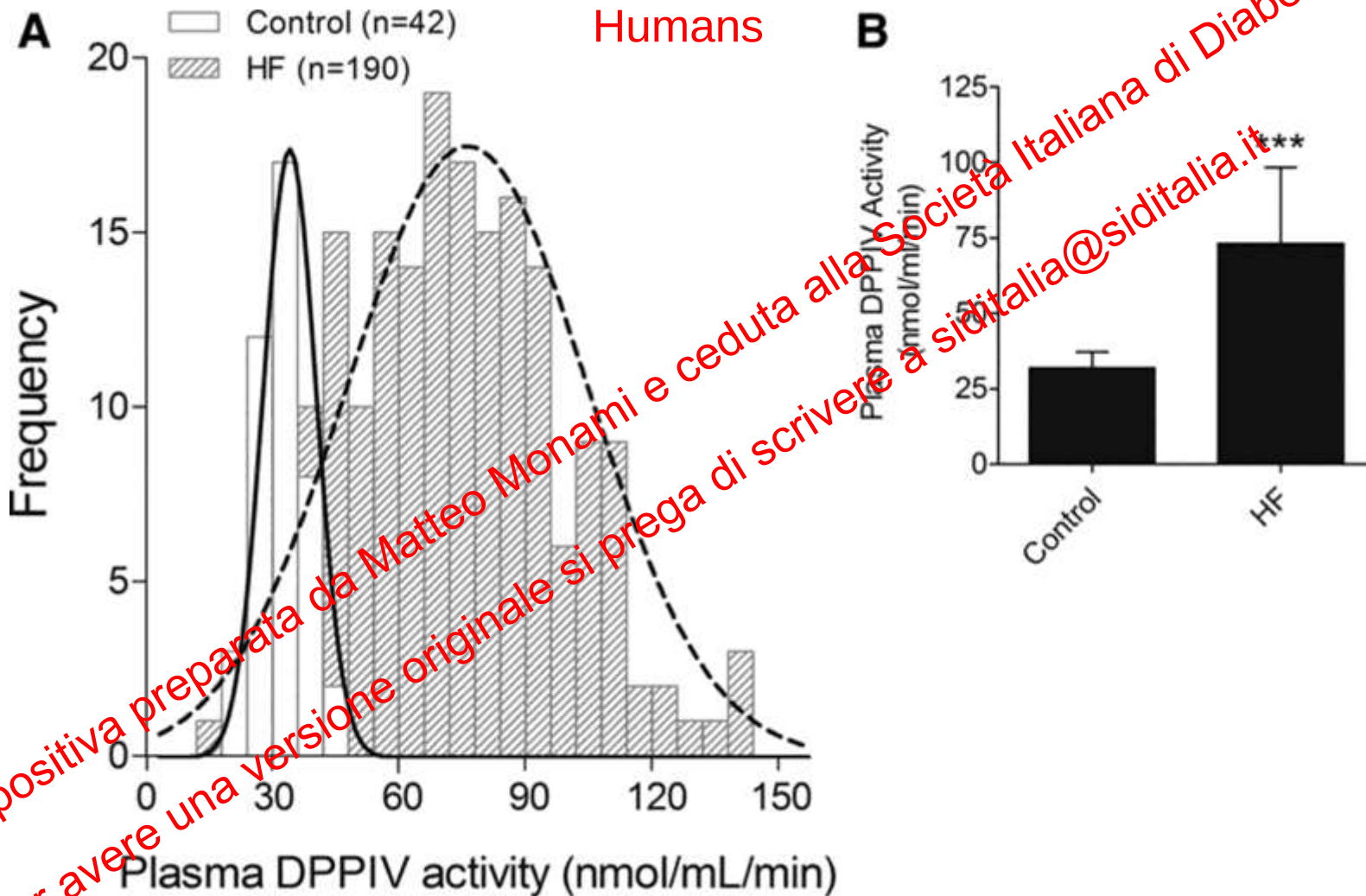


Inverse correlation between cDDP-4 activity and cardiac function

Control group



DPP-4 activity and heart failure





DPP-4 activity and heart failure



- ❖ DPP4 activity has something to do with heart failure
- ❖ The clinical impact of these findings is unknown
- ❖ It could be even possible that the increased DPP-4 activity in heart failure is a compensatory mechanism, impaired by the use of DPP-4 inhibitors.

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Saxagliptin and heart failure

Hypothetical mechanisms

Drug interaction (kinetics)

Reduced GLP-1 (9-36)

Effect of other substrates of DPP4 (BNP?)

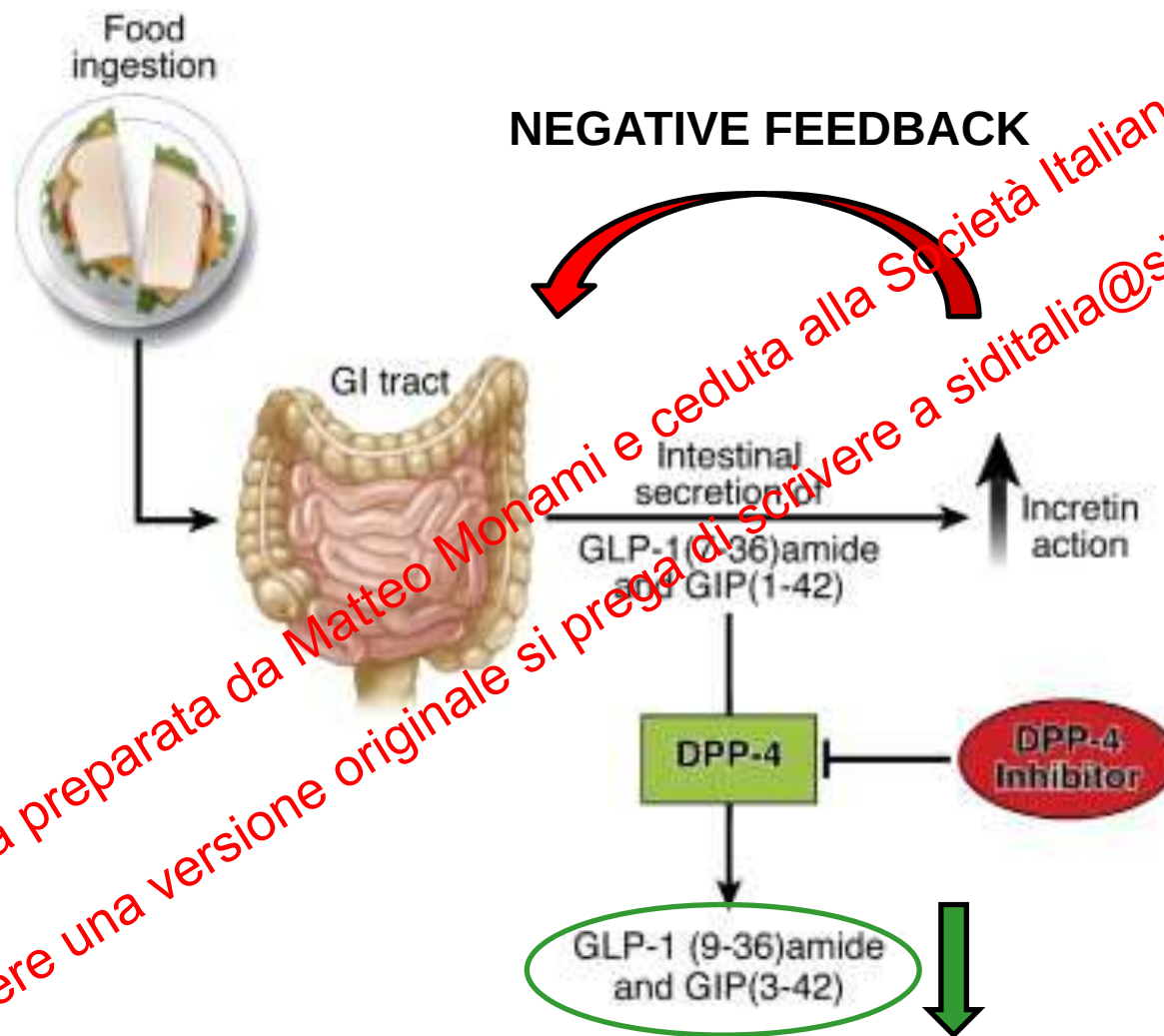
Possibility of pharmacodynamic interactions

From a mechanistic point of view, we could imagine several different mechanisms through which saxagliptin could induce an increased hospitalization for HF.

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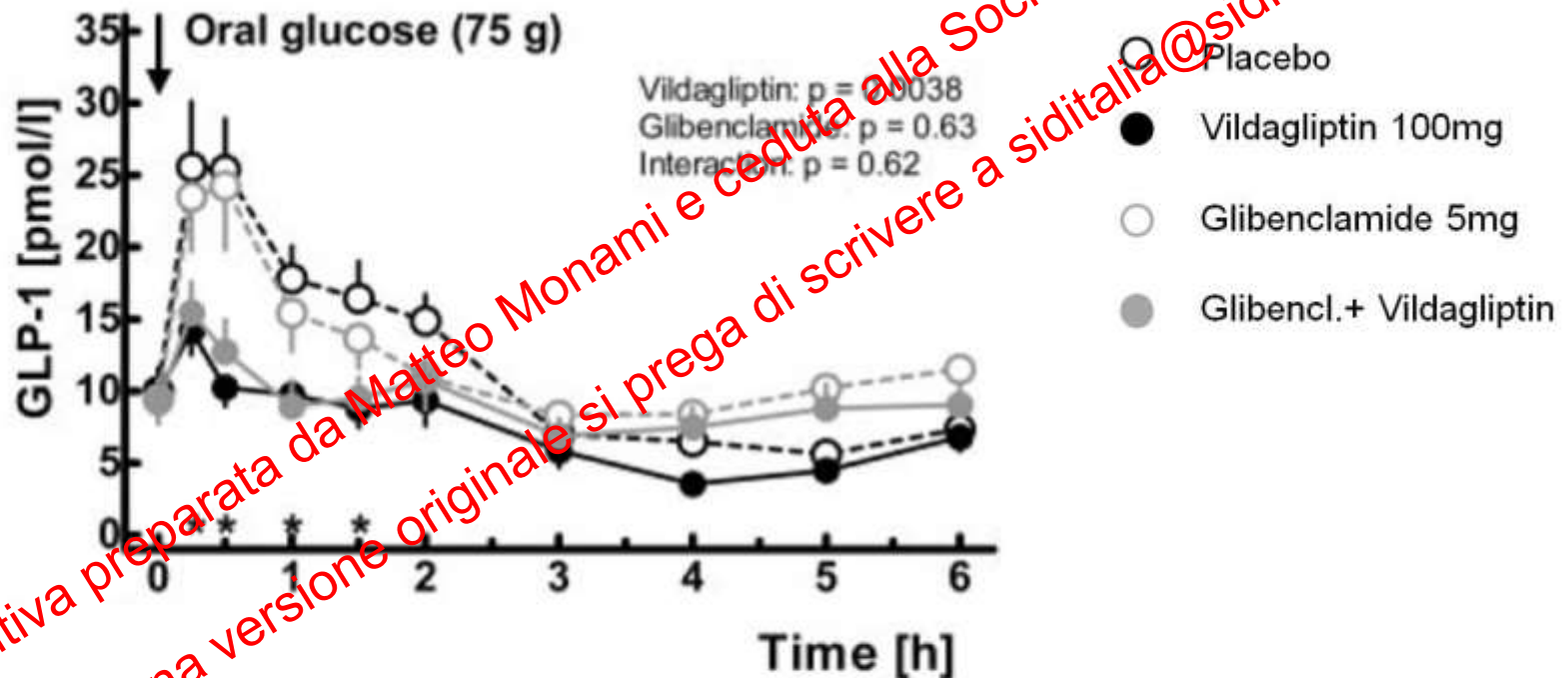
GLP-1 (7-36) and GLP-1 (9-36): effects of the inhibition of DPP-4



Adapted from: Baggio L et al., *Gastroenterology* 2007, 132:2131-2157

DPP4i and GLP-1 secretion

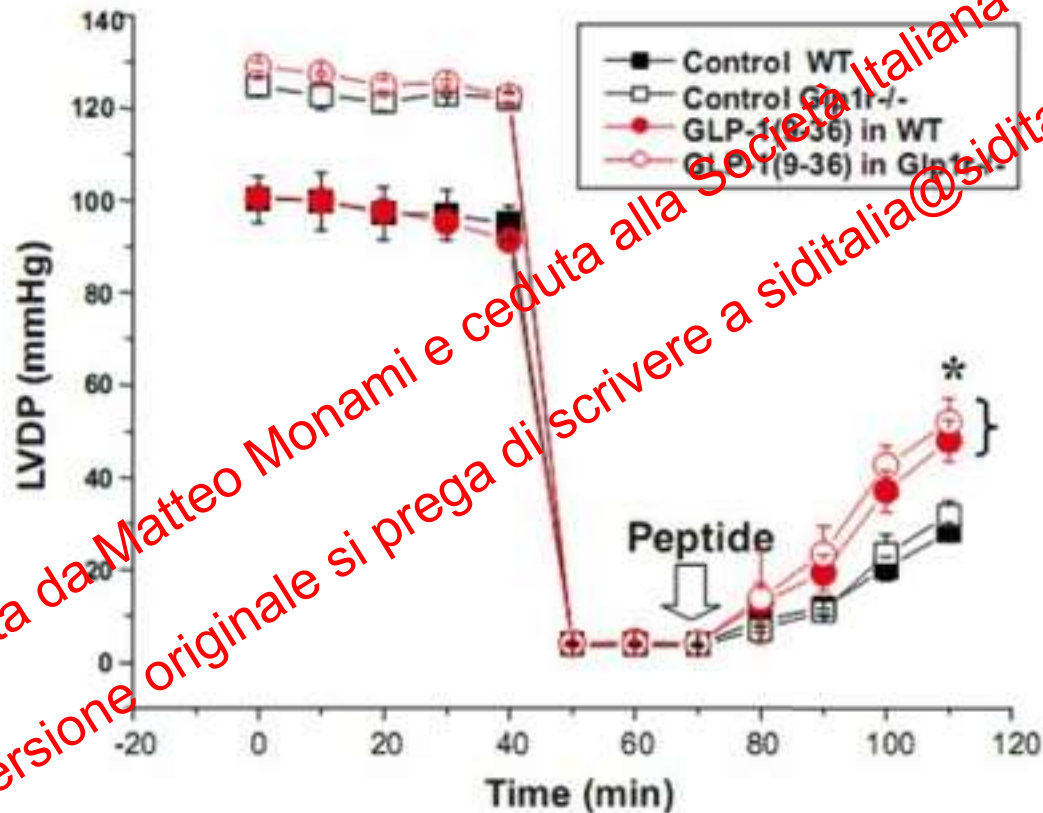
Effects of vildagliptin and glibenclamide on total GLP-1
16 healthy subjects, single-dose study



DPP-4i determines a 4-fold increase of GLP-1 (7-36), so the overall reduction of cGLP-1 levels is mainly attributable to a reduction of GLP-1 (9-36).

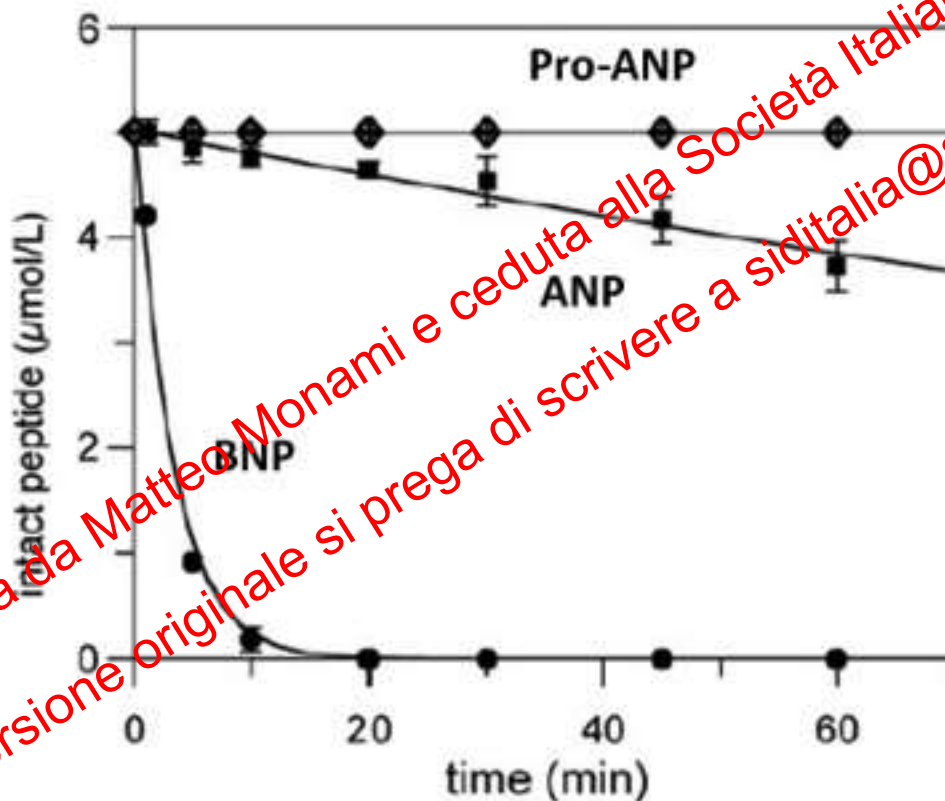
Myocardial effects of GLP-1(9-36)

Recovery after ischemia-reperfusion in rats



These favorable effects seem to be mediated by GLP1 9-36 probably through other pathways different from the traditional GLP1R

BNP as a substrate of DPP4

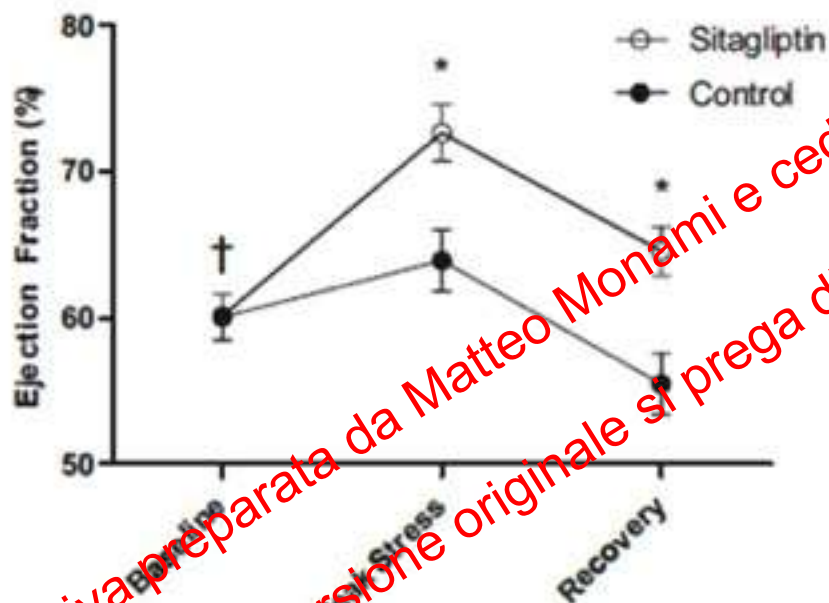




Sitagliptin and cardiac function



Results of a pilot study



N=14 non-diabetic patients with CAD (single vessel in 71%) on waiting list for CABG/PTCA.

Stress echocardiography after a single dose of sitagliptin.

Read PA, et al. Circ Cardiovasc Imaging 2010;3:195-201.



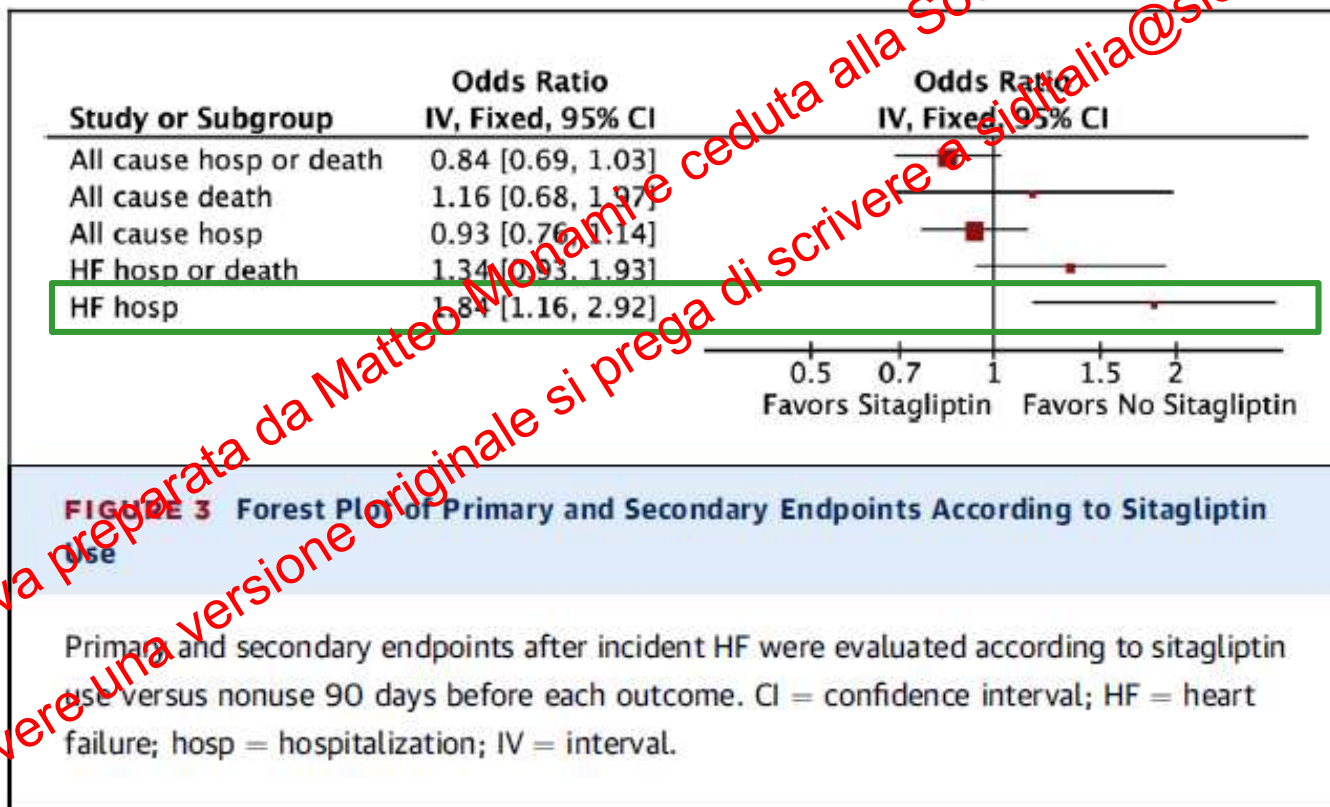
Sitagliptin Use in Patients With Diabetes and Heart Failure



7,620 patients with diabetes and incident HF

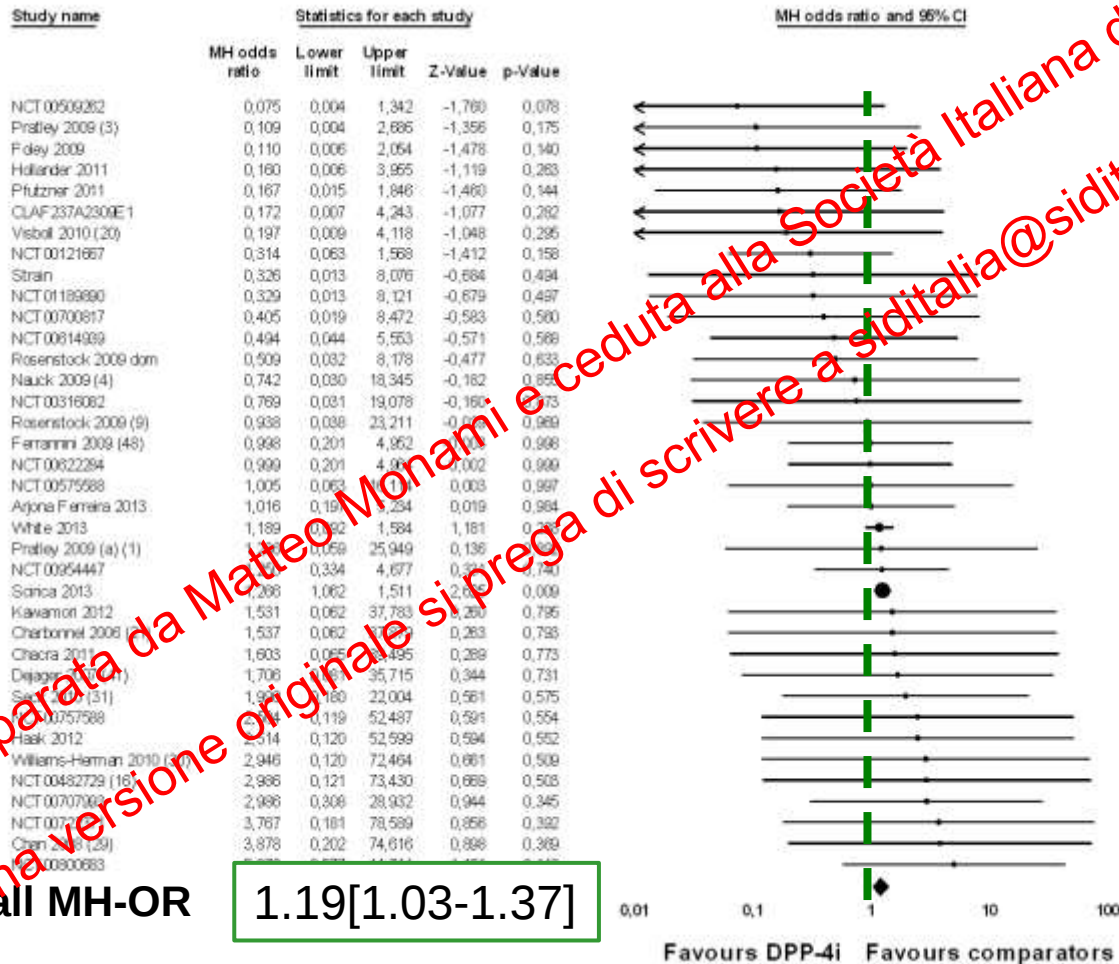
12% exposed to sitagliptin, 50% to metformin, 38% to SUs after incident HF

Primary endp.: all-cause hospital admission or death using a nested case-control analysis



DPP4i and CHF

Meta-analysis of early RCTs



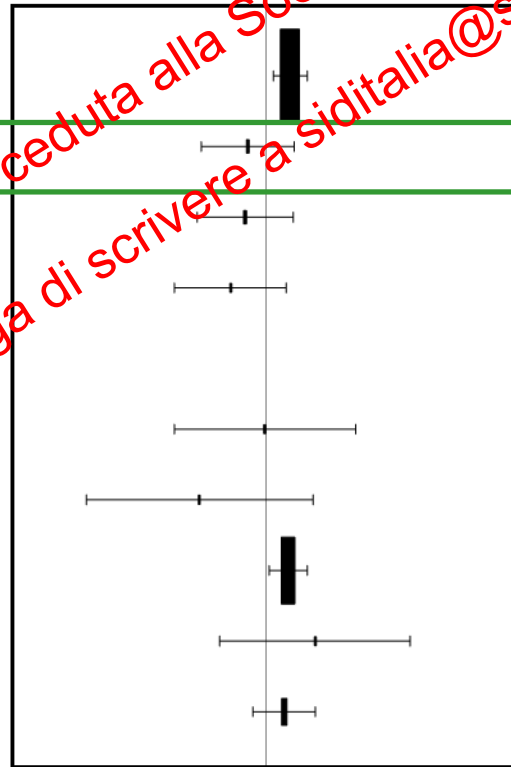
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DPP4i and CHF

Meta-analysis of early RCTs

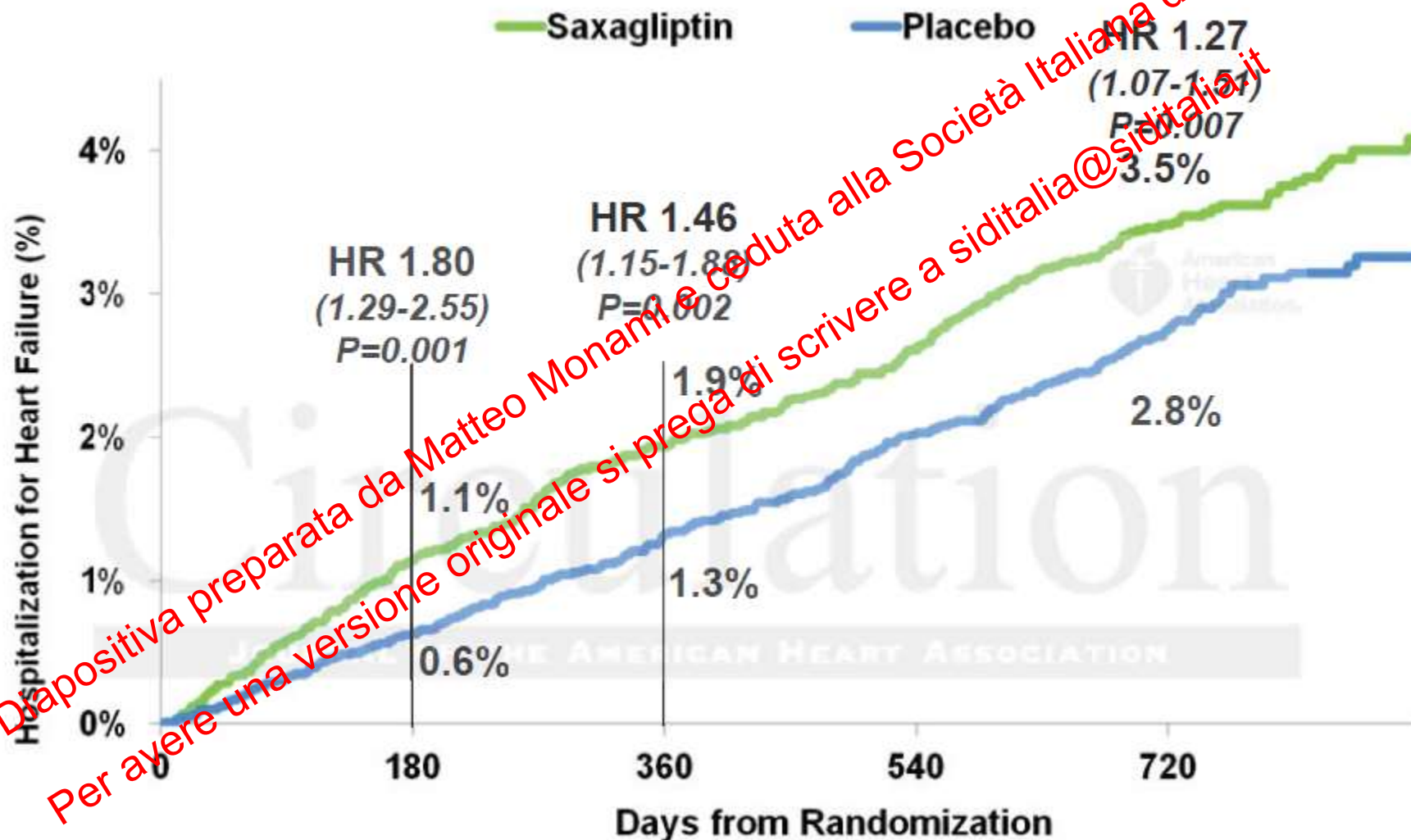
Heart failure
(n events)

	N trials	DPP4i	Comparator	0.10	1.00	100.00	MH-OR	LL	UL	p
SAVOR+EXAMINE	2	395	317				1.24	1.07	1.45	0.004
<i>Trials with non-CV end.</i>	35	53	44				0.85	0.56	1.29	0.45
<i>Excluding trials vs TZDs</i>	33	52	41				0.83	0.54	1.28	0.41
<i>Excluding trials vs TZDs/SUs</i>	26	36	18				0.73	0.44	1.20	0.22
vs other comparators										
Sitagliptin	14	14	15				0.99	0.44	2.24	0.980
Vildagliptin	6	6	10				0.55	0.20	1.53	0.25
Saxagliptin	10	300	237				1.22	1.03	1.45	0.024
Linagliptin	5	16	8				1.56	0.66	3.65	0.310
Alogliptin	5	112	91				1.18	0.89	1.56	0.250





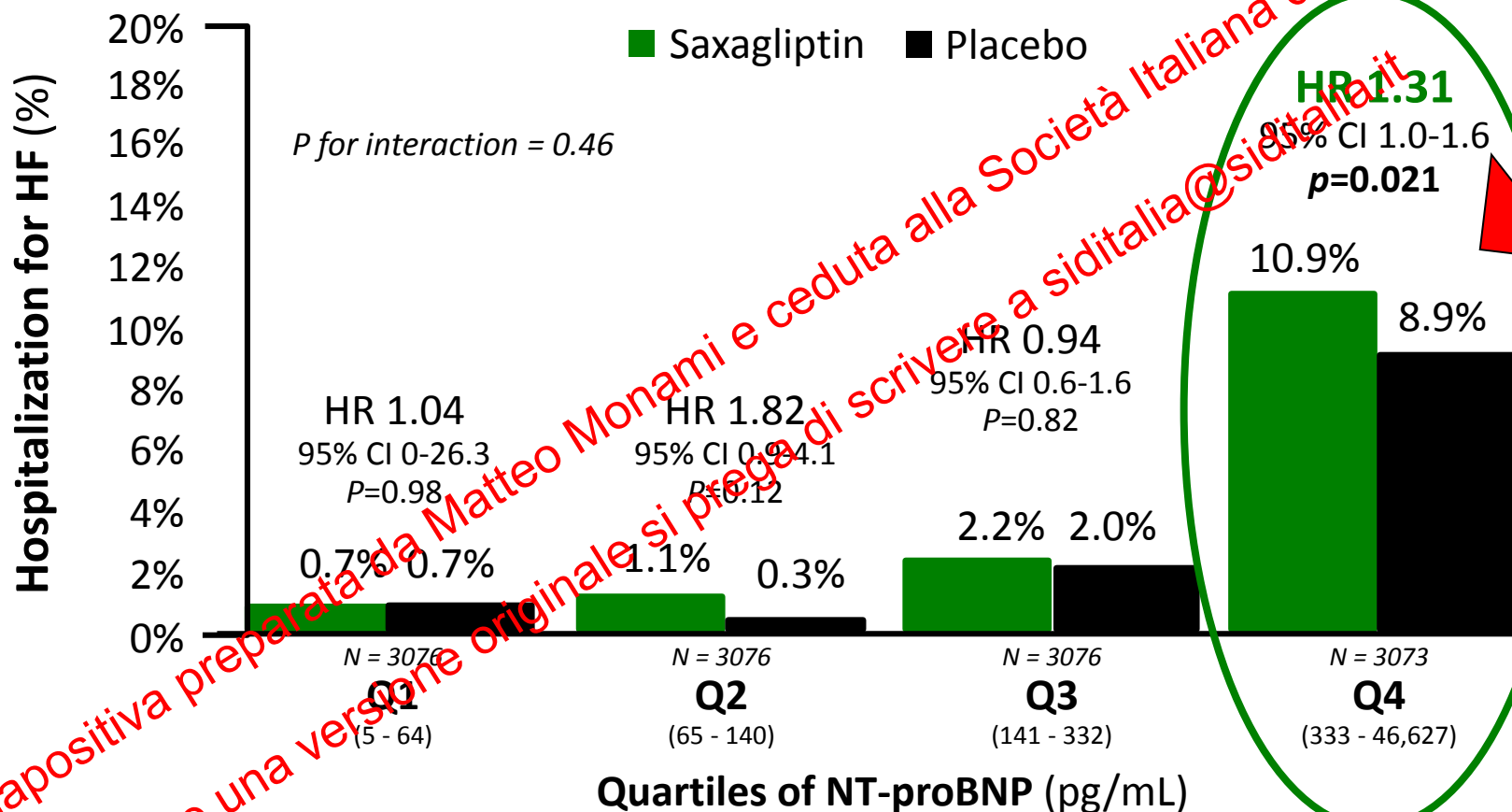
Heart failure and saxagliptin: the SAVOR trial



Scirica B et al., *Circulation* 2014, Epub-ahead of print

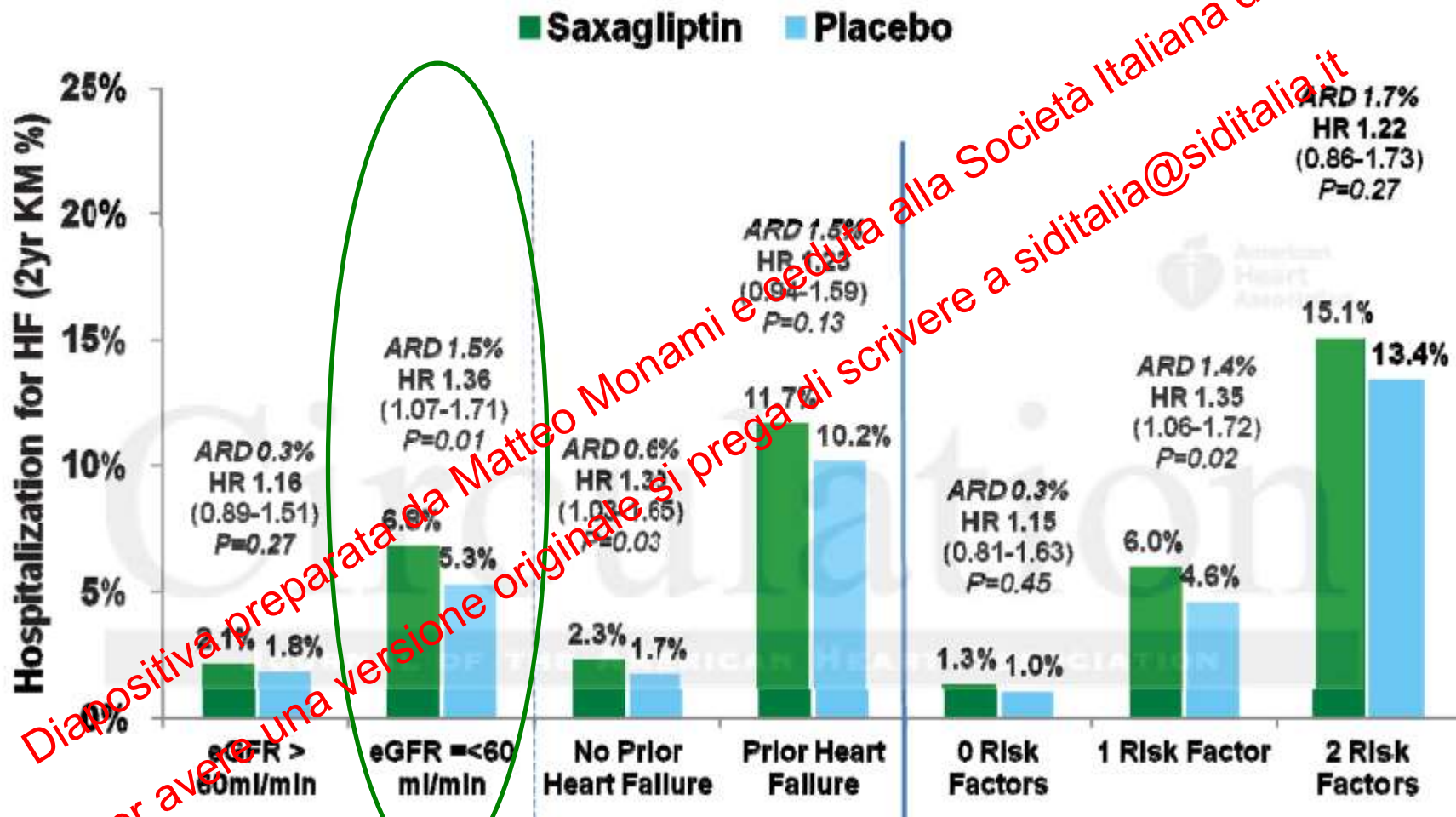


Heart failure and saxagliptin: the SAVOR trial



NT-proBNP: N-terminal pro-brain natriuretic peptide; HHF: hospitalization for heart failure

Heart failure and saxagliptin: the SAVOR trial





Microalbuminuria and saxagliptin: the SAVOR trial



Treatment difference in the number and proportions of patients with worsening, no change, or improvement in albumin/creatinine ratio, pre-specified as a shift from baseline category (<3.4, >=3.4 - <=33.9, or >33.9 mg/mmol) at 1 year, 2 year, and end of treatment.

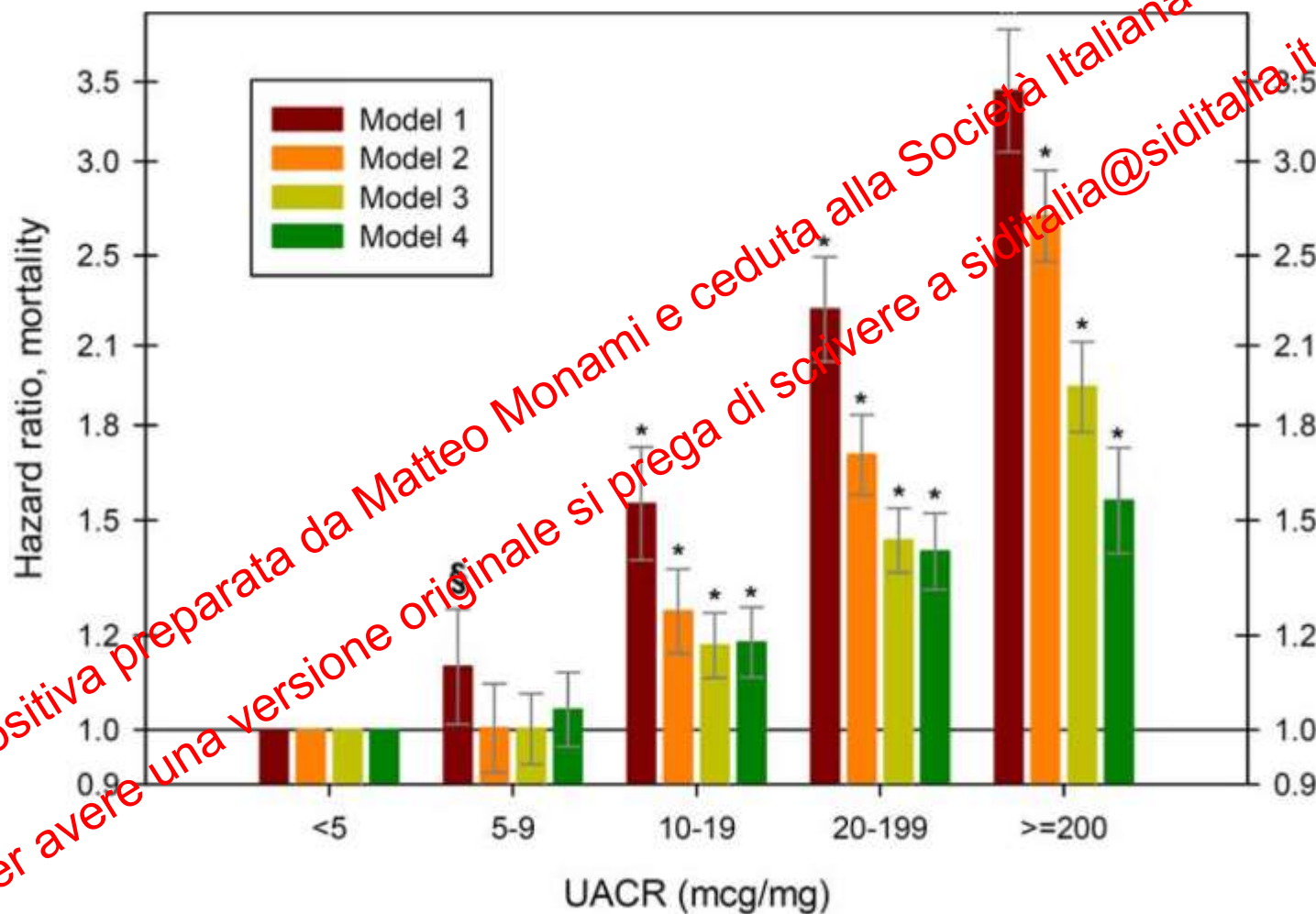
	Worsened N (%)	No change N (%)	Improved N (%)	P-value
1 year (n=13,184)				
Saxagliptin	628 (9.4%)	5244 (78.8)	782 (11.8)	<0.001
Placebo	747 (11.4)	5155 (78.9)	628 (9.6)	
2 year (n=6553)				
Saxagliptin	414 (12.4)	2550 (76.4)	372 (11.1)	0.0058
Placebo	457 (14.2)	2465 (76.6)	295 (9.2)	
End of Treatment (n=12,360)				
Saxagliptin	833 (13.3)	4762 (76.0)	670 (10.7)	<0.001
Placebo	969 (15.9)	4594 (75.4)	532 (8.7)	



Urine microalbumin-creatinine ratio (UACR) and cardiovascular mortality in the general population

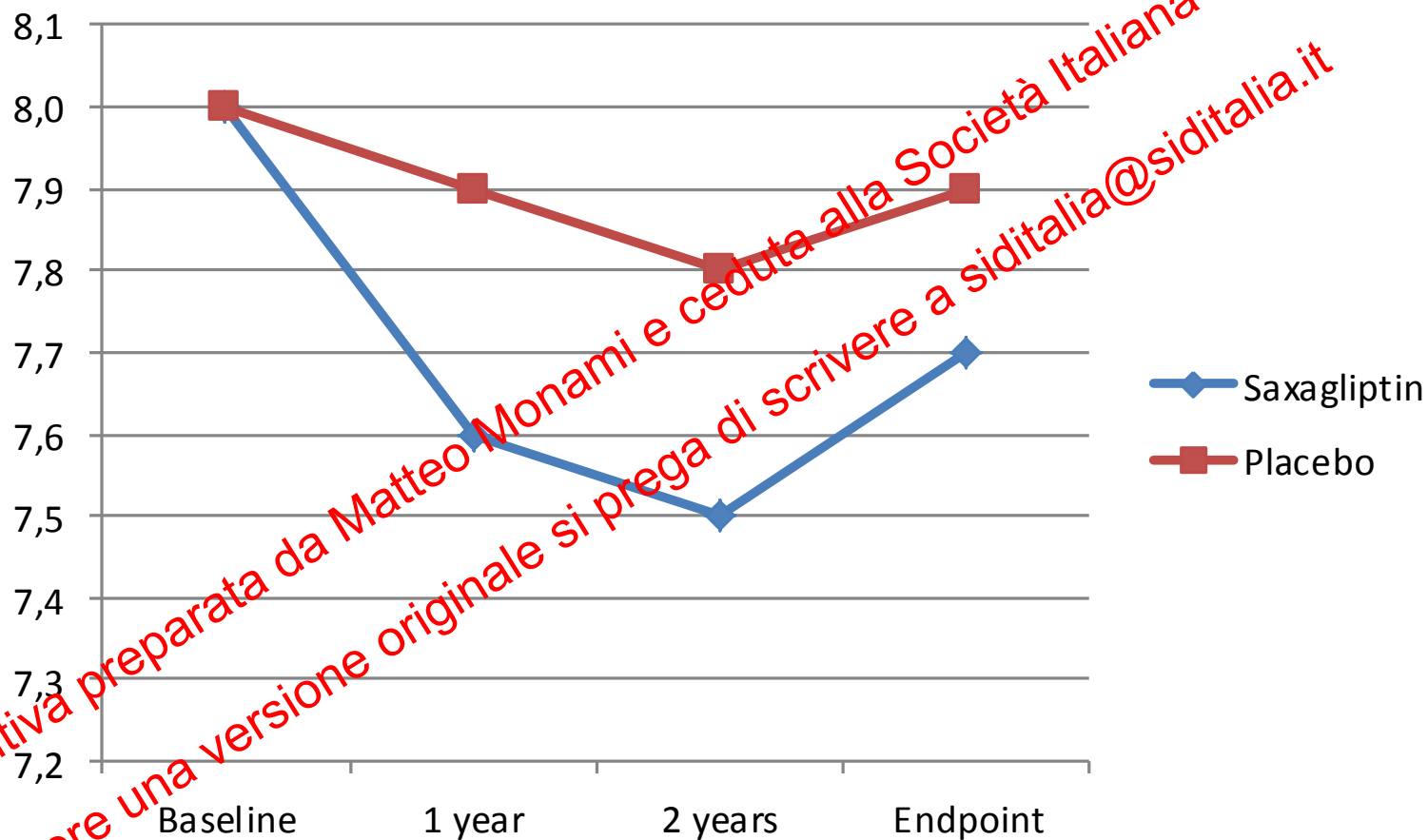


Nationally representative cohort of 298,875 US veterans





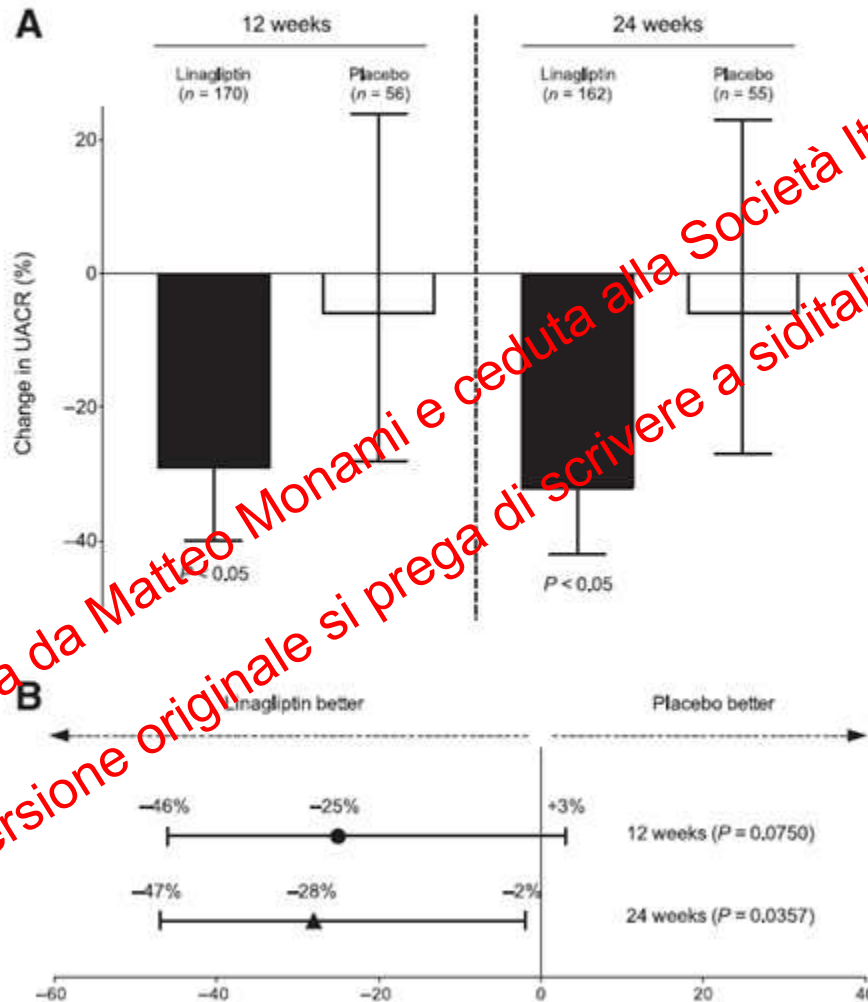
HbA1c and saxagliptin: the SAVOR trial



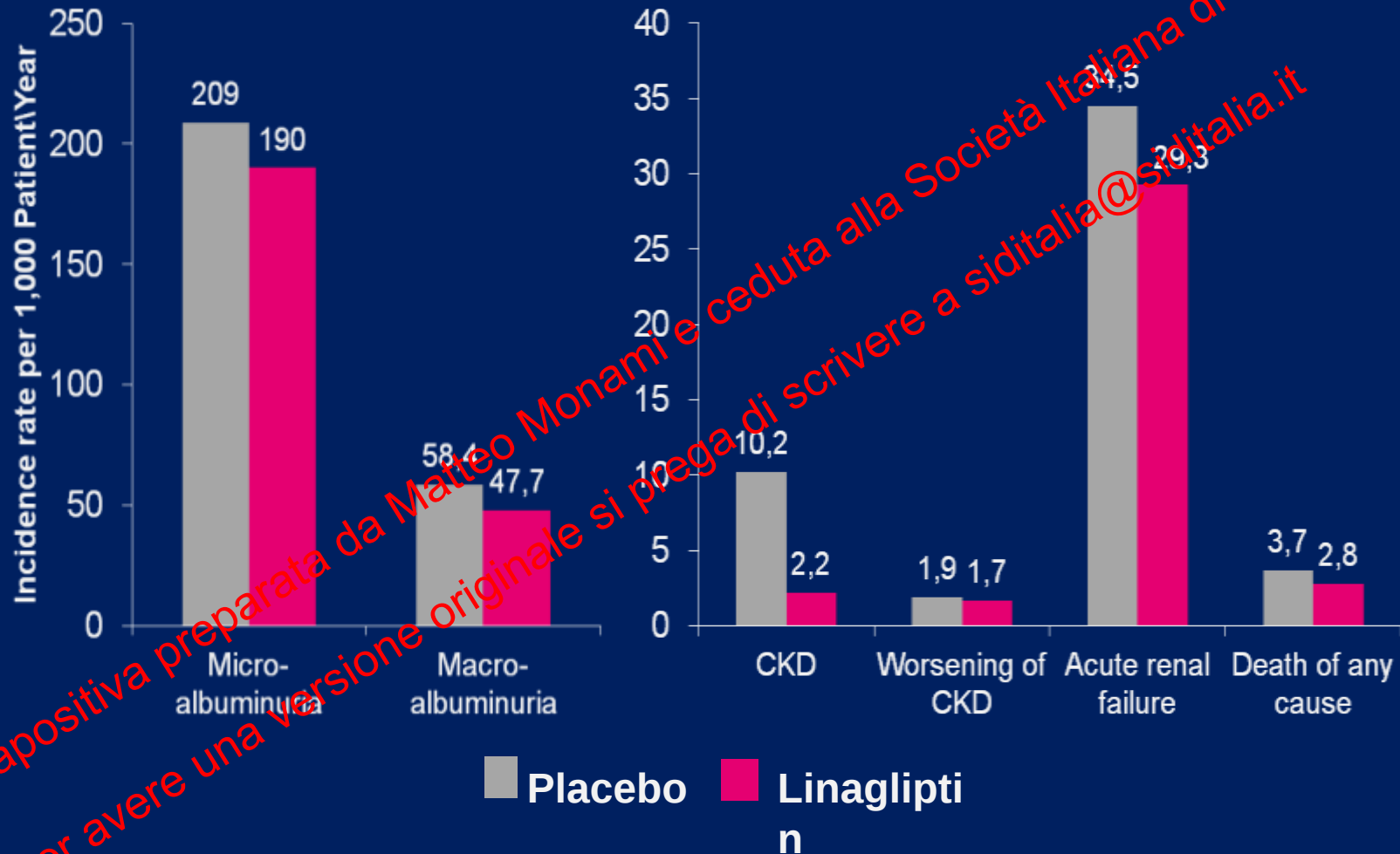
Adapted from: Scirica BM et al., *N Engl J Med* 2013; 369:1317-1326

Linagliptin and albuminuria

Pooled analysis of RCTs vs placebo



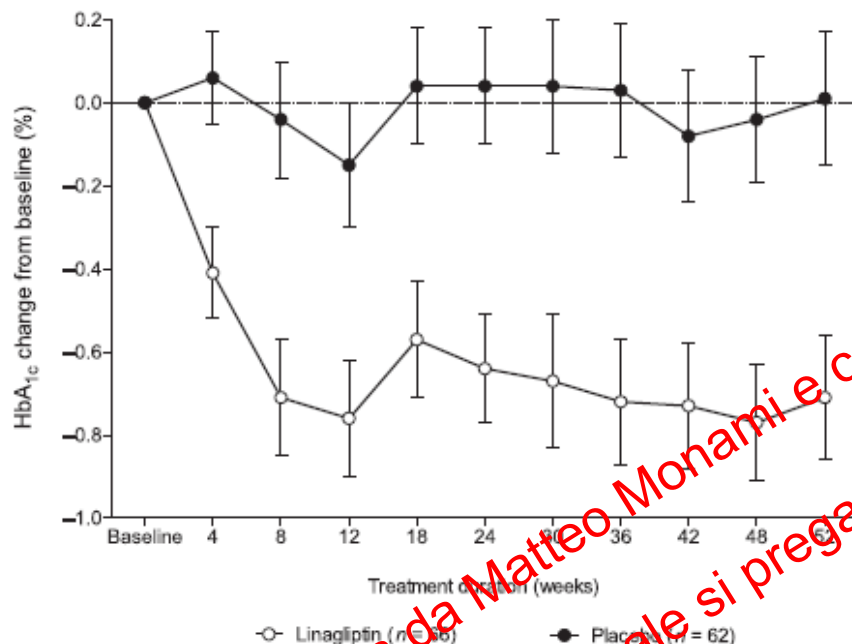
Meta-analysis suggests linagliptin is associated with fewer renal events than placebo



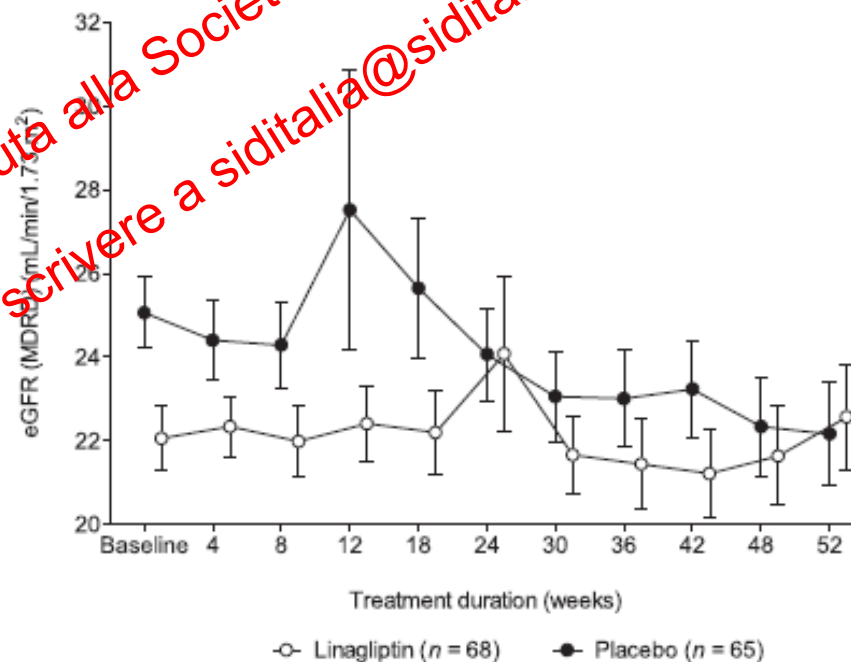
von Eynatten M, et. ASN 2012, Poster TH-PO530.

Renal insufficiency and linagliptin: Efficacy and safety

Time course of adjusted change from baseline in HbA_{1c} over 52 weeks



Time course of mean eGFR over 1 year



CONCLUSIONS

In patients with type 2 diabetes and severe RI, linagliptin provided clinically meaningful improvements in glycemic control with very low risk of severe hypoglycemia, stable body weight, and no cases of drug-related renal failure. The potential for linagliptin to spare insulin and provide long-term renal safety warrants further investigations.

will evaluate CV and renal safety of linagliptin in patients with T2DM at high CV and renal risk

Inclusion criteria:

1. T2DM with $HbA_{1c} \geq 6.5\%$ and $\leq 10.0\%$
2. Drug naïve patients or pre-treated with stable background antidiabetic medication, excluding GLP-1, DPP4is, SGLT-2is
3. High risk of CV events

Linagliptin 5 mg

versus

Placebo

N = 8,300; approx. 4-year follow-up

Primary CV endpoint: Time to first occurrence of primary composite endpoint:

1. CV death (including fatal stroke and fatal MI)
2. Nonfatal MI
3. Nonfatal stroke
4. Hospitalization for unstable angina pectoris

Renal endpoint: Time to first occurrence of the composite endpoint:

1. Renal death
2. Sustained ESRD
3. Sustained decrease of $\geq 50\%$ eGFR

will evaluate change from baseline in HbA_{1c} (primary) and in albuminuria with linagliptin in patients with T2DM with renal disease

Inclusion if all of the following are fulfilled:

1. Current therapy with ACEi or ARB at stable dose for 12 weeks
2. UACR 30–3,000 mg/g documented in the previous 12 months
3. eGFR > 30 mL/min

Linagliptin 5 mg

versus

Placebo

N = 404; treatment period 24 weeks

Outcome measures

1. Change from baseline in HbA_{1c} at Week 24
2. Time weighted average of percentage change from baseline in UACR at Week 24

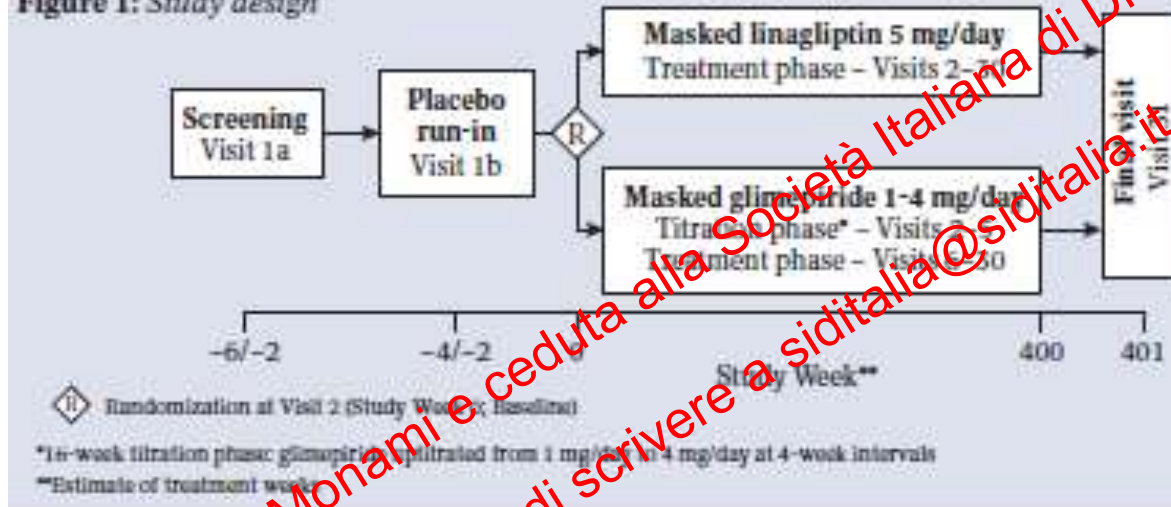
Rationale and Design of the CAROLINA Trial: An Active Comparator CARdiOvascular Outcome Study of the DPP-4 Inhibitor LINagliptin in Patients With Type 2 Diabetes at High Cardiovascular Risk

Julio Rosenstock¹, Nikolaus Marx², Steven E. Kahn³, Bernard Zinman⁴, John J. Kastelein⁵, John Lachin⁶, Erich Bluhmke⁷, Arno Schlosser⁸, Dietmar Neubacher⁹, Sanjay Patel⁹, Odd Erik Johansen¹⁰, Hans-Jürgen Woerle¹¹
¹Dallas Diabetes and Endocrine Center at Medical City, Dallas, TX, USA; ²Department of Internal Medicine, University Hospital Aachen, Aachen, Germany; ³Department of Medicine, University of Washington, Seattle, WA, USA; ⁴Mount Sinai Hospital, University of Toronto, Toronto, Canada; ⁵Department of Vascular Medicine, University of Amsterdam, Amsterdam, The Netherlands; ⁶Biostatistics Center, George Washington University, Rockville, MD, USA; ⁷Boehringer Ingelheim, Biberach, Germany; ⁸Boehringer Ingelheim, Alkmaar, The Netherlands; ⁹Boehringer Ingelheim, Bracknell, UK; ¹⁰Boehringer Ingelheim, Asker, Norway; ¹¹Boehringer Ingelheim, Ingelheim, Germany

CAROLINA

NCT01243424

Figure 1: Study design



STUDY OBJECTIVES

Primary Outcomes

- The time to the first occurrence of any of the following components of the MACE composite outcome:
 - CV death
 - Non-fatal myocardial infarction (MI)
 - Non-fatal stroke
 - Hospitalization for unstable angina pectoris

Patient Recruitment and Eligibility

- Approximately 700 trial centers in 45 countries will participate to ensure that at least 6000 patients are randomized
- Patients with T2DM without optimal glycemic control and at high risk of CV events will be enrolled

Recent CVOTs in context of diabetes duration, CV risk and duration of intervention

