

La Terapia con SGLT-2-i

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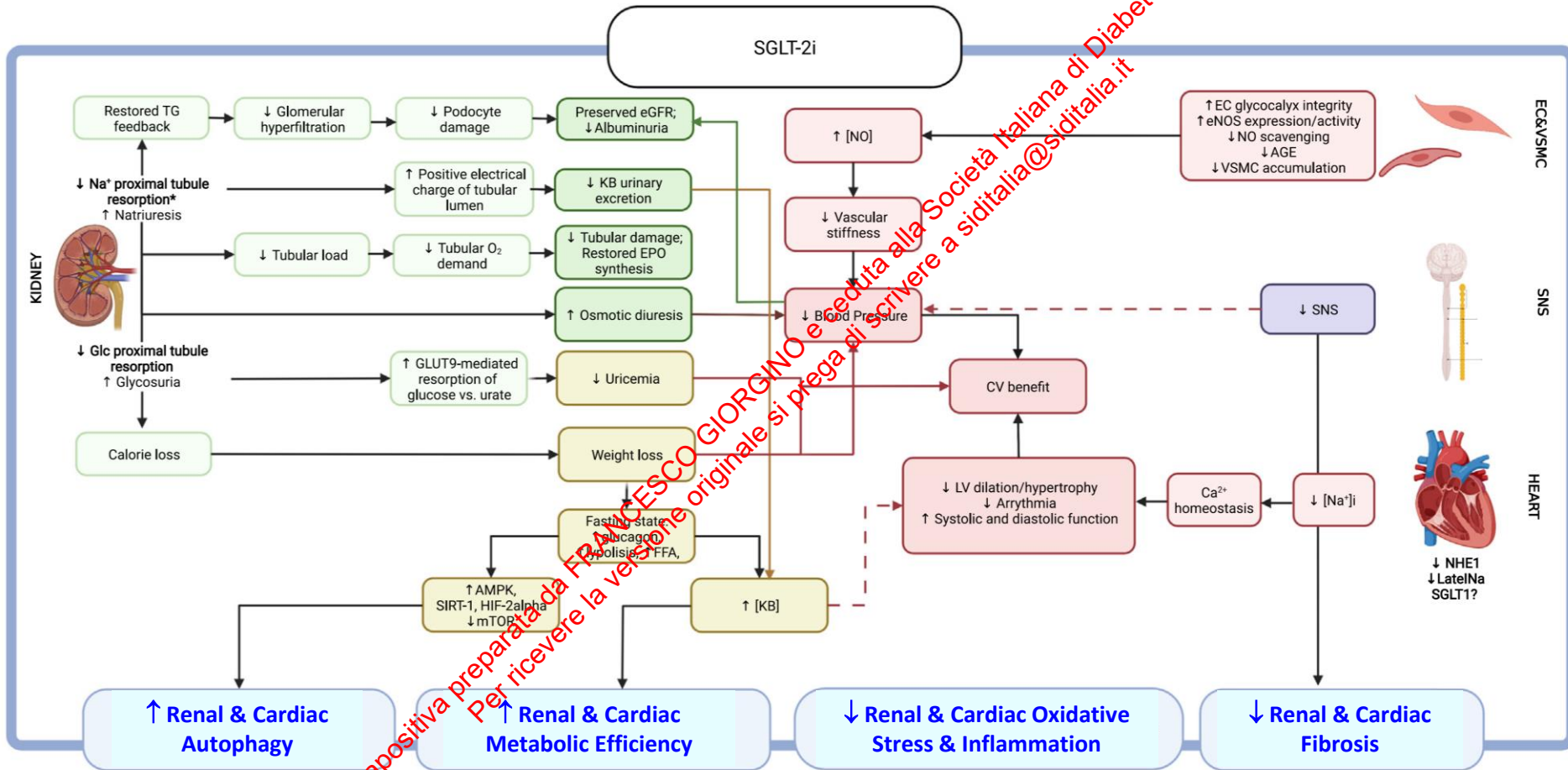
UNIVERSITÀ
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Diapositiva preparata da FRANCESCO GIORGINO e ceduta alla Società Italiana di Diabetologia.
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Disclosures

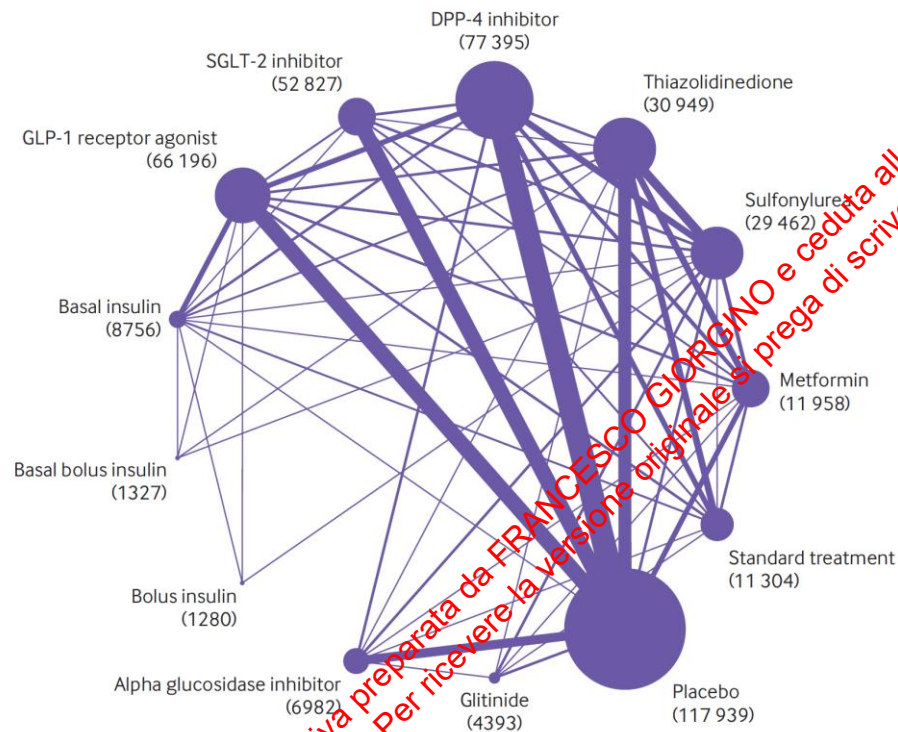
- **Advisory Boards:** AstraZeneca, Boehringer-Ingelheim, Eli Lilly, Lifescan, Merck Sharp & Dohme, Medimmune, Medtronic, NovoNordisk, Roche Diabetes Care, Sanofi
- **Other Boards:** European Association for the Study of Diabetes (EASD)/European Foundation for the Study of Diabetes (EFSD)
- **Consultant:** Eli Lilly, NovoNordisk
- **Lectures, presentations, or educational events:** AstraZeneca, Boehringer-Ingelheim, Eli Lilly, Lifescan, Merck Sharp & Dohme, Medtronic, NovoNordisk, Roche Diabetes Care, Sanofi
- **Research Support:** Eli Lilly, Roche Diabetes Care
- **Receipt of Medical Writing or Support for Statistical Analysis:** AstraZeneca, Eli Lilly, NovoNordisk, Roche Diabetes Care, Sanofi

SGLT-2 Inhibitors as Cardio-renal Protective Agents



*Mediated by both SGLT-2 and NHE3 inhibition

SGLT-2 Inhibitors and GLP-1 RA for Type 2 Diabetes: Systematic Review and Network Meta-analysis of Randomised Controlled Trials



Varying levels of cardiovascular and kidney disease risk

1. **very low risk:** no CV risk factors
2. **low risk:** ≥ 3 CV risk factors
3. **moderate risk:** CVD
4. **high risk:** CKD
5. **very high risk:** CVD and CKD

SGLT-2i vs. Placebo

Table 1 | Summary of anticipated absolute differences comparing sodium-glucose cotransporter-2 inhibitor treatment with placebo treatment per 1000 patients with diabetes type 2 and with very low to very high cardiovascular risk, treated for five years

Risk*	All cause mortality	Cardiovascular mortality	Non-fatal myocardial infarction	Non-fatal stroke	Kidney failure	Hospital admission for heart failure	Diabetic ketoacidosis	Genital infection	Body weight
Very low	3 fewer (4 fewer to 2 fewer) ⊕⊕⊕	2 fewer (3 fewer to 1 fewer) ⊕⊕⊕	4 fewer (6 fewer to 1 fewer) ⊕⊕⊕	0 more (3 fewer to 4 more) ⊕⊕⊕	1 fewer (1 fewer to 0) ⊕⊕⊕	2 fewer (3 fewer to 1 fewer) ⊕⊕⊕			
Low	10 fewer (15 fewer to 6 fewer) ⊕⊕⊕⊕	7 fewer (11 fewer to 4 fewer) ⊕⊕⊕⊕	7 fewer (12 fewer to 2 fewer) ⊕⊕⊕⊕	1 more (6 fewer to 8 more) ⊕⊕⊕⊕	3 fewer (4 fewer to 1 fewer) ⊕⊕⊕⊕	9 fewer (11 fewer to 7 fewer) ⊕⊕⊕⊕			
Moderate	18 fewer (25 fewer to 10 fewer) ⊕⊕⊕⊕	12 fewer (18 fewer to 6 fewer) ⊕⊕⊕⊕	13 fewer (21 fewer to 3 fewer) ⊕⊕⊕⊕	1 more (11 fewer to 13 more) ⊕⊕⊕⊕	6 fewer (9 fewer to 2 fewer) ⊕⊕⊕⊕	23 fewer (28 fewer to 17 fewer) ⊕⊕⊕⊕	0 (1 fewer to 2 more) ⊕⊕⊕	143 more (119 more to 170 more) ⊕⊕⊕⊕	1.92 kg lower (2.23 lower to 1.62 lower) over 6 months ⊕⊕
High	26 fewer (36 fewer to 14 fewer) ⊕⊕⊕⊕	16 fewer (25 fewer to 8 fewer) ⊕⊕⊕⊕	14 fewer (23 fewer to 3 fewer) ⊕⊕⊕⊕	1 more (12 fewer to 15 more) ⊕⊕⊕⊕	25 fewer (37 fewer to 9 fewer) ⊕⊕⊕⊕	29 fewer (36 fewer to 22 fewer) ⊕⊕⊕⊕			
Very high	40 fewer (56 fewer to 21 fewer) ⊕⊕⊕⊕	24 fewer (36 fewer to 12 fewer) ⊕⊕⊕⊕	21 fewer (34 fewer to 5 fewer) ⊕⊕⊕⊕	2 more (17 fewer to 21 more) ⊕⊕⊕⊕	38 fewer (58 fewer to 14 fewer) ⊕⊕⊕⊕	58 fewer (73 fewer to 44 fewer) ⊕⊕⊕⊕			

*Risk categories represent the following patient populations: very low=no or less than three cardiovascular risk factors; low=three or more cardiovascular risk factors; moderate=cardiovascular disease; high=chronic kidney disease (reduced glomerular filtration rate or macroalbuminuria); very high=cardiovascular disease and chronic kidney disease. Certainty of the evidence for each estimate is shown: high certainty ⊕⊕⊕⊕; moderate certainty ⊕⊕⊕; low certainty ⊕⊕; very low certainty ⊕.

ORIGINAL ARTICLE

WILEY

Lower risk of death and cardiovascular events in patients with diabetes initiating glucagon-like peptide-1 receptor agonists or sodium-glucose cotransporter 2 inhibitors: A real-world study in two Italian cohorts

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Pierluca Colacioppo MSc¹ | Fabio Robusto MD³ | Mauro Tettamanti MSc⁵ |
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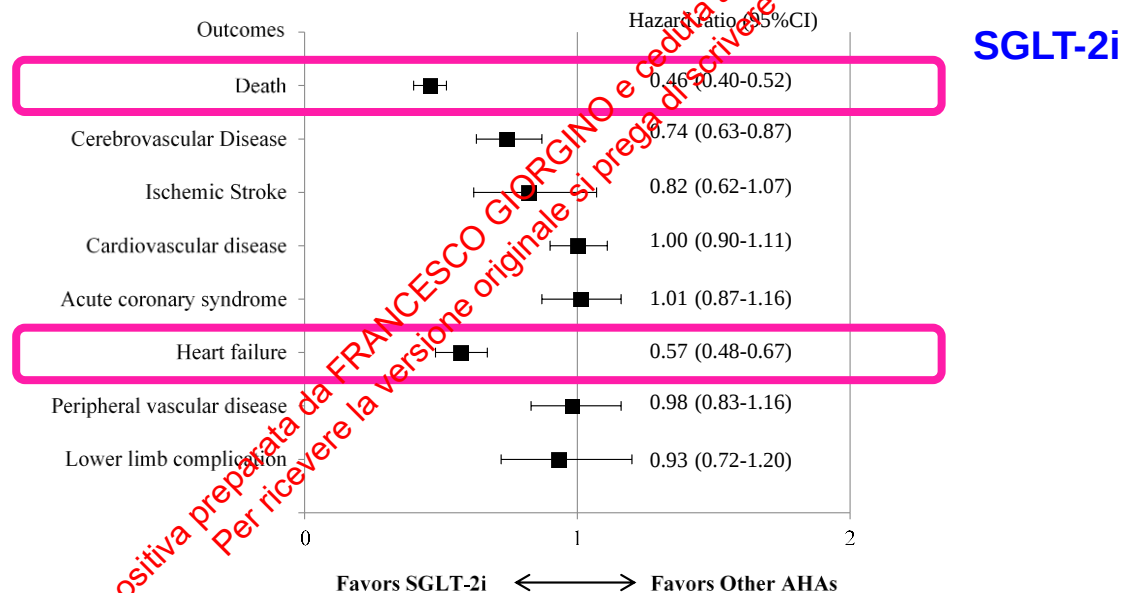
Pooled Risk of Death and Clinical Events in Matched Populations According to Treatment Status in the Lombardy and Apulia Regions, from 2010 to 2018

L SGLT-2i (N=11,683)

A SGLT-2i (N=6,046)

Other AHAs (N=11,683)

Other AHAs (N=6,046)



SGLT2 inhibitors

↓ MACEs

↓ CV mortality

↓ Total mortality

↓ Heart failure

↓ CKD

↓ NAFLD

Benefits

Risks

Genital infections (x 3-6)

UTIs (marginal, x 1-1.5)

Volume depletion (rare)

AKI (rare, if precipitants)

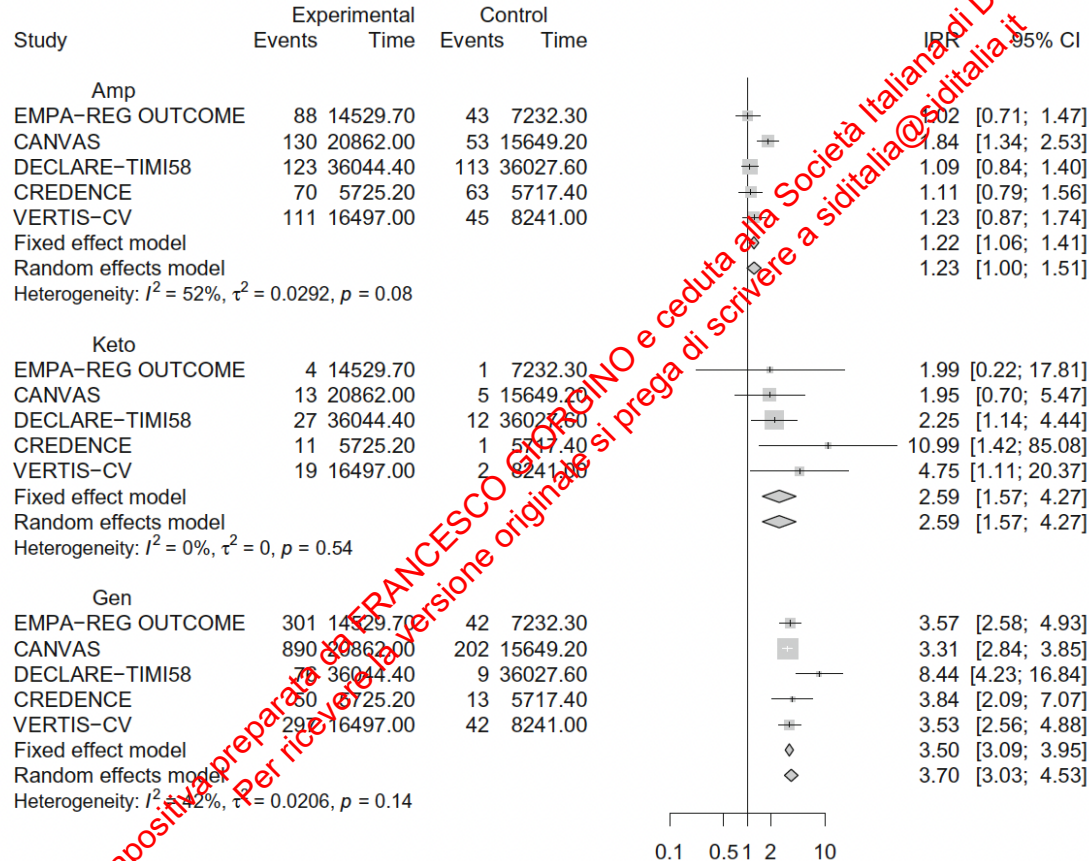
Euglycemic DKA (x 2, rare)

Bone fractures (TBC)

LLA (canagliflozin ?)

Fournier gangrene (TBC)

Risk and Benefits of SGLT-2i Users

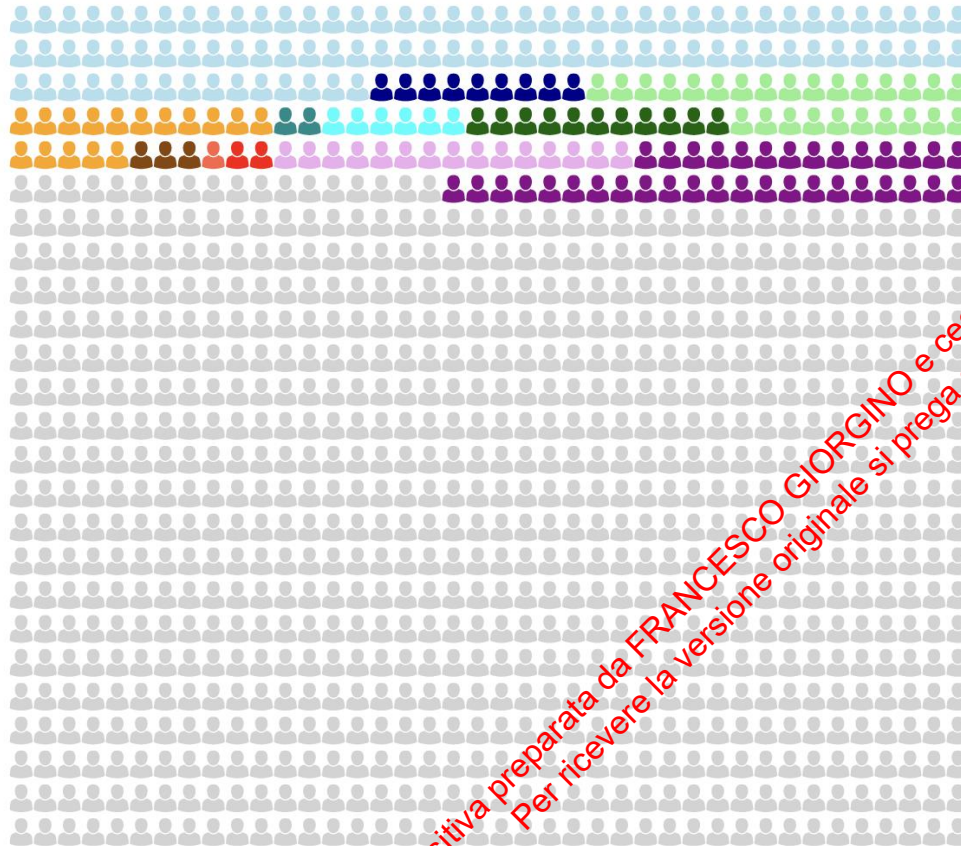


Amputations

DKA

Genital infections

Risk and Benefits of SGLT-2i Users



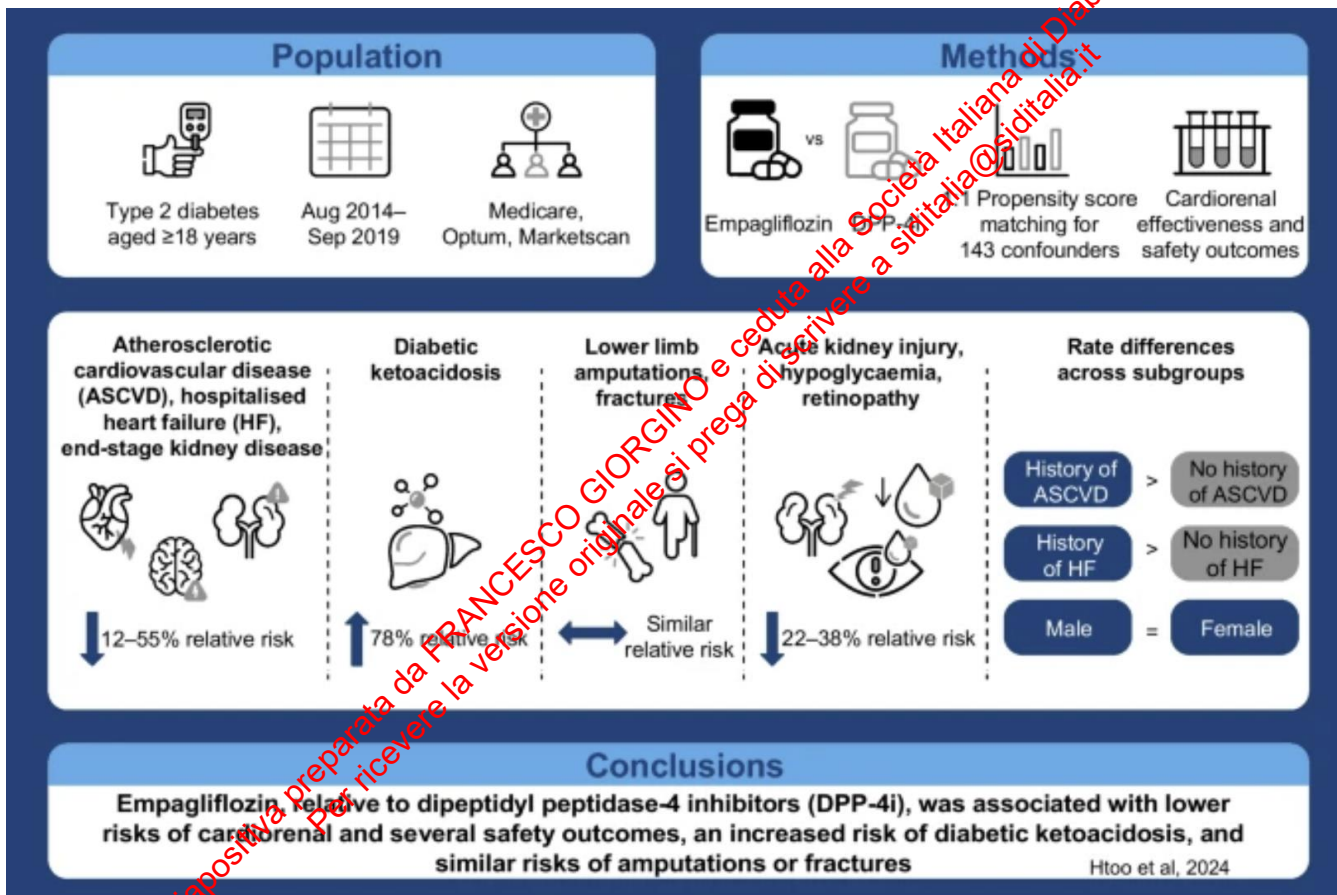
95/1000 MACE_underTTT; 9/1000 Prevented_MACE; 26/1000 HHF_underTTT; 11/1000 Prevented_HHF; 6/1000 ESRD_c_underTTT; 2/1000 Prevented_ESRD_c;
 16/1000 Amp_Spont; 2/1000 Induced_Amp; 1/1000 Keto_Spont; 2/1000 Induced_Keto;
 15/1000 Gen_Spont; 36/1000 Induced_Gen;
 778/1000 No event

For **1000** individuals treated over 3.5 years, SGLT2i are expected, on average, to:

- **decrease the number of deaths from 70 to 61**
- **prevent 9 MACE, 11 HHF and 2 ESRD**
- **induce 2 DKA, 36 genital infections**
- **778 individuals are expected to avoid all investigated outcomes**

Amp, amputations; Keto/DKA, diabetic ketoacidosis; HHF, hospitalization for heart failure; MACE, major adverse cardiovascular events; ESRD, end stage renal disease

Real-World Effectiveness and Safety of Empagliflozin: The EMPRISE Study



Safety of SGLT-2i According to Baseline HbA1c Levels

	SGLT2 inhibitor events, No. (IR/1000 PY)	DPP-4 inhibitor events, No. (IR/1000 PY)	RD/1000 PY (95% CI)	HR (95% CI)
Hypovolemia				
Subgroup HbA _{1c} <7.5% (n=24052)	75 (9.03)	67 (8.21)	0.82 (-2.02 to 3.65)	1.10 (0.79 to 1.53)
Subgroup HbA _{1c} 7.5%-9% (n=32290)	101 (9.04)	89 (8.07)	0.97 (-1.46 to 3.40)	1.13 (0.85 to 1.50)
Subgroup HbA _{1c} >9% (n=30932)	81 (8.33)	101 (11.24)	-2.92 (-5.76 to 0.07)	0.76 (0.57 to 1.02)
Overall population (n=87274)	257 (8.80)	258 (9.12)	-0.23 (-1.77 to 1.32)	0.93 (0.76 to 1.09)
Nonvertebral fractures				
Subgroup HbA _{1c} <7.5% (n=24052)	38 (4.57)	38 (4.64)	-0.08 (-2.15 to 1.99)	0.98 (0.63 to 1.54)
Subgroup HbA _{1c} 7.5%-9% (n=32290)	35 (3.12)	42 (3.8)	-0.68 (-2.23 to 0.87)	0.82 (0.52 to 1.28)
Subgroup HbA _{1c} >9% (n=30932)	43 (4.41)	30 (3.33)	1.08 (-0.69 to 2.86)	1.35 (0.84 to 2.15)
Overall population (n=87274)	116 (3.96)	110 (3.89)	0.04 (-0.97 to 1.06)	0.96 (0.69 to 1.23)
Falls				
Subgroup HbA _{1c} <7.5% (n=24052)	49 (5.88)	44 (5.39)	0.49 (-1.80 to 2.79)	1.10 (0.73 to 1.65)
Subgroup HbA _{1c} 7.5%-9% (n=32290)	49 (4.37)	56 (5.07)	-0.70 (-2.50 to 1.11)	0.86 (0.59 to 1.26)
Subgroup HbA _{1c} >9% (n=30932)	44 (4.51)	47 (5.21)	-0.70 (-2.70 to 1.30)	0.88 (0.58 to 1.32)
Overall population (n=87274)	142 (4.85)	147 (5.21)	-0.40 (-1.56 to 0.76)	0.92 (0.70 to 1.14)
Genital infections				
Subgroup HbA _{1c} <7.5% (n=24052)	469 (58.22)	196 (24.27)	33.96 (27.69 to 40.23)	2.41 (2.04 to 2.85)
Subgroup HbA _{1c} 7.5%-9% (n=32290)	738 (68.5)	243 (22.28)	46.22 (40.54 to 51.90)	3.10 (2.68 to 3.58)
Subgroup HbA _{1c} >9% (n=30932)	640 (68.04)	341 (38.38)	29.66 (23.00 to 36.32)	1.82 (1.60 to 2.08)
Overall population (n=87274)	1847 (65.41)	780 (27.99)	37.53 (33.98 to 41.09)	2.17 (1.96 to 2.36)
Diabetic ketoacidosis				
Subgroup HbA _{1c} <7.5% (n=24052)	6 (0.72)	4 (0.49)	0.23 (-0.52 to 0.98)	1.49 (0.42 to 5.26)
Subgroup HbA _{1c} 7.5%-9% (n=32290)	13 (1.16)	10 (0.9)	0.25 (-0.59 to 1.10)	1.27 (0.65 to 2.89)
Subgroup HbA _{1c} >9% (n=30932)	47 (4.81)	22 (2.43)	2.38 (0.67 to 4.09)	2.06 (1.02 to 3.42)
Overall population (n=87274)	66 (2.25)	36 (1.27)	0.45 (-0.09 to 0.99)	1.43 (1.06 to 2.43)
Acute kidney injury				
Subgroup HbA _{1c} <7.5% (n=24052)	162 (19.55)	220 (27.22)	-7.68 (-12.37 to -2.99)	0.72 (0.59 to 0.89)
Subgroup HbA _{1c} 7.5%-9% (n=32290)	211 (18.92)	295 (27.03)	-8.11 (-12.7 to -3.51)	0.70 (0.59 to 0.84)
Subgroup HbA _{1c} >9% (n=30932)	225 (23.25)	268 (30.05)	-6.80 (-11.51 to -2.09)	0.79 (0.66 to 0.94)
Overall population (n=87274)	598 (20.54)	783 (28.05)	-6.60 (-10.45 to -2.75)	0.73 (0.66 to 0.81)
Lower-limb amputation				
Subgroup HbA _{1c} <7.5% (n=24052)	9 (1.08)	13 (1.59)	-0.51 (-1.62 to 0.60)	0.69 (0.29 to 1.61)
Subgroup HbA _{1c} 7.5%-9% (n=32290)	32 (2.85)	22 (2.43)	0.86 (-0.43 to 2.15)	1.44 (0.84 to 2.48)
Subgroup HbA _{1c} >9% (n=30932)	37 (3.78)	33 (3.62)	0.16 (-1.57 to 1.90)	1.05 (0.66 to 1.68)
Overall population (n=87274)	78 (2.56)	68 (2.46)	0.09 (-0.67 to 0.85)	1.02 (0.66 to 1.38)



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Hypovolemia

Non-vertebral fractures

Falls

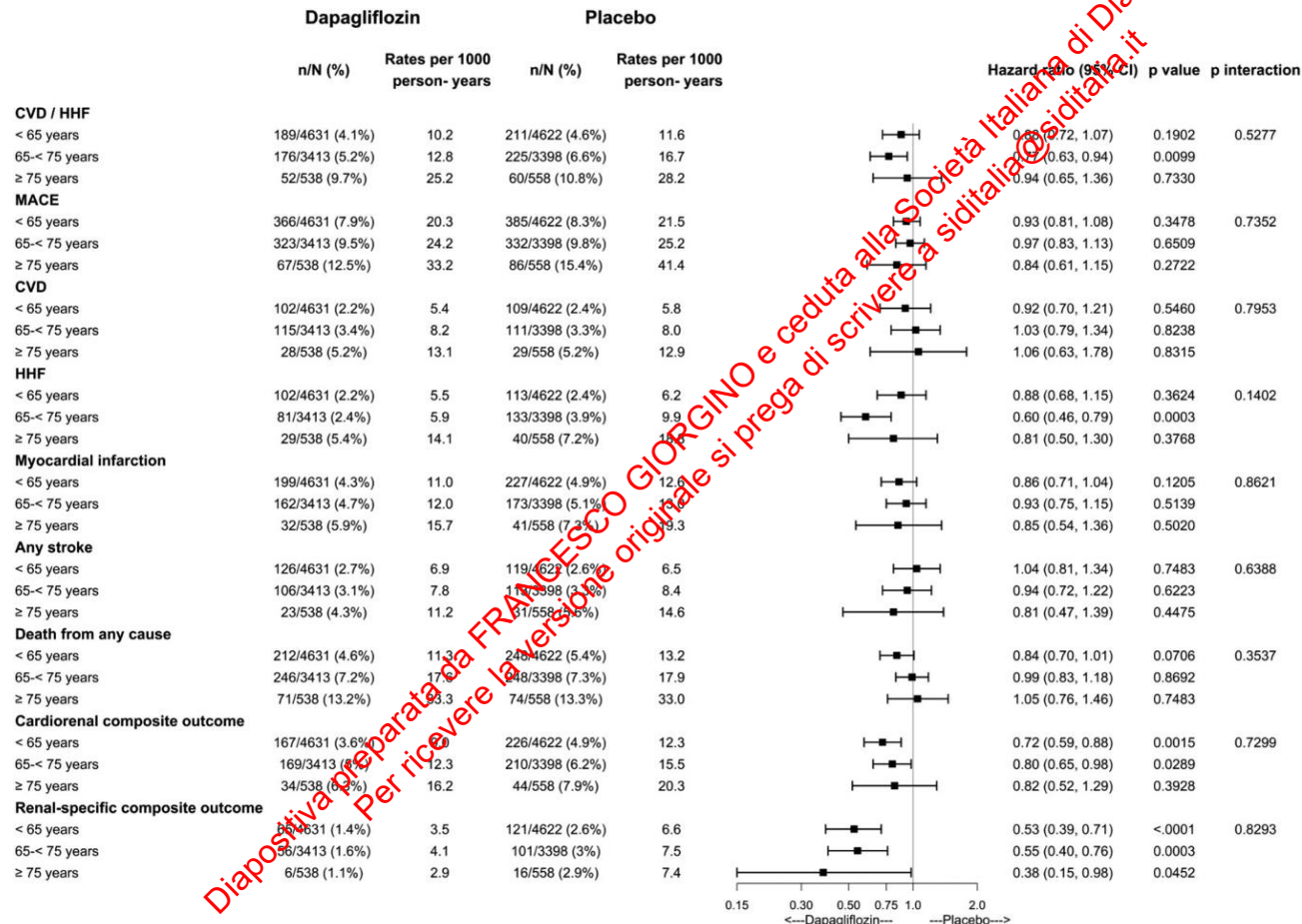
Genital infections

DKA

Acute kidney injury

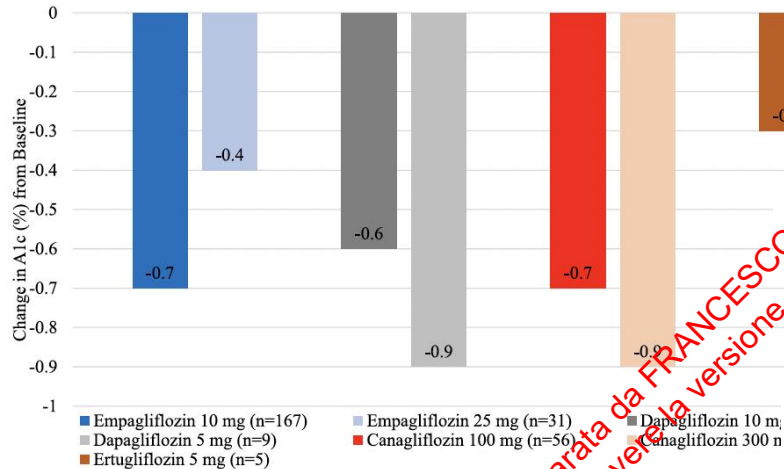
Lower-limb amputations

Cardiovascular and Renal Efficacy of SGLT-2i Was Consistent Regardless of Age: Analysis from the DECLARE-TIMI 58

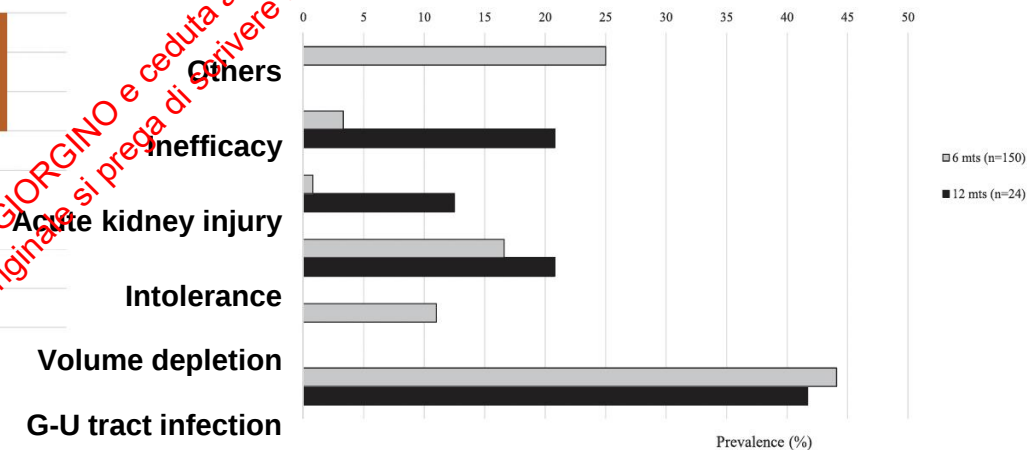


SGLT-2i are Effective and Safe in Elderly Patients: The SOLD Study

- 6 outpatient clinics, 739 patients >70 years
- 17% >80 years
- Data were collected at baseline, at 6 and 12 months of follow-up



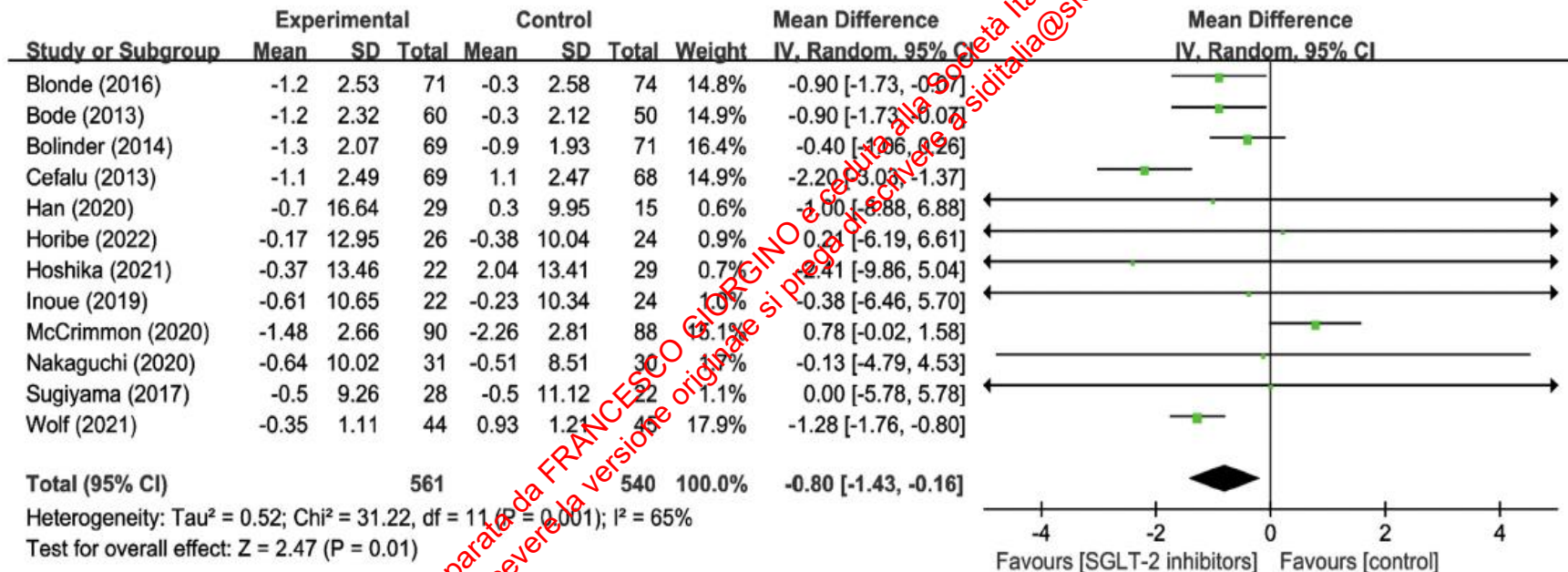
Change in HbA1c vs baseline



Causes of treatment discontinuation

SGLT-2i and Sarcopenia in Type 2 Diabetes

- 12 studies, 1,101 participants
- DXA to evaluate lean mass



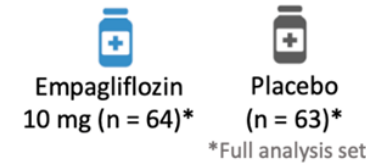
the negative influence on muscle mass paralleled the reduction in FM and BW, and the consequent increased risk of sarcopenia warrants high attention, especially in patients already predisposed to physical frailty

SGLT-2i and Sarcopenia in Elderly Patients (EMPA-ELDERLY)

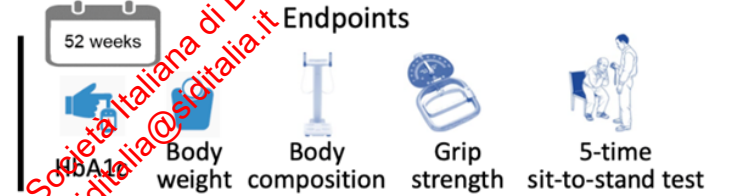
Baseline/ Protocol:



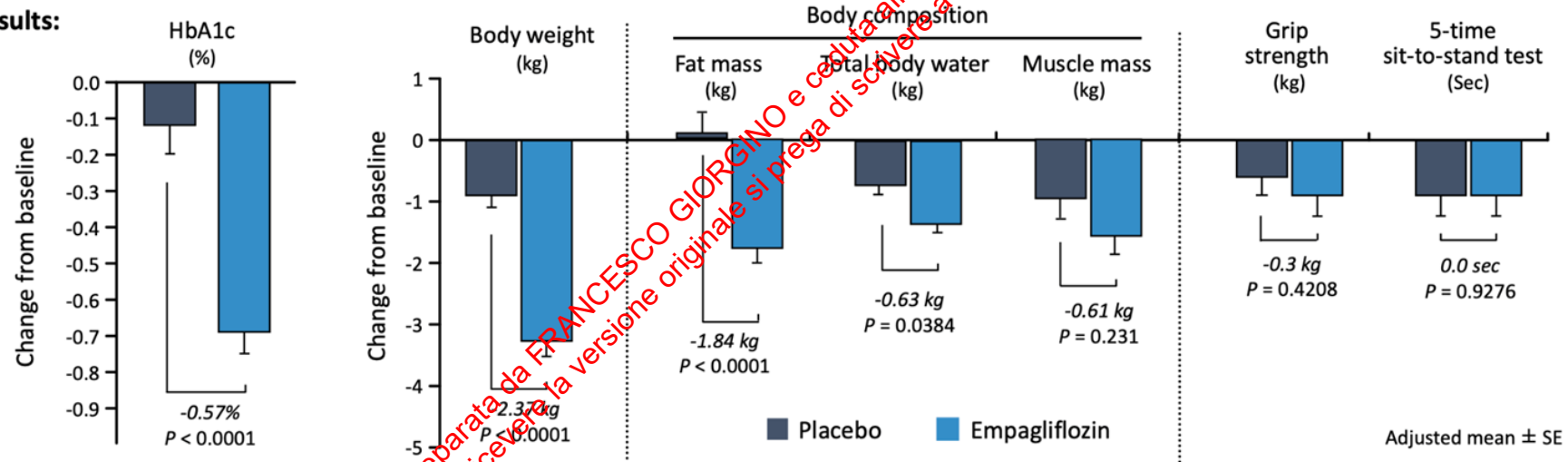
Randomization



Endpoints



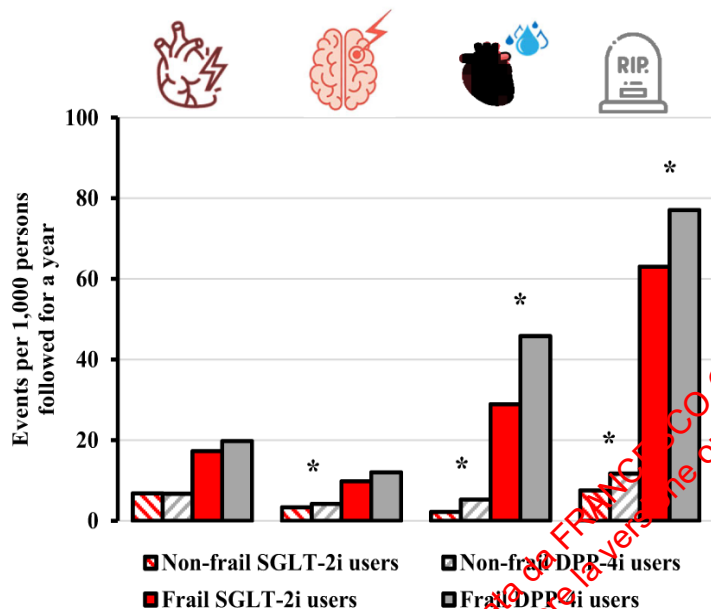
Results:



- Empagliflozin significantly improved HbA1c and was well tolerated in elderly patients with type 2 diabetes.
- No new concerns including sarcopenia or muscle weakness were observed for empagliflozin treatment.

CV Safety of SGLT-2i in Elderly Patients

SGLT-2 inhibitors vs. DPP-4 inhibitors



* differences between SGLT-2 inhibitors and DPP-4 inhibitors among the same level of frailty were statistically significant.

- Patients aged > 65 years initiating DPP-4i or SGLT-2i
- 1:1 propensity score matched cohorts
- Stratification according to frailty using a validated claims-based frailty index (0-1)
- SGLT-2i safely improved cardiovascular outcomes, with the **largest benefits among frail people**



Non-fatal heart attack



Non-fatal stroke

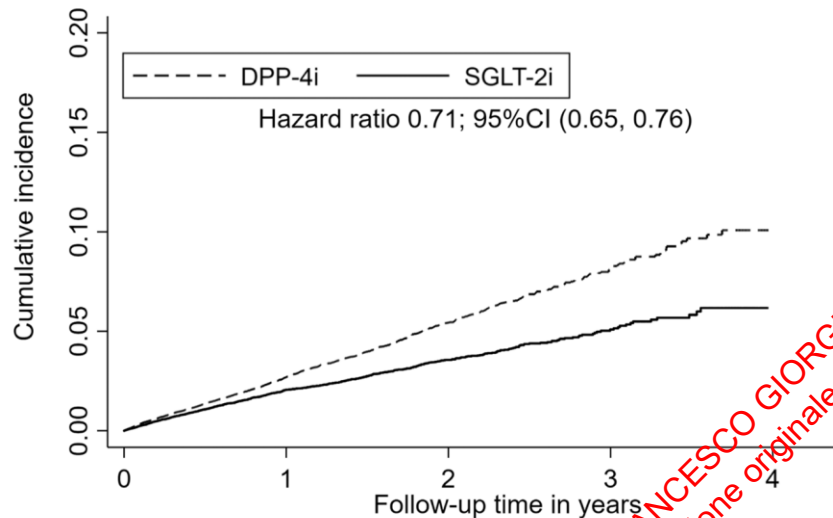


Hospitalization for heart failure



Death

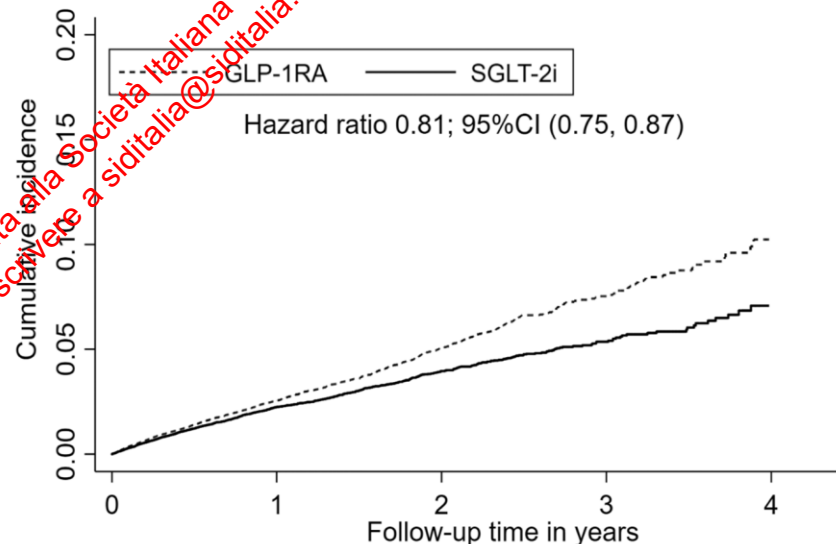
SGLT-2i Initiation is Associated with a Lower Risk of AKI Compared to DPP4i and GLP-1RA in Elderly Patients



Number at risk					
DPP-4i	68130	18632	6427	1557	161
SGLT-2i	68130	17265	6181	1589	161

Figure 1A. Kaplan-Meier plots for cumulative incidence of AKI hospitalization in 1:1 propensity score matched SGLT-2i versus DPP-4i cohort.

Abbreviations: AKI, acute kidney injury; SGLT-2i, sodium-glucose cotransporter-2 inhibitors; DPP-4i, dipeptidyl peptidase 4 inhibitors; CI, confidence interval.

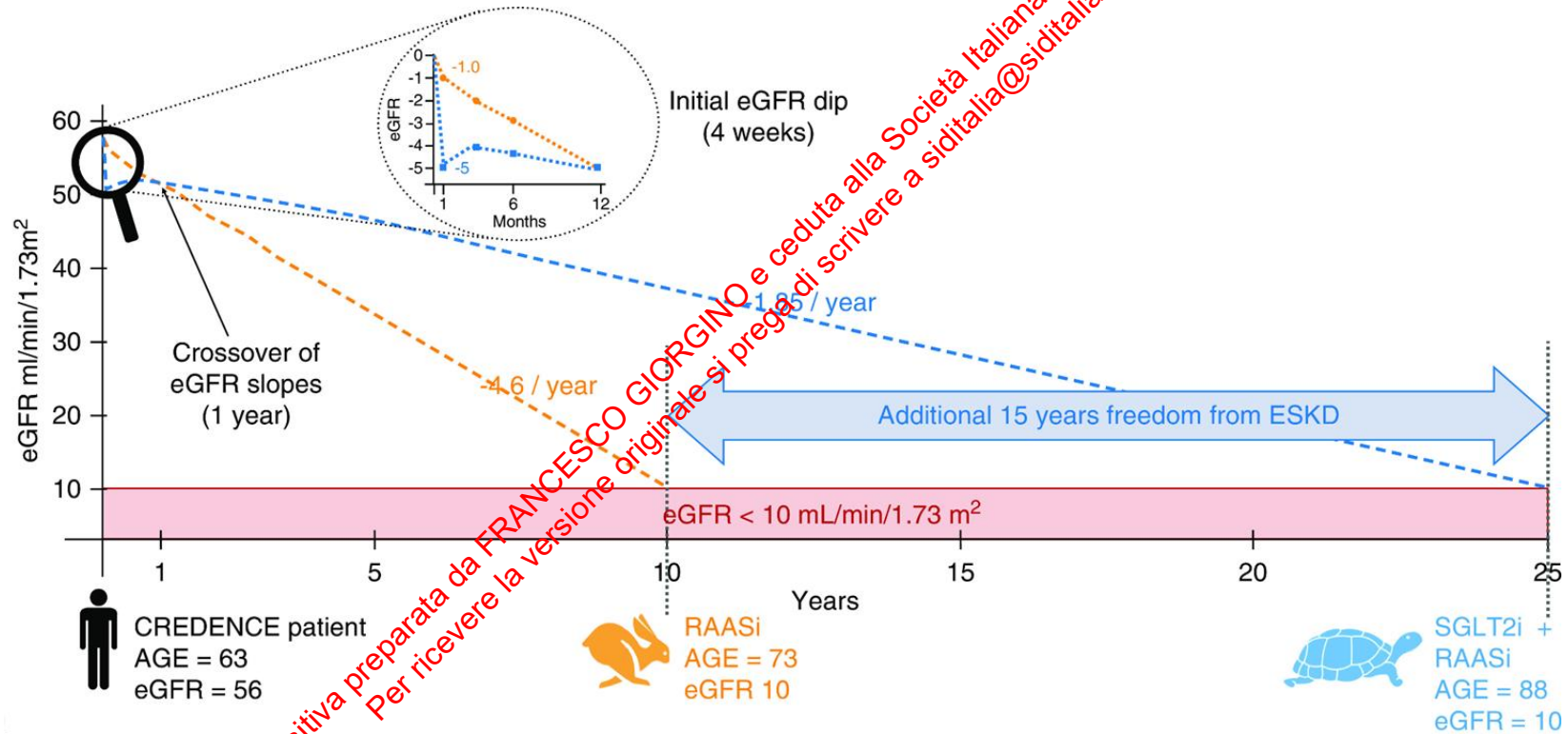


Number at risk					
GLP-1RA	71477	16539	5463	1468	172
SGLT-2i	71477	18581	6651	2035	276

Figure 1B. Kaplan-Meier plots for cumulative incidence of AKI hospitalization in 1:1 propensity score matched SGLT-2i versus GLP-1RA cohort.

Abbreviations: AKI, acute kidney injury; SGLT-2i, sodium-glucose cotransporter-2 inhibitors; GLP-1RA, glucagon-like peptide 1 receptor agonist; CI, confidence interval.

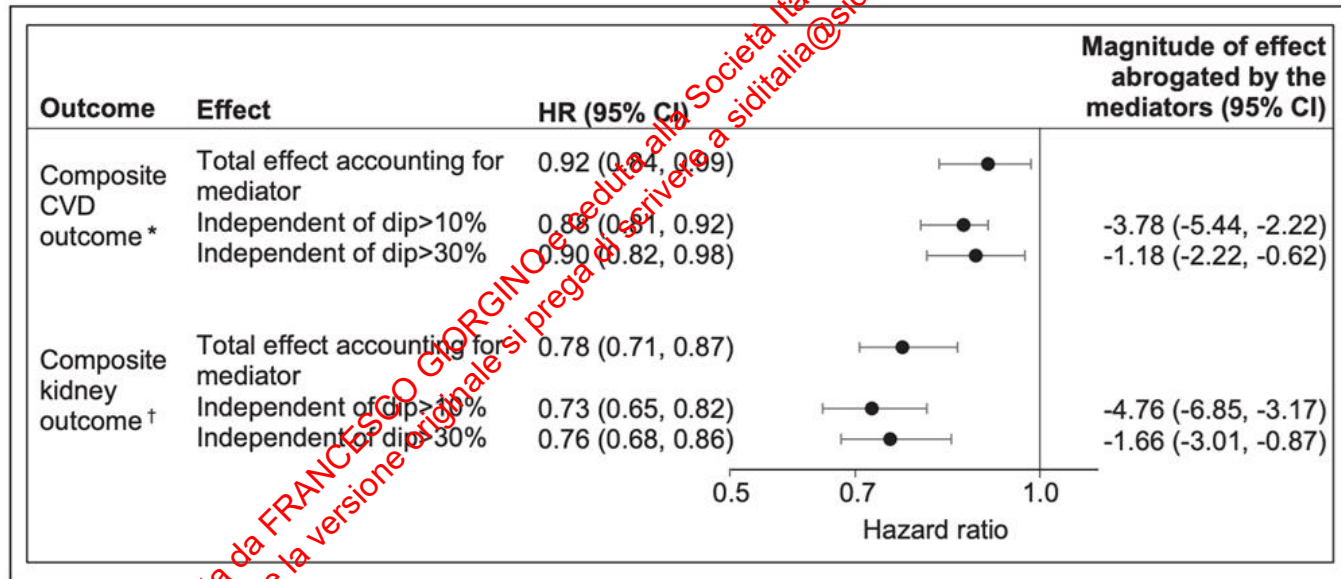
eGFR Decline after SGLT2 Inhibitor Initiation



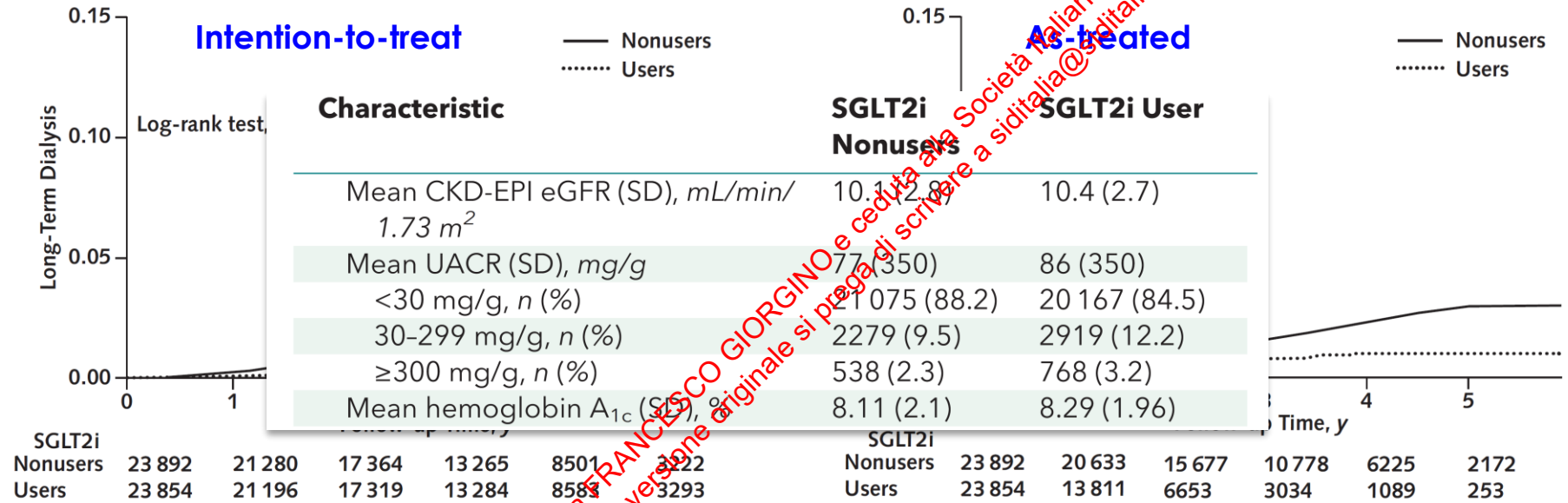
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The eGFR Dip Does Not Influence the Effectiveness of SGLT-2i on Cardiovascular and Kidney Outcomes

SGLT2i users
(n= 36, 638) VS other
antihyperglycemics
(n= 209,025)



Cumulative Incidence of Long-term Dialysis in SGLT-2i Users and Nonusers in Patients with T2D and stage 5 CKD



CKD = chronic kidney disease; SGLT2i = sodium-glucose cotransporter-2 inhibitor; T2D = type 2 diabetes.

CKD = chronic kidney disease; SGLT2i = sodium-glucose cotransporter-2 inhibitor; T2D = type 2 diabetes.

Question

Summary of answer

Initiation

1. When should a patient taking a RAS inhibitor for the treatment of CKD initiate an SGLT2 inhibitor?
2. How concerned should I be about an initial eGFR decline when initiating SGLT2 inhibitor therapy?
3. Should patients at lower risk of progression still initiate SGLT2 inhibitor therapy?
4. Should SGLT2 inhibitors be initiated in elderly patients?

- SGLT2 inhibitors should be initiated alongside a RAS inhibitor in any patient for whom they are indicated
- SGLT2 inhibitors should be initiated regardless of whether a maximum tolerated dose of RAS inhibitor has been achieved
- An initial eGFR decline is to be expected, is transient, and is not associated with any change in the beneficial effects of SGLT2 inhibitors
- SGLT2 inhibitors should not be withdrawn because of an initial eGFR decline alone
- The benefits of SGLT2 inhibitors extend beyond renoprotection
- Initiation of an SGLT2 inhibitor should be considered regardless of risk of CKD progression
- Elderly patients are still likely to substantially benefit from SGLT2 inhibitors
- SGLT2 inhibitors have shown strongly favorable risk–benefit profiles across the spectrum of frailty

Prescriber

5. Who should prescribe an SGLT2 inhibitor?

- The first person in the multidisciplinary team to identify a patient who will benefit from SGLT2 inhibitor treatment should initiate therapy and communicate with other team members

Safety

6. What is the safety profile of SGLT2 inhibitors?
7. When should SGLT2 inhibitors be stopped, or withheld?
8. Which patients should not be prescribed an SGLT2 inhibitor?

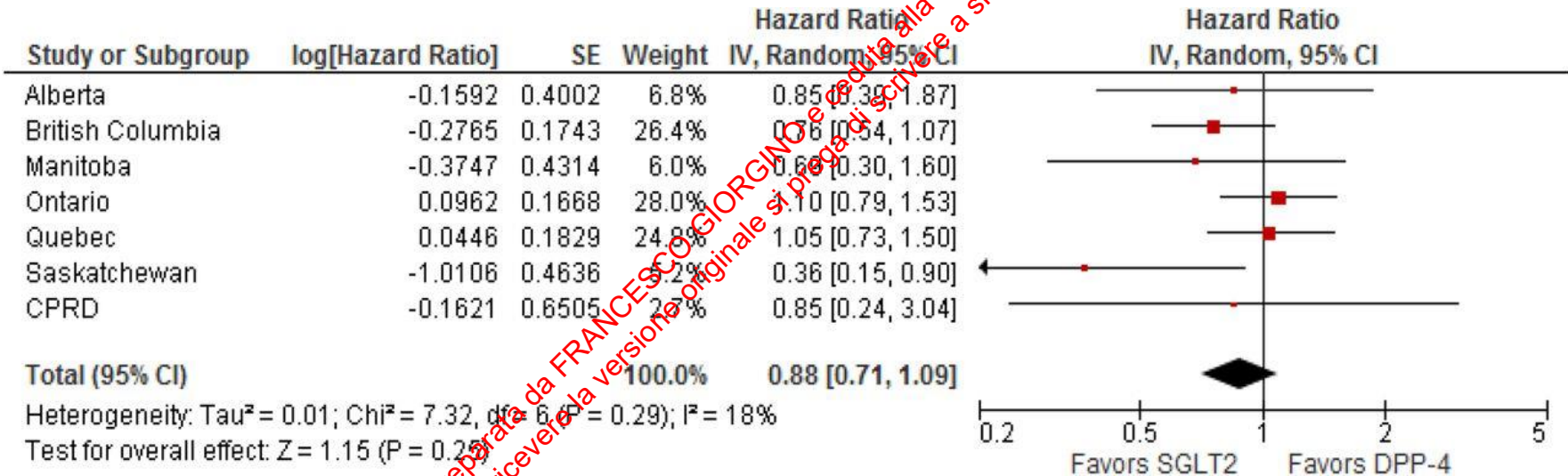
- SGLT2 inhibitors are well tolerated and associated with minimal adverse effects
- Counsel patients on the elevated risk of T2DM-associated DKA and genital mycotic infections associated with SGLT2 inhibitors
- Withhold SGLT2 inhibitors during periods of prolonged fasting, surgery, or critical illness and reinstitute therapy promptly when a patient has recovered
- Carefully evaluate risks and benefits when considering prescribing SGLT2 inhibitors to patients with type 1 diabetes, polycystic kidney disease, a history of DKA or severe urinary tract infections, UACR >5000 mg/g, or to those on intensive immunosuppressive therapies

SGLT-2 Inhibitor Use in CKD

Madero M et al,
Kidney Med 2024

Risk of Below-knee Amputations: SGLT2i vs DPP4i

- 207,817 SGLT2i vs 207,817 DPP4i initiators
- UK e Canada claim databases
- Mean follow-up: 11 months



HR (95% CI) of below-knee amputation associated with SGLT2 inhibitor use compared with DPP-4 inhibitor use among patients with type 2 diabetes. Nova Scotia was not included in this analysis because there were fewer than five events in one of the two exposure groups. IV, inverse variance.

Risk of Lower Limb Amputations: SGLT2i vs SU

- 13,736 SGLT2i vs 12,851 DPP4i initiators
- Data from the National Health Danish Service (2013-2018)
- Median follow-up: 1.6 years

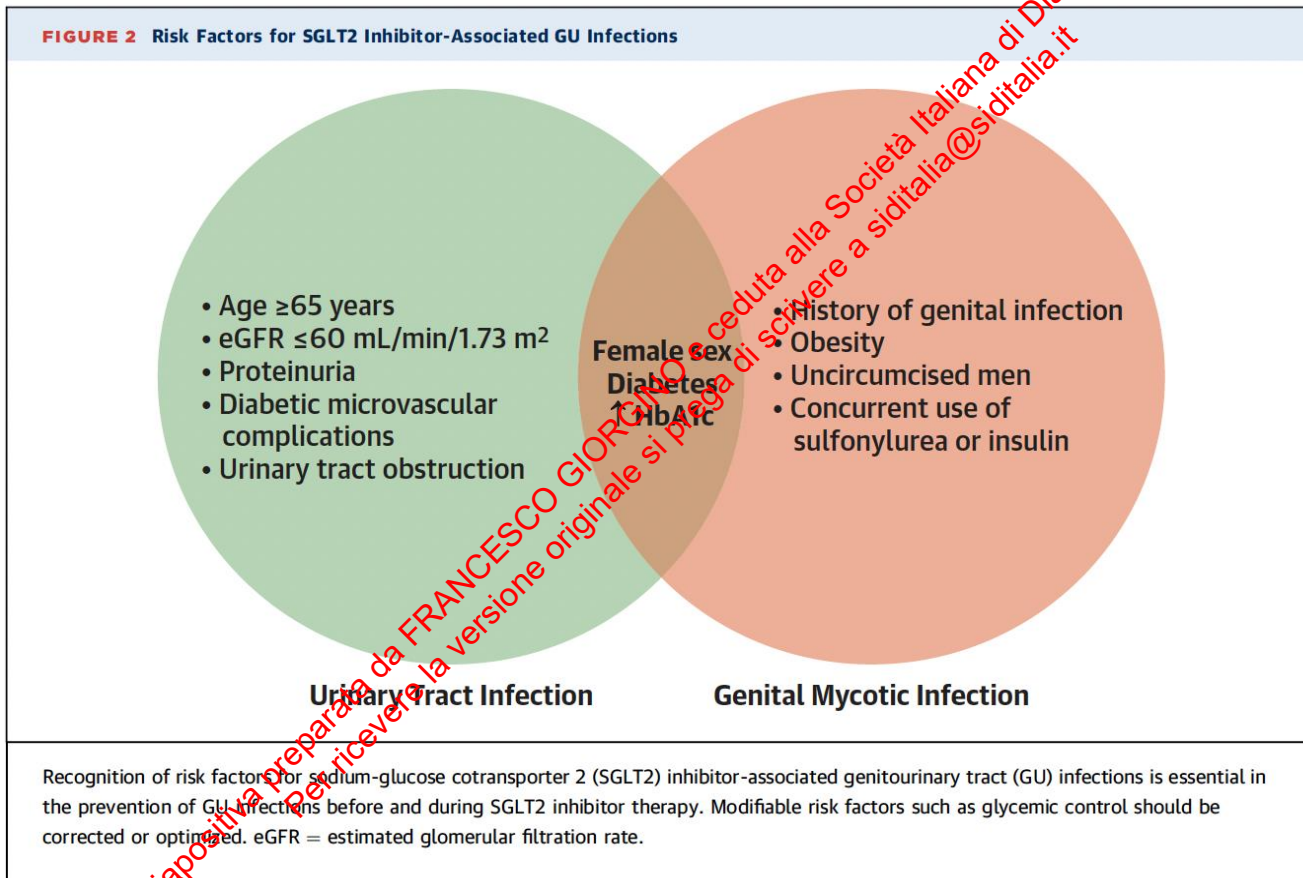
Table 3 Risk of LLA in current SGLT2-I use compared to current SU use, stratified by concomitant antihypertensive use, and history of peripheral arterial disease

	Number of LLAs (N = 564)	IR (/1000 PY	Age/sex adjusted HR (95%CI)	Fully adjusted HR (95%CI)	p-value Wald test
Current SU use	54	2.14	Reference		
Current SGLT2-I use	36	2.30	1.24 (0.81–1.91)	1.10 (0.71–1.70) ^a	
By concomitant antihypertensive use in the previous 3 months					
Diuretics					
Yes	13	2.41	1.12 (0.66–2.25)	0.98 (0.53–1.81) ^b	0.60
No	23	2.24	1.25 (0.76–2.06)	1.17 (0.71–1.94) ^b	
Drugs acting on RAAS					
Yes	24	2.84	1.44 (0.88–2.35)	1.23 (0.75–2.02) ^c	0.35
No	12	1.67	0.97 (0.52–1.83)	0.88 (0.47–1.67) ^c	
By history of PAD					
Yes	11	10.57	7.21 (3.75–13.86)	2.24 (1.15–4.36) ^d	0.01
No	25	1.67	0.91 (0.56–1.47)	0.92 (0.56–1.49) ^d	

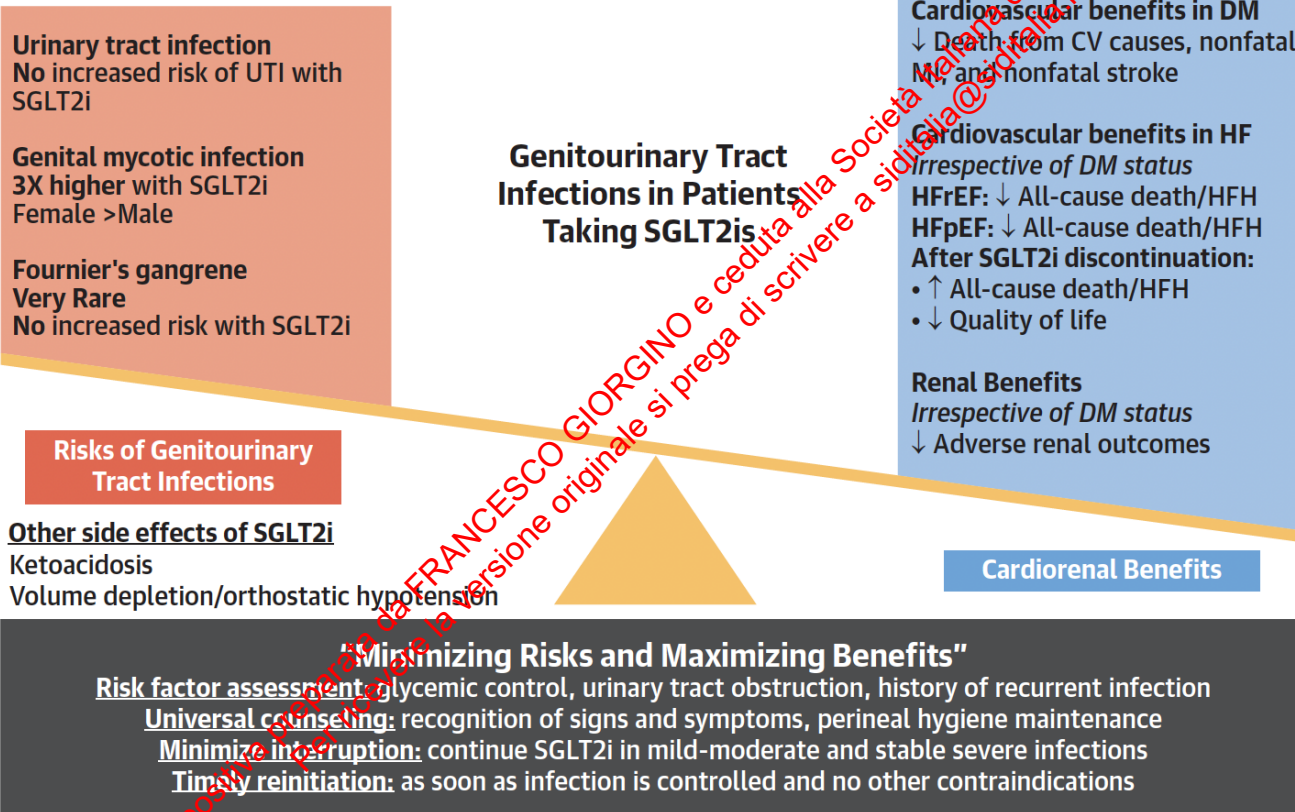
LLA lower limb amputation, IR incidence rate, PY person-years, HR hazard ratio, CI confidence interval, NIGLD non-insulin glucose lowering drug, SU sulfonylurea, DPP4-I dipeptidyl peptidase-4 inhibitor, SGLT2-I sodium-glucose co-transporter-2 inhibitor, RAAS renin-angiotensin-aldosterone system, PAD peripheral arterial disease

SU, sulphonylurea

Risk Factors for SGLT-2i Associated Genitourinary Infections



Genitourinary Infections in SGLT-2i Users



SGLT-2i Therapy

True barriers

Genital infections

DKA / Type 1 diabetes

False barriers

Elderly / Frailty / Sarcopenia (*)

Volume depletion (*)

Urinary infections

↓ GFR / Acute kidney injury

Lower-limb amputations (*)

Non-vertebral fractures

(*) caution should be observed

diapositiva preparata da FRANCESCO GIORGINO e ceduta alla Società Italiana di Diabetologia.
Per ricevere la versione originale si prega di scrivere a siditalia@siditalia.it

The long-term effects of dapagliflozin in chronic kidney disease: a time-to-event analysis

To extrapolate the outcome-based clinical benefits of treatment with dapagliflozin in patients with chronic kidney disease

Methods

Combine patient-level data from clinical trials of dapagliflozin treatment

Higher-risk
DAPA-CKD trial
Whole trial population
CKD 2-4
Elevated albuminuria

Lower-risk
DECLARE-TIMI 58 trial
CKD subpopulation
Early CKD
Low albuminuria



Pooled population with CKD

Calculate mean time to event for clinical endpoints extrapolated across patient lifetime

Results

Treatment of a pooled (mixed higher and lower CKD risk) population with dapagliflozin over a lifetime time horizon was estimated to delay the onset of adverse clinical events

Kidney failure



Mean delay 6.3 y

Decline in kidney function



Mean delay 6.8 y

Hospitalisation for heart failure



Mean delay 6.2 y

All-cause mortality



Mean delay 3.0 y

McEwan, P. et al.
NDT (2024)
@NDTSocial

Treatment with dapagliflozin over a lifetime time horizon may considerably delay the time to major adverse cardio-renal outcomes and improve life expectancy