

Con il patrocinio di



UNIVERSITÀ
CATTOLICA
del Sacro Cuore

Gemelli

Fondazione Policlinica Universitaria Agostino Gemelli IRCCS
Università Cattolica del Sacro Cuore



Evento Congiunto di



SID

Società Italiana
di Diabetologia

Meta
Open Forum



"Al CUORE del DIABETE"

Roma | 11.12 Marzo 2022
Aula Brasca, Policlinico Gemelli

1ª SESSIONE • Non solo cuore e diabete

Moderatori: Giuseppe Grandaliano, Anna Solini

Non scordiamoci del rene - Loreto Gesualdo

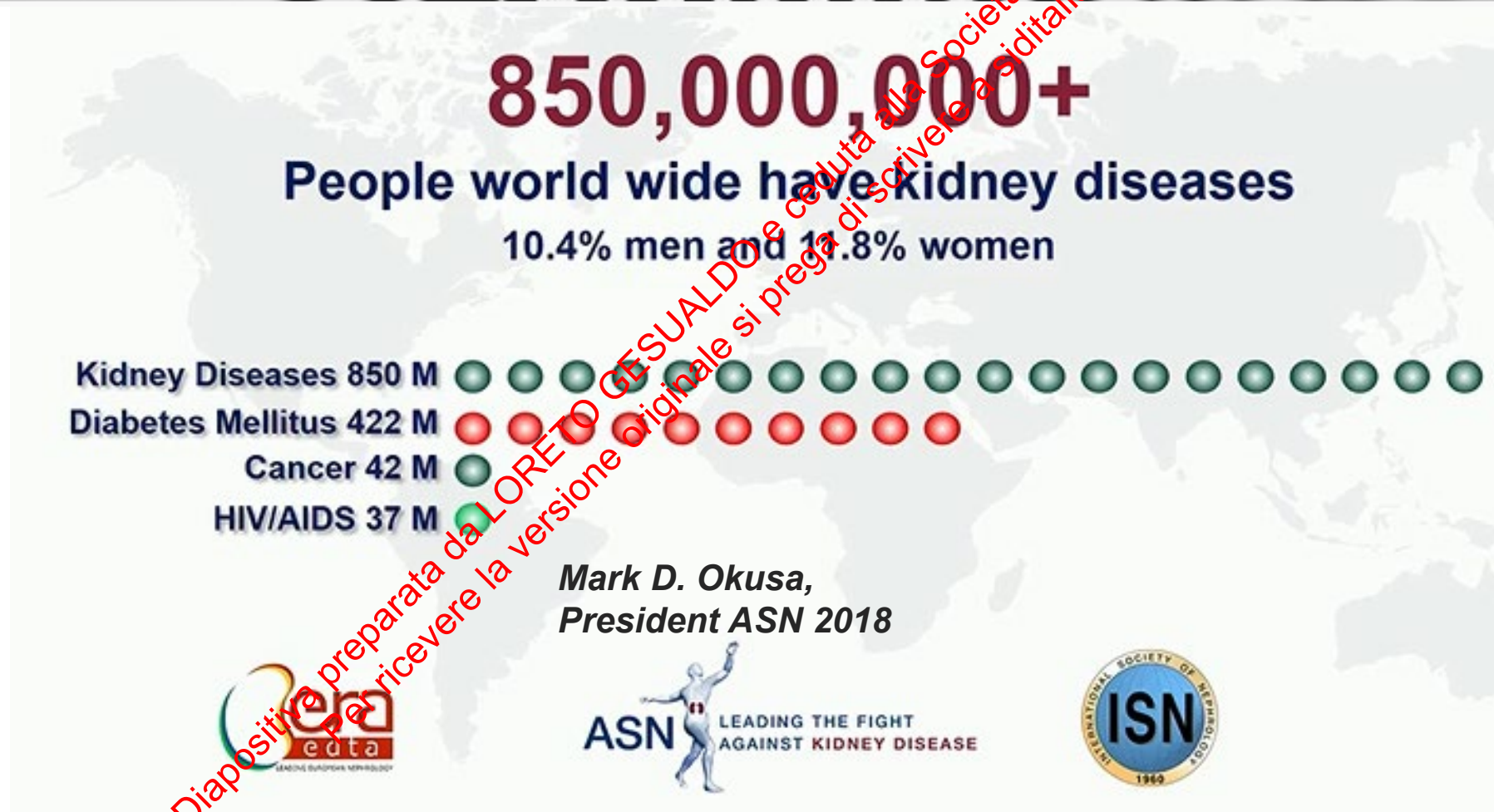
Disclosures

Dichiaro di aver ricevuto negli ultimi due anni compensi o finanziamenti dalle seguenti Aziende Farmaceutiche e/o Diagnostiche:

- **Research funding:** ABIONYX, SANOFI
- **Speaker activity:** FRESENIUS, ESTOR, WERFEN, ASTELLAS, ASTRAZENECA, TRAVERE
- **Consulting activity:** SANDOZ, SANOFI, BAXTER, MUNDIPHARMA, ESTOR, PHARMADOC, RETROPHIN, TRAVERE, ASTRAZENECA, GSK, NOVARTIS, CHINOOK

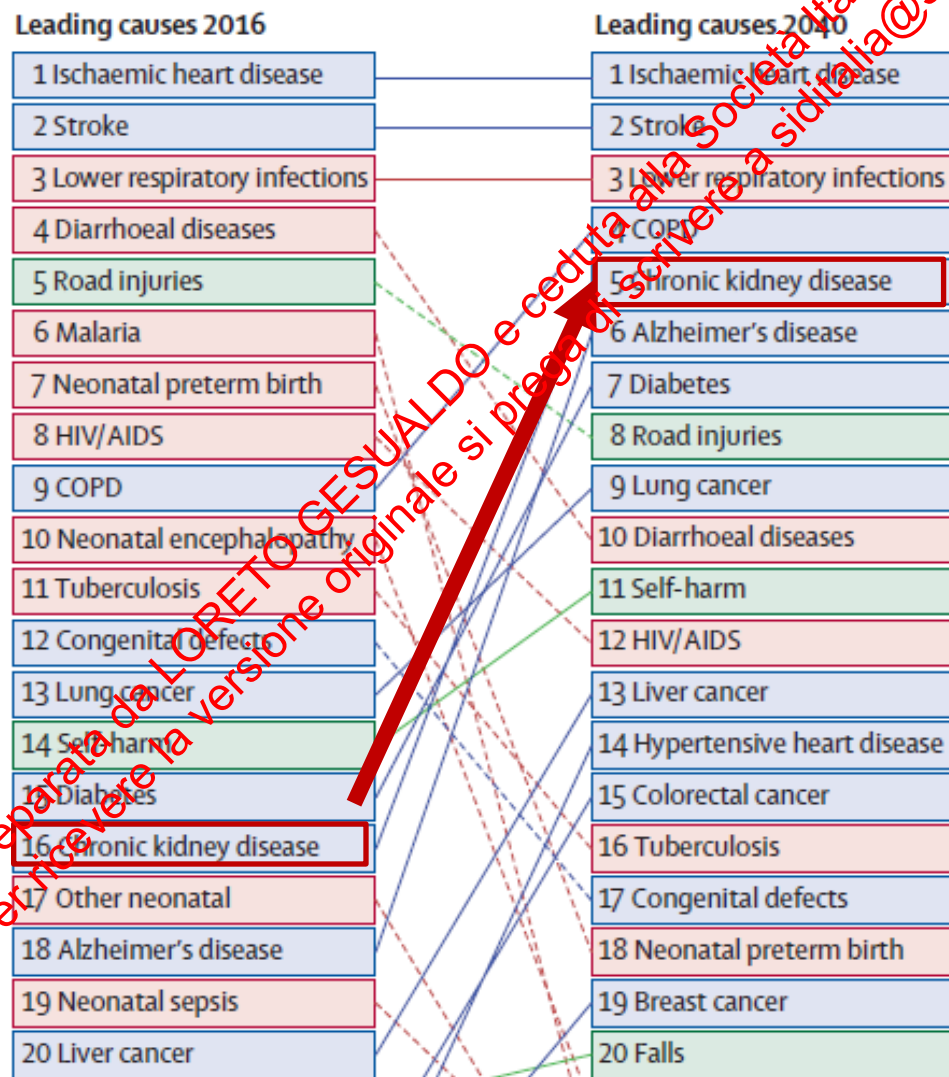
Dichiara altresì il proprio impegno ad astenersi, nell'ambito dell'evento, dal nominare, in qualsivoglia modo o forma, aziende farmaceutiche e/o denominazione commerciale e di non fare pubblicità di qualsiasi tipo relativamente a specifici prodotti di interesse sanitario (farmaci, strumenti, dispositivi medico-chirurgici, ecc.).

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Forecasting life expectancy, years of life lost, and all-cause and cause-specific mortality for 250 causes of death: reference and alternative scenarios for 2016–40 for 195 countries and territories

GBD Chronic Kidney Disease Collaboration



Chronic kidney disease: a public health priority and harbinger of premature cardiovascular disease

■ P. Stenvinkel

Division of Renal Medicine, Department of Clinical Science, Intervention and Technology, Karolinska Institutet, Stockholm, Sweden

Abstract. Stenvinkel P (Division of Renal Medicine, Department of Clinical Science, Intervention and Technology, Karolinska Institutet, Stockholm, Sweden). Chronic kidney disease: a public health priority and harbinger of premature cardiovascular disease (Review). *J Intern Med* 2010; **268**: 456–477.

The epidemics of cardiovascular disease, obesity, diabetes, HIV and cancer have all received much attention from the public, media and policymakers. By contrast, chronic kidney disease (CKD) has remained largely a 'silent' epidemic. This is unfortunate because early diagnosis of renal disease based on proteinuria and/or reduced estimated glomerular filtration rate could enable early intervention to reduce the high risks of cardiovascular events, end-stage renal disease (ESRD) and death that are associated with CKD. Given the global increase in the incidence of the leading causes of CKD – hypertension,

obesity and diabetes mellitus – better disease management and prevention planning are needed, as effective strategies are available to slow the progression of CKD and reduce cardiovascular risk. CKD may be regarded as a clinical model of accelerated vascular disease and premature ageing, and the risk-factor profile changes during the progression from mild/moderate CKD to ESRD. Although many randomized controlled trials in patients with mild to moderate CKD have shown beneficial effects of interventions aimed at preventing the progression of CKD, most trials have been unable to demonstrate a beneficial effect of interventions aimed at improving outcome in ESRD. Thus, novel treatment strategies are needed in this high-risk patient group.

Keywords: cardiovascular disease, chronic kidney disease, dialysis, inflammation.

The reduction in GFR and the increase in albuminuria are independently associated with mortality and end-stage chronic renal failure

MRC should be regarded as relevant risk factor for mortality and ESRD in **independently from hypertension**

The relative risks of mortality and ESRD by eGFR and ACR are the same **irrespective of the presence or absence of diabetes**

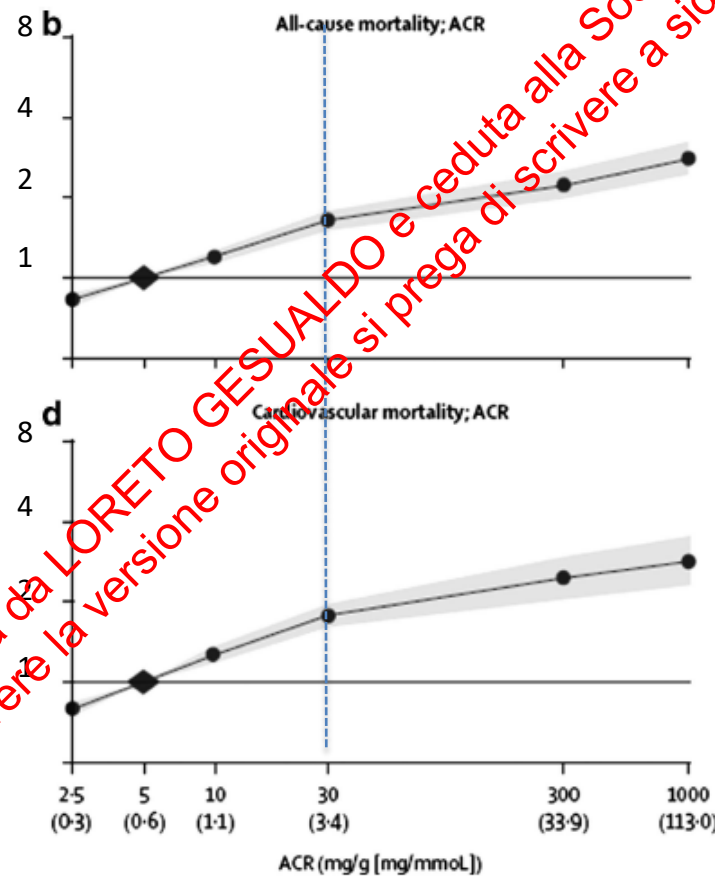
Both low eGFR and high albuminuria were independently associated with mortality and ESRD **independently from age of patients**

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Albuminuria and cardiovascular or all-cause mortality

HR (95% CI)

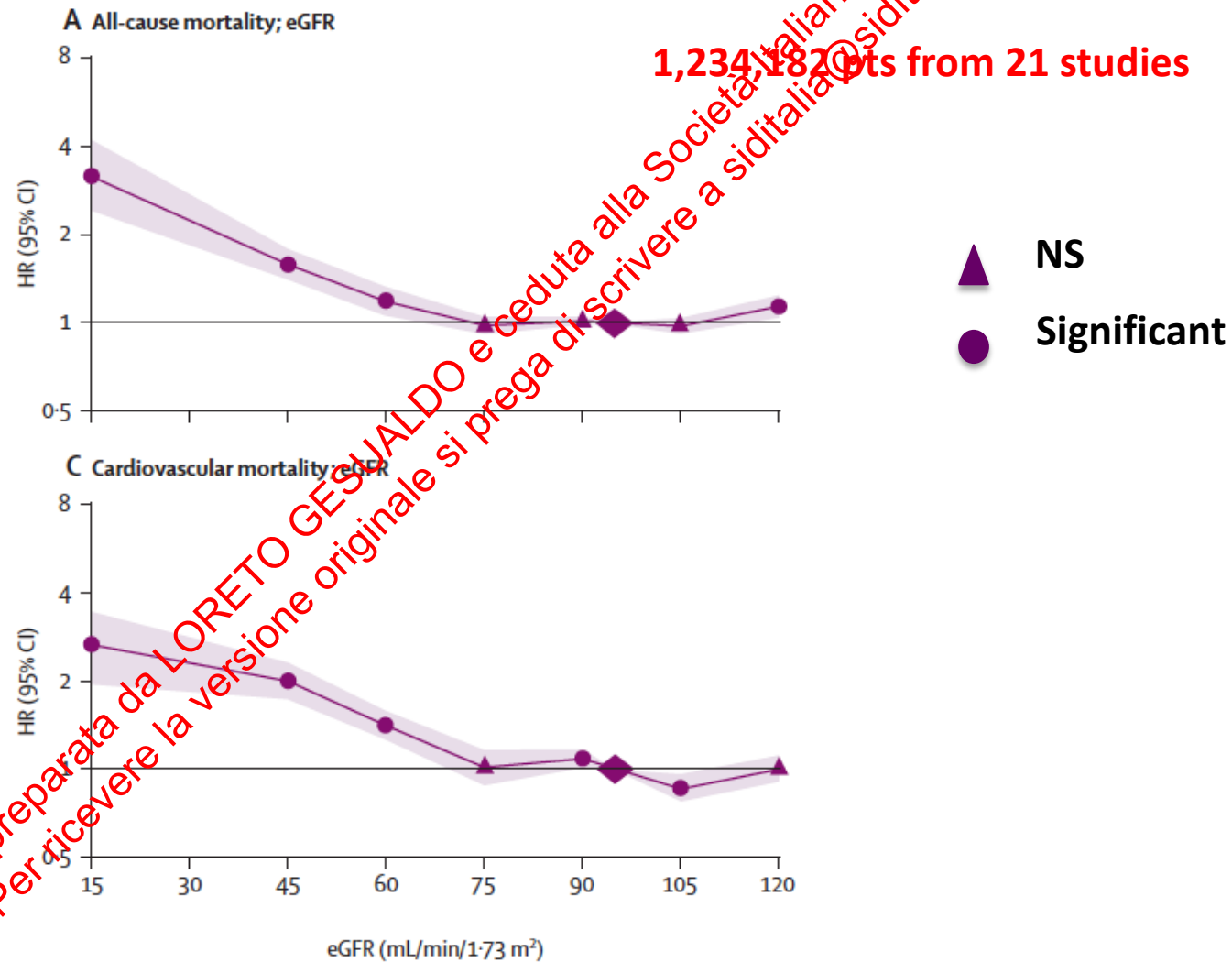
HR (95% CI)



21 studies
N. 105,872 pts.

▲ NS
● Significant

eGFR e mortality



eGFR-Albuminuria e renal outcome

<http://www.kidney-international.org>

original article

© 2011 International Society of Nephrology

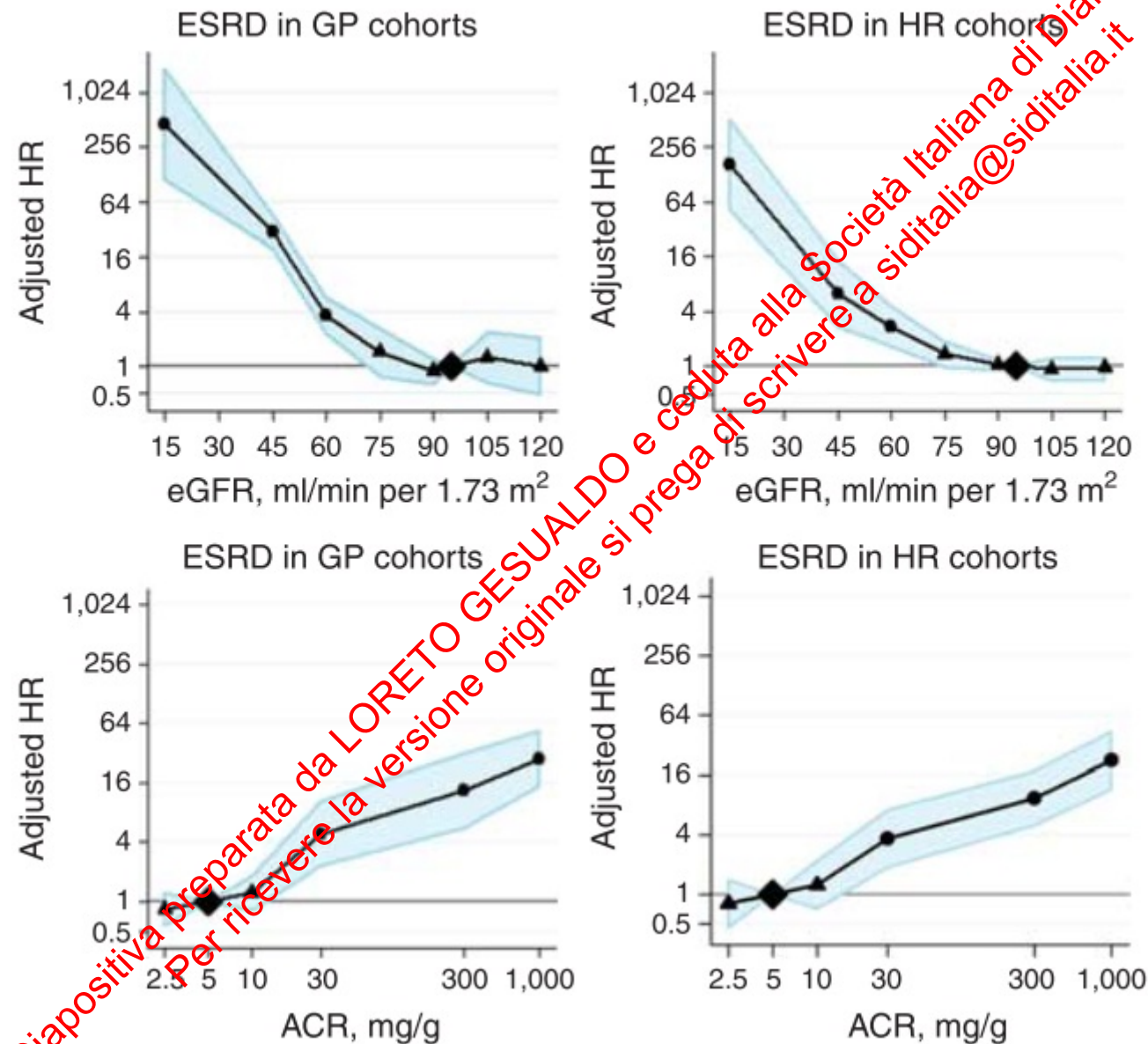
Lower estimated GFR and higher albuminuria are associated with adverse kidney outcomes.

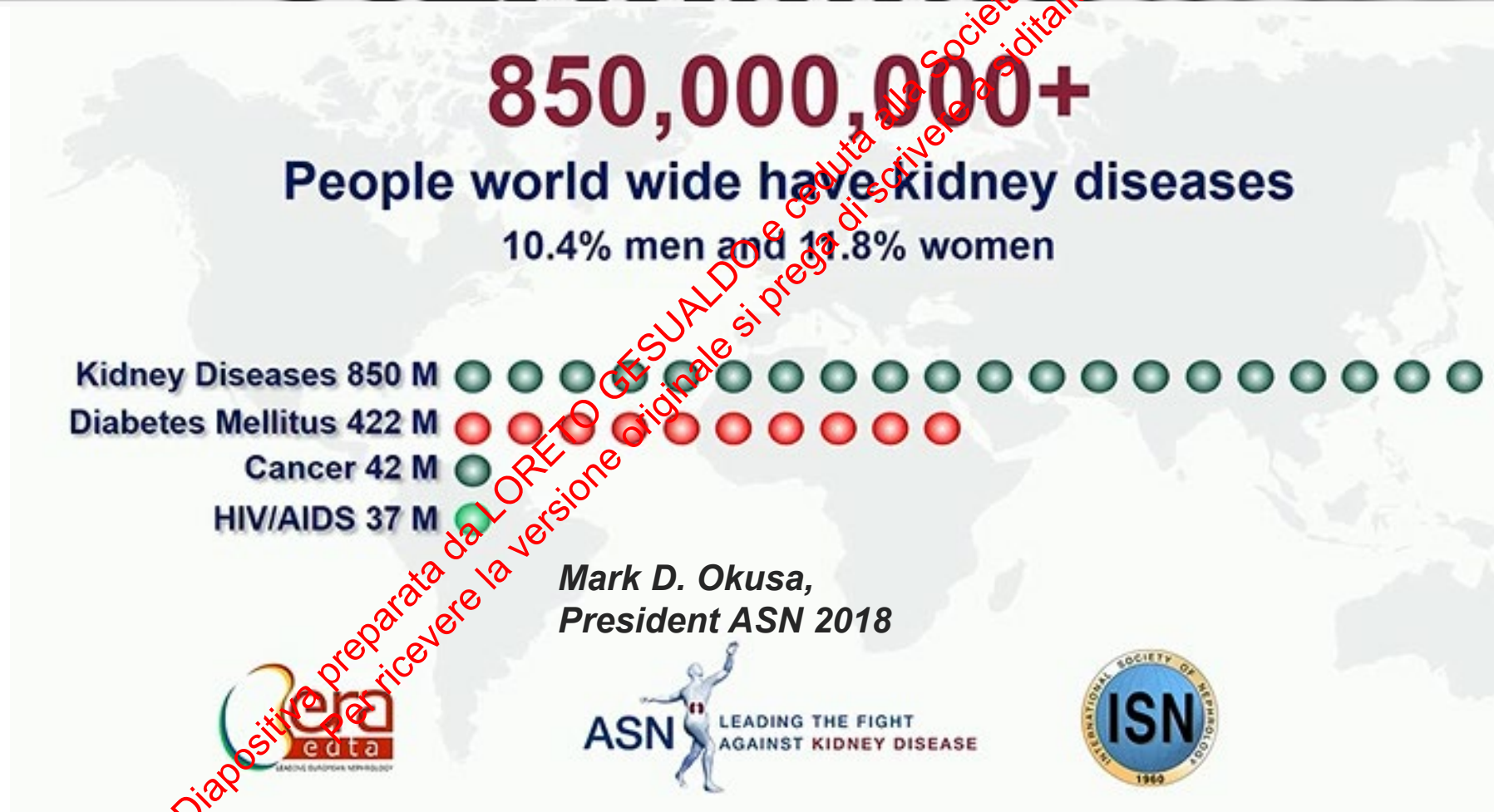
A collaborative meta-analysis of general and high-risk population cohorts

Ron T. Gansevoort¹, Kunihiro Matsushita², Marije van der Velde¹, Brad C. Astor², Mark Woodward³,
Andrew S. Levey⁴, Paul E. de Jong¹, Josef Coresh² and the Chronic Kidney Disease
Prognosis Consortium

¹Department of Nephrology, University Medical Center Groningen, University of Groningen, Groningen, The Netherlands; ²Department of Epidemiology, Johns Hopkins Bloomberg School of Public Health, Baltimore, Maryland, USA; ³George Institute, University of Sydney, Sydney, New South Wales, Australia and ⁴Division of Nephrology, Tufts Medical Center, Boston, Massachusetts, USA

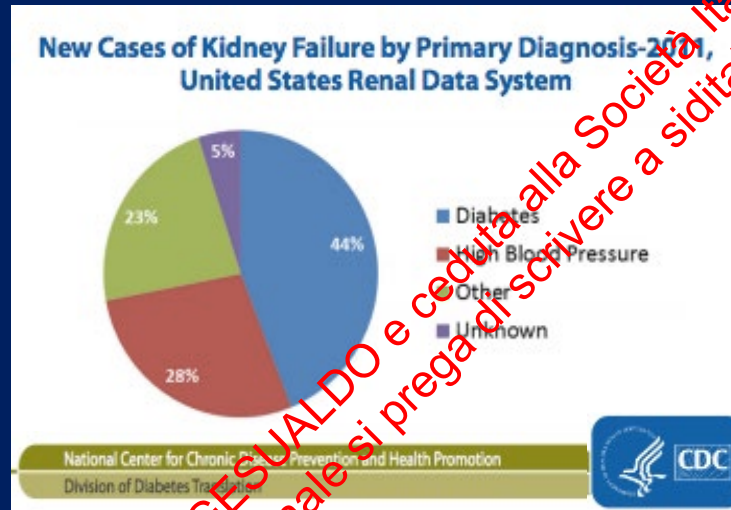
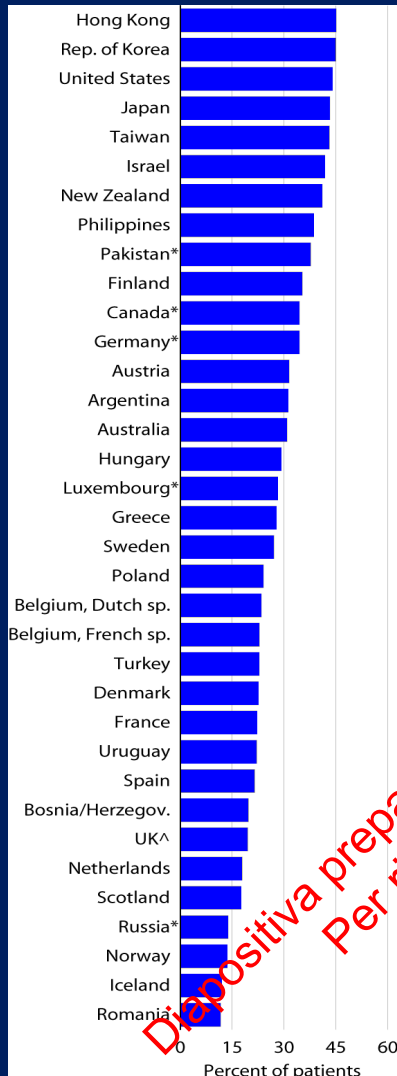
eGFR-Albuminuria and renal outcome



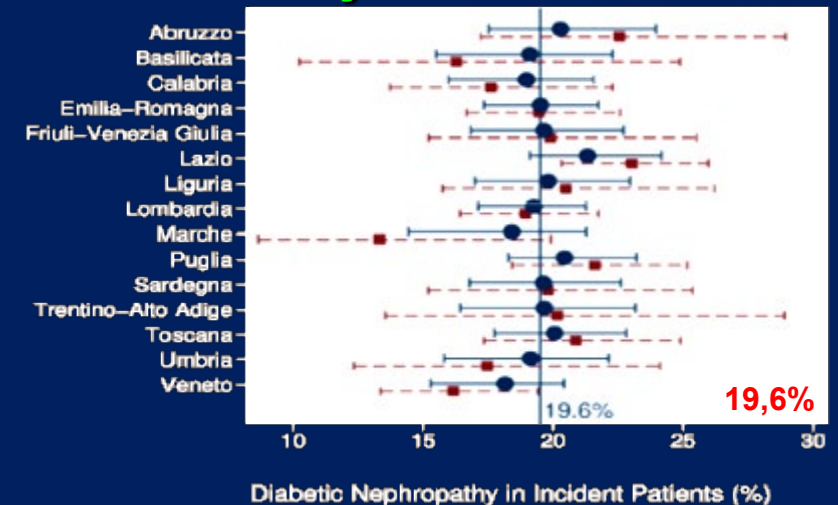


Diabetes and End Stage Renal Disease (ESRD) INCIDENCE

World...



Italy...



Renal Damage in a diabetic patient = diabetic nephropathy

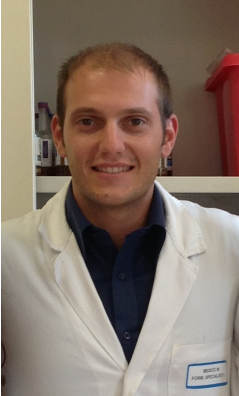
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- **Most nephrologists do not advocate renal biopsy in diabetic subjects, arguing that this procedure would simply confirm the presence of DN in the majority of patients**
- **There is no overall consensus on timing and indications, the decision to perform RB is usually based on personal opinions or single-center policies**
- **RB is an invasive procedure that is not completely free from complications.**

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Histopathological Characteristics of renal damage in Diabetes

CLASSIFICATION	HISTOLOGY	PREVALENCE
• Class 1	→ Diabetic glomerulosclerosis	(39,6%)
• Class 2	→ Vascular (arterioarteriosclerotic) and ischemic glomerular changes	(15,2%)
• Class 3a	→ Glomerular diseases superimposed on diabetic glomerulosclerosis	(45,03%)
• Class 3b	→ Other glomerulonephritis without the presence of diabetic lesions	

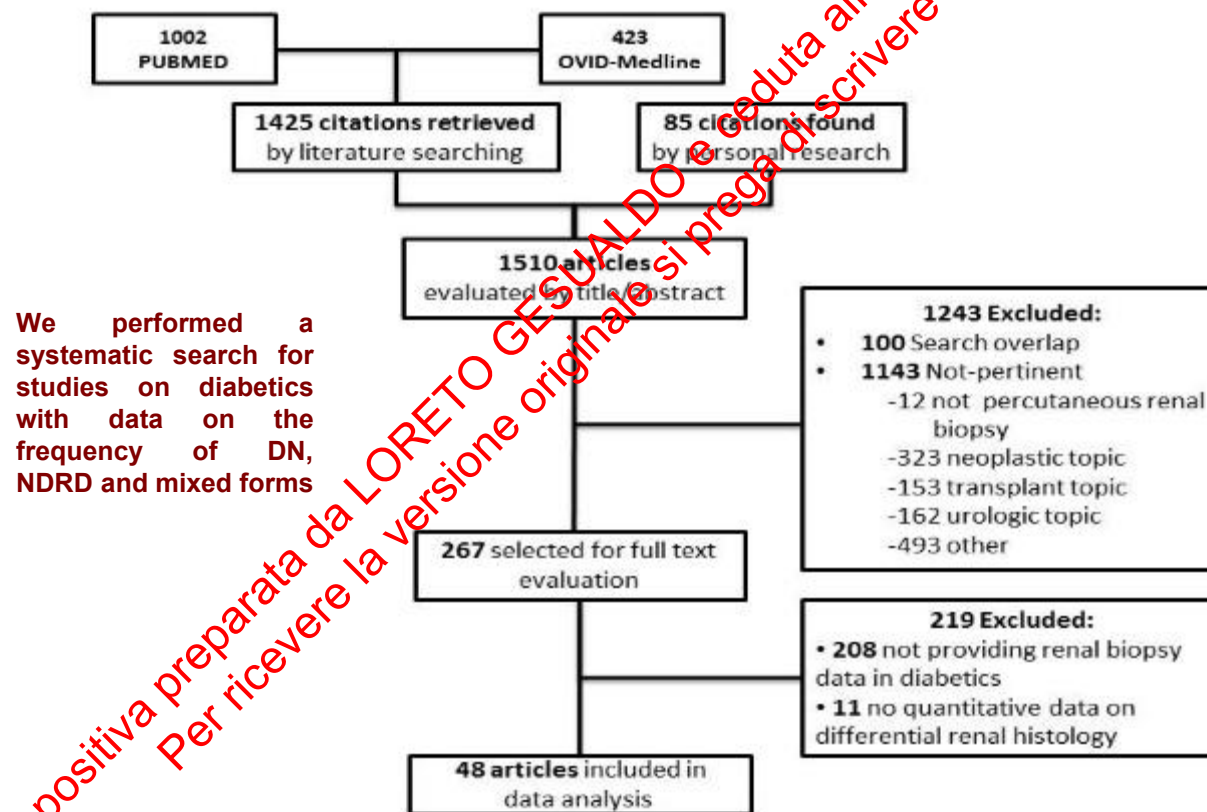


Original Article

Renal biopsy in patients with diabetes: a pooled meta-analysis of 48 studies

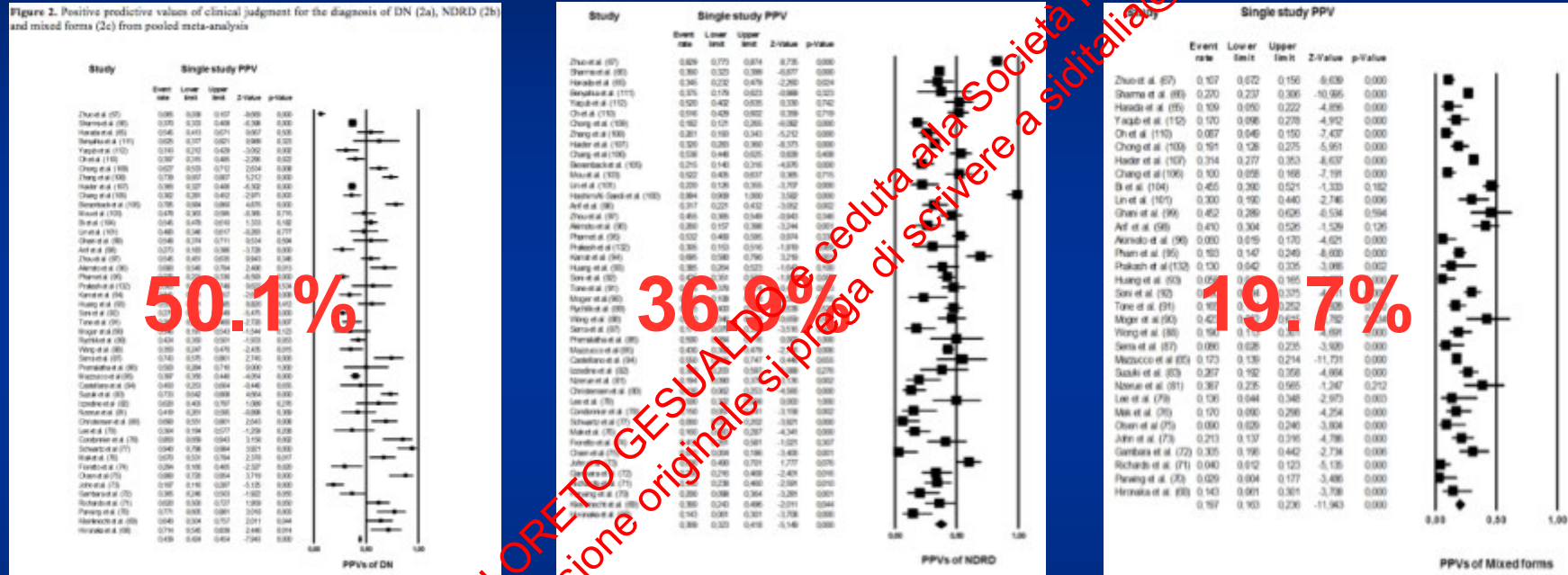
Marco Fiorentino¹, Davide Bolignano^{2,3}, Vladimir Tesar⁴, Anna Pisano⁵, Vincent van Biesen³, Giovanni Tripepi², Graziella D'Arrigo² and Loreto Gesualdo¹ on behalf of the ERA-EDTA Immunonephrology Working Group

Flow of the study selection process



Positive predictive values of clinical judgment for the diagnosis of DN (2a), NDRD (2b) and mixed forms (2c) from pooled meta-analysis

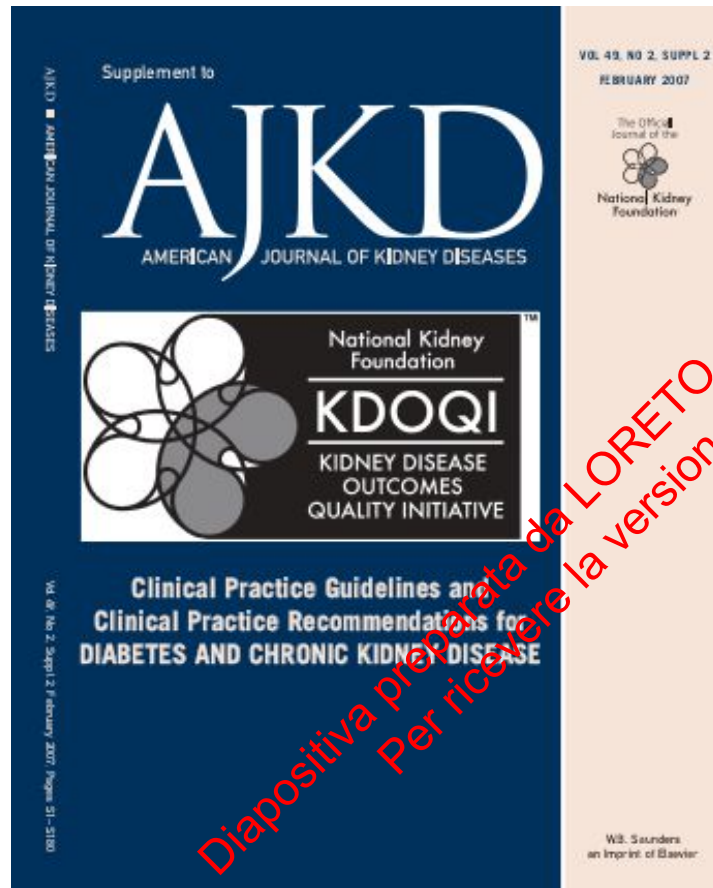
Figure 2. Positive predictive values of clinical judgment for the diagnosis of DN (2a), NDRD (2b) and mixed forms (2c) from pooled meta-analysis



Positive predictive values (PPVs) (pooled data) of clinical judgment for identifying DN, NDRD and mixed forms (as assessed by renal biopsy) were 50.1% (95% CI: 44.9 -55.3), 36.9% (95% CI: 32.3-41.8) and 19.7% (95% CI: 16.3-23.6), respectively

Meta-regression identified systolic pressure, HbA1c, diabetes duration and retinopathy as factors explaining heterogeneity for NDRD, creatinine and GFR for mixed forms and only serum creatinine for DN.

DIABETES AND RENAL DAMAGE



Terminology for the Kidney Disease of Diabetes

«The term diabetic nephropathy has been replaced by diabetic kidney disease (DKD). The term diabetic nephropathy should be reserved to biopsy-proven kidney disease caused by diabetes».

1. Il danno renale nel paziente diabetico è sempre causato dal diabete?

SI

NO

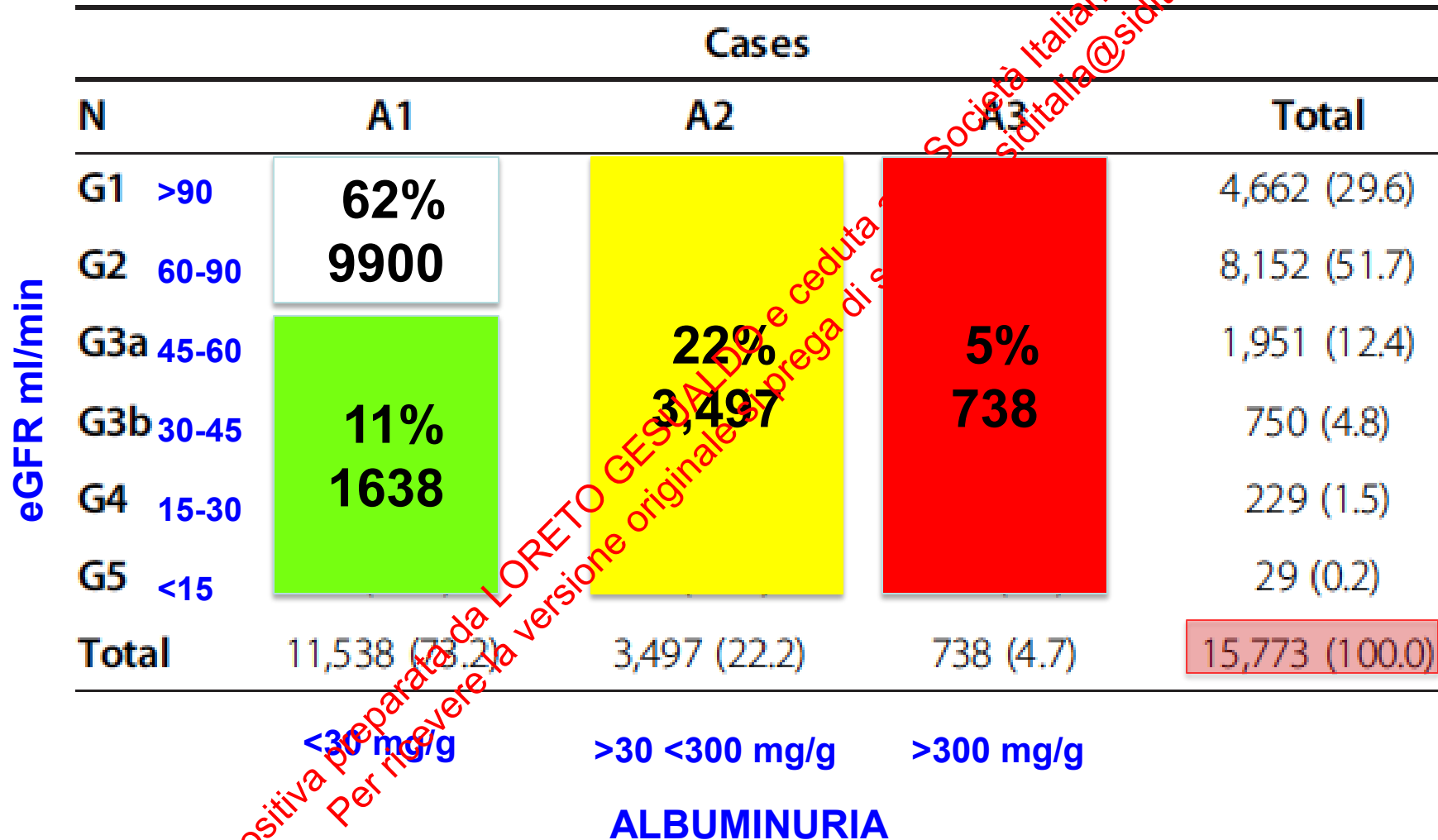
NON SO

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Lo screening e la stadiazione del rischio di MRC deve basarsi sulla valutazione del volume di filtrazione glomerulare stimato (eGFR) e della albuminuria (uACR)

Prognosis of CKD by GFR and albuminuria categories: KDIGO 2012				Persistent albuminuria categories description and range		
				A1	A2	A3
				Normal to mildly increased ≤30 mg/g ≤3 mg/mmol	Moderately increased 30–300 mg/g 3–30 mg/mmol	Severely increased >300 mg/g >30 mg/mmol
GFR categories (ml/min per 1.73 m ²) Description and range	G1	Normal or high	≥90			
	G2	Mildly decreased	60–89			
	G3a	Mildly to moderately decreased	45–59			
	G3b	Moderately to severely decreased	30–44			
	G4	Severely decreased	15–29			
	G5	Kidney failure	<15			
Green, low risk (if no other markers of kidney disease, no CKD); yellow, moderately increased risk; orange, high risk; red, very high risk.						

Patients stratification



Patients stratification

N	Cases			Total
	A1	A2	A3	
G1	3,610 (22.9)		120 (0.8)	4,662 (29.6)
G2	6,255 (39.7)		244 (1.6)	8,152 (51.7)
G3a			136 (0.9)	1,951 (12.4)
G3b			136 (0.9)	750 (4.8)
G4			87 (0.6)	229 (1.5)
G5			15 (0.1)	29 (0.2)
Total	11,538 (73.2)	3,497 (22.2)	738 (4.7)	15,773 (100.0)

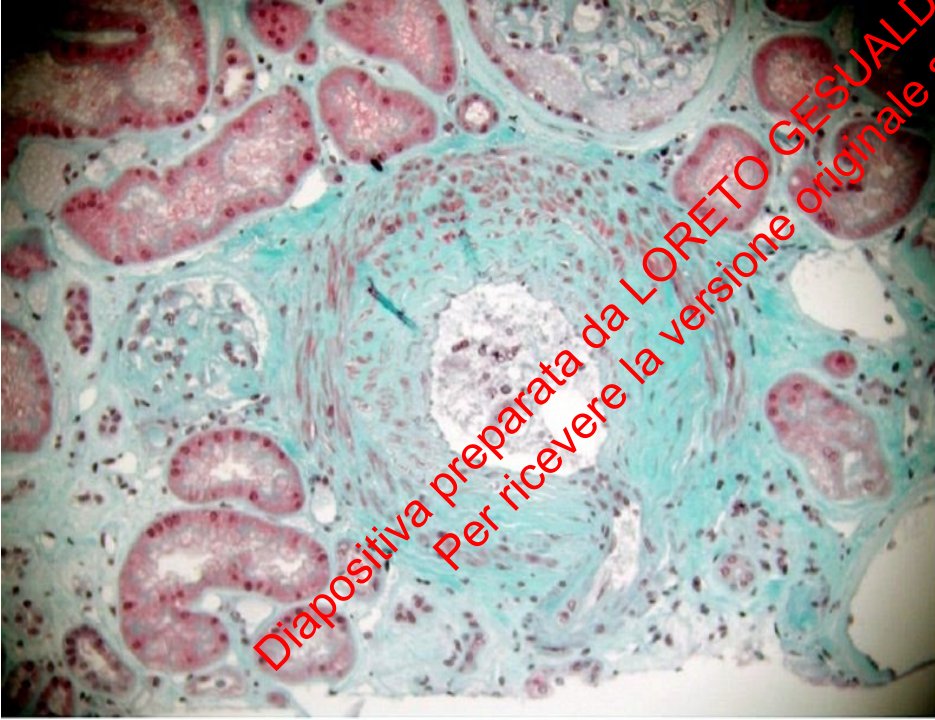
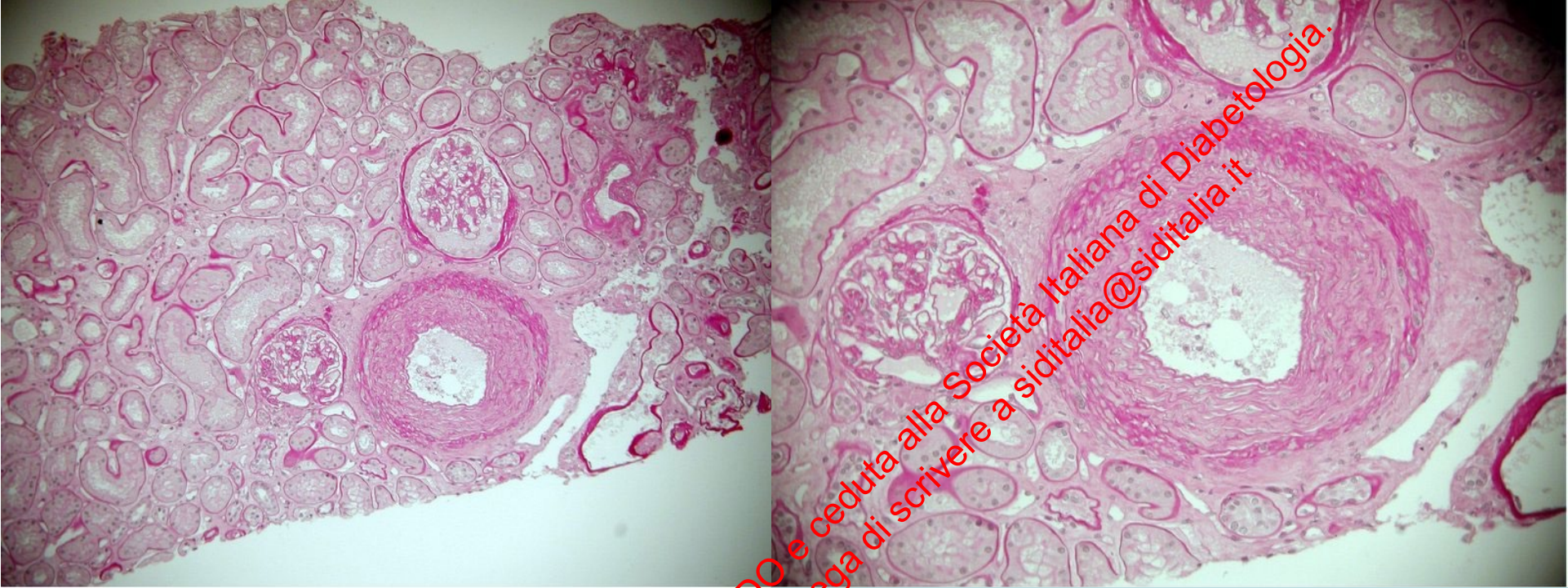
<30 mg/g

>30 <300 mg/g

>300 mg/g

ALBUMINURIA

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Class 2

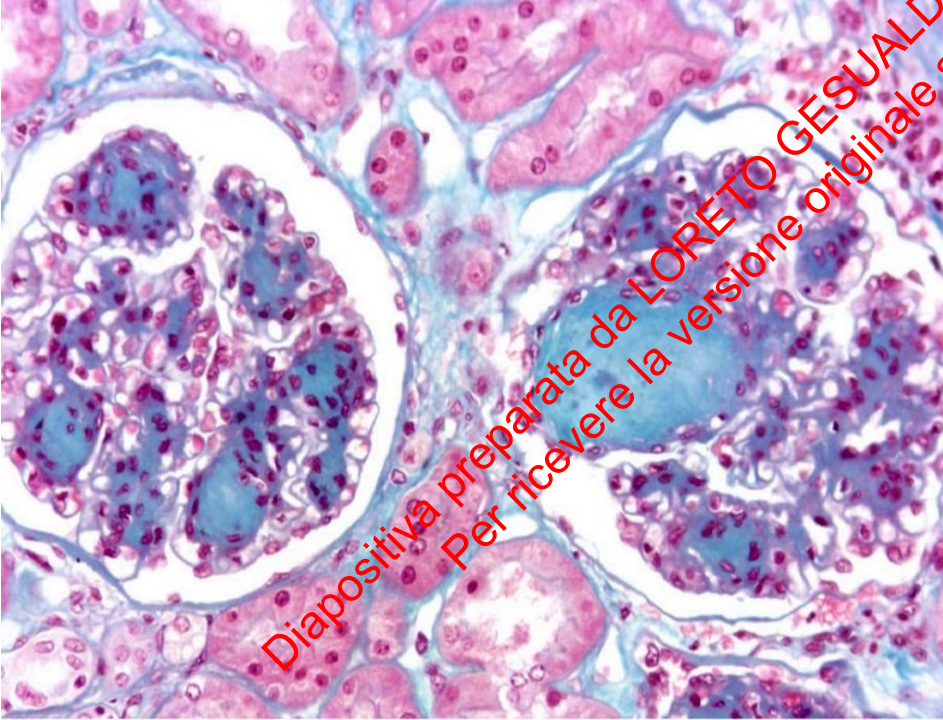
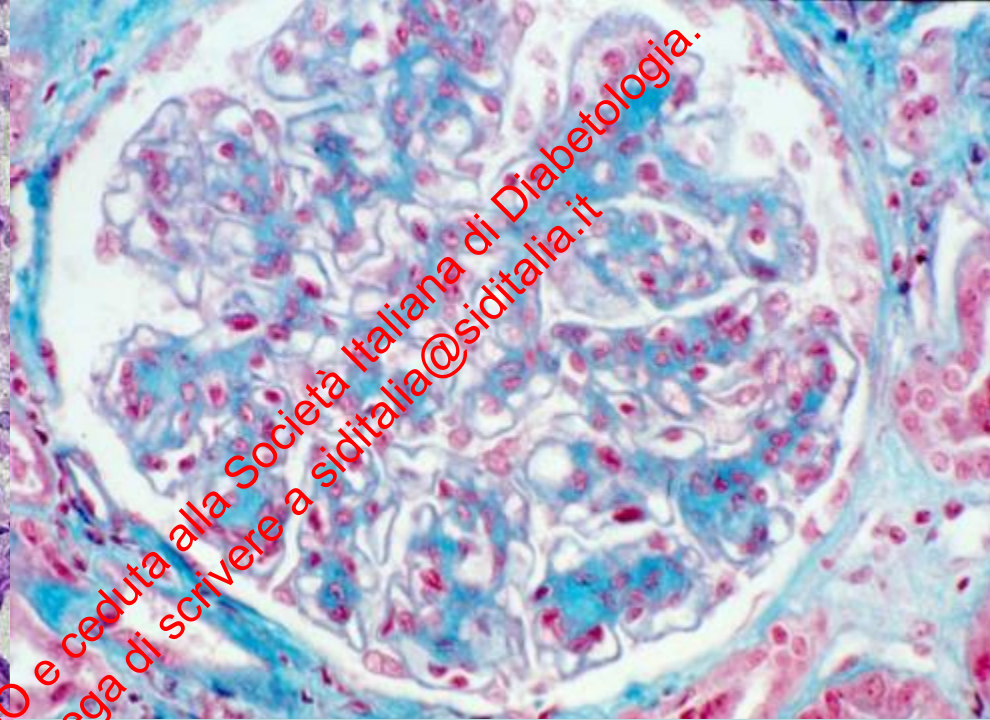
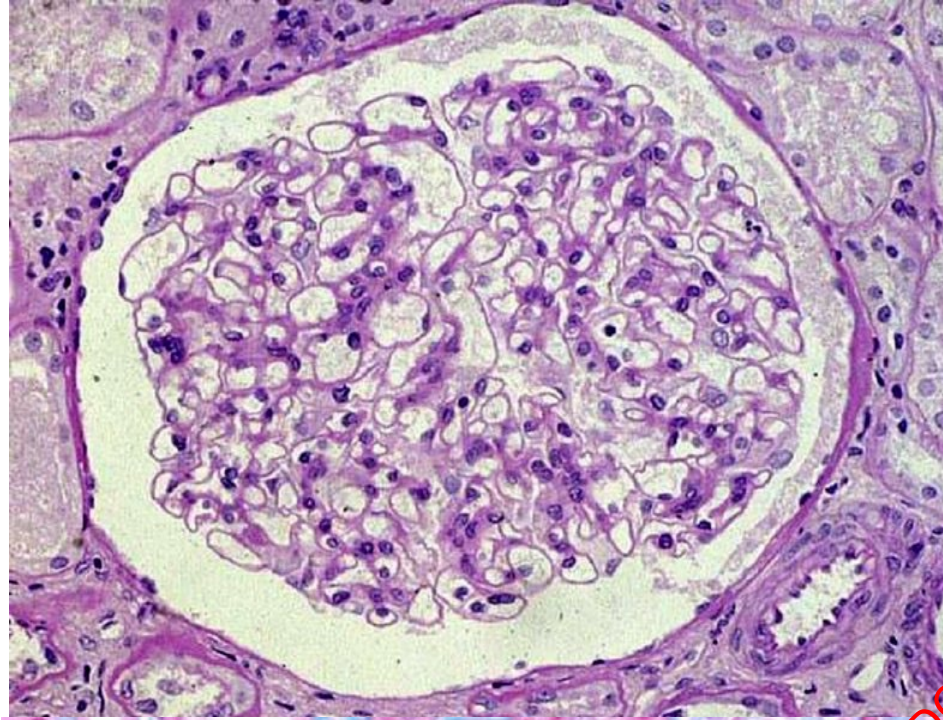
- ✓ Vascular disease with macroangiopathic lesions
- ✓ Glomeruli small and ischemic
- ✓ Marked arteriosclerosis
- ✓ Chronic tubulointerstitial damage

Patients stratification

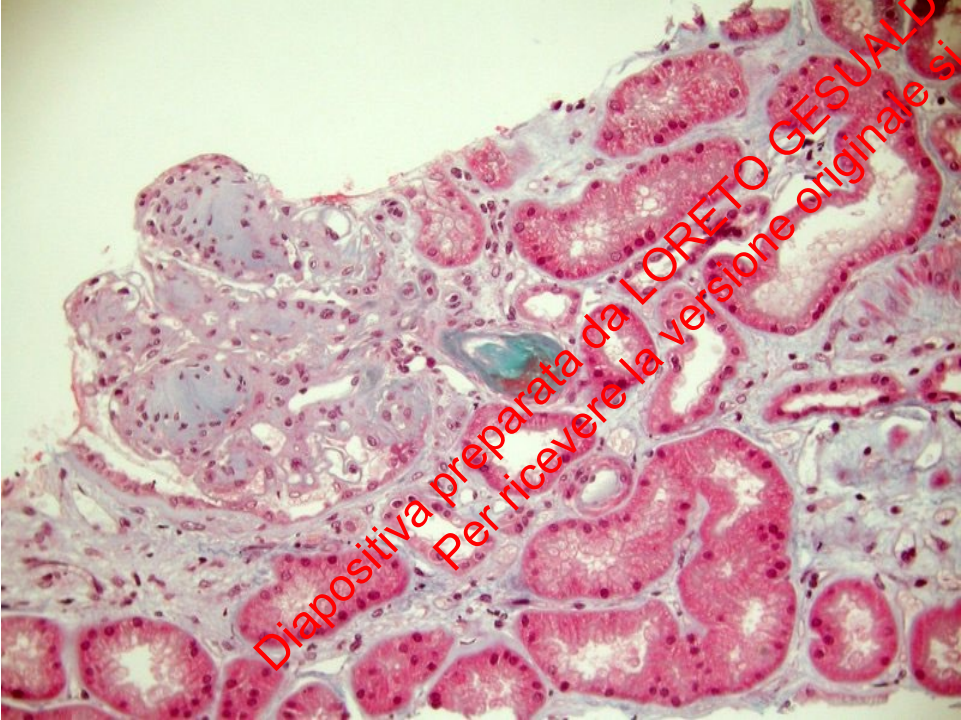
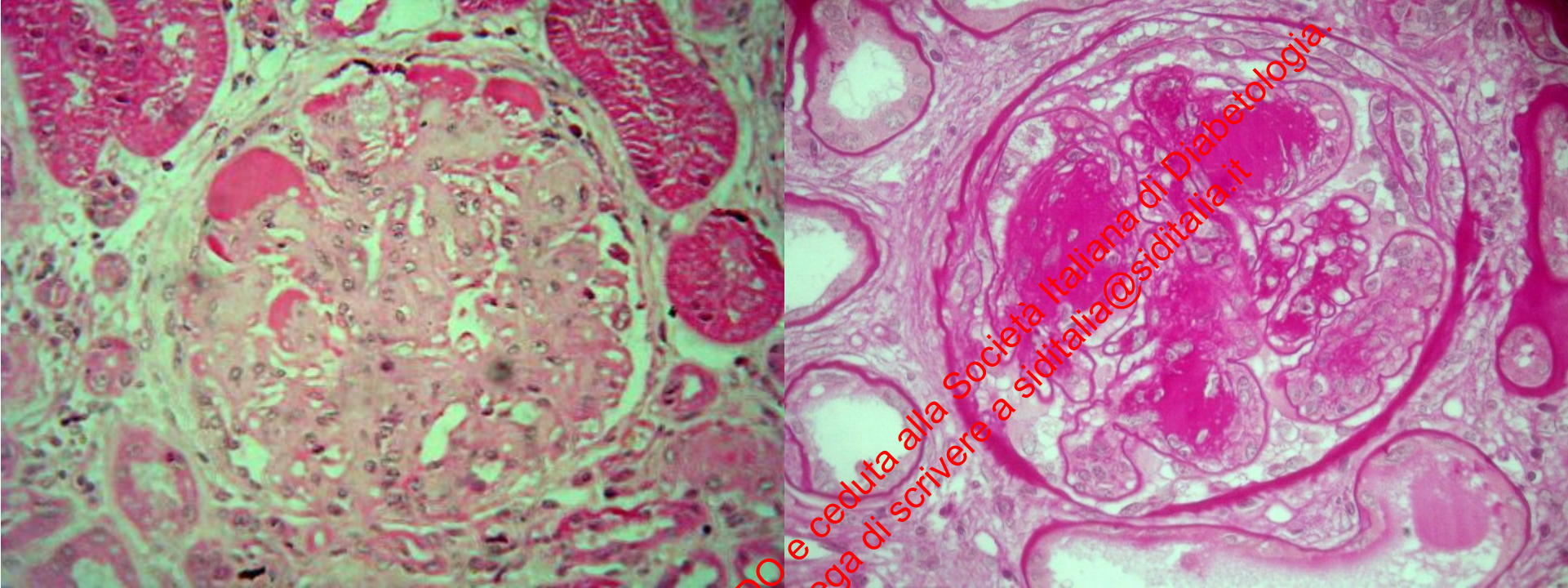
		Cases			Total
N		A1	A2	A3	
eGFR ml/min	G1 >90	3,610 (22.9)	22% 3,497	5% 738	4,662 (29.6)
	G2 60-90	6,255 (39.7)			8,152 (51.7)
	G3a 45-60	1,253 (7.9)			1,951 (12.4)
	G3b 30-45	351 (2.2)			750 (4.8)
	G4 15-30	60 (0.4)			229 (1.5)
	G5 <15	9 (0.06)			29 (0.2)
Total		11,538 (73.2)	3,497 (22.2)	738 (4.7)	15,773 (100.0)
		<30 mg/g	>30 <300 mg/g	>300 mg/g	
ALBUMINURIA					

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Società Italiana di Diabetologia.



Class 1
(Kimmelstiel
Wilson lesions)

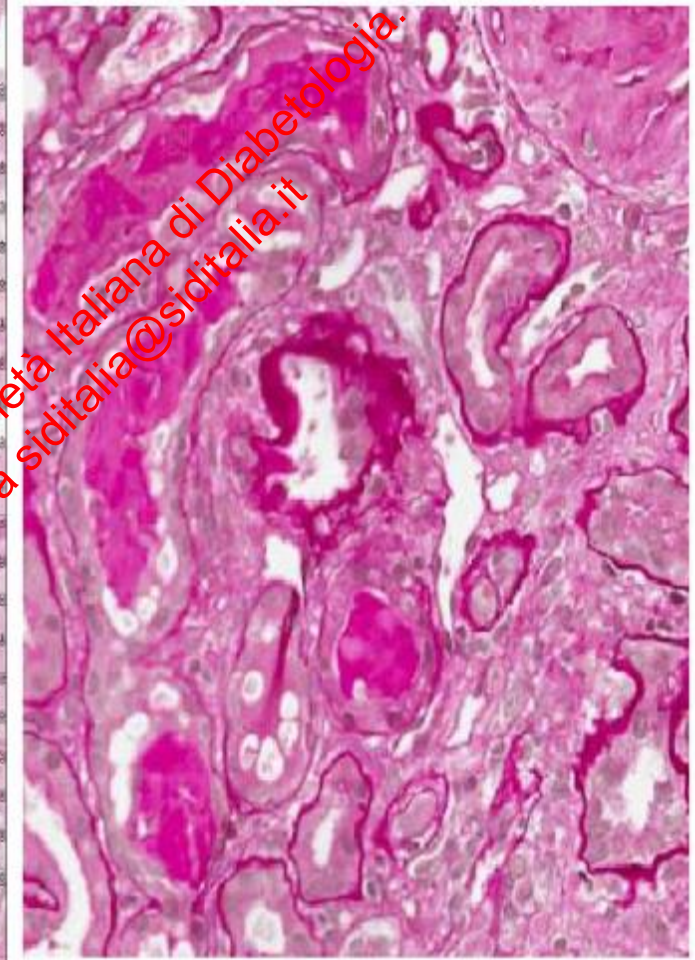


Class 1

- ✓ Glomerular hypertrophy
- ✓ Mesangial expansion (fibrosis)
- ✓ Mesangiolysis
- ✓ Sclerosis
- ✓ Nodular appearance
- ✓ Fibrin caps
- ✓ Fibrin necrosis on the afferent arteriola
- ✓ IFTA

Patients stratification

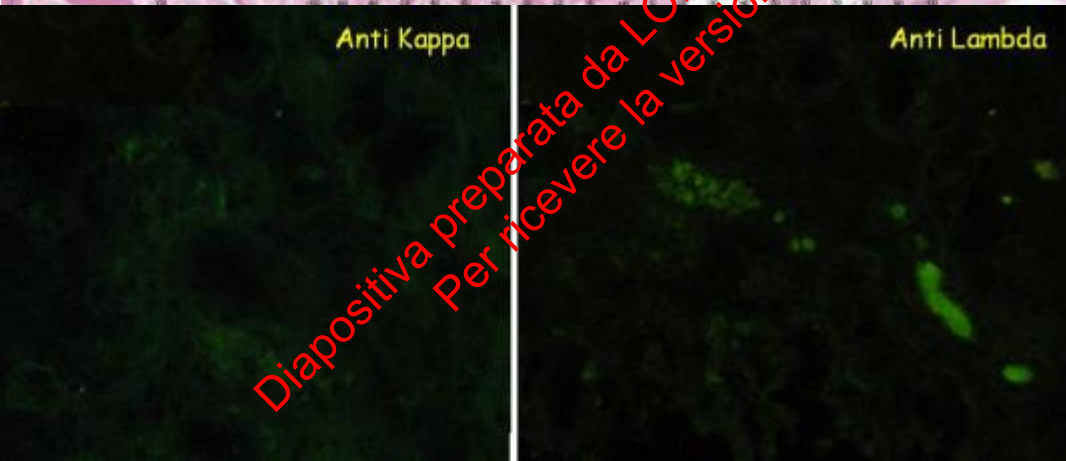
		Cases			
N		A1	A2	A3	Total
eGFR ml/min	G1 >90	3,610 (22.9)	932 (5.9)	5% 738	4,662 (29.6)
	G2 60-90	6,255 (39.7)	1,653 (10.5)		8,152 (51.7)
	G3a 45-60	1,253 (7.9)	562 (3.6)		1,951 (12.4)
	G3b 30-45	351 (2.2)	253 (1.7)		750 (4.8)
	G4 15-30	60 (0.4)	92 (0.5)		229 (1.5)
	G5 <15	9 (0.06)	5 (0.03)		29 (0.2)
Total		11,538 (73.2)	3,497 (22.2)	738 (4.7)	15,773 (100.0)
		<30 mg/g	>30 <300 mg/g	>300 mg/g	
ALBUMINURIA					



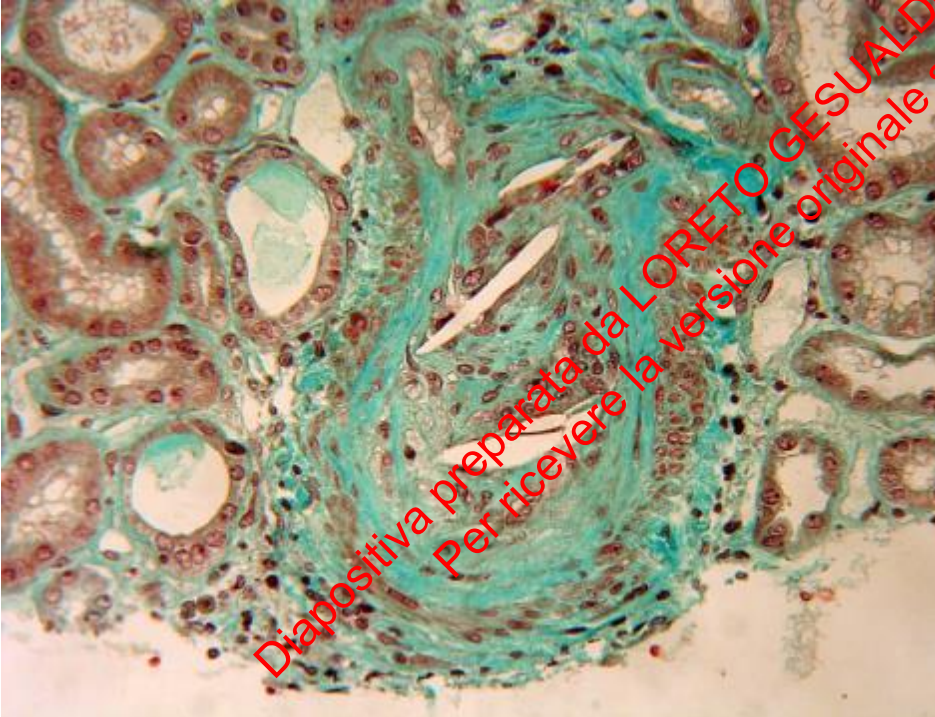
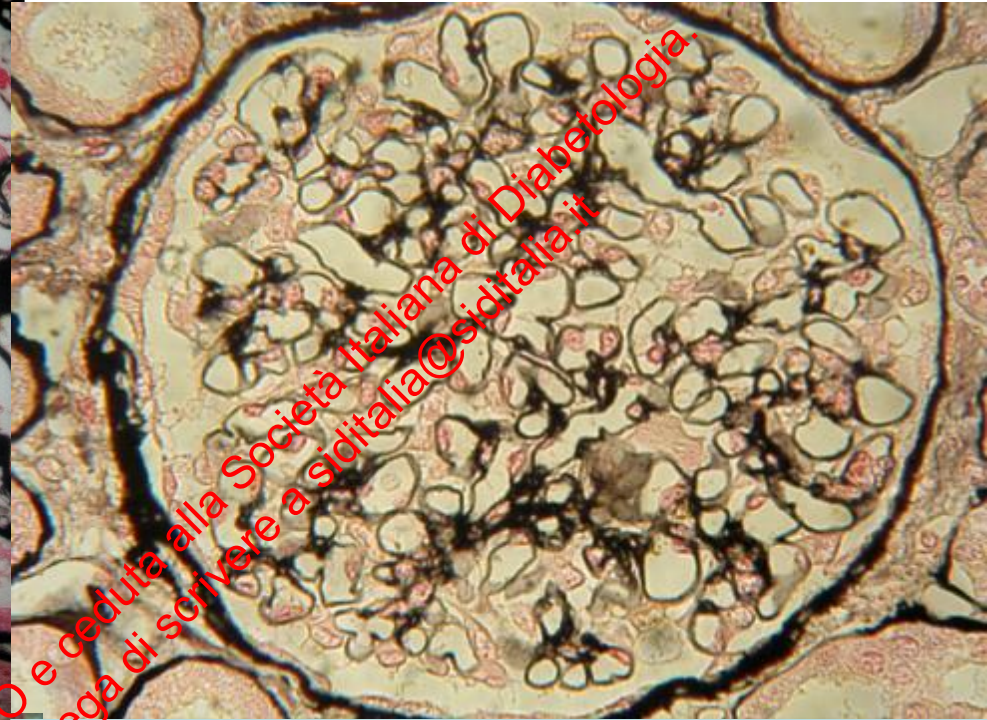
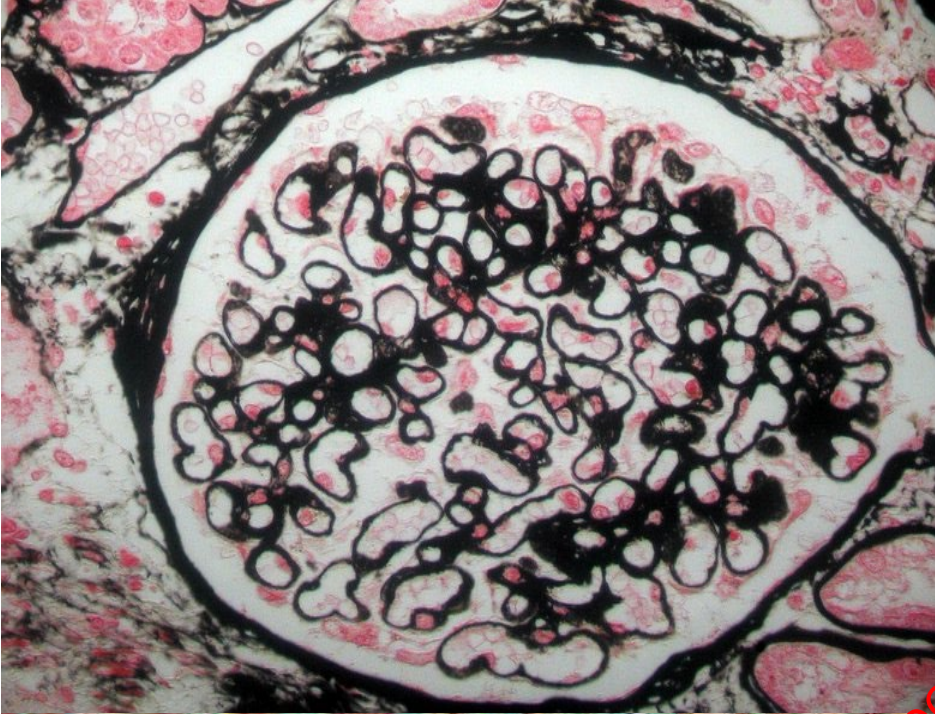
Classe 3

Another glomerular disease
superimposed on well-developed
diabetic glomerulo-sclerosis

DN + Cast Nephropathy



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Class 3b

Glomerular disease without clearly detectable or minimal lesions of diabetic nephropathy (membranous nephropathy, IgA nephropathy....)

2. Quanti fenotipi clinici renali è possibile riconoscere?

A: 1

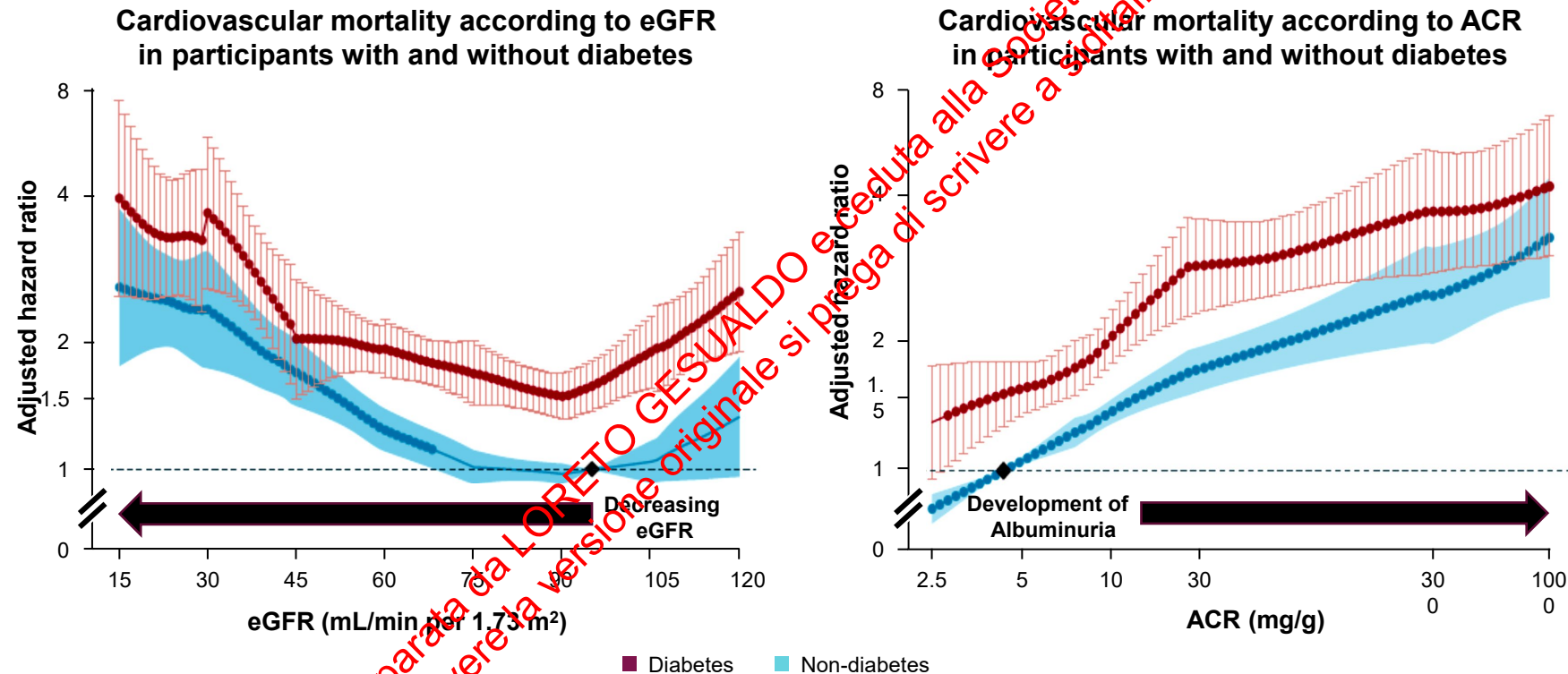
B: 2

C: 3

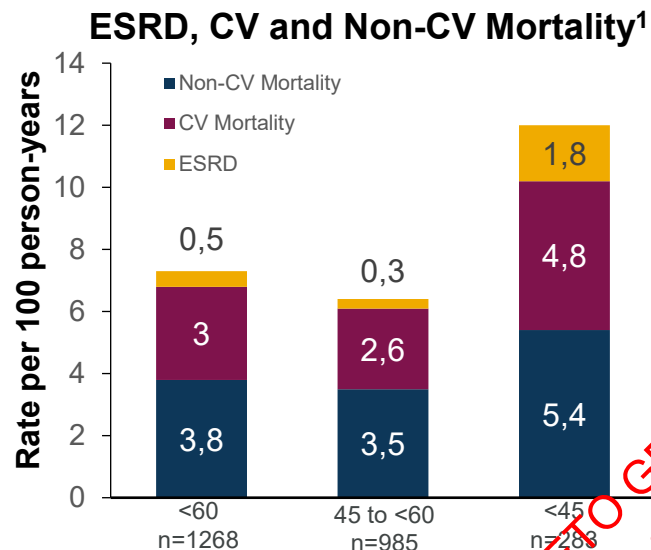
D: >3

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In diabetes, both lower eGFR and development of albuminuria are associated with increased risk of CV mortality



Risk of death more likely than progression to ESRD



MDRD eGFR rate in mL/min/1.73 m²

- Leading causes of death in CKD²:
- CV events
 - non-CV causes: cancer, infection

Relative risk of CV Mortality³
Categorical meta-analysis

Increasing kidney damage →

	ACR <10	ACR 10–29	ACR 30–299	ACR ≥300
eGFR > 105	0.9	1.3	2.3	2.1
eGFR 90–105	Ref	1.5	1.7	3.7
eGFR 75–90	1.0	1.3	1.6	3.7
eGFR 60–75	1.1	1.4	2.0	4.1
eGFR 45–60	1.5	2.2	2.8	4.3
eGFR 30–45	2.2	2.7	3.4	5.2
eGFR 15–30	14	7.9	4.8	8.1

Decreasing kidney function ↓

Renal decline is associated with increased risk of CV mortality

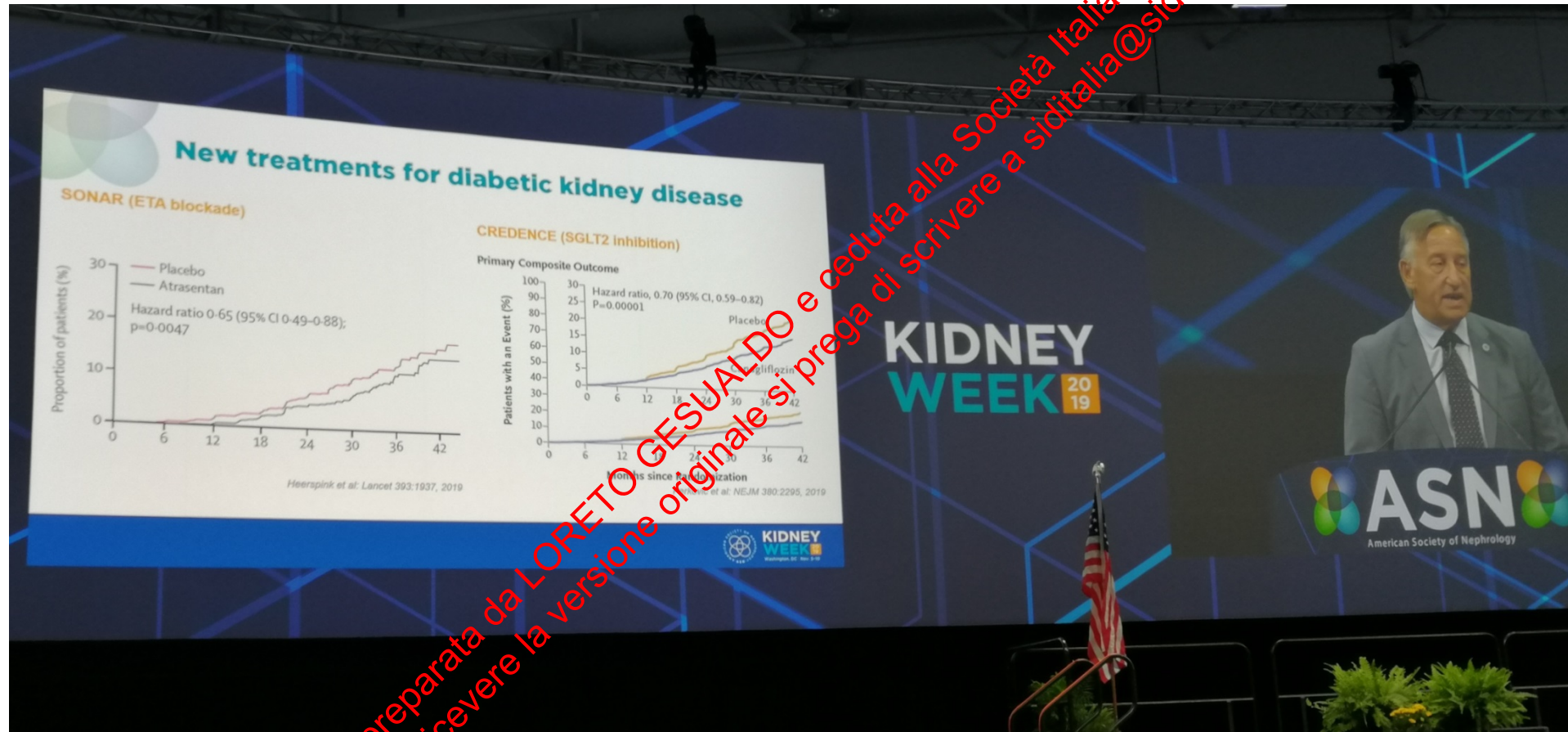
Options to prevent new onset or worsening renal function are limited

Drug/Class	Study Name	Patient Population	Year	Effect on CKD progression
ACE Ramipril	REIN ²	Non-DM Nephropathy (eGFR 20-70 mL/min/1.73 m ² ; UPE > 1g/24h)	1997	✓
ARBs Irbesartan Losartan Olmesartan	IDNT ³ RENAAL ⁴ ROADMAP ⁵	T2D; CKD (UPE ≥900mg/24h; SCr 1-3 mg/dL) T2D; CKD (UACR ≥300; SCr 1.3-3mg/dL) T2D; normoalbuminuria	2001 2001 2011	✓
ACE/ARB Combo Telmisartan/ramipril Losartan/lisinopril	ONTARGET ⁶ VA NEPHRON-D ⁷	ASCVD or diabetes with end-organ damage T2D; CKD (eGFR ≥30 to <90mL/min/1.73 m ² ; UACR ≥300)	2008 2013	—
DRI Aliskiren	ALTITUDE ⁸	T2D; CKD (eGFR ≥30 and <60mL/min/1.73 m ²) or CVD	2012	—
Glycosaminoglycan Sulodexide	SUN MACRO ^{9,10}	T2D; CKD (UPE>900mg/24h)	2012	—
Anti-inflammatory Bardoxolone methyl	BEACON ¹¹	T2D; CKD (eGFR 15 to <30 mL/min/1.73 m ²)	2013	—

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NUOVE EVIDENZE

Farmaci innovativi per la prevenzione del danno d'organo



Rosemberg, Presidential Address ASN 2019

Washington, 6 November 2019

THE TRIALS

SGLT-2 INHIBITOR TRIALS

Empagliflozin EMPA-REG OUTCOME

- All with CVD, none with eGFR <30

Canagliflozin CANVAS

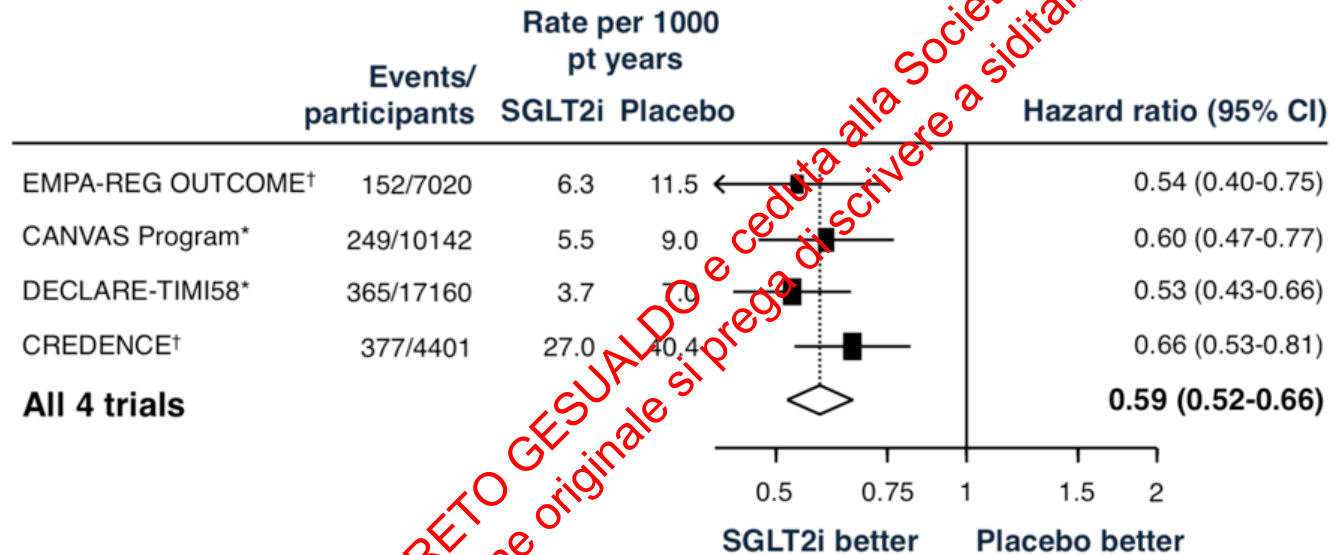
- 2 CV risk factors + age 50+, exclude eGFR <30

Dapagliflozin DECLARE-TIMI 58

- renal composite $\geq 40\%$ decrease in eGFR, ESKD, death

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SGLT2 INHIBITORS IN TYPE 2 DIABETES: KIDNEY DISEASE PROGRESSION



Outcomes

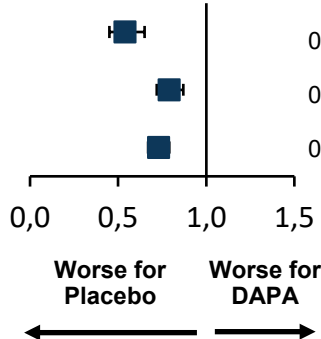
† = Doubling of creatinine or ESRD

* = 40% decline in eGFR or ESRD

Wanner NEJM 2016; 375: 323-334; Neal NEJM 2017; 377: 644-57; Wiviott NEJM 2018; Nov 10; Perkovic NEJM 2019; Apr 14.

Dapagliflozin decreased the likelihood of patients deteriorating to a worse albuminuria category

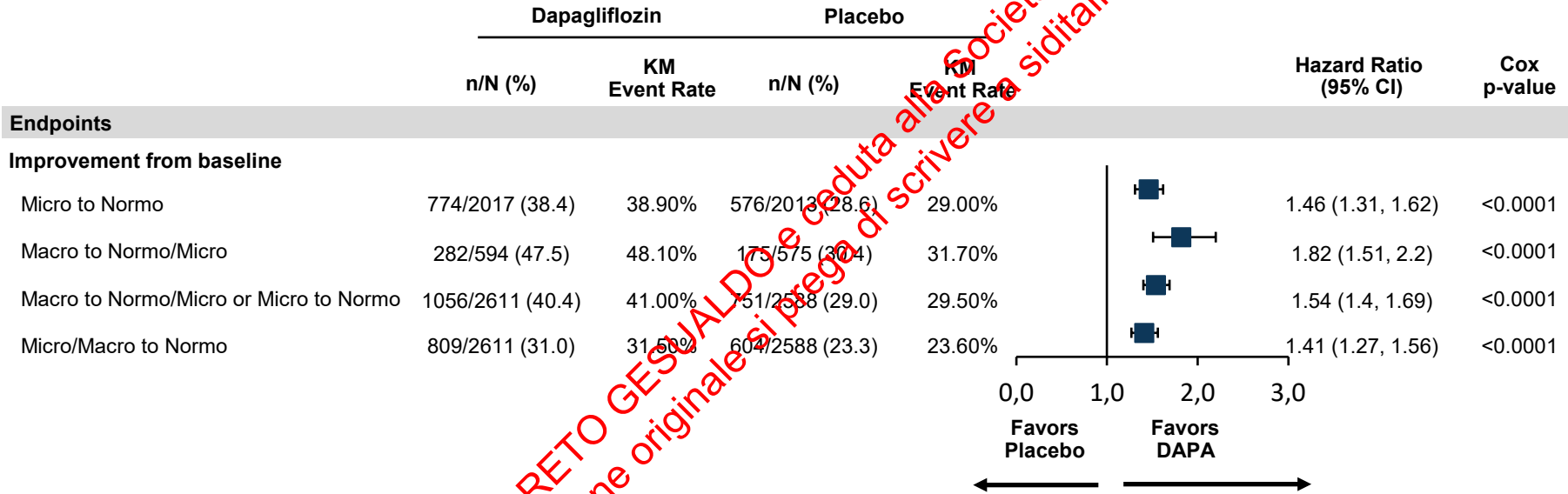
Endpoints	Dapagliflozin		Placebo		Hazard Ratio (95% CI)	Cox p-value
	n/N (%)	KM Event Rate	n/N (%)	KM Event Rate		
Deterioration from baseline						
Normo/Micro to Macro	181/7836 (2.3)	2.30%	330/7836 (4.2)	4.2%	0.54 (0.45, 0.65)	<0.0001
Normo to Micro/Macro	772/5819 (13.3)	13.30%	959/5825 (16.5)	16.3%	0.79 (0.72, 0.87)	<0.0001
Normo to Micro/Macro or Micro to Macro	928/7836 (11.8)	11.90%	1243/7838 (15.9)	15.8%	0.73 (0.67, 0.79)	<0.0001



0,0 0,5 1,0 1,5

Worse for Placebo Worse for DAPA

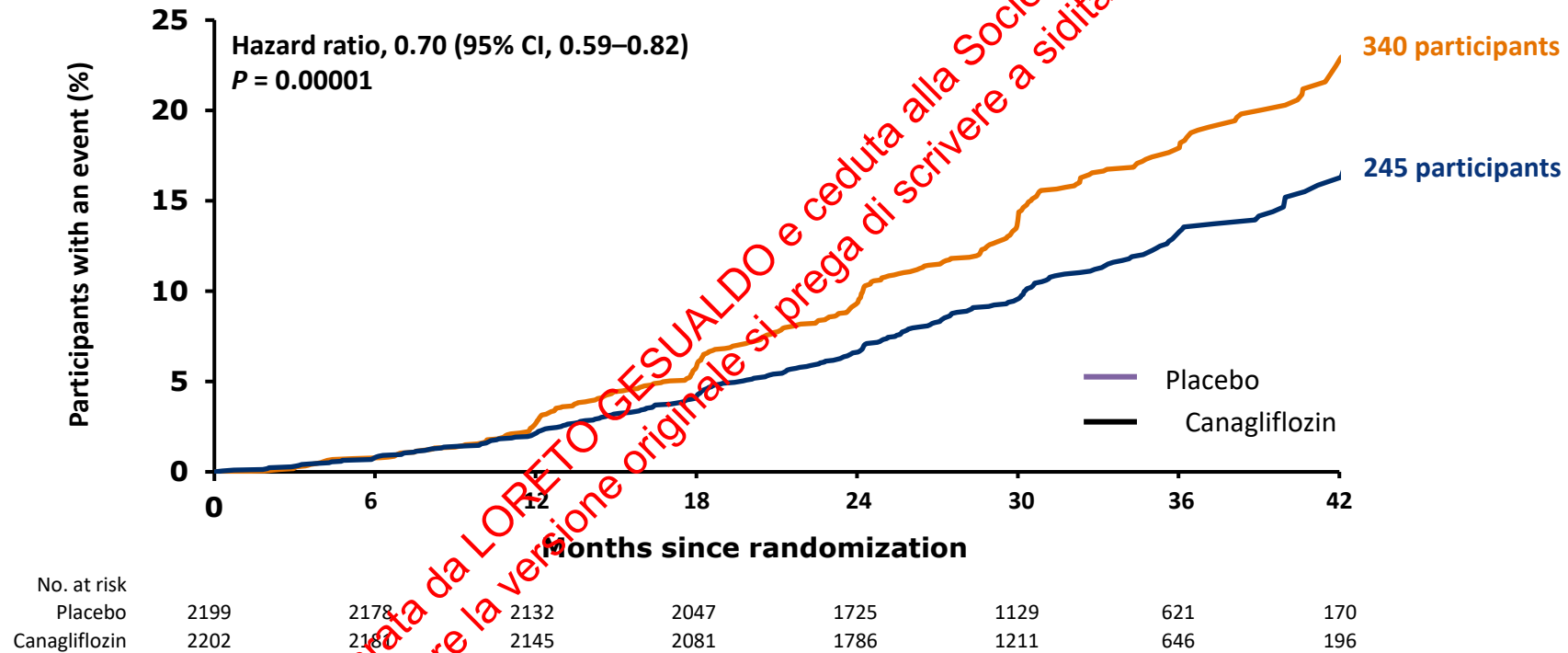
Dapagliflozin increased the likelihood of patients improving in albuminuria category, regardless of baseline UACR



Randomised controlled trials of SGLT2 inhibitors in CKD

	CREDENCE ¹⁻⁴	Dapa-CKD ⁵⁻⁶	EMPA-KIDNEY ⁸
Population	PROTEINURIC DIABETIC KIDNEY DISEASE ✓ T2D ✗ Non-DM ✗ Non-Albuminuric	PROTEINURIC CHRONIC KIDNEY DISEASE ✓ T2D ✓ Non-DM ✓ Non-Albuminuric	CHRONIC KIDNEY DISEASE T2D ✓ Non-DM ✓ Non-Albuminuric
No. of patients	4401	4304	~6000
Key inclusion criteria	eGFR ≥30 to <90 <u>and</u> UACR >300 mg/g	eGFR ≥25 to ≤75 <u>and</u> UACR ≥200 mg/g	eGFR ≥20 to <45 <u>or</u> eGFR ≥45 to <90 and UACR ≥200 mg/g
Primary composite outcome	ESKD, doubling of creatinine, or renal/CV death	ESKD, ≥50% sustained eGFR decline, or renal/CV death	ESKD, or ≥40% sustained eGFR decline, or renal/CV death
Study start and stop date (announced or planned)	February 2014 July 2018 ³	February 2017 March 2020 ⁷	November 2018 ~June 2022
No. of countries	34	21	8

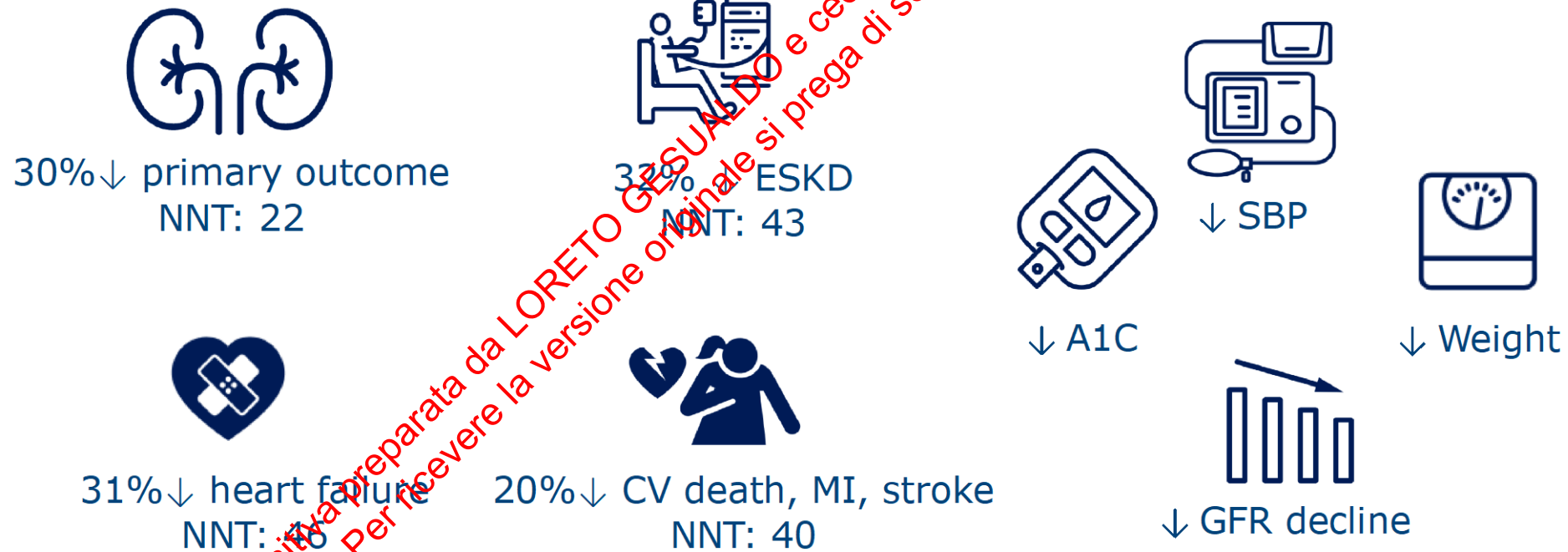
Primary Outcome: ESKD, Doubling of Serum Creatinine, or Renal or CV Death



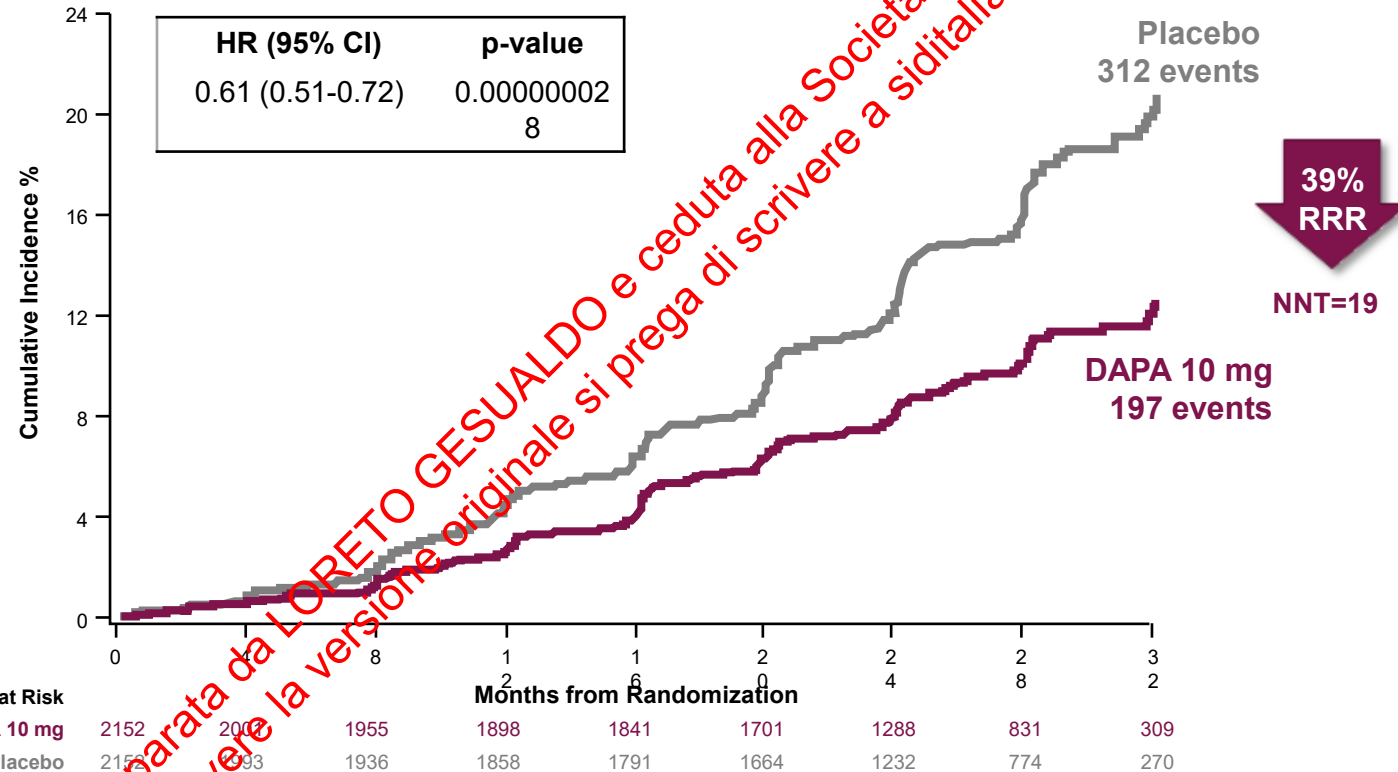
Diapositiva preparata da LORETO GESUALDO e ceduta alla Società Italiana di Diabetologia.
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Canagliflozin and Renal Outcomes in Type 2 Diabetes and Nephropathy

V. Perkovic, M.J. Jardine, B. Neal, S. Bompoint, H.J.L. Heerspink, D.M. de Zeeuw, R. Edwards, R. Agarwal, G. Bakris, S. Bull, C.P. Cannon, G. Carraro, P.-L. Chu, D. de Zeeuw, T. Greene, A. Levin, C. Pollock, D.C. Wheeler, Y. Yoon, H. Zhang, B. Zinman, G. Meininger, B.M. Brenner, and K.W. Mahaffey, for the CREDENCE Trial Investigators*



Primary Composite Outcome: Sustained $\geq 50\%$ eGFR Decline, ESKD, Renal or CV Death^a



^aESKD defined as the need for maintenance dialysis (peritoneal or hemodialysis) for at least 28 days and renal transplantation or sustained eGFR $<15\text{mL/min/1.73m}^2$ for at least 28 days. Renal death was defined as death due to ESKD when dialysis treatment was deliberately withheld for any reason.² CV = cardiovascular; DAPA = dapagliflozin; eGFR = estimated glomerular filtration rate; ESKD = end-stage kidney disease; HR = hazard ratio; ; NNT = number needed to treat; RRR = relative risk reduction.

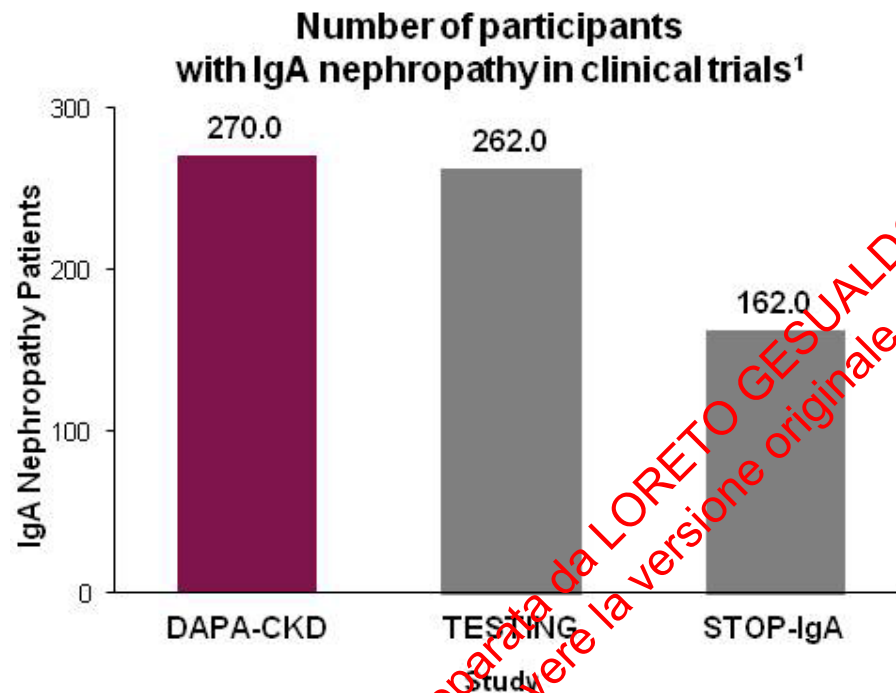
1. Heerspink HJL. Presented at: ESC Congress – The Digital Experience; August 29 - September 1, 2020. 2. Heerspink HJL et al. *Nephrol Dial Transplant*. 2020;35:274–282.

DAPA-CKD primary outcome result, by diabetes and renal subgroups

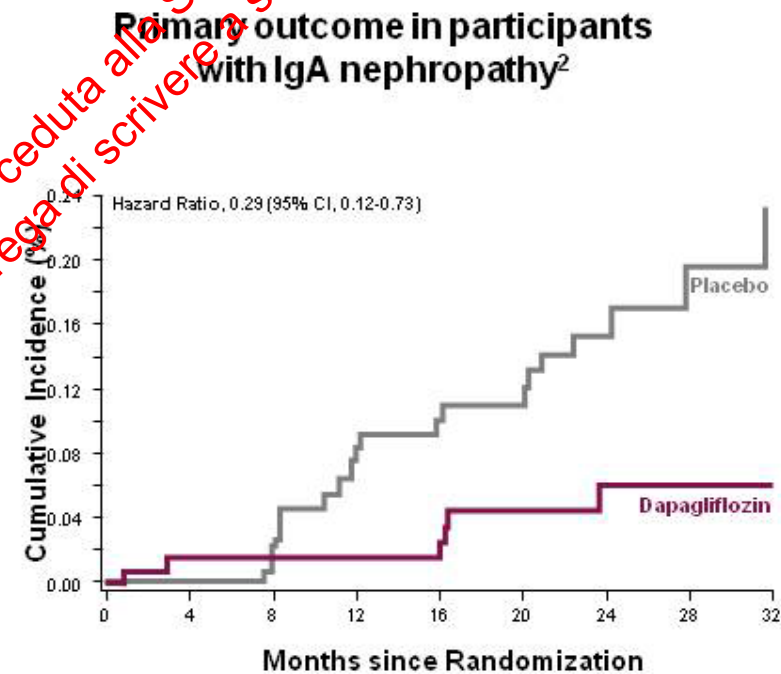
	Dapagliflozin	Placebo	HR (95% CI)	Het. test
Primary outcome	197	312	0.61 (0.51-0.72)	
Type 2 diabetes	152	229	0.64 (0.52-0.79)	0.24
No diabetes	45	83	0.50 (0.35-0.72)	
uACR ≤1000 mg/g	44	64	0.54 (0.37-0.77)	0.52
uACR >1000 mg/g	153	228	0.62 (0.50-0.76)	
eGFR ≤45	152	217	0.63 (0.51-0.78)	0.22
eGFR >45	45	95	0.49 (0.34-0.69)	

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IgAN subgroup

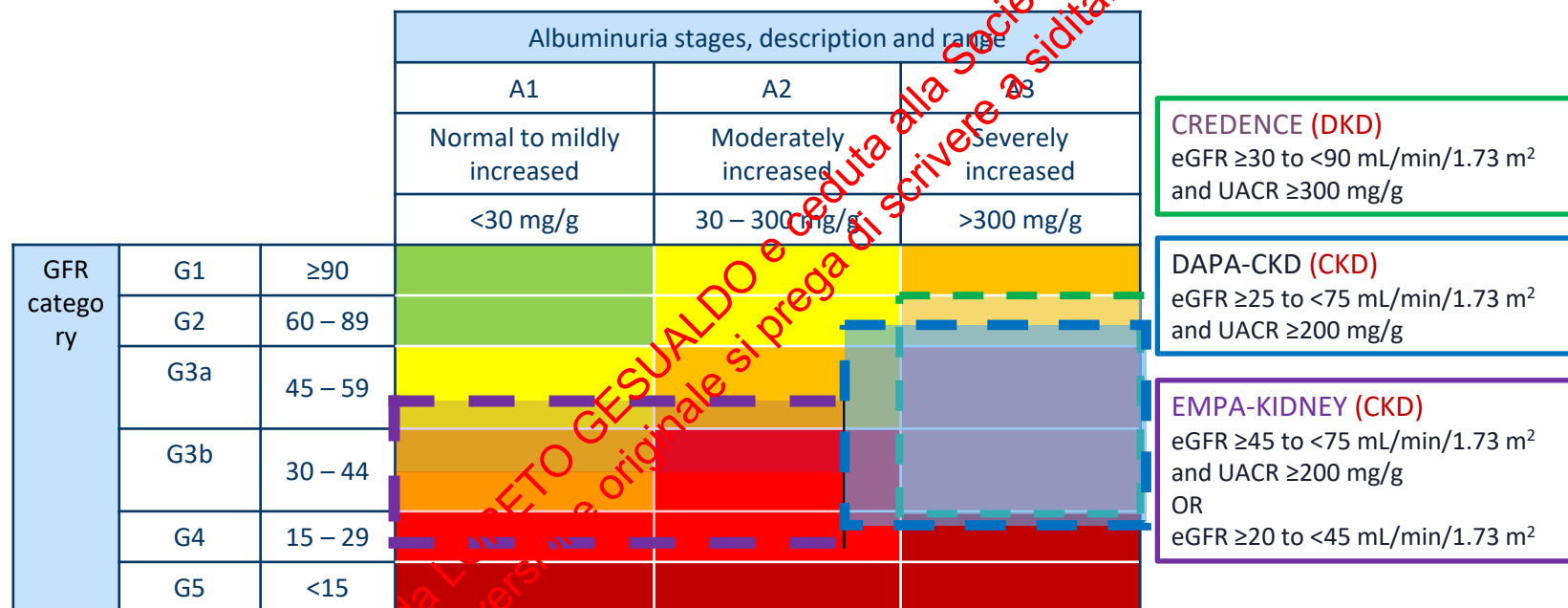


Wheeler DC et al. Nephrol Dial Transplant. 2020



Wheeler DC. Presented at: ASN – Kidney Week 2020

SGLT2 Inhibitors: Primary Kidney Outcome Trials



The cardiovascular outcome trials are indicated in the circles and positioned based on their mean eGFR and median UACR

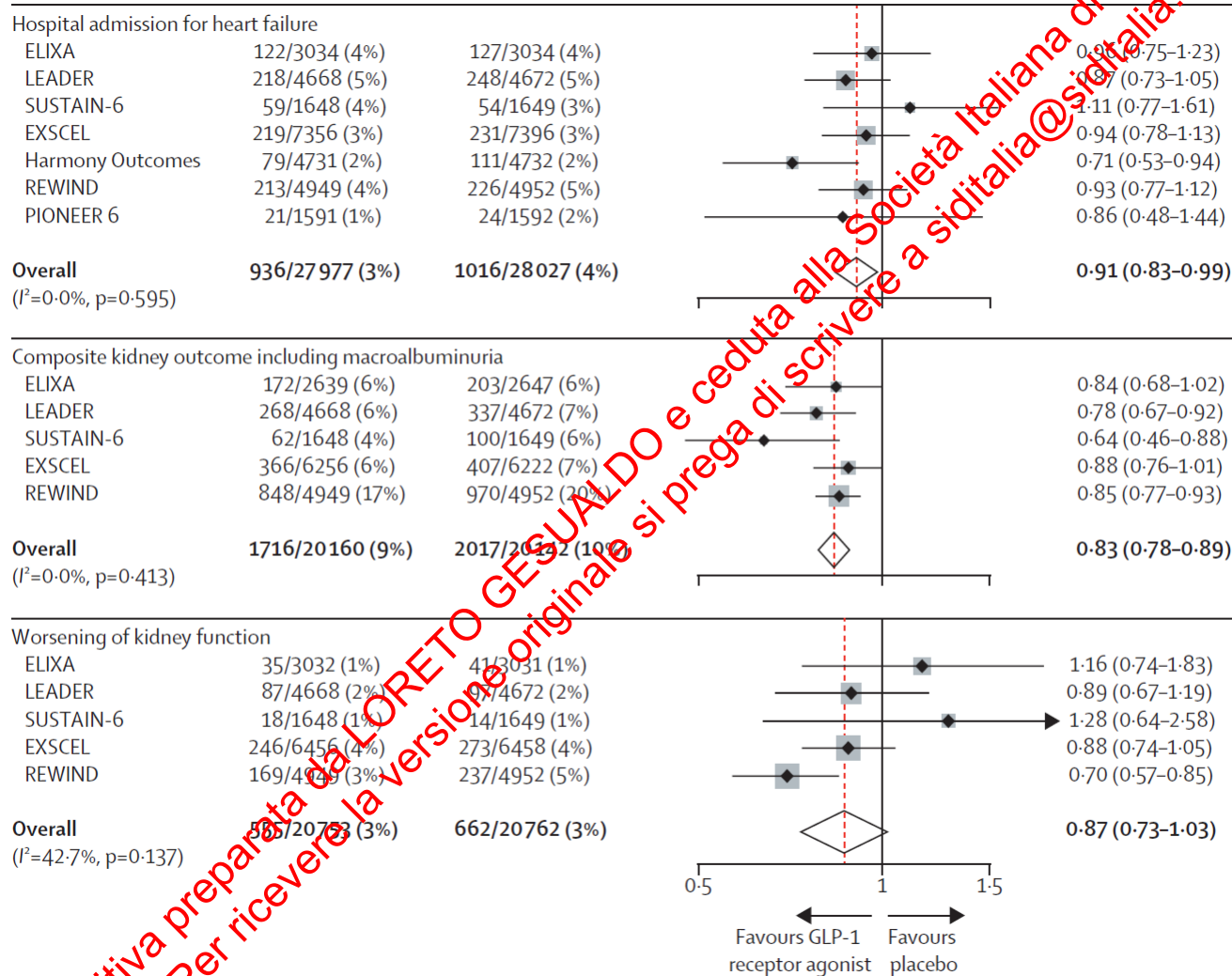
CREDENCE: Perkovic et al. *N Engl J Med* 2019; 380: 2295-2306

DAPA-CKD: Heerspink et al. *N Engl J Med* 2020; 383: 1436-1446

EMPA-KIDNEY: Ongoing; Herrington WG, et al. *Clin Kidney J.* 2018; 11:749-761.

Courtesy of Dr. Peter Rossing

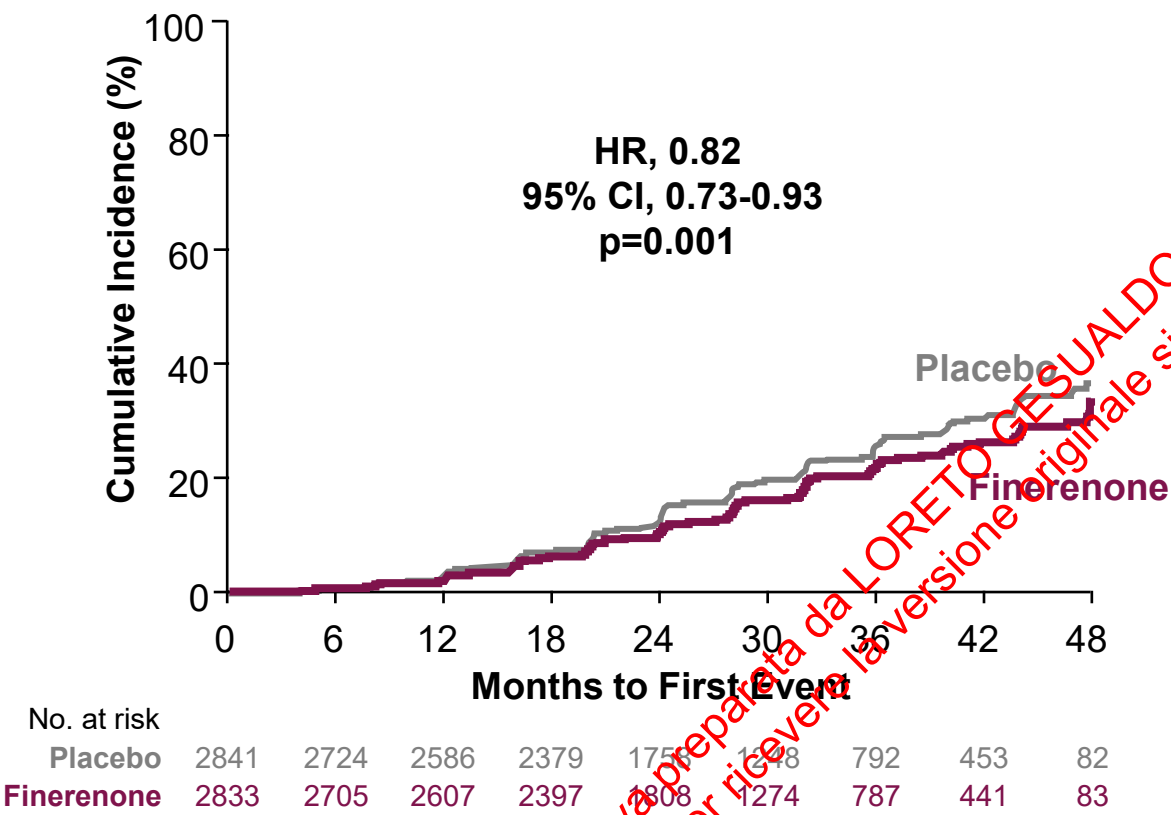
Effetti di GLP-1RA su Outcomes renali ed insufficienza cardiaca*



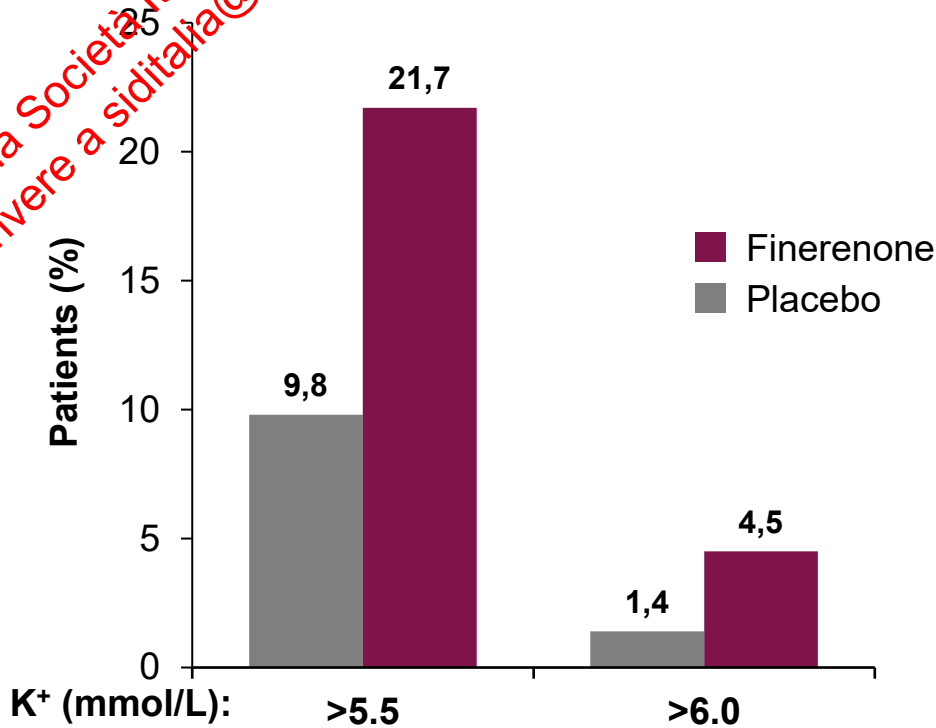
*based on ELIXA, EXSCEL, HARMONY, LEADER, PIONEER 6, REWIND, SUSTAIN-6

FIDELIO-DKD: Finerenone decreased the risk of CKD progression in patients with T2DM but was associated with hyperkalemia

Time to first event of kidney failure, sustained decrease in eGFR^a, or death from renal causes
(Primary composite endpoint)



Incidence of Hyperkalemia



Treatment discontinued due to hyperkalemia:
Finerenone, 2.3% (n=64) vs. placebo, 0.9% (n=25)

^aSustained decrease in eGFR defined as at least 40% reduction in eGFR from baseline over a period of at least 4 weeks.
CKD = chronic kidney disease; eGFR = estimated glomerular filtration rate; FIDELIO-DKD = Finerenone in Reducing Kidney Failure and Disease Progression in Diabetic Kidney Disease; HR = hazard ratio; T2DM = Type 2 diabetes mellitus.
Bakris GL et al. *N Engl J Med.* 2020.

3. Dobbiamo offrire a tutti i fenotipi clinici renali la stessa protezione cardio-renale?

SI

NO

NON SO

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GRAZIE PER L'ATTENZIONE

Prognosis of CKD by GFR and albuminuria categories: KDIGO 2012				Persistent albuminuria categories		
				Description and range		
				A1	A2	A3
				Normal to mildly increased <30 mg/g <3 mg/mmol	Moderately increased 30–300 mg/g 3–30 mg/mmol	Severely increased >300 mg/g >30 mg/mmol
GFR categories (ml/min per 1.73 m ²) Description and range	G1	Normal or high	≥90			
	G2	Mildly decreased	60–89			
	G3a	Mildly to moderately decreased	45–59			
	G3b	Moderately to severely decreased	30–44			
	G4	Severely decreased	15–29			
	G5	Kidney failure	<15			

Green, low risk (if no other markers of kidney disease, no CKD); yellow, moderately increased risk; orange, high risk; red, very high risk.