



Diapositiva preparata da ANNA SOLINI e ceduta alla Società Italiana di Diabetologia.
Per ricevere la versione originale si prega di scrivere a siditalia@siditalia.it

Lo Studio FIGARO

Anna Solini

Scuola di Medicina Università di Pisa



Disclosures

Grant: Sankyo, sanofi (University of Pisa)

Advisory Board: Bayer, Novo, Sankyo

Talks: Lilly, Novo, sanofi, Boehringer Ingelheim

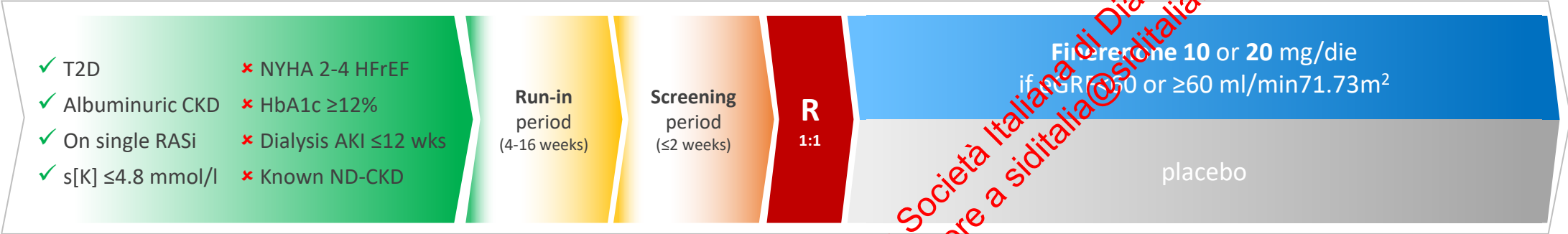
Diapositiva preparata da ANNA SOLINI e ceduta alla Società Italiana di Diabetologia.
Per ricevere la versione originale si prega di scrivere a siditalia@siditalia.it

Agenda

- The FIGARO Study
- The FIDELITY analysis
- Impact on Guidelines

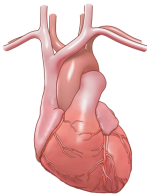
Diapositiva preparata da ANNA SOLINI e ceduta alla Società Italiana di Diabetologia.
Per ricevere la versione originale si prega di scrivere a siditalia@siditalia.it

FIGARO-DKD study design



	UACR mg/g	eGFR mL/min/1.73m ²
Microalbuminuric population:	≥30, <300	≥25, <90
Macroalbuminuric population:	≥300, ≤6000	≥60

Key endpoints



PRIMARY
Time to CV death, non-fatal MI, non-fatal stroke or hospitalisation for HF



KEY SECONDARY
Time to kidney failure (initiation of chronic dialysis for ≥90 days, kidney transplantation or sustained eGFR <15 ml/min/1.73 m²), sustained ≥40% decrease in eGFR from baseline, or renal death

FIGARO-DKD enrolled population

				Persistent albuminuria categories		
				Description and range		
				A1	A2	A3
				Normal to mildly increased <30 mg/g <3 mg/mmol	Moderately increased 30–300 mg/g 3–30 mg/mmol	Severely increased >300 mg/g >30 mg/mmol
GFR categories (ml/min per 1.73 m ²) Description and range	G1	Normal or high	≥90	0.2%	2.7%	14.9%
	G2	Mildly decreased	60–89	0.7%	13.4%	29.8%
	G3a	Mildly to moderately decreased	45–59	1.0%	15.3%	4.6%
	G3b	Moderately to severely decreased	30–44	0.8%	12.8%	1.2%
	G4	Severely decreased	15–29	0.2%	2.3%	0.2%
	G5	Kidney failure	<15			
				Total by KDIGO risk		
				Low risk:	0.8%	
				Moderate risk:	17.1%	
				High risk:	60.9%	
				Very high risk:	21.1%	

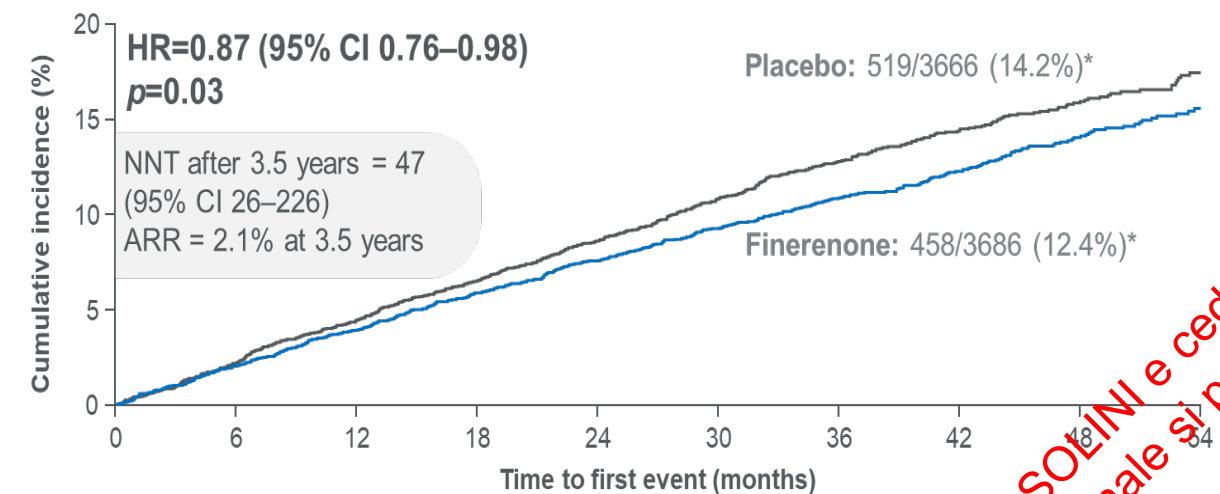
Diapositiva preparata da ANNA SOLINI e ceduta alla Societa Italiana di Diabetologia.
Per ricevere la versione originale si prega di scrivere a siditalia@siditalia.it

FIGARO-DKD patients characteristics

Selected baseline characteristics (mean age: 64.1 yrs)		Finerenone (n=3686)	Placebo(n=3666)
Mean eGFR, ml/min/1.73 m ² , ± SD		67.6±21.7	68.0±21.7
	<25	15 (0.4)	12 (0.3)
eGFR at baseline, ml/min/1.73 m ² , n (%)	25–<45	641 (17.4)	610 (16.6)
	45–<60	745 (20.2)	789 (21.5)
	≥60	2285 (62.0)	2254 (61.5)
Median UACR, mg/g, (IQR)		302 (105–749)	315 (111–731)
	<30	1851 (50.2)	1878 (51.2)
UACR at baseline, mg/g, n (%)	30–<300	1726 (46.8)	1688 (46.0)
	≥300	109 (3.0)	98 (2.7)
Mean HbA1c, %, ± SD		7.7±1.4	7.7±1.4
Mean systolic blood pressure, mmHg, ± SD		135.8±14.0	135.7±14.1
Mean duration of T2D, years, ± SD		14.5±8.6	14.4±8.4
History of CV disease, n (%)		1676 (45.5)	1654 (45.1)
ACE inhibitor, n (%)		1576 (42.8)	1561 (42.6)
ARB, n (%)		2108 (57.2)	2104 (57.4)
Mean serum potassium, mmol/l		4.33±0.43	4.33±0.43
Insulin, n (%)		2023 (54.9)	1970 (53.7)
GLP-1RA, n (%)		308 (8.4)	242 (6.6)
SGLT2 inhibitor, n (%)		314 (8.5)	304 (8.3)
SGLT2 inhibitor post-baseline, n (%)		580 (15.7)	578 (15.8)

Diapositiva preparata da ANNA SOLINI e ceduta alla Societa Italiana di Diabetologia.
Per ricevere la versione originale si prega di scrivere a siditalia@siditalia.it

Finerenone and primary CV outcome



No. at risk										
Finerenone	3686	3600	3517	3427	3320	2781	2184	1712	1093	598
Placebo	3666	3577	3479	3389	3267	2730	2125	1657	1076	585

median of 3.4 years of follow-up

Outcome	Finerenone (n=3686)		Placebo (n=3666)		HR (95% CI)	p-value
	n (%)	n/100 PY	n (%)	n/100 PY		
Primary composite CV outcome	458 (12.4)	3.87	519 (14.2)	4.45	0.87 (0.76–0.98)	0.03
CV death	194 (5.3)	1.56	214 (5.8)	1.74	0.90 (0.74–1.09)	—
Non-fatal MI	103 (2.8)	0.85	102 (2.8)	0.85	0.99 (0.76–1.31)	—
Non-fatal stroke	108 (2.9)	0.89	111 (3.0)	0.92	0.97 (0.74–1.26)	—
Hospitalisation for HF	117 (3.2)	0.96	163 (4.4)	1.36	0.71 (0.56–0.90)	—

Outcome	Finerenone		Placebo		Hazard ratio (95% CI)	P _{interaction}
	n/N		n/100 PY			
CV composite						
UACR 30–<300 mg/g	226/1726 (13.1)	251/1688 (14.9)	3.88	4.42	0.87 (0.73–1.04)	0.60
UACR ≥300 mg/g	222/1851 (12.0)	254/1878 (13.5)	3.94	4.49	0.90 (0.75–1.08)	

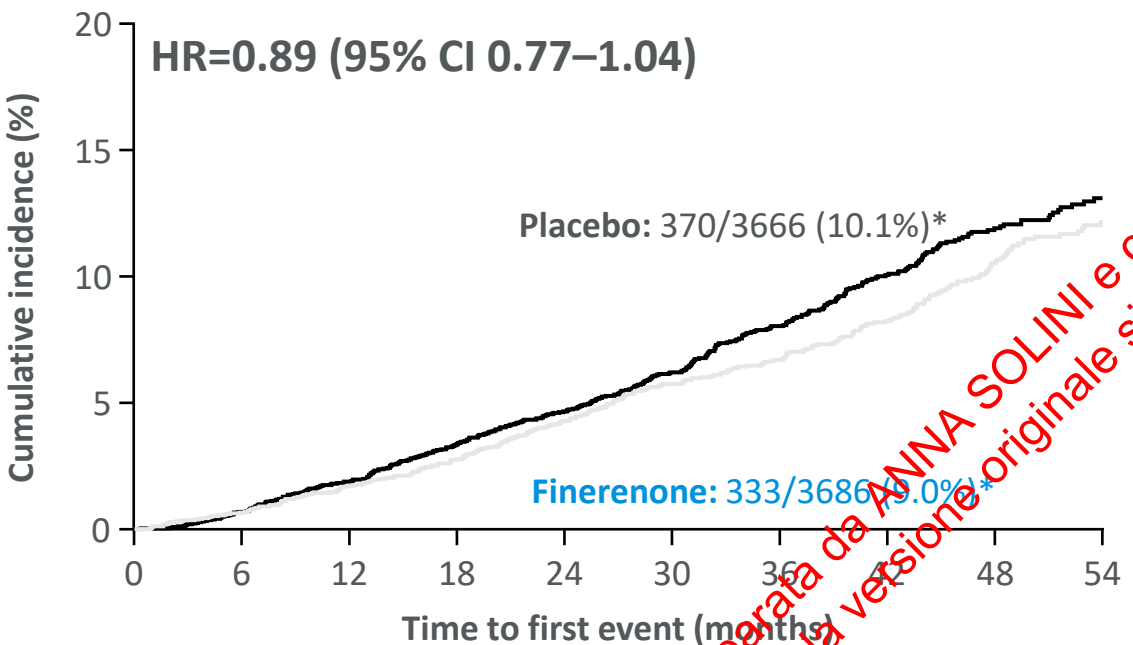
0.5 1 2

← Favours finerenone Favours placebo →

*Composite of CV death, non-fatal MI, non-fatal stroke or hospitalisation for HF

Death from any cause and hospitalisation for any cause

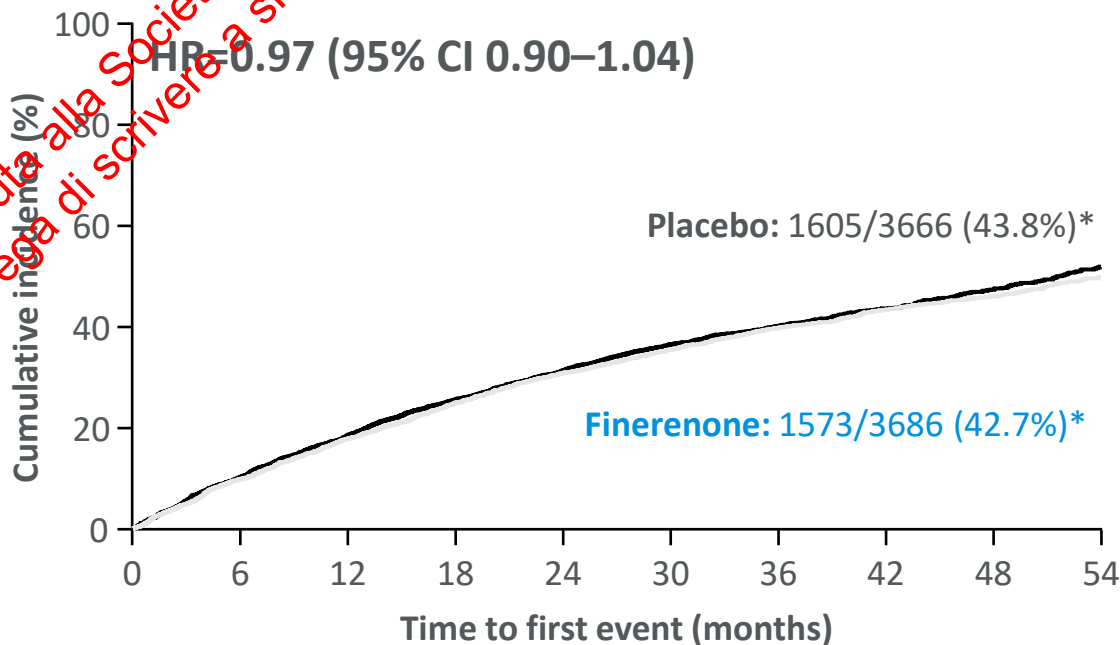
Death from any cause



No. at risk

3686	3661	3620	3581	3505	2961	2358	1858	1187	653
3666	3639	3593	3539	3469	2938	2315	1820	1177	647

Hospitalisation for any cause

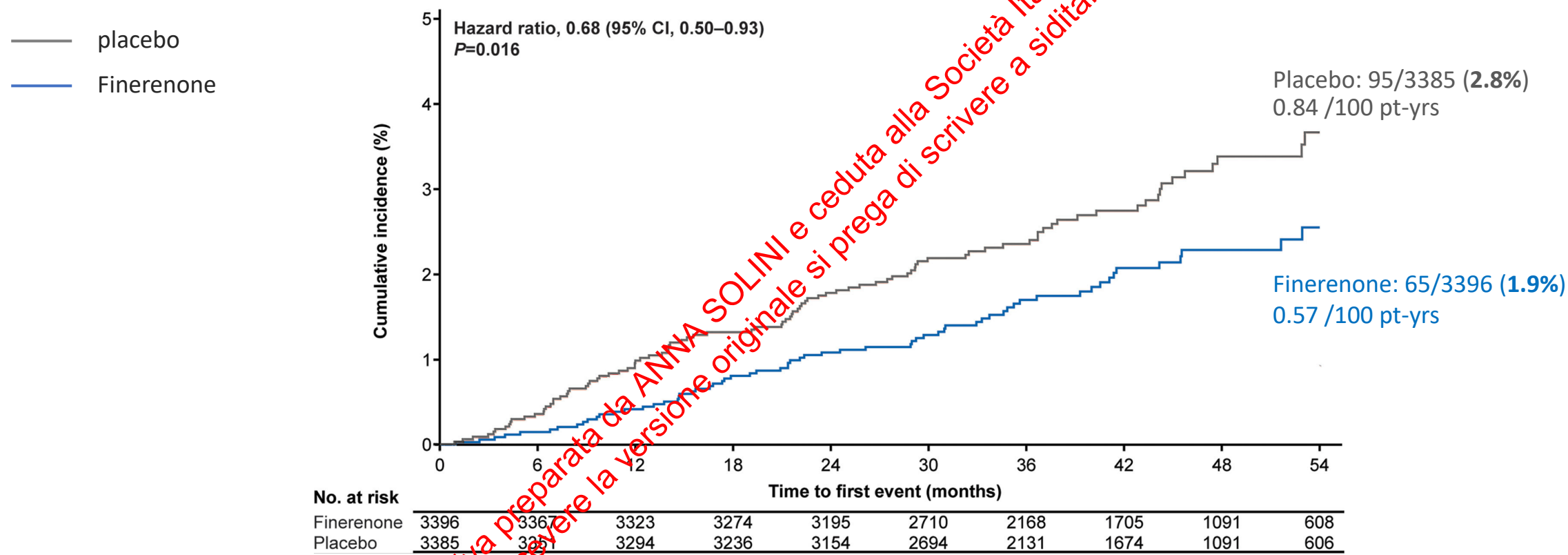


No. at risk

3686	3306	3003	2730	2483	1956	1457	1116	678	350
3666	3277	2960	2684	2442	1935	1438	1090	682	337

Finerenone and new-onset HF

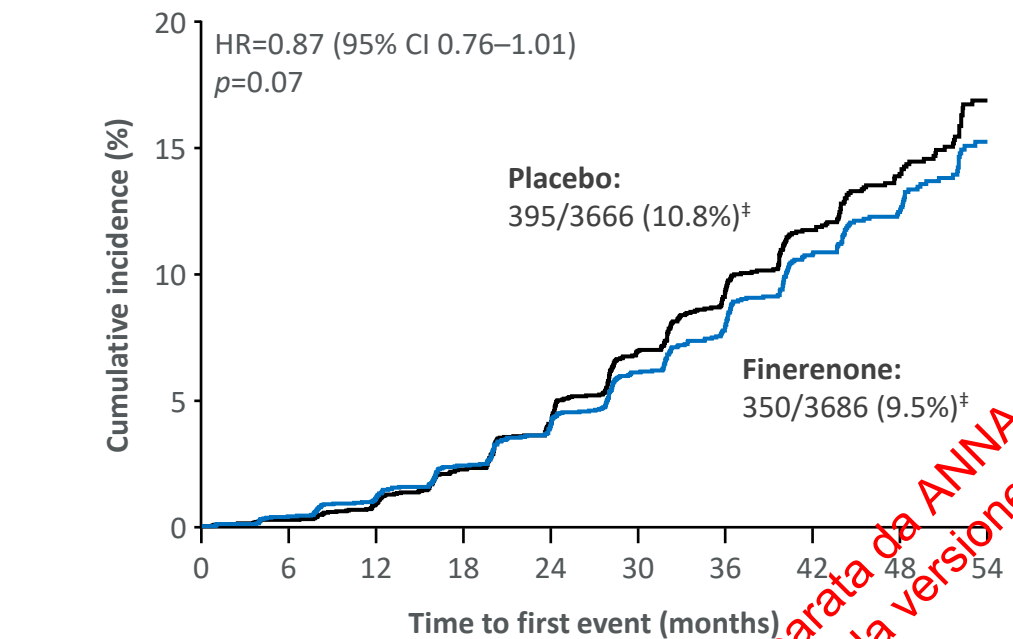
Time to new-onset HF (defined as the first hospitalization for HF in patients without a history of HF at baseline)



Finerenone and secondary and exploratory additional composite kidney outcomes

Secondary kidney composite outcome

Time to kidney failure*, sustained $\geq 40\%$ decrease in eGFR from baseline, or renal death#

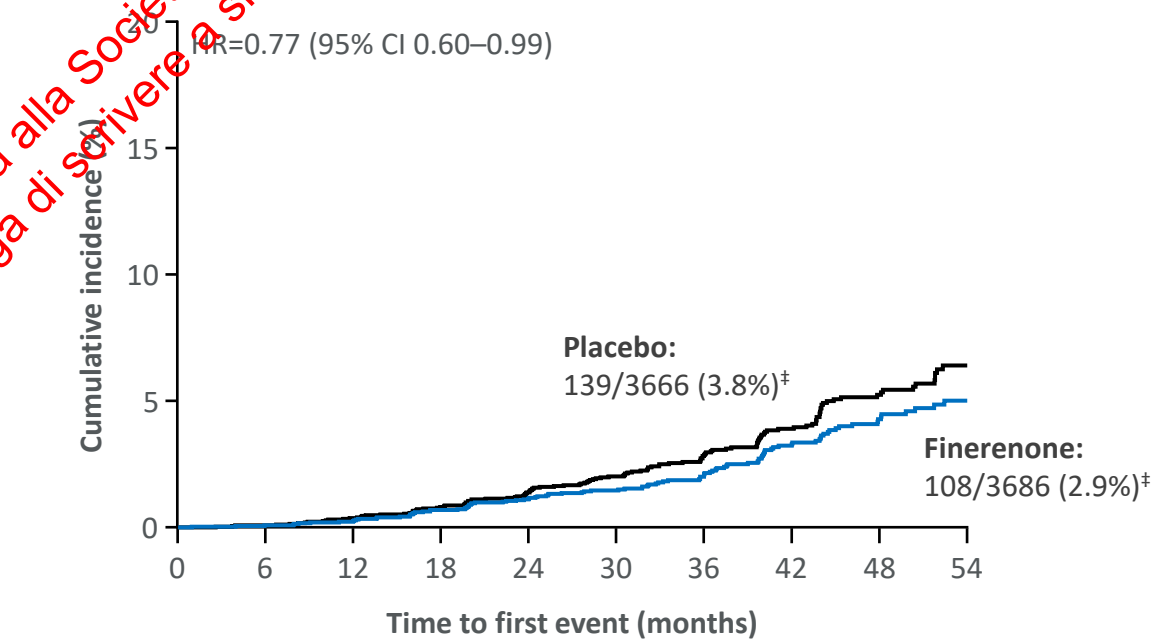


No. at risk

Finerenone	3686	3550	3445	3301	3131	2540	1940	1481	908	480
Placebo	3666	3546	3436	3282	3096	2507	1931	1443	907	485

Exploratory, additional kidney outcome

Time to kidney failure*, sustained $\geq 57\%$ decrease in eGFR from baseline, or renal death#



No. at risk

Finerenone	3686	3559	3474	3356	3218	2651	2047	1582	973	522
Placebo	3666	3552	3452	3325	3178	2615	2039	1538	970	520

*ESKD or an eGFR <15 ml/min/1.73 m²; #events were classified as renal death if: (1) the patient died; (2) KRT had not been initiated despite being clinically indicated; and (3) there was no other likely cause of death; [†]number of patients with an event over a median of 3.4 years of follow-up

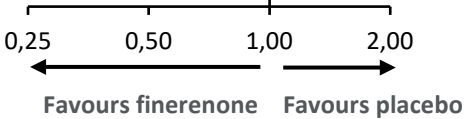
Secondary and exploratory additional composite kidney outcomes

Components of the secondary kidney composite

Outcome	Finerenone (n=3686)		Placebo (n=3666)		HR (95% CI)
	n (%)	n/100 PY	n (%)	n/100 PY	
Secondary kidney outcome	350 (9.5)	3.15	395 (10.8)	3.58	0.87 (0.76–1.01)
Kidney failure*	46 (1.2)	0.40	62 (1.7)	0.54	0.72 (0.49–1.05)
ESKD	32 (0.9)	0.26	49 (1.3)	0.40	0.64 (0.42–1.00†)
Sustained# decrease in eGFR to <15 ml/min/1.73 m ²	28 (0.8)	0.24	38 (1.0)	0.33	0.71 (0.43–1.16)
Sustained# ≥40% decrease in eGFR	338 (9.2)	3.04	385 (10.5)	3.49	0.87 (0.75–1.00)
Renal death	0	–	2 (<0.1)		–

Components of the exploratory Additional kidney composite

	Finerenone (n=3686)	Placebo (n=3666)	HR (95% CI)
Secondary kidney composite	108 (2.9)	139 (3.8)	0.77 (0.60–0.99)
Kidney failure*	46 (1.2)	62 (1.7)	0.72 (0.49–1.05)
Sustained# ≥57% decrease in eGFR	90 (2.4)	116 (3.2)	0.76 (0.58–1.00)
Renal death	0	2 (<0.1)	–



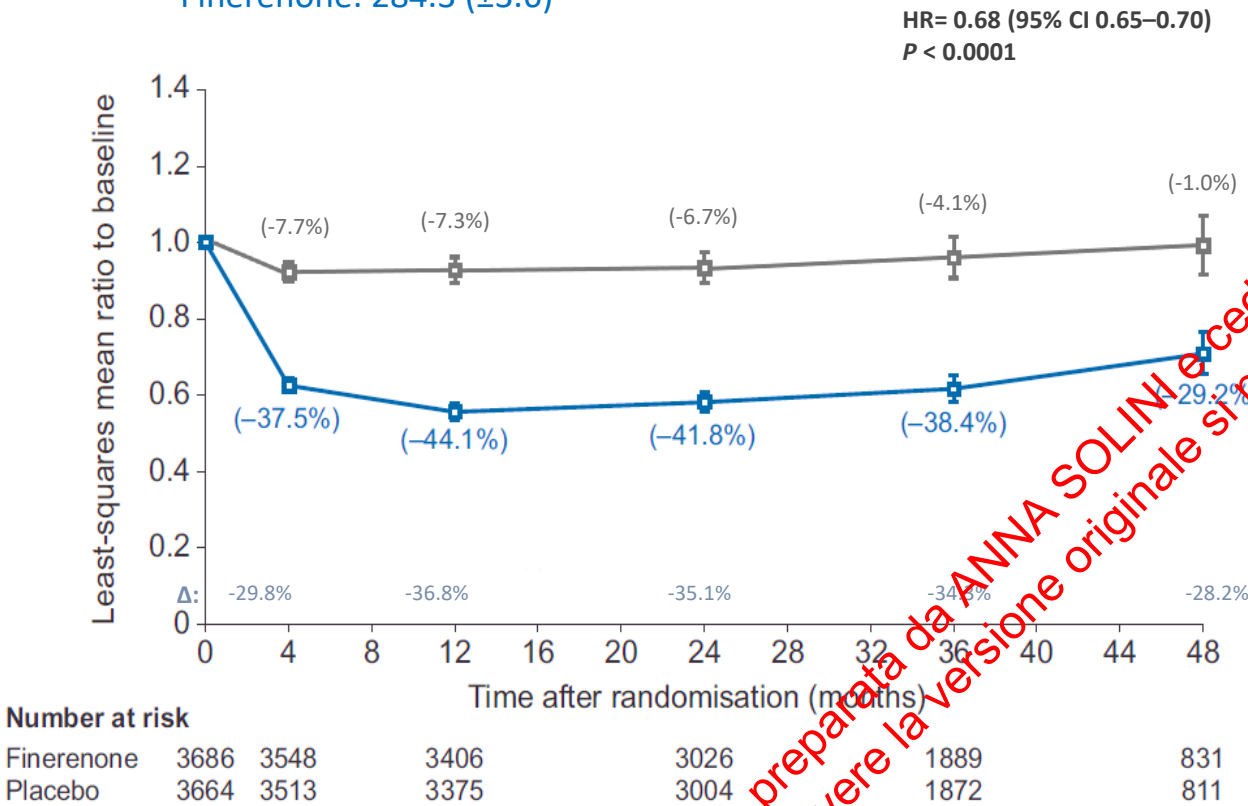
A 57% decrease in eGFR from baseline is equivalent to doubling of serum creatinine

p-values are not reported for components of composite outcomes.

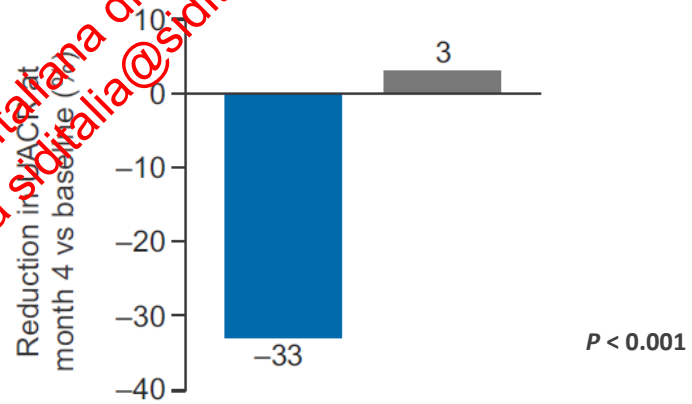
*Kidney failure defined as either ESKD (initiation of chronic dialysis for ≥90 days or kidney transplant) or sustained decrease in eGFR <15 ml/min/1.73 m²; #from baseline and confirmed by two eGFR measurements ≥4 weeks apart; †higher CI = 0.995

Finerenone and UACR

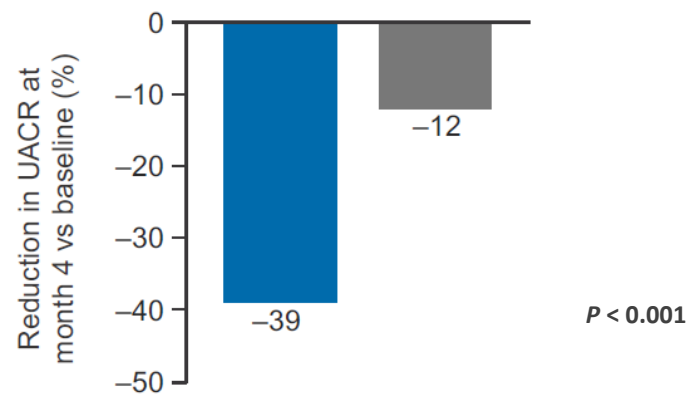
At baseline:
Placebo: 288.9 (±3.5)
Finerenone: 284.3 (±3.6)



Change at month 4 for population with UACR 30 - <300 mg/g

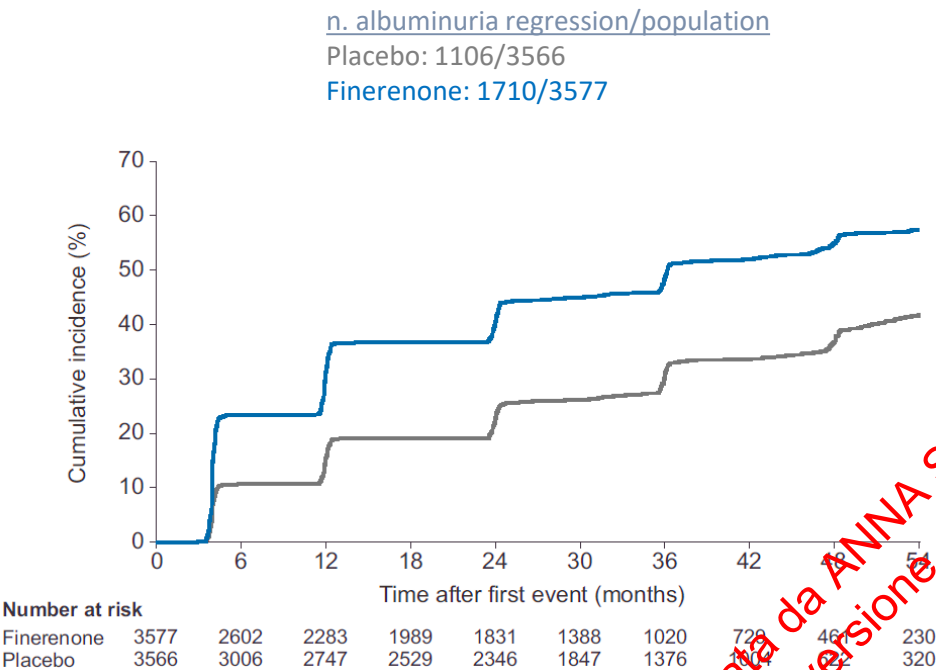


Change at month 4 for population with UACR >300 mg/g



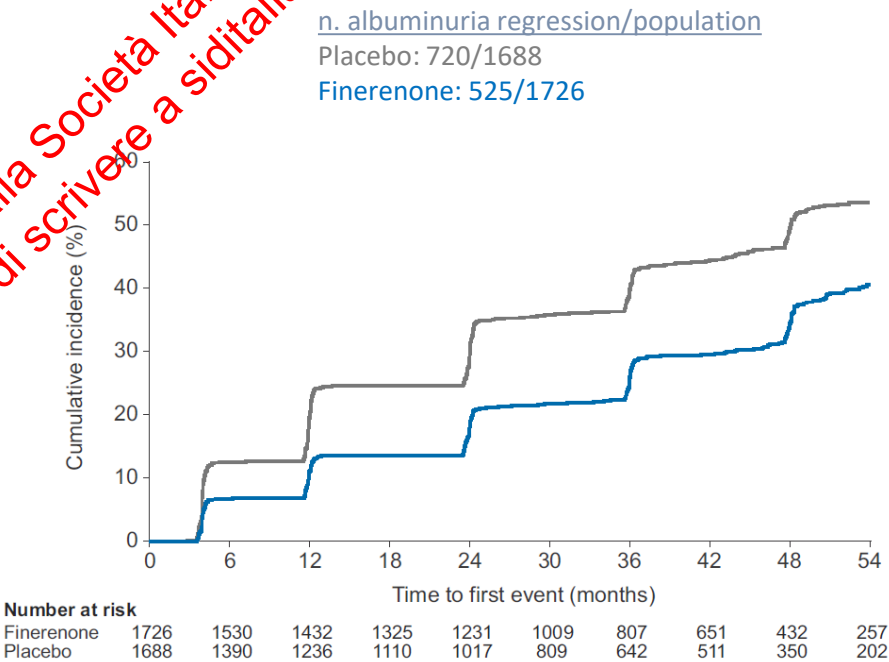
Finerenone significantly improves albuminuria regression and reduces albuminuria worsening

Albuminuria regression*



HR= 1.82; (95% CI 1.69–1.96)
P < 0.0001

Albuminuria progression**



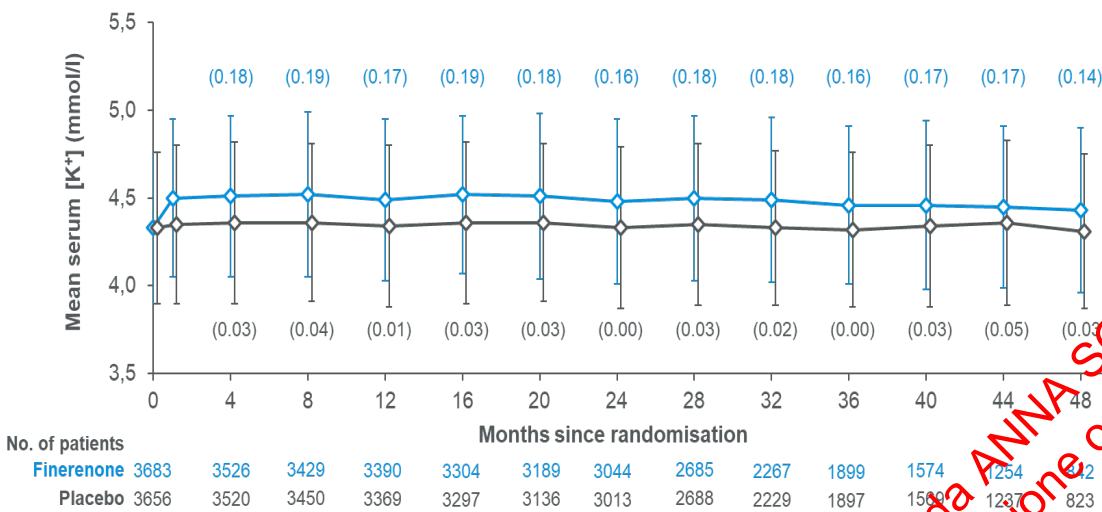
HR= 0.59; (95% CI 0.53–0.66)
P < 0.0001

* Changed from severely increased to moderately increased albuminuria, or moderately increased to normal albuminuria, accompanied by a UACR decrease from baseline of >30%; ** UACR level of ≥ 300mg/g that was accompanied by a ≥ 30% increase in UACR from baseline

Other effects

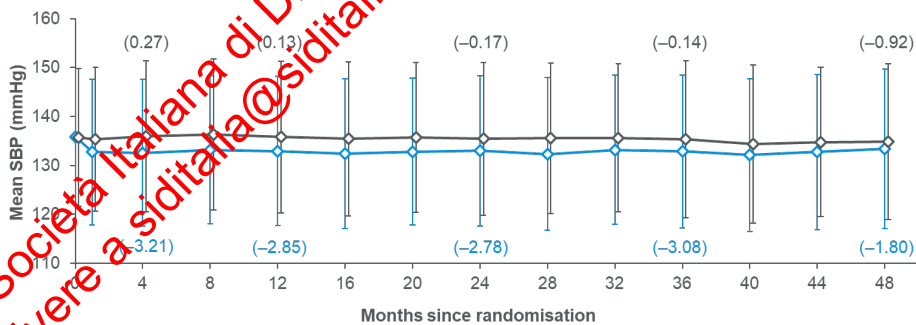
Mean serum potassium (mmol/L)

At baseline:
Placebo: 4.33 (± 0.43)
Finerenone: 4.33 (± 0.43)



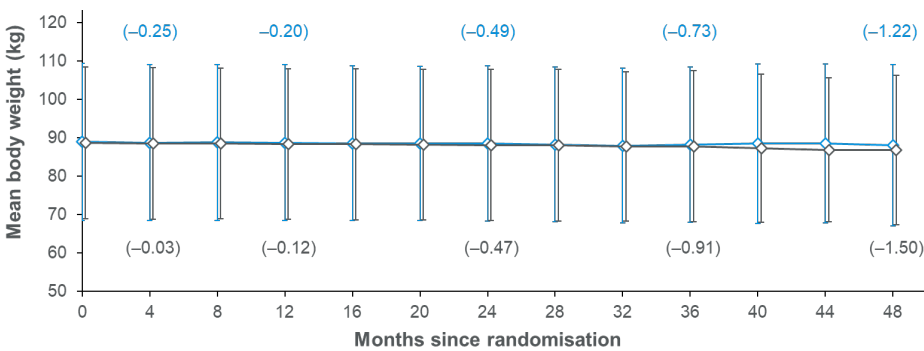
Maximum mean difference in serum potassium between groups= **0.16 mmol/l** at month 16

SBP

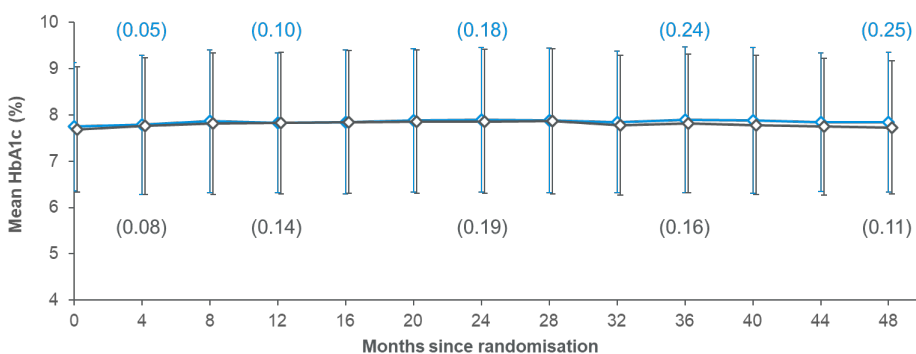


Maximum mean difference in blood pressure between groups= **-3.5 mmHg** at month 4

Body weight



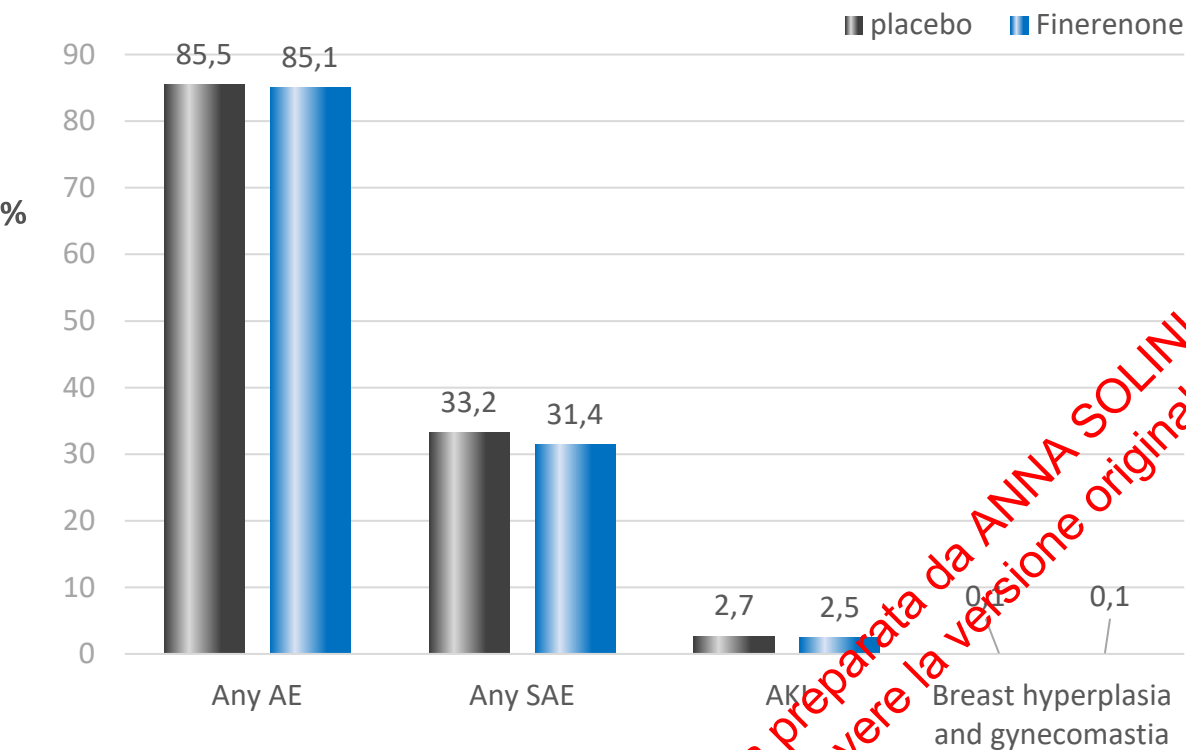
HbA1c



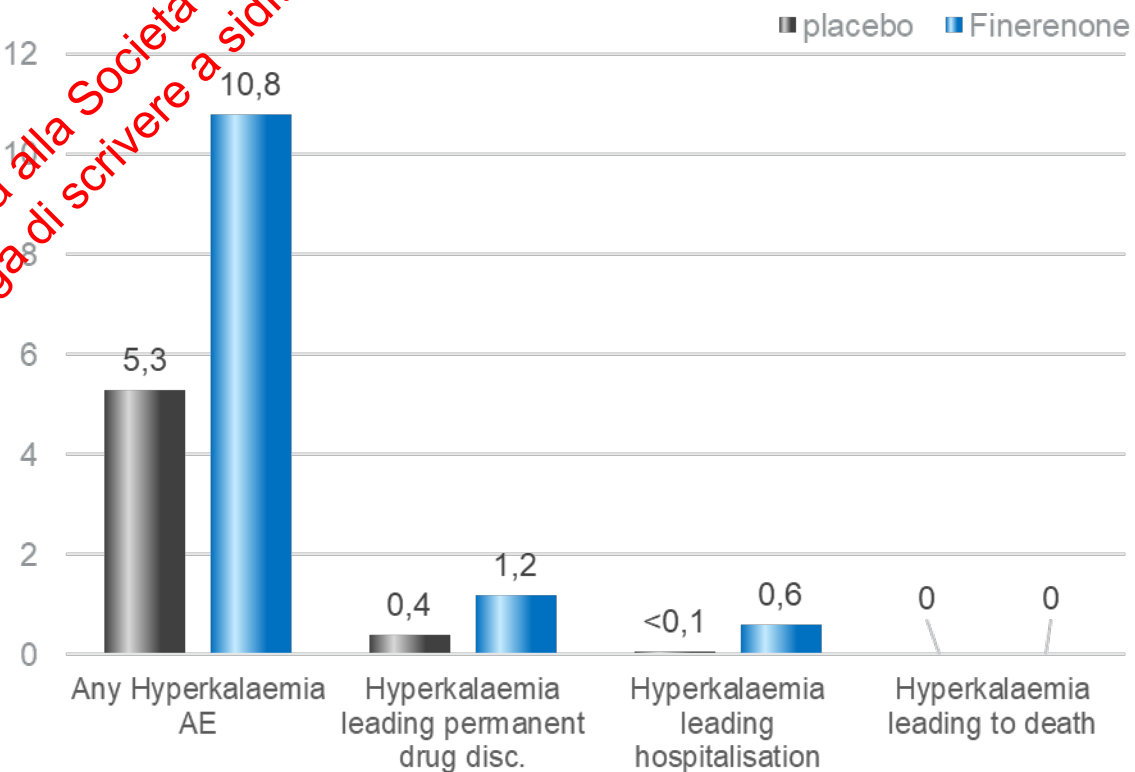
Diapositiva preparata da ANNA SOLINI e ceduta alla Societa Italiana di Diabetologia.
Per ricevere la versione originale si prega di scrivere a siditalia@siditalia.it

AE and SAE and hyperkalaemia events

Patients with a serious and non-serious Adverse Events (%)



Patients with a treatment-emergent Hyperkalaemia AE (%)



Agenda

- The FIGARO Study
- The FIDELITY analysis

Diapositiva preparata da ANNA SOLINI e ceduta alla Società Italiana di Diabetologia.
Per ricevere la versione originale si prega di scrivere a siditalia@siditalia.it

FIDELITY: FIDELIO & FIGARO pooled analysis



Population: 5.734
Median Follow-up: 2.6 years

UACR mg/g	eGFR mL/min/1.73m ²
≥30, <300	≥25, <60 + retinopathy
≥300, ≤5000	≥25, <75

+



Population: 7.437
Median Follow-up: 3.4 years

UACR mg/g	eGFR mL/min/1.73m ²
≥30, <300	≥25, <90
≥300, ≤5000	≥60



- ✓ T2D
- ✓ Albuminuric CKD
- ✓ On single RASi
- ✓ s[K] ≤4.8 mmol/l
- ✗ NYHA 2-4 HFrEF
- ✗ HbA1c ≥12%
- ✗ Dialysis AKI ≤12 wks
- ✗ Known ND-CKD

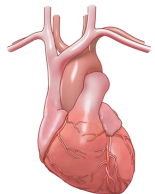
Run-in
period
(4-16 weeks)

Screening
period
(≤2 weeks)

R
1:1

Finerenone 10 or 20 mg/die if eGFR<60 or ≥60 mL/min/1.73m²

placebo



PRIMARY

Time to CV death, non-fatal MI, non-fatal stroke or hospitalisation for HF

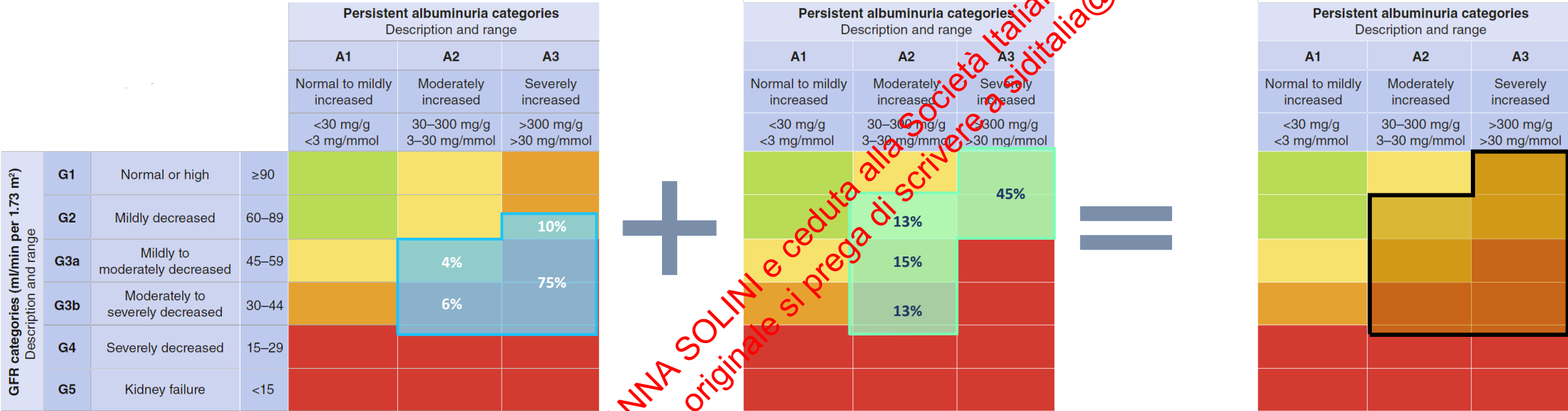


KEY SECONDARY

Time to kidney failure (initiation of chronic dialysis for ≥90 days, kidney transplantation or sustained eGFR <15 mL/min/1.73 m²), **sustained ≥57% decrease in eGFR from baseline, or renal death**

Diapositiva preparata da ANNA SOLINI e ceduta alla Società Italiana di Diabetologia.
Per ricevere la versione originale si prega di scrivere a siditalia@siditalia.it

FIDELITY Pooled Analysis



30≤UACR<300 mg/g and 25≤eGFR<60 mL/min/1.73m² and history of diabetic retinopathy

or

300≤UACR≤5000 mg/g and 25≤eGFR<75 mL/min/1.73m²

30≤UACR<300 mg/g and 25≤eGFR<90 mL/min/1.73m²

or

300≤UACR≤5000 mg/g and eGFR≥60 mL/min/1.73m²

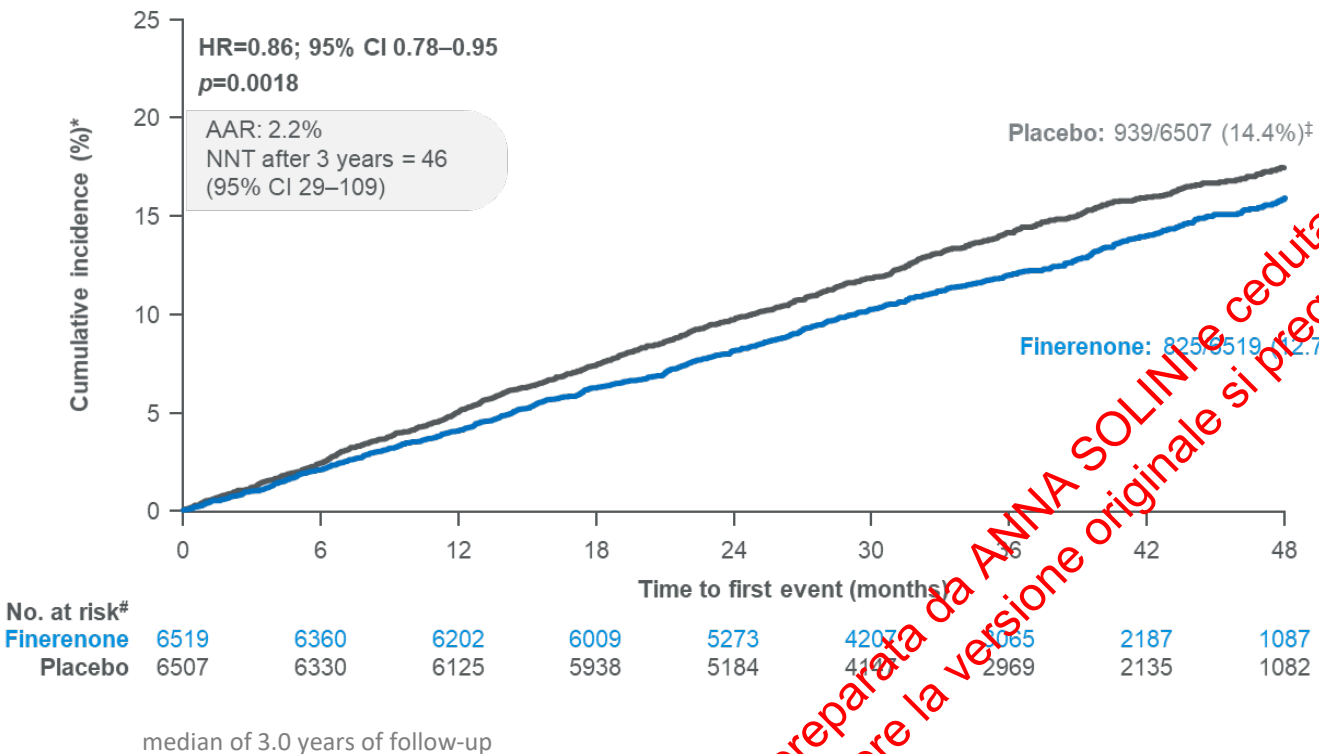
FIDELITY-DKD patients main characteristics

Selected baseline characteristics (mean age: 64.8 yrs)		Finerenone (n=6519)	Placebo(n=6507)
Mean eGFR, ml/min/1.73 m ² , ± SD		57.5±21.6	57.7±21.8
eGFR at baseline, ml/min/1.73 m ² , n (%)	<25	81 (1.2)	81 (1.2)
	25–<45	2117 (32.5)	2115 (32.5)
	45–<60	1717 (26.4)	1717 (26.4)
	≥60	2603 (39.9)	2592 (39.8)
Median UACR, mg/g, (IQR)		514 (198–1129)	515 (198–1163)
UACR at baseline, mg/g, n (%)	<30	120 (1.8)	110 (1.4)
	30–<300	2076 (31.8)	2023 (31.1)
	≥300	4321 (66.3)	4371 (67.2)
Serum potassium, mmol/L		4.35±0.44	4.35±0.44
Mean HbA1c, %, ± SD		7.7±1.4	7.7±1.4
Mean systolic blood pressure, mmHg, ± SD		136.8±14.2	136.7±14.3
Mean duration of T2D, years, ± SD		15.4±8.7	15.4±8.7
History of CV disease, n (%)		2979 (45.7)	2956 (45.4)
ACE inhibitor, n (%)		2526 (38.7)	2553 (39.2)
ARB, n (%)		3987 (61.2)	3950 (60.7)
Mean serum potassium, mmol/l		4.35±0.44	4.35±0.44
Insulin, n (%)		3866 (59.3)	3764 (57.8)
GLP-1RA, n (%)		497 (7.6)	447 (6.9)
SGLT-2 inhibitor, n (%)		438 (6.7)	439 (6.7)

Diapositiva preparata da ANNA SOLINI e ceduta alla Societa Italiana di Diabetologia.
Per ricevere la versione originale si prega di scrivere a siditalia@siditalia.it

Effect on the CV composite outcome

Time to CV death, non-fatal MI, non-fatal stroke, or hospitalisation for HF



Outcome	Finerenone (n=6519)	Placebo (n=6507)	Hazard ratio (95% CI)		p-value
	n (%)	n (%)			
Composite CV outcome [§]	825 (12.7)	939 (14.4)		0.86 (0.78–0.95)	0.0018
CV death	322 (4.9)	364 (5.6)		0.88 (0.76–1.02)	0.0922
Non-fatal MI	173 (2.7)	189 (2.8)		0.91 (0.74–1.12)	0.3601
Non-fatal stroke	198 (3.0)	198 (3.0)		0.99 (0.82–1.21)	0.9460
Hospitalisation for HF	256 (3.9)	325 (5.0)		0.78 (0.66–0.92)	0.0030

0.5 1 2

Favours finerenone Favours placebo

Finerenone and CV endpoints according to the presence of ASCVD history at baseline

Overall population

Outcome	History of ASCVD				Hazard ratio (95% CI)
	Yes (n = 5935)		No (n = 7091)		
	n (%)	n per 100 PY	n (%)	n per 100 PY	
Composite CV outcome	1106 (18.6)	6.90	658 (9.3)	3.03	0.99 (1.89-2.30)
CV death or HHF	753 (12.7)	4.51	426 (6.0)	1.92	2.13 (1.88-2.40)
Composite kidney outcome	328 (5.5)	2.07	497 (7.0)	2.40	0.96 (0.83-1.10)
All-cause mortality	695 (11.7)	4.03	471 (6.6)	2.09	1.72 (1.52-1.94)

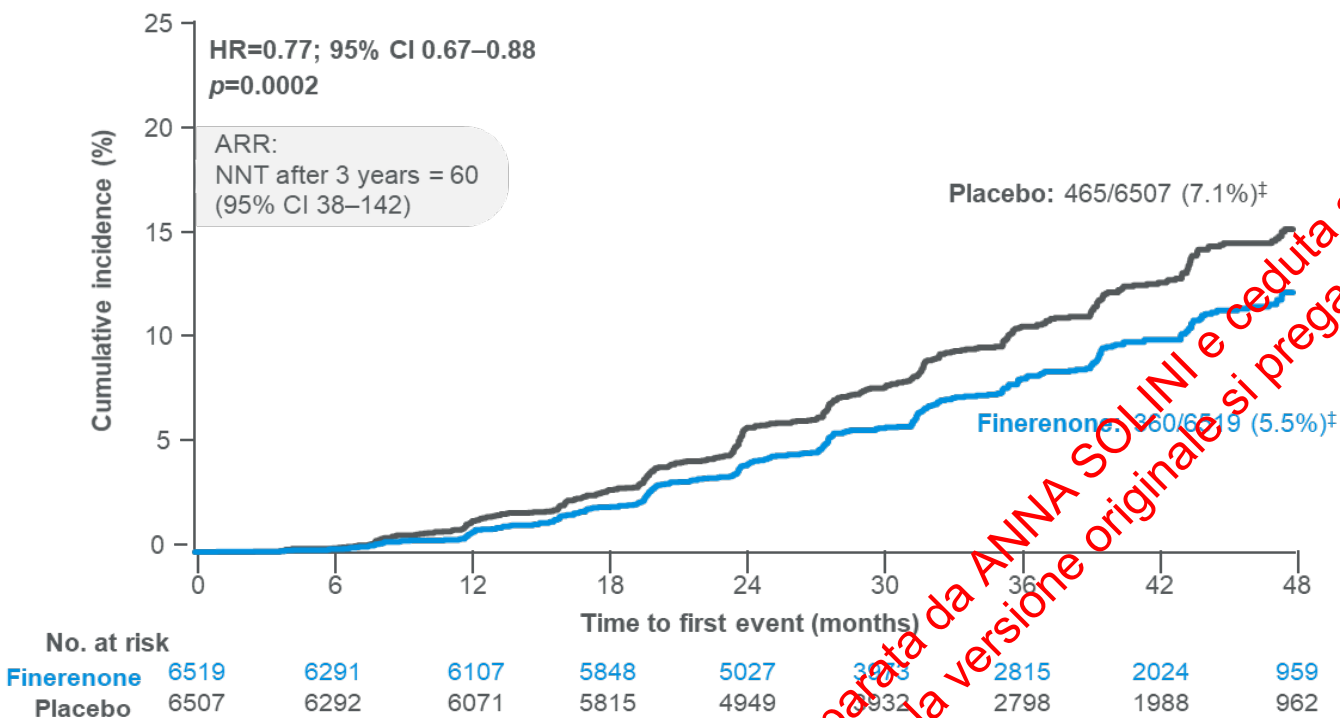
0.250.501.002.004.00

Decreased risk with ASCVDIncreased risk with ASCVD

	HR (95% CI)	HR (95% CI)	P value
Composite CV outcome			
with ASCVD		8.83 (0.74-0.94)	0.38
without ASCVD		0.91 (0.78-1.06)	
CV death or HHF			
with ASCVD		0.82 (0.71-0.94)	0.68
without ASCVD		0.86 (0.71-1.04)	
Composite kidney outcome			
with ASCVD		0.71 (0.57-0.88)	0.33
without ASCVD		0.81 (0.68-0.97)	
All-cause mortality			
with ASCVD		0.85 (0.74-0.99)	0.38
without ASCVD		0.95 (0.79-1.14)	

Finerenone and risk of the renal composite outcome

Time to kidney failure, * sustained[#] ≥57% decrease in eGFR from baseline, or renal death[‡]

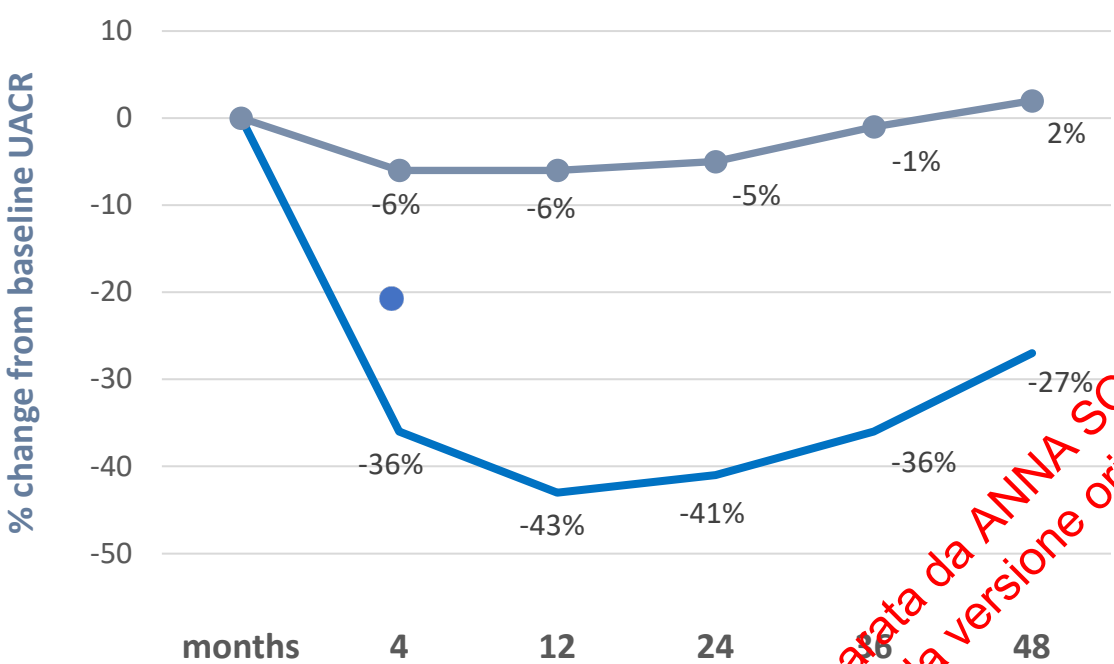


Outcome	Finerenone (n=6519)	Placebo (n=6507)	HR (95% CI) p-value	
	n (%)	n (%)		
≥57% eGFR kidney composite outcome	360 (5.5)	465 (7.1)	0.77 (0.67–0.88)	0.0002
Kidney failure*	254 (3.9)	297 (4.6)	0.84 (0.71–0.99)	0.039
ESKD	151 (2.3)	188 (2.9)	0.80 (0.64–0.99)	0.040 [¶]
Sustained [#] decrease in eGFR to <15 ml/min/1.73 m ²	195 (3.0)	237 (3.6)	0.81 (0.67–0.98)	0.026 [¶]
Sustained [#] ≥57% decrease in eGFR from baseline	257 (3.9)	361 (5.5)	0.70 (0.60–0.83)	<0.0001
Renal death [‡]	2 (<0.1)	4 (<0.1)	0.53 (0.10–2.91)	0.459

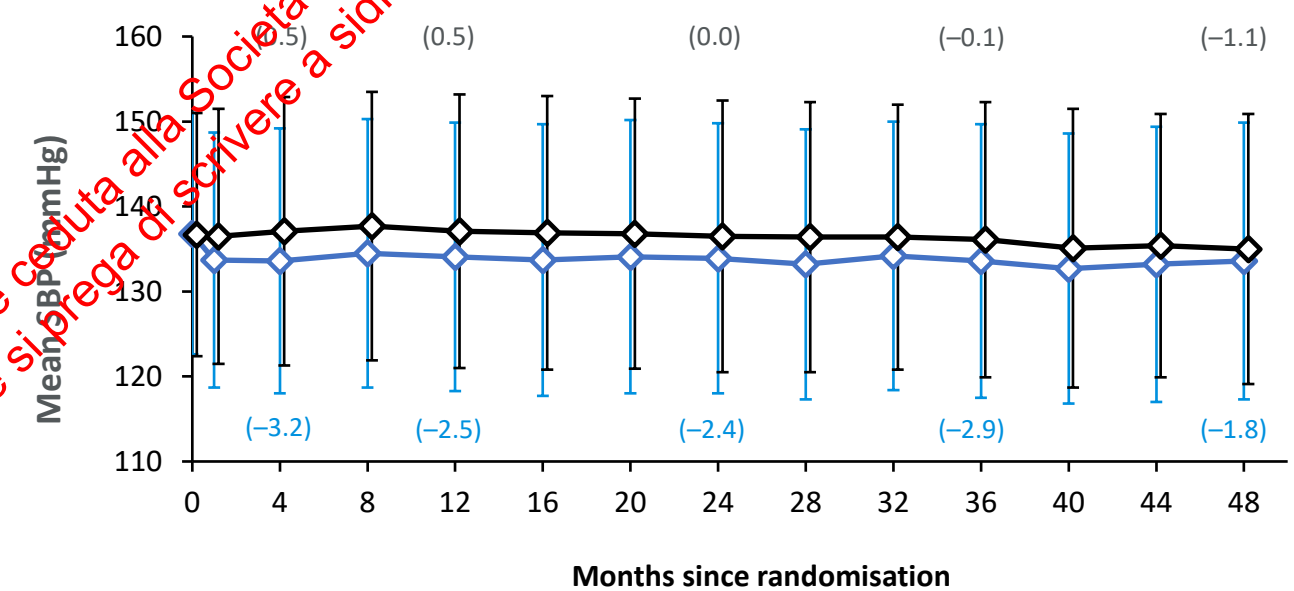
0.50 1.00 2.00
Favours finerenone Favours placebo

Finerenone and UACR

Urine Albumine-Creatinine ratio



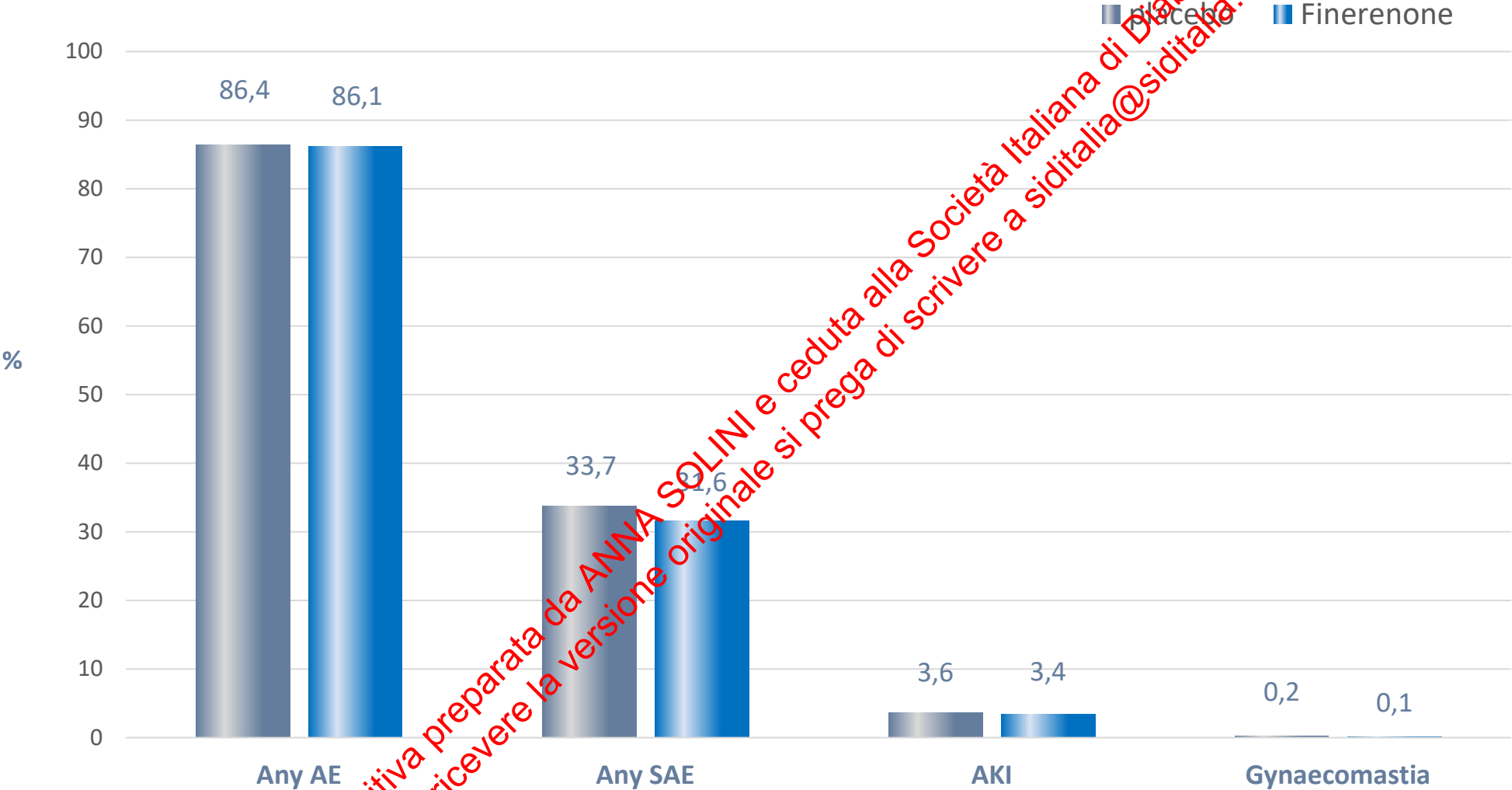
Systolic Blood Pressure



Patients (n):	6509	6324	6070	5001	2842	926
	Finerenone	6324	6070	5001	2842	926
	6489	6310	6057	4968	2814	901
	Placebo					

Diapositiva preparata da ANNA SOLINI e ceduta alla Societa Italiana di Diabetologia.
Per ricevere la versione originale si prega di scrivere a siditalia@siditalia.it

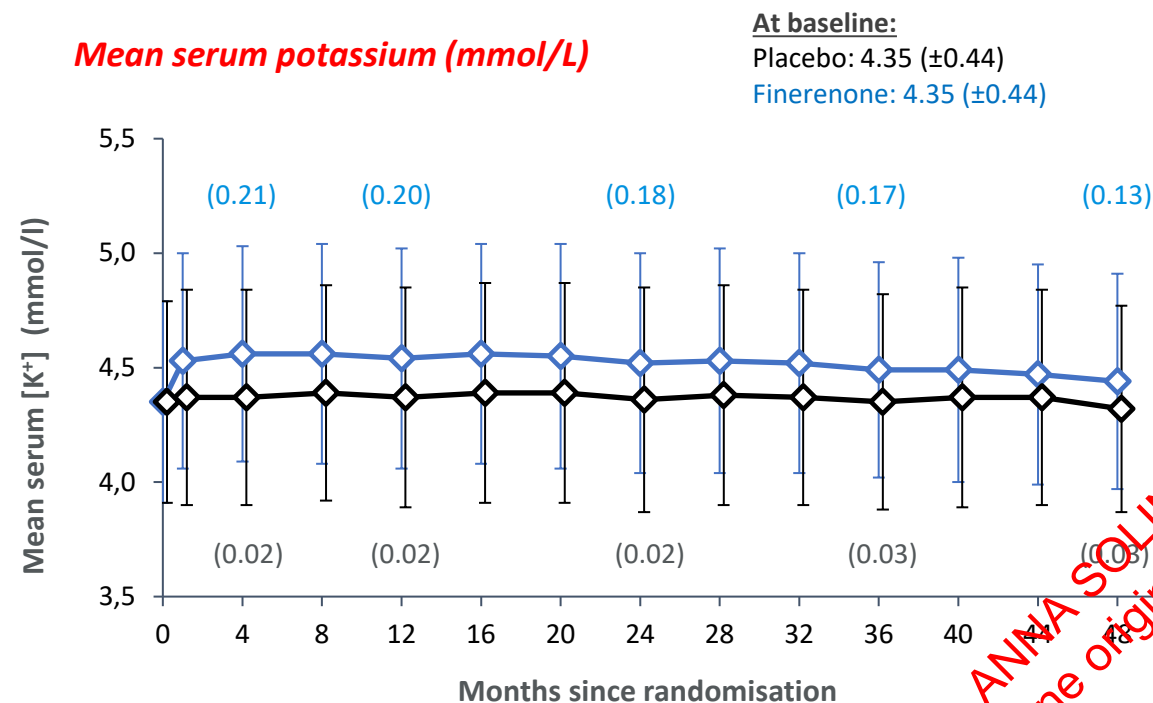
Safety (pooled analysis)



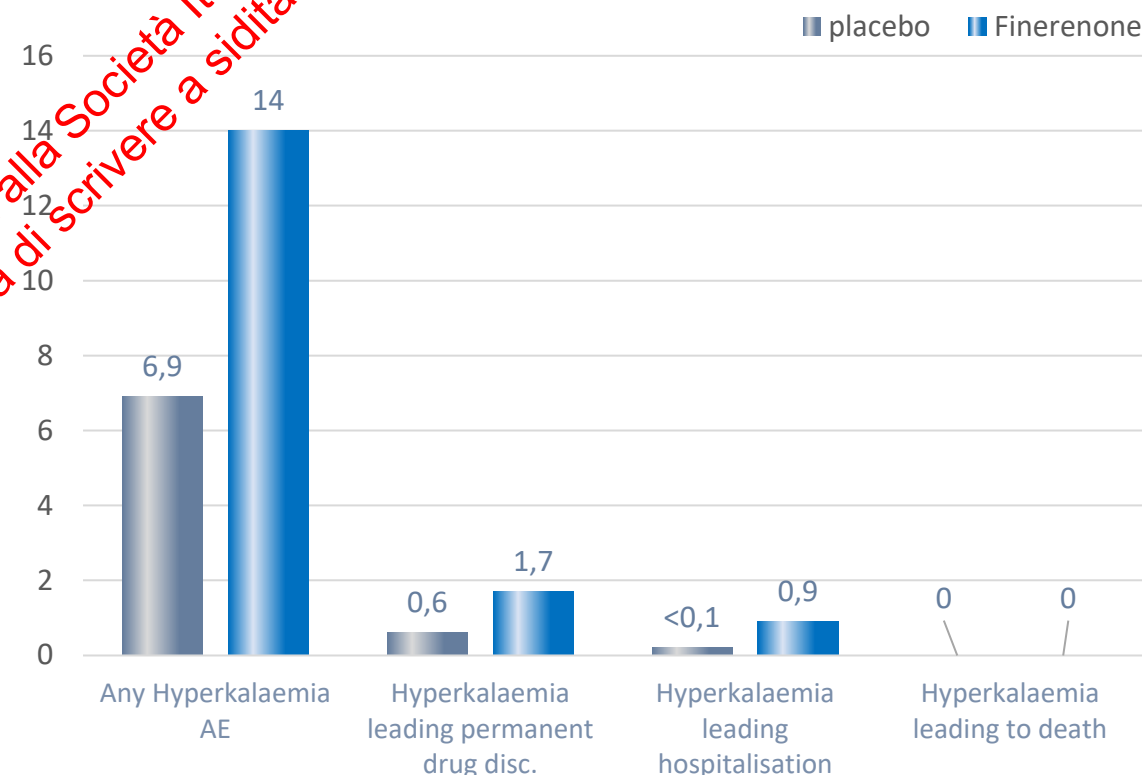
Diapositiva preparata da ANNA SOLINI e ceduta alla Società Italiana di Diabetologia.
Per ricevere la versione originale si prega di scrivere a siditalia@siditalia.it

Serum potassium levels and hyperkalaemia in FIDELITY pooled analysis

Mean serum potassium (mmol/L)



Patients with treatment-emergent Hyperkalaemia AE (%)



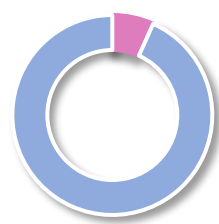
Patients (n):

Finerenone	6510	6234	5990	4916	4781	912
Placebo	6487	6229	5965	4878	2782	887

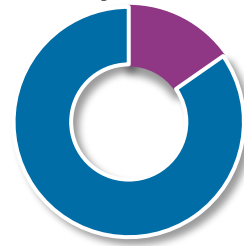
After 4th month, maximum mean difference in serum potassium between groups was about = **-0.19 mmol/l**

Finerenone reduced primary and secondary outcomes irrespective of SGLT2i use

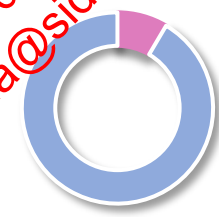
6.7% (877) of patients use SGLT-2i at baseline



15.3% (1,990) of patients received SGLT-2i at any time during study period



8.5% (1,113) of patients started SGLT-2i during on-treatment period



Finerenone			Placebo		HR (95% CI)	HR (95% CI)	P _{int} value
n/N (%)	n/100 PY	n/N (%)	n/100 PY				
Cardiovascular Composite outcome							
At baseline							
SGLT2i	39/438 (8.9)	2.95	52/439 (11.8)	4.08		0.67 (0.42-1.07) [†]	0.46 [†]
No SGLT2i	786/6081 (12.9)	4.44	887/6068 (14.6)	5.08		0.87 (0.79-0.96) [†]	
At any time*							
SGLT2i	41	2.40	58	3.20		0.77 (0.51-1.15) [§]	0.77 [§]
No SGLT2i	579	3.83	700	4.69		0.82 (0.73-0.91) [§]	
Kidney Composite outcome							
At baseline							
SGLT2i	9/438 (2.1)	0.70	17/439 (3.9)	1.37		0.42 (0.16-1.08) [†]	0.29 [†]
No SGLT2i	351/6081 (5.8)	2.06	448/6068 (7.4)	2.64		0.80 (0.69-0.92) [†]	
At any time*							
SGLT2i	11	0.63	13	0.70		0.92 (0.41-2.8) [§]	0.50 [§]
No SGLT2i	373	1.40	312	2.06		0.69 (0.58-0.83) [§]	

0.15

0.6

1.0

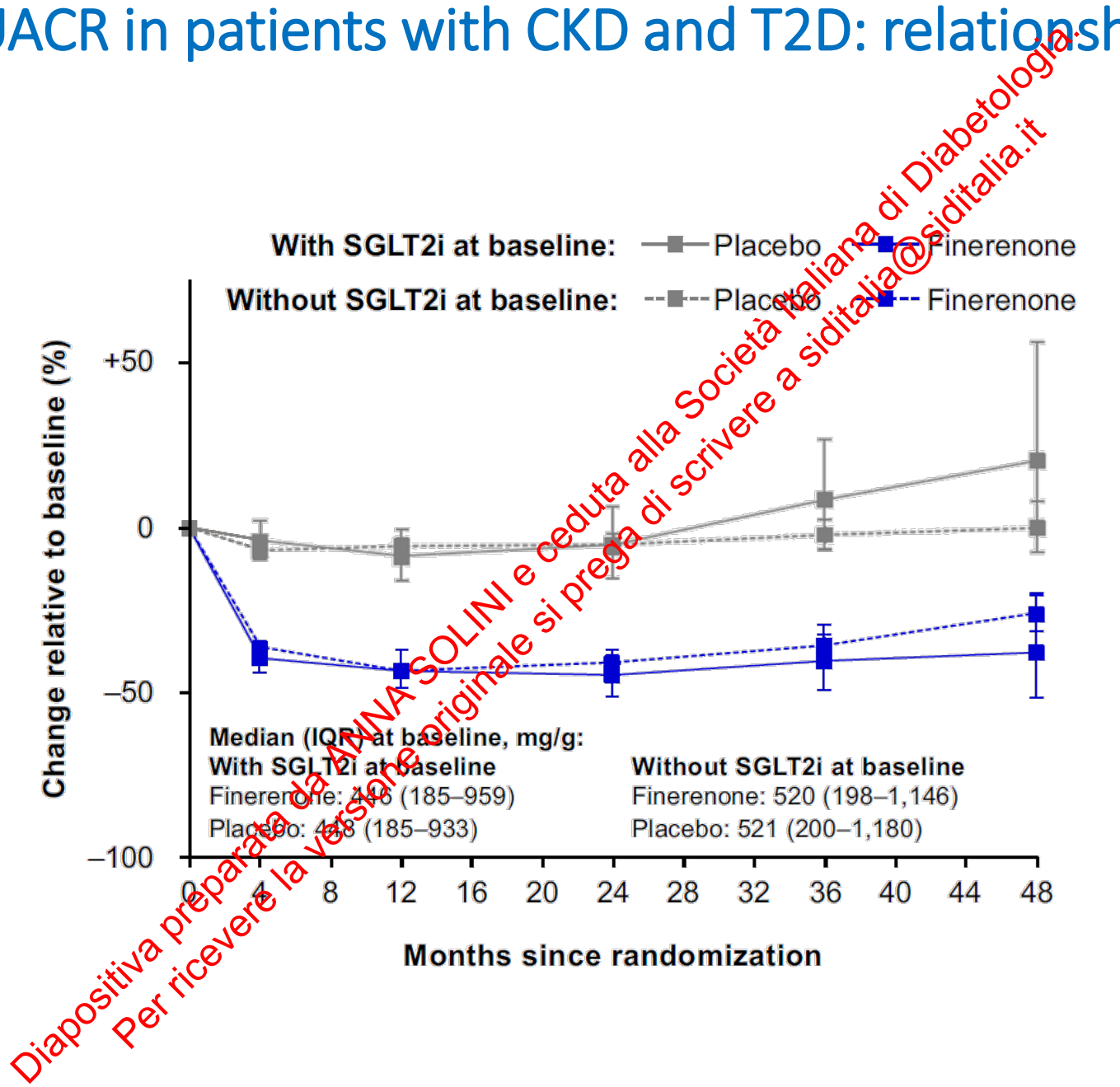
2.4

Favors Finerenone

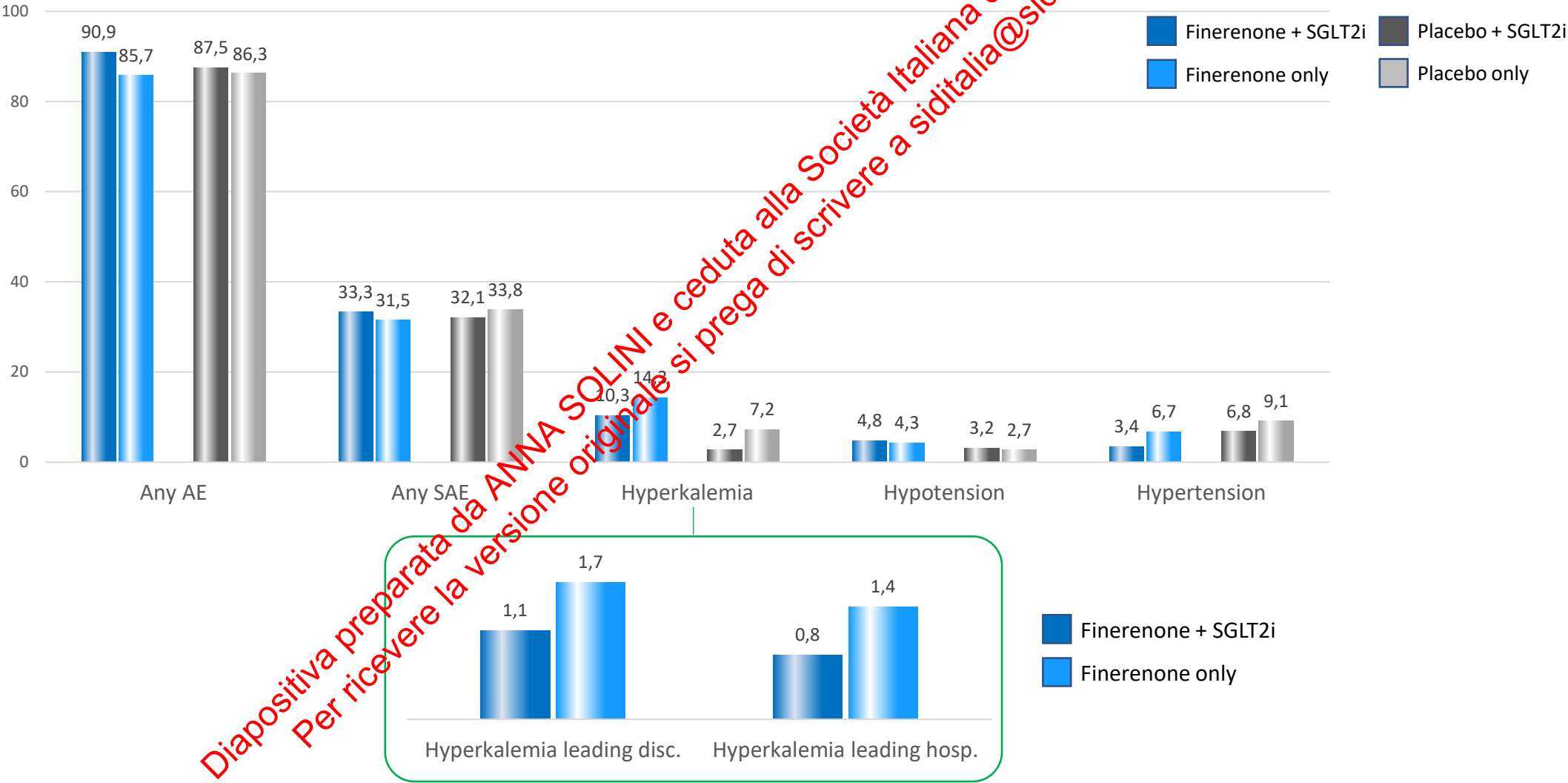
Favors placebo

Diapositiva preparata da ANNA SOLINI e ceduta alla Società Italiana di Diabetologia. Per ricevere la versione originale si prega di scrivere a siditalia@siditalia.it

Finerenone and UACR in patients with CKD and T2D: relationship with SGLT2i



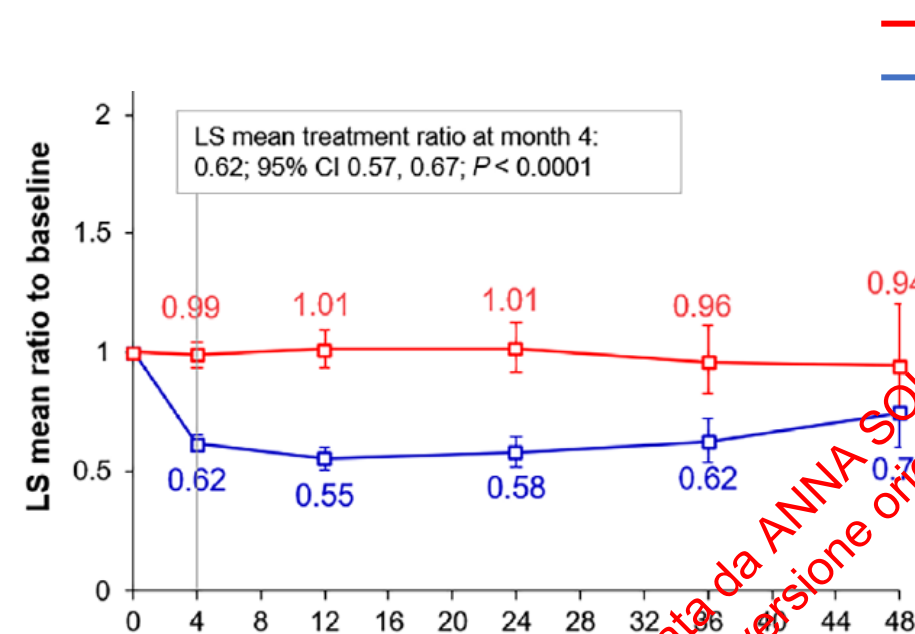
Hyperkalemia incidence and relationship with SGLT2i



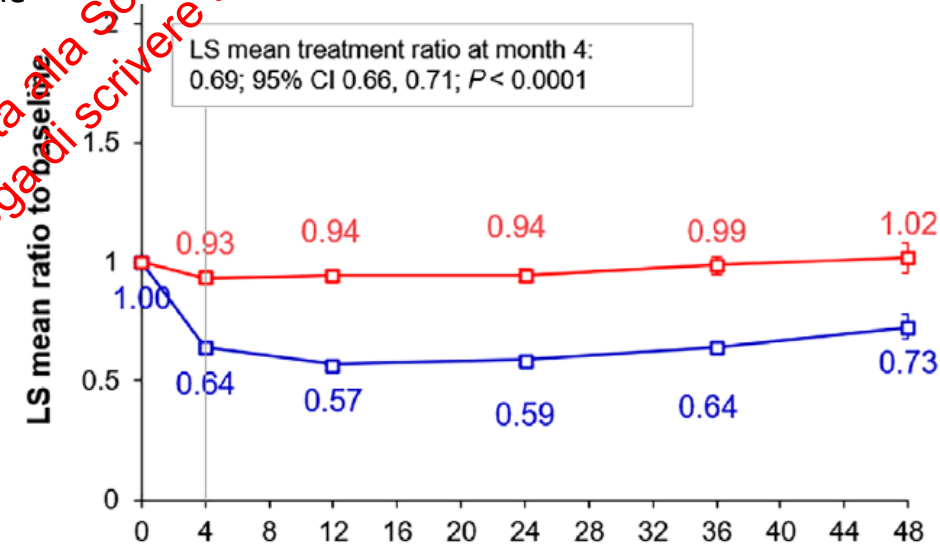
Finerenone and UACR in patients with CKD and T2D: relationship with GLP1-RA

GLP-1RA at baseline

No GLP-1RA at baseline

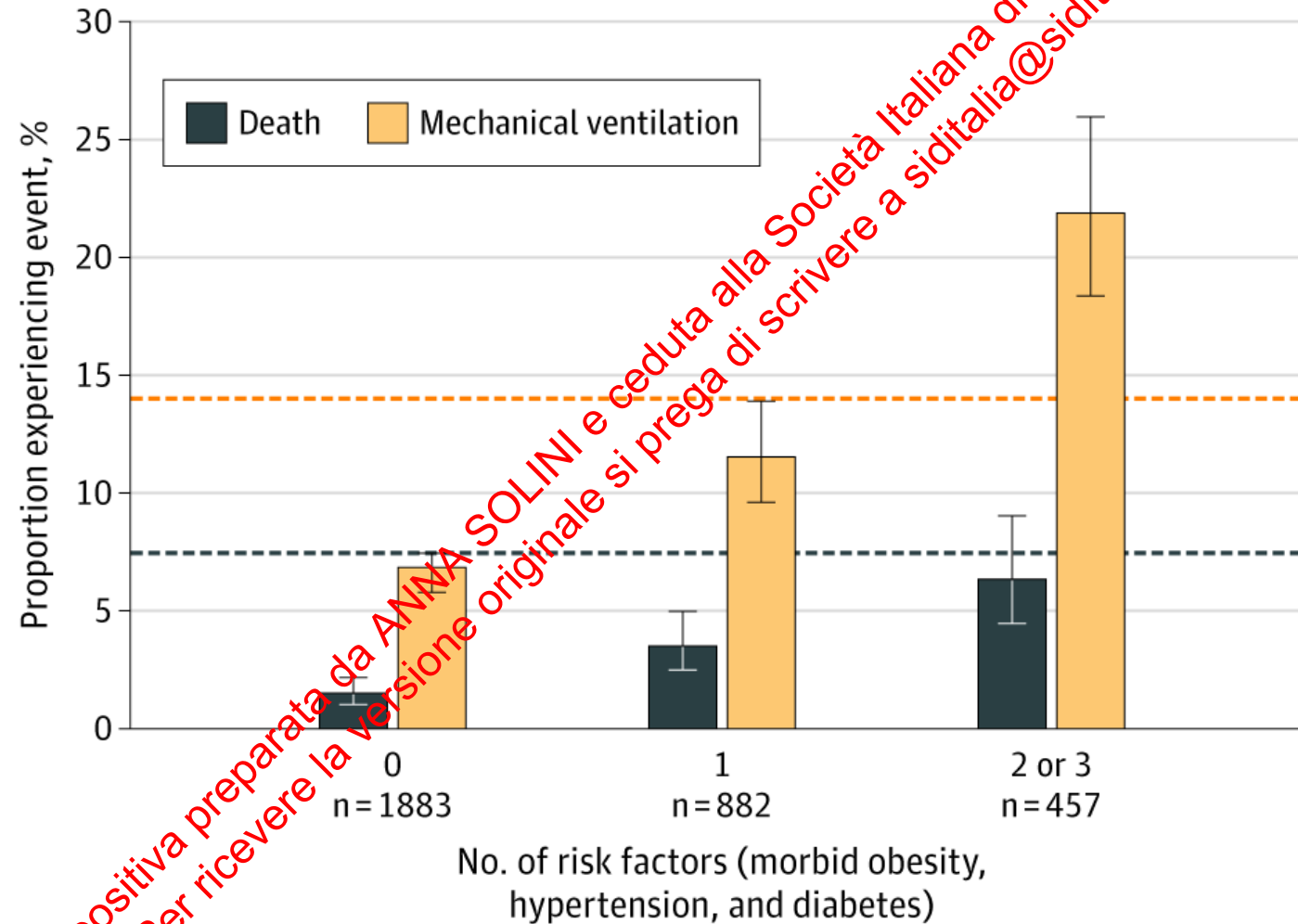


No. of patients		Months since randomization				
Finerenone	483	462	378	244	91	
	426	414	378	201	60	
Placebo						



No. of patients		Months since randomization				
Finerenone	5790	5526	4489	2501	808	
	5813	5559	4492	2505	812	
Placebo						

Obesity, hypertension and diabetes are major risk factors for COVID-19 morbidity and mortality

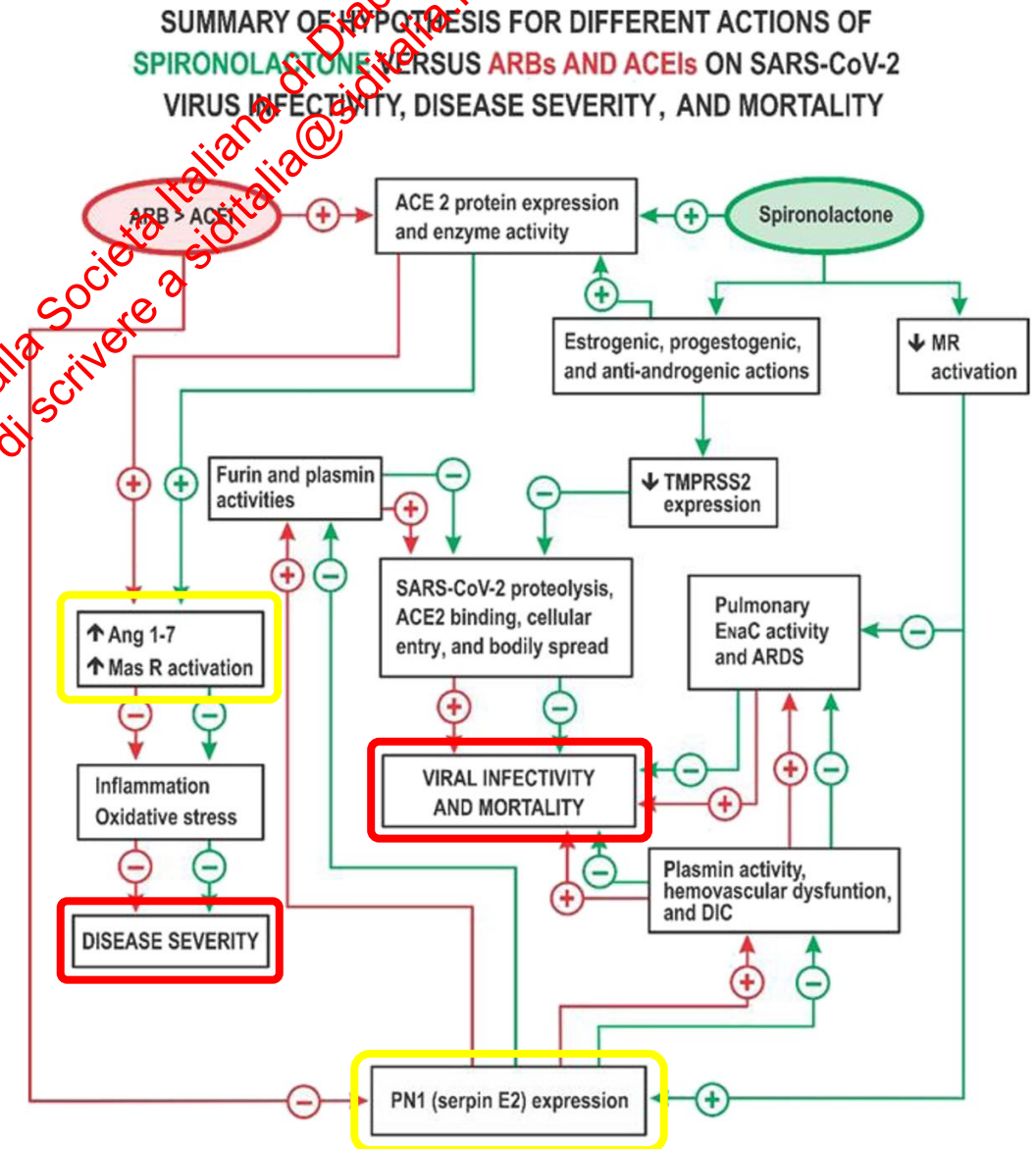


Diapositiva preparata da ANMA SOLINI e ceduta alla Società Italiana di Diabetologia
Per ricevere la versione originale si prega di scrivere a siditalia@siditalia.it

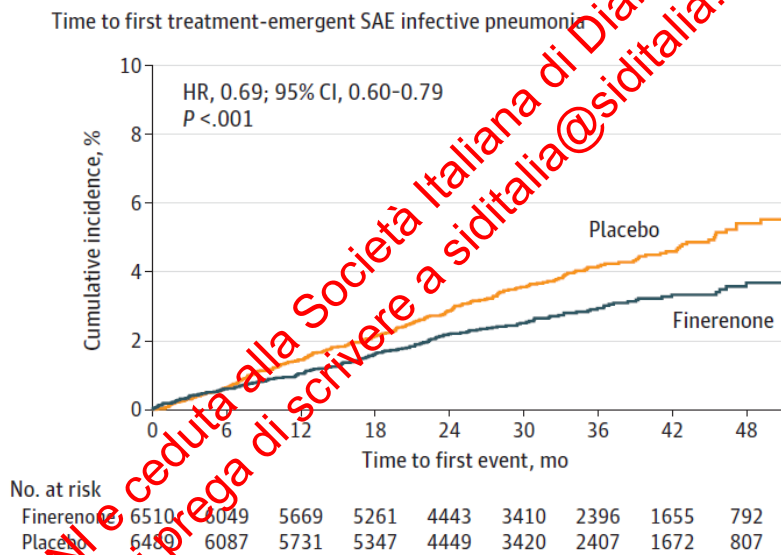
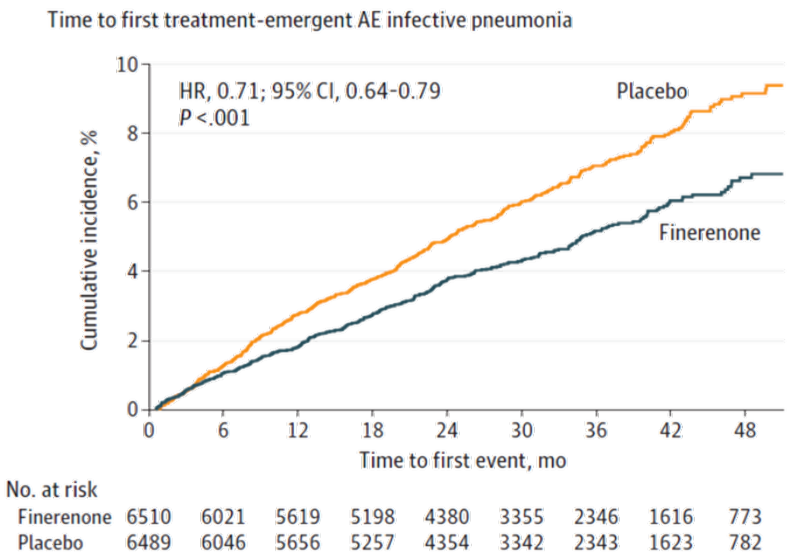
Mineralocorticoid receptor antagonism could be useful in treating COVID-19 morbidity

Although ACE2 is the functional host receptor for the SARS-CoV-2 spike protein, it has been demonstrated to be associated with protection against lung injury caused by acute respiratory distress syndromes, probably inducing several pathways including the production of angiotensin 1-7 that acts on the Mas receptor to reduce inflammation and preserve organ function

MRAs increase ACE2 expression and therefore production of angiotensin 1-7 and moreover, blocking MR receptor, increase the protease nexin-1 (PN1) expression. Activation of these pathways may result in a beneficial effect for COVID-19 patients on both disease severity and viral severity and mortality.



Finerenone reduces significantly treatment-emergent pneumonia and COVID-19 adverse events



	Finerenone		Placebo		HR (95% CI)	HR (95% CI)	P value
	Events (%)	Events/100 PY	Events	Events/100 PY			
Pneumonia							
AE	307/6510 (4.7)	1.88	434/6489 (6.7)	2.64		0,71 (0.64-0.79)	<0.001
SAE	171/6510 (2.6)	1.03	250/6489 (3.9)	1.50		0,69 (0.60-0.79)	<0.001
Fatal AE	10/6510 (0.2)	0.06	13/6489 (0.2)	0.08		0,78 (0.44-1.40)	0.41
COVID-19							
AE	86/6510 (1.3)	0.43	118/6489 (1.8)	0.59		0.73 (0.60-0.89)	0.002
SAE	38/6510 (0.6)	0.19	61/6489 (0.9)	0.30		0.63 (0.47-0.83)	0.001
Fatal SAE	14/6510 (0.2)	0.07	19/6489 (0.3)	0.09		0.74 (0.46-1.21)	0.23

0,35 0,7 1,4

Favour Finerenone Favour placebo

Less than 0.1% of patients withdrawn drug in treatment-emergent Pneumonia and COVID-19 AE

Agenda

- The FIGARO Study
- The FIDELITY analysis
- Impact on Guidelines

Diapositiva preparata da ANNA SOLINI e ceduta alla Società Italiana di Diabetologia.
Per ricevere la versione originale si prega di scrivere a siditalia@siditalia.it

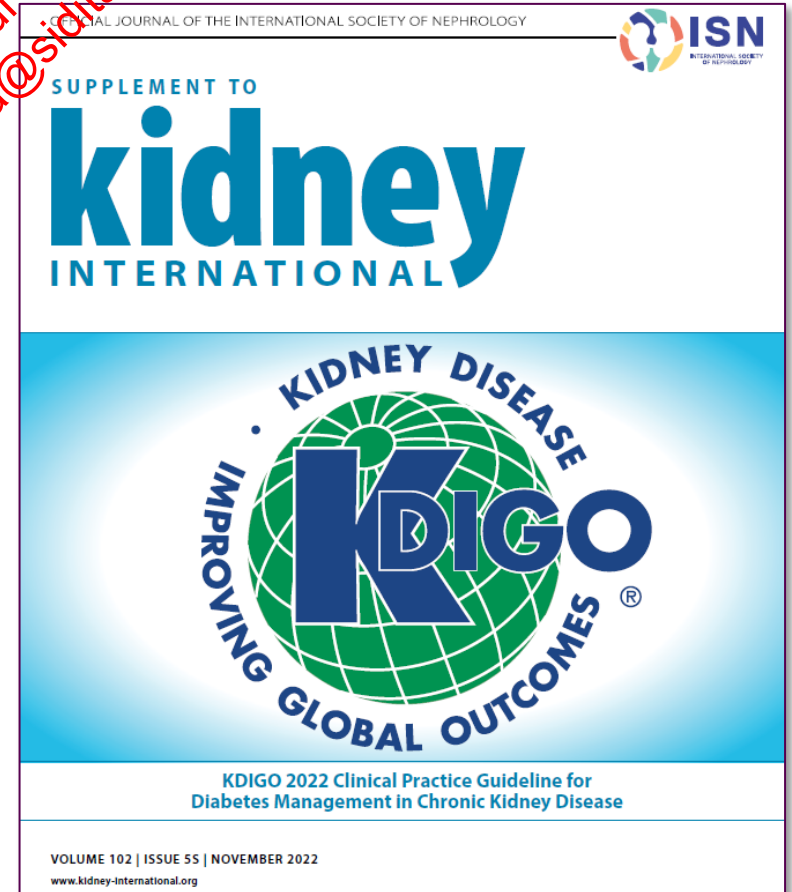


Diabetes Management in Chronic Kidney Disease: A Consensus Report by the American Diabetes Association (ADA) and Kidney Disease: Improving Global Outcomes (KDIGO)

<https://doi.org/10.2337/dci22-0027>

Ian H. de Boer,¹ Kamlesh Khunti,²
Tami Sadusky,³ Katherine R. Tuttle,
Joshua J. Neumiller,⁵ Connie McInee,⁶
Sylvia E. Rosas,⁷ Peter Rossing,^{8,9} and
George Bakris¹⁰

Diapositiva preparata da ANNA SOLINI e ceduta alla Società Italiana di Diabetologia.
Per ricevere la versione originale si prega di scrivere a siditalia@siditalia.it



New published ADA – KDIGO Consensus on "Diabetes Management in Chronic Kidney Disease" recommend Finerenone in all albuminuric patients with $eGFR \geq 25$ and normal potassium

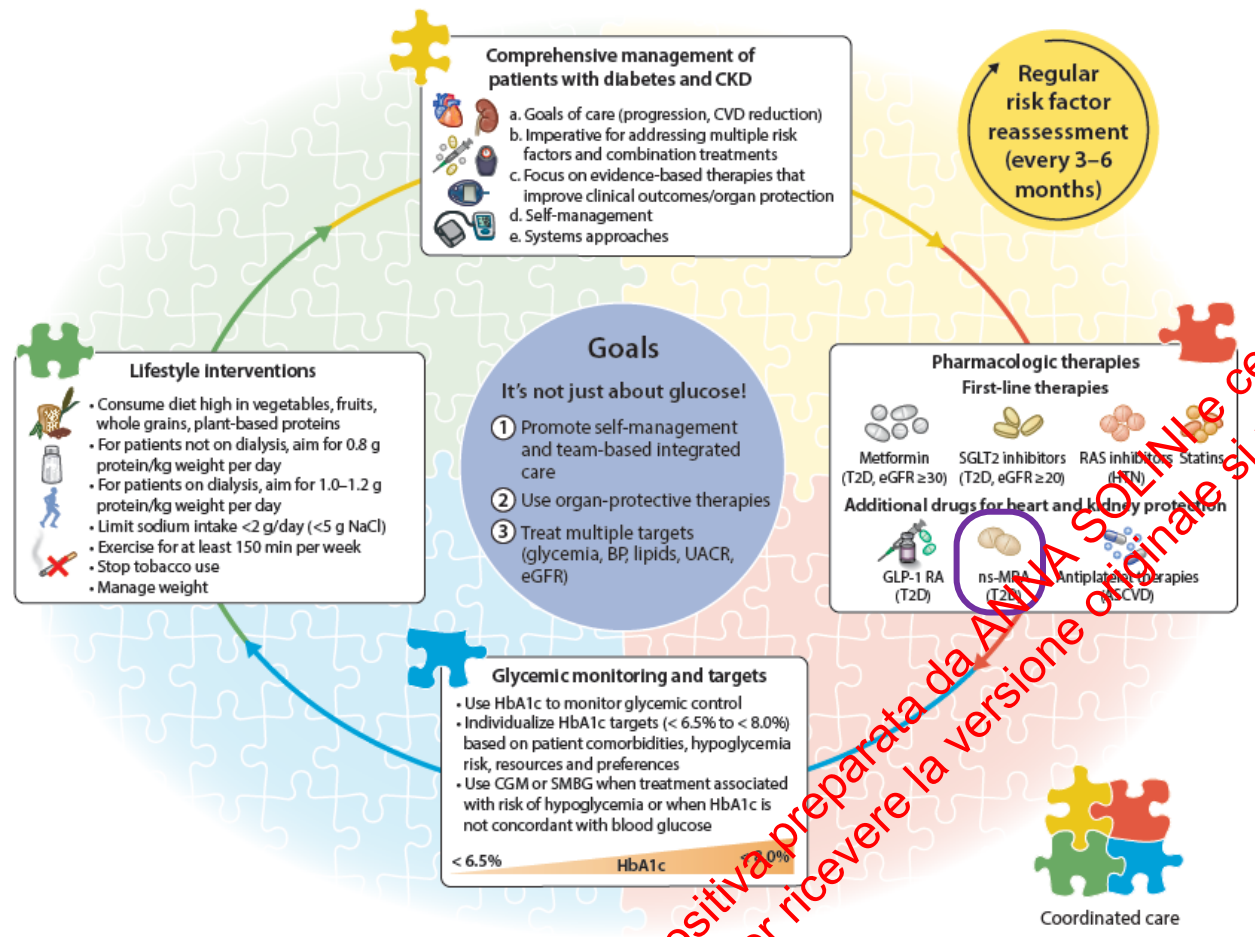


A nonsteroidal mineralocorticoid receptor antagonist (ns-MRA) with proven kidney and cardiovascular benefit is recommended for patients with T2D, $eGFR \geq 25$ mL/min/1.73m², normal serum potassium concentration, and albuminuria (albumin-to-creatinine ratio [ACR] ≥ 30 mg/g) despite maximum tolerated dose of renin-angiotensin system (RAS) inhibitor.

New published KDIGO Clinical Practice Guidelines on "Diabetes Management in Chronic Kidney Disease" recommend Finerenone in all albuminuric patients with eGFR≥25 and normal potassium

Therapeutical approach for improving outcomes in patients with diabetes and CKD

Guidelines include data from FIDELIO-DKD, FIGARO-DKD trials, and FIDELITY pooled-analysis



Recommendation 1.4.1 – 2A

We suggest a nonsteroidal mineralocorticoid receptor antagonist with proven kidney or cardiovascular benefit for patients with **T2D**, an **eGFR ≥25** ml/min per 1.73 m², **normal serum potassium** concentration, and **albuminuria** (≥30 mg/g [≥3 mg/mmol]) despite maximum tolerated dose of RAS inhibitor.

"This recommendation places a high value on the high-quality evidence, from [...] FIDELIOD-DKD and [...] FIGARO-DKD, that finerenone, on top of ACEi or ARB treatment, slows progressive loss of eGFR and decreases the risk of a cardiovascular event among people with T2D and albuminuria. It places a relatively lower value on the lack of definitive data regarding adding nonsteroidal MRA to SGLT2i (current standard of care), the risk of hyperkalemia and monitoring of potassium during nonsteroidal MRA treatment, and the lack of observational data evaluating benefits and risks outside of the clinical trial setting.

In the judgment of the Work Group, the majority of well-informed patients addressed by the recommendation would want to receive treatment with a nonsteroidal MRA, but many would not."

*ACEi or ARB should be first-line therapy for hypertension when albuminuria is present, otherwise dihydropyridine CCB or diuretic can also be considered; all three classes often needed to attain BP targets

Top
10

Takeaways for Clinicians from the KDIGO 2022 Clinical Practice Guideline for Diabetes Management in CKD



8

Non-steroidal mineralocorticoid antagonists (ns-MRA)

ns-MRA reduce risks of CKD progression and cardiovascular events for people with T2D and residual albuminuria. They are suggested for patients with T2D, urine ACR ≥ 30 mg/g, and normal serum potassium on other standard of care therapies. Serum potassium and creatinine should be monitored.

Top
10

Takeaways for Patients from the KDIGO 2022 Clinical Practice Guideline for Diabetes Management in CKD



8

Non-steroidal mineralocorticoid antagonists (ns-MRA)

ns-MRA reduce risks of CKD progression and cardiovascular events for people with T2D and residual albuminuria despite other treatments. They are suggested for patients with T2D, urine ACR ≥ 30 mg/g, and normal serum potassium on other standard of care therapies.

Diapositiva preparata da ANMA SOLINI e ceduta alla Società Italiana di Diabetologia.
Per ricevere la versione originale si prega di scrivere a siditalia@siditalia.it

Summary of Recommendations of Finerenone use in DKD disease

Scientific Society	Year	Recommendation	Grade
	2022	In patients with chronic kidney disease who are at increased risk for cardiovascular events or chronic kidney disease progression or are unable to use a sodium–glucose cotransporter 2 inhibitor, a nonsteroidal mineralocorticoid receptor antagonist (finerenone) is recommended to reduce chronic kidney disease progression and cardiovascular events [recommendation 11.3c]	A
	2022	A nonsteroidal mineralocorticoid receptor antagonist (ns-MRA) with proven kidney and cardiovascular benefit is recommended for patients with T2D, eGFR ≥ 25 mL/min/1.73m ² , normal serum potassium concentration, and albuminuria (albumin-to-creatinine ratio [ACR] ≥ 30 mg/g) despite maximum tolerated dose of renin-angiotensin system (RAS) inhibitor	-
	2022	We suggest a nonsteroidal mineralocorticoid receptor antagonist with proven kidney or cardiovascular benefit for patients with T2D, an eGFR ≥ 25 mL/min per 1.73 m ² , normal serum potassium concentration, and albuminuria (≥ 30 mg/g [≥ 3 mg/mmol]) despite maximum tolerated dose of RAS inhibitor [recommendation 1.4.1]	2A
	2022	A non-steroidal mineralocorticoid receptor antagonist (finerenone) with proven kidney and CVD benefit is recommended for persons with T2D, an eGFR ≥ 25 mL/min/1.73 m ² , normal serum potassium concentration, and albuminuria (ACR ≥ 30 mg/g) despite a maximum tolerated dose of a renin-angiotensin system inhibitor [recommendation 6.6]	1A

Diapositiva preparata da ANMA SOLIM e ceduta alla Societa Italiana di Diabetologia. Per ricevere la versione originale si prega di scrivere a siditalia@siditalia.it

1. American Diabetes Association Professional Practice Committee, Diabetes Care 2022;45(1); <https://doi.org/10.2337/dc22-S011>; 2. De Boer HI et al., Diabetes Care 2022; DOI: 10.2337/dci22-0027; 3. KDIGO 2022 Clinical Practice Guideline for Diabetes Management in Chronic Kidney Disease, Kidney Int 2022; 102(55); 4. Blonde L et al., Endocrine Practice 2022, in press; <https://doi.org/10.1016/j.eprac.2022.08.002>

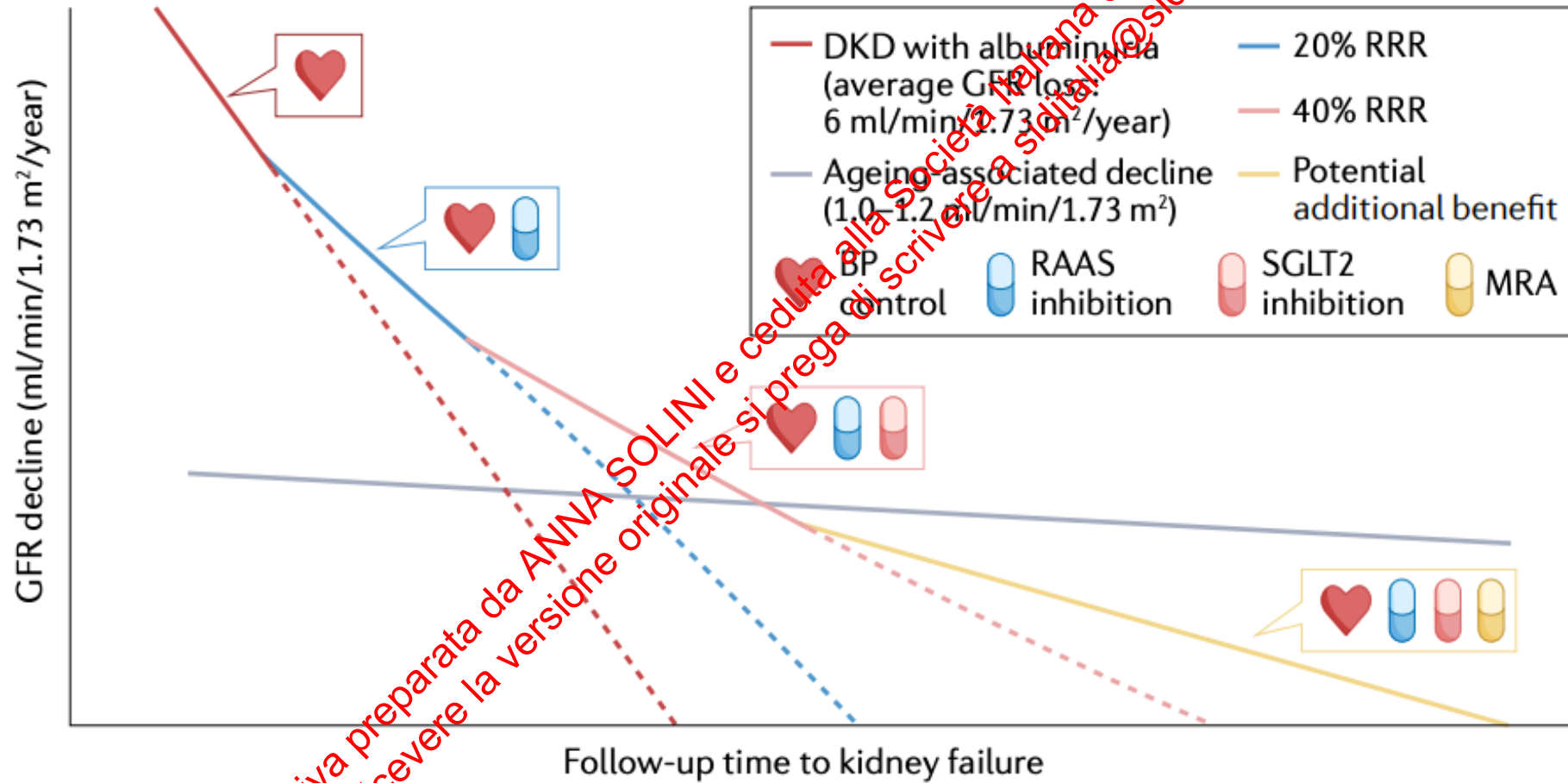
AACE guidelines provides "Practice Points" to better manage Finerenone

- Serum potassium levels and eGFR should be monitored within 2 to 4 weeks after initiating an ACE inhibitor, an ARB, an SGLT2i, finerenone, or with changes in these medications.
- Finerenone can be used for persistent albuminuria in addition to an ACE inhibitor or an ARB and SGLT2i, or in people with CKD in DM who cannot take an SGLT2i.

Mitigation of Side Effects for Newer Agents to Treat Diabetic Kidney Disease

Side effects	Mitigation strategies
SGLT2 inhibitors	
Genital mycotic infections	◦ Hygiene, topical antifungals
Volume depletion	◦ Proactive dose reduction of diuretics in persons at risk for hypotension ◦ Hold SGLT2is during GI illness (nausea, vomiting, diarrhea) ◦ Improve glucose control to reduce glucosuria
Ketoacidosis	◦ Educate persons with DM on early recognition ◦ "STOP DKA" protocol (stop SGLT2i, test for ketones, maintain fluid and carbohydrate intake, use maintenance and supplemental insulin)
Hypoglycemia	◦ Adjustment of background antihyperglycemic agents
GLP-1 receptor agonists	
Nausea/vomiting/diarrhea	◦ Patient education on tolerability and symptom recognition ◦ Start at lowest dose and titrate slowly
Hypoglycemia	◦ Adjustment of background antihyperglycemic agents
Finerenone	
Hyperkalemia	◦ Dietary restriction of potassium ◦ Thiazide or loop diuretics ◦ SGLT2i ◦ Potassium-binding agents (patiromer or sodium zirconium cyclosilicate)

Expanding the therapeutic options for patients with CKD and T2D



Diapositiva preparata da ANNA SOLINI e ceduta alla Societa Italiana di Diabetologia.
Per ricevere la versione originale si prega di scrivere a siditalia@siditalia.it