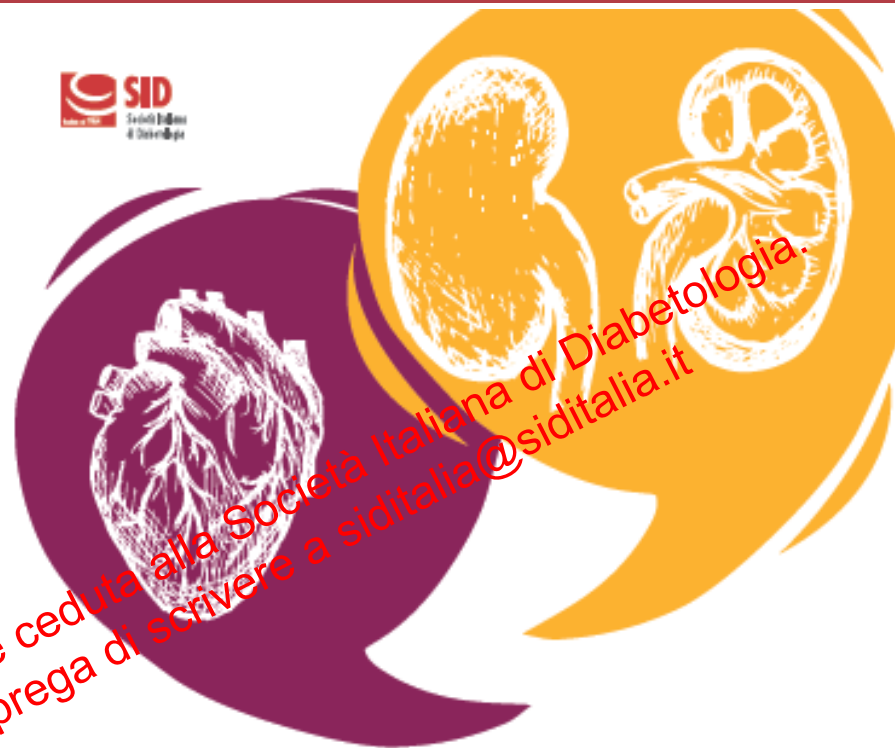


Effetti dello Scompenso Cardiaco sulla Funzione Renale

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IL CROSS-TALK
cuore-rene

FISIOPATOLOGIA
ED ASPETTI CLINICI

Luca De Nicola
Nephrology and Dialysis Unit

 **V** : Università
degli Studi
della Campania
Luigi Vanvitelli

Scuola di Medicina e Chirurgia
*Dipartimento di Scienze Mediche,
Chirurgiche, Neurologiche, Metaboliche
e dell'Invecchiamento*

Il Prof. LUCA DE NICOLA dichiara di aver ricevuto negli ultimi due anni compensi o finanziamenti dalle seguenti Aziende Farmaceutiche e/o Diagnostiche:

- AstraZeneca
- Vifor
- Janssen

Dichiara altresì il proprio impegno ad astenersi, nell'ambito dell'evento, dal nominare, in qualsivoglia modo o forma, aziende farmaceutiche e/o denominazione commerciale e di nome e pubblicità di qualsiasi tipo relativamente a specifici prodotti di interesse sanitario (farmaci, strumenti, dispositivi medico-chirurgici, ecc.).

Napoli, 30-04-2019



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Heart failure in patients with or without CKD



Data Source: Special analyses, Medicare 5% sample. Patients aged 66 and older, alive, without end-stage renal disease, and residing in the United States on 12/31/2016 with fee-for-service coverage for the entire calendar year. Abbreviation: CKD, chronic kidney disease.

Mild HF in normal renal function



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Intrarenal Determinants of Sodium Retention in Mild Heart Failure

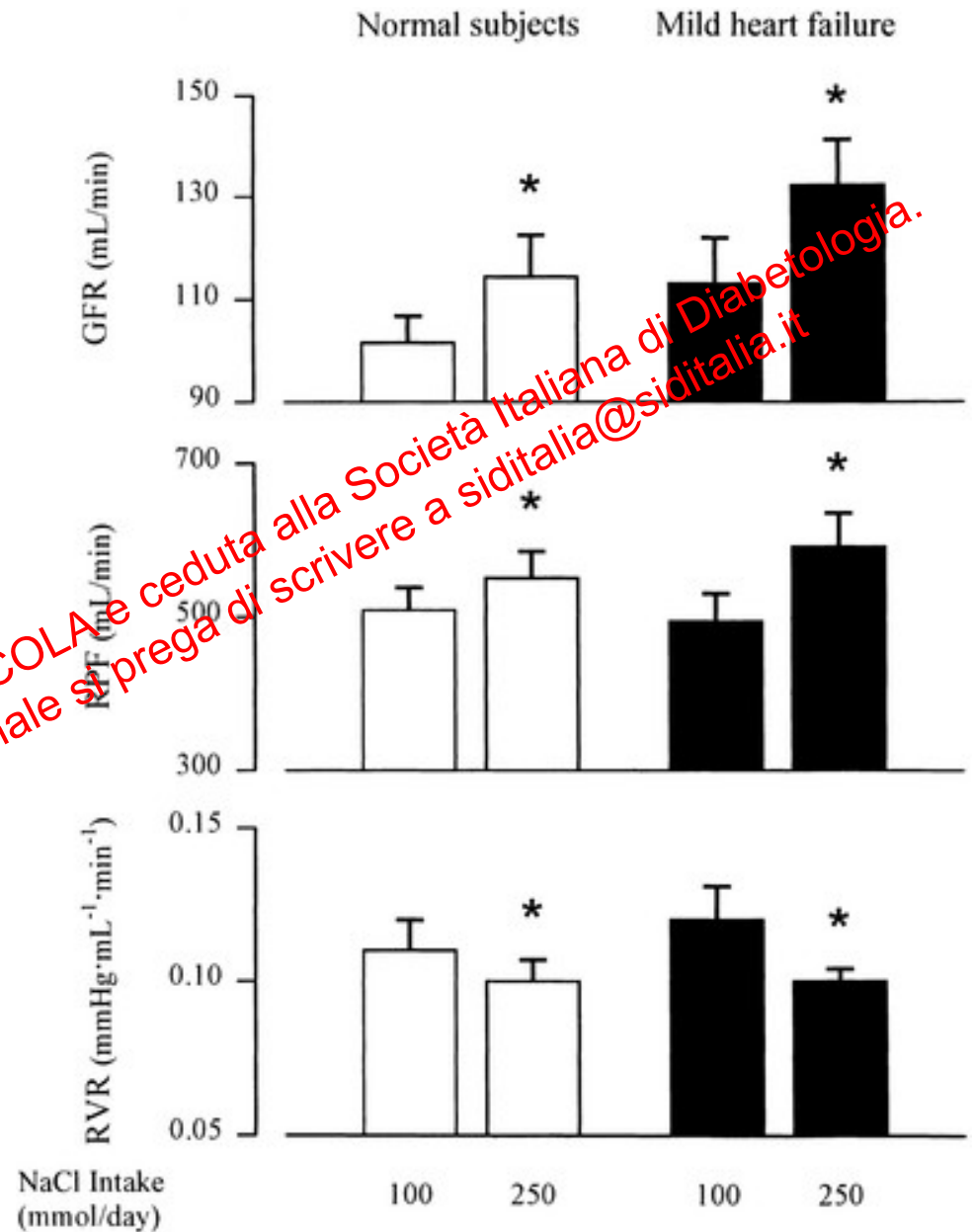
Massimo Volpe, Paola Magri, Maria A. E. Rao, Sara Cangianiello,
Luca DeNicola, Alessandro F. Mele, Bruno Memoli, Iolanda Enea,
Speranza Rubattu, Bruna Gigante, Bruno Trimarco, Murray Epstein

- 10 asymptomatic MHF (class I, LVEF $29.7 \pm 2\%$) and normal renal function (sCreat 1.0 ± 0.06)
- 10 matched normal subjects
- Low salt intake (6 g/day) vs high salt intake (15 g/day) estimated by 24h UNaV
- Renal hemodynamics and tubular function (clearances studies)
- Effects of 6-week treatment with Enalapril 5 mg/day

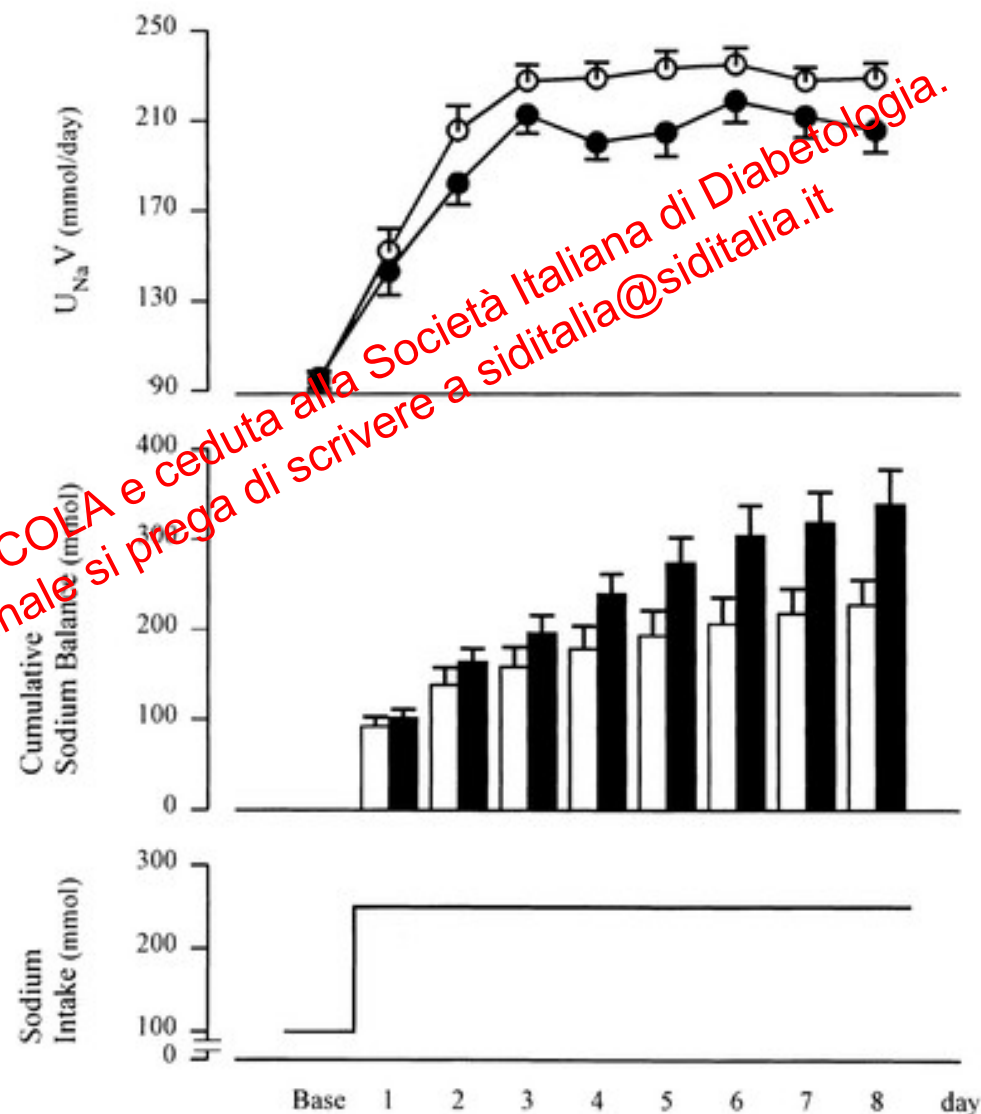
**Effects of increased NaCl-i
on GFR, RPF and RVR
in normal and MHF**

**Responses to high salt diet
was similar in the two groups.**

*** $P < .05$ vs low salt**



□ Normal subjects
 ■ Mild heart failure



Effects of increased NaCl-i on $U_{Na}V$ and Na^+ balance in normal and MHF

The two groups differed in cumulative
 Na^+ balance with increased ECV of 1.6 L
 in normal and 2.4 L in MHF
 ($P < .001$)

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Effect of Enalapril on markers of normal

Proximal reabsorption decreased in normal and mild

FL_{Na} : filtered load of Na,
 FC_{H_2O} : fractional clearance of free water, FE_K :
fractional excretion of K,
 FE_{Na} : fractional excretion of Na^+



Six weeks of Enalapril 5 mg/d restored a normal response to high salt diet

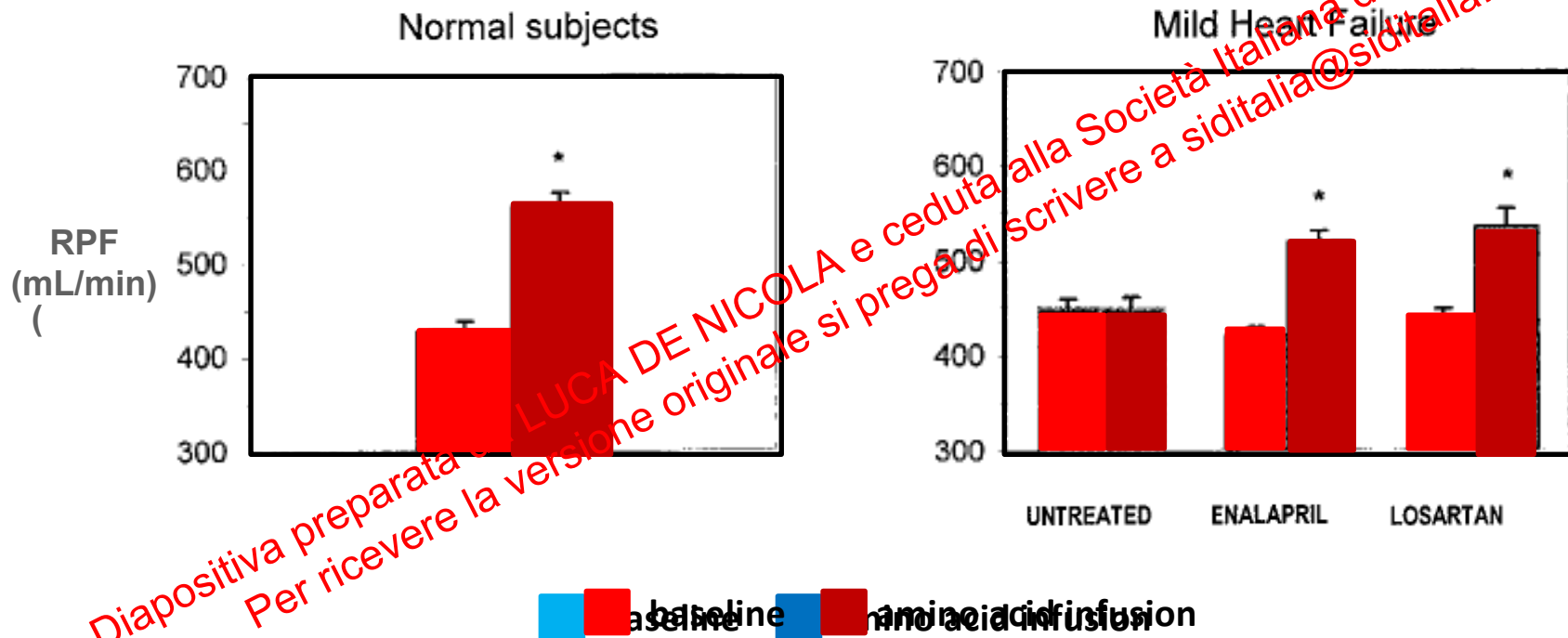
Early Impairment of Renal Hemodynamic Reserve in Patients With Asymptomatic Heart Failure Is Restored by Angiotensin II Antagonism

Paola Magri, MD; Maria A.E. Rao, MD; Sara Cangianiello, MD; Vincenzo Bellizzi, MD; Rosaria Russo, MD; Alessandro F. Mele, MD; Michele Andreucci, MD; Bruno Memoli, MD; Luca De Nicola, MD; Massimo Volpe, MD

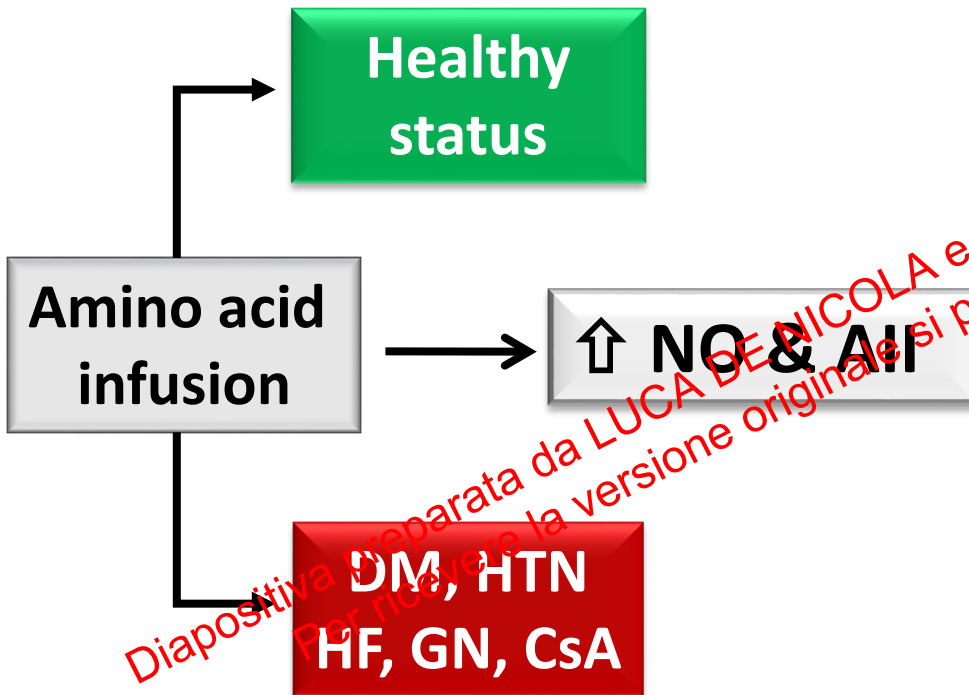
	Healthy Subjects	Patients With Mild HF
Age, y	39.1±4.4	40.3±3.3
Sex, male/female	7/1	7/3
Body weight, kg	72.3±2.8	70.2±3.1
Height, cm	167.3±2.0	168.7±2.1
Blood glucose, mg/dL	92.0±4.6	90.5±3.6
Serum creatinine, mg/dL	1.04±0.03	0.90±0.06
Blood urea nitrogen, mg/dL	37.6±3.7	35.6±2.9
ANP, pg/mL	19.4±2.3	35.1±6.7*
BNP, pg/mL	10.0±4.0	30.6±7.3*
RAA, ng·mL ⁻¹ ·h ⁻¹	3.3±0.5	2.5±0.4
PA, pg/mL	47.1±9.6	51.5±10.2
SBP/DBP, mm Hg	116.3±4.5/76.9±2.7	116.5±1.8/78.0±2.0
HR, bpm	66.8±2.5	69.4±3.3
LVEDD, mm	...	59.8±1.5
LVESD, mm	...	44.2±2.2
LVEF, %	...	40.8±1.9
U _{Na} V, mEq/24 h	156.8±16.5	164.0±22.1
U _K V, mEq/24 h	46.6±3.5	47.3±7.1

Early Impairment of Renal Hemodynamic Reserve in Patients With Asymptomatic Heart Failure Is Restored by Angiotensin II Antagonism

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Renal Functional Reserve is a “in vivo proxy” of Nitric Oxide/Angiotensin II balance



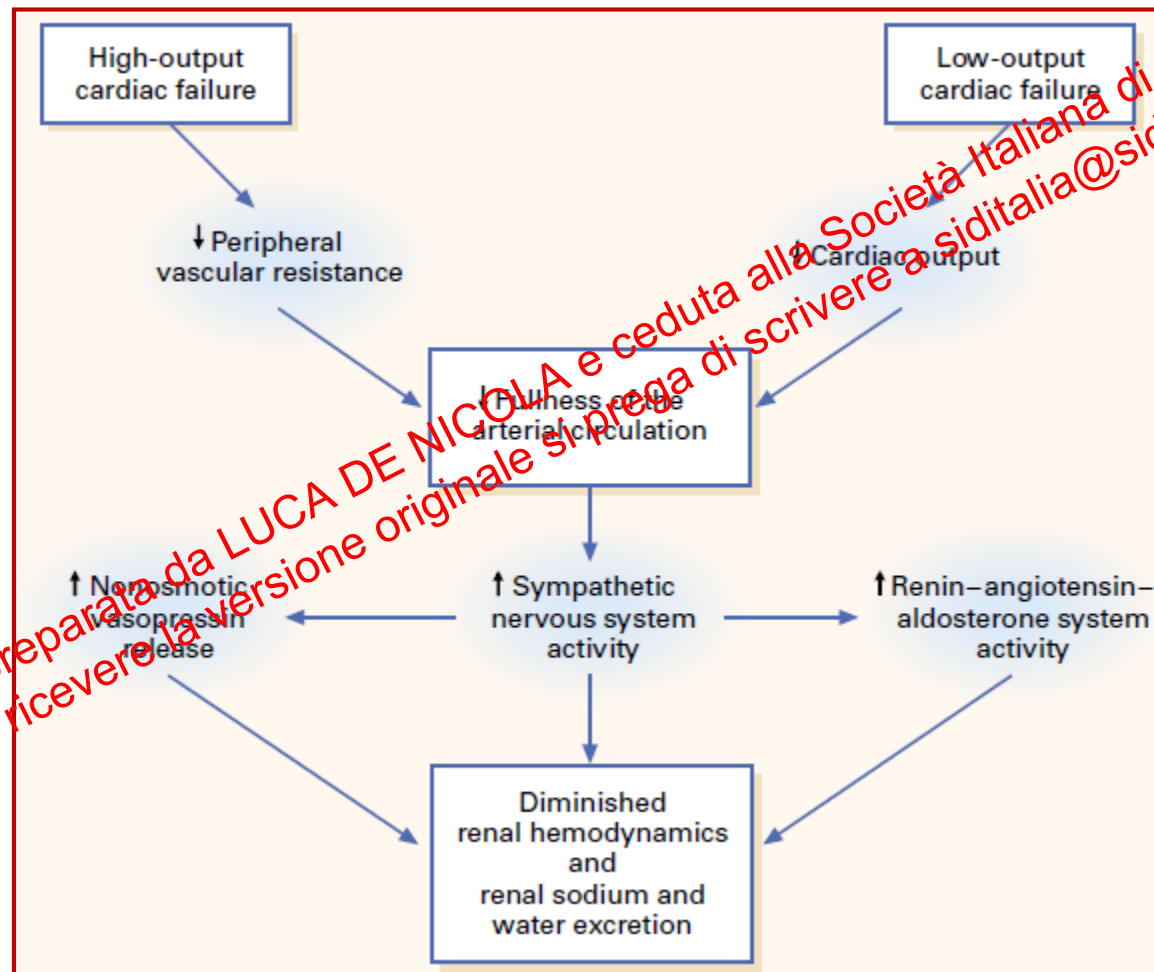
The kidney in advanced HF



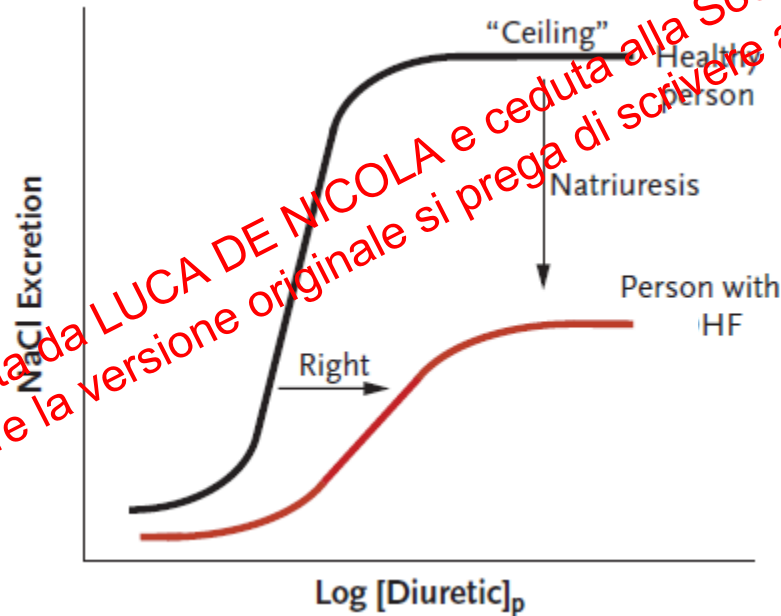
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HORMONES AND HEMODYNAMICS IN HEART FAILURE

ROBERT W. SCHRIER, M.D.,
AND WILLIAM T. ABRAHAM, M.D.



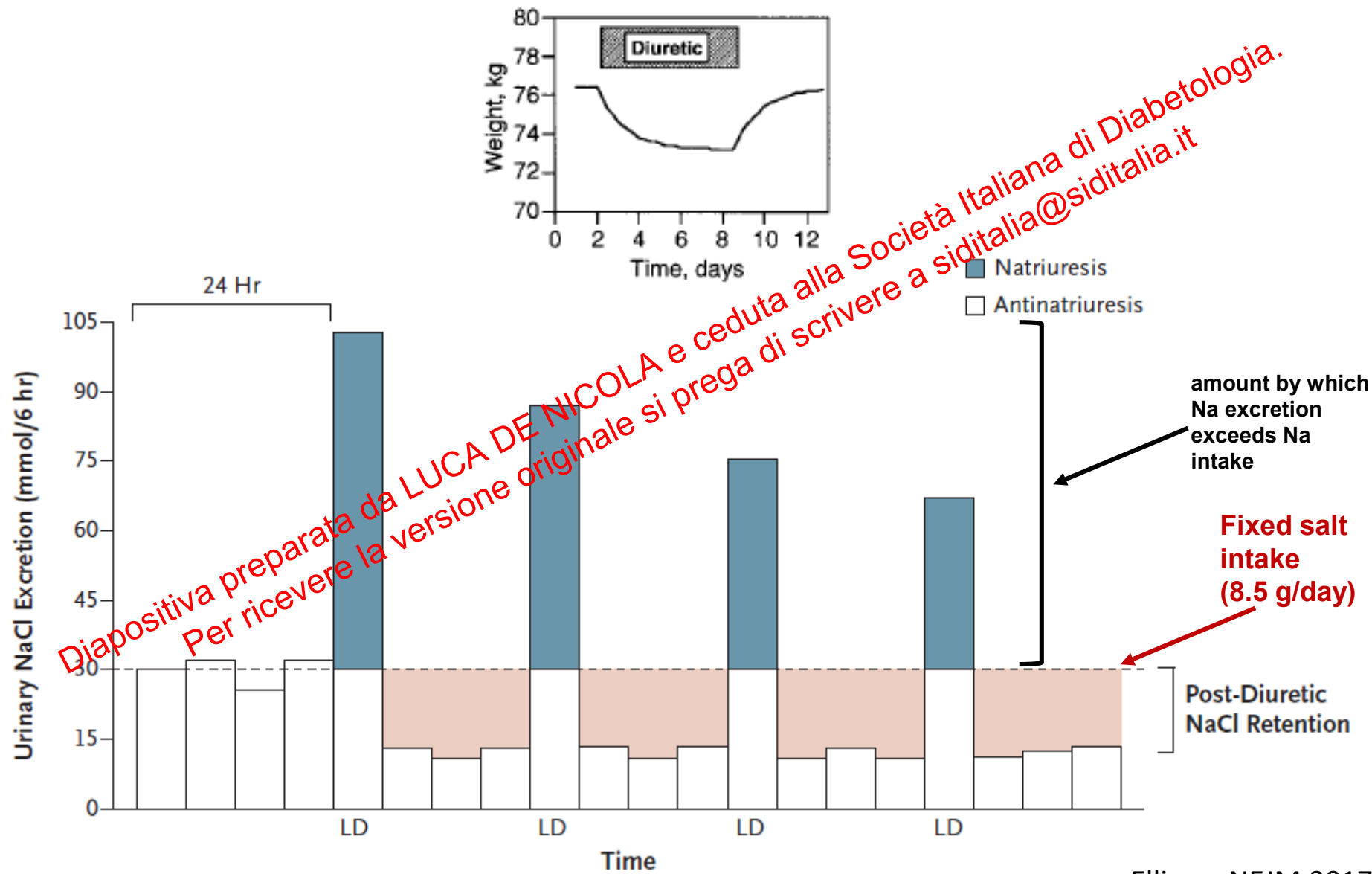
Diuretic Resistance in Human Heart Failure...



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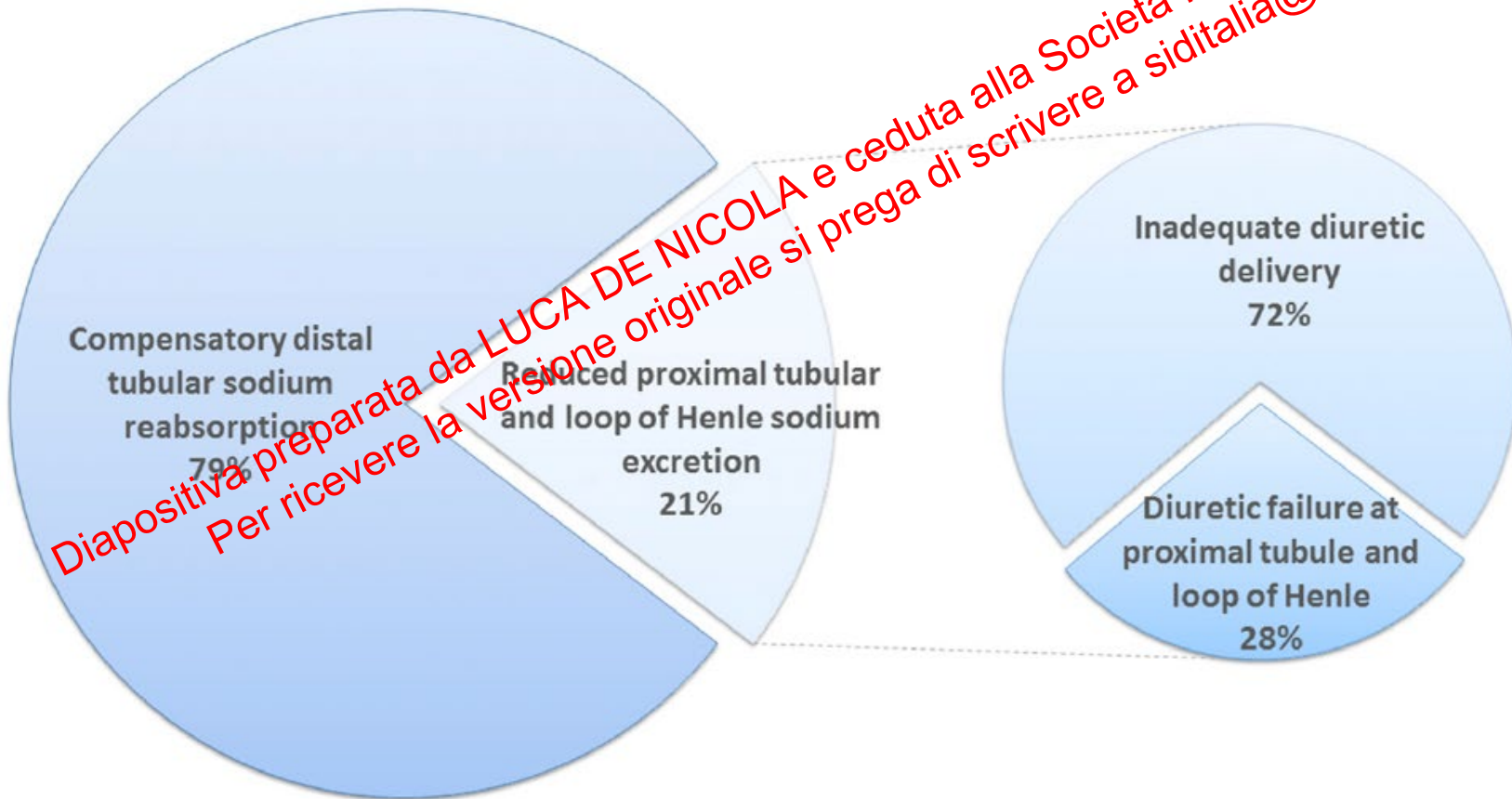
Diuretic Resistance in Human Heart Failure...

...and role of salt intake



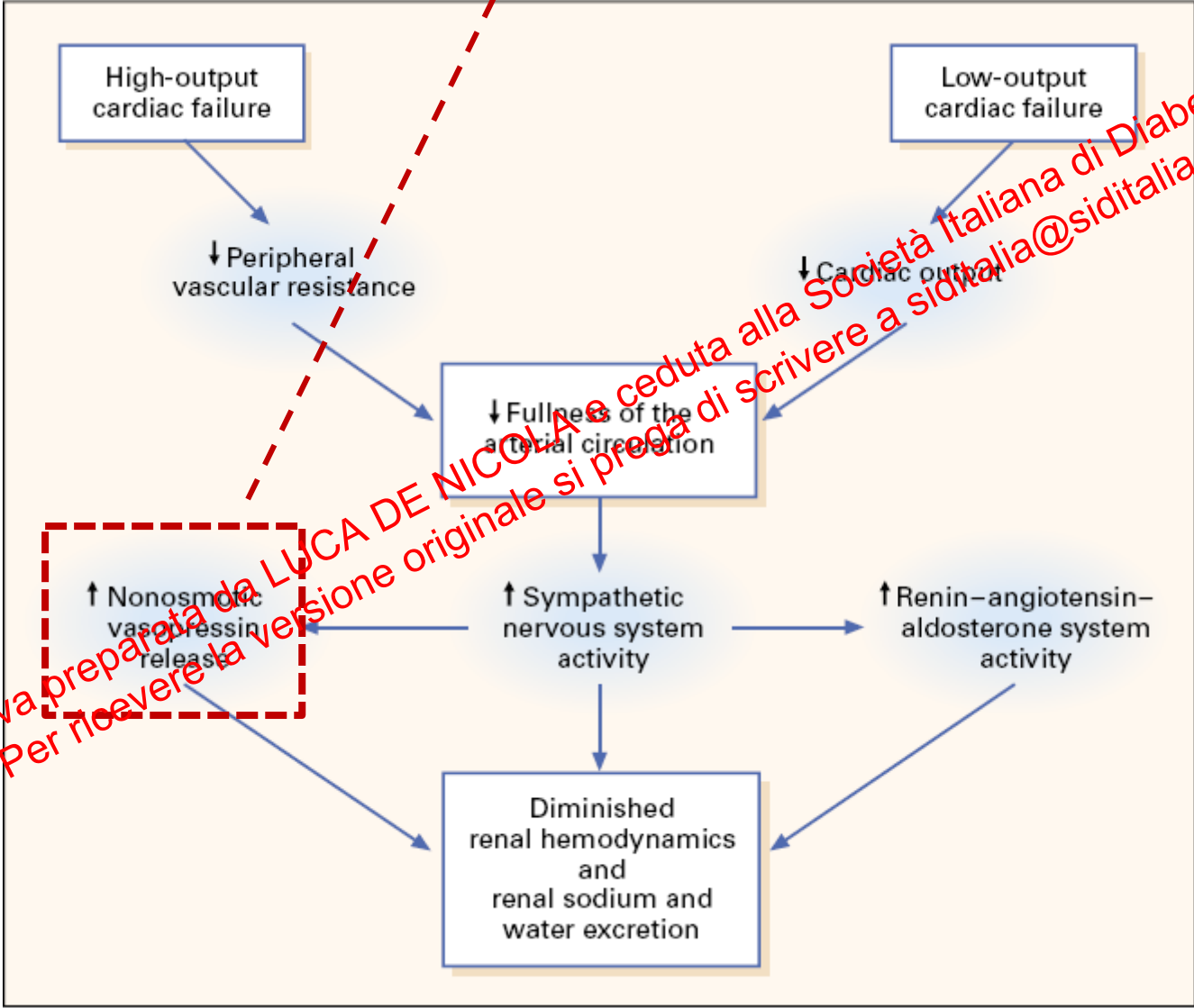
Diuretic Resistance in Human Heart Failure

- 128 patients with HF receiving treatment with loop diuretics
- Fractional excretion of lithium for in vivo assessment of proximal tubular and loop of Henle sodium handling
- FENa to assess the net sodium excreted into the urine



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Mechanisms of salt and **water** retention in HF

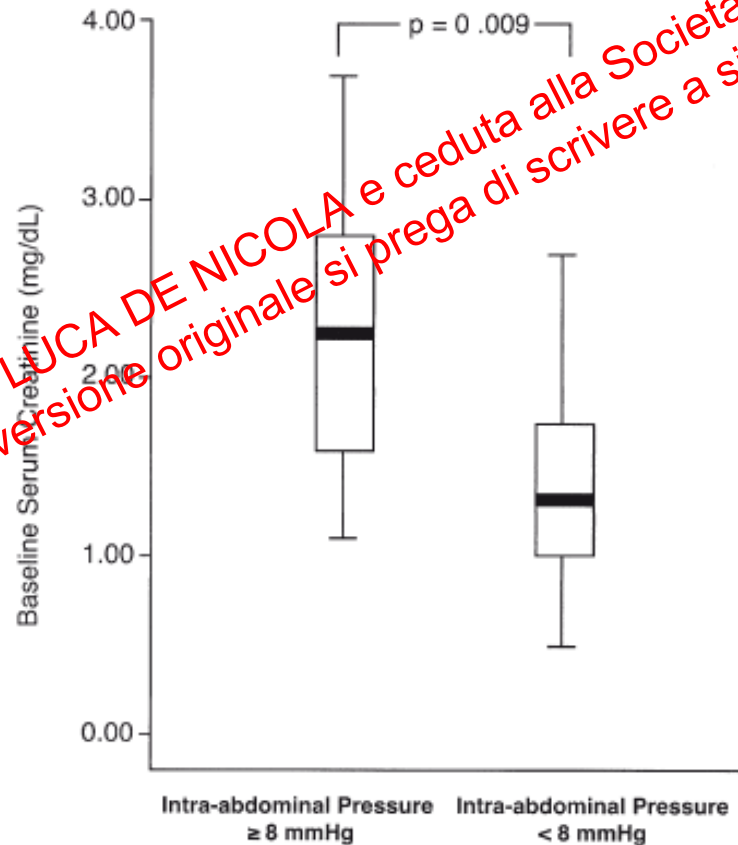


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Elevated Intra-Abdominal Pressure in Acute Decompensated Heart Failure

A Potential Contributor to Worsening Renal Function?

Wilfried Mullens, MD,* Zuheir Abrahams, MD, PhD,* Hadi N. Skouri, MD,*



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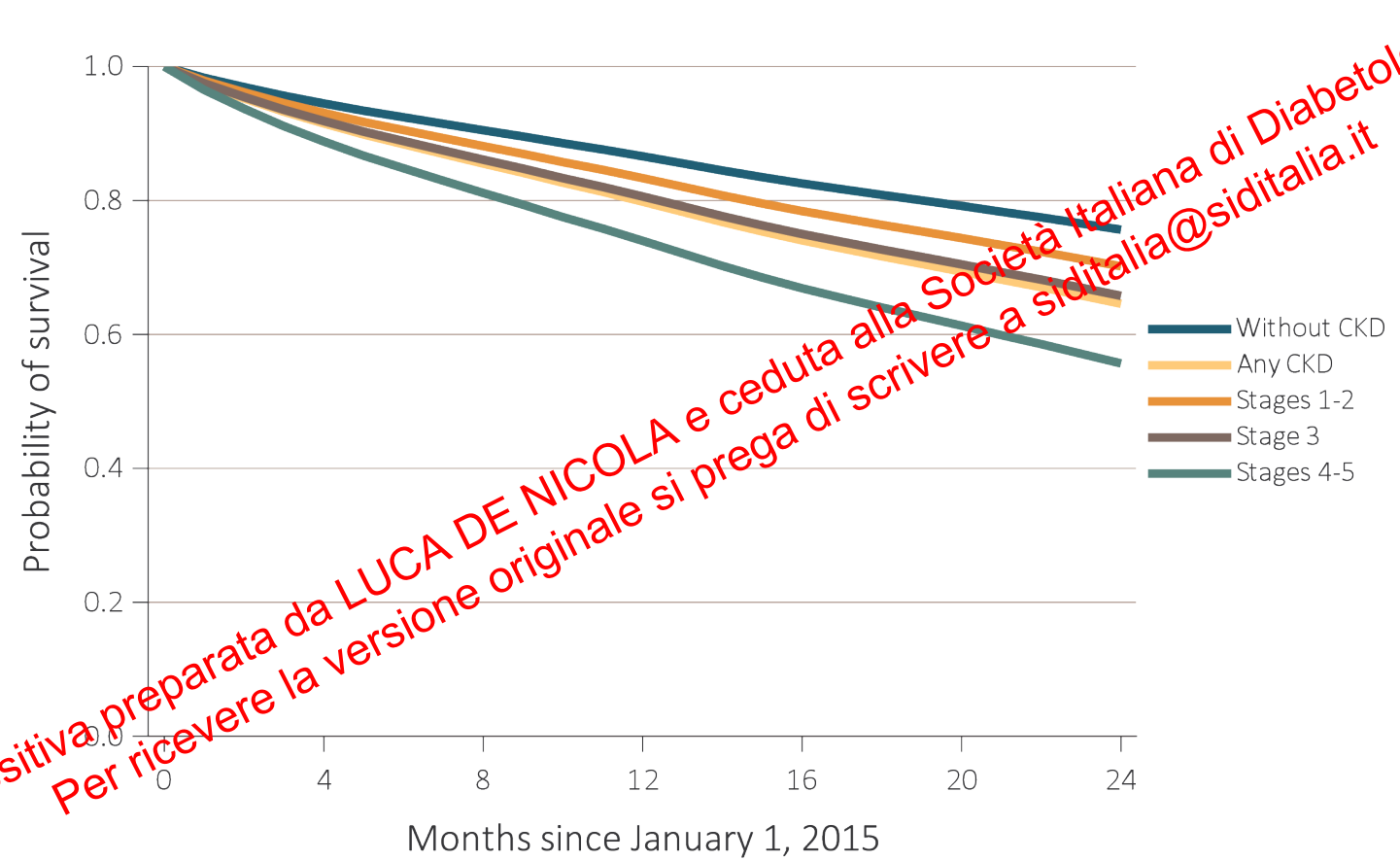
Patient outcome



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Survival of patients with heart failure by CKD status

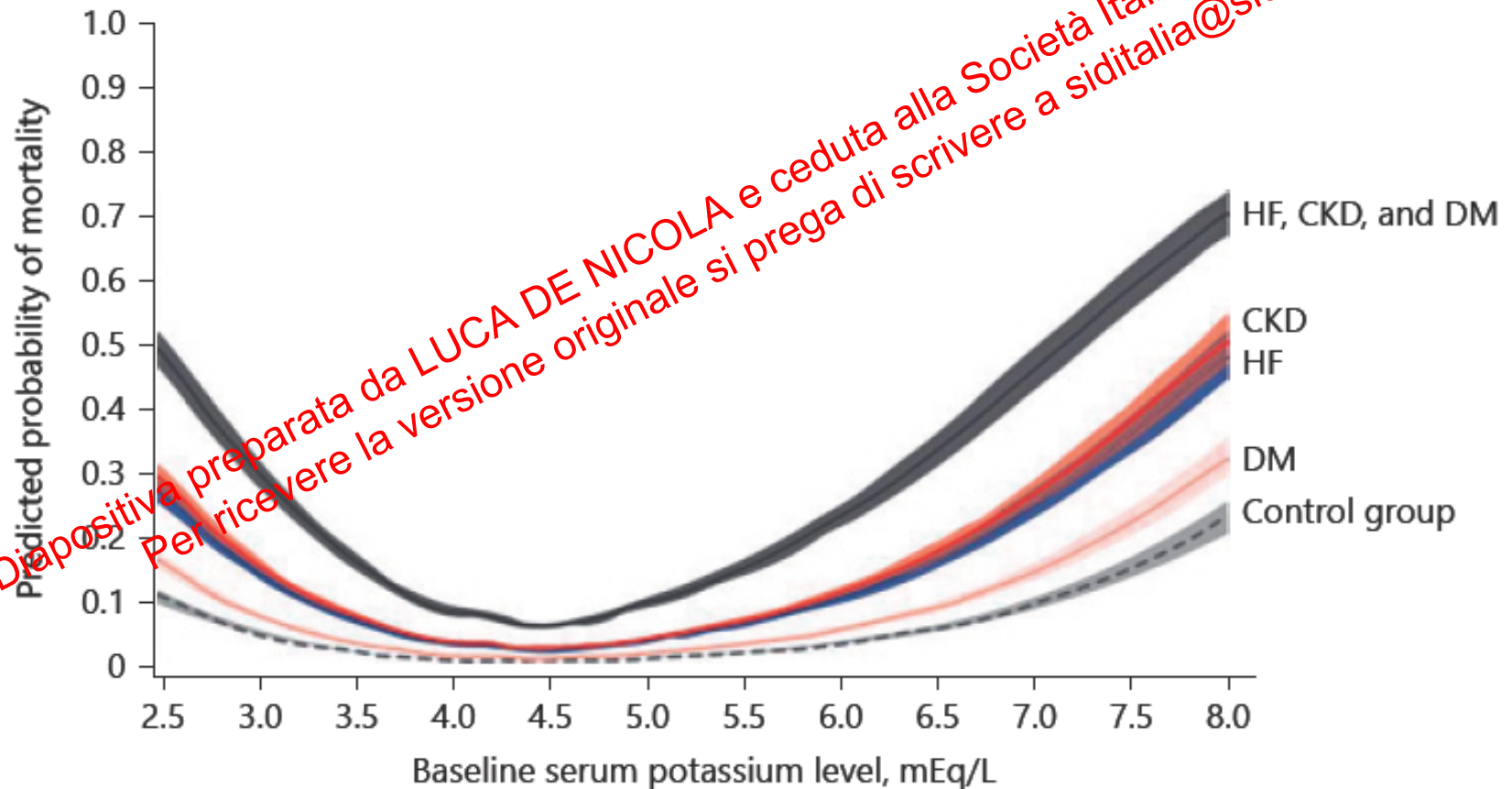
adjusted for age and sex



Data Source: Special analyses, Medicare 5% sample. Patients aged 66 and older, alive, without end-stage renal disease, and residing in the United States on 12/31/2014, with fee-for-service coverage for the entire calendar year. Abbreviation: CKD, chronic kidney disease.

Association of Serum Potassium with All-Cause Mortality in Patients with and without Heart Failure, Chronic Kidney Disease, and/or Diabetes

- 911,698 pts (US integrated health delivery networks)
- 21% DM, 11% CKD, 6% HF, 1% all 3 conditions
- Basal sK ≥ 5.0 mEq/L: **8.3%** DM, **11.5%** CKD, **9.1%** in HF, **13.1%** all 3 conditions



Antihypertensive Medications and the Prevalence of Hyperkalemia in a Large Health System

- Integrated healthcare system in Pennsylvania (44 Units)
- Serum K measured over a three-year period (2011-13) in 194.456 outpatients

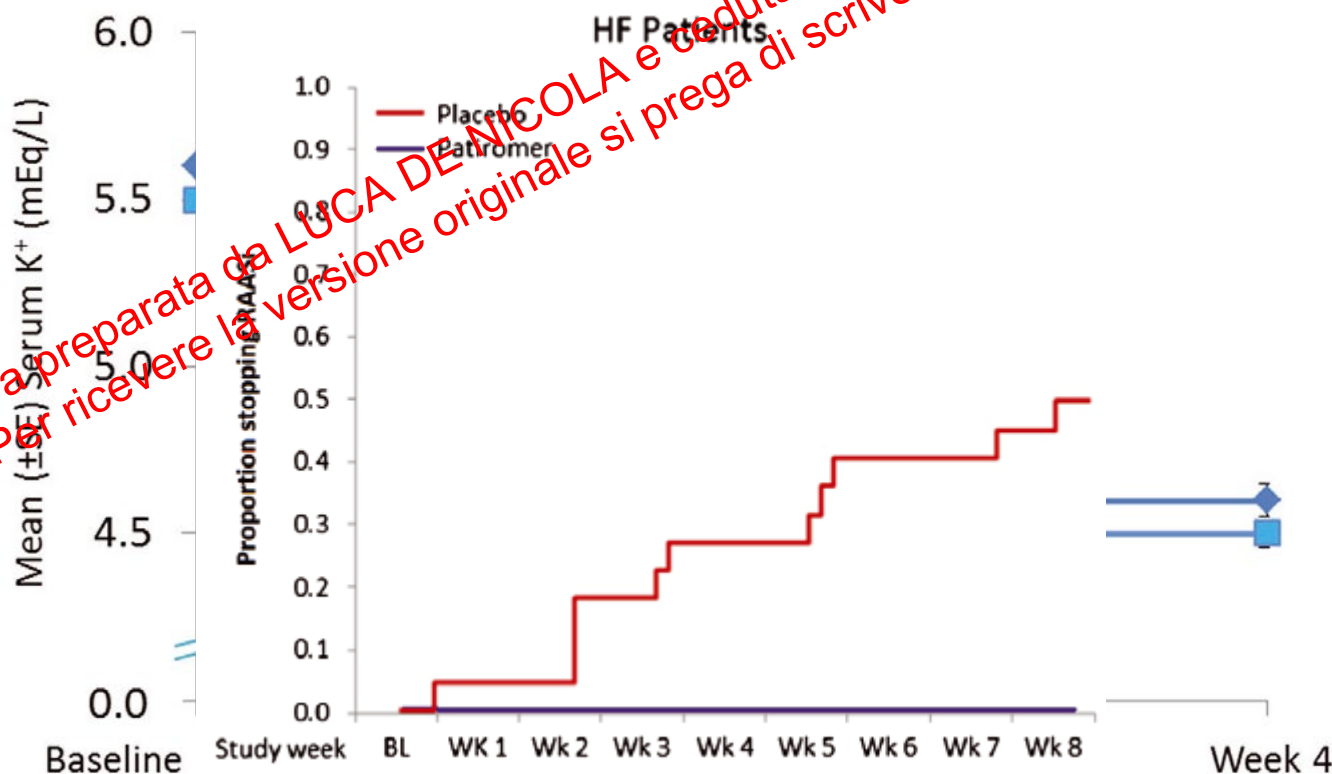
Actions Taken After Experiencing $K > 5.0$, $K > 5.5$

Action Taken	Hyperkalemia, $K > 5.0$ mEq/L (n=16 834)*	Hyperkalemia, $K > 5.5$ mEq/L (n=3582)*
Emergency room visit within 7 days	1.2% (203/16 834)	3.1% (112/3582)
Repeat potassium measurement within 14 days	18.4% (3097/16 834)	44.3% (1587/3582)
Prescription of kayexalate	0.7% (111/16 834)	4.7% (171/3582)
Prescription or increase in kaliuretic diuretic	5.6% (946/16 834)	9.2% (330/3582)
Discontinuation of ACEI/ARB in patients taking either	10.5% (793/7585)	24.3% (417/1715)
Dose reduction of ACEI/ARB in patients taking either	2.6% (196/7585)	4.8% (82/1715)
Discontinuation of K-sparing diuretic in patients taking med	23.0% (198/861)	48.5% (133/274)
Dose reduction of potassium-sparing diuretic in patients taking med	1.4% (12/861)	1.1% (3/274)



Effect of patiromer on reducing serum potassium and preventing recurrent hyperkalaemia in patients with heart failure and chronic kidney disease on RAAS inhibitors

- 243 hyperkalemic patients with CKD (90% eGFR<60) under RAASi
- **42% with HF class I-III**
- Patiromer vs Placebo for 4 weeks
- Primary efficacy endpoint was mean change in serum K⁺ from baseline to week 4



S&C: Effects of HF on Kidney and Patient Outcome



Ejection Fraction



↓ RFR
↑ Rprox

↓ RPF, GFR
↓ UNaV

Water
retention

↑ Intra-abdominal
Pressure

↓ Response
to high salt

↑ Diuretic Resistance
↑ CKD progression
↑ sK → RAASI Stop

**ESRD
Death**



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Research Perspectives



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The Cardio-Renal Syndrome

Type I: acute cardiorenal syndrome

Abrupt worsening of cardiac function (e.g., acute cardiogenic shock or acute decompensated heart failure) leading to acute kidney injury.

Type II: chronic cardiorenal syndrome

Chronic abnormalities in cardiac function (e.g., chronic heart failure) causing progressive and potentially permanent chronic kidney disease.

Type III: acute renocardiac syndrome

Abrupt worsening of renal function (e.g., acute kidney ischemia or glomerulonephritis) causing acute cardiac disorder (e.g., heart failure, arrhythmia, ischemia).

Type IV: chronic renocardiac syndrome

Chronic kidney disease (e.g., chronic glomerular or interstitial disease) contributing to decreased cardiac function, cardiac hypertrophy, and/or increased risk of adverse cardiovascular events.

Type V: secondary cardiorenal syndrome

Systemic condition (e.g., diabetes mellitus, sepsis) causing both cardiac and renal dysfunction.

The Cardio-Renal Syndrome

