

Dapagliflozin is being evaluated for benefits in heart failure and CKD in 3 additional outcome studies in the AZ DapaCare Program

- DapaCare involves nearly 30,000 patients across RCTs and is supported by a large real-world cohort
- DapaCare includes a spectrum of patients, including those with varying stages of CV and renal disease, **with and without T2D**. It will continue to advance our understanding of the CV and renal effects of dapagliflozin



- Population** ▶ Symptomatic HFrEF (n ~4,500)
- Treatment** ▶ Dapagliflozin 10 mg vs placebo on top of standard of care
- Endpoint** ▶ Composite of CV death, hHF or urgent HF visit



- Population** ▶ Symptomatic HFpEF (n ~4,700)
- Treatment** ▶ Dapagliflozin 10 mg vs placebo on top of standard of care
- Endpoint** ▶ Composite of CV death, hHF or urgent HF visit



- Population** ▶ CKD (n ~4,000)
- Treatment** ▶ Dapagliflozin 10 mg vs placebo on top of standard of care
- Endpoint** ▶ Composite of ≥50% sustained decline in eGFR, or reaching ESRD or CV death or renal death

Diapositiva preparata da CLAUDIO RAPEZZI e ceduta alla Societa Italiana di Diabetologia.
Per ricevere la versione originale si prega di scrivere a siditalia@siditalia.it

Congestive heart failure and cardiovascular death in patients with prediabetes and type 2 diabetes given thiazolidinediones: a meta-analysis of randomised clinical trials

Rodrigo M Lago, Premranjan P Singh, Richard W Nesto

Lancet 2007; 370: 1129–36

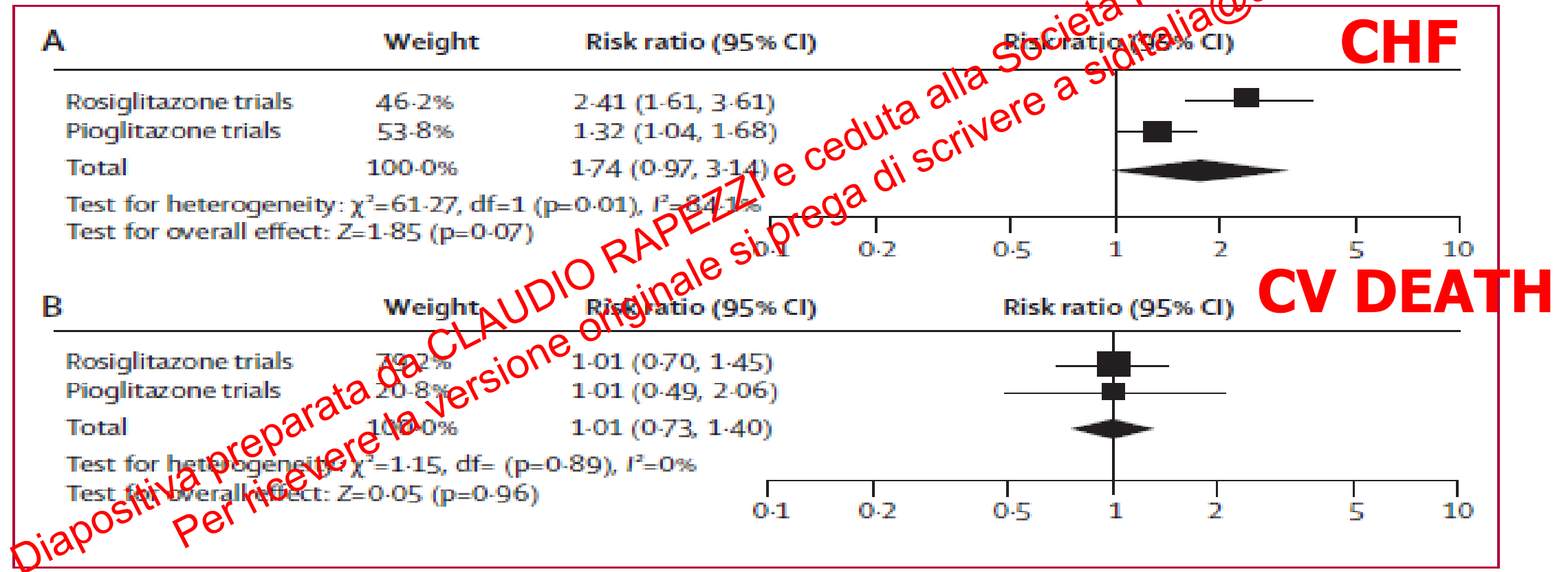


Figure 4: Comparison of risk of congestive heart failure (A) and cardiovascular death (B) for rosiglitazone and pioglitazone

Farmaci antidiabetici e scompenso cardiaco

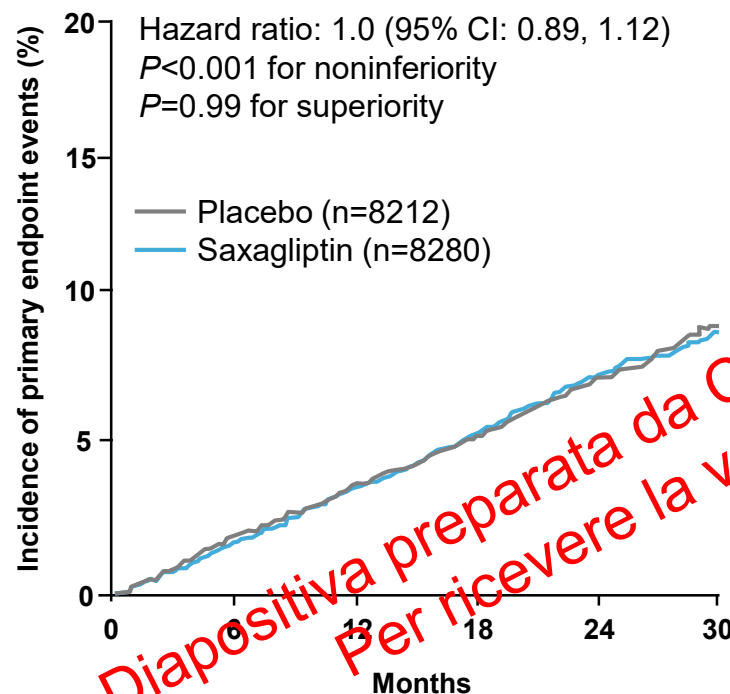
- 1. I farmaci (alcuni) aumentano il rischio di scompenso**
- 2. I farmaci sono neutrali**
- 3. I farmaci riducono il rischio di scompenso nei diabetici con cardiopatia strutturale**
- 4. I farmaci riducono il rischio di scompenso nei diabetici in generale**
- 5. I farmaci (alcuni) sono efficaci nel trattamento dello scompenso anche nei non diabetici**

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DPP-4 inhibitors were largely CV neutral on MACE

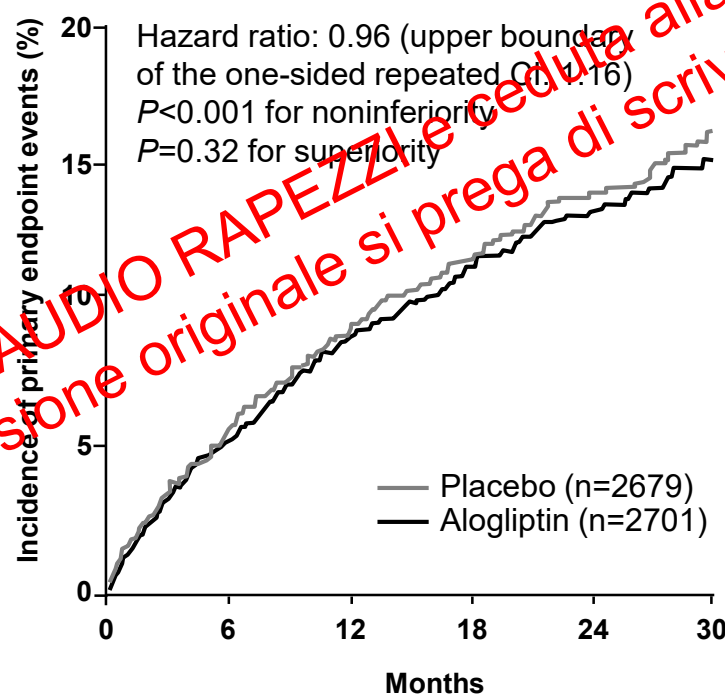
Saxagliptin (SAVOR trial)¹

Primary endpoint: Composite of CV death, myocardial infarction, or ischemic stroke



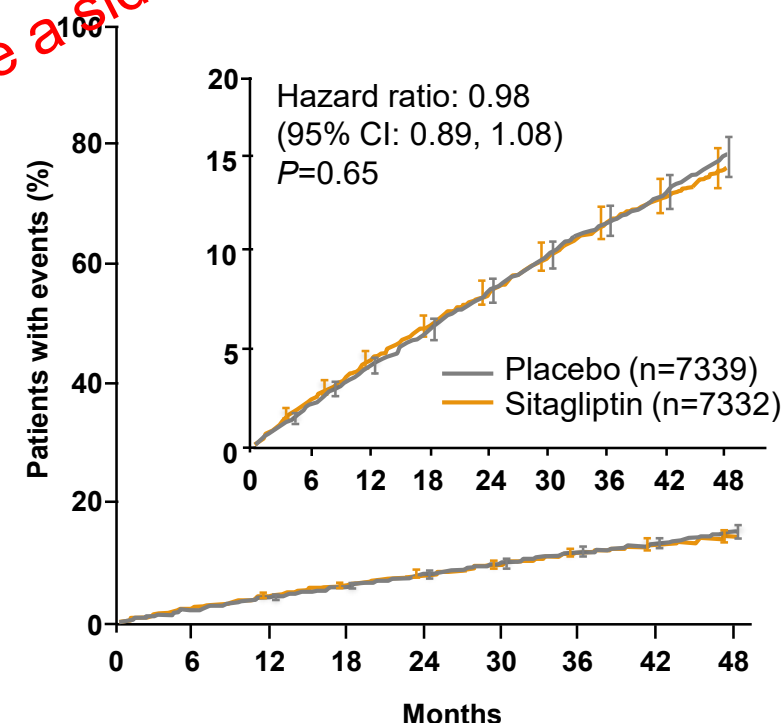
Alogliptin (EXAMINE trial)²

Primary endpoint: Composite of CV death, nonfatal myocardial infarction, or nonfatal stroke



Sitagliptin (TECOS trial)³

Primary endpoint: Composite of CV death, nonfatal myocardial infarction, nonfatal stroke, or hospitalization for unstable angina



CI, confidence interval; CV, cardiovascular; CVOT, cardiovascular outcomes trial; DPP-4, dipeptidyl peptidase-4

1. Adapted from Scirica B, et al. *N Engl J Med* 2013;369:1317–1326; 2. Adapted from White W, et al. *N Engl J Med* 2013;369:1327–1335;

3. Adapted from Green JB, et al. *N Engl J Med* 2015;373:232–242

ORIGINAL ARTICLE

Saxagliptin and Cardiovascular Outcomes in Patients with Type 2 Diabetes Mellitus

Benjamin M. Scirica, M.D., M.P.H., Deepak L. Bhatt, M.D., M.P.H., Eugene Braunwald, M.D., P. Gabriel Steg, M.D., Jaime Davidsson, M.D., Boaz Hirshberg, M.D., Peter Ohman, M.D., Robert Frederick, M.D., Ph.D., Stephen D. Wiviott, M.D., Elaine B. Hoffman, Ph.D., Matthew A. Cavender, M.D., M.P.H., Jacob A. Udell, M.D., M.P.H., Nihar R. Desai, M.D., M.P.H., Ofri Mosenzon, M.D., Darren S. McGuire, M.D., Kausik K. Ray, M.D., Lawrence A. Leiter, M.D., and Itamar Raz, M.D., for the SAVOR-TIMI 53 Steering Committee and Investigators*

N ENGL J MED 369;14 NEJM.ORG OCTOBER 3, 2013

CONCLUSIONS

DPP-4 inhibition with saxagliptin did not increase or decrease the rate of ischemic events, though the rate of hospitalization for heart failure was increased. Although saxagliptin improves glycemic control, other approaches are necessary to reduce cardiovascular risk in patients with diabetes.

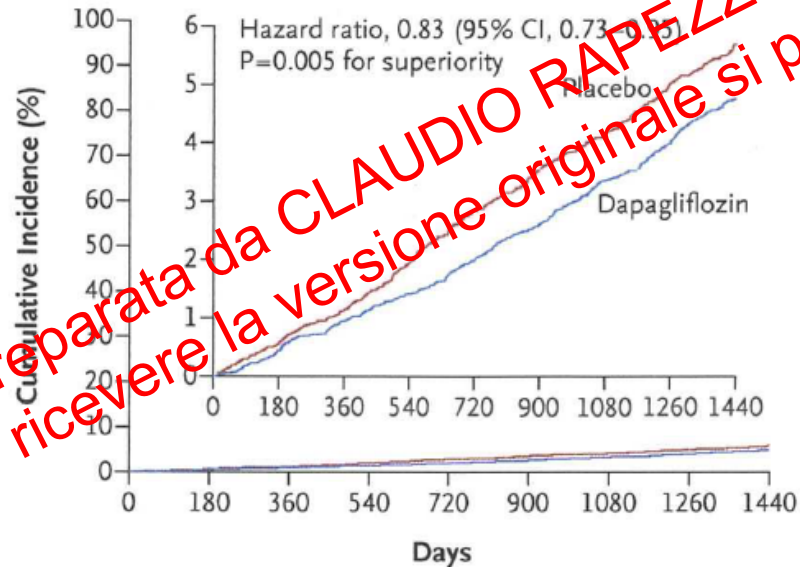
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Dapagliflozin and Cardiovascular Outcomes in Type 2 Diabetes

S.D. Wiviott, I. Raz, M.P. Bonaca, O. Mosenzon, E.T. Kato, A. Cahn, M.G. Silverman, T.A. Zelniker, J.F. Kuder, S.A. Murphy, D.L. Bhatt, L.A. Leiter, D.K. McGuire, J.P.H. Wilding, C.T. Ruff, I.A.M. Gause-Nilsson, M. Fredriksson, P.A. Johansson, A.-M. Langkilde, and M.S. Sabatine, for the DECLARE-TIMI 58 Investigators*

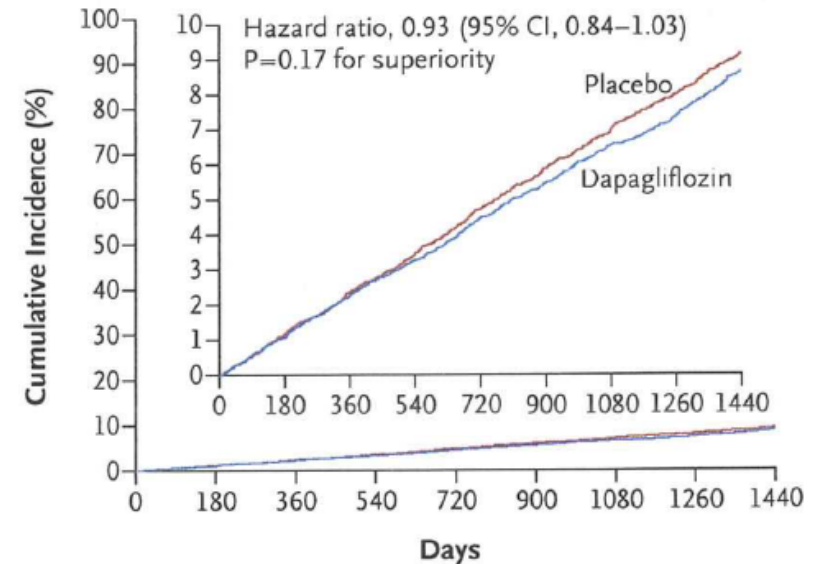
A Cardiovascular Death or Hospitalization for Heart Failure



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Placebo	8578	8485	8387	8259	8127	8003	7880	7367	5362
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Hf and Diabetes

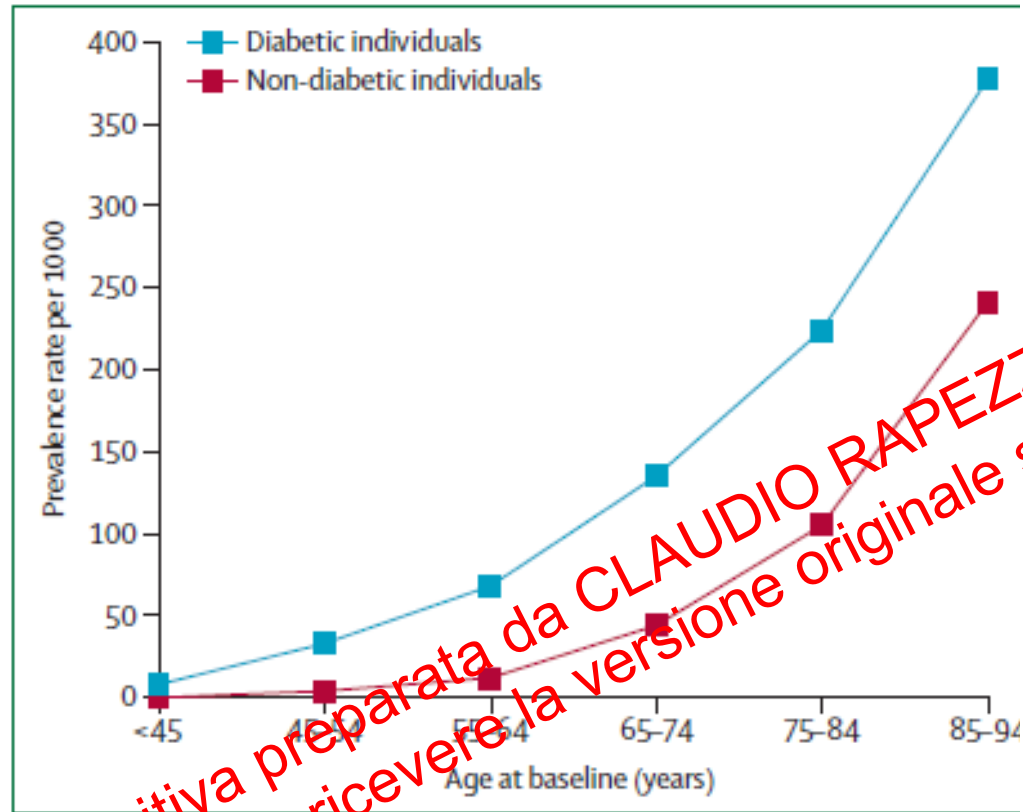


Figure 1: Age-associated prevalence of heart failure in diabetic and non-diabetic individuals

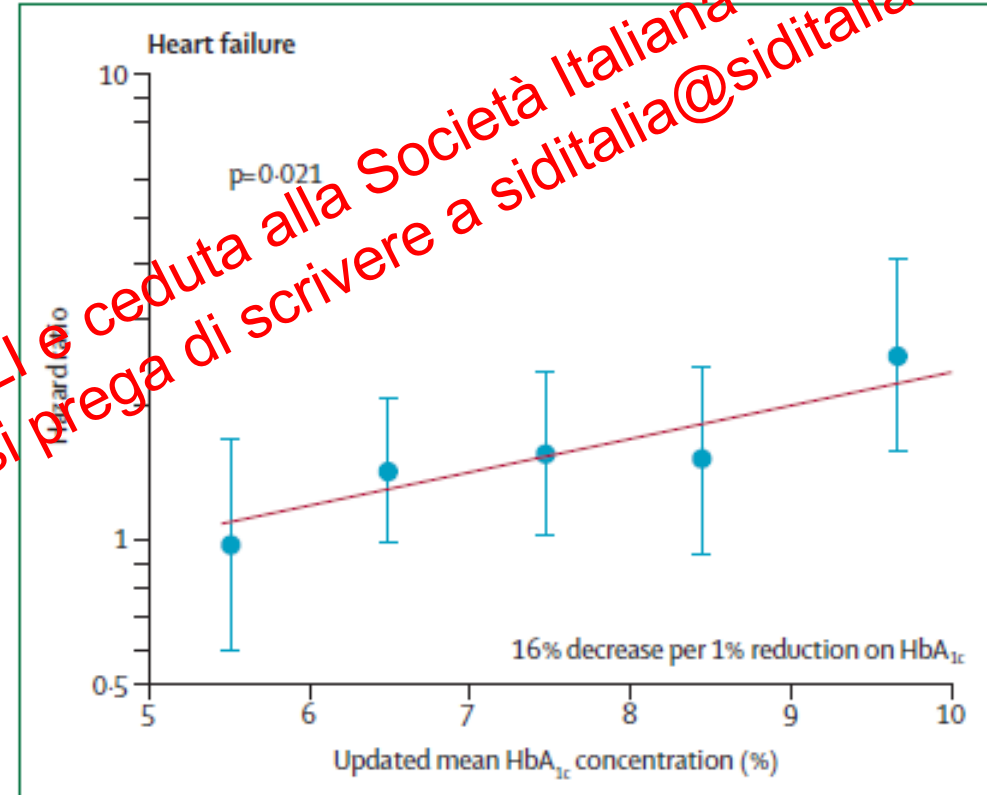


Figure 2: Hazard ratios (HRs), with 95% CIs as floating absolute risks, as an estimate of association between category of updated mean haemoglobin A_{1c} (HbA_{1c}) concentration and heart failure

Heart failure in diabetes: effects of anti-hyperglycaemic drug therapy

Intensive vs less intensive

Richard E Gilbert, Henry Krum

Lancet 2015; 385: 2107-17

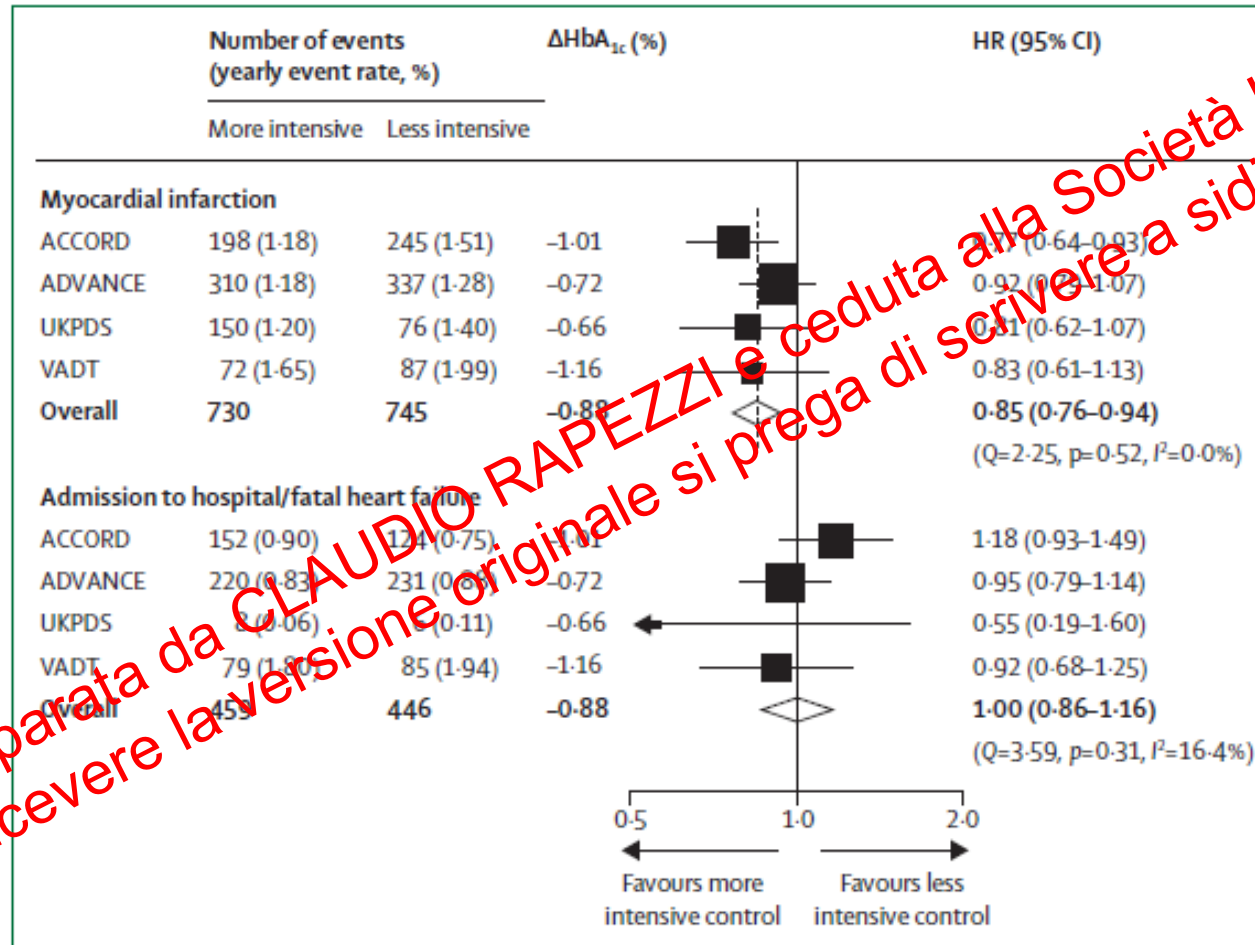
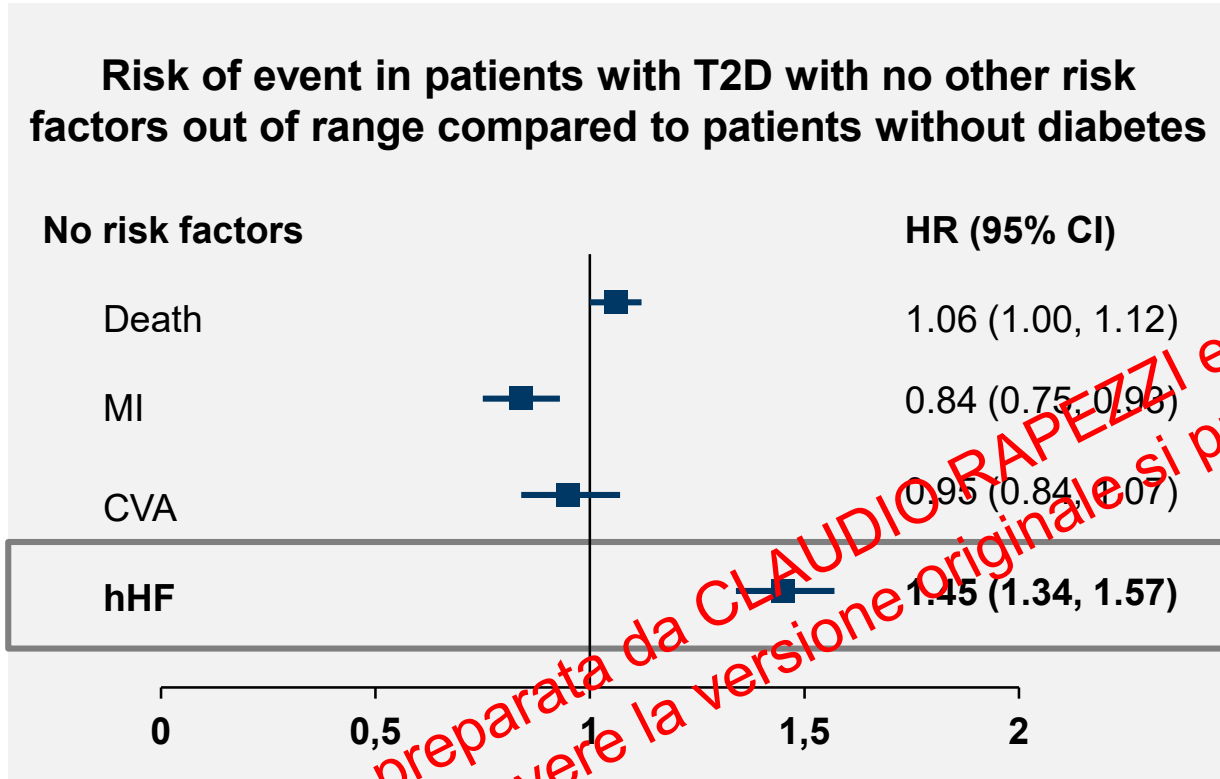


Figure 3: Effects in trials of more versus less intensive glycaemic control on myocardial infarction (fatal or non-fatal) and heart failure resulting in admission to hospital or death

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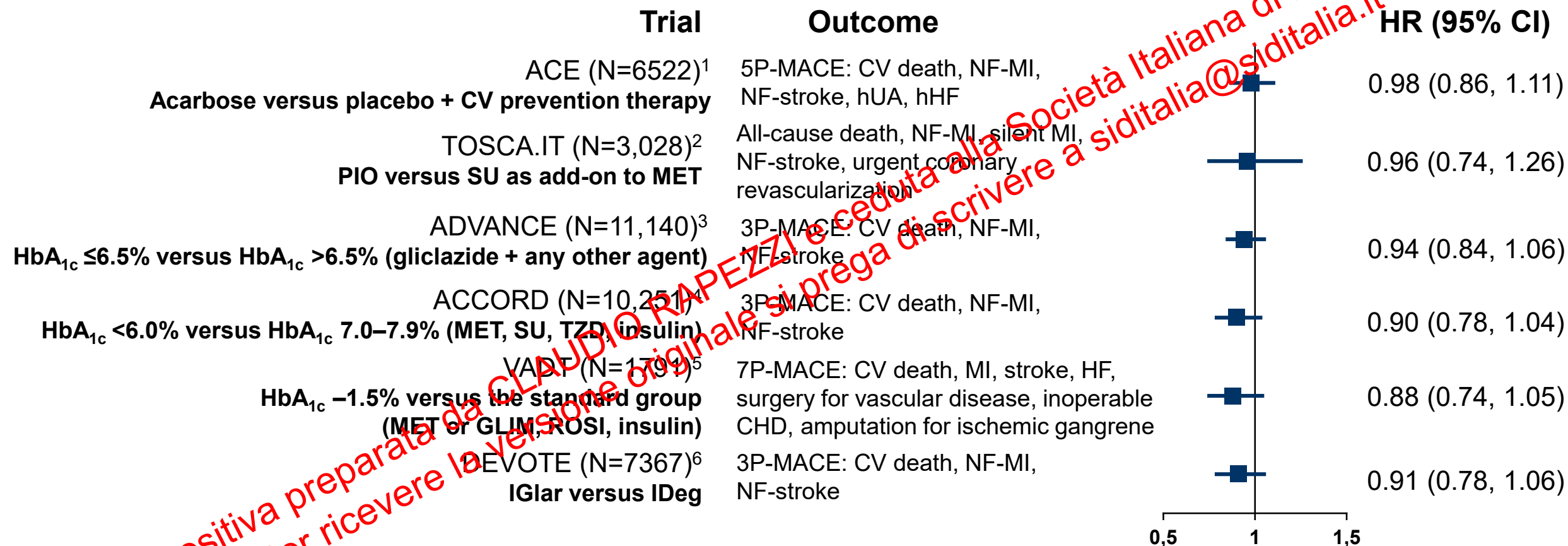
Despite control of known CV risk factors, patients with T2D remain at elevated risk of developing HF



- In this analysis the risk of hHF in patients with T2D (n=171,174) was compared to those without T2D (n=1,355,870)
- The following risk factors were either not present or within guideline range: systolic and diastolic BP, LDL-C, albuminuria and tobacco use
- A substantial risk for hHF remained among patients who had all the variables within target range

On average, the patients with T2D had a 45% increase in the risk of hHF, despite other major risk factors in guideline recommended range or absent

'Older' glucose-lowering agents have not definitively shown positive effects on major CV events ...



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SGLT2 inhibitors for primary and secondary prevention of cardiovascular and renal outcomes in type 2 diabetes: a systematic review and meta-analysis of cardiovascular outcome trials

MACE

Lancet 2019;393:211-39

Thomas A Zelniker, Stephen D Wiviott, Itamar Raz, Kyungah Im, Erica L Goodrich, Marc P Bonaca, Ofri Mosenzon, Imi Ickato, Avivit Cahn, Remo H M Furtado, Deepak L Bhatt, Lawrence A Leiter, Darren K McGuire, John P H Wilding, Marc S Sabatine

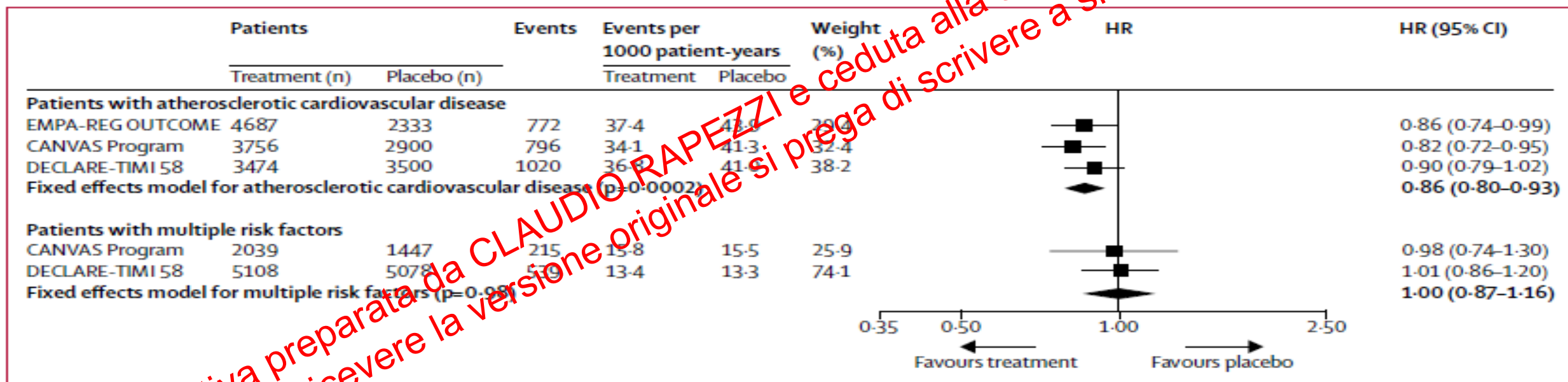


Figure 1: Meta-analysis of SGLT2i trials on the composite of myocardial infarction, stroke, and cardiovascular death (major adverse cardiovascular events) stratified by the presence of established atherosclerotic cardiovascular disease

SGLT2 inhibitors for primary and secondary prevention of cardiovascular and renal outcomes in type 2 diabetes: a systematic review and meta-analysis of cardiovascular outcome trials

CHF

Lancet 2019; 393: 31-39

Thomas A Zelniker, Stephen D Wiviott, Itamar Raz, Kyungah Im, Erica L Goodrich, Marc P Bonaca, Ofri Mosenzon, Eyal Segev, Kato, Amir Cahn, Remo H M Furtado, Deepak L Bhatt, Lawrence A Leiter, Darren K McGuire, John P H Wilding, Marc S Sabatine

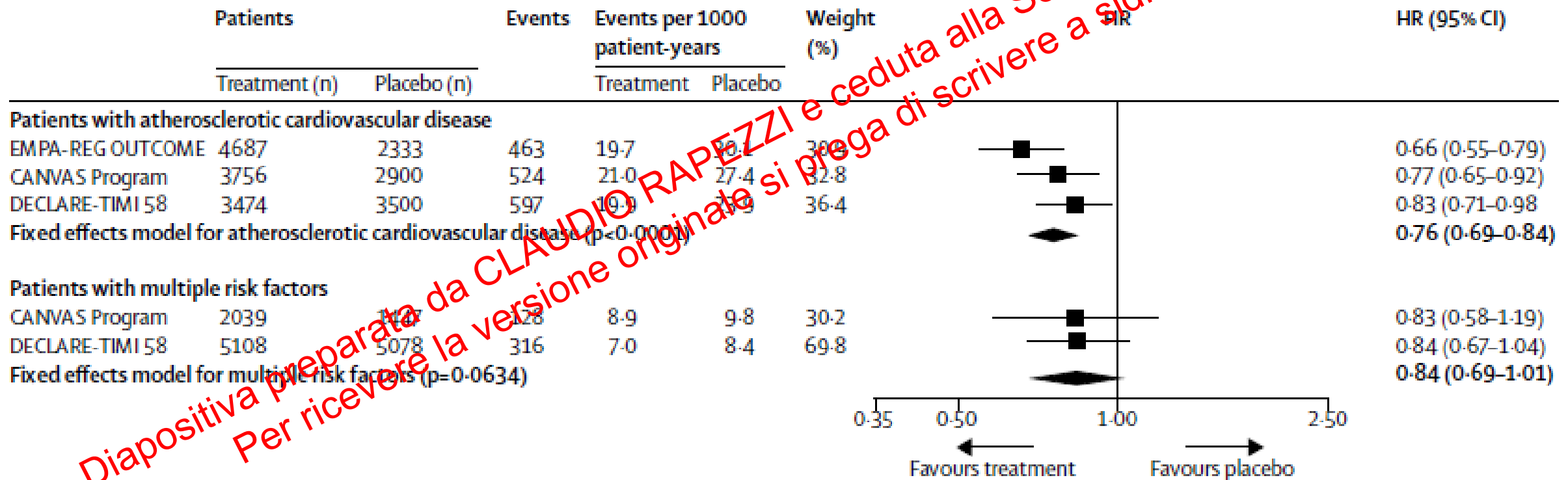


Figure 2: Meta-analysis of SGLT2i trials on hospitalisation for heart failure and cardiovascular death stratified by the presence of established atherosclerotic cardiovascular disease

SGLT2 inhibitors for primary and secondary prevention of cardiovascular and renal outcomes in type 2 diabetes: a systematic review and meta-analysis of cardiovascular outcome trials

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Lancet 2019; 393: 31-39

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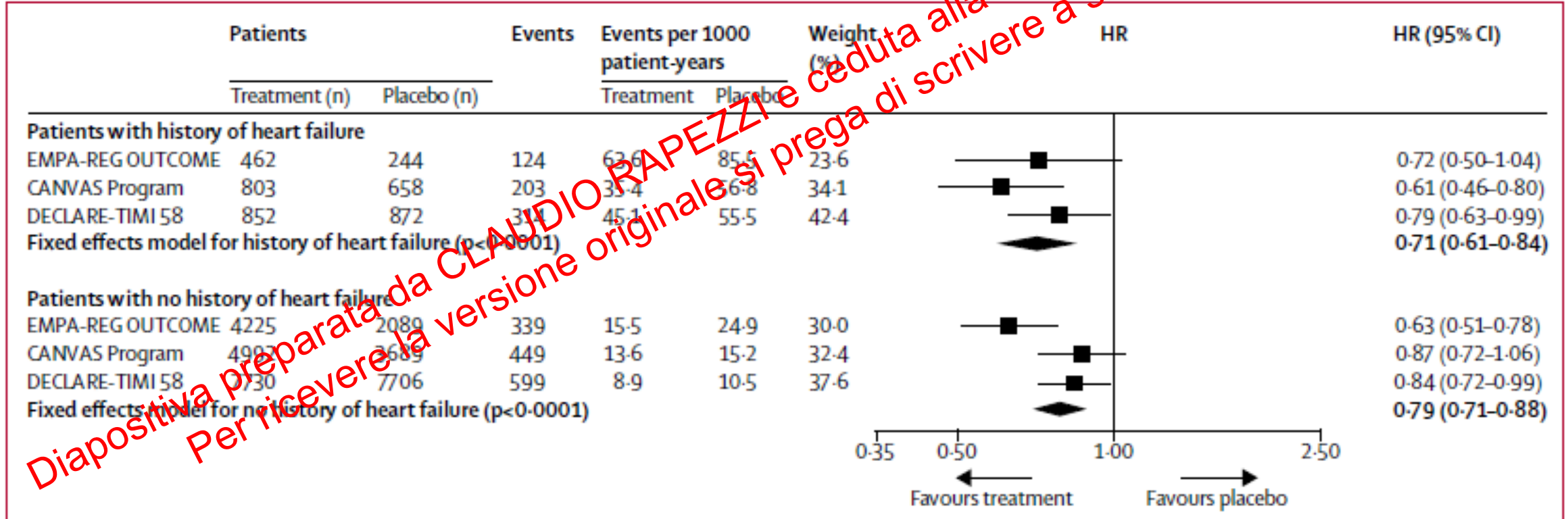


Figure 3: Meta-analysis of SGLT2i trials on hospitalisation for heart failure and cardiovascular death stratified by history of heart failure

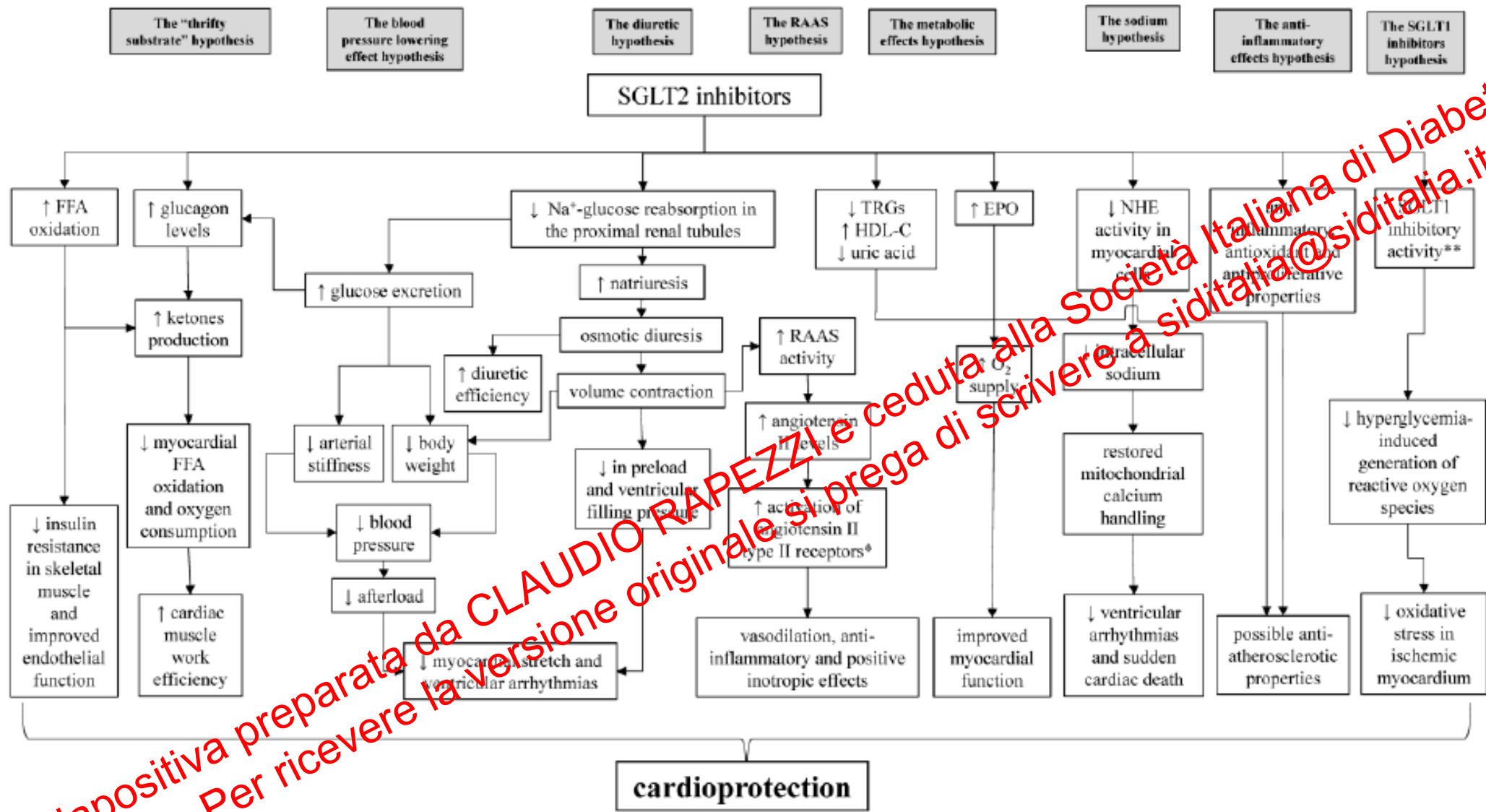


Figure 1. Suggested hypotheses for the cardioprotective effects of SGLT2 inhibitors.

There are a number of putative mechanisms to explain cardiorenal protection with SGLT2 inhibitors

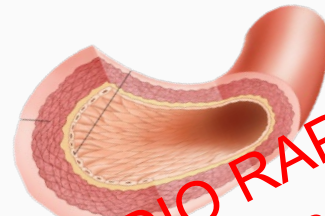
SGLT2i

KIDNEY



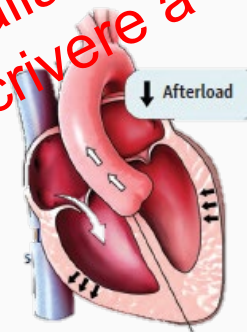
SGLT2i causes afferent arteriolar constriction, decreasing intraglomerular pressure¹

CIRCULATION

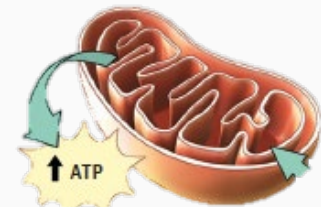


Intravascular/ECF volume leads to ↑ haematocrit and ↓ systolic blood pressure^{1,2}

HEART



Reduction in preload, afterload and LV wall stress improve filling conditions^{1,2}

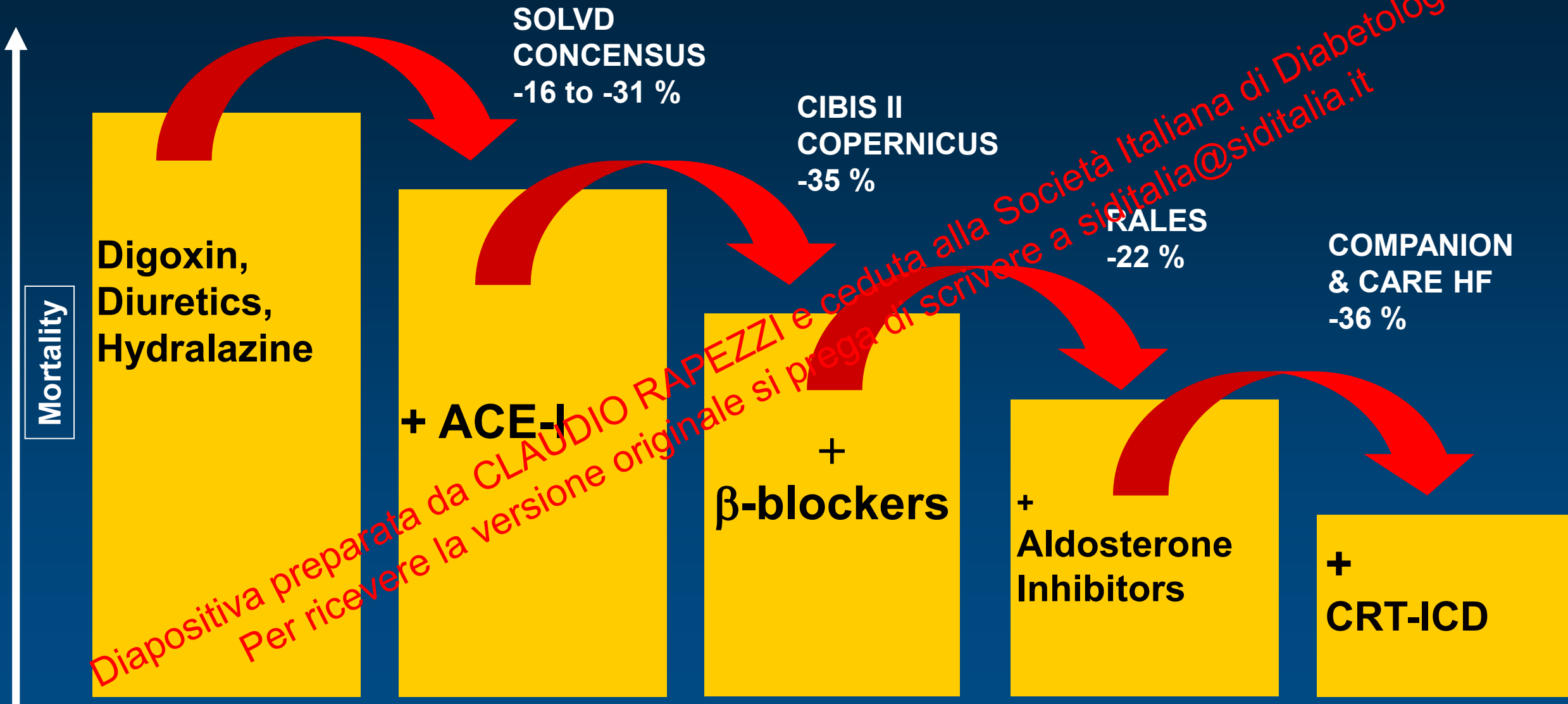


Improvement of myocardial energetics¹

Improved renal function²

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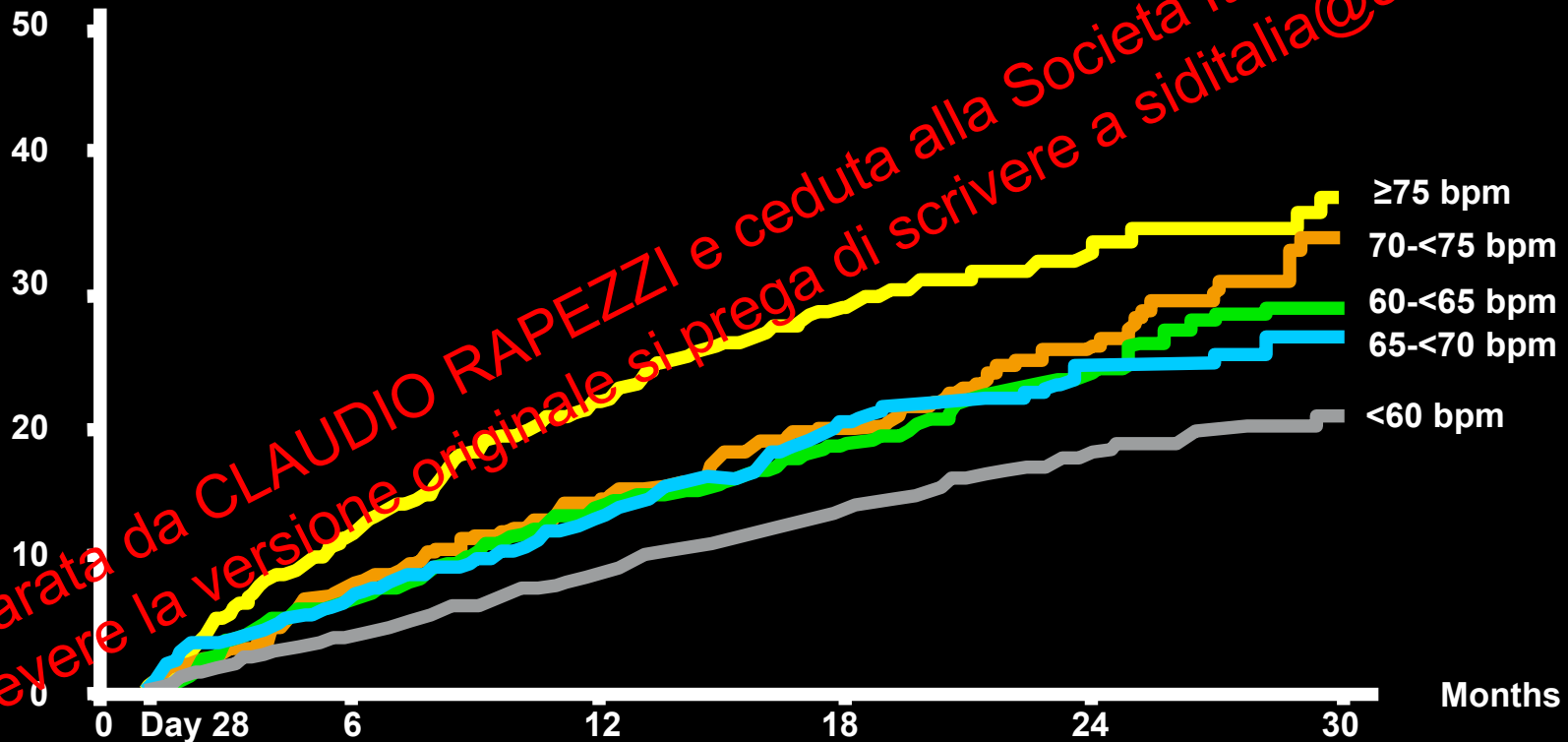
HF TREATMENT PROGRESS





Primary composite endpoint according to HR achieved at day 28*

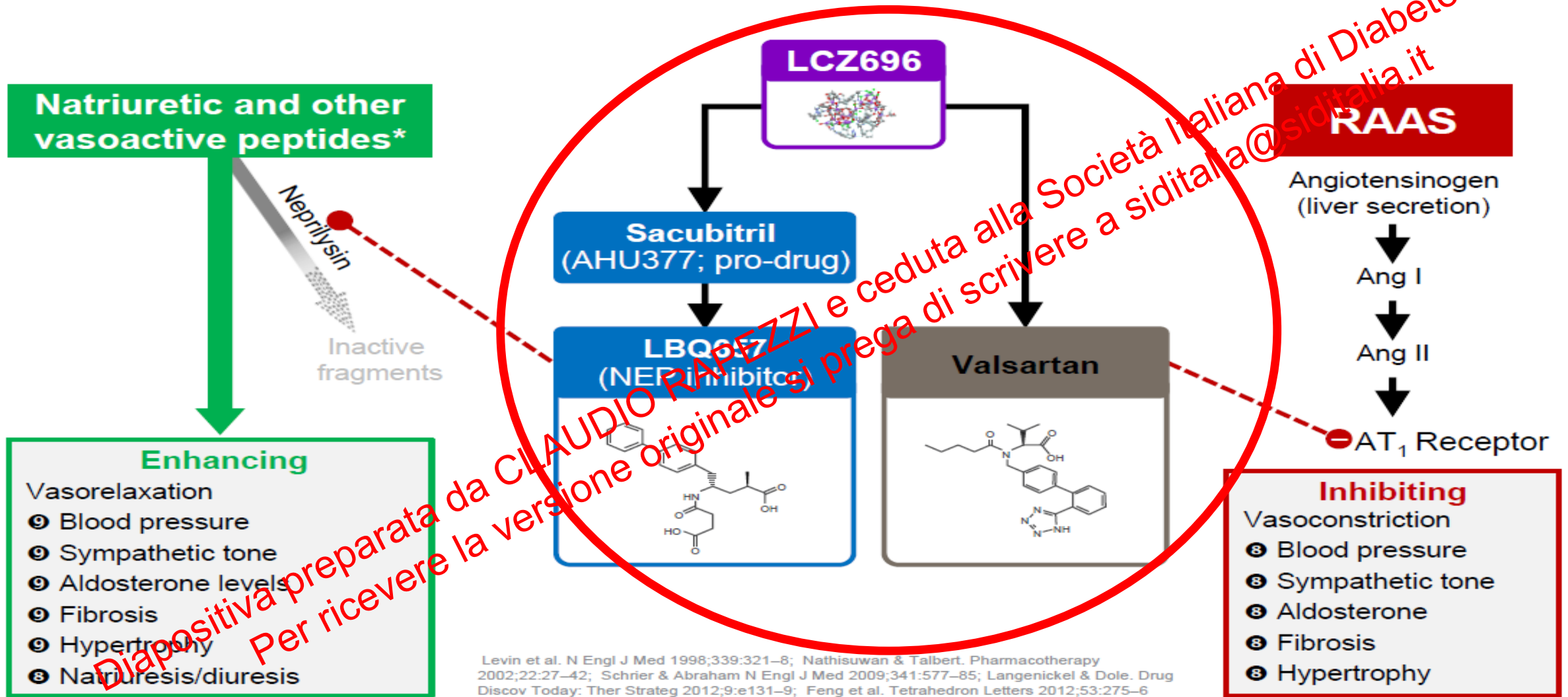
Patients with primary composite endpoint (%)



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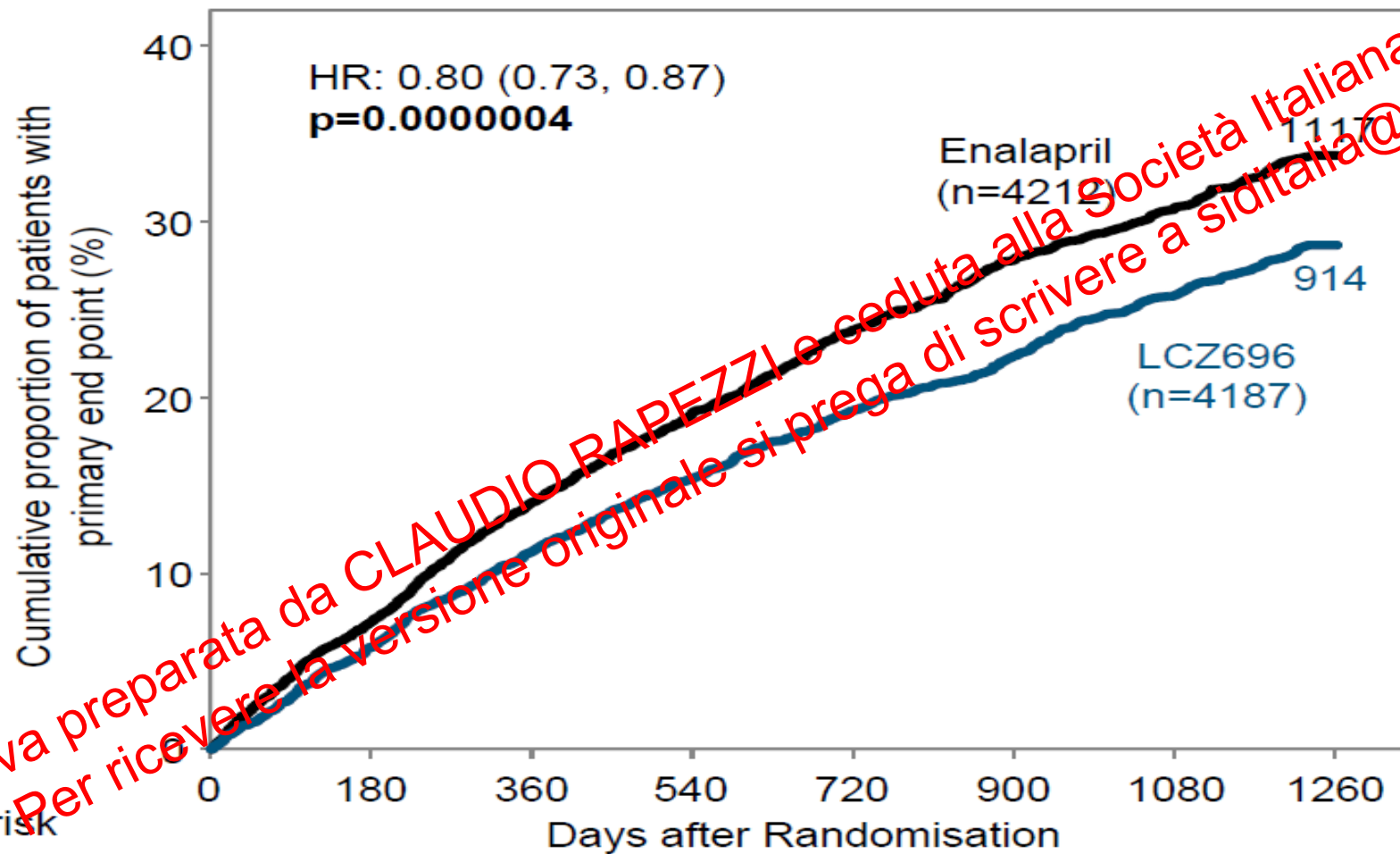
*Data exclude patients reaching primary composite endpoint in the first 28 days

LCZ696 simultaneously inhibits NEP (via LBQ657) and blocks the angiotensin AT₁ receptor (via valsartan)



PARADIGM-HF: primary outcome

Death from CV causes or first hospitalisation

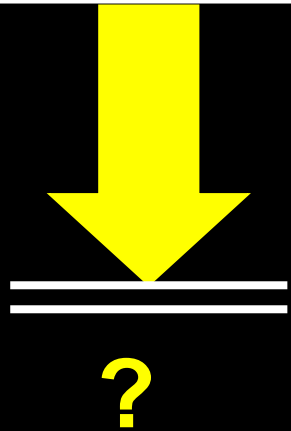


Enalapril:	4212	3883	3579	2922	2123	1488	853	236
LCZ696:	4187	3922	3663	3018	2257	1544	896	249

Recent Strategies in Failure Therapy

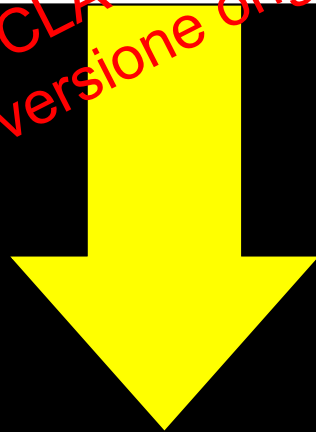
Heart

Inotropic

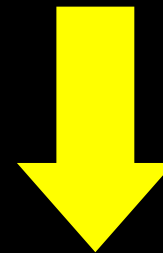


Diuretic

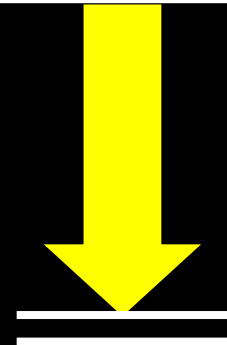
Anti neurohormonal



**HR
REDUCTION**



Anti inflammatory

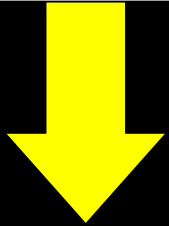


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Recent Strategies in Failure Therapy

Heart

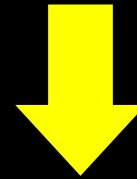
**Hormonal
substitution**



CRT



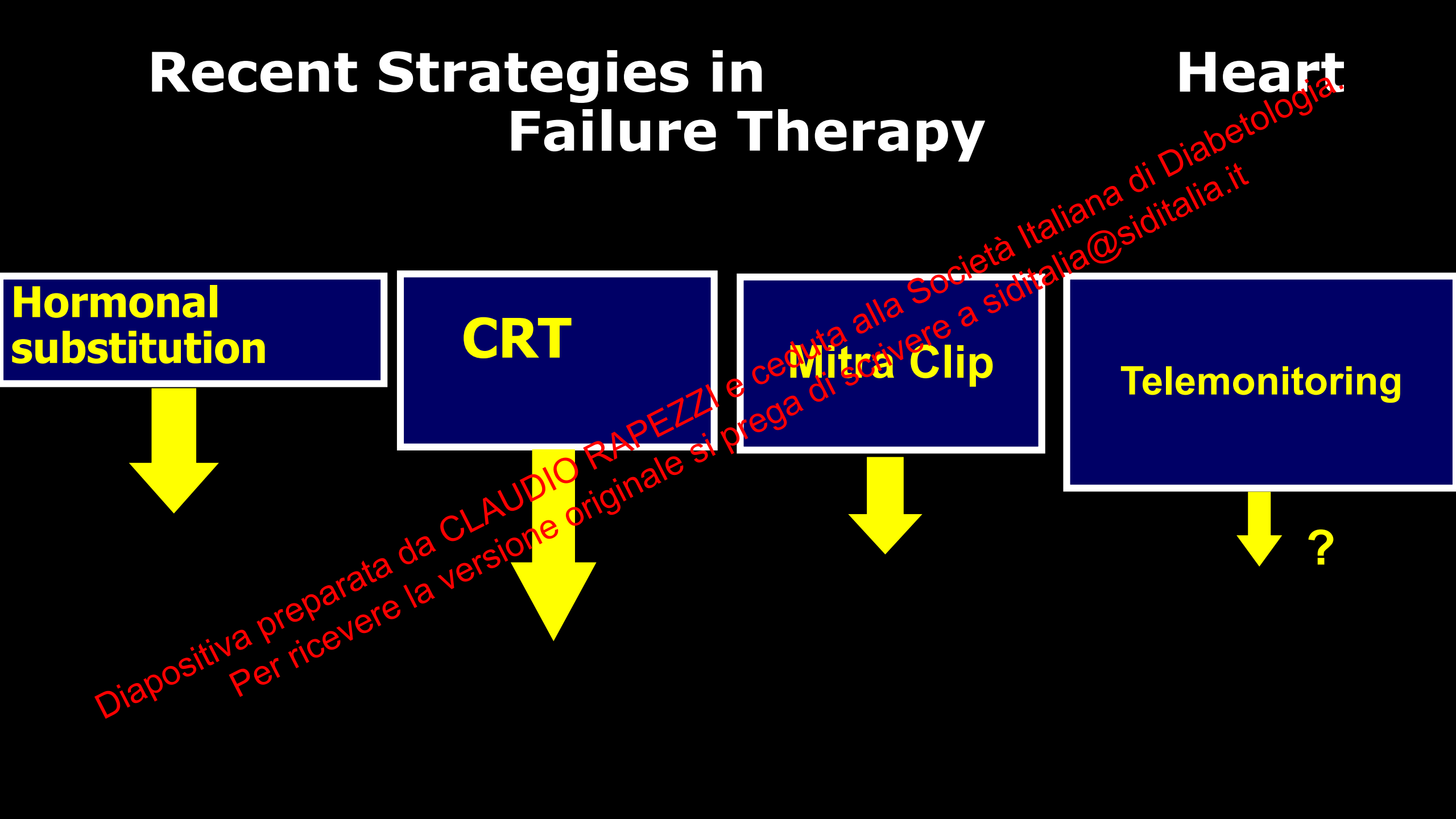
Mitra Clip



Telemonitoring



?



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Farmaci antidiabetici e scompenso cardiaco

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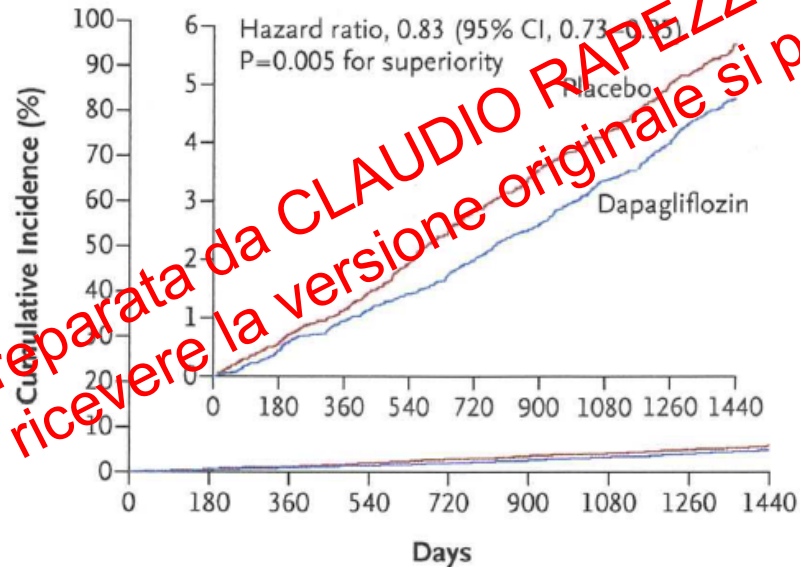
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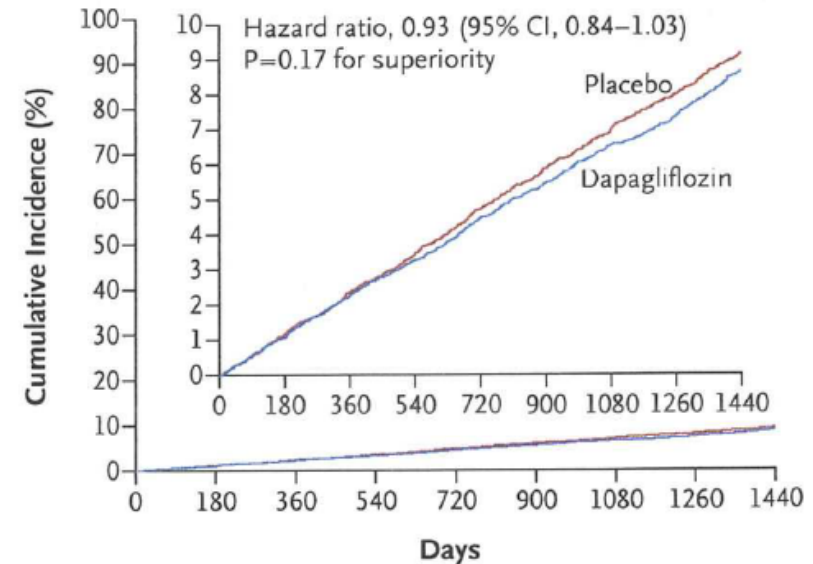
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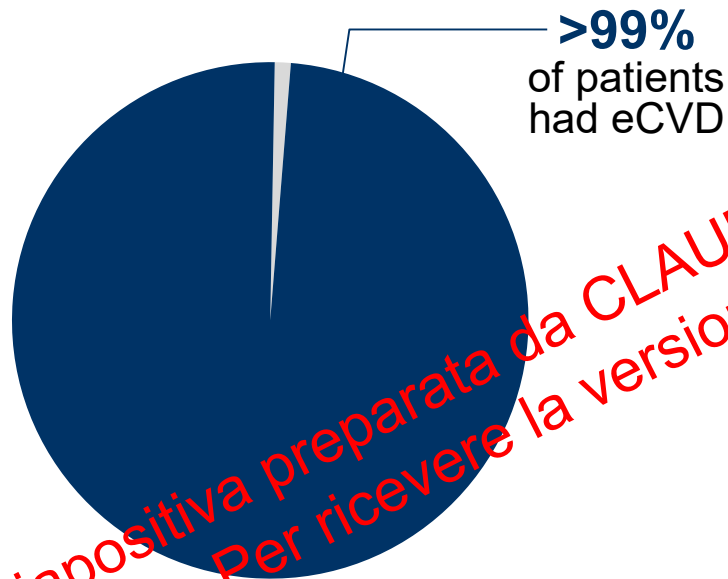


No. at Risk

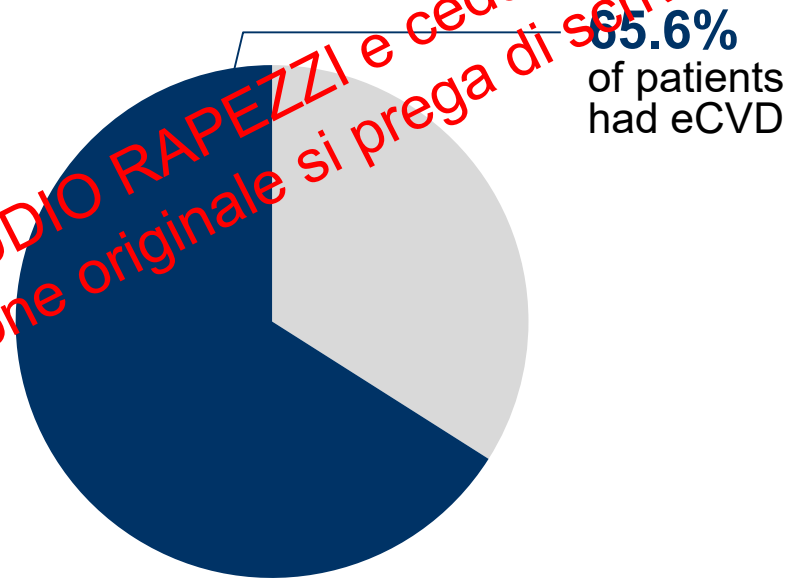
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While EMPA-REG and CANVAS suggest **CV and renal risk can be reduced**, these results were seen in T2D patients who predominantly (>65%) had established CV disease

EMPA-REG OUTCOME¹
(N=7,020)



CANVAS²
(N=10,142)

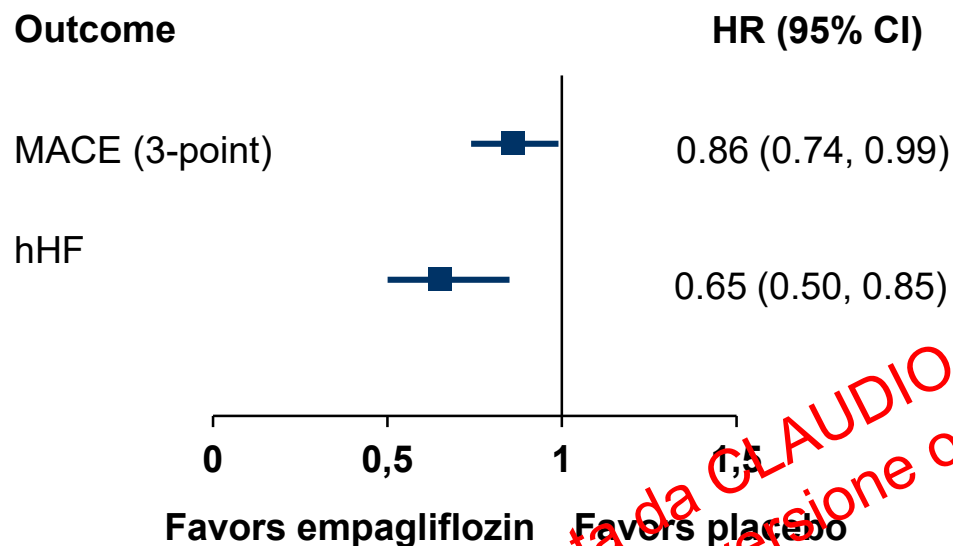


>99% of T2D patients in the EMPA-REG OUTCOME trial and 65.6% of the T2D patients in the CANVAS trials already had established CV disease i.e. had a previous CV event (MI, stroke) or documented atherosclerosis (coronary artery stenosis, peripheral arterial stenosis)^{1,2}

CV outcomes data for SGLT2 inhibitors are building

Two SGLT2 studies demonstrate a reduction in both MACE and heart failure endpoints

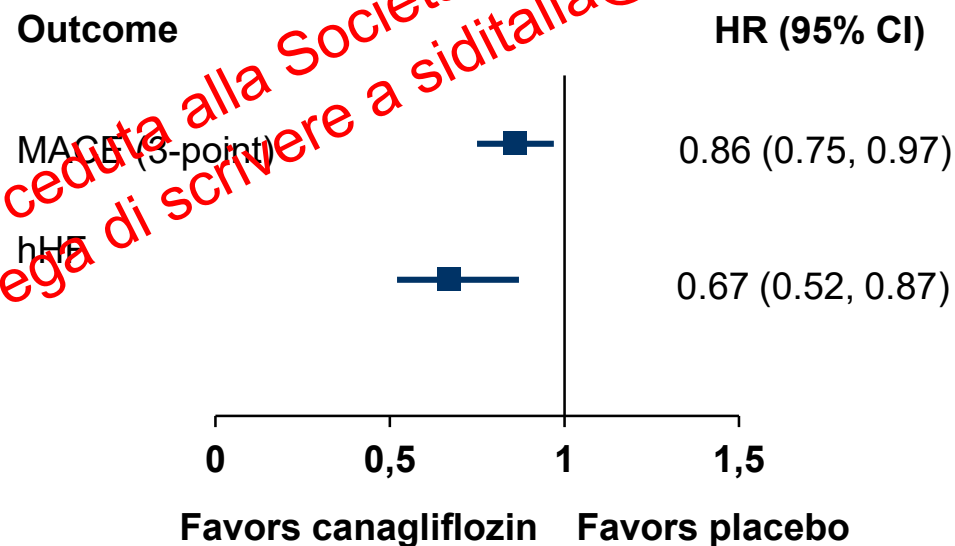
EMPA-REG OUTCOME



Demonstrated a significant reduction in CV events in patients receiving empagliflozin

Established CVD: 99%

CANVAS



Demonstrated a significant reduction in CV events in patients receiving canagliflozin

Established CVD: 66%

MACE, major adverse cardiovascular event (CV death, nonfatal MI and nonfatal stroke); MI, myocardial infarction; hHF hospitalization for heart failure.

Zinman B, et al. *N Engl J Med* 2015;373:2117–2128; Neal B, et al. *N Engl J Med* 2017 377:644-57

The majority of T2D patients in the DECLARE trial are in an earlier stage of the CV risk continuum and at lower CV risk

DECLARE included patients with T2D and either:

- Multiple (≥2) risk factors**
 - ≥55-year-old males and ≥60 year-old females plus
 - at least one of the following: dyslipidemia, hypertension or current smoking
- ≥40 years old with established atherosclerotic CV disease:**
 - ischemic heart disease,
 - peripheral artery disease or
 - cerebrovascular disease

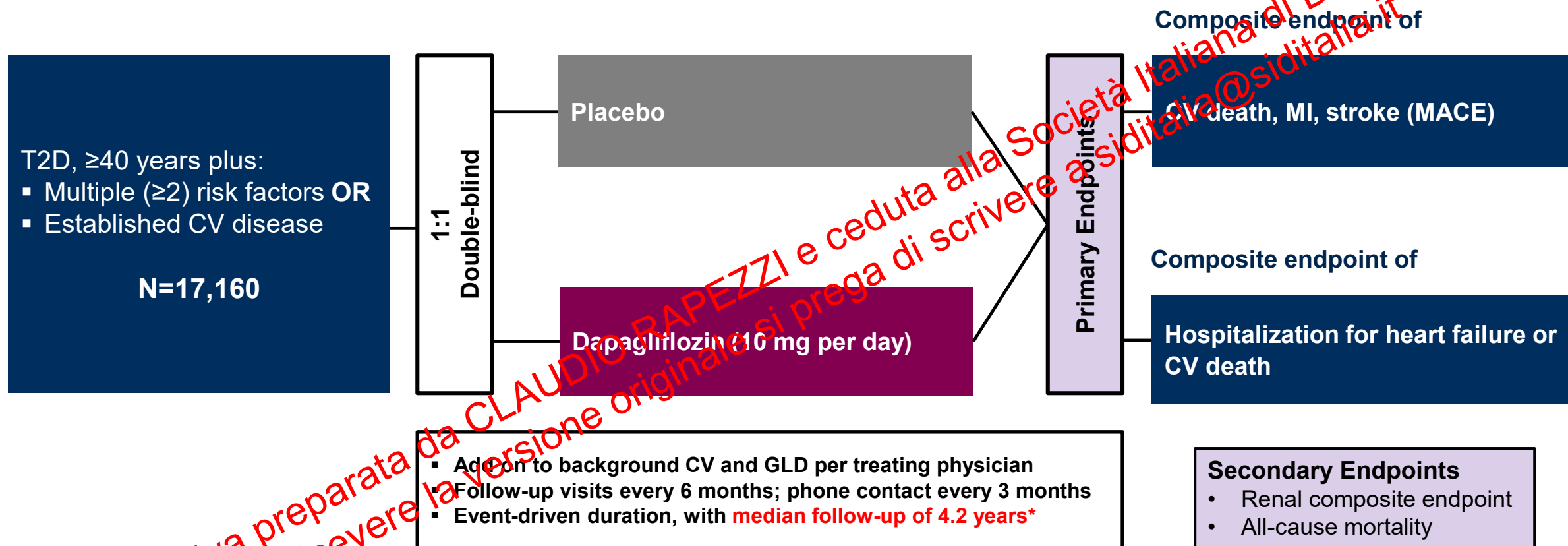
Baseline Characteristics	Dapa (N=8,582)	Placebo (N=8,578)
Age, years, mean (SD)	63.9 (6.8)	64.0 (6.8)
BMI, kg/m ² , mean (SD)	32.1 (6.0)	32.0 (6.1)
HbA _{1c} , %, mean (SD)	8.3 (1.2)	8.3 (1.2)
eGFR, mean (SD)	85.4 (15.8)	85.1 (16.0)
Multiple risk factors, n (%)	10,186 (59.4%)	
Est CV disease, n (%)	6,974 (40.6%)	

The patients in the DECLARE^{1,2} trial had better baseline renal function than the EMPA-REG OUTCOME³ or CANVAS⁴ trials

	DECLARE	CANVAS	EMPA-REG
eGFR, mean (mL/min/1.73m ²)	85.2	76.5	74.1
Micro-/macro-albuminuria (%)	30.2	30.2	40.6

BMI, body mass index; CV, cardiovascular; CVD, cardiovascular disease; Dapa, dapagliflozin; eGFR, estimated glomerular filtration rate; HbA_{1c}, glycated hemoglobin; SD, standard deviation; T2D, type 2 diabetes,
1. Raz I, et al. *Diabetes Obes Metab* 2018;20:1102–1110; 2. Wiviott SD et al. Online ahead of print. *N Engl J Med*. 2018; 3. Zinman B, et al. *N Engl J Med* 2015;373:2117–2128; 4. Neal B, et al. *N Engl J Med* 2017;377:644–657

DECLARE-TIMI 58: Broad CV risk population & 2 clinically relevant and important CV primary endpoints in type 2 diabetes



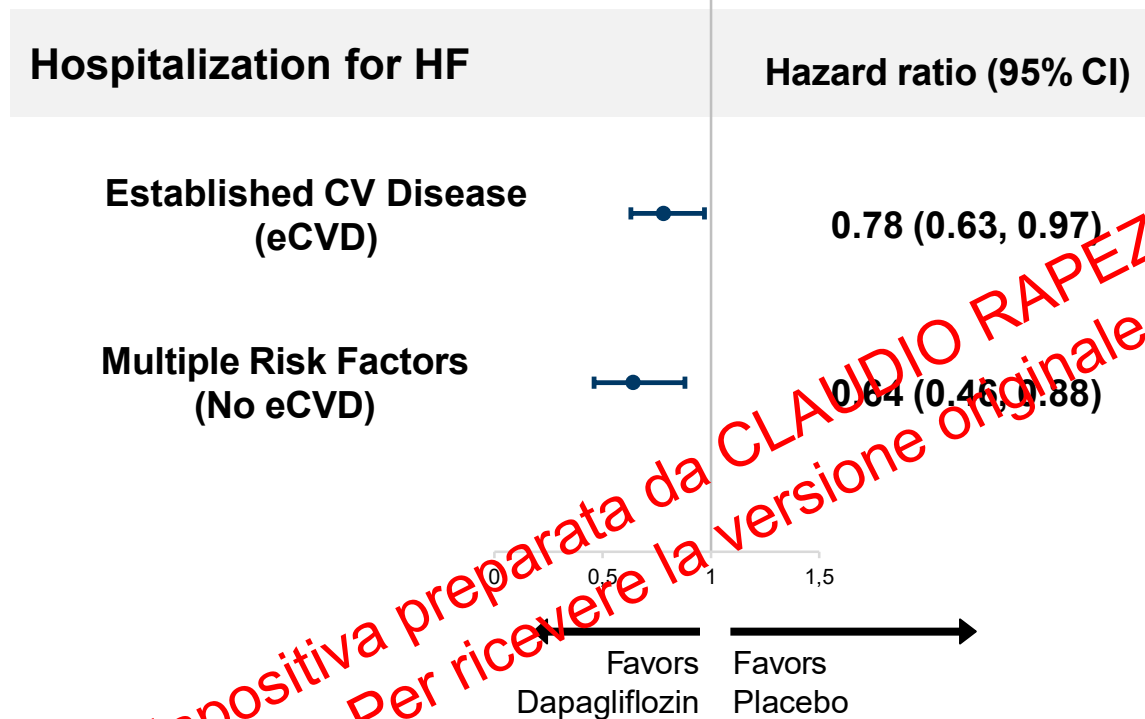
*median follow-up times: CANVAS – 2.4yrs; EMPA-REG OUTCOME – 3.1yrs

CV, cardiovascular; GLD, glucose-lowering drug; MACE, major adverse cardiac event; MI, myocardial infarction; T2D, type 2 diabetes

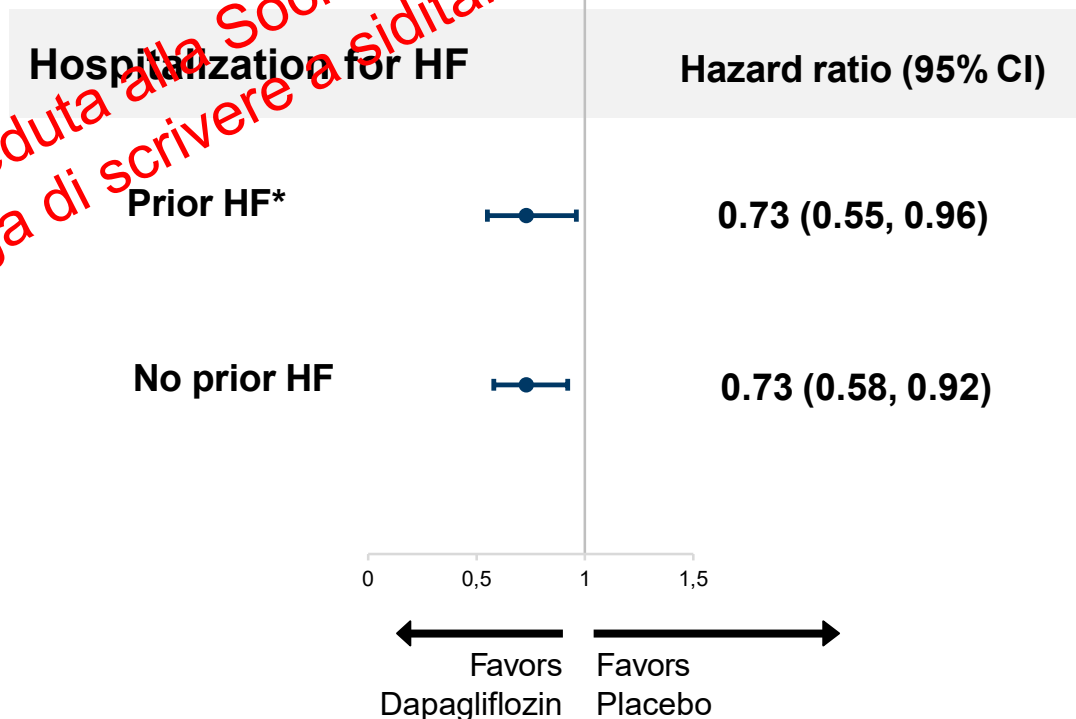
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Dapagliflozin prevents hHF consistently across a broad range of T2D patients regardless of history of eCVD or HF

hHF by presence/absence of eCVD



hHF by presence/absence of previous HF



*10% of patients in DECLARE had prior HF

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Definition of Heart Failure Classifications: DECLARE HF Subgroup Analysis

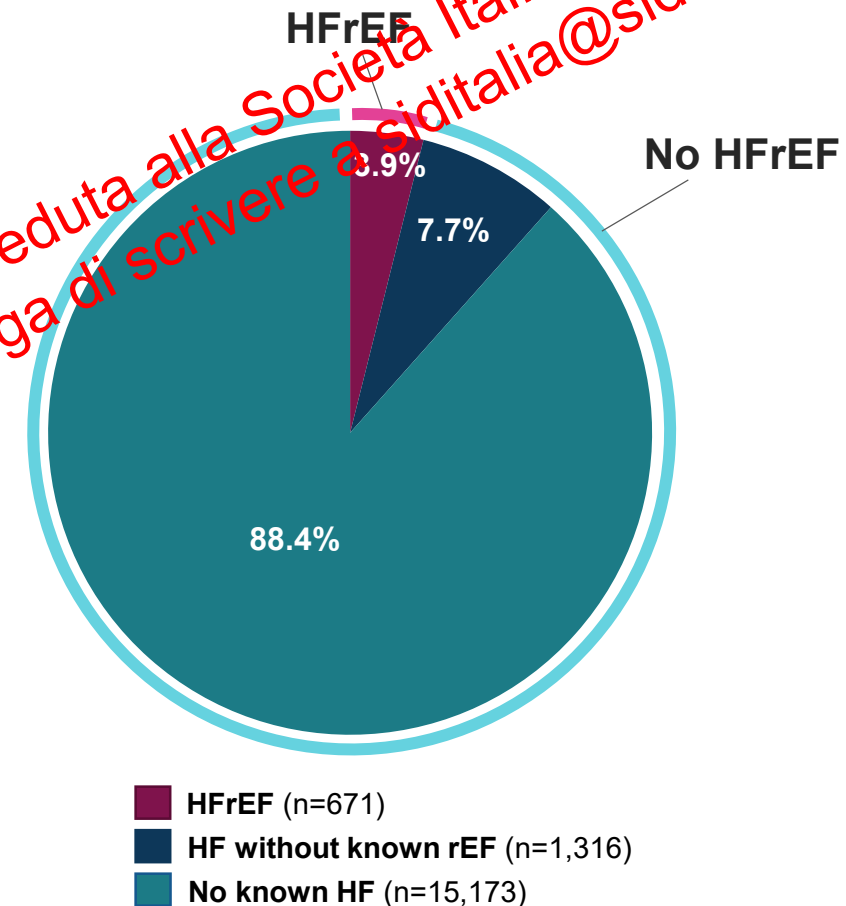
HFrEF

- Documented EF <45% or severe/moderate left ventricular systolic dysfunction

No HFrEF

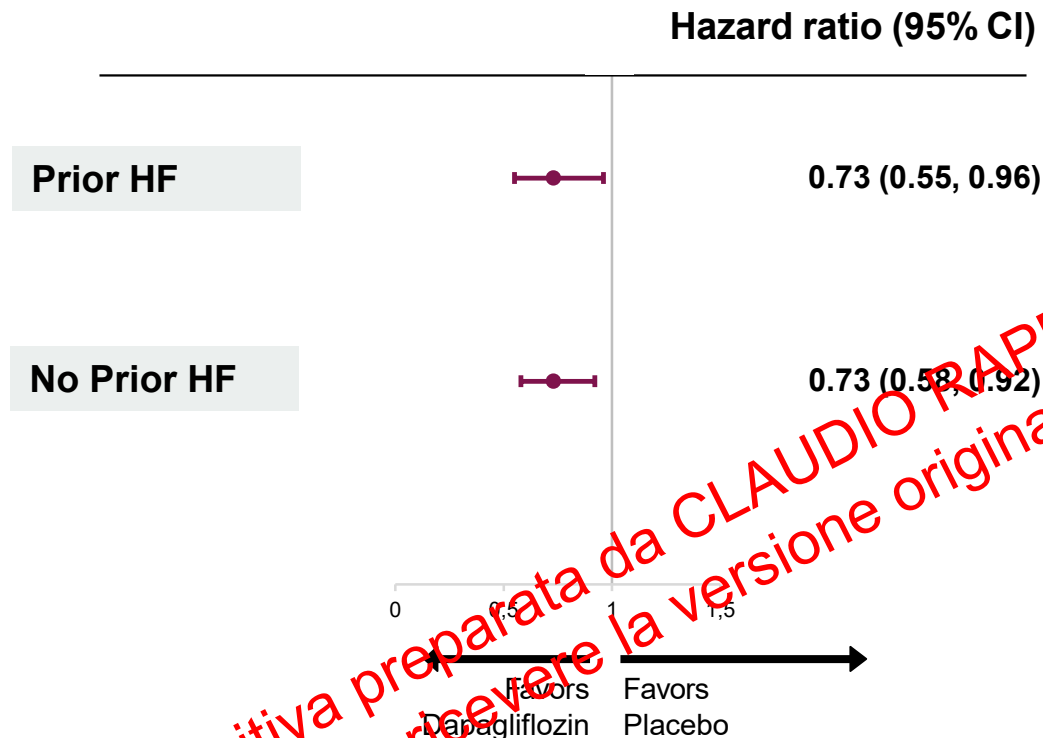
- HF without known reduced EF
 - History of HF and EF $\geq 45\%$
 - History of HF and no documented EF
- No history of HF
 - EF $\geq 45\%$
 - No documented EF

DECLARE Patient Population



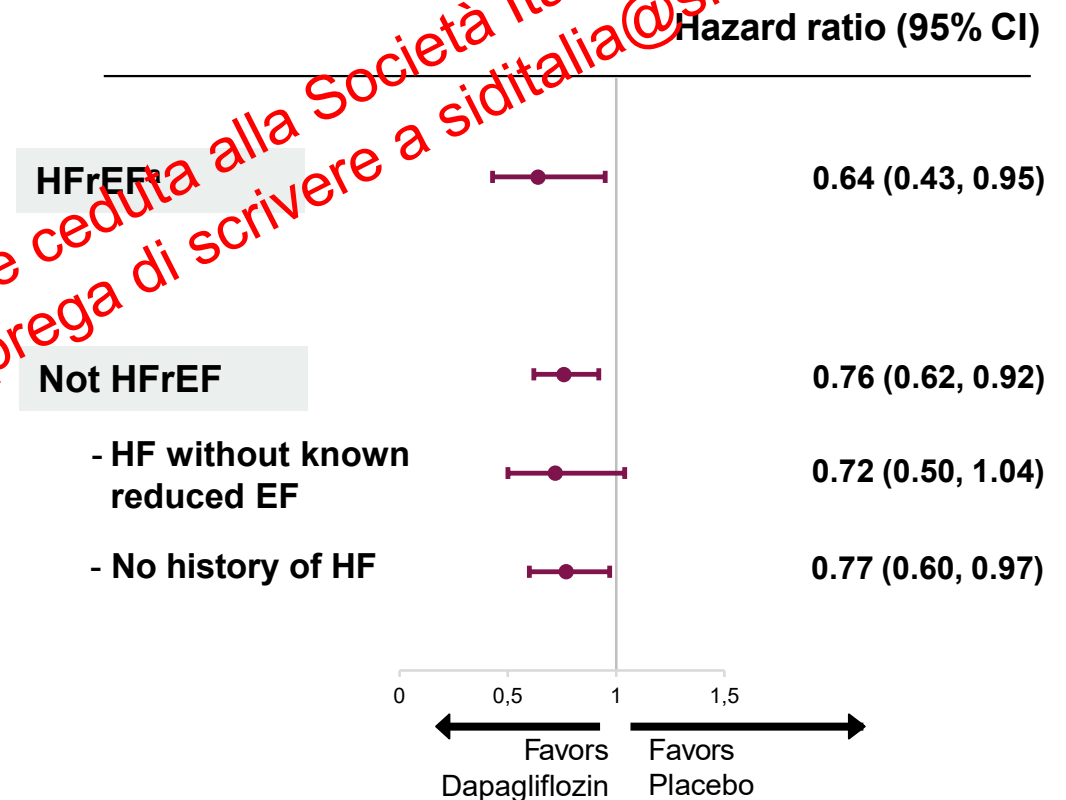
Dapagliflozin prevents hHF regardless of history of HF or ejection fraction in patients with T2D

hHF: history of HF¹



10% of patients in DECLARE had prior HF

hHF: ejection fraction²

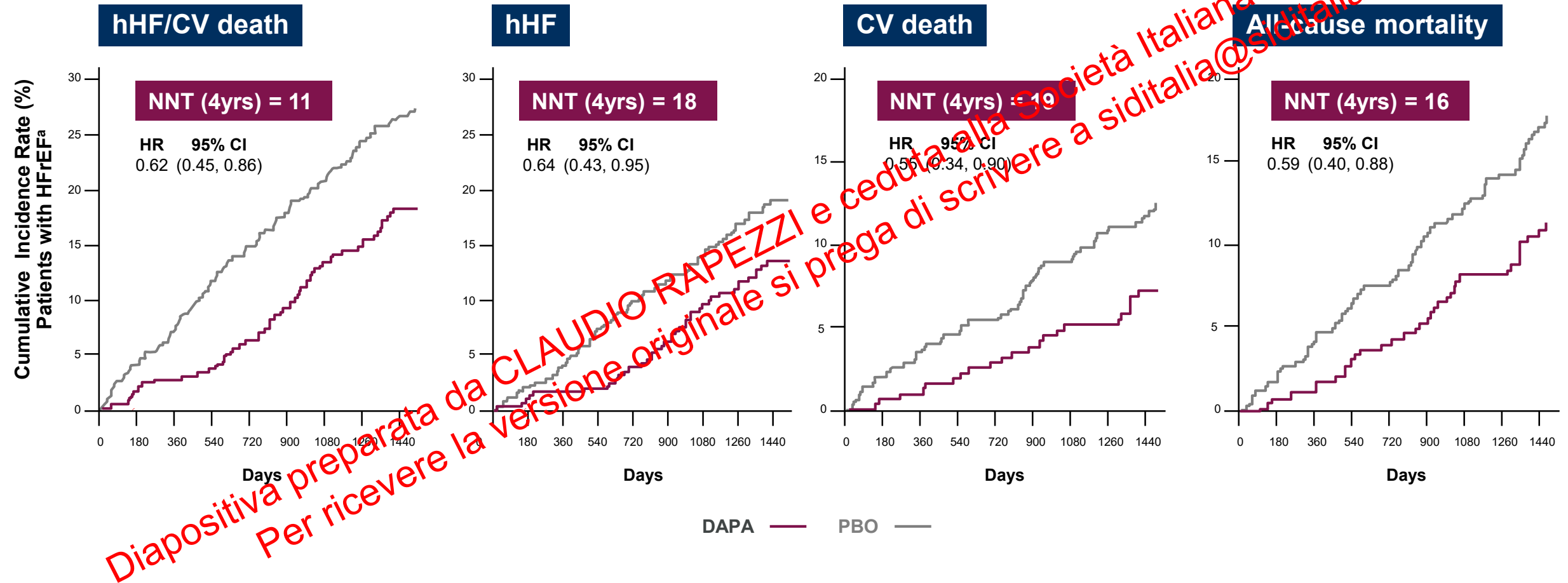


3.9% of patients in DECLARE had HFrEF^a

^aDefined as EF <45% or severe/moderate LV systolic dysfunction, with or without history of HF. CV = cardiovascular; EF = ejection fraction; HF = heart failure; HFrEF = heart failure with reduced ejection fraction; hHF = hospitalization for heart failure; LV = left ventricular.

1. Wiviott SD et al. *N Engl J Med*. 2019;380:347-357; 2. Kato ET et al. Online ahead of print. *Circulation*. 2019.

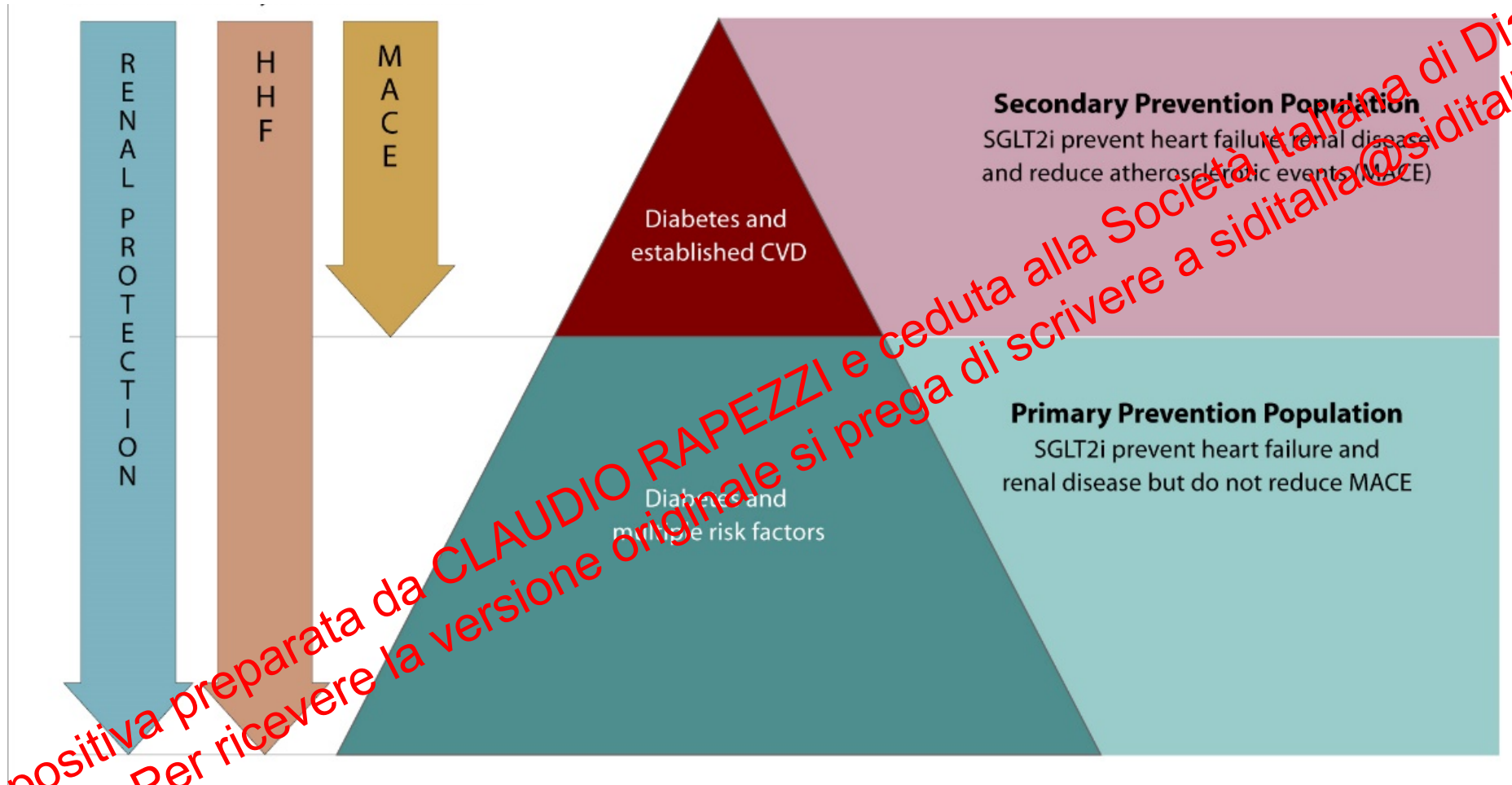
The CV benefits of dapagliflozin appear early in T2D patients with HFrEF^a



^aDefined as EF <45% or severe/moderate LV systolic dysfunction, with or without history of HF. CV = cardiovascular; DAPA = dapagliflozin; EF = ejection fraction; HFrEF = heart failure with reduced ejection fraction; hHF = hospitalization for heart failure; HR = hazard ratio; LV = left ventricular; NNT = number needed to treat; PBO = placebo; T2D = type 2 diabetes; yrs = years.



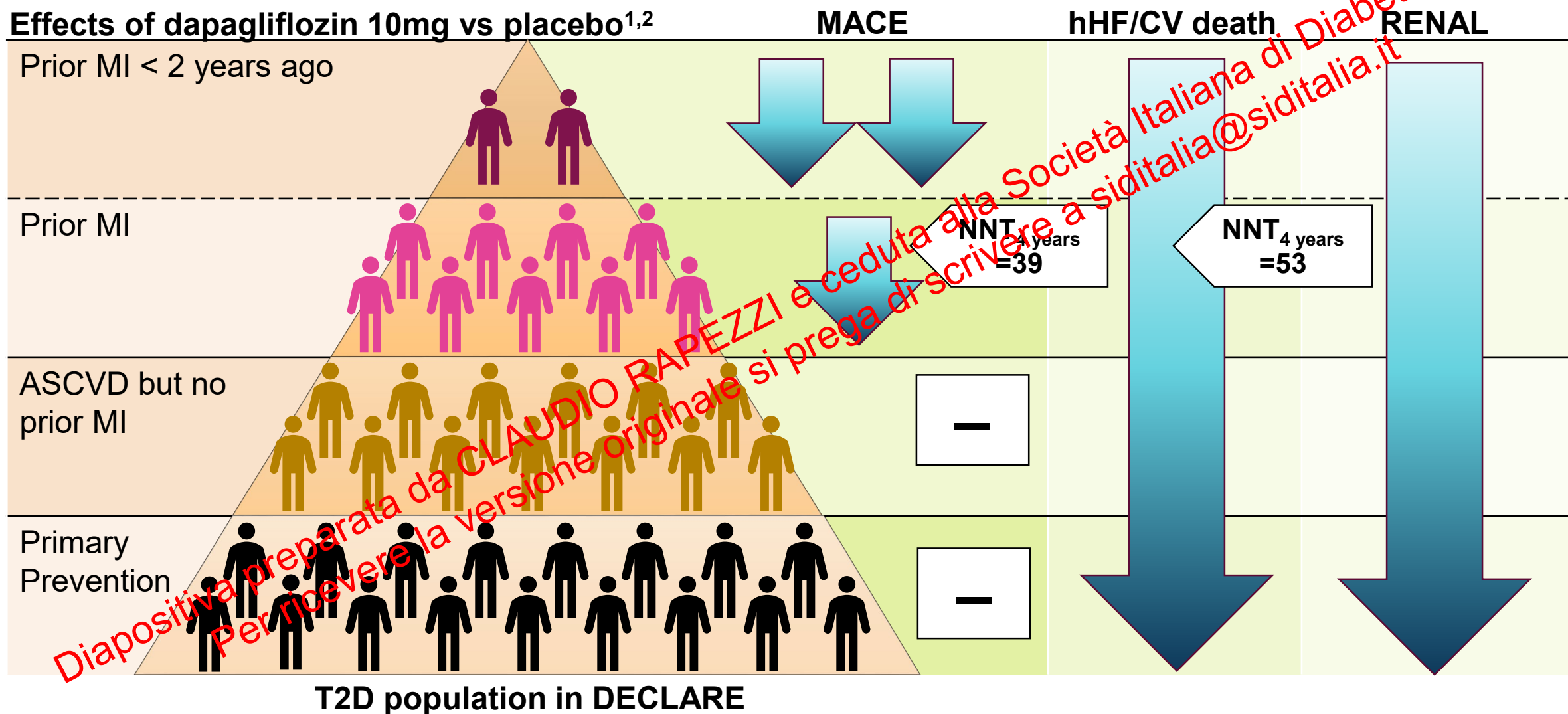
Pump, pipes, and filter: do SGLT2 inhibitors cover it all?



These data with dapagliflozin from **DECLARE-TIMI 58** extend the benefit of SGLT2i to a **broader population of patients** for primary and secondary prevention

Pump, pipes and filter: dapagliflozin covers it all

Effects of dapagliflozin 10mg vs placebo^{1,2}



ASCVD = atherosclerotic cardiovascular disease; CV = cardiovascular; hHF = hospitalization for heart failure; MACE = major adverse cardiovascular events; MI = myocardial infarction; NNT = number needed to treat; T2D = type 2 diabetes.

1. Verma S et al. Online ahead of print. *Circulation*. 2019; 2. Furtado RHM et al. Online ahead of print. *Circulation*. 2019.

Farmaci antidiabetici e scompenso cardiaco

- 1. I farmaci (alcuni) aumentano il rischio di scompenso**
- 2. I farmaci sono neutrali**
- 3. I farmaci riducono il rischio di scompenso nei diabetici con cardiopatia strutturale**
- 4. I farmaci riducono il rischio di scompenso nei diabetici in generale**
- 5. I farmaci (alcuni) sono efficaci nel trattamento dello scompenso anche nei non diabetici**

Diapositiva preparata da CLAUDIO RAPEZZI e ceduta alla Società Italiana di Diabetologia.
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Practical Guide to Prescribing Sodium-Glucose Cotransporter 2 Inhibitors for Cardiologists

Orly Vardeny, PHARM D, MS,^a Muthiah Vaduganathan, MD, MPH^b

(J Am Coll Cardiol HF 2019;7:169-72)

Diapositiva preparata da CLAUDIO RAPEZZI e ceduta alla Società Italiana di Diabetologia.
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CENTRAL ILLUSTRATION Stepwise Approach to Prescription of SGLT2 inhibitors by Cardiologists



Patients with T2DM with or at High Risk for CV Disease, Already on Metformin

Below Individualized HbA1c Target:

Switch non-metformin oral therapies (e.g. sulfonylureas) to a SGLT2i

Above Individualized HbA1c Target:

Consider SGLT2i initiation

Drug Type

Canagliflozin, dapagliflozin, & empagliflozin with similar efficacy profile in reducing HF events

Starting Dose (once daily in AM)

- Canagliflozin (100mg)
- Dapagliflozin (5mg)
- Empagliflozin (10mg)
- Ertugliflozin (5mg)

Metformin+SGLT2i

Combination Therapies

Consider to limit non-adherence and pill burden

Stable Hemodynamic and Clinical Status

Pre-Initiation eGFR must be above

- 60 mL/min/1.73 m² (dapagliflozin, ertugliflozin)
- 45 mL/min/1.73 m² (canagliflozin, empagliflozin)

Anticipatory Guidance

Consider diuretic dose reduction

Patient Counseling

- Genital/perineal hygiene
- Orthostatic hypotension
- Regular foot exams
- Symptoms of DKA
- Avoid excessive alcohol

Multidisciplinary Care

Close communication with other providers, including PCPs and endocrinologists

Follow-up and Monitoring

- Serial assessment of renal function, body weights, blood pressure, and symptoms
- Dose uptitration guided by need for glycemic control
- Ensure adherence to SGLT2i, other therapies, and therapeutic lifestyle
- Multidisciplinary care team follow-up

Vardeny, O. et al. J Am Coll Cardiol HF. 2019;7(2):169-72.

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