

**ROMA**

**14** settembre 2018

CROWNE PLAZA ROME - ST. PETER'S

# La protezione cardiovascolare degli inibitori di SGLT2: trial e studi osservazionali

*Saula Vigili de Kreutzenberg*

*Università degli*

*Studi di Padova*

Diapositiva preparata da SAULA VIGILI DE KREUTZENBERG e ceduta alla Società Italiana di Diabetologia.  
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Il /la dr./sa Saula Vigili de Kreutzenberg dichiara di aver ricevuto negli ultimi due anni compensi o finanziamenti dalle seguenti Aziende Farmaceutiche e/o Diagnostiche:

- Astra Zeneca
- Bruno Farmaceutici
- Lilly
- MSD
- Servier

Dispositiva preparata da SAULA VIGILI De KREUTZBERG e ceduta alla Società Italiana di Diabetologia.  
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# SGLT2 inibitori: Studi con outcome cardiovascolari

## *Trial clinici randomizzati (RCTs) – CVOT*

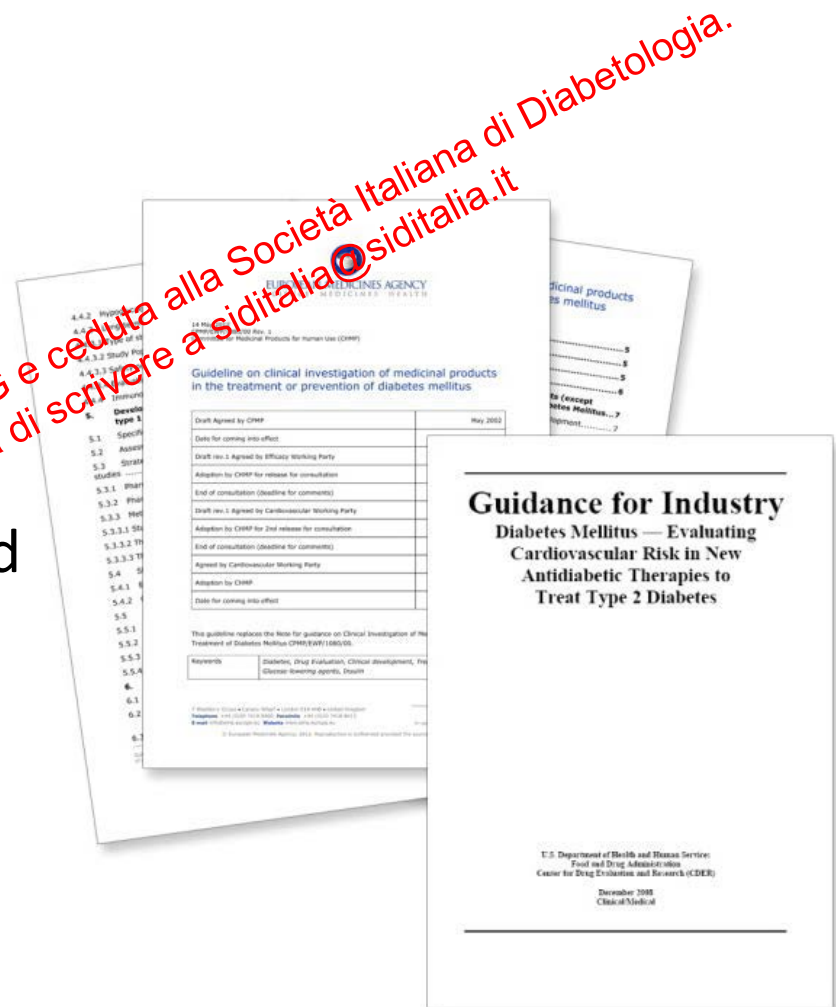
- EMPA-REG OUTCOME (2015)
- CANVAS Program (2017)

## *Studi osservazionali - Real-world studies:*

- SKREUTZBERG e ceduta alla Società Italiana di Diabetologia.  
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- SWEDISH REGISTRY (2017)
- CVD-REAL (2017)
- CVD-REAL NORDIC (2017)
- THIN (2017)
- CVD-REAL 2 (2018)
- EASEL (2018)
- OBSERVE-4D (2018)

# European Medicines Agency (EMA) and US Food and Drug Administration (FDA): Need for CV Outcomes Studies

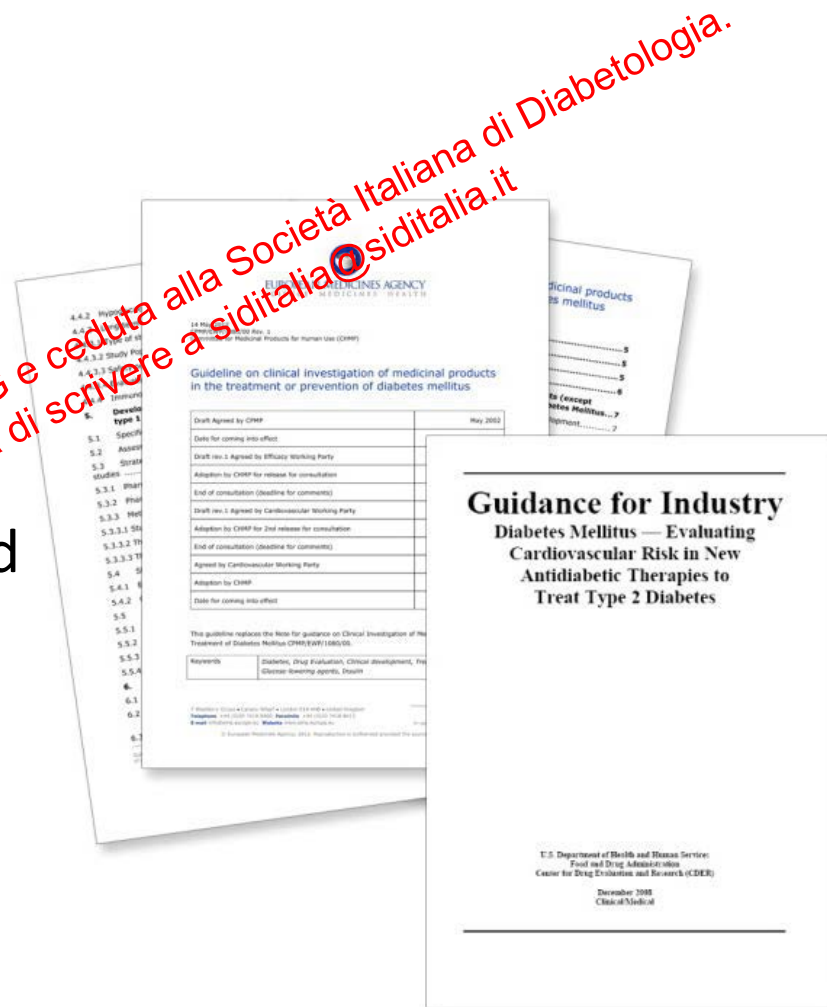
“Demonstrate that a new anti-diabetic therapy is not associated with **“unacceptable increase in cardiovascular risk”**”



# European Medicines Agency (EMA) and US Food and Drug Administration (FDA): Need for CV Outcomes Studies

“Demonstrate that a new anti-diabetic therapy is not associated with **“unacceptable increase in cardiovascular risk”**”

**Safety!**



# Empagliflozin, Cardiovascular Outcomes, and Mortality in Type 2 Diabetes

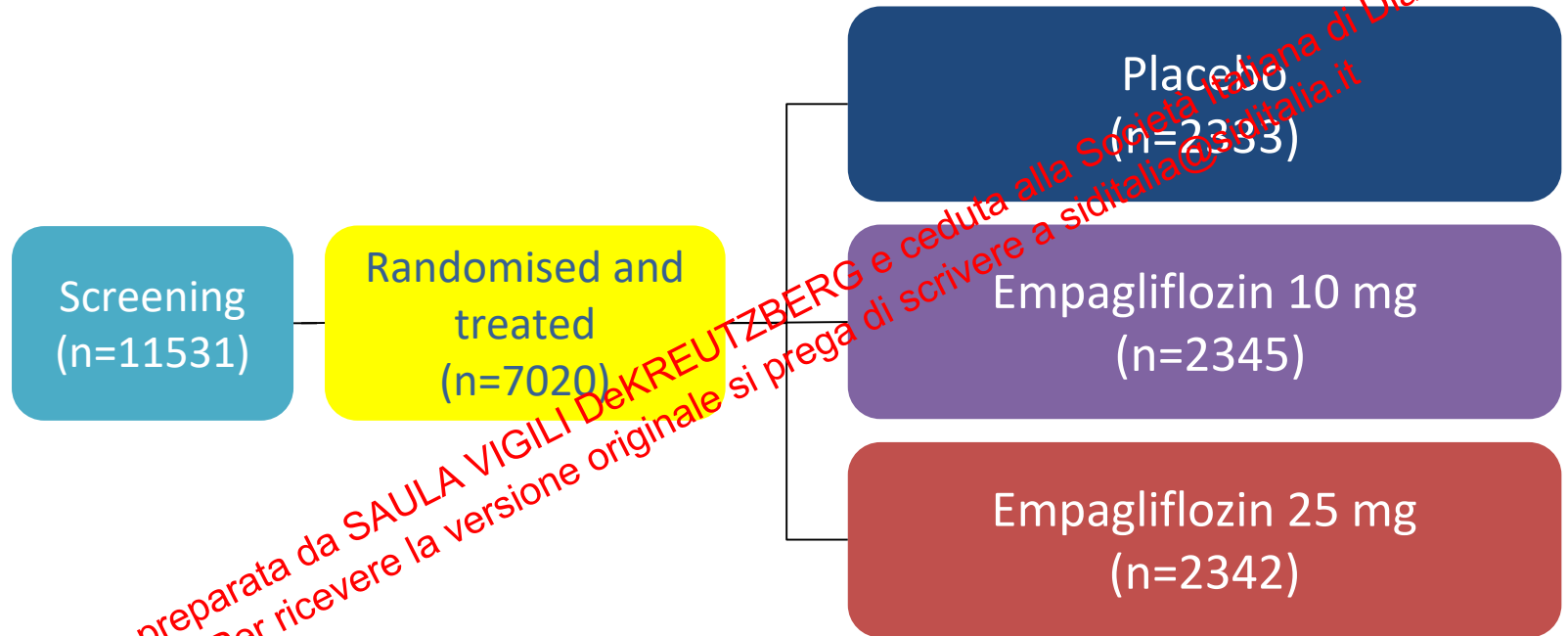
Bernard Zinman, M.D., Christoph Wanner, M.D., John M. Lachin, M.D.,  
David Fitchett, M.D., Erich Bluhmki, Ph.D., Stefan Hantel, Ph.D.,  
Michaela Mattheus, Dipl. Biomath., Theresa Davis, Dr. M.H.,  
Odd Erik Johansen, M.D., Ph.D., Hans J. Woerle, M.D., Ulf C. Broedl, M.D.,  
and Silvio E. Inzucchi, M.D., for the EMPA-REG OUTCOME Investigators

- Randomised, double-blind, placebo-controlled CV outcomes trial
- **Objective:** The effects of empagliflozin, in addition to standard care, on cardiovascular morbidity and mortality in patients with type 2 diabetes at high cardiovascular risk.

# Empagliflozin, Cardiovascular Outcomes and Mortality in Type 2 Diabetes

- Key inclusion criteria
  - Adults with type 2 diabetes
  - BMI  $\leq 45$  kg/m<sup>2</sup>
  - HbA1c 7–10%
  - Established cardiovascular disease
  - Prior myocardial infarction, coronary artery disease, stroke, unstable angina or occlusive peripheral arterial disease
- Key exclusion criteria
  - eGFR  $< 30$  mL/min/1.73m<sup>2</sup> (MDRD)

# EMPA-REG OUTCOME – Trial design



The trial was to continue until at least 691 patients experienced an adjudicated primary outcome event. The median duration of treatment was 2.6 years, and the median observation time was 3.1 years

# EMPA-REG OUTCOME - Results

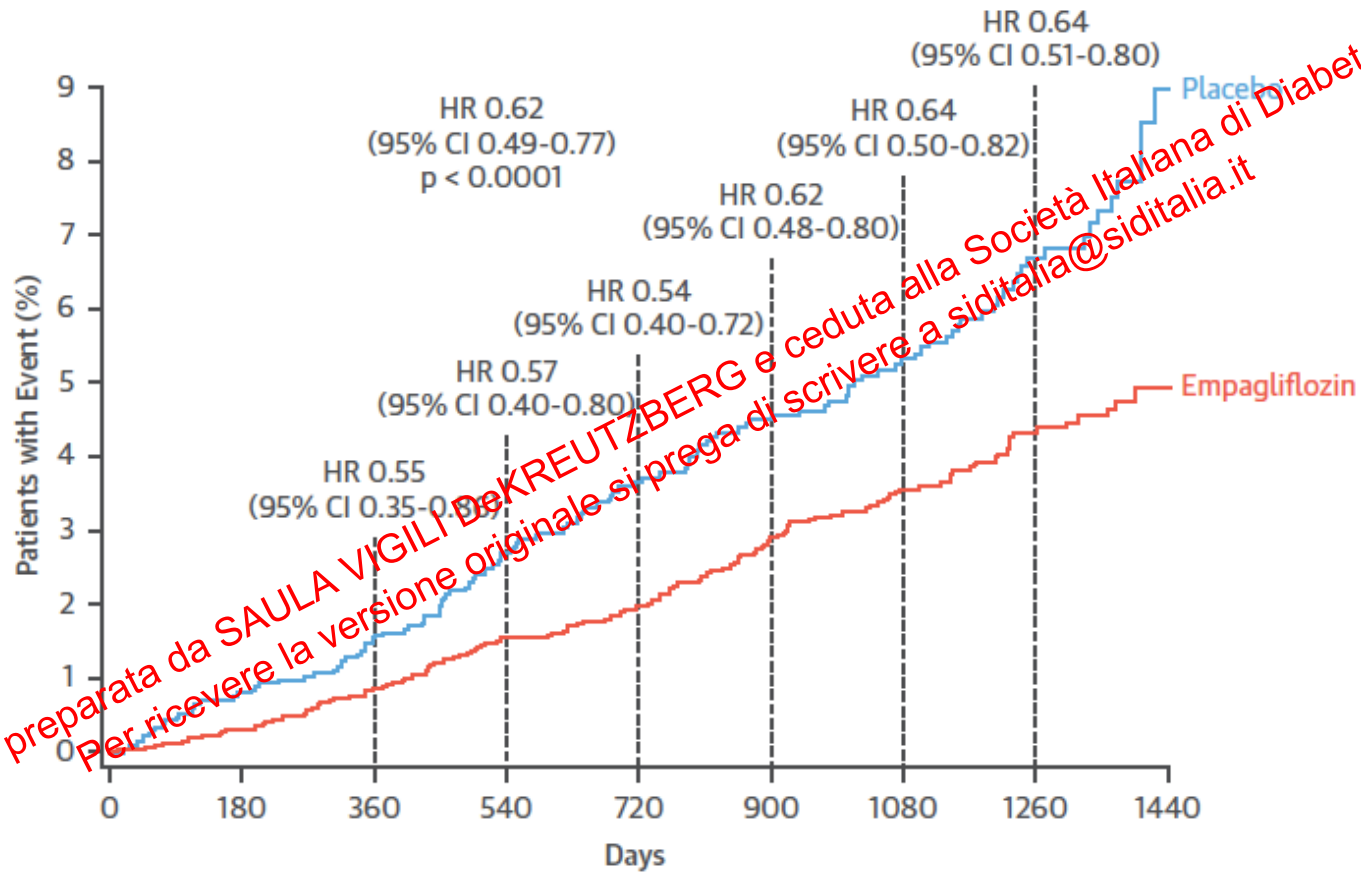
Death from cardiovascular causes, nonfatal myocardial infarction/stroke



HR = hazard ratio; AR = absolute risk

Zinman B et al, N Engl J Med 2015;373:2117-28.

# EMPA-REG OUTCOME Cardiovascular Death Over Time

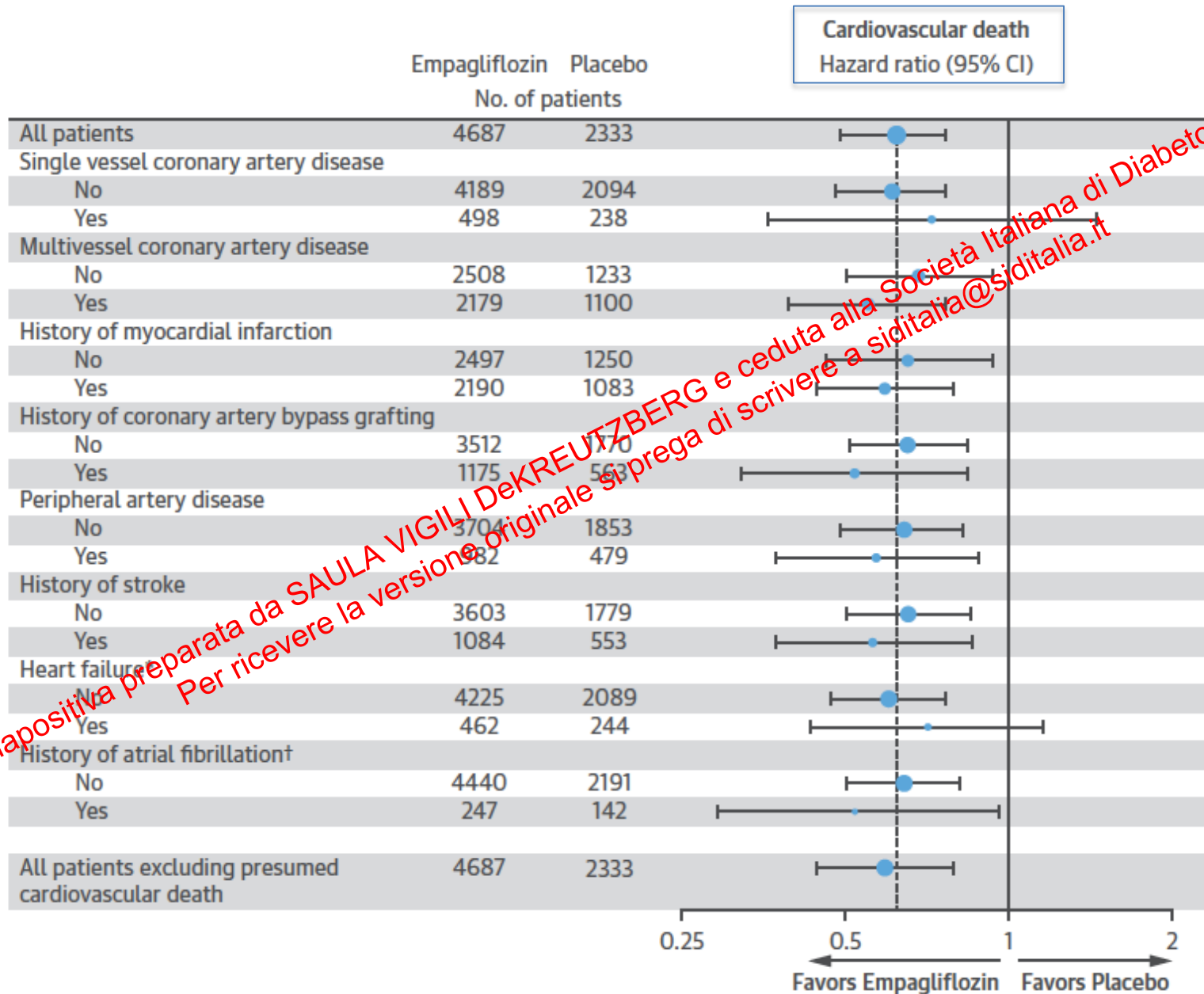


No. of patients

|               |      |      |      |      |      |      |      |      |     |
|---------------|------|------|------|------|------|------|------|------|-----|
| Empagliflozin | 4687 | 4651 | 4608 | 4556 | 4128 | 3079 | 2617 | 1722 | 414 |
| Placebo       | 2333 | 2303 | 2280 | 2243 | 2012 | 1503 | 1281 | 825  | 177 |

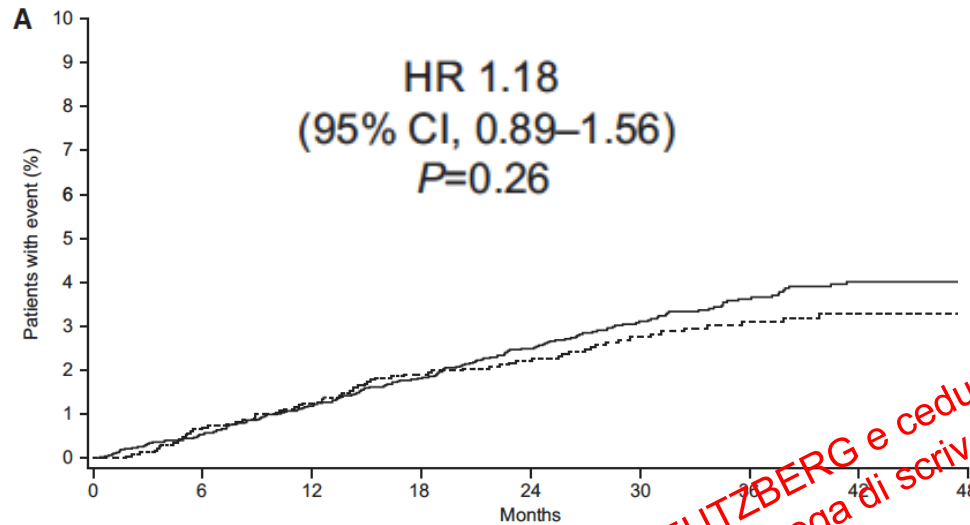
Cox regression analyses in patients treated with  $\geq 1$  dose of study drug

# EMPA-REG OUTCOME - Cardiovascular death by cardiovascular disease at baseline and a sensitivity analysis excluding presumed CV death



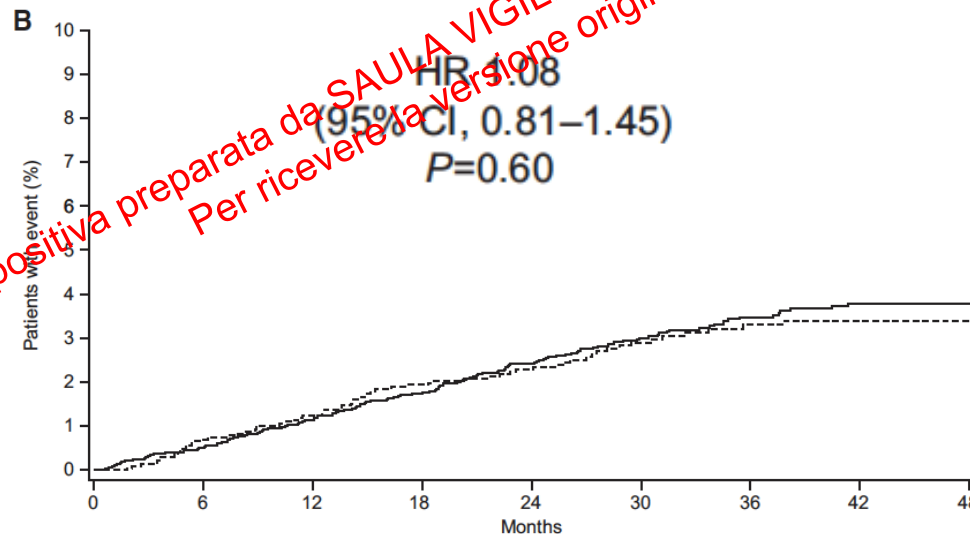
Diapositiva preparata da SAULA VIGILI DEKREUTZBERG e ceduta alla Società Italiana di Diabetologia.  
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# Empagliflozin and Cerebrovascular Events in Patients With Type 2 Diabetes Mellitus at High Cardiovascular Risk



|                 |      |      |      |      |      |      |      |      |     |
|-----------------|------|------|------|------|------|------|------|------|-----|
| No. of patients | 4687 | 4606 | 4508 | 4407 | 3956 | 3416 | 3163 | 1616 | 392 |
| Empagliflozin   | 2333 | 2278 | 2230 | 2169 | 1933 | 1425 | 1204 | 779  | 170 |
| Placebo         |      |      |      |      |      |      |      |      |     |

Intent-to-treat analysis



|                 |      |      |      |      |      |      |      |      |     |
|-----------------|------|------|------|------|------|------|------|------|-----|
| No. of patients | 4687 | 4464 | 4253 | 4068 | 3559 | 2573 | 2144 | 1407 | 341 |
| Empagliflozin   | 2333 | 2224 | 2095 | 1979 | 1692 | 1212 | 994  | 623  | 131 |
| Placebo         |      |      |      |      |      |      |      |      |     |

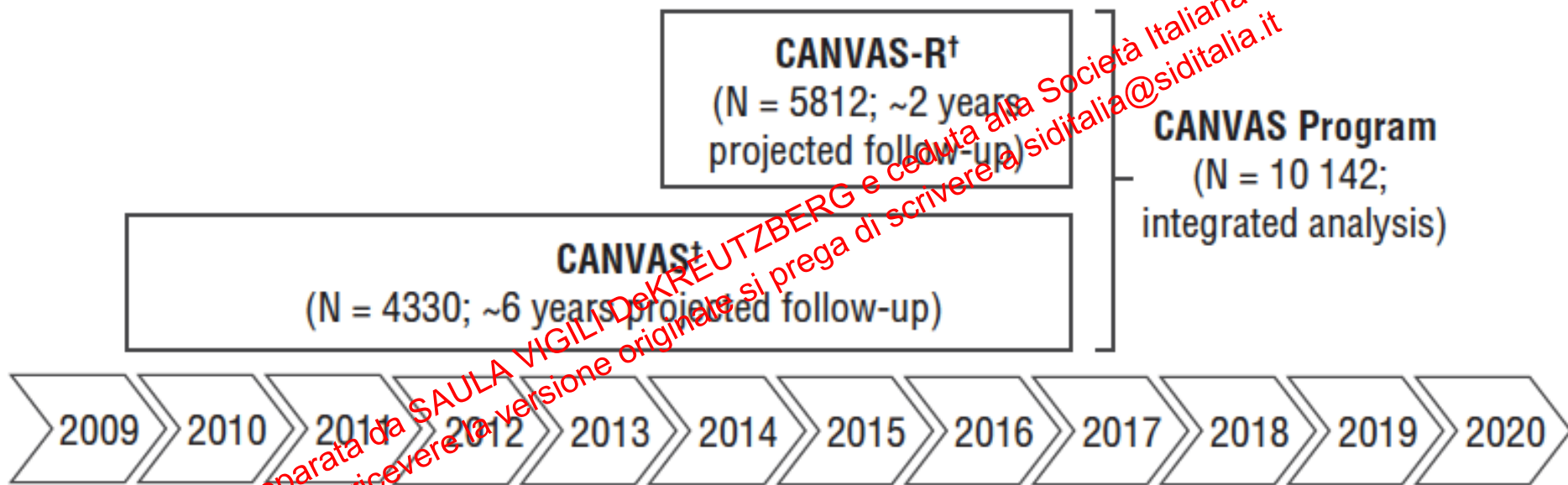
Sensitivity analysis

# Canagliflozin and Cardiovascular and Renal Events in Type 2 Diabetes

Bruce Neal, M.B., Ch.B., Ph.D., Vlado Perkovic, M.B., B.S., Ph.D.,  
Kenneth W. Mahaffey, M.D., Dick de Zeeuw, M.D., Ph.D., Greg Fischer, M.D.,  
Ngozi Erondú, M.D., Ph.D., Wayne Shaw, D.S.L., Gordon Law, Ph.D.,  
Mehul Desai, M.D., and David R. Matthews, D.Phil., B.Sc., B.Ch.,  
for the CANVAS Program Collaborative Group\*

- Randomised, double-blind, placebo-controlled CV outcomes trial
- **Objective:** We report the effects of treatment with canagliflozin on cardiovascular, renal, and safety outcomes.

# Optimizing the analysis strategy for the CANVAS Program: A prespecified plan for the integrated analyses of the CANVAS and CANVAS-R trials



<sup>†</sup>Populations in CANVAS and CANVAS-R are nearly identical to facilitate an integrated analysis of the data. The trials were scheduled for joint close-out and analysis when at least 688 CV events had been observed.

# Canagliflozin and Cardiovascular and Renal Events in Type 2 Diabetes

Bruce Neal, M.B., Ch.B., Ph.D., Vlado Perkovic, M.B., B.S., Ph.D.,  
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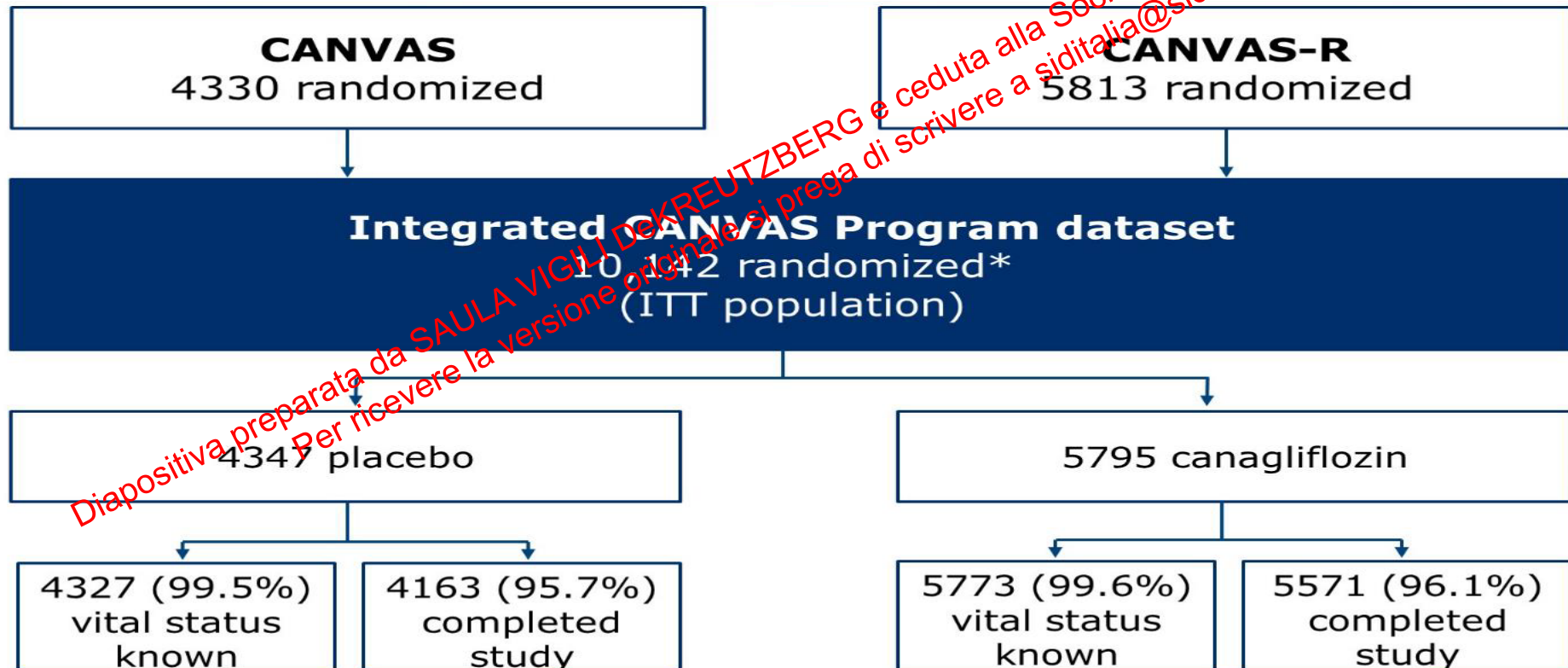
- Key inclusion criteria
  - Adults with type 2 diabetes
  - HbA1c  $\geq 7 \leq 10.5$  %\*
  - eGFR  $\geq 30$  mL/min/1.73m<sup>2</sup> (MDRD)
  - Age  $\geq 30$  years and history of prior CV event OR
  - Age  $\geq 50$  years with  $\geq$  CV risk factors\*

\*diabetes duration  $\geq 10$  years, SBP  $> 140$  mmHg on  $\geq 1$  medication, current smoker, micro- or macroalbuminuria, or HDL cholesterol  $< 1$  mmol/L

# CANVAS PROGRAM – Randomization

In CANVAS participants were randomly assigned in a 1:1:1 ratio to receive canagliflozin at a dose of 300 mg, canagliflozin at a dose of 100 mg, or matching placebo

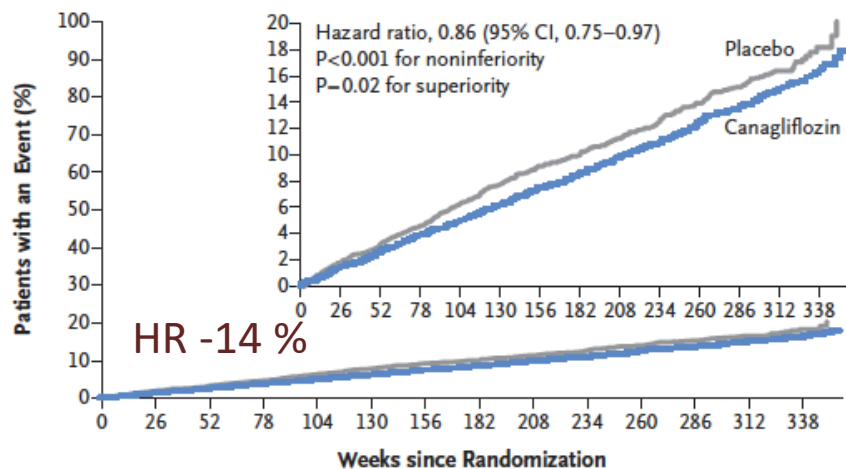
In CANVAS-R participants were randomly assigned in an 1:1 ratio to receive canagliflozin, Administered at an initial dose of 100 mg daily with an optional increase to 300 mg starting from week 13, or matching placebo



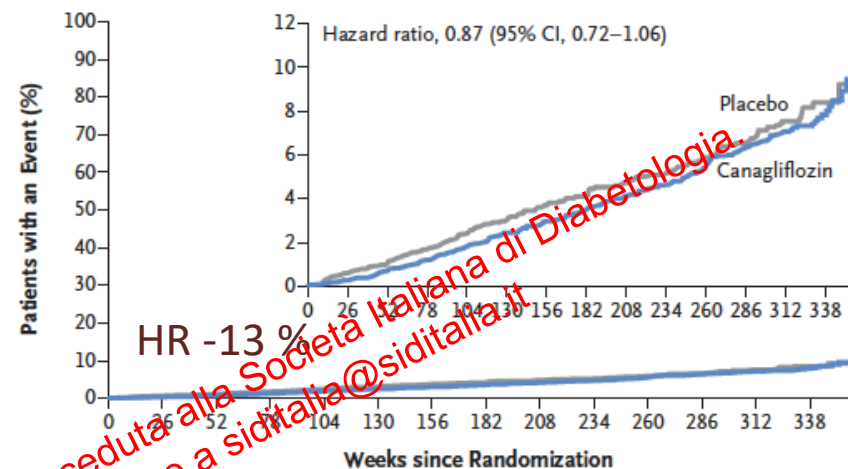
\*One participant was randomized at 2 different sites and only the first randomization is included in the ITT analysis set.

# CANVAS PROGRAM - Results

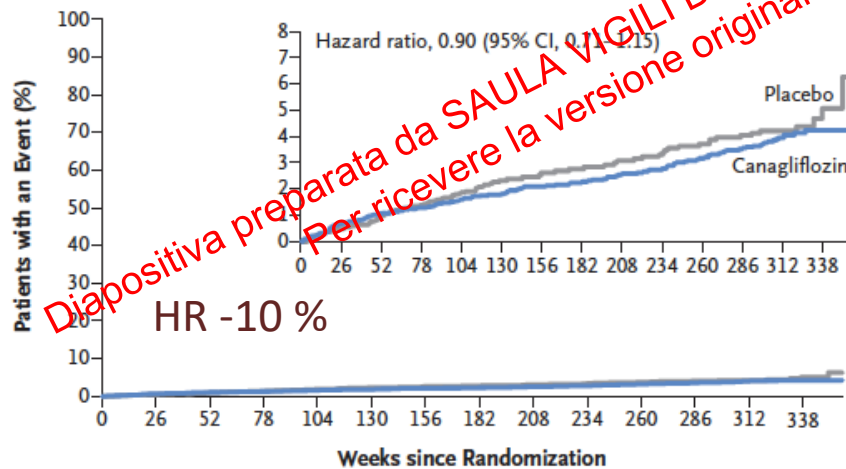
**A Death from Cardiovascular Causes, Nonfatal Myocardial Infarction, or Nonfatal Stroke \***



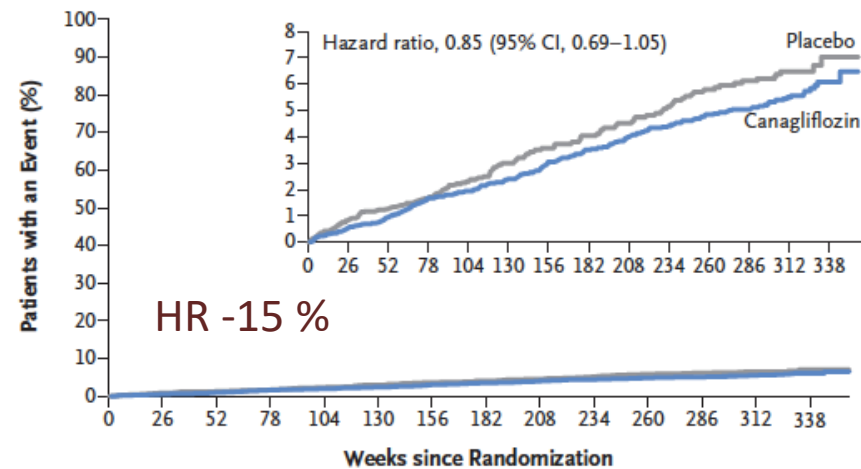
**B Death from Cardiovascular Causes**



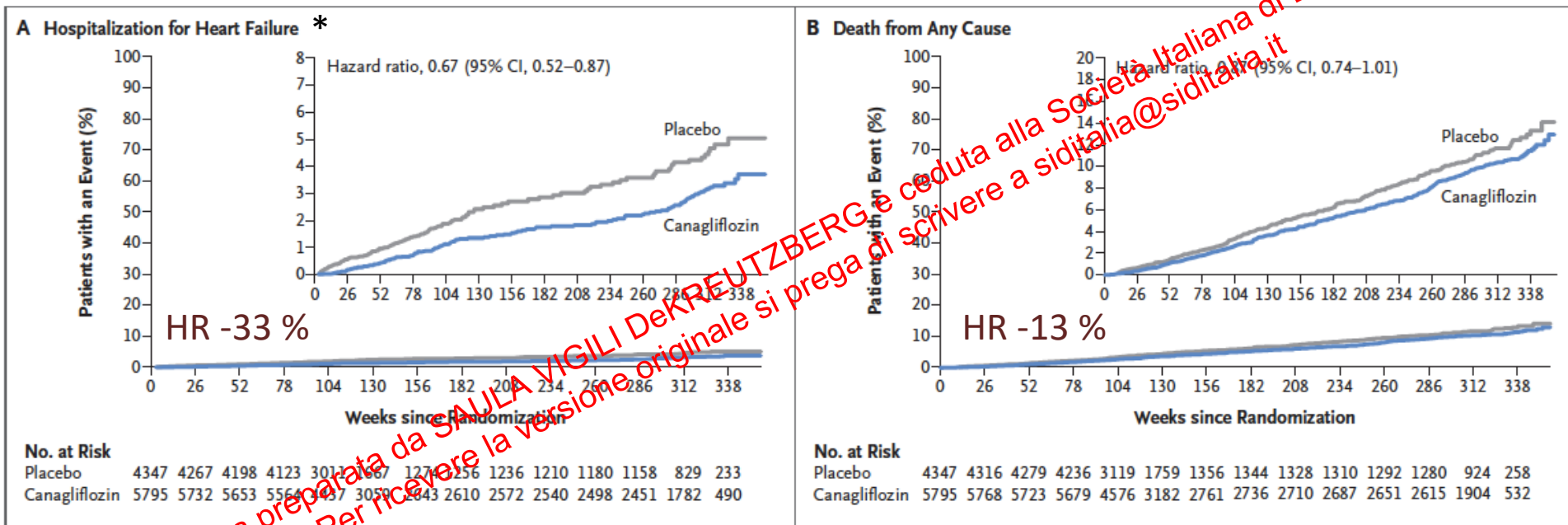
**C Nonfatal Stroke**



**D Nonfatal Myocardial Infarction**



# CANVAS PROGRAM - Results



## Risultati negli studi EMPAREG-OUTCOME e CANVAS Program

|                  | Primary Outcome<br>HR (95%CI)   | IMA*<br>HR (95%CI)            | ICTUS ISCH.*<br>HR (95%CI)    | Morte CV<br>HR (95%CI)           | Morte Totale<br>HR (95%CI)       | HHF<br>HR (95%CI)                |
|------------------|---------------------------------|-------------------------------|-------------------------------|----------------------------------|----------------------------------|----------------------------------|
| EMPA-REG OUTCOME | 0.86<br>(0.74-0.99)<br>P = 0.04 | 0.87<br>(0.70-1.09)<br>P = NS | 1.18<br>(0.89-1.56)<br>P = NS | 0.62<br>(0.49-0.77)<br>P < 0.001 | 0.68<br>(0.57-0.82)<br>P < 0.001 | 0.65<br>(0.50-0.85)<br>P = 0.002 |
| CANVAS PROGRAM   | 0.86<br>(0.75-0.97)<br>P = 0.02 | 0.85<br>(0.69-1.05)<br>P = NS | 0.90<br>(0.71-1.15)<br>P = NS | 0.87<br>(0.72-1.06)<br>P = NS    | 0.87<br>(0.74-1.01)<br>P = NS    | 0.67<br>(0.52-0.87)<br>P < 0.001 |

Primary outcome=morte CV, IMA non fatale, ictus ischemico non fatale

\*fatale e non fatale

HHF=ospedalizzazioni per insufficienza cardiaca

## Risultati negli studi EMPAREG-OUTCOME e CANVAS Program

|                  | Primary Outcome<br>HR (95%CI)   | IMA*<br>HR (95%CI)            | ICTUS ISCH.*<br>HR (95%CI)    | Morte CV<br>HR (95%CI)           | Morte Totale<br>HR (95%CI)       | HHF<br>HR (95%CI)                |
|------------------|---------------------------------|-------------------------------|-------------------------------|----------------------------------|----------------------------------|----------------------------------|
| EMPA-REG OUTCOME | 0.86<br>(0.74-0.99)<br>P = 0.04 | 0.87<br>(0.70-1.09)<br>P = NS | 1.18<br>(0.89-1.56)<br>P = NS | 0.62<br>(0.49-0.77)<br>P < 0.001 | 0.68<br>(0.57-0.82)<br>P < 0.001 | 0.65<br>(0.50-0.85)<br>P = 0.002 |
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Primary outcome=morte CV, IMA non fatale, ictus ischemico non fatale

\*fatale e non fatale

HHF=ospedalizzazioni per insufficienza cardiaca

Quale delle seguenti variabili differisce maggiormente tra i soggetti arruolati negli studi EMPA-REG OUTCOME e CANVAS Program, all'arruolamento:

- A. L'età media
- B. La durata di diabete
- C. Il controllo glicemico
- D. Il rischio cardiovascolare

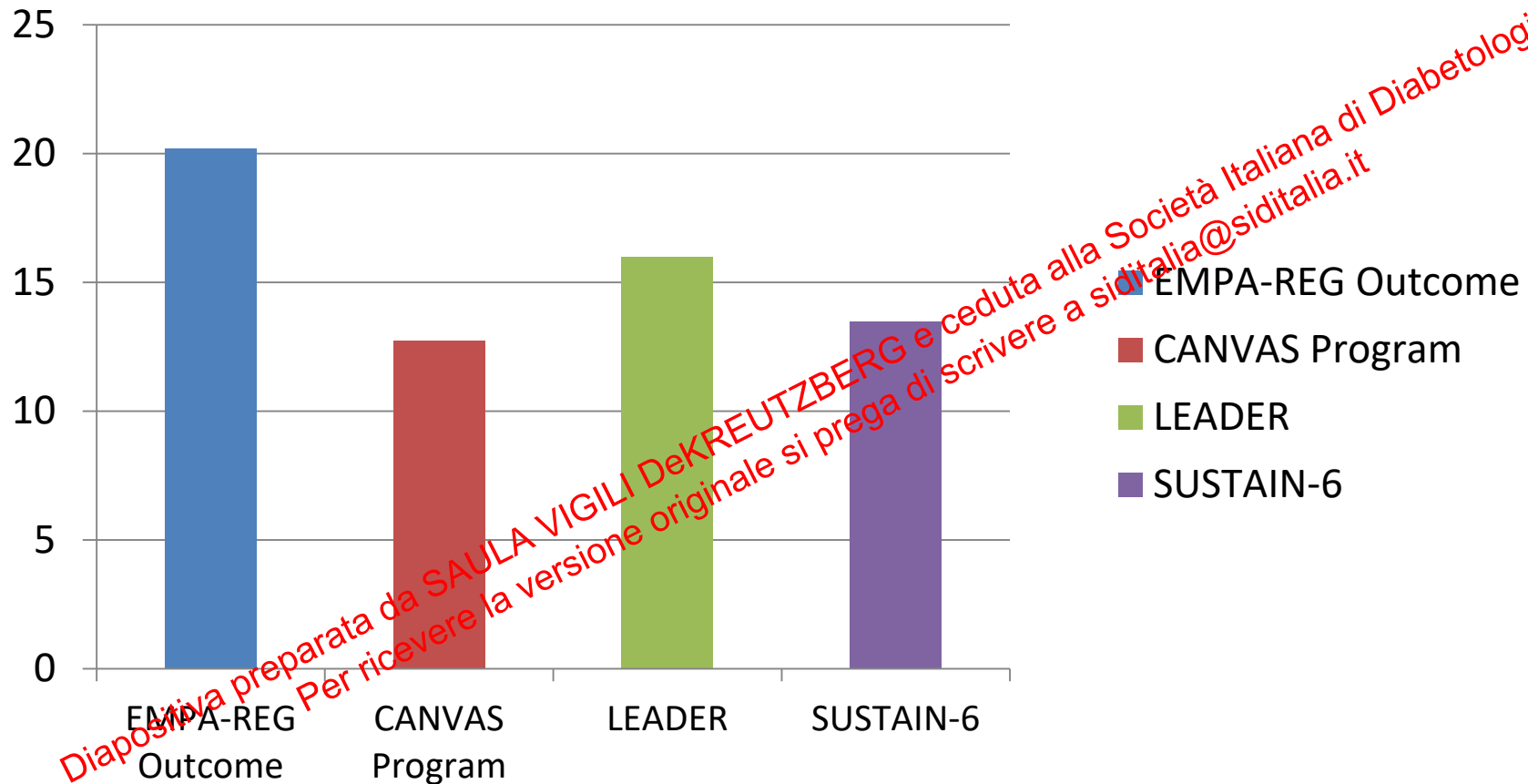
Diapositiva preparata da SAULA VIGILI DE REUTZBERG e ceduta alla Società Italiana di Diabetologia.  
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## Principali caratteristiche dei soggetti arruolati negli studi EMPAREG-OUTCOME e CANVAS

|                                 | EMPA-REG<br>OUTCOME | CANVAS      |
|---------------------------------|---------------------|-------------|
| N° farmaco attivo/placebo       | 4687 / 2333         | 5795 / 4347 |
| Età (anni)                      | 63.1±8.6            | 63.3±8.3    |
| Donne (%)                       | 28.8                | 35.8        |
| Durata diabete (anni)           | 57% >10             | 13.5±7.8    |
| Insulina (%)                    | 48.0                | 50.2        |
| Metformina (%)                  | 73.8                | 77.2        |
| Sulfoniluree (%)                | 43.0                | 43.0        |
| AbA1c basale (%)                | 8,07±0,85           | 8,2±0,9     |
| BMI (kg/m <sup>2</sup> )        | 30,6±5,3            | 32,0±5,9    |
| PAS (mmHg)                      | 135,6±16,9          | 136,6±15,8  |
| eGFR (ML/1.73mq.min)            | 74,2±21,6           | 76,5±20,5   |
| Pz con precedente evento CV (%) | 99,4                | 65,6        |

Diapositiva preparata da SAULA VIGILI DeKREUTZBERG e ceduta alla Società Italiana di Diabetologia.  
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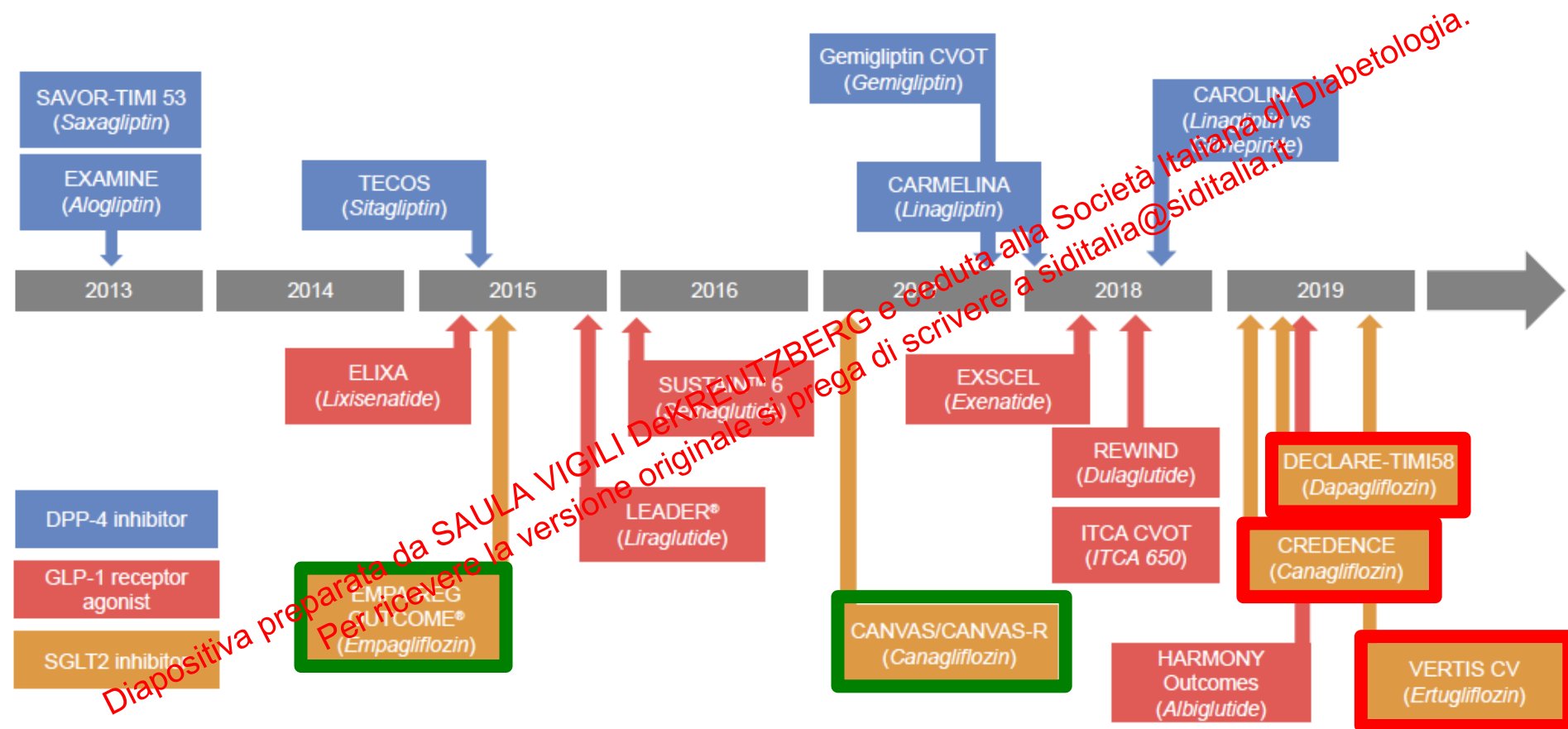
# Estimates of Placebo CV Death Rate in CVOT



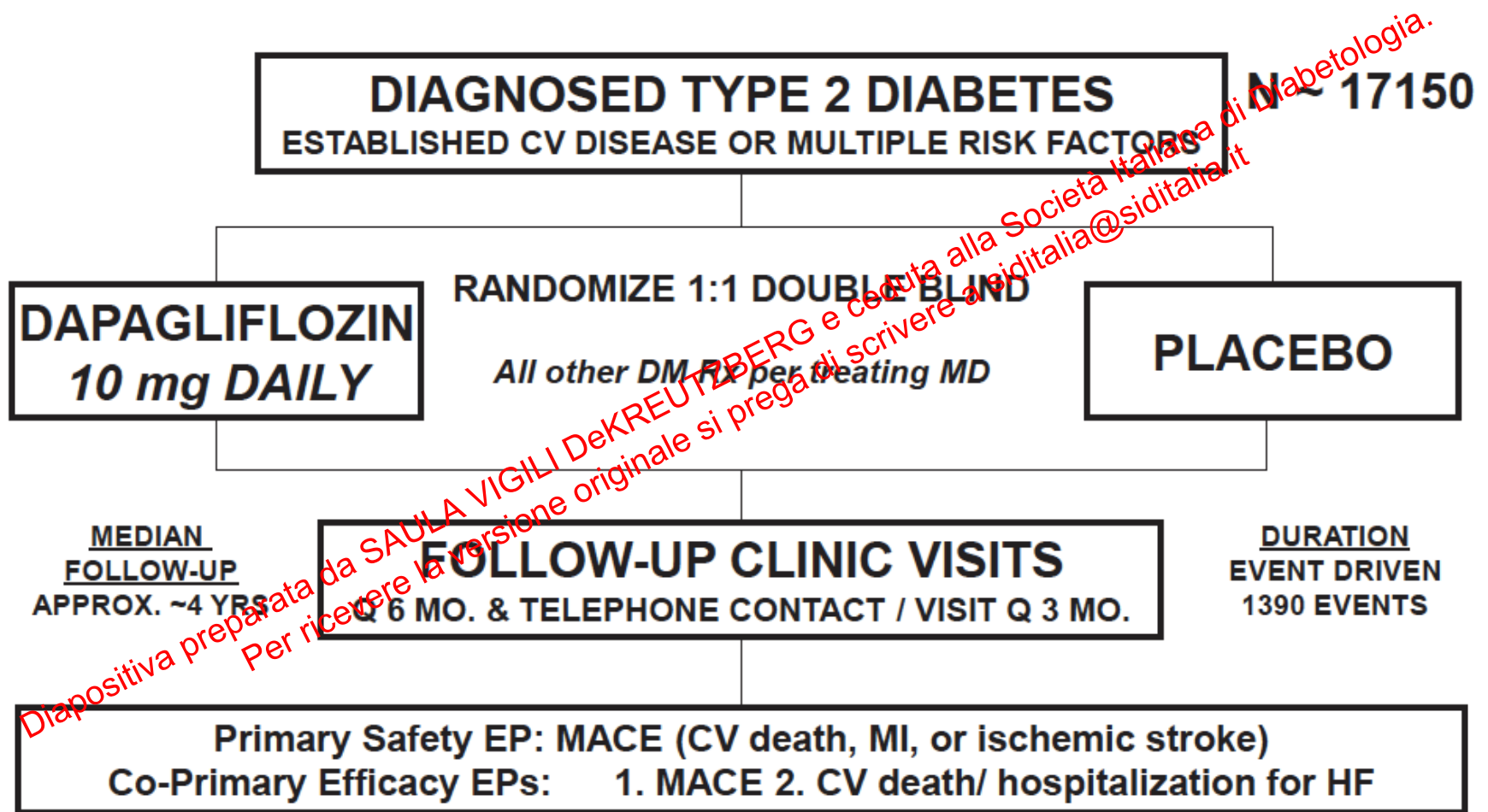
*These trials were conducted with different designs and evaluated different populations, so direct comparisons of their results cannot be made*

1. Zinman B, et al. *N Engl J Med*. 2015; 373(22):2117-2128.
2. Neal et al. *N Eng J Med*, 2017; DOI:10.1056/NEJMMoa1611925
3. Marso S et al. *N Engl J Med*. 2016;375(4):311-22.
4. Marso S et al. *N Engl J Med*. 2016 DOI: 10.1056/NEJMMoa1607141

# Completed and ongoing cardiovascular outcome trials (CVOT) in type 2 diabetes



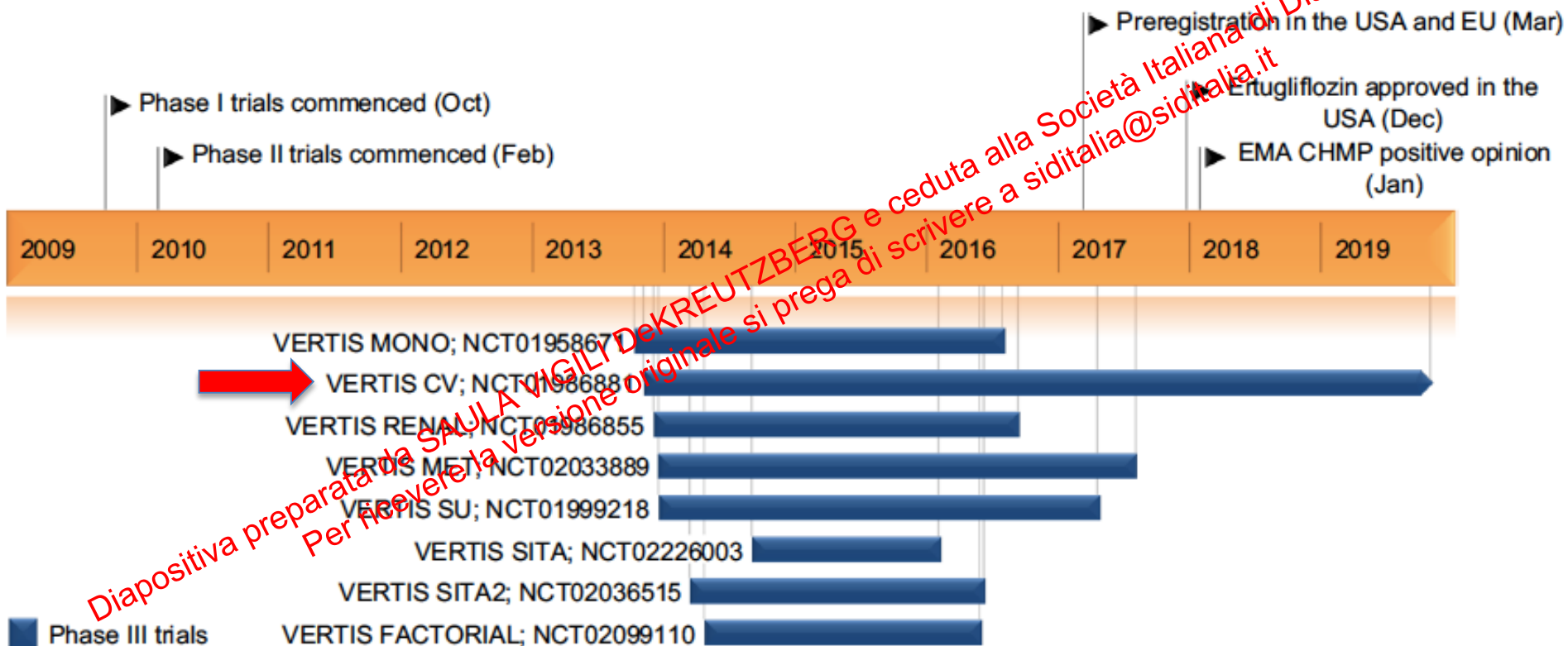
# The design and rationale for the Dapagliflozin Effect on Cardiovascular Events (DECLARE)–TIMI 58 Trial



ADISINSIGHT REPORT

## Ertugliflozin: First Global Approval

Anthony Markham<sup>1</sup>



- Enrolled 8,000 patients with evidence or a history of atherosclerosis involving the coronary, cerebral or peripheral vascular systems.
- Randomized to 5 mg or 15 mg of ertugliflozin or placebo
- Primary outcome: time to first occurrence of MACE

# SGLT2 inibitori: Studi con outcome cardiovascolari

## *Trial clinici randomizzati (RCTs) – CVOT*

- EMPA-REG OUTCOME (2015)
- CANVAS Program (2017)

## *Studi osservazionali - Real-world studies:*

- SKREUTZBERG e ceduta alla Società Italiana di Diabetologia.  
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- CVD-REAL (2017)
- CVD-REAL NORDIC (2017)
- THIN (2017)
- CVD-REAL 2 (2018)
- EASEL (2018)
- OBSERVE-4D (2018)

**Quale tra le seguenti definizioni sugli studi real-world è corretta:**

- A. Gli studi real-world sono simili agli RCT e necessitano sempre del consenso informato
- B. Gli studi real-world sono più corretti da un punto di vista statistico in confronto agli RCT
- C. Gli studi real-world danno informazioni complementari a quelle degli RCT
- D. Gli studi real-world danno le stesse informazioni degli RCT

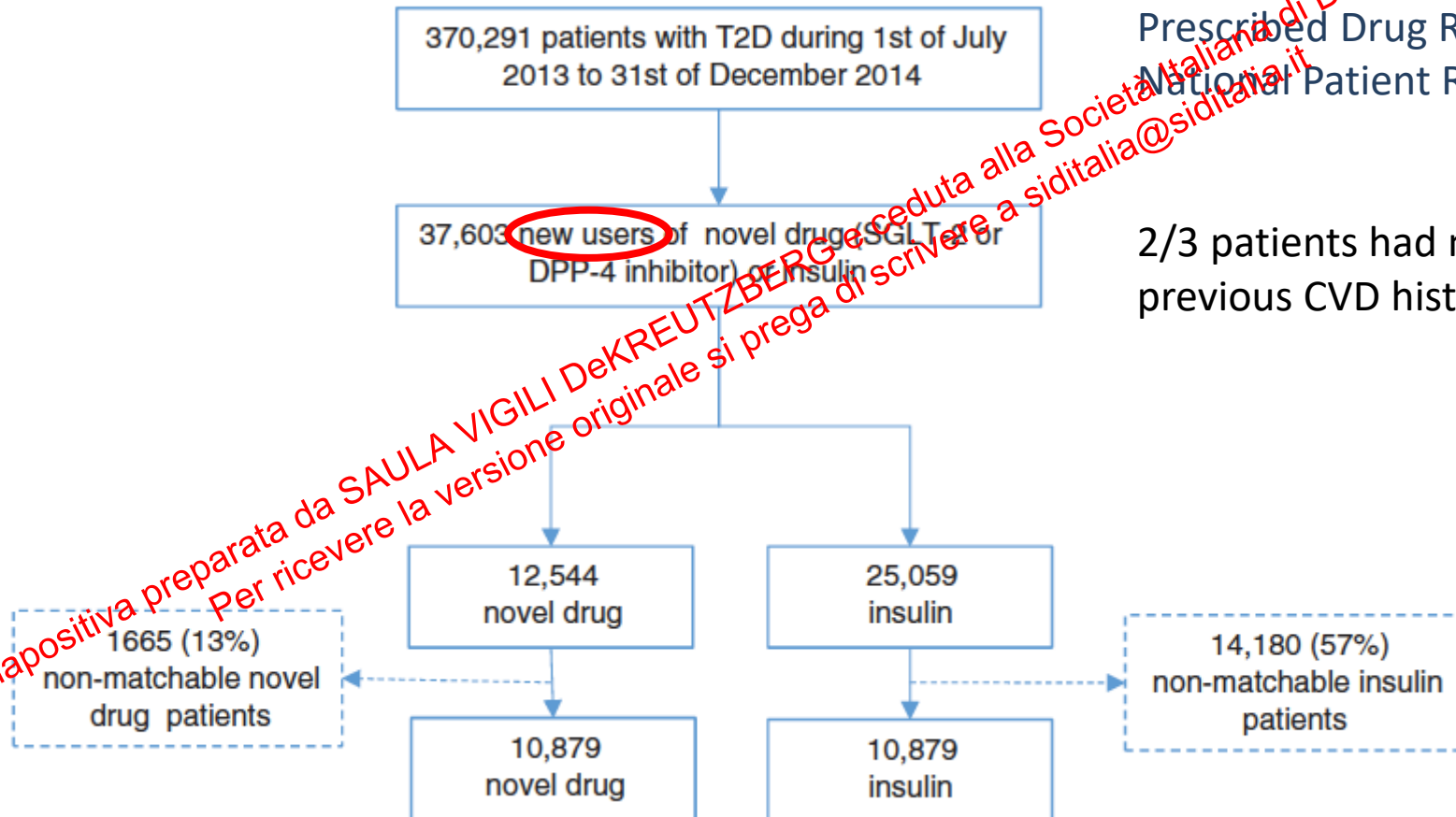
**Novel oral glucose-lowering drugs are associated with lower risk of all-cause mortality, cardiovascular events and severe hypoglycaemia compared with insulin in patients with type 2 diabetes**



**Data sources:**

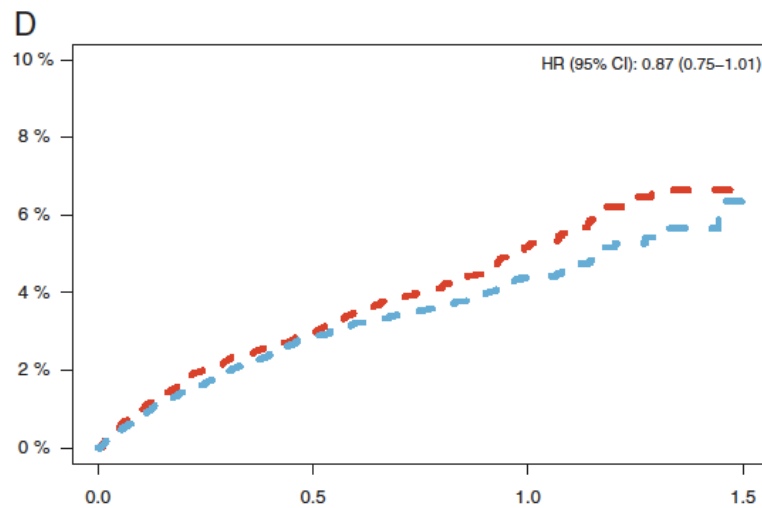
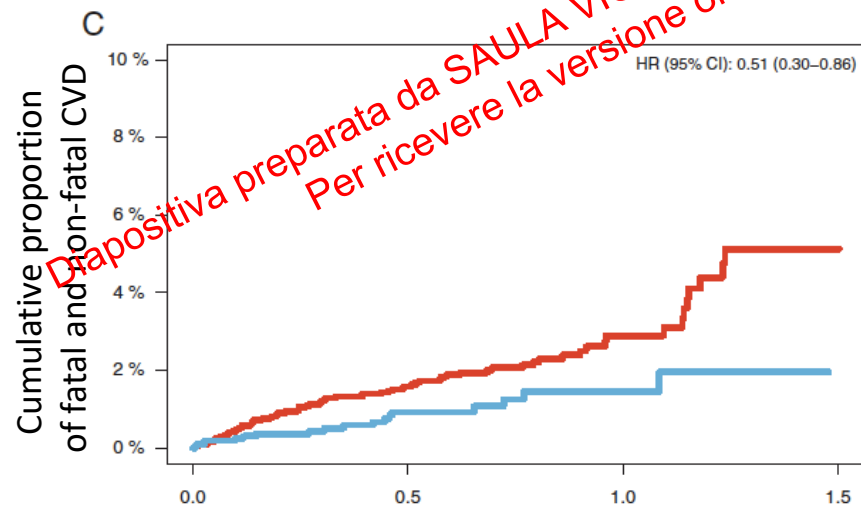
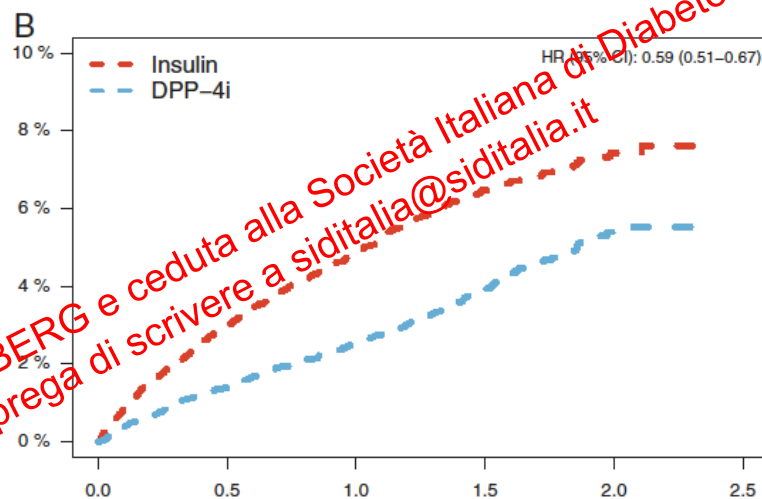
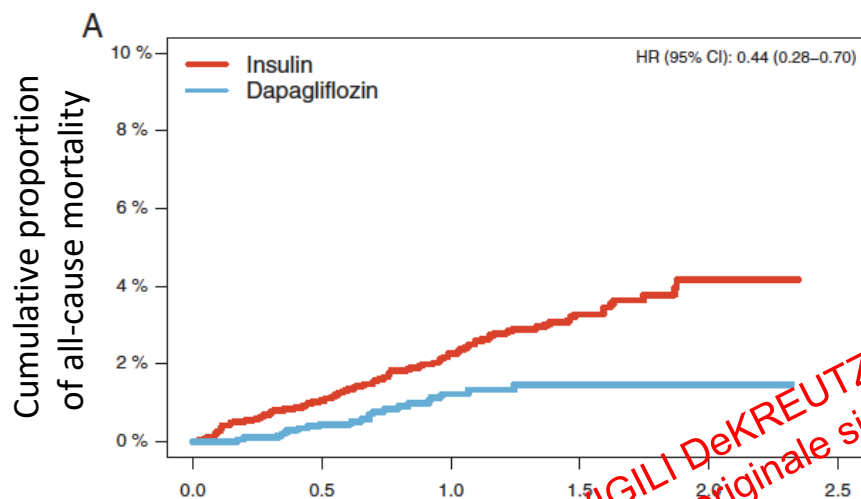
Prescribed Drug Register  
National Patient Register

2/3 patients had no previous CVD history



# Novel oral glucose-lowering drugs are associated with lower risk of all-cause mortality, cardiovascular events and severe hypoglycaemia compared with insulin in patients with type 2 diabetes

Nyström T et al, Diabetes Obes Metab. 2017;19:832–841.



Time from new drug initiation (years)

Positiva preparata da SAULA VIGILI DEKREUTZBERG e ceduta alla Società Italiana di Diabetologia  
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# Lower Risk of Heart Failure and Death in Patients Initiated on Sodium-Glucose Cotransporter-2 Inhibitors Versus Other Glucose-Lowering Drugs

The CVD-REAL Study (Comparative Effectiveness of Cardiovascular Outcomes in New Users of Sodium-Glucose Cotransporter-2 Inhibitors)

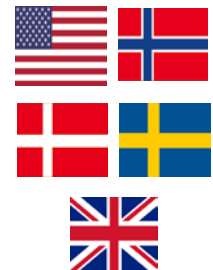
## Primary objective

- To compare the risk of hospitalization for heart failure (HHF) in patients with T2DM newly initiated on SGLT2 inhibitors versus other glucose-lowering drugs



## Secondary objective

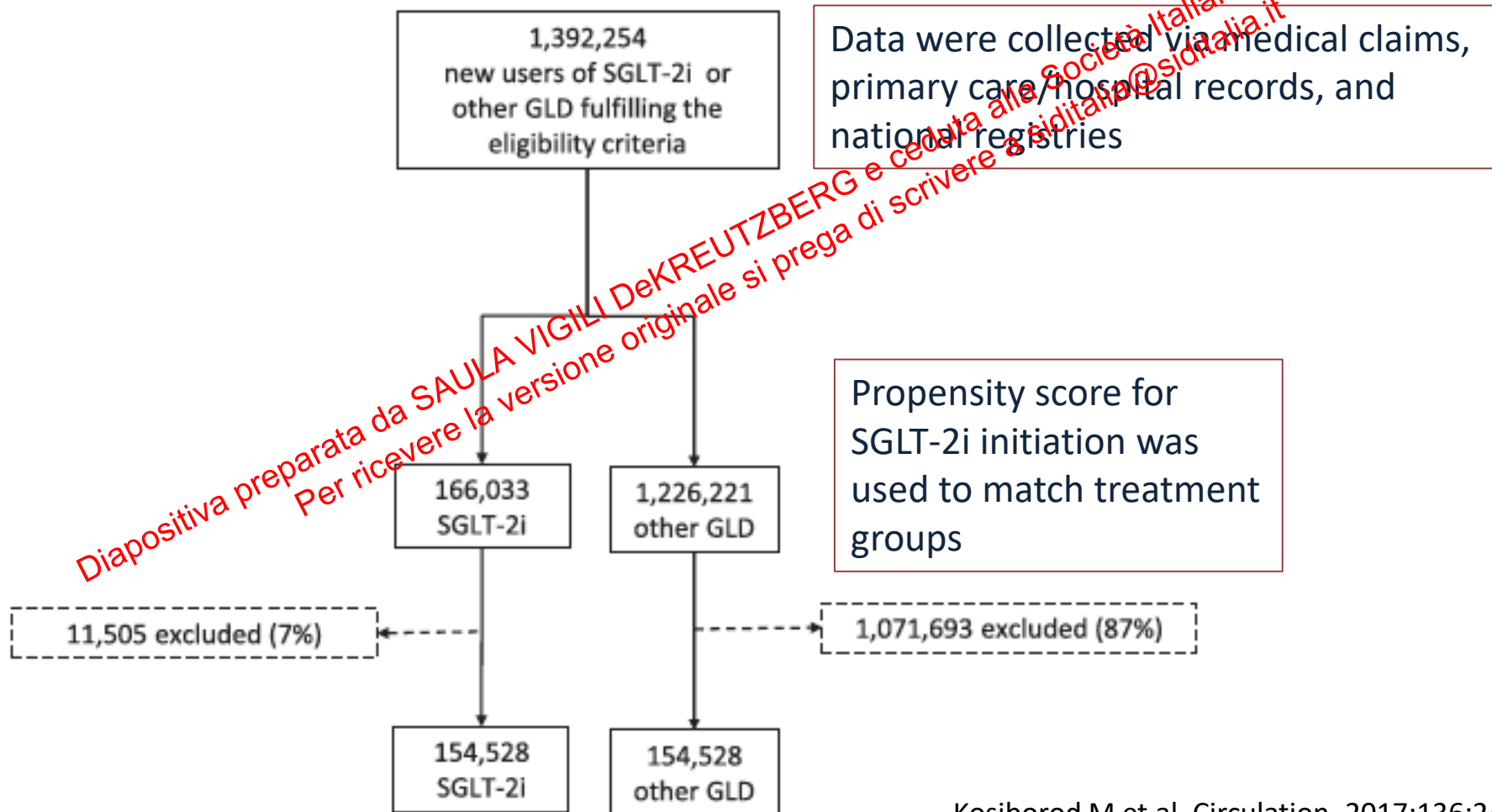
- To compare the risk of all-cause death between the two treatment groups
- To compare the risk of the composite of HHF or all-cause death between the two treatment groups



# Lower Risk of Heart Failure and Death in Patients Initiated on Sodium-Glucose Cotransporter-2 Inhibitors Versus Other Glucose-Lowering Drugs

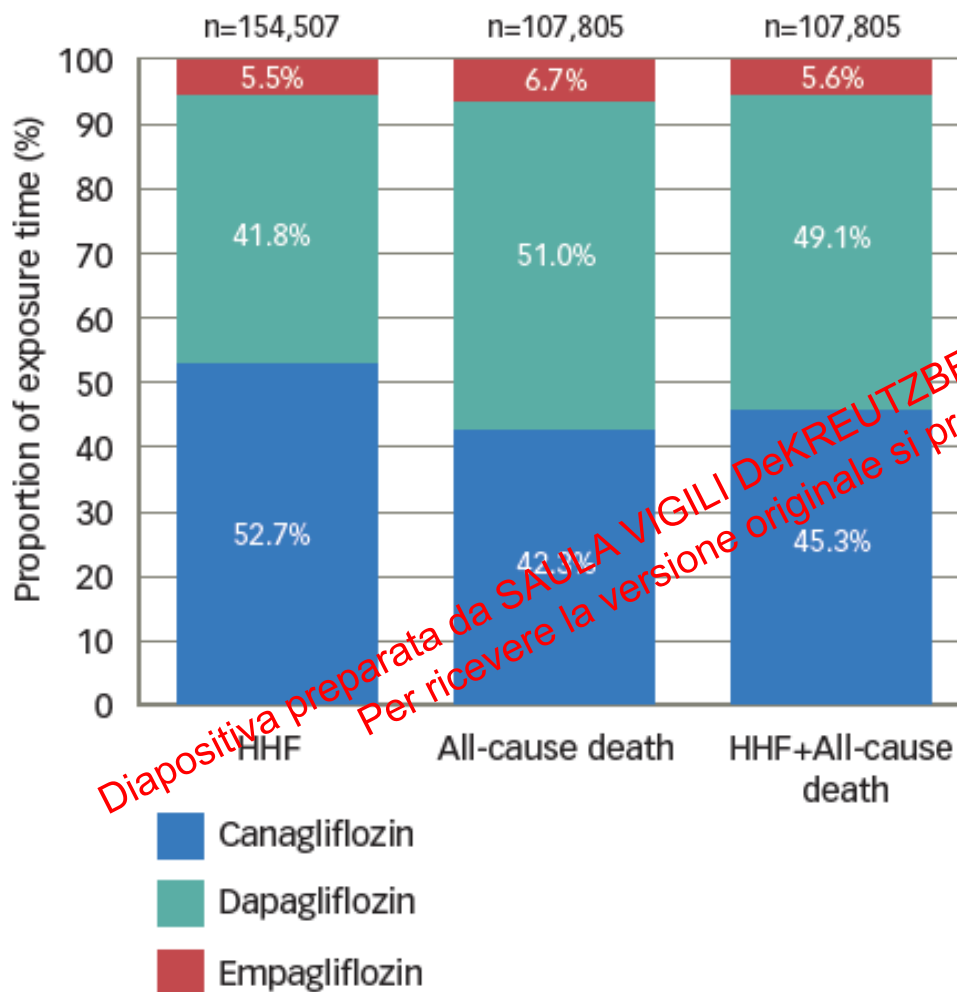


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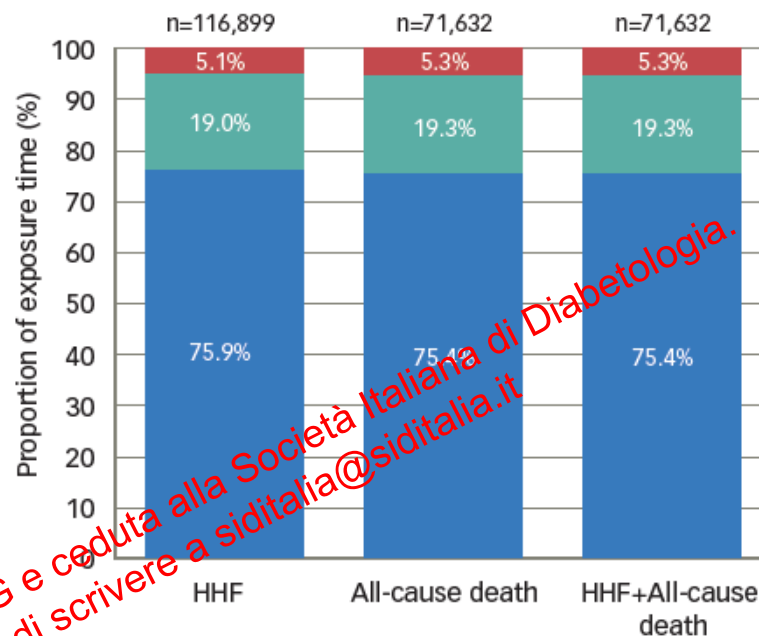


# The CVD-REAL study

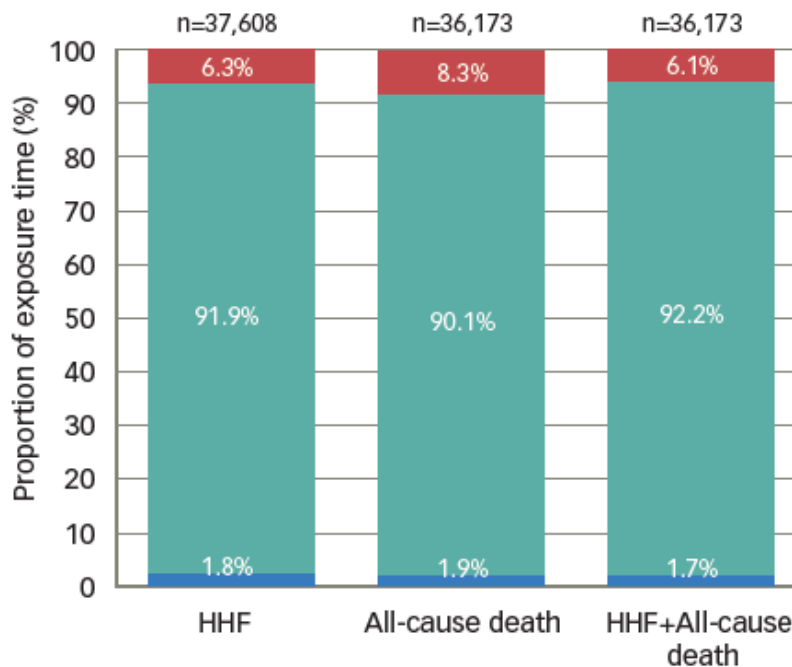
A. All countries combined



B. US only



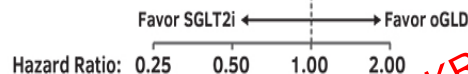
C. European countries combined



# CVD-REAL primary analysis:

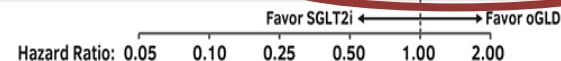
## All-cause death

| Database | N       | # of events | HR (95% CI)       |
|----------|---------|-------------|-------------------|
| US       | 143,264 | 250         | 0.38 (0.29, 0.50) |
| Norway   | 25,050  | 364         | 0.55 (0.44, 0.68) |
| Denmark  | 18,468  | 323         | 0.46 (0.37, 0.57) |
| Sweden   | 18,378  | 317         | 0.47 (0.37, 0.60) |
| UK       | 10,462  | 80          | 0.73 (0.47, 1.15) |
| Total    | 215,622 | 1334        | 0.49 (0.41, 0.57) |



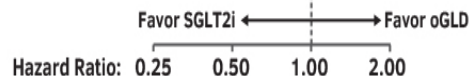
## Hospitalization for heart failure

| Database | N       | # of events | HR (95% CI)       |
|----------|---------|-------------|-------------------|
| US       | 233,798 | 298         | 0.55 (0.44, 0.69) |
| Norway   | 25,050  | 278         | 0.62 (0.49, 0.79) |
| Denmark  | 18,468  | 167         | 0.77 (0.59, 1.01) |
| Sweden   | 18,378  | 191         | 0.61 (0.45, 0.82) |
| UK       | 10,462  | 66          | 0.36 (0.12, 1.13) |
| Germany  | 2900    | 11          | 0.14 (0.03, 0.68) |
| Total    | 309,056 | 961         | 0.61 (0.51, 0.73) |



## Hospitalization for heart failure or all-cause death

| Database | N       | # of events | HR (95% CI)       |
|----------|---------|-------------|-------------------|
| US       | 143,264 | 424         | 0.44 (0.36, 0.54) |
| Norway   | 25,050  | 622         | 0.58 (0.50, 0.69) |
| Denmark  | 18,468  | 477         | 0.57 (0.48, 0.67) |
| Sweden   | 18,378  | 364         | 0.50 (0.41, 0.63) |
| UK       | 10,462  | 96          | 0.66 (0.44, 1.00) |
| Total    | 215,622 | 1983        | 0.54 (0.48, 0.60) |



**All p-value for SGLT2i vs other glucose-lowering drug: <0.001**

Data are on treatment, unadjusted.

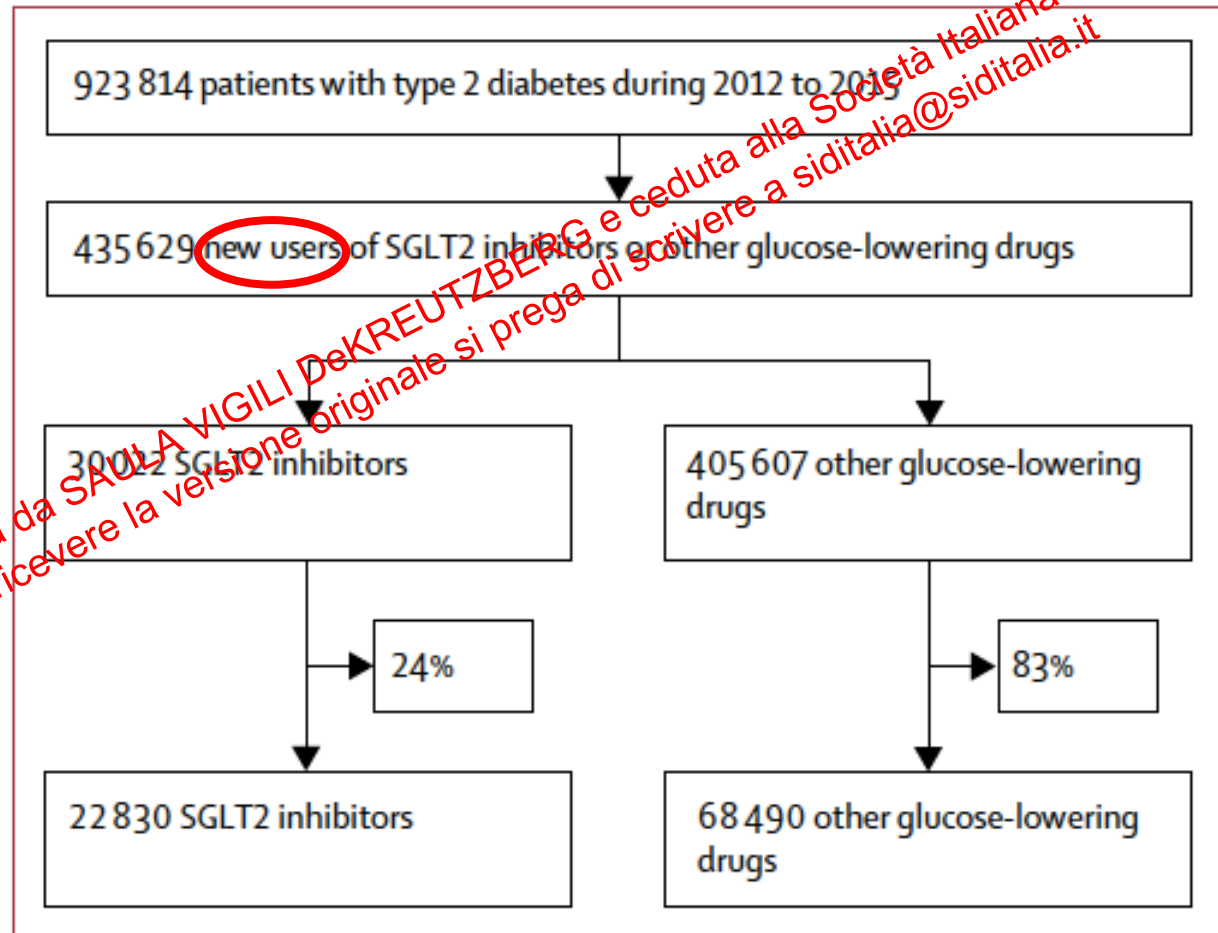
Kosiborod M et al, Circulation. 2017;136:249-259.

# CVD-REAL - Strengths

- Large contemporary analysis of real-world clinical practice across six countries, based on a well-matched sample of over 300,000 patients with T2DM and nearly 200,000 patient-years of follow-up
  - This real-world evidence complements that produced in clinical trials
- The majority of patients (87%) did not have a history of established CVD at baseline
- The observed effects were unchanged after additional multivariable adjustment, as well as after multiple sensitivity analyses
- The results were consistent across all countries, regardless of the geographic variability in healthcare systems and SGLT2 inhibitor compound use

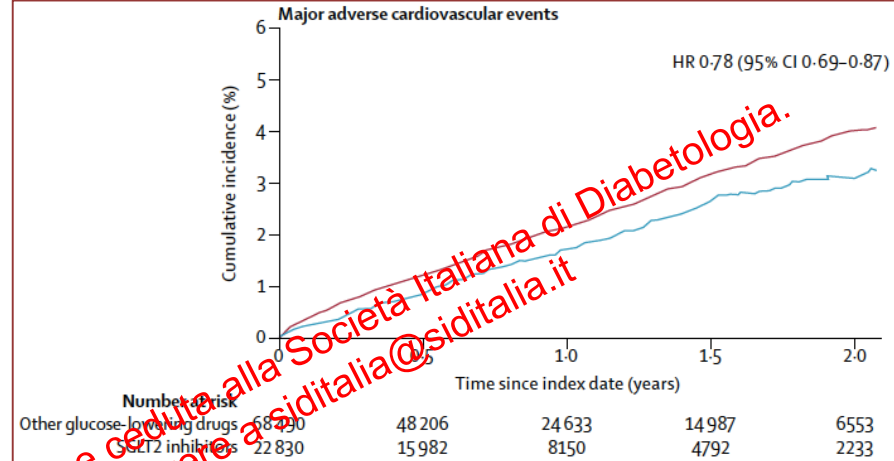
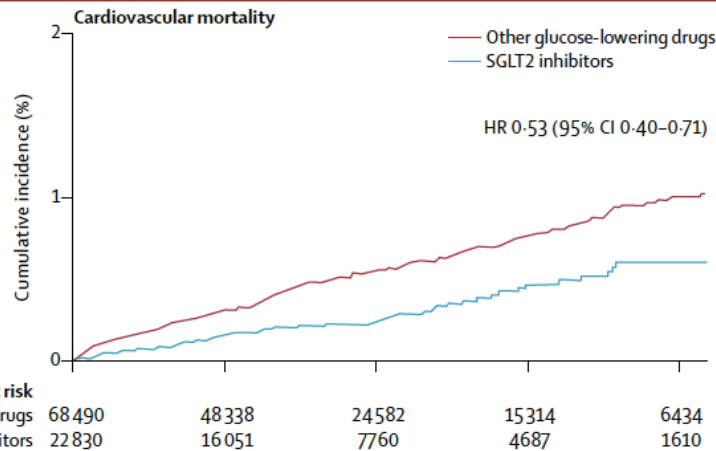
# Cardiovascular mortality and morbidity in patients with type 2 diabetes following initiation of sodium-glucose co-transporter-2 inhibitors versus other glucose-lowering drugs (CVD-REAL Nordic): a multinational observational analysis

Birkeland KI et al, Lancet Diabetes Endocrinol 2017;5:709–717



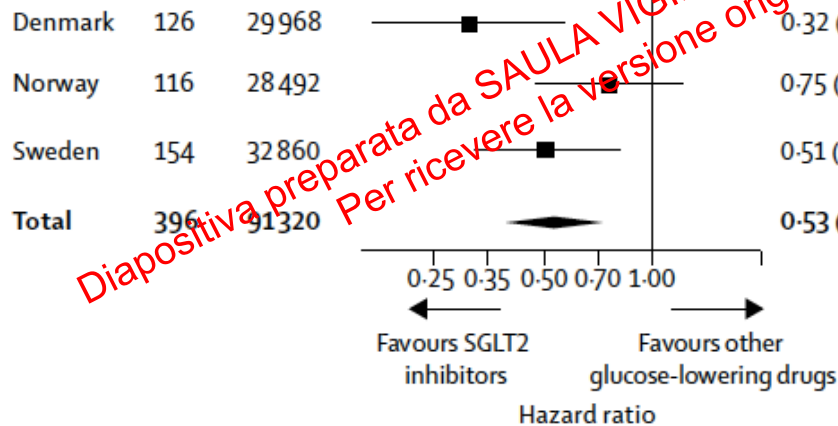
Diapositiva preparata da SAUL A VIGILI DE KREUTZBERG e ceduta alla Società Italiana di Diabetologia.  
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# CVD-REAL Nordic



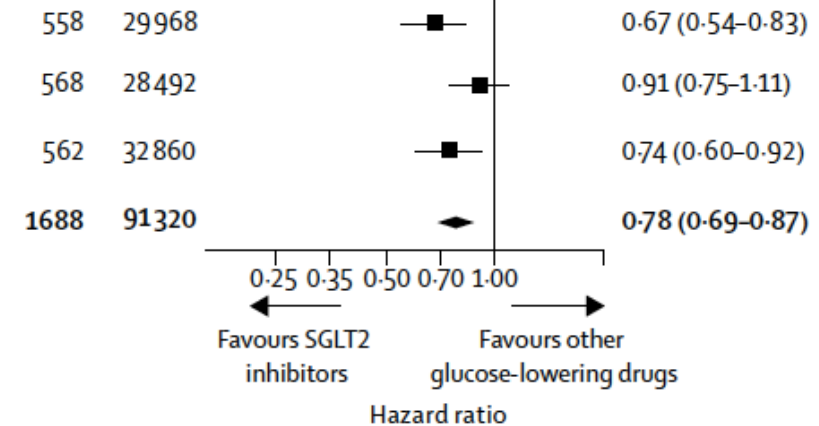
## Cardiovascular mortality

Events n



## Major adverse cardiovascular events

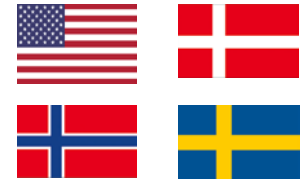
Events n



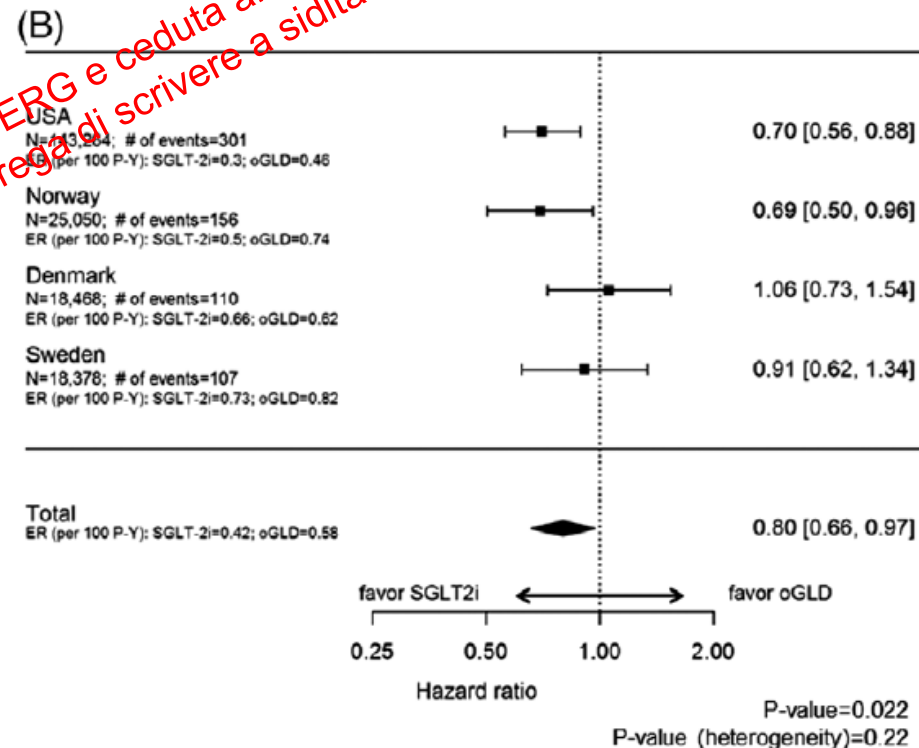
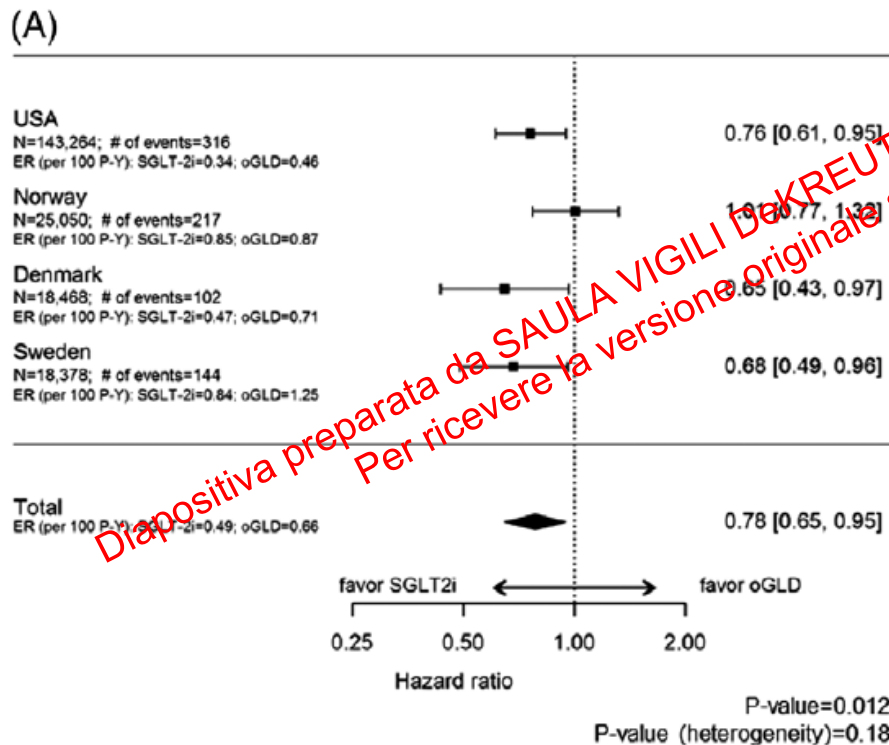
**IMA e ictus n.s.**

Birkeland KI et al, Lancet Diabetes Endocrinol. 2017;5:709-717

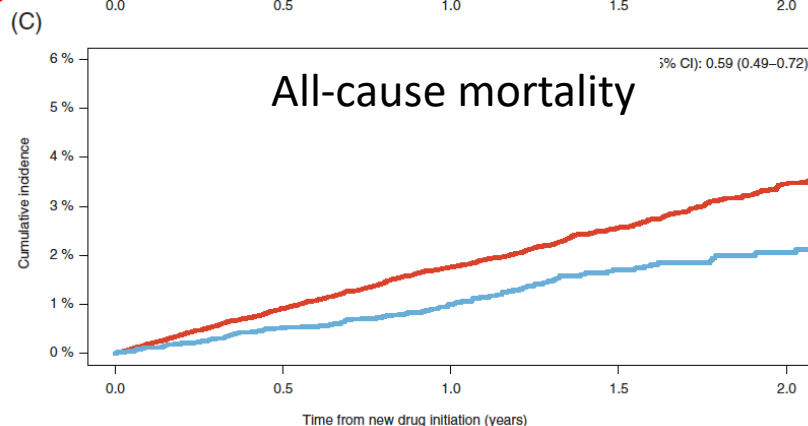
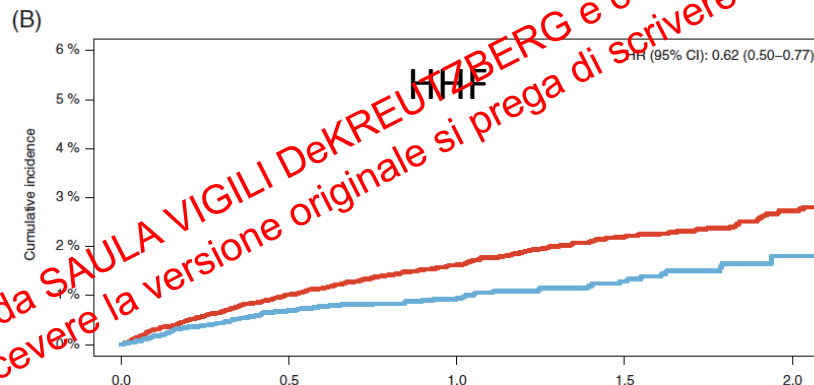
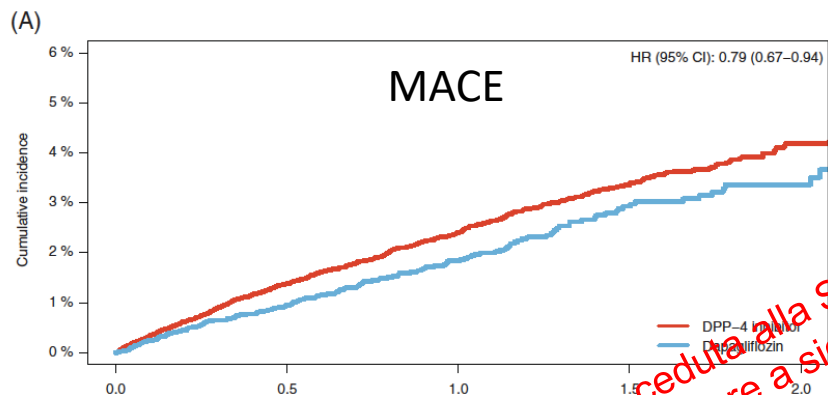
# Rates of myocardial infarction and stroke in patients initiating treatment with SGLT2-inhibitors versus other glucose-lowering agents in real-world clinical practice: Results from the CVD-REAL study



Event rates, unadjusted hazard ratios and 95% CIs for acute myocardial infarction (A) and stroke (B) in the on-treatment population,



**Dapagliflozin is associated with lower risk of cardiovascular events and all-cause mortality in people with type 2 diabetes (CVD-REAL Nordic) when compared with dipeptidyl peptidase-4 inhibitor therapy: A multinational observational study**



HR (95% CI): **0.79** (0.67–0.94)

HR (95% CI): **0.62** (0.50–0.77)

HR (95% CI): **0.59** (0.49–0.72)

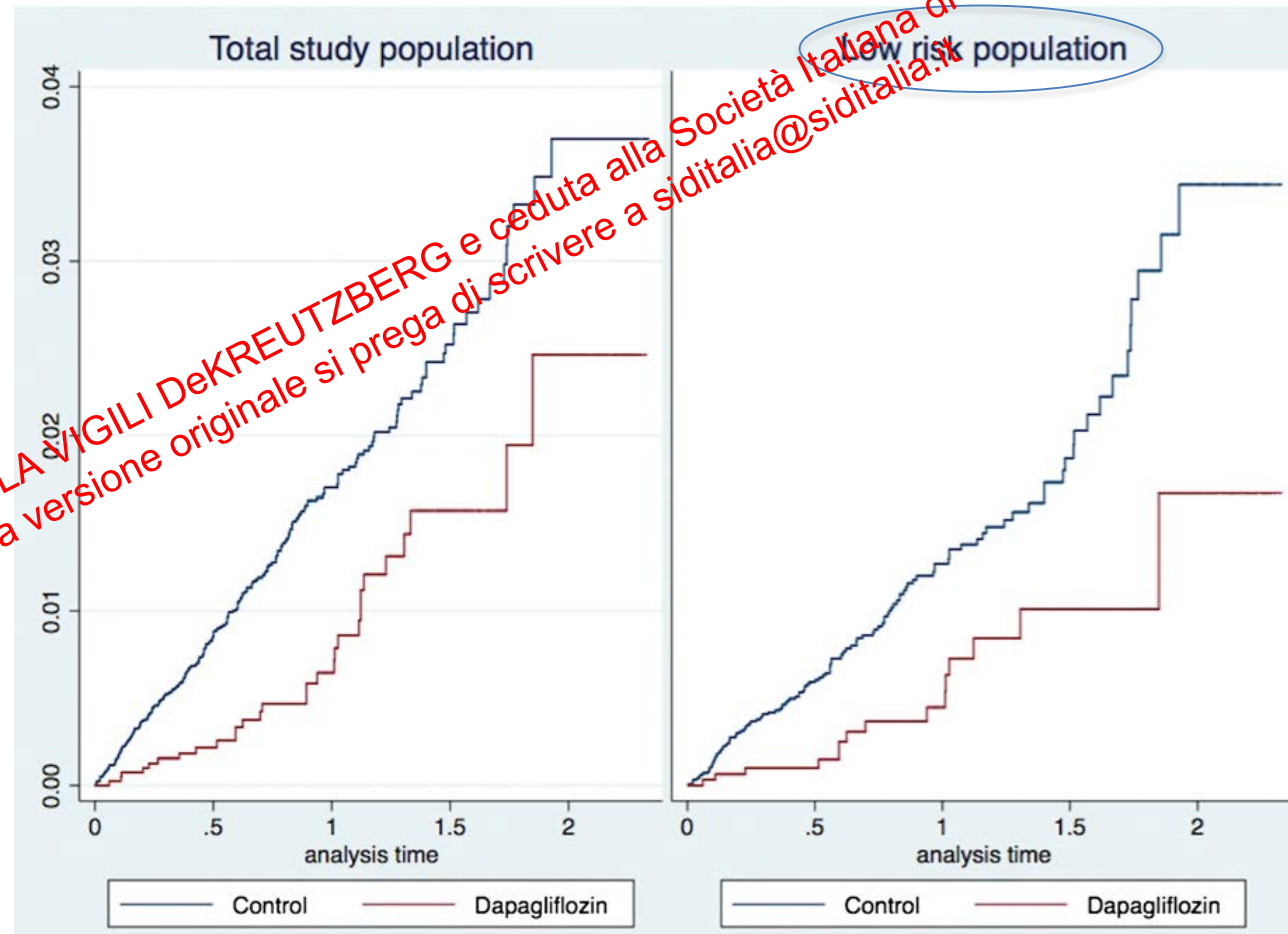
Persson F et al, Diabetes Obes Metab. 2018;20:344–351.

# All-Cause Mortality in Patients With Diabetes Under Treatment With Dapagliflozin: A Population-Based, Open-Cohort Study in The Health Improvement Network Database

General practice, population-based, retrospective cohort study (Setting: The Health Improvement Network database. January 2013 to September 2015).

22,124 T2DM patients (4444 exposed to **dapagliflozin**; 17,680 unexposed T2DM patients) matched for age, sex, body mass index, T2DM duration, and smoking.

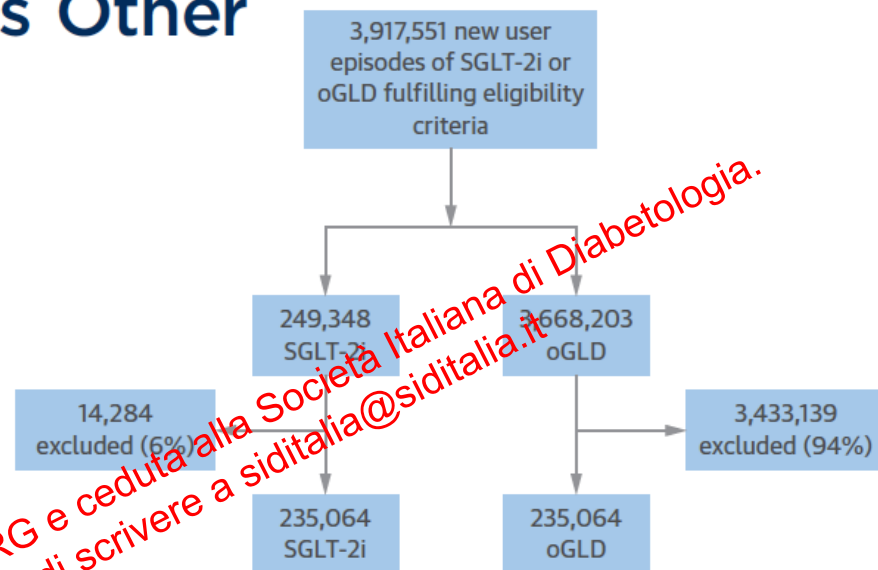
All-cause mortality (cumulative hazard estimates)



# Cardiovascular Events Associated With SGLT-2 Inhibitors Versus Other Glucose-Lowering Drugs

## The CVD-REAL 2 Study

Kosiborod, M. et al. J Am Coll Cardiol. 2018;71(23):2628–39.



- Claims, medical records, and national registries

**TABLE 2** Composition of SGLT-2i in Terms of Total Exposure Time

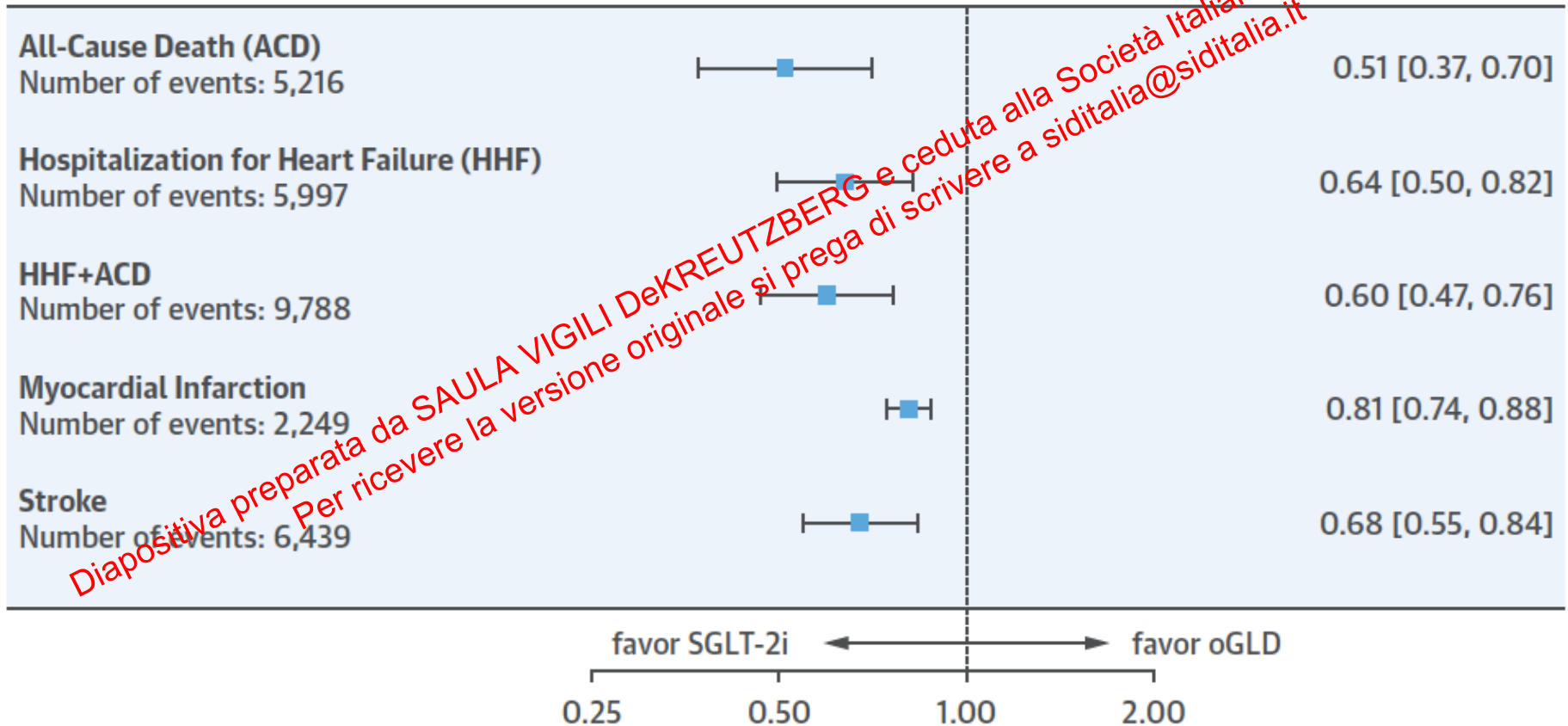
|                | South Korea | Japan  | Singapore | Israel | Canada | Australia | Total   |
|----------------|-------------|--------|-----------|--------|--------|-----------|---------|
| SGLT-2i        | 168,322     | 23,890 | 1,363     | 9,736  | 8,032  | 13,721    | 235,064 |
| Dapagliflozin  | 91.1        | 26.1   | 68.5      | 50.9   | 52.0   | 80.8      | 74.7    |
| Empagliflozin  | 4.3         | 13.6   | 17.9      | 49.1   | 7.7    | 0.0       | 9.0     |
| Canagliflozin  | 0.0         | 10.6   | 13.7      | 0.0    | 40.2   | 19.2      | 4.4     |
| Ipragliflozin  | 4.4         | 29.8   | 0.0       | 0.0    | 0.0    | 0.0       | 8.3     |
| Luseogliflozin | 0.0         | 6.3    | 0.0       | 0.0    | 0.0    | 0.0       | 1.1     |
| Tofogliflozin  | 0.0         | 13.7   | 0.0       | 0.0    | 0.0    | 0.0       | 2.5     |

Values are %.

SGLT-2i = sodium-glucose co-transporter-2 inhibitors.

# CVD-REAL 2 Study

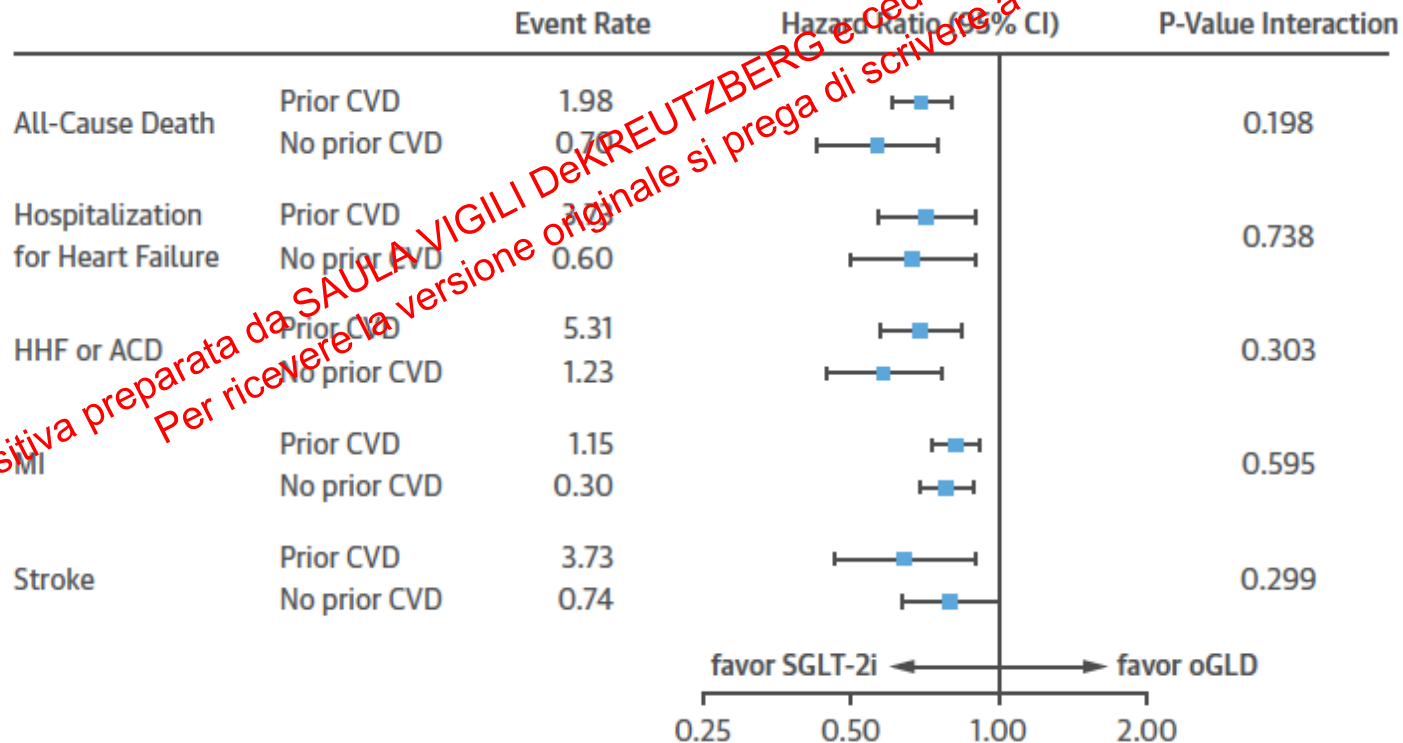
Pooled hazard ratios for the outcomes of all-cause death, hospitalization for heart failure, composite of all-cause death or hospitalization for heart failure, myocardial infarction, and stroke



# Cardiovascular Events Associated With SGLT-2 Inhibitors Versus Other Glucose-Lowering Drugs

## The CVD-REAL 2 Study

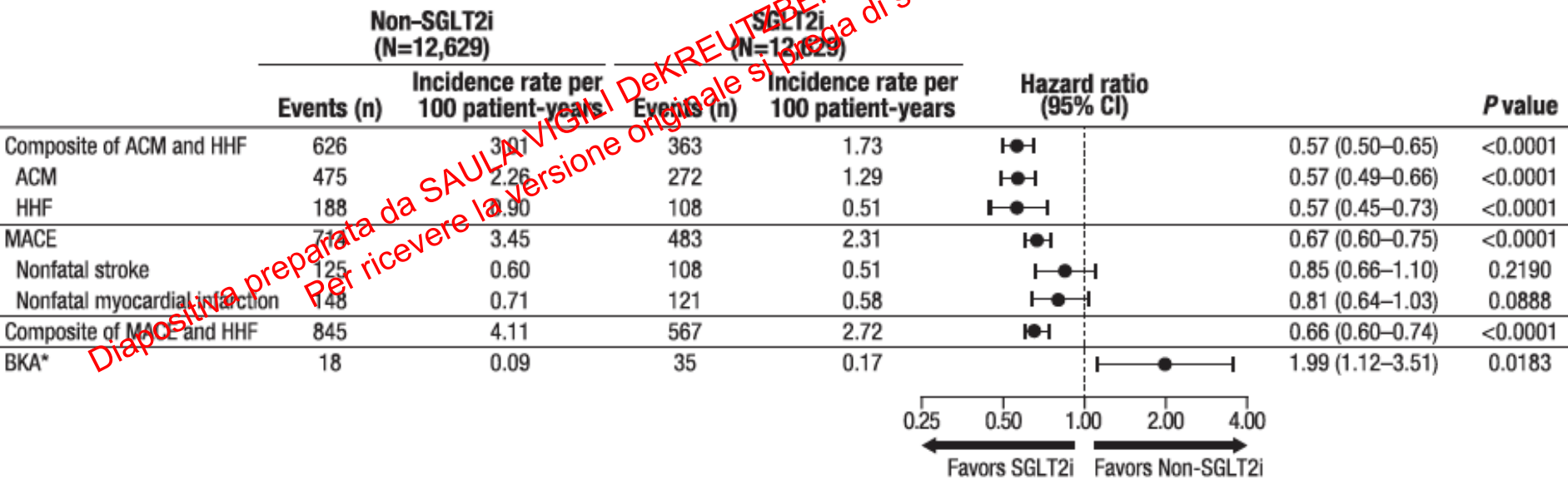
Outcomes in subgroups of patients with and without (>70%) established cardiovascular disease at baseline for all 5 outcomes (Intent-to-treat, adjusted analysis)



# Cardiovascular Outcomes and Risks After Initiation of a Sodium Glucose Cotransporter 2 Inhibitor

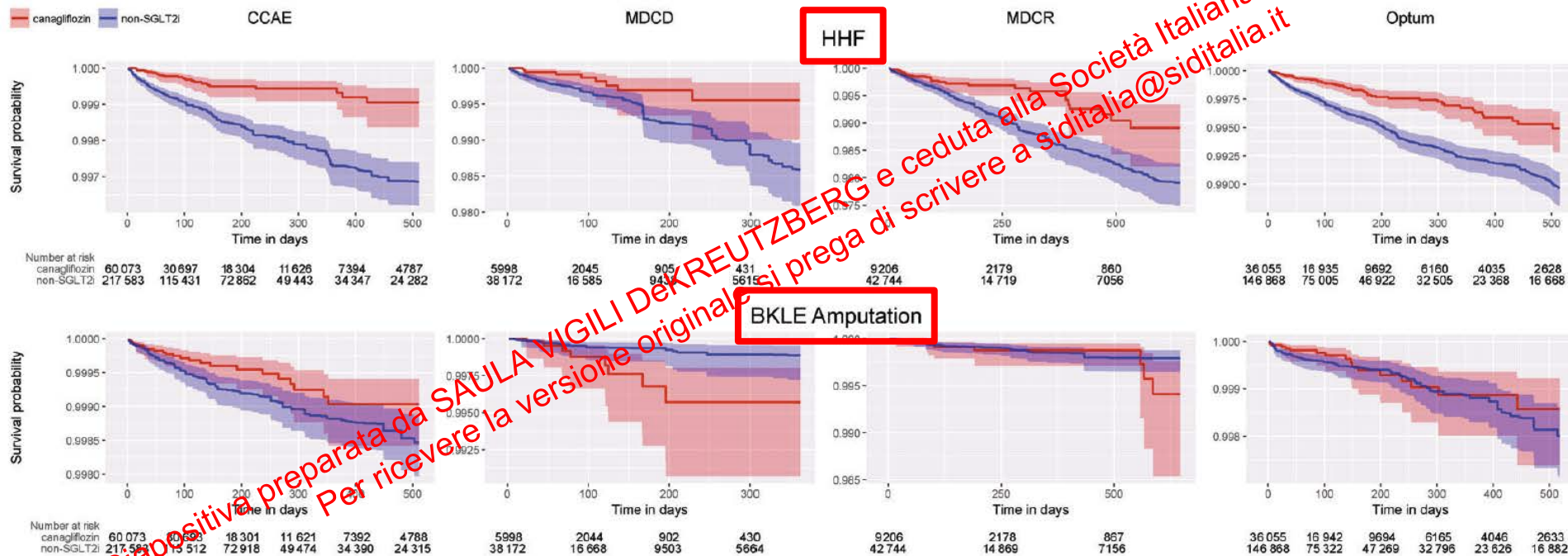
## Results From the EASEL Population-Based Cohort Study (Evidence for Cardiovascular Outcomes With Sodium Glucose Cotransporter 2 Inhibitors in the Real World)

T2DM with established cardiovascular disease newly initiated on antihyperglycemic agents within the US Department of Defense Military Health System between April 1, 2013, and December 31, 2016.



ACM, all-cause mortality  
HHF, hospitalization for heart failure  
BJA, below-knee lower extremity amputation

# Comparative effectiveness of canagliflozin, SGLT2 inhibitors and non-SGLT2 inhibitors on the risk of hospitalization for heart failure and amputation in patients with type 2 diabetes mellitus: A real-world meta-analysis of 4 observational databases (OBSERVE-4D)



Meta-analytic HR for HHF (HR [95% CI], 0.39 (0.26-0.60) and BKLE amputation (HR [95% CI], 0.75 (0.40-1.41) with canagliflozin vs non-SGLT2i (on-treatment analysis)

# Antihyperglycemic Therapy in Adults with Type 2 Diabetes

At diagnosis, initiate lifestyle management, set A1C target, and initiate pharmacologic therapy based on A1C:

A1C is greater than or equal to 9%, **consider Dual Therapy.**

## Dual Therapy

## Lifestyle Management + Metformin + Additional Agent

**ASCVD?**

**Yes:**

- Add agent proven to reduce major adverse cardiovascular events and/or cardiovascular mortality (see recommendations with \* on p. S75 and **Table 8.1**)

**No:**

- Add second agent after consideration of drug-specific effects and patient factors (See Table 8.1)

Diapositiva preparata da SAULA VIGILI DEKREUTZBERG e ceduta alla Società Italiana di Diabetologia.  
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EUROPEAN MEDICINES AGENCY  
SCIENCE MEDICINES HEALTH

London, 26 July 2018  
EMA/CHMP/512327/2018  
Committee for Medicinal Products for Human use (CHMP)  
EMA/H/C/002649/II/0034

## Opinion of the committee for medicinal products for human use on a type II variation to the terms of the marketing authorisation



Modification of the indication ... in order to **update the safety and efficacy information on cardiovascular** events following final results from CANVAS Program (DIA3008 and DIA4003); the Package Leaflet is updated accordingly.

**ROMA**

**14** settembre 2018

**CROWNE PLAZA ROME - ST. PETER'S**

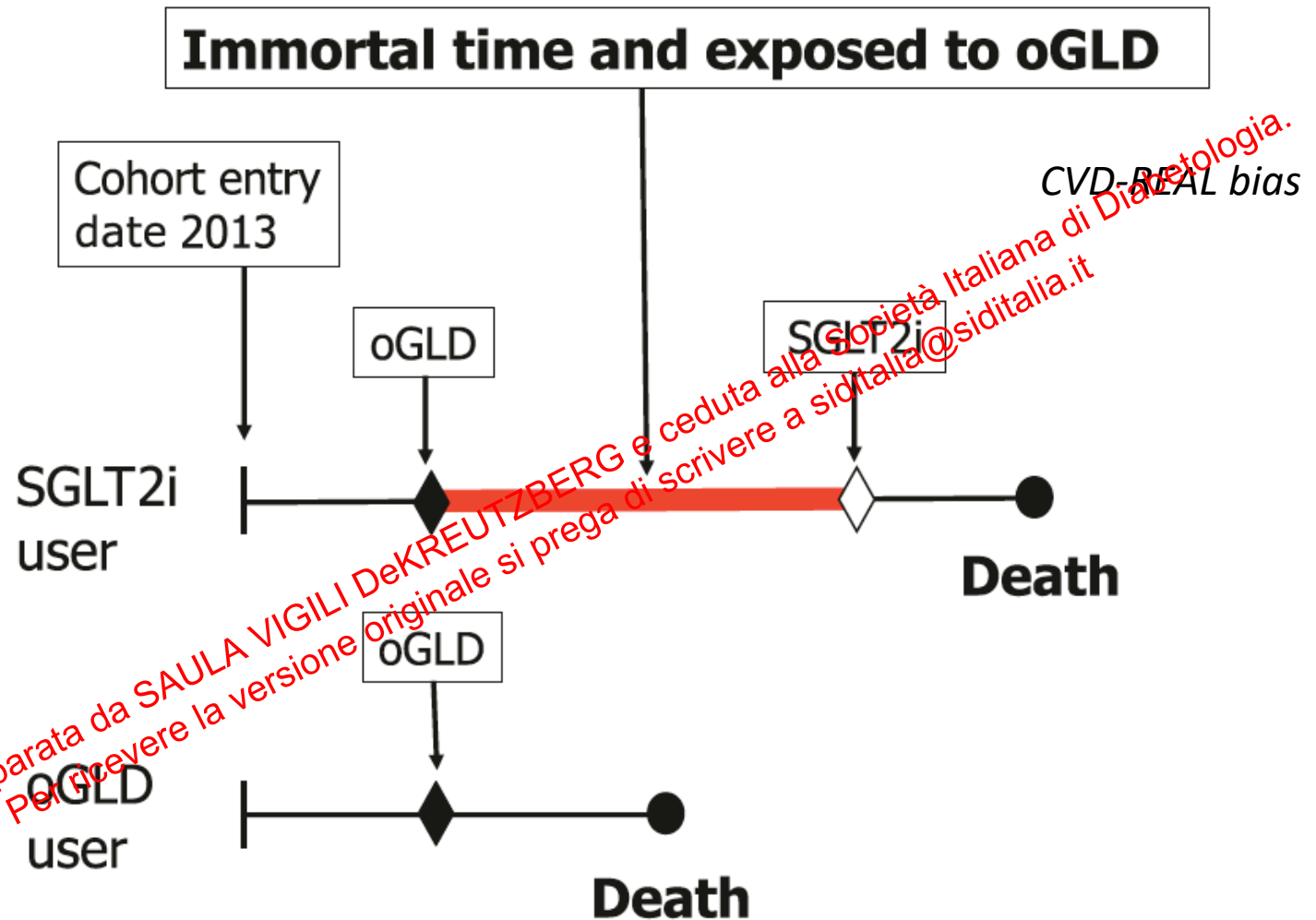
**Grazie per l'attenzione**

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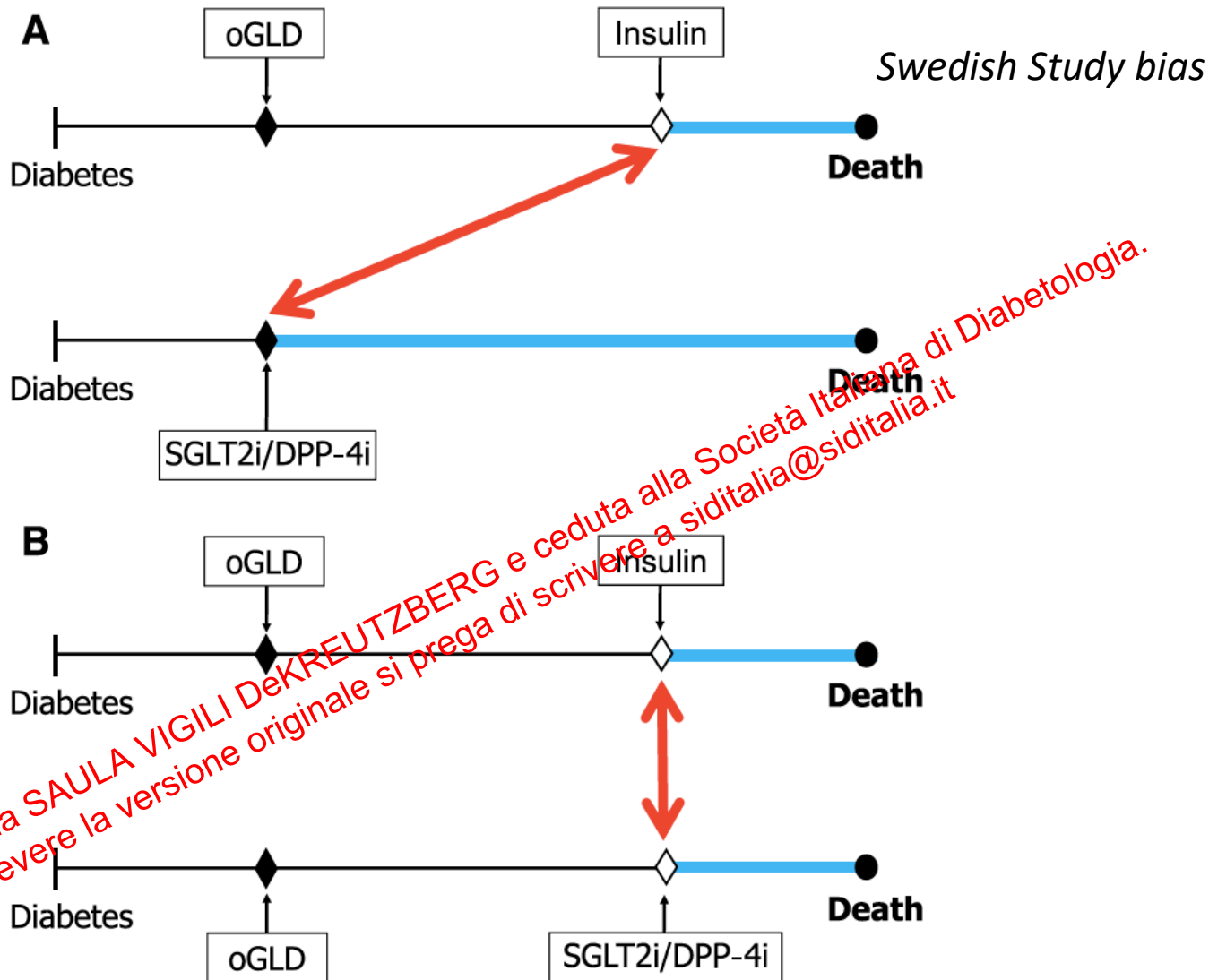
# Lower Risk of Death With SGLT2 Inhibitors in Observational Studies: Real or Bias?

Suissa S, Diabetes Care 2018;41:6–10



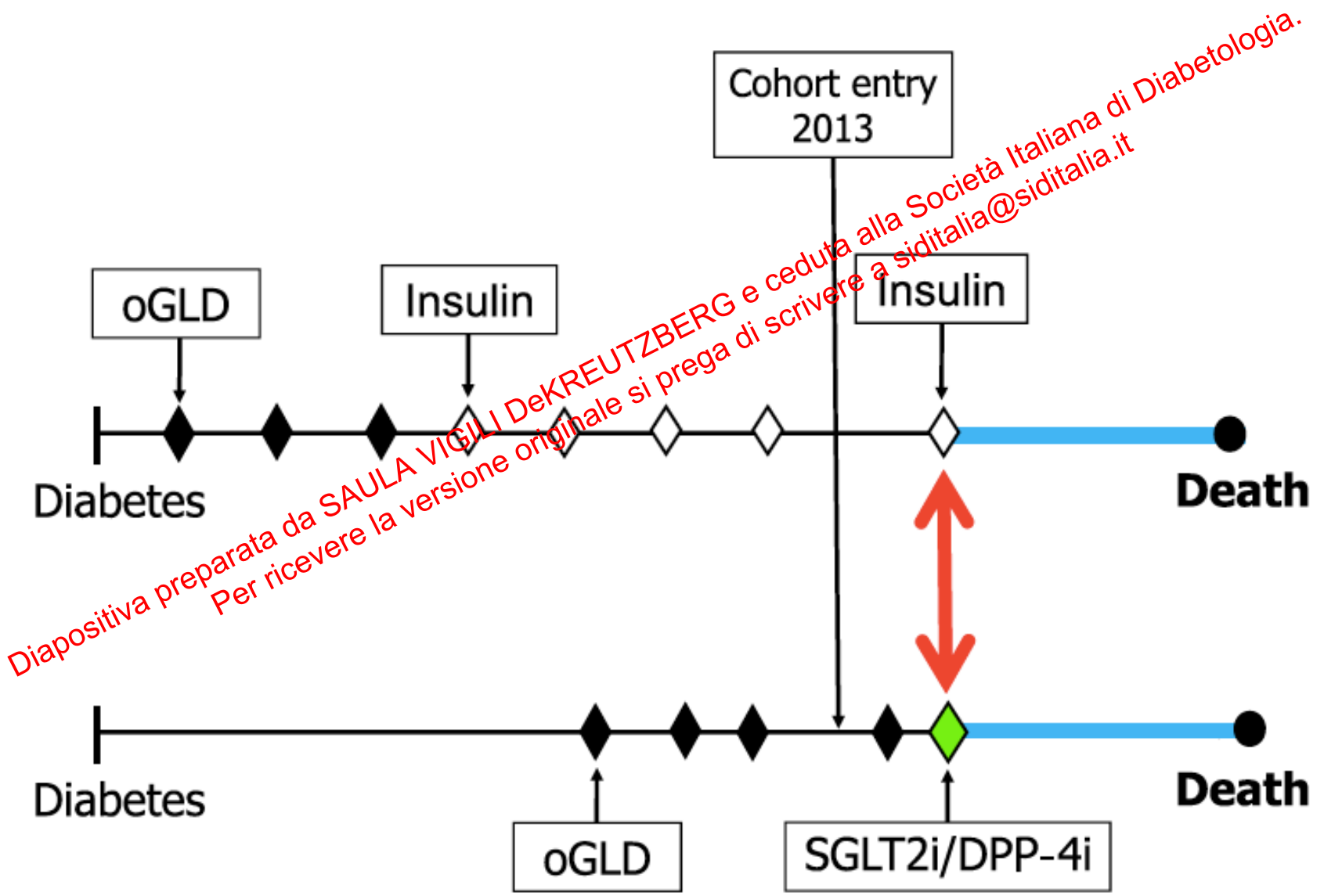
Depiction of immortal time bias: description of SGLT2i-exposed and oGLD-exposed patient who die of any cause according to the definition used in the CVD-REAL observational study (2). The top patient initiated treatment with an oGLD and subsequently switched to or added an SGLT2i, but the patient was classified as an SGLT2i user. The time between the first oGLD prescription and the first SGLT2i prescription is thus immortal (thick red line), since the subject must survive to receive this first SGLT2i prescription, but is not included as exposed to oGLD, leading to immortal time bias.

# time-lag bias



Depiction of A) time-lag bias in comparing a second-line drug (SGLT2i/DPP-4i) used at an earlier stage of diabetes with third-line insulin and B) cohort design that controls for time-lag bias by comparing two patients at the same stage of diabetes and with similar previous medication use (oGLD).

Depiction of prevalent/incident bias from comparing patients at their first-ever SGLT2i prescription (incident users) to patients at their **first insulin prescription after 2013**, who could also have used insulin previously (prevalent users), leading to potential confounding bias by disease severity.

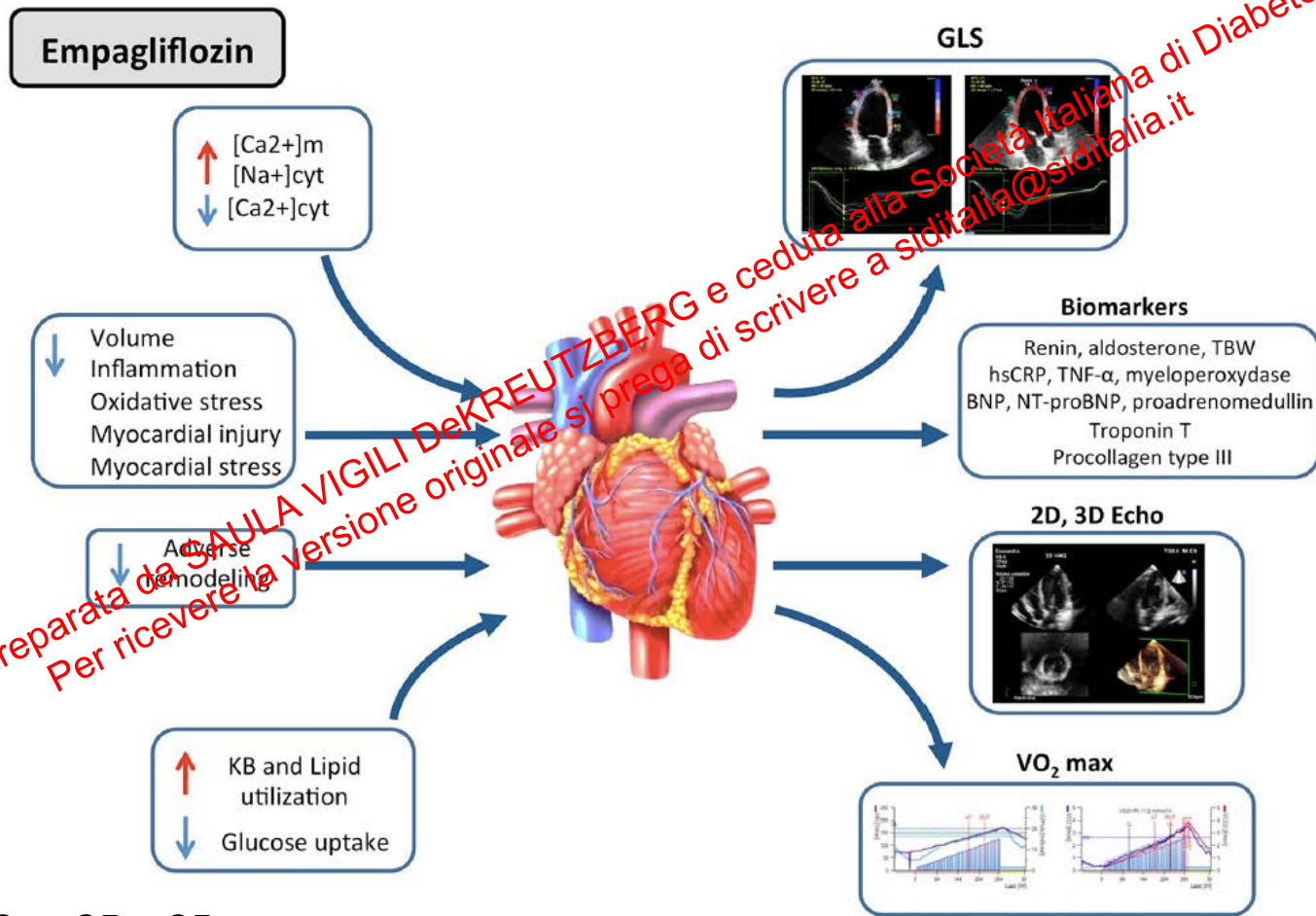


- In patients with type 2 diabetes and established atherosclerotic cardiovascular disease, antihyperglycemic therapy should begin with lifestyle management and metformin and subsequently incorporate an agent proven to reduce major adverse cardiovascular events and cardiovascular mortality (currently empagliflozin and liraglutide), after considering drug-specific and patient factors (Table 8.1). **A\***

- In patients with type 2 diabetes and established atherosclerotic cardiovascular disease, after lifestyle management and metformin, the antihyperglycemic agent canagliflozin may be considered to reduce major adverse cardiovascular events, based on drug-specific and patient factors (Table 8.1). **C\***

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# Impact of empagliflozin on subclinical left ventricular dysfunctions and on the mechanisms involved in myocardial disease progression in type 2 diabetes: rationale and design of the EMPA-HEART trial



Subjects: DM2; n 35 + 35

Empagliflozin 10 mg vs Sitagliptin 100 mg