

Impatto degli inibitori di **SGLT2** nei pazienti con **DIABETE TIPO 2**

ROMA

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CROWNE PLAZA ROME - ST. PETER'S



Cosa aggiungono
gli inibitori di SGLT2
in termini di
nefro-protezione?

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Disclosure

Il Prof. **Giuseppe Pugliese** dichiara di aver ricevuto negli ultimi due anni compensi o finanziamenti dalle seguenti Aziende Farmaceutiche e/o Diagnostiche:

- ✓ **Partecipazioni a Congressi:** Astra-Zeneca, Laboratori Guidotti, Sanofi, Takeda;
- ✓ **Relazioni / moderazioni / partecipazioni a board and round table:** Astra-Zeneca, Boehringer Ingelheim, Eli Lilly, Merck Sharp & Dome, Mylan, Sigma-Tau, Takeda.

Il Prof. **Giuseppe Pugliese** dichiara altresì il proprio impegno ad astenersi, nell'ambito dell'evento, dal nominare, in qualsivoglia modo o forma, aziende farmaceutiche e/o denominazione commerciale e di non fare pubblicità di qualsiasi tipo relativamente a specifici prodotti di interesse sanitario (farmaci, strumenti, dispositivi medico-chirurgici, ecc.).



Agenda

- ✓ General considerations
- ✓ Treatment with SGLT2 inhibitors and renal outcomes
- ✓ Treatment with SGLT2 inhibitors in CKD patients
- ✓ Placing SGLT2 inhibitors in the therapeutic algorithm
- ✓ Mechanisms of nephroprotection with SGLT2 inhibitors

Diapositiva preparata da GIUSEPPE PUGLIESE e ceduta alla Società Italiana di Diabetologia.
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Domanda 1

Cosa aggiungono secondo voi gli SGLT2 inibitori in termini di nefro-protezione nel paziente diabetico?

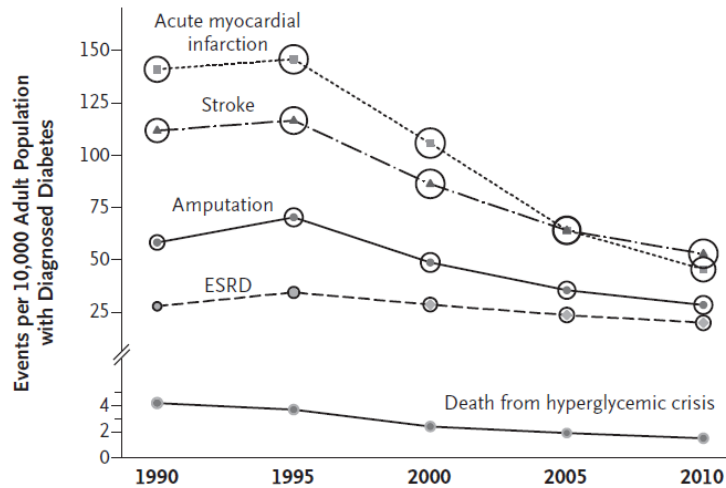
Opzioni di risposta

- A. offrono la possibilità di combinare la nefro-protezione con il controllo della glicemia
- B. rappresentano una possibile alternativa ad altri farmaci ad azione nefro-protettiva
- C. non aggiungono molto rispetto ad altri trattamenti quali i bloccanti del RAS
- D. possono colmare un vuoto nel nostro armamentario terapeutico

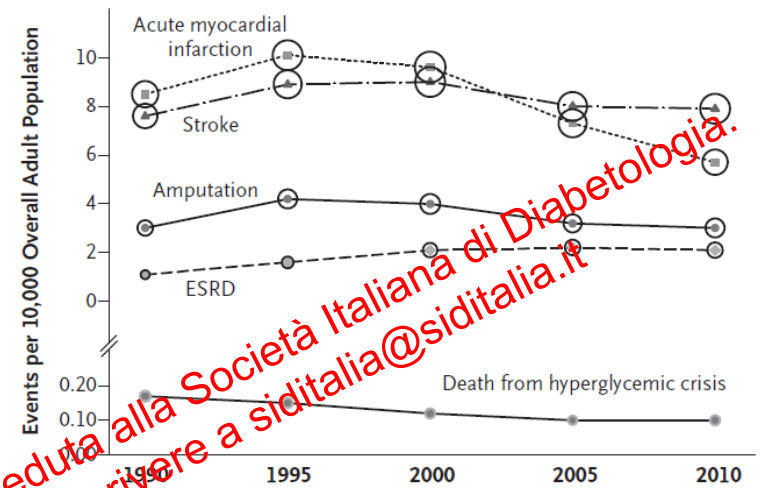


Unmet needs in diabetic nephropathy

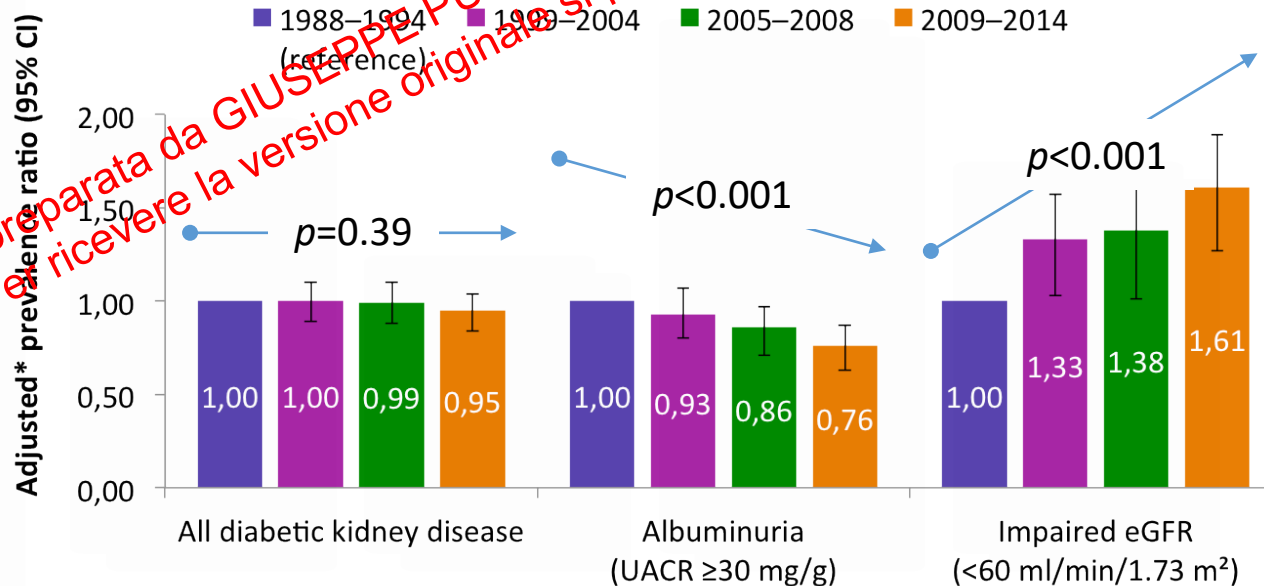
A Population with Diabetes



B Population with or without Diabetes



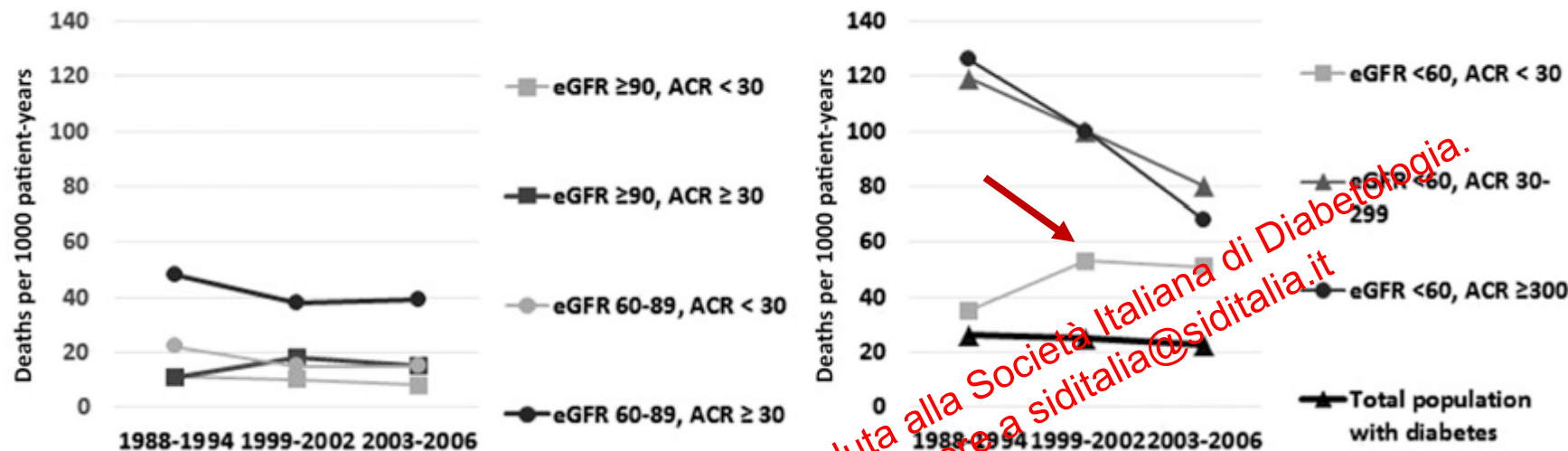
EW et al. *N Engl J Med.* 2014;370:1514–1523



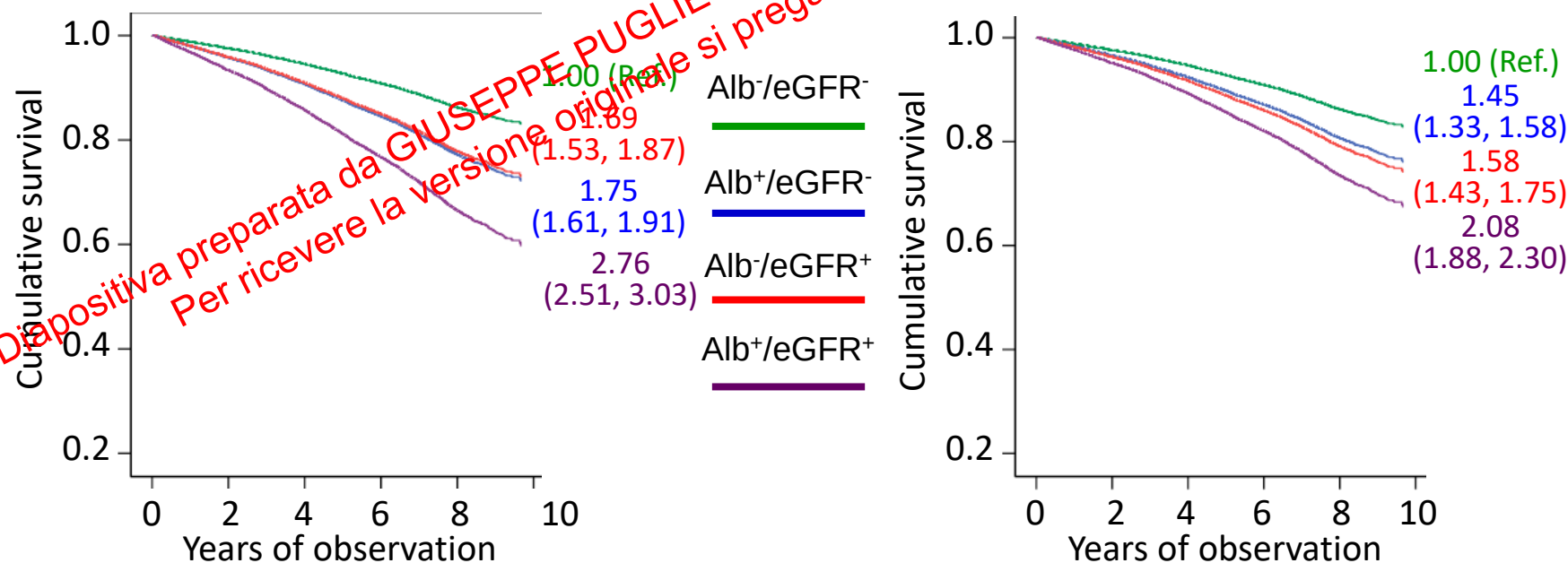
Afkarian M et al. *JAMA.* 2016;316:602–610



Unmet needs in diabetic nephropathy



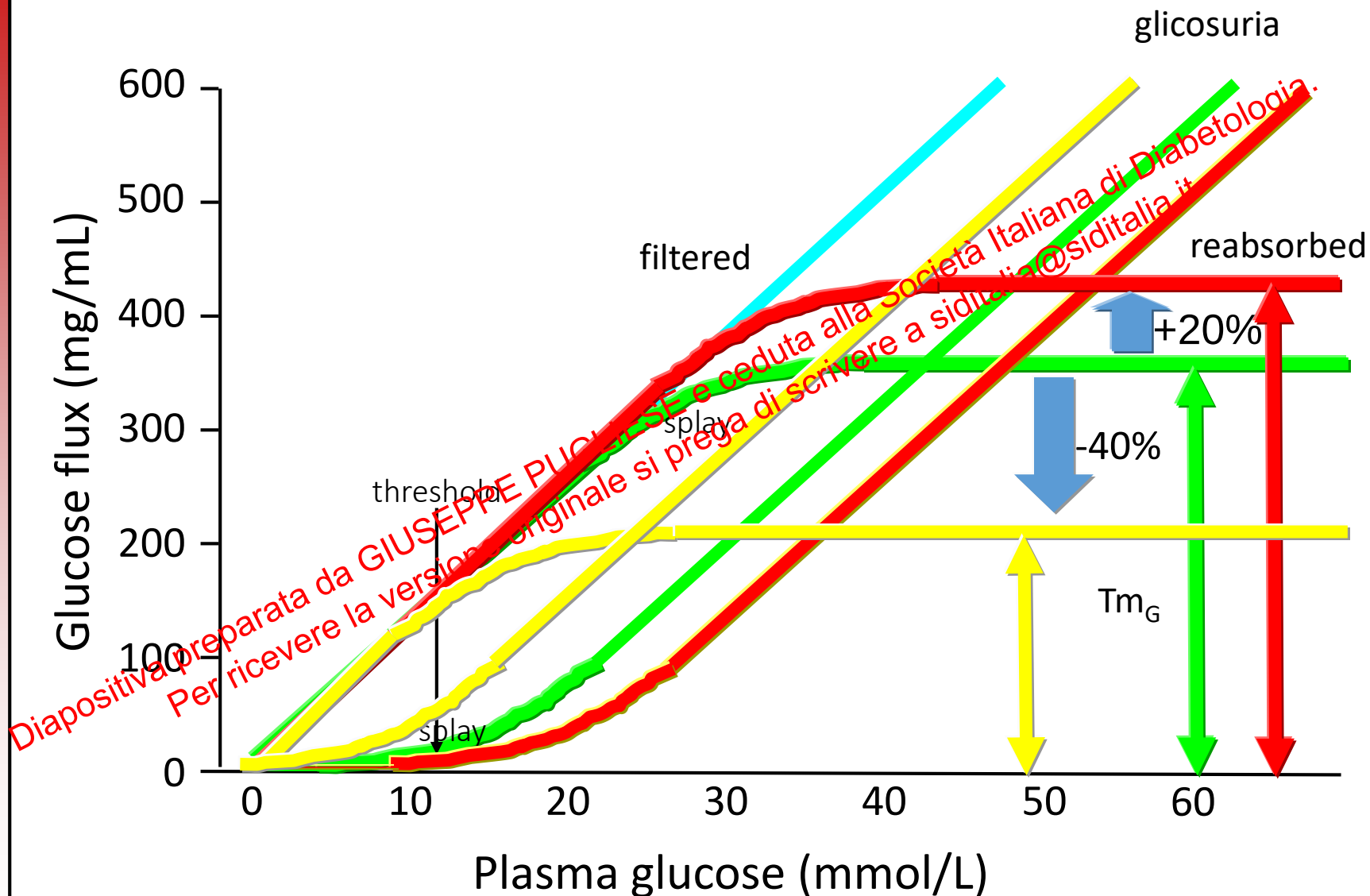
Kraemer H et al. *Diabetes Care*. 2018;41:775–781



Penno G et al. *Diabetologia*. 2018; Jul 21



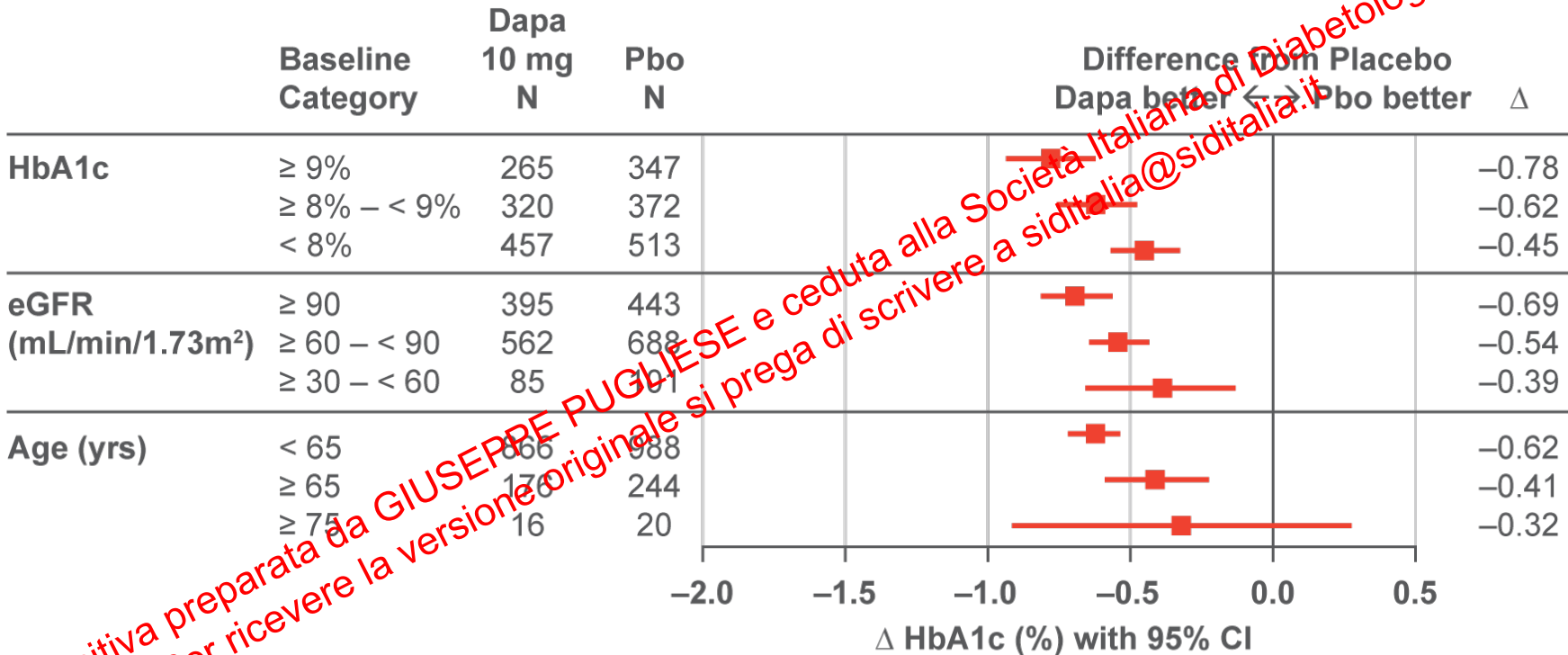
Mechanism of action of SGLT2 inhibitors





HbA_{1c}- and eGFR-dependent effect of SGLT2 inhibitors

Pooled data from 9 phase III studies

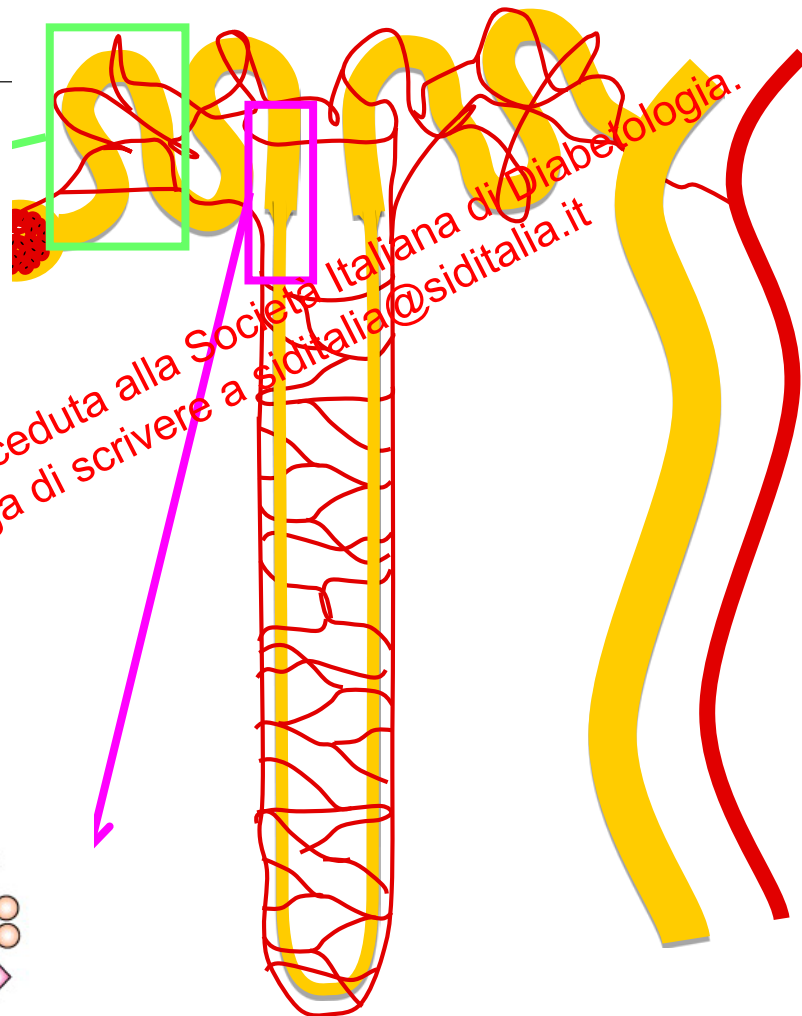
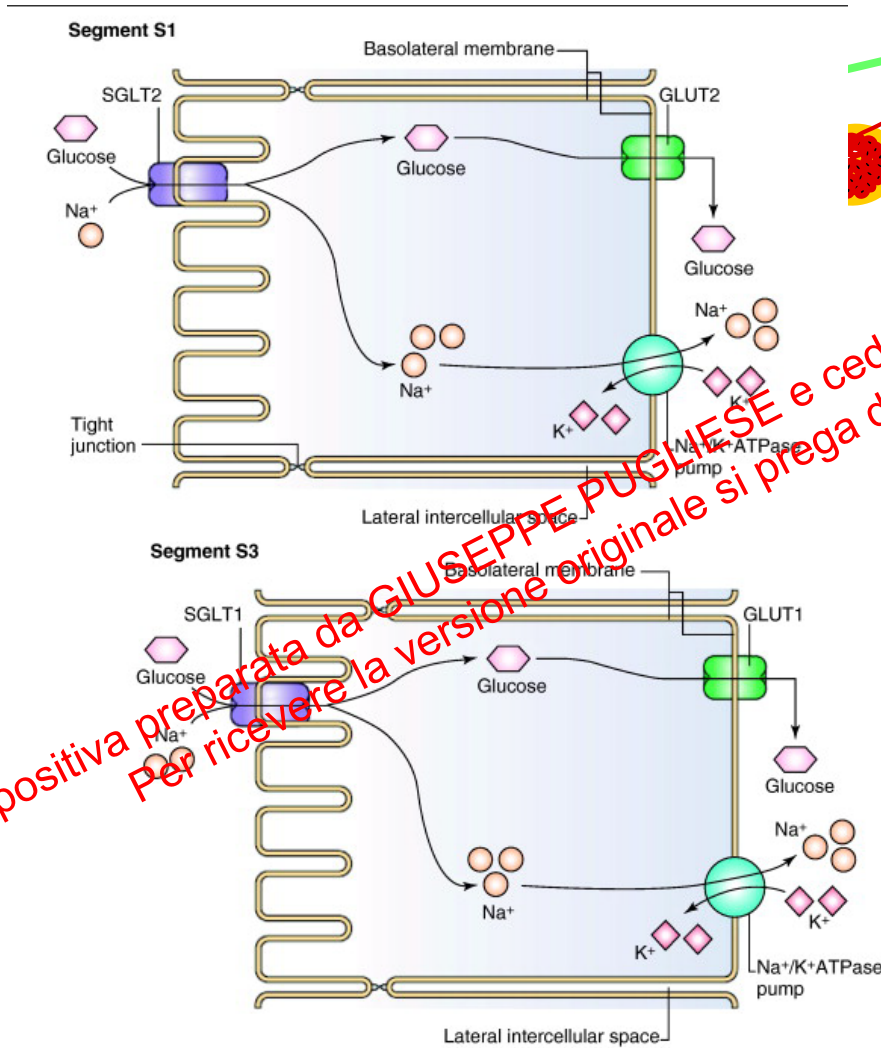


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Adjusted mean change from baseline using ANCOVA, excluding data after rescue (LOCF)



SGLTs in the kidney



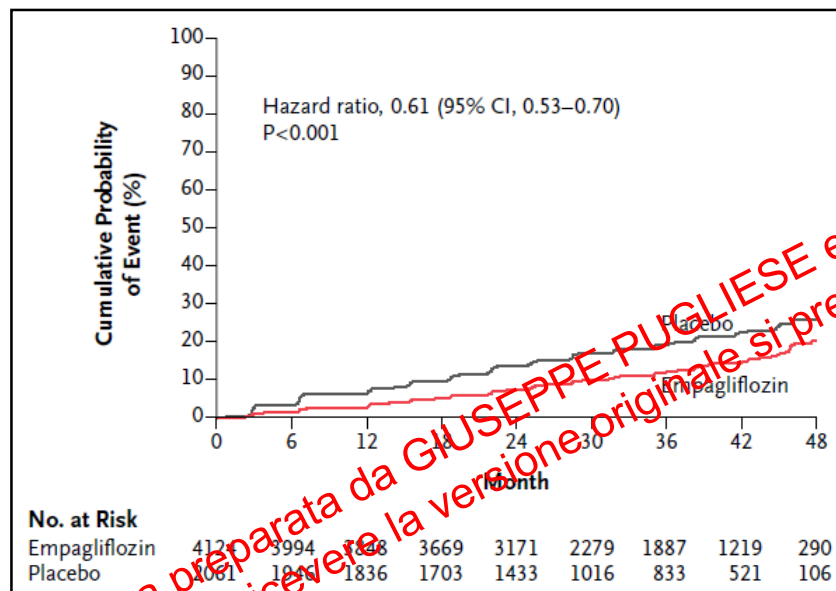
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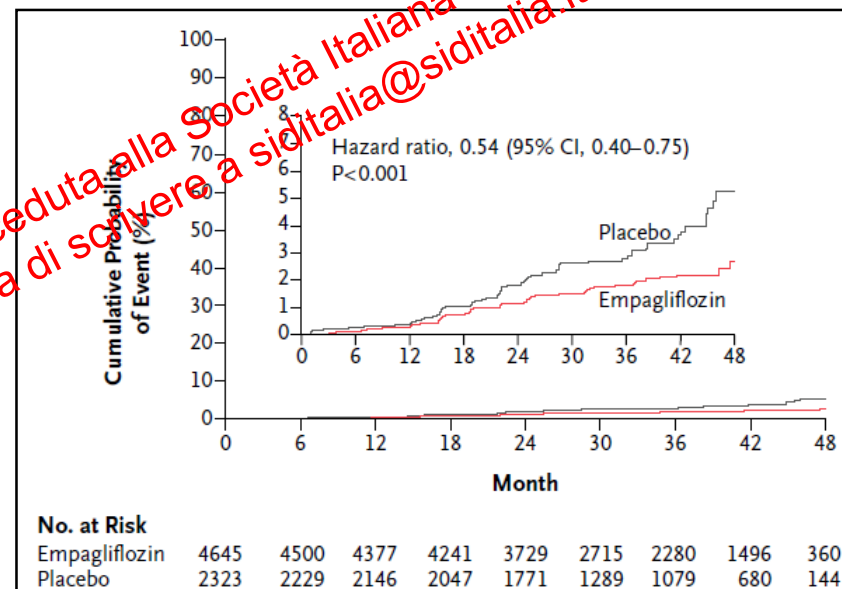
Renal outcomes with SGLT2 inhibitors: empagliflozin

The Empagliflozin, Cardiovascular Outcomes, and Mortality in Type 2 Diabetes trial (EMPA-REG OUTCOME) - Chronic Kidney Disease (CKD)

Incident or worsening of nephropathy



Post-hoc renal composite outcome *



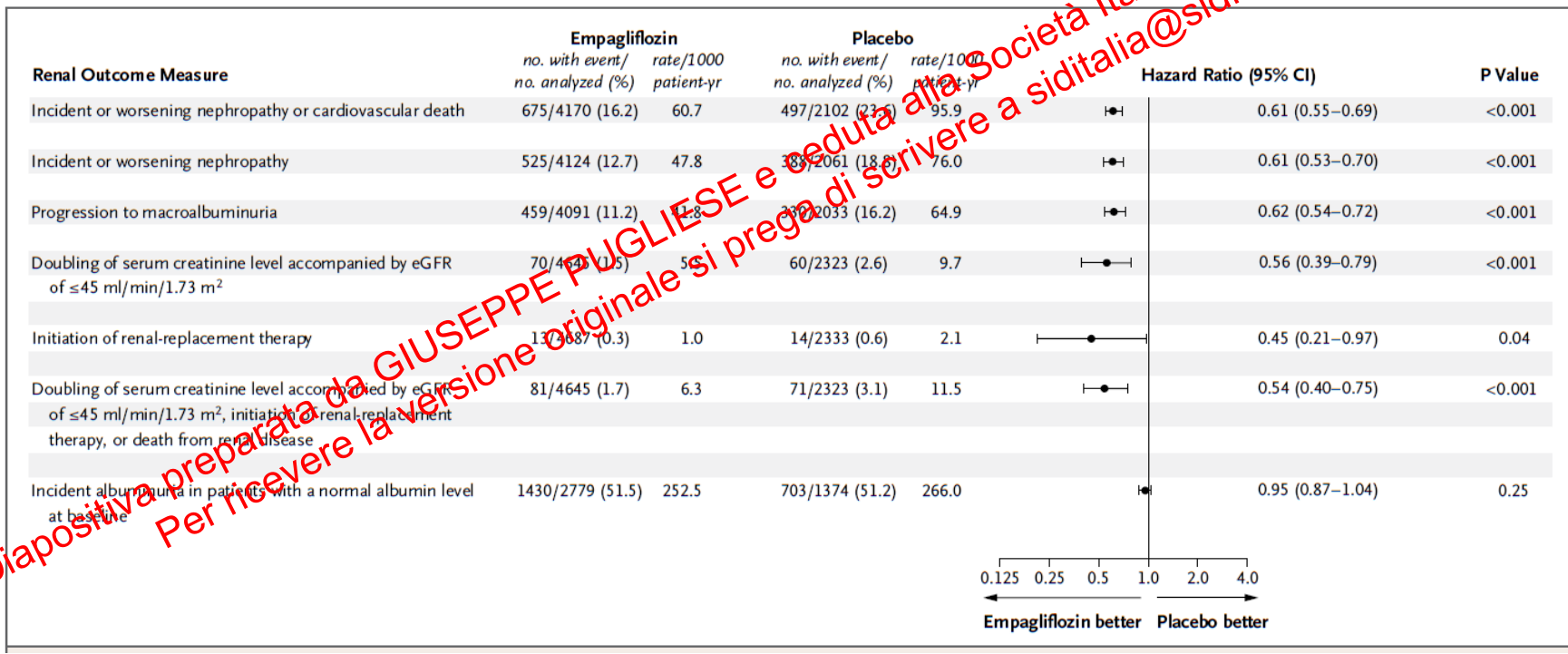
* doubling of serum creatinine, initiation of renal-replacement therapy, or death from renal disease



Renal outcomes with SGLT2 inhibitors: empagliflozin

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Renal outcomes

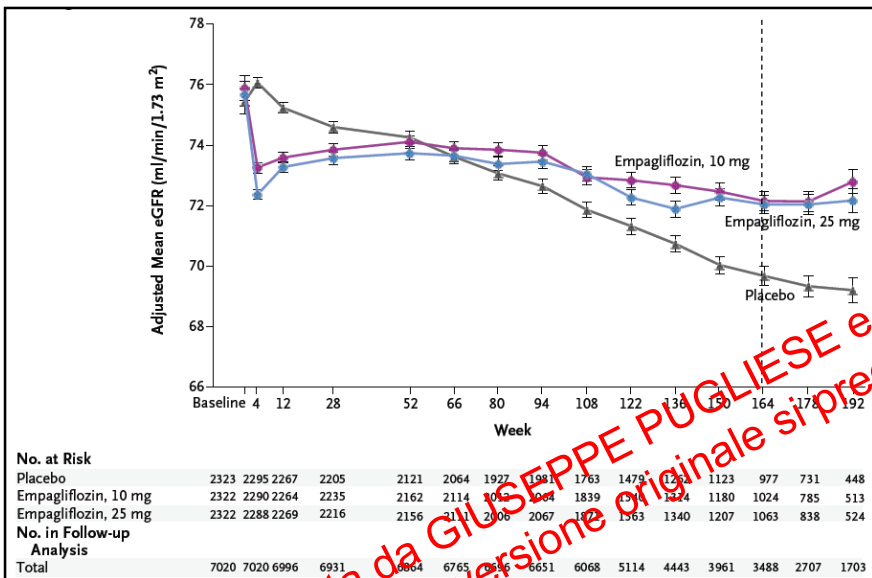




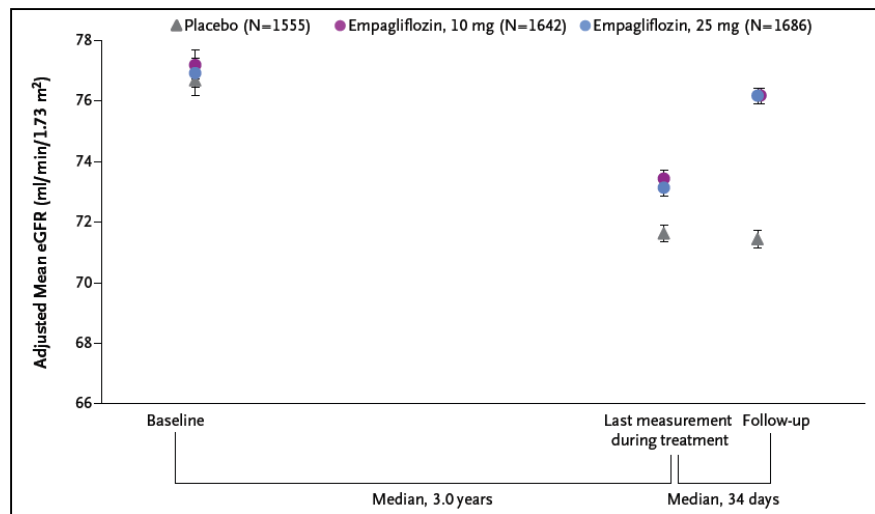
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Change in eGFR over 192 weeks



Change in eGFR from baseline to last measurement during treatment & follow-up

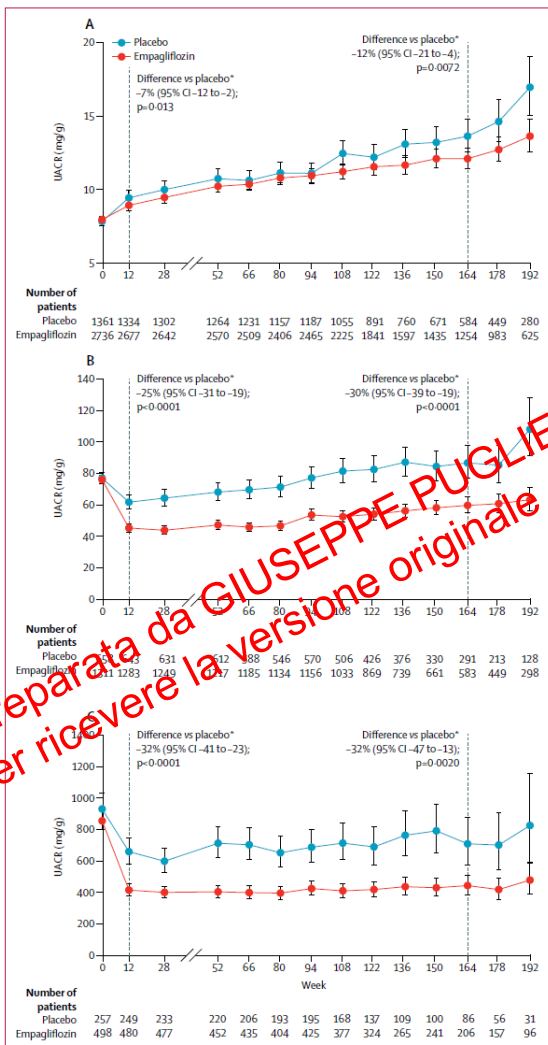




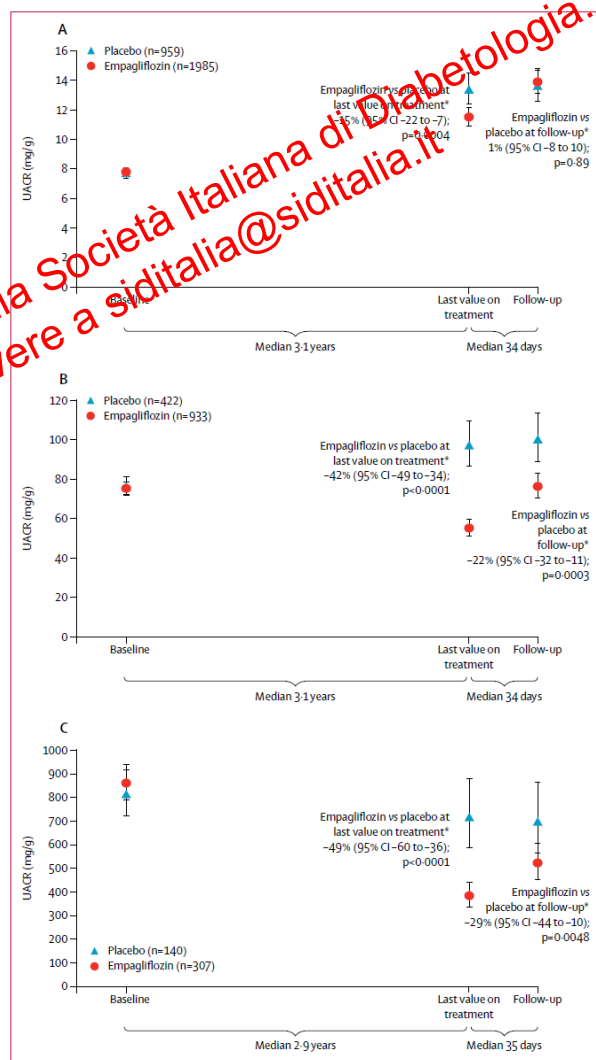
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Change in ACR over 192 weeks by albuminuria categories



ACR at baseline to last measurement during treatment and follow-up by albuminuria categories

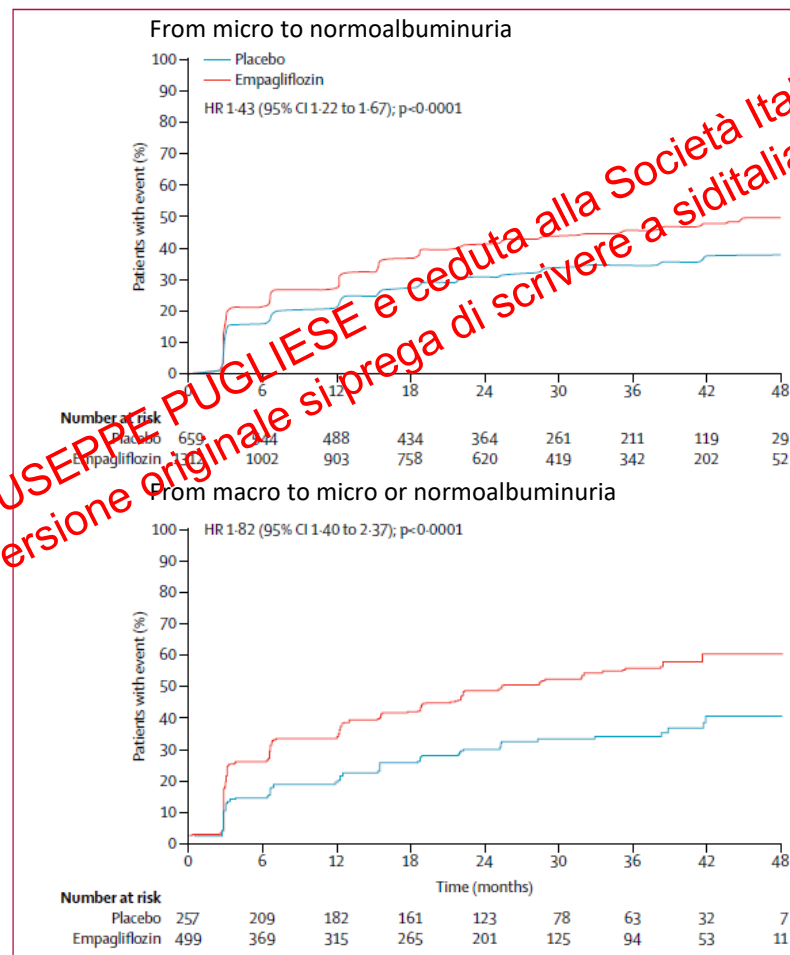




Renal outcomes with SGLT2 inhibitors: empagliflozin

The Empagliflozin, Cardiovascular Outcomes, and Mortality in Type 2 Diabetes trial (EMPA-REG OUTCOME) - Chronic Kidney Disease (CKD)

Improvement in albuminuria status

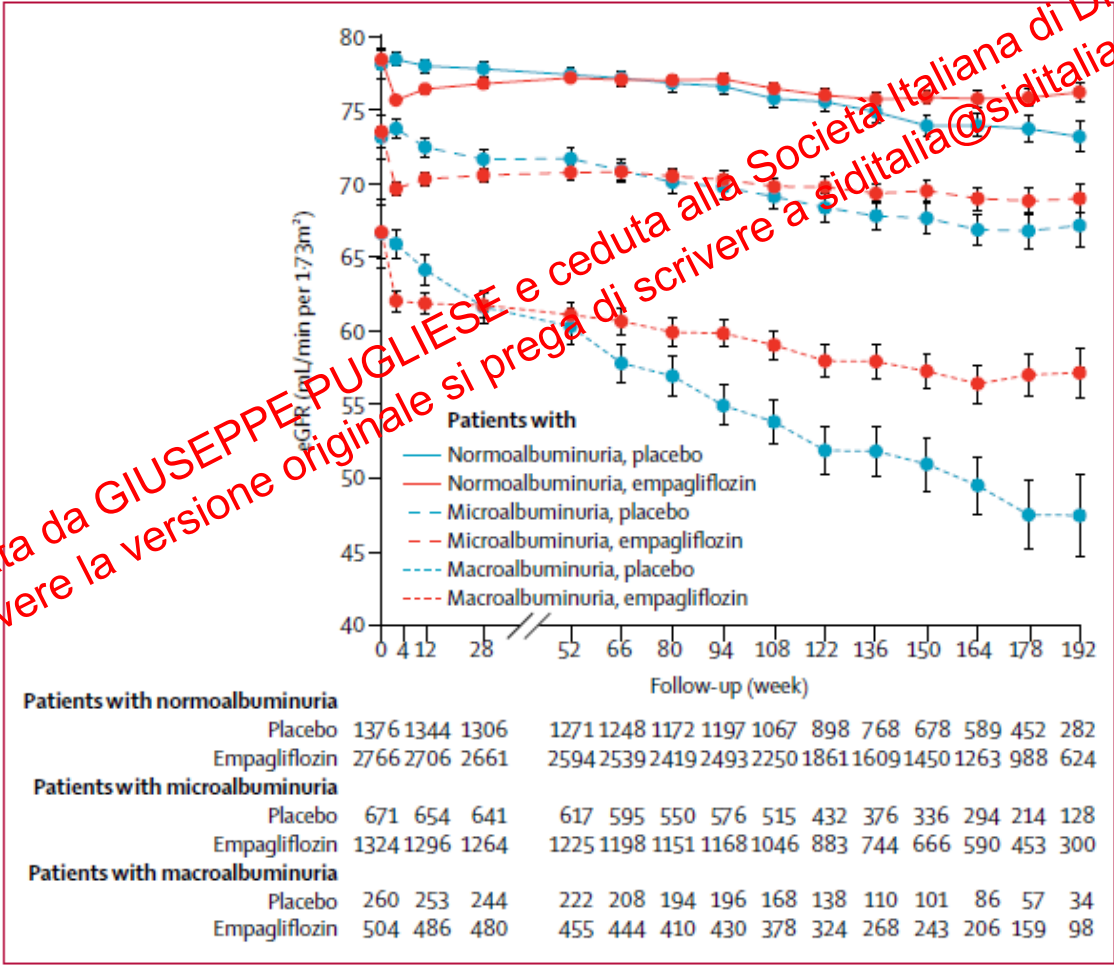




Renal outcomes with SGLT2 inhibitors: empagliflozin

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Change in eGFR over 192 weeks by albuminuria categories



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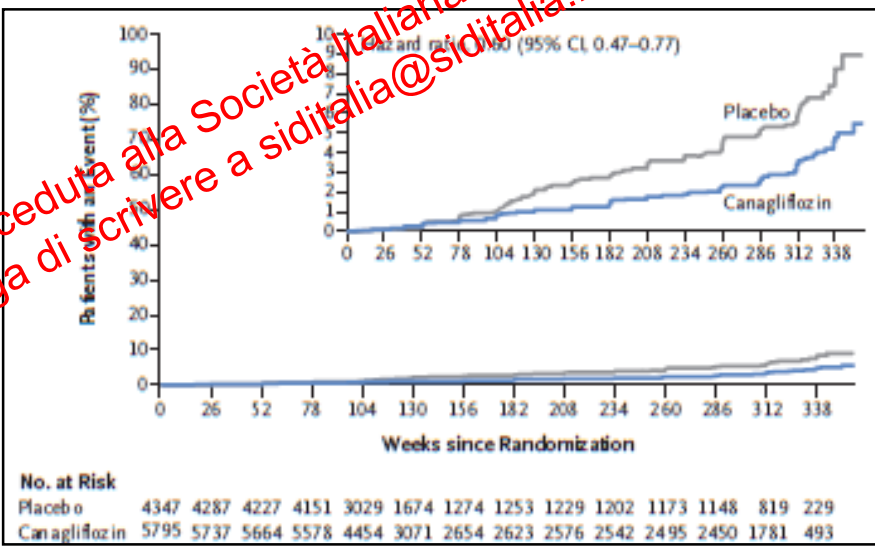
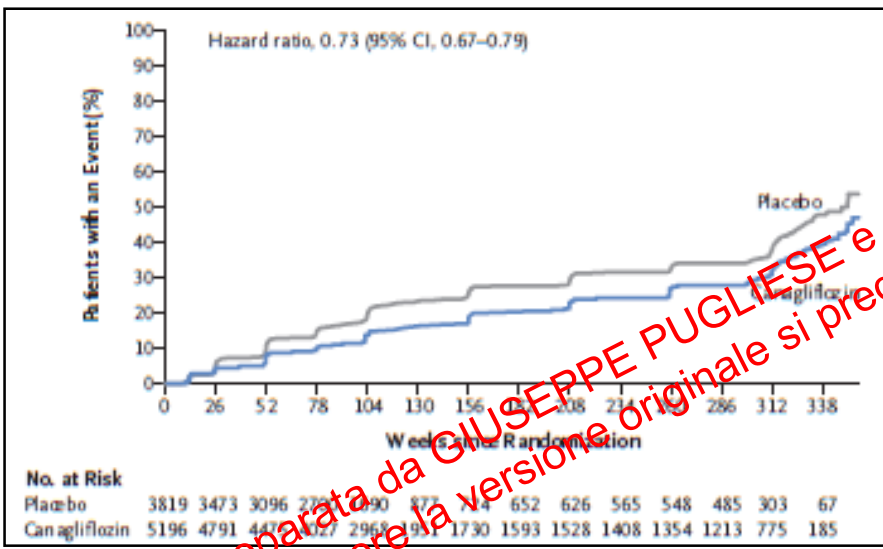


Renal outcomes with SGLT2 inhibitors: canagliflozin

The Canagliflozin Cardiovascular Assessment Study (CANVAS) Program CANVAS and CANVAS-Renal (CANVAS-R)

Progression of albuminuria*

Composite renal outcome*



* >30% increase in albuminuria or change from either normo to micro or macroalbuminuria or from micro to macroalbuminuria

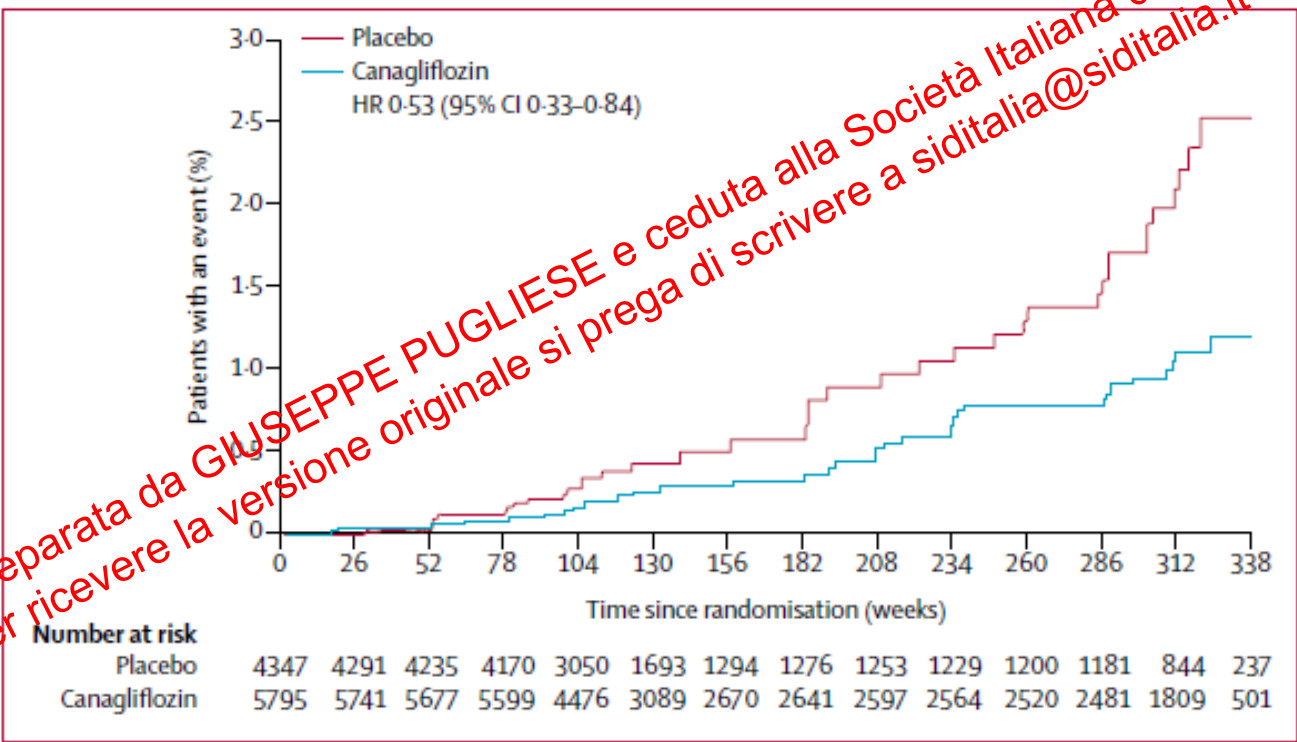
* 40% reduction in eGFR, initiation of renal-replacement therapy, or death from renal disease



Renal outcomes with SGLT2 inhibitors: canagliflozin

The Canagliflozin Cardiovascular Assessment Study (CANVAS) Program CANVAS and CANVAS-Renal (CANVAS-R)

Composite renal outcome *



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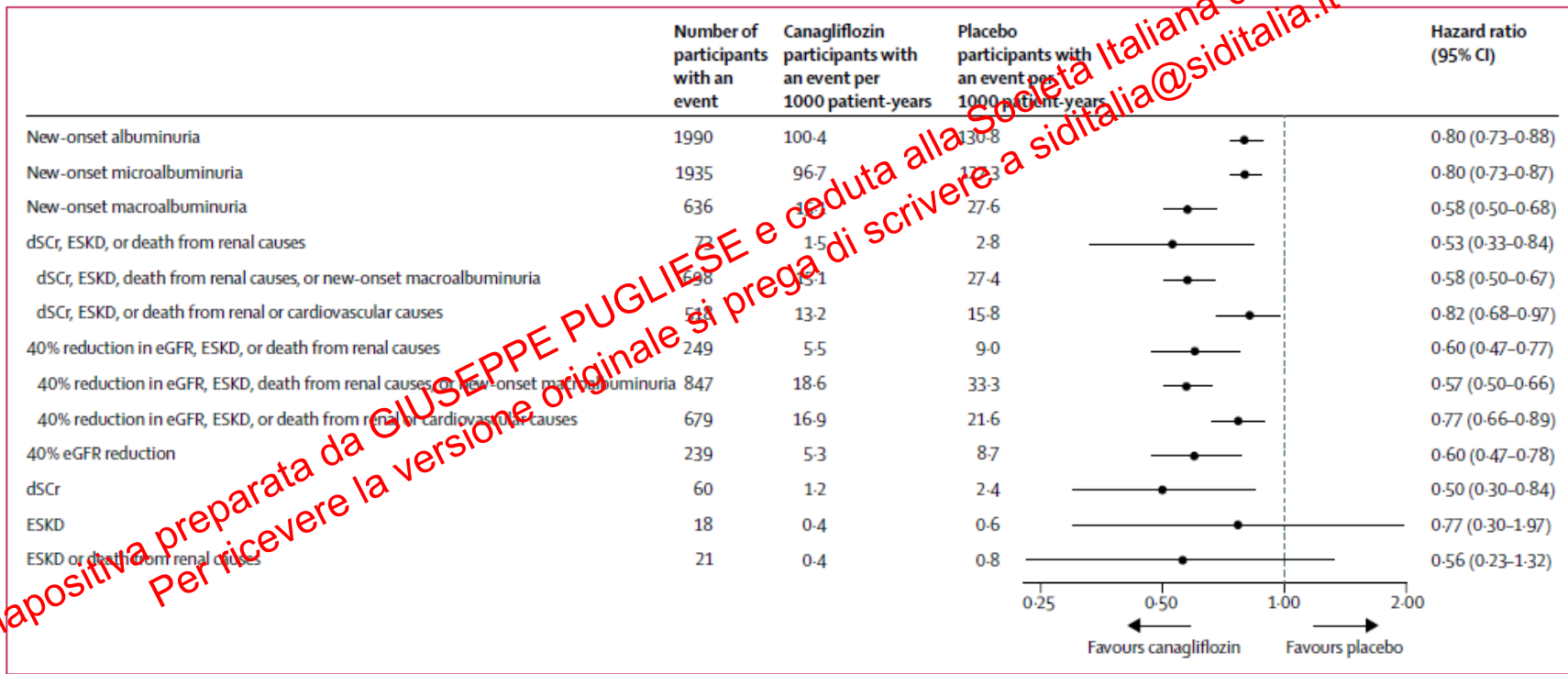
* Doubling of serum creatinine, ESRD, or death from renal disease



Renal outcomes with SGLT2 inhibitors: canagliflozin

The Canagliflozin Cardiovascular Assessment Study (CANVAS) Program CANVAS and CANVAS-Renal (CANVAS-R)

Renal outcomes



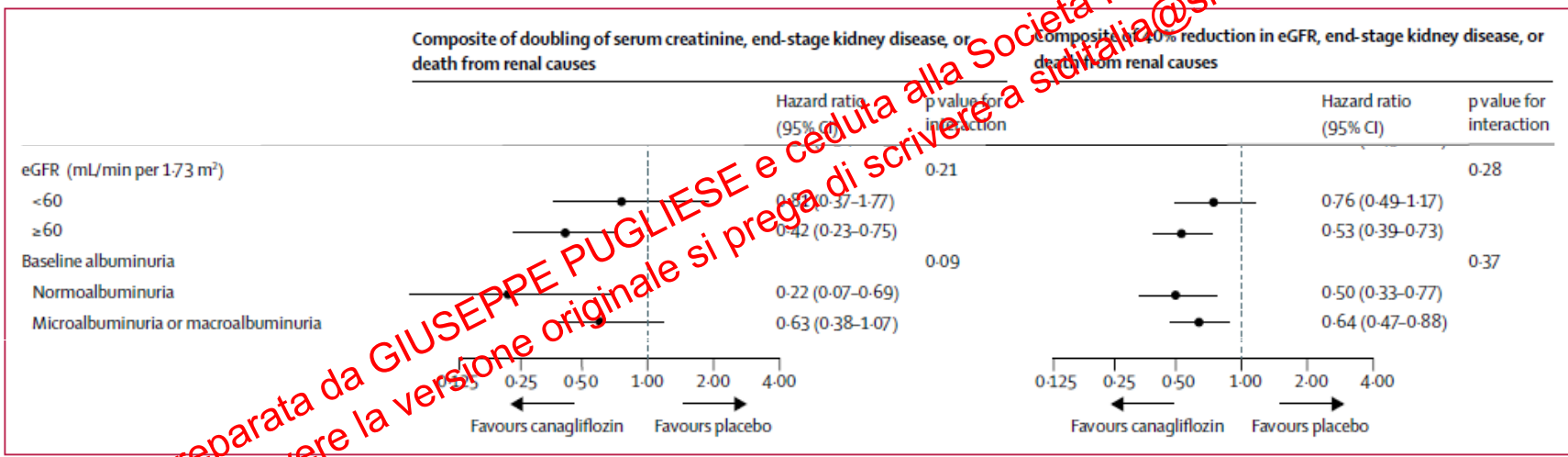
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Renal outcomes with SGLT2 inhibitors: canagliflozin

The Canagliflozin Cardiovascular Assessment Study (CANVAS) Program CANVAS and CANVAS-Renal (CANVAS-R)

Renal outcomes by subgroups



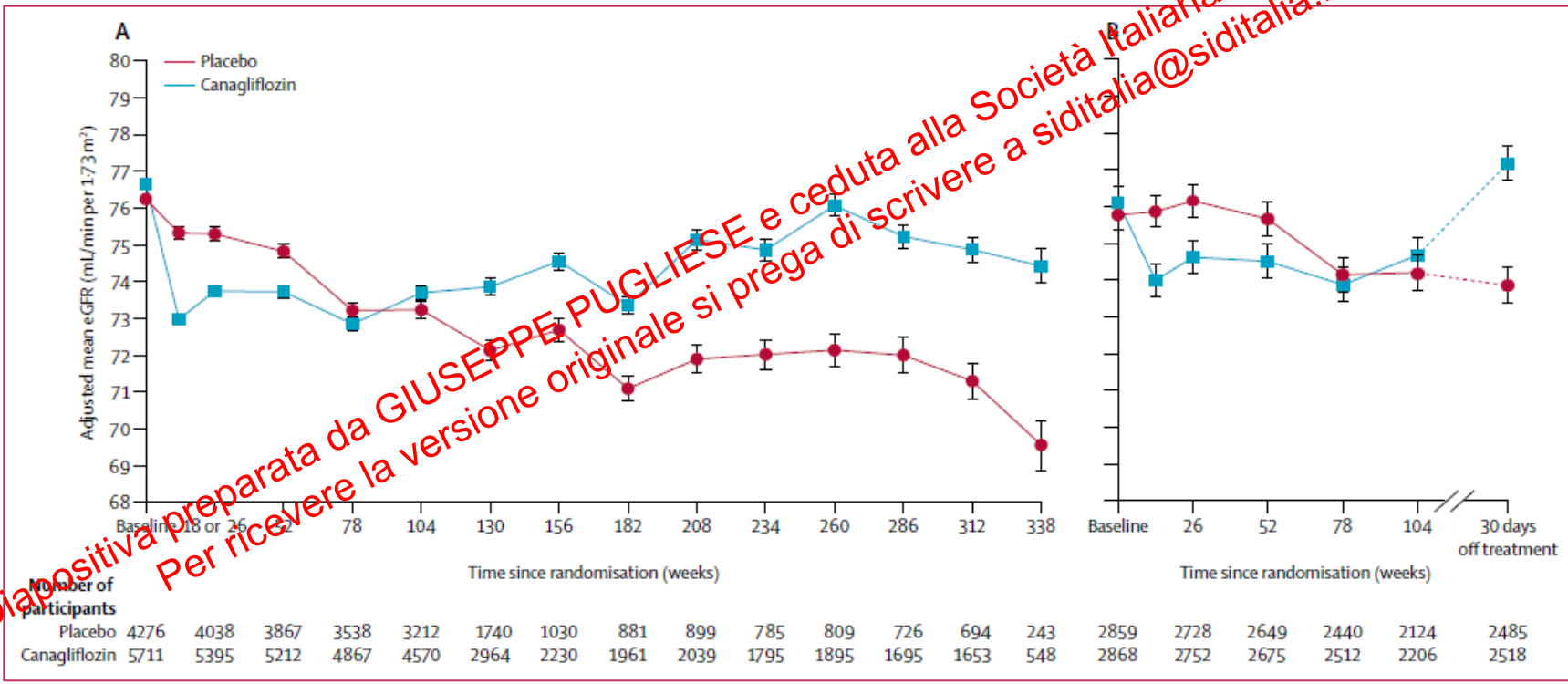
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Renal outcomes with SGLT2 inhibitors: canagliflozin

The Canagliflozin Cardiovascular Assessment Study (CANVAS) Program CANVAS and CANVAS-Renal (CANVAS-R)

Change in eGFR over time

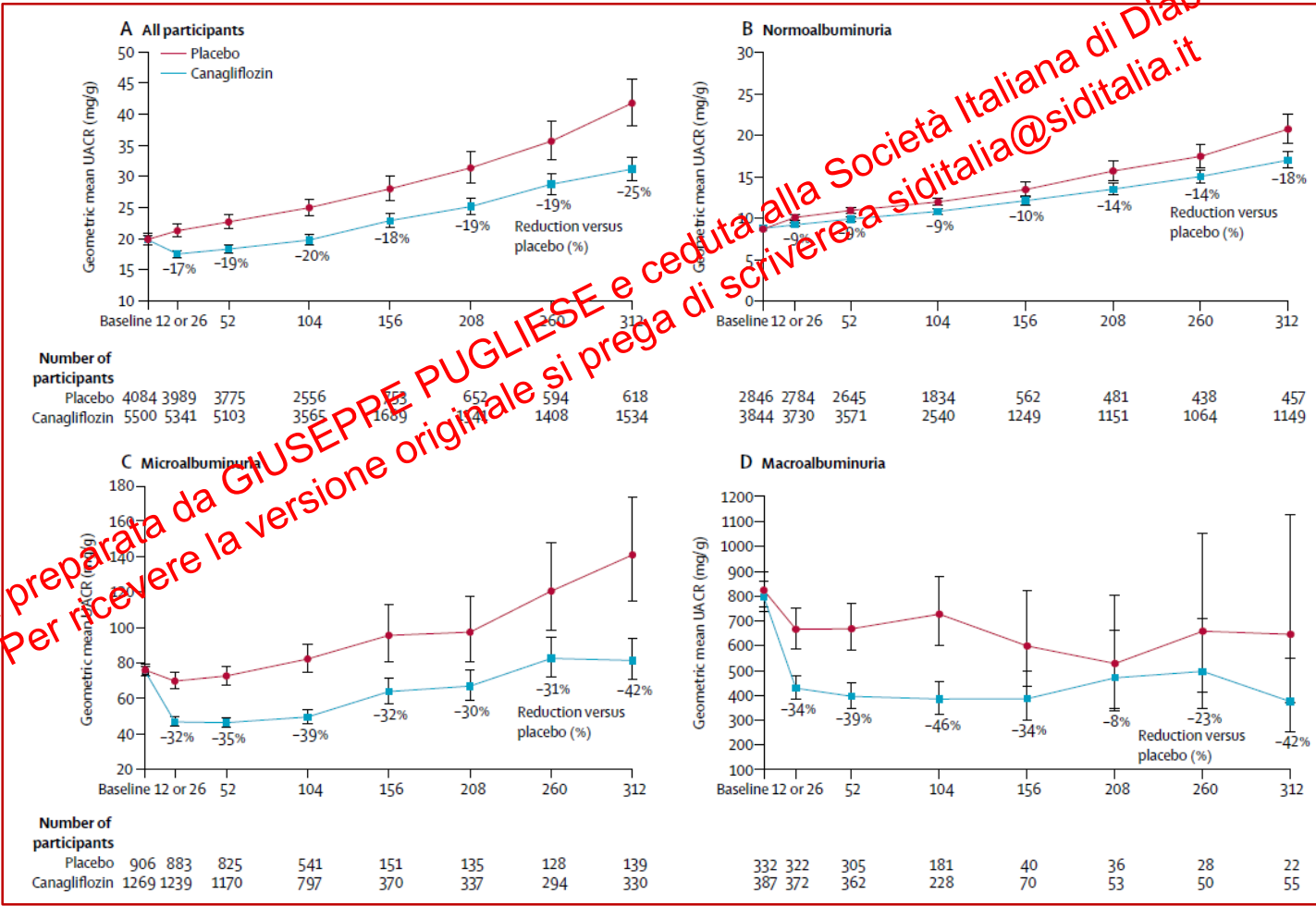




Renal outcomes with SGLT2 inhibitors: canagliflozin

The Canagliflozin Cardiovascular Assessment Study (CANVAS) Program CANVAS and CANVAS-Renal (CANVAS-R)

Change in ACR over time and by albuminuria categories



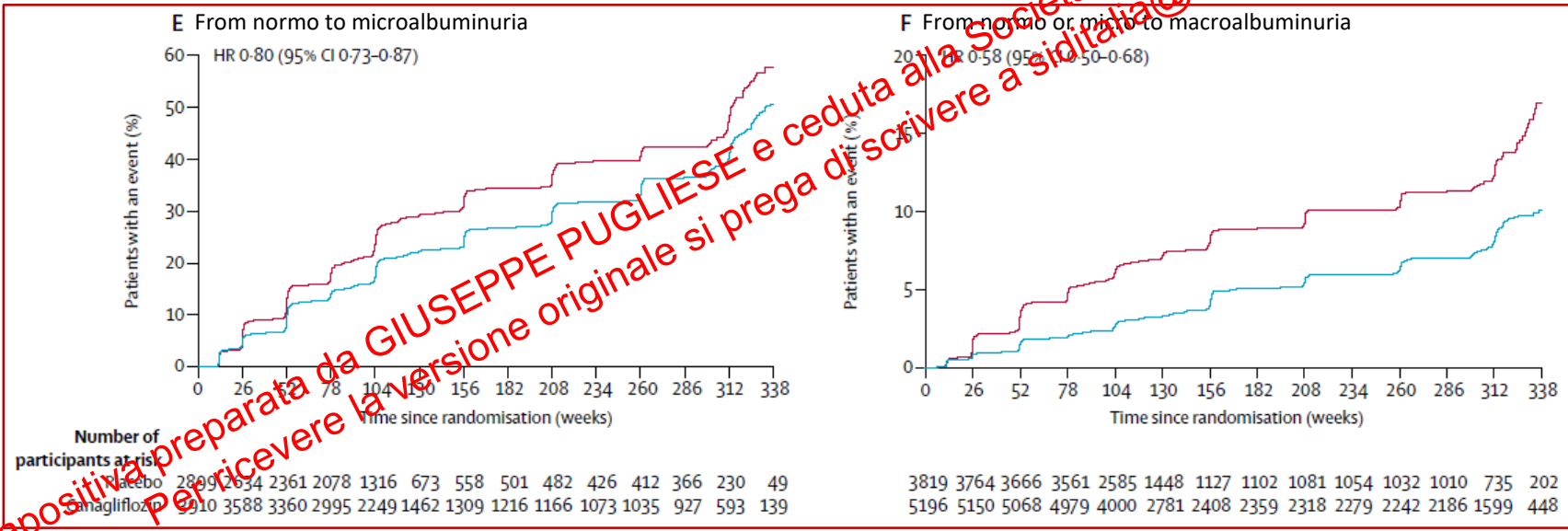
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Renal outcomes with SGLT2 inhibitors: canagliflozin

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Improvement in albuminuria status

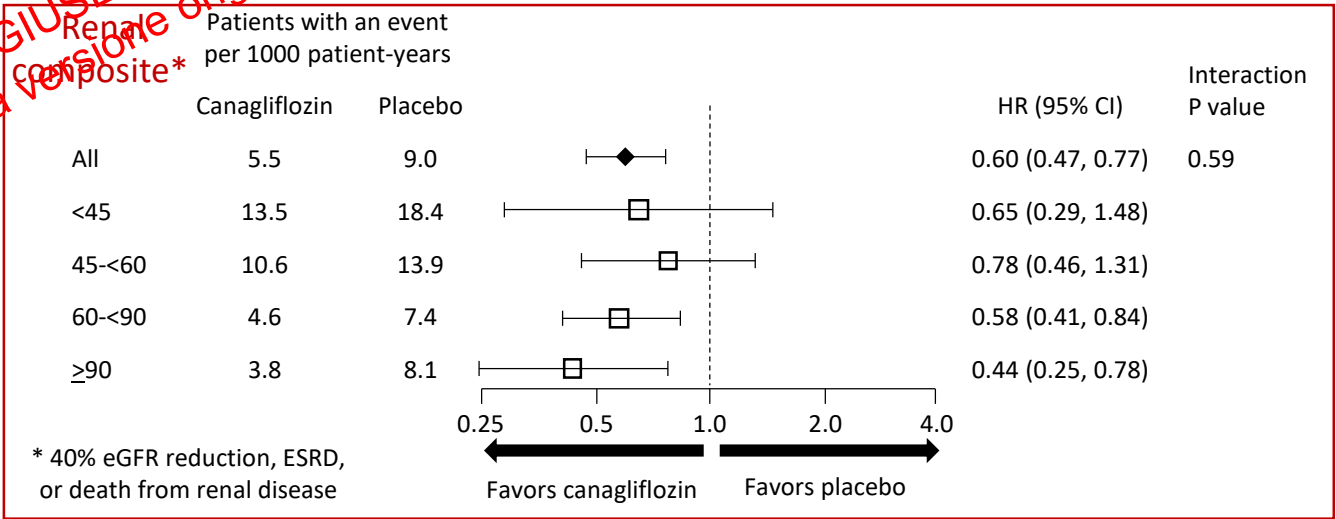
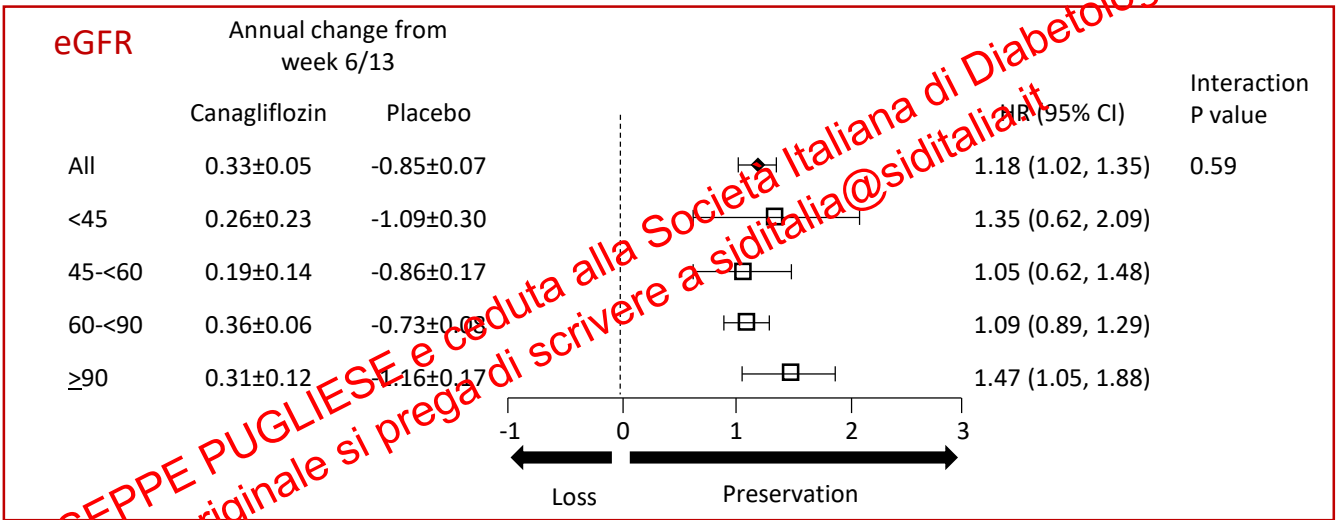
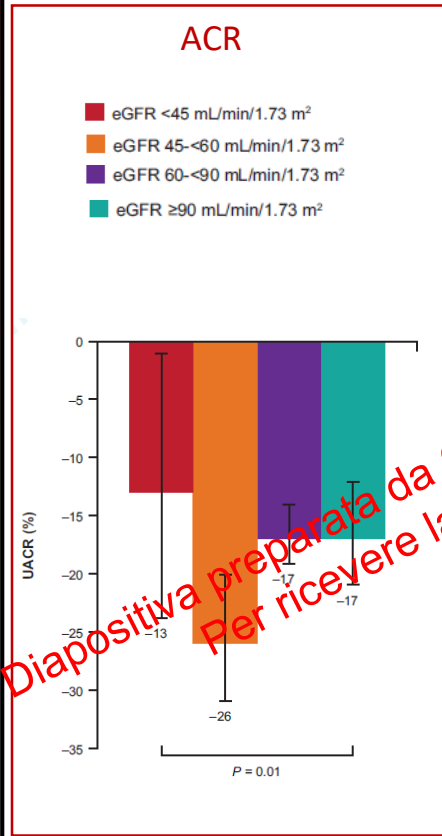




Renal outcomes with SGLT2 inhibitors: canagliflozin

The Canagliflozin Cardiovascular Assessment Study (CANVAS) Program CANVAS and CANVAS-Renal (CANVAS-R)

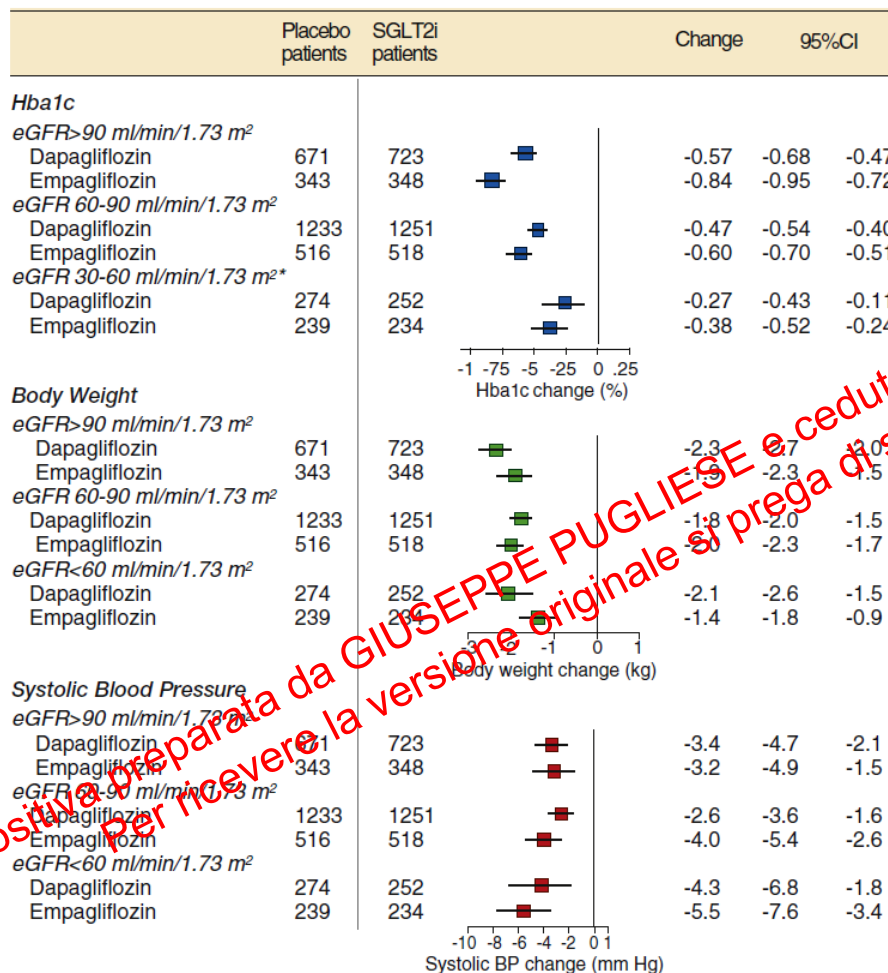
Renal outcomes by eGFR category



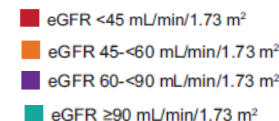
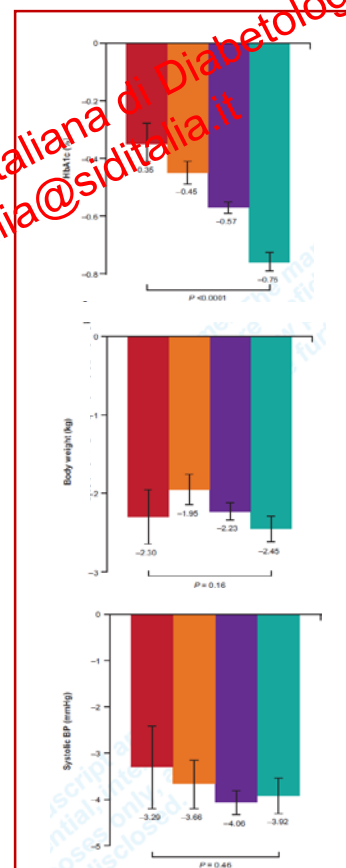
* 40% eGFR reduction, ESRD, or death from renal disease



Maintenance of BP (and weight)-lowering effect in CKD patients

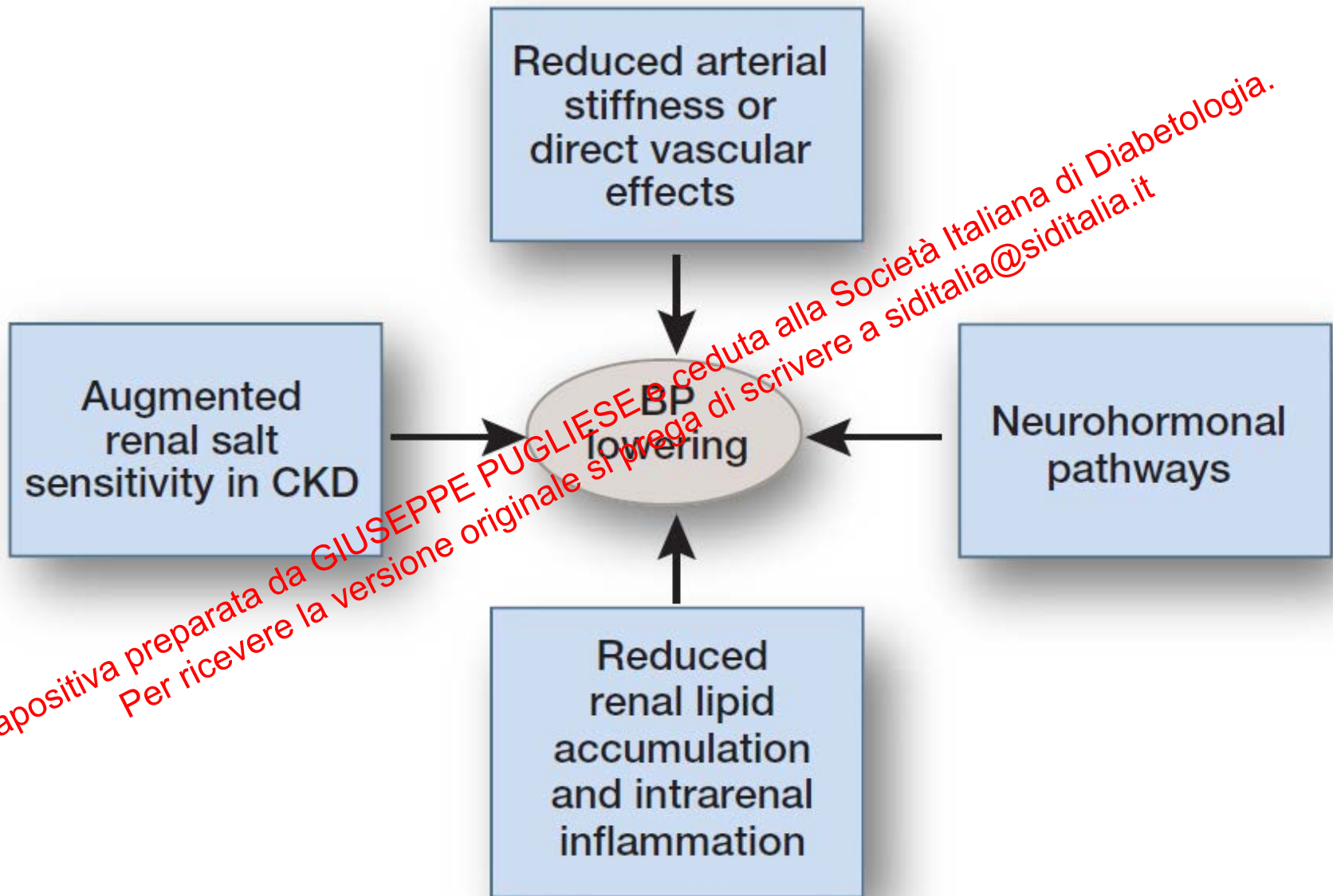


Canagliflozin





Mechanisms for maintenance of BP-lowering effect in CKD patients



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Domanda 2

Qual è secondo voi il principale evento avverso che può compromettere l'efficacia nefro-protettiva degli SGLT2 inibitori?

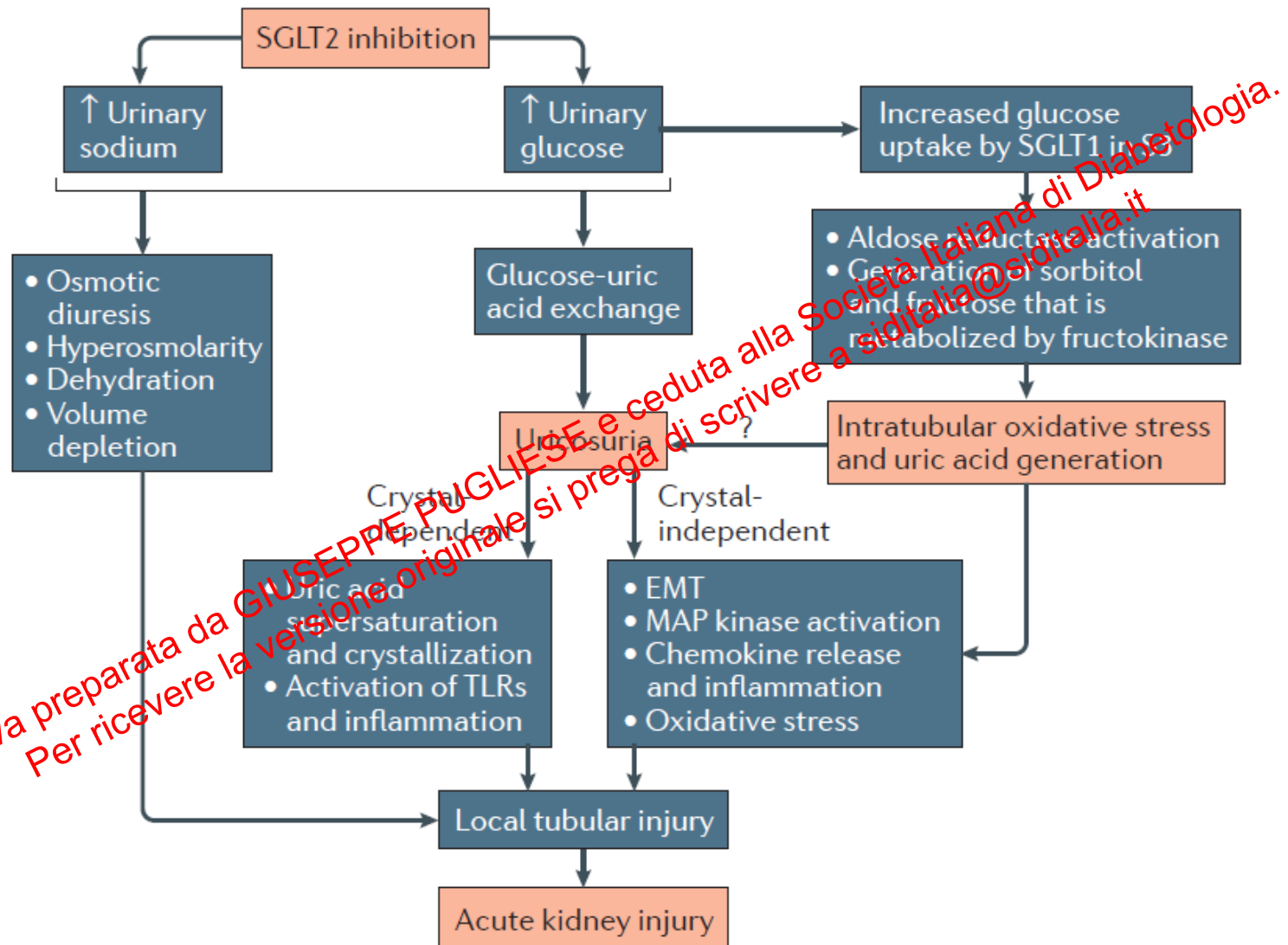
Opzioni di risposta

- A. infezioni urinarie
- B. chetoacidosi
- C. acute kidney injury
- D. fratture

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Mechanisms for AKI under SGLT2 inhibition





Safety issues with SGLT2 inhibitors: empagliflozin

The Empagliflozin, Cardiovascular Outcomes, and Mortality in Type 2 Diabetes trial (EMPA-REG OUTCOME) - Chronic Kidney Disease (CKD)

Event	Patients with Baseline eGFR of 59 ml per Minute per 1.73 m ² or Less				Patients with Baseline eGFR of 60 ml per Minute per 1.73 m ² or More			
	Placebo (N=607)		Empagliflozin (N=1212)		Placebo (N=1726)		Empagliflozin (N=1347)	
	no. (%)	rate per 100 patient-yr	no. (%)	rate per 100 patient-yr	no. (%)	rate per 100 patient-yr	no. (%)	rate per 100 patient-yr
Any adverse event	577 (95.1)	262.3	1107 (91.3)	183.4	1562 (90.5)	159.8	1291 (89.9)	140.1
Severe adverse event†	208 (34.3)	17.3	360 (29.7)	14.0	384 (22.2)	15.9	740 (21.3)	9.1
Serious adverse event†	321 (52.9)	31.7	552 (45.5)	24.9	667 (38.6)	19.6	1237 (35.6)	17.0
Death	40 (6.6)	2.8	68 (5.6)	2.3	59 (4.6)	1.8	108 (3.1)	1.2
Adverse event leading to discontinuation	167 (27.5)	12.6	278 (22.9)	10.4	286 (16.6)	6.9	535 (15.4)	6.2
Confirmed hypoglycemic adverse event‡								
Any	233 (38.4)	22.9	391 (32.3)	17.9	417 (24.2)	11.7	912 (26.3)	12.8
Requiring assistance	18 (3.0)	1.3	23 (1.9)	0.8	18 (1.0)	0.4	40 (1.2)	0.4
Event consistent with urinary tract infection								
Any§	132 (21.7)	10.4	278 (22.9)	11.0	291 (16.9)	7.5	564 (16.2)	6.9
Complicated¶	17 (2.8)	1.2	37 (3.1)	1.3	24 (1.4)	0.6	45 (1.3)	0.5
Event consistent with genital infection	10 (1.6)	0.7	64 (5.3)	2.2	32 (1.9)	0.7	237 (6.8)	2.7
Event consistent with volume depletion**	49 (8.1)	3.6	81 (6.7)	2.8	66 (3.8)	1.6	158 (4.5)	1.8
Acute renal failure††	87 (14.3)	6.5	136 (11.2)	4.9	68 (3.9)	1.6	110 (3.2)	1.2
Acute kidney injury	22 (3.6)	1.6	26 (2.1)	0.9	15 (0.9)	0.4	19 (0.5)	0.2
Diabetic ketoacidosis‡‡	1 (0.2)	0.1	2 (0.2)	0.1	0	0	2 (0.1)	<0.1
Thromboembolic event§§	7 (1.2)	0.5	13 (1.1)	0.4	13 (0.8)	0.3	17 (0.5)	0.2
Bone fracture¶¶	32 (5.3)	2.3	57 (4.7)	2.0	59 (3.4)	1.4	122 (3.5)	1.4
Hyperkalemia	42 (6.9)	3.0	47 (3.9)	1.6	36 (2.1)	0.8	46 (1.3)	0.5



Safety issues with SGLT2 inhibitors: canagliflozin

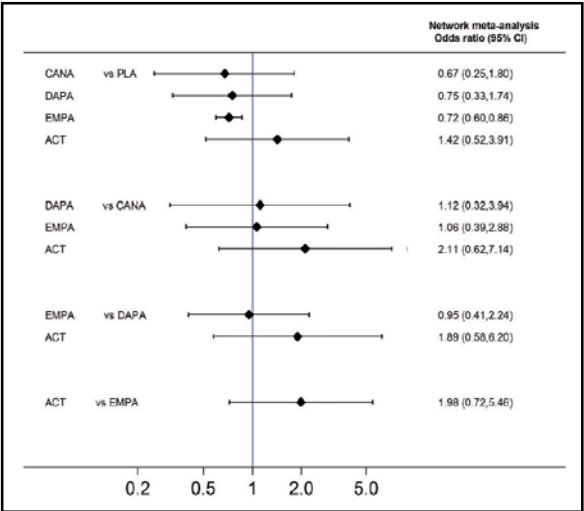
The Canagliflozin Cardiovascular Assessment Study (CANVAS) Program CANVAS and CANVAS-Renal (CANVAS-R)

Event	Canagliflozin	Placebo	P Value†
<i>event rate per 1000 patient-yr</i>			
All serious adverse events	104.3	120.0	0.04
Adverse events leading to discontinuation	35.5	32.8	0.07
Serious and nonserious adverse events of interest recorded in the CANVAS Program			
Acute pancreatitis (adjudicated)	0.5	0.3	0.63
Cancer			
Renal cell	0.6	1.1	0.17
Bladder	1.7	1.1	0.74
Breast	3.1	2.6	0.65
Photosensitivity	2.0	0.3	0.07
Diabetic ketoacidosis (adjudicated)	0.6	0.3	0.14
Amputation	6.3	3.4	<0.001
Fracture (adjudicated)			
All	15.4	11.9	0.02
Low trauma	11.6	9.2	0.06
Venous thromboembolic events	1.7	1.7	0.63
Infection of male genitalia§	34.9	10.8	<0.001
Serious and nonserious adverse events of interest collected in CANVAS alone¶			
Osmotic diuresis	34.5	13.3	<0.001
Volume depletion	26.0	18.5	0.009
Hypoglycemia	50.0	46.4	0.20
Acute kidney injury	3.0	4.1	0.33
Hyperkalemia	6.9	4.4	0.10
Urinary tract infection	40.0	37.0	0.38
Mycotic genital infection in women	68.8	17.5	<0.001
Severe hypersensitivity or cutaneous reaction	8.5	6.1	0.17
Hepatic injury	7.4	9.1	0.35
Renal-related (including acute kidney injury)	19.7	17.4	0.32



AKI with SGLT2 inhibitors

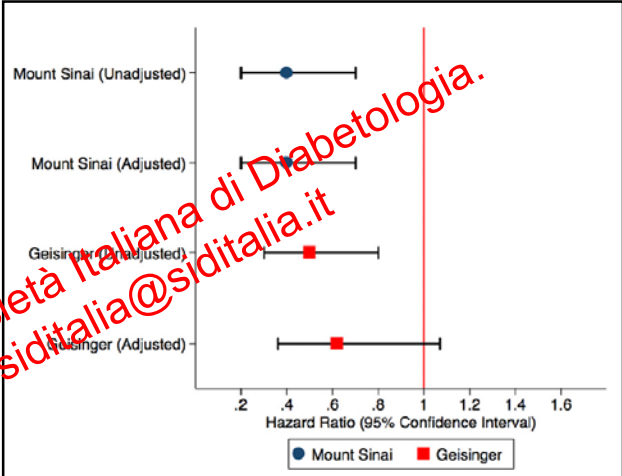
Meta-analysis of RCTs



Meta-analysis of RCTs

Event	N	OR (95% CI)	P
AKI	13510	0.80 (0.67–0.96)	0.014

Mount Sinai CKD registry and Geisinger Health System cohort

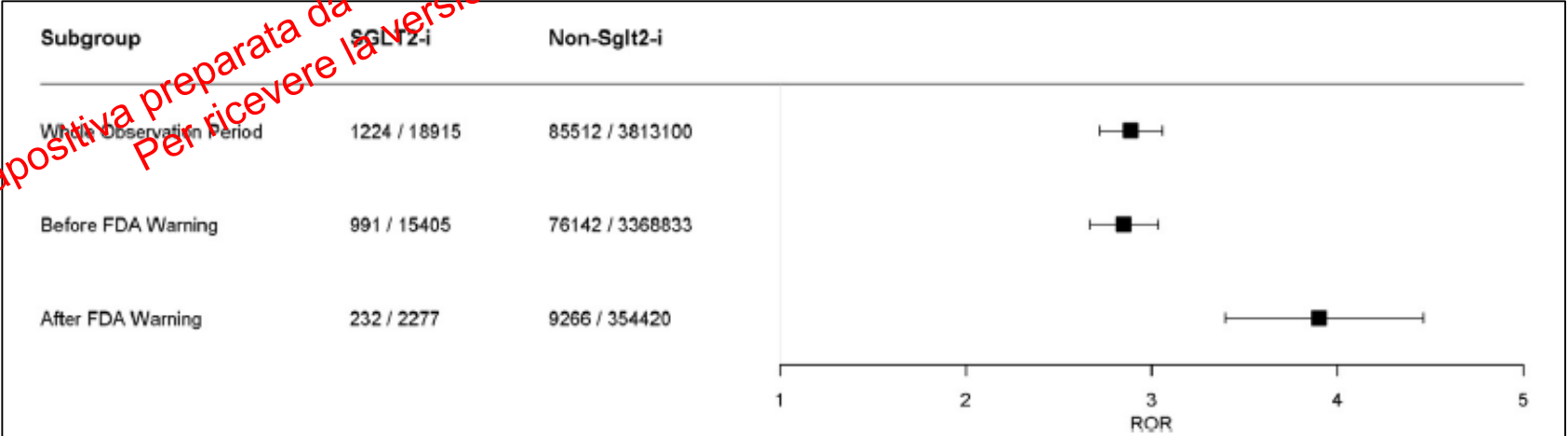


Tang H et al. Diabetes Obes Metab. 2017;19:1106–1115

Zhang XL et al. J Am Heart Assoc. 2018;7:e007165

Nadkarni GN et al. Diabetes Care. 2017;40:1479–1485

FDA adverse event report system database



Perlman A et al. Nutr Metab Cardiovasc Dis. 2017;27:1108–1113



Therapeutic algorithm for type 2 diabetes

At diagnosis, initiate lifestyle management, set A1C target, and initiate pharmacologic therapy based on A1C:

- A1C is less than 9%, **consider Monotherapy.**
- A1C is greater than or equal to 9%, **consider Dual Therapy.**
- A1C is greater than or equal to 10%, blood glucose is greater than or equal to 300 mg/dL, or patient is markedly symptomatic, **consider Combination Injectable Therapy**

Monotherapy Lifestyle Management + Metformin

Initiate metformin therapy if no contraindications

A1C at target after 3 months of monotherapy?

- Yes:** - Monitor A1C every 3–6 months
- No:** - Assess medication-taking behavior
- Consider Dual Therapy

Dual Therapy Lifestyle Management + Metformin + Additional Agent

ASCVD? **Yes:** - Add agent proven to reduce major adverse cardiovascular events and/or cardiovascular mortality

CKD? **No:** - Add second agent after consideration of drug-specific effects and patient factors

A1C at target after 3 months of dual therapy?

- Yes:** - Monitor A1C every 3–6 months
- No:** - Assess medication-taking behavior
- Consider Triple Therapy

Triple Therapy Lifestyle Management + Metformin + Two Additional Agents

Add third agent based on drug-specific effects and patient factors

A1C at target after 3 months of triple therapy?

- Yes:** - Monitor A1C every 3–6 months
- No:** - Assess medication-taking behavior
- Consider Combination Injectable Therapy

Combination Injectable Therapy

Initiate Basal Insulin
Usually with metformin +/- other noninsulin agent

Start: 10 U/day or 0.1–0.2 U/kg/day

Adjust: 10–15% or 2–4 units once or twice weekly to reach FBG target

For hypo: Determine & address cause; if no clear reason for hypo, ↓ dose by 4 units or 10–20%

If A1C not controlled, consider Combination Injectable Therapy

Add 1 rapid-acting insulin injection before largest meal

Start: 4 units, 0.1 U/kg, or 10% basal dose/meal. If A1C <8%, consider ↓ basal by same amount

Adjust: ↑ dose by 1–2 units or 10–15% once or twice weekly until SMBG target reached

For hypo: Determine and address cause; if no clear reason for hypo, ↓ corresponding dose by 2–4 units or 10–20%

If A1C not controlled, advance to basal-bolus

Add ≥2 rapid-acting insulin injections before meals ("basal-bolus")

Start: 4 units, 0.1 U/kg, or 10% basal dose/meal. If A1C <8%, consider ↓ basal by same amount

Adjust: ↑ dose(s) by 1–2 units or 10–15% once or twice weekly to achieve SMBG target

For hypo: Determine and address cause; if no clear reason for hypo, ↓ corresponding dose by 2–4 units or 10–20%

If goals not met, consider changing to alternative insulin regimen

Add GLP-1 RA

If not tolerated or A1C target not reached, change to 2 injection insulin regimen

Change to premixed insulin twice daily (before breakfast and supper)

Start: Divide current basal dose into ½ AM, ½ PM or ½ AM, ½ PM

Adjust: ↑ dose by 1–2 units or 10–15% once or twice weekly until SMBG target reached

For hypo: Determine and address cause; if no clear reason for hypo, ↓ corresponding dose by 2–4 units or 10–20%

If A1C not controlled, advance to 3rd injection

Change to premixed analog insulin 3 times daily (breakfast, lunch, supper)

Start: Add additional injection before lunch

Adjust: ↑ doses by 1–2 units or 10–15% once or twice weekly to achieve SMBG target

For hypo: Determine and address cause; if no clear reason for hypo, ↓ corresponding dose by 2–4 units or 10–20%

Domanda 3

Quali studi ulteriori sono secondo voi necessari per legittimare l'uso degli SGLT2 inibitori per la nefroprotezione nel paziente diabetico?

Opzioni di risposta

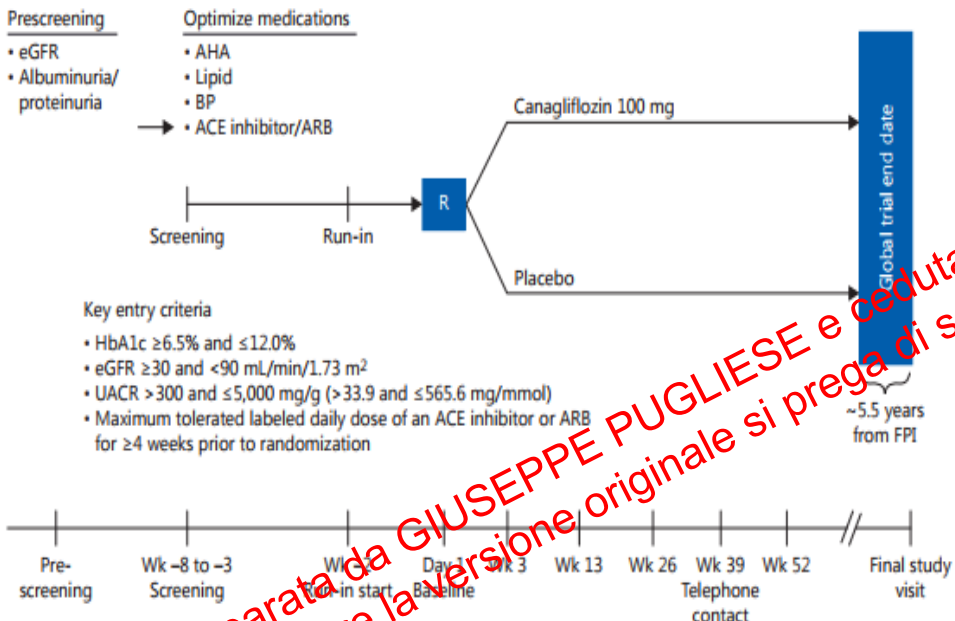
- A. studi di confronto con farmaci ad azione nefroprotettiva
- B. studi di efficacia in cui l'outcome renale sia l'endpoint primario
- C. studi di sicurezza in pazienti con ridotta funzione renale
- D. studi di efficacia in prevenzione primaria

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Ongoing trials with primary renal endpoints

The Canagliflozin and Renal Endpoints in Diabetes with Established Nephropathy Clinical Evaluation (CREDENCE) Study



- Primary endpoint: composite of ESRD, doubling of serum creatinine, and renal or CV death.
- Secondary endpoints:
 - Renal composite of ESRD, doubling of serum creatinine, and renal death;
 - HF composite of CV death and hospitalization for congestive heart failure;
 - CV composite of CV death, nonfatal acute myocardial infarction or stroke hospitalization for congestive heart failure or unstable angina;
 - CV death;
 - All-cause death.

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- Anticipated targets:
- 4,401 randomized
 - Event-driven
 - Duration 5.5 years



Ongoing trials with primary renal endpoints

A Study to Evaluate the Effect of Dapagliflozin on Renal Outcomes and Cardiovascular Mortality in Patients With Chronic Kidney Disease (Dapa-CKD)

Population:

- Diabetic and non-diabetic pts.
- CKD stage 2-4
- UACR ≥ 200 mg/g

Dapagliflozin 10 mg

Placebo

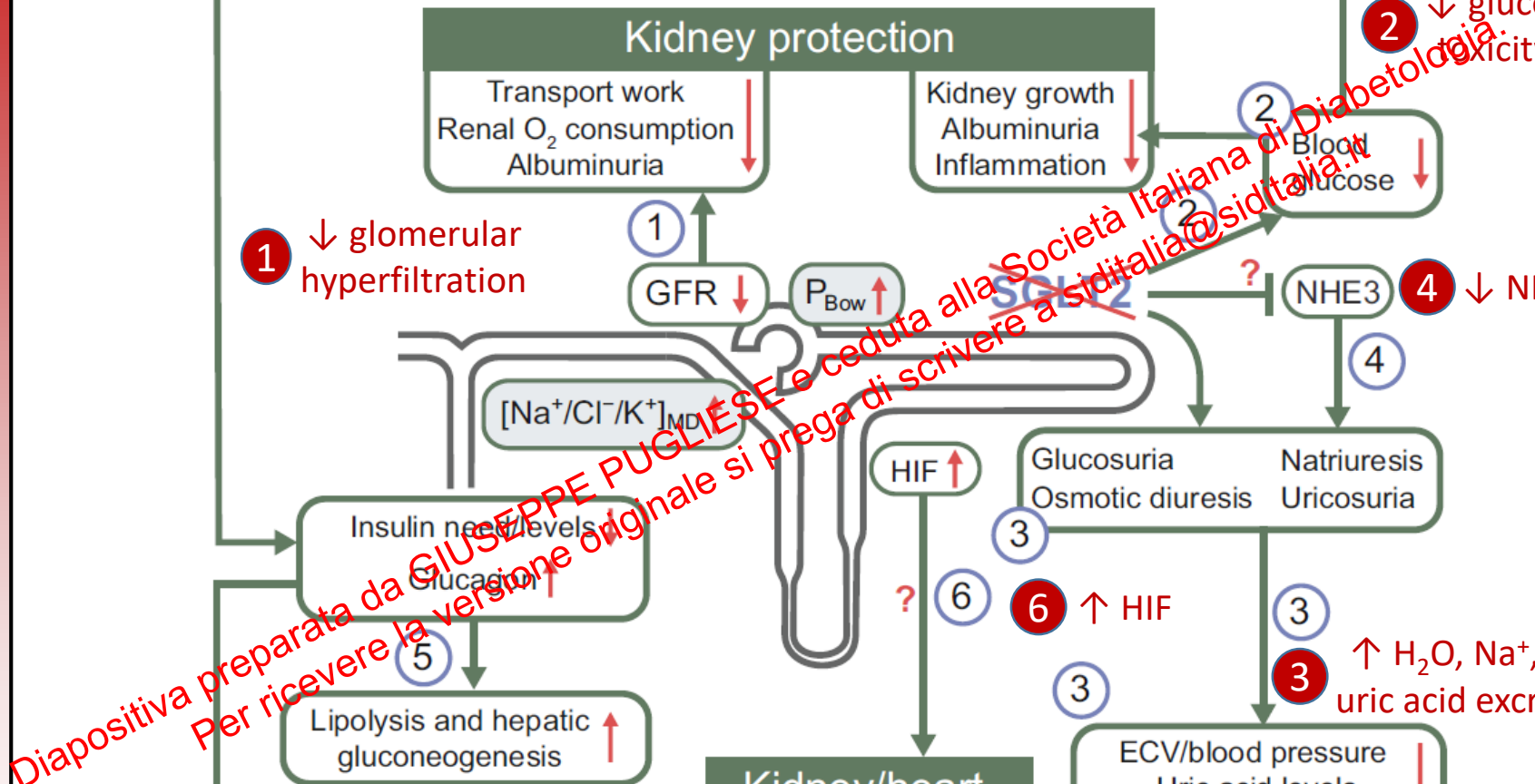
Anticipated targets:

- 4,000 randomized
- Event-driven
- Duration 45 months

- Primary endpoints: composite of ESRD, 50% eGFR decline, and renal or CV death

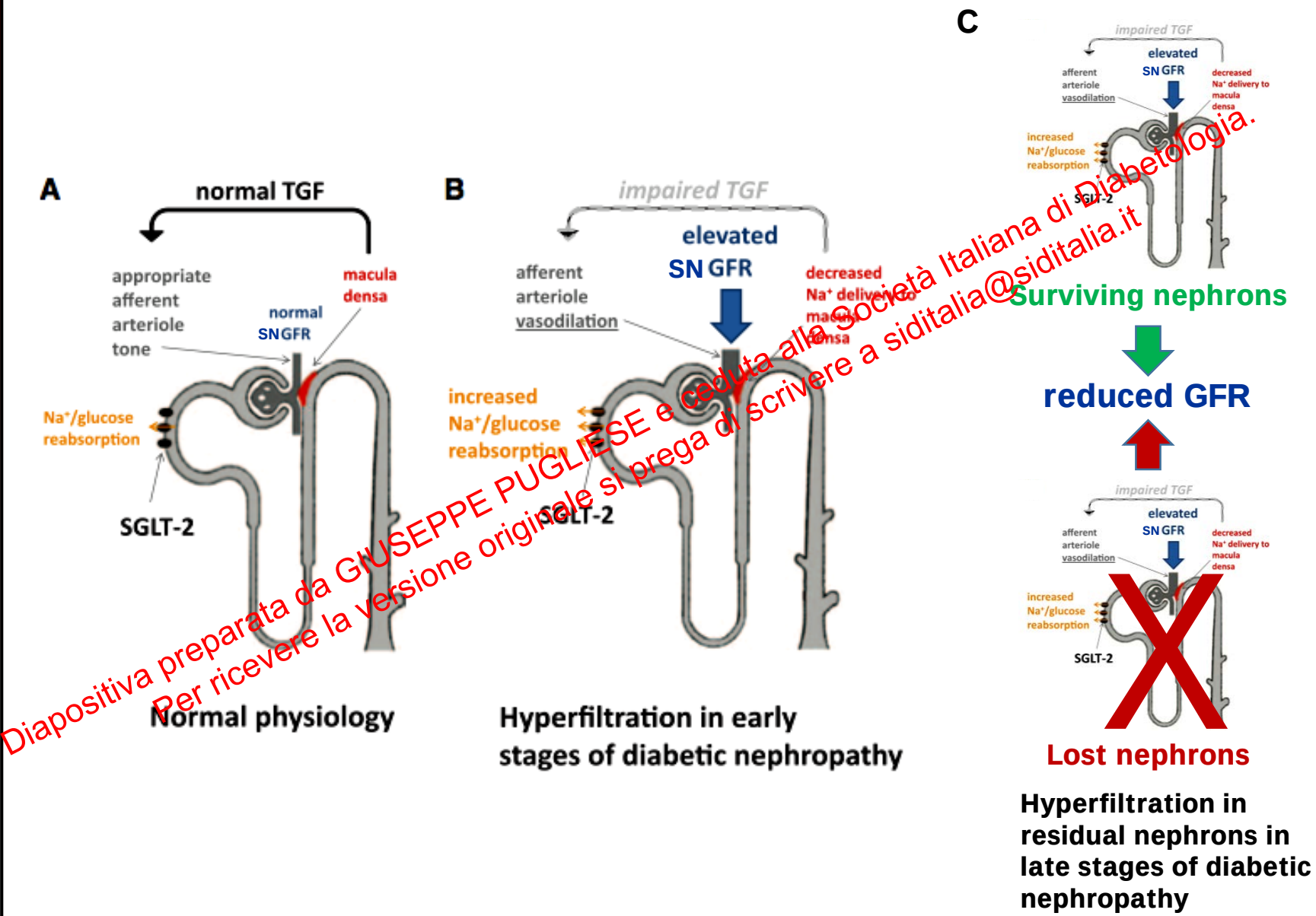
Secondary endpoints:

- Renal composite of ESRD, 50% eGFR decline, and renal death;
- HF composite of CV death and hospitalization for congestive heart failure;
- All-cause death.



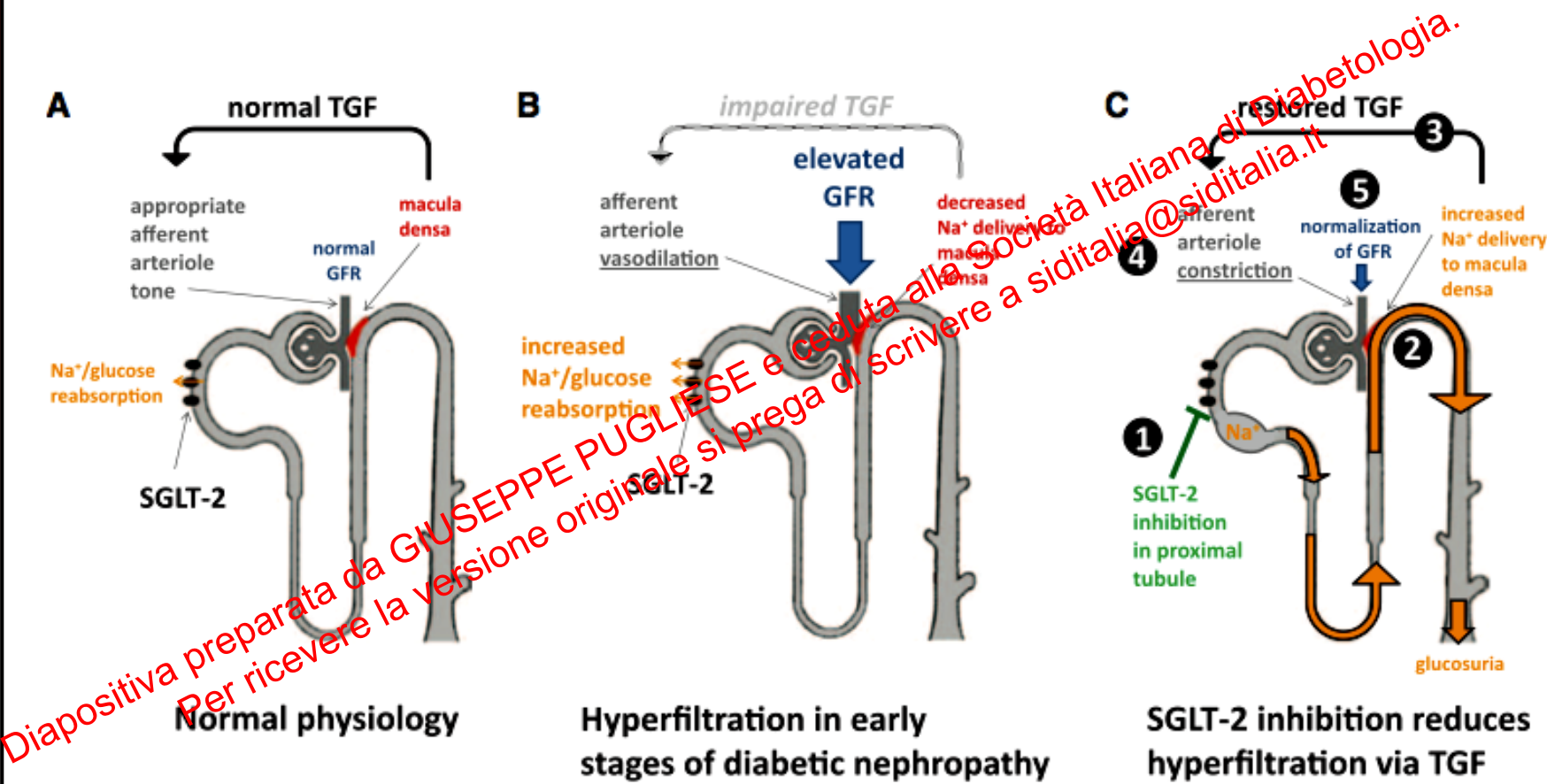


Glomerular hyperfiltration in diabetes



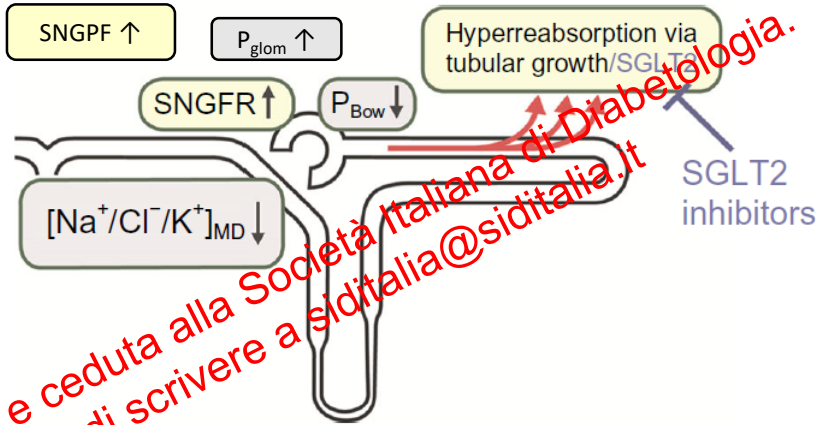
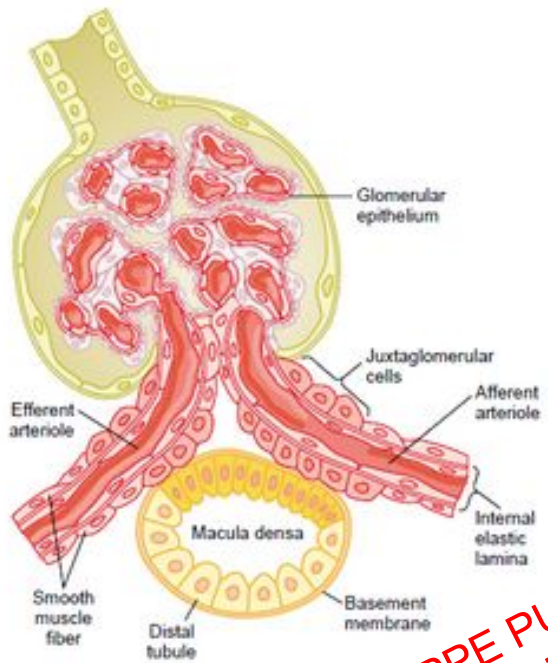


Reduction of glomerular hyperfiltration with SGLT2 inhibitors





Reduction of glomerular hyperfiltration with SGLT2 inhibitors



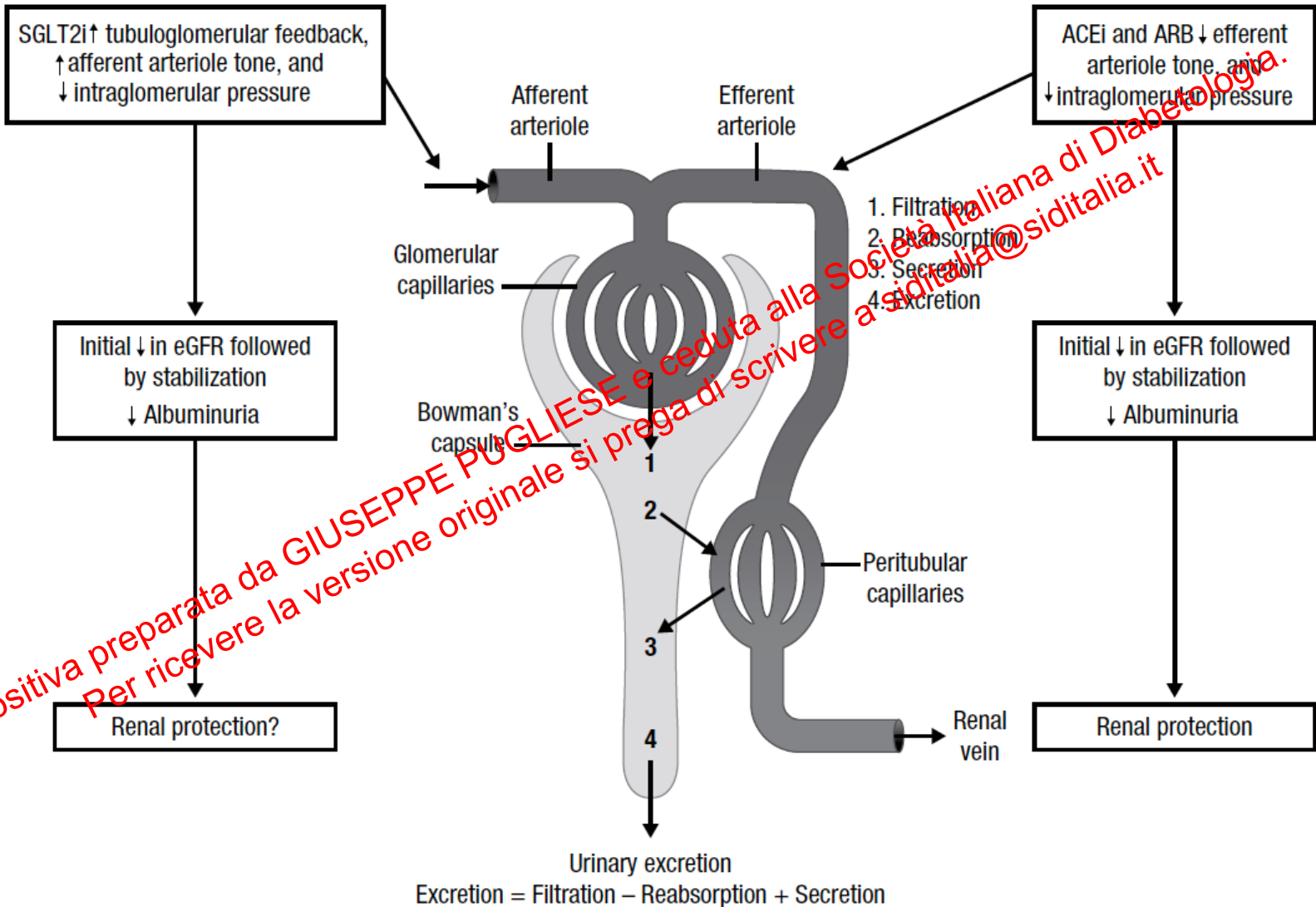
Vallon V & Thomson SC. *Diabetologia*. 2017;60:215–225

	Placebo (n = 25)	Dapagliflozin 10 mg (n = 24)	Hydrochlorothiazide 25 mg (n = 26)
<i>Extracellular volume-related parameters</i>			
NT-ProBNP, ng/l			
Baseline, median (25th–75th percentile)	33.0 (20–42)	22.0 (12–52)	20.0 (13–45)
Change at week 12, median (IQR)	3.0 (30.0)	19.0 (32.0)	–3.0 (21.0)
Plasma renin activity, $\times 10^{-2}$ pmol/l/h			
Baseline, median (25th–75th percentile)	2.84 (0.71–17.8)	2.13 (1.19–4.03)	2.37 (1.42–9.48)
Change at week 12, median (IQR)	–0.23 (8.53)	0.71 (12.1)	3.08 (9.01)
Serum aldosterone, pmol/l			
Baseline, median (25th–75th percentile)	277.4 (221.9–360.6)	374.5 (249.7–499.3)	332.9 (249.7–457.7)
Change at week 12, median (IQR)	–55.5 (221.9)	55.5 (152.6)	55.5 (166.4)

Heerspink IJL et al. *Diabetes Obes Metab*. 2013;15:853–862

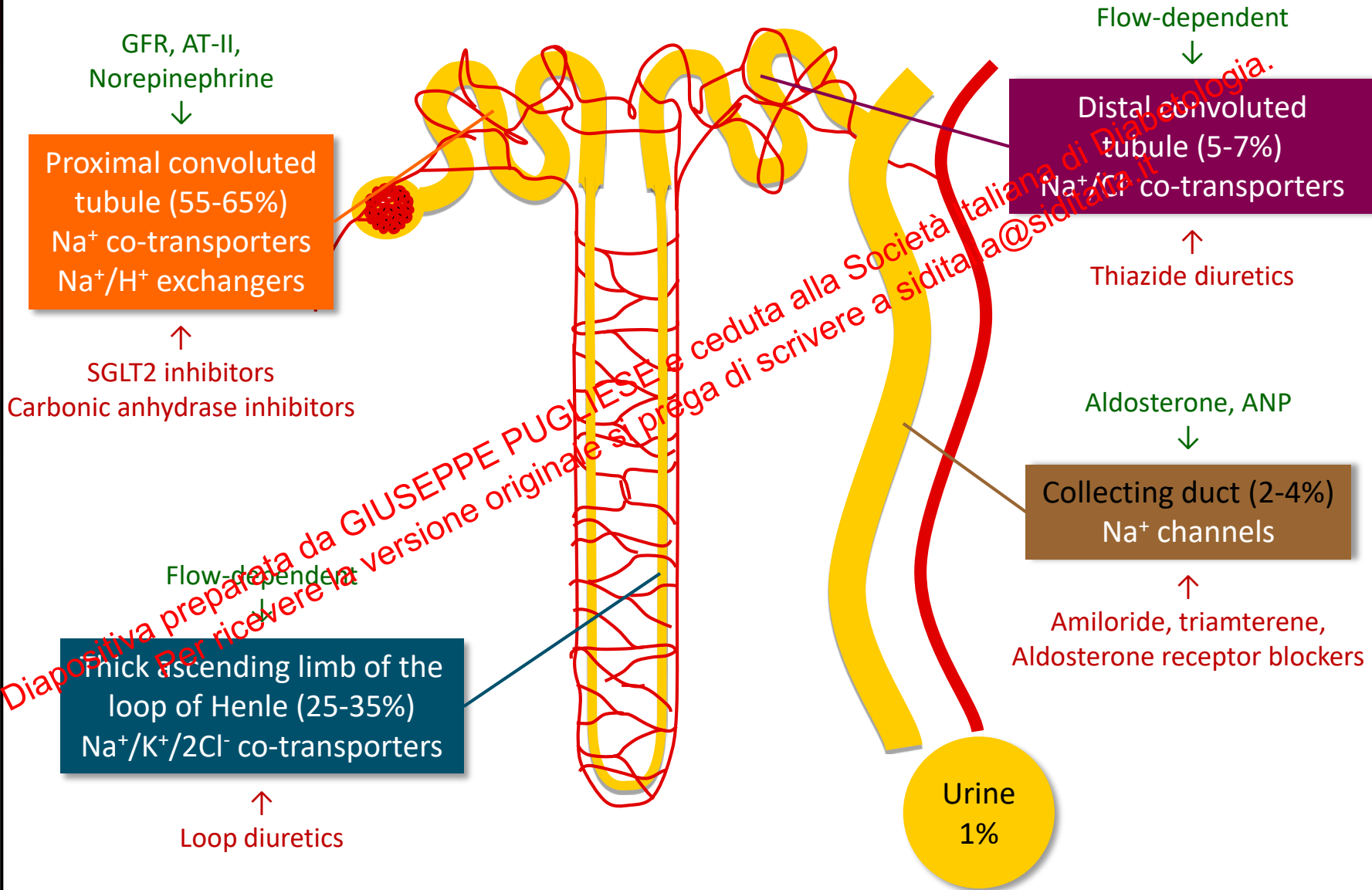


Complementary actions of SGLT2 inhibitors and RAS blockers



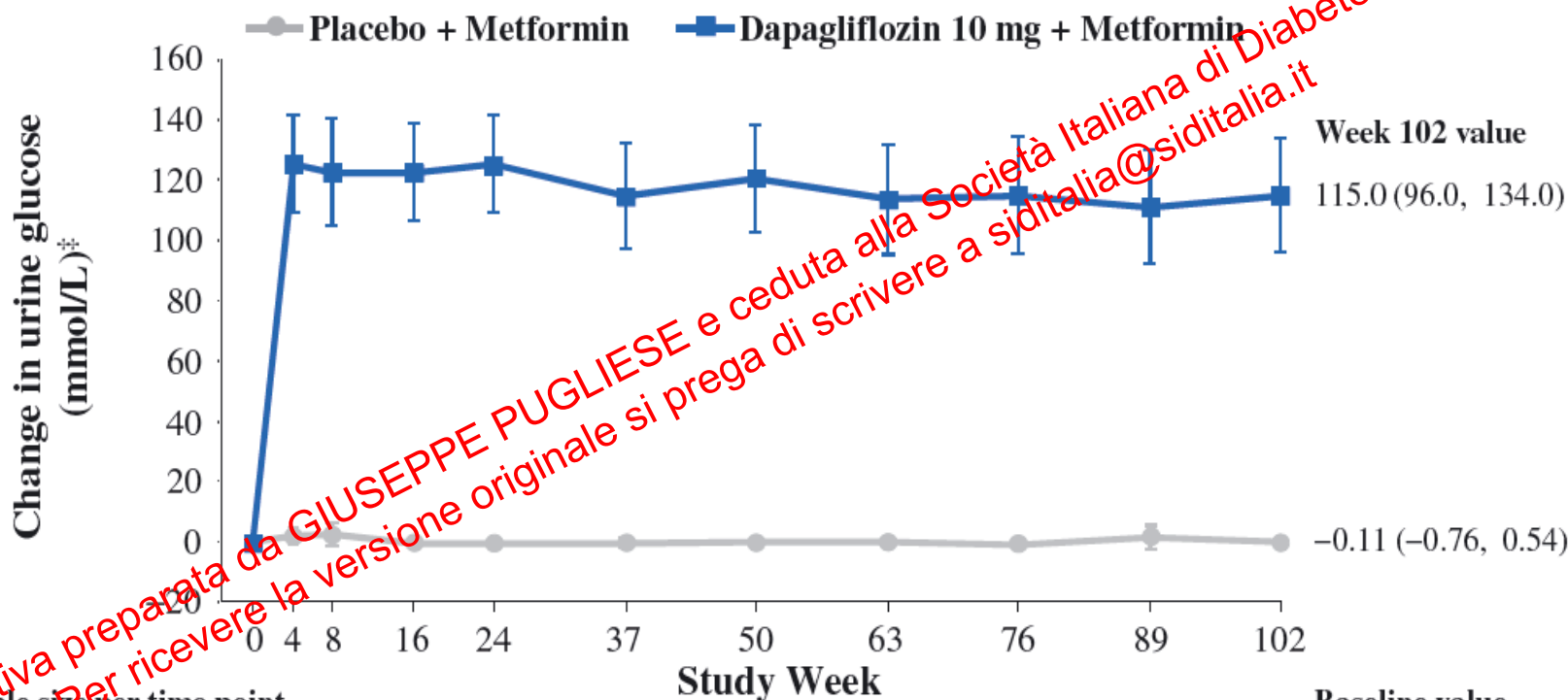


Na⁺ reabsorption in the kidney



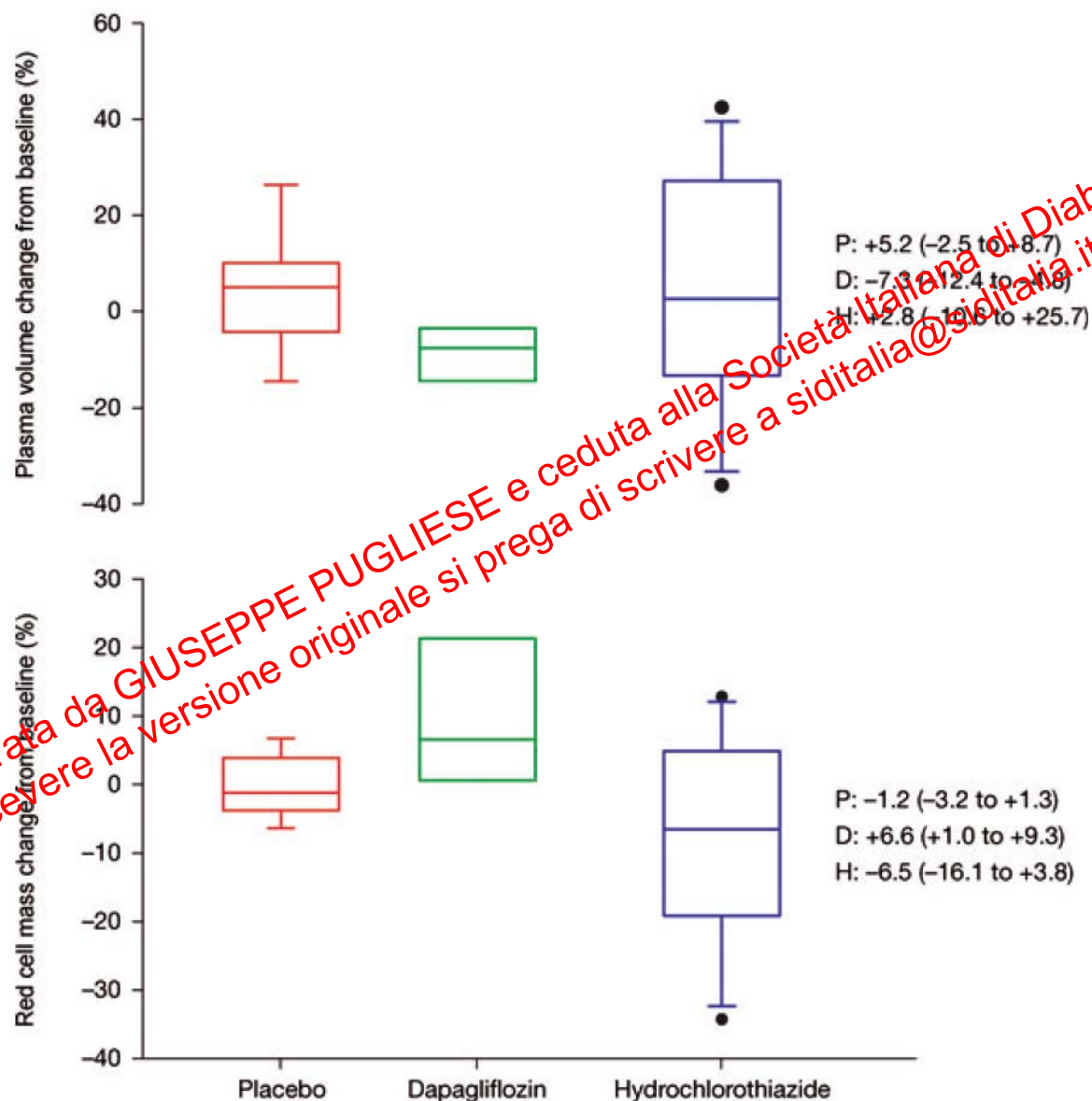


Sustained increase in urinary glucose excretion with SGLT2 inhibitors



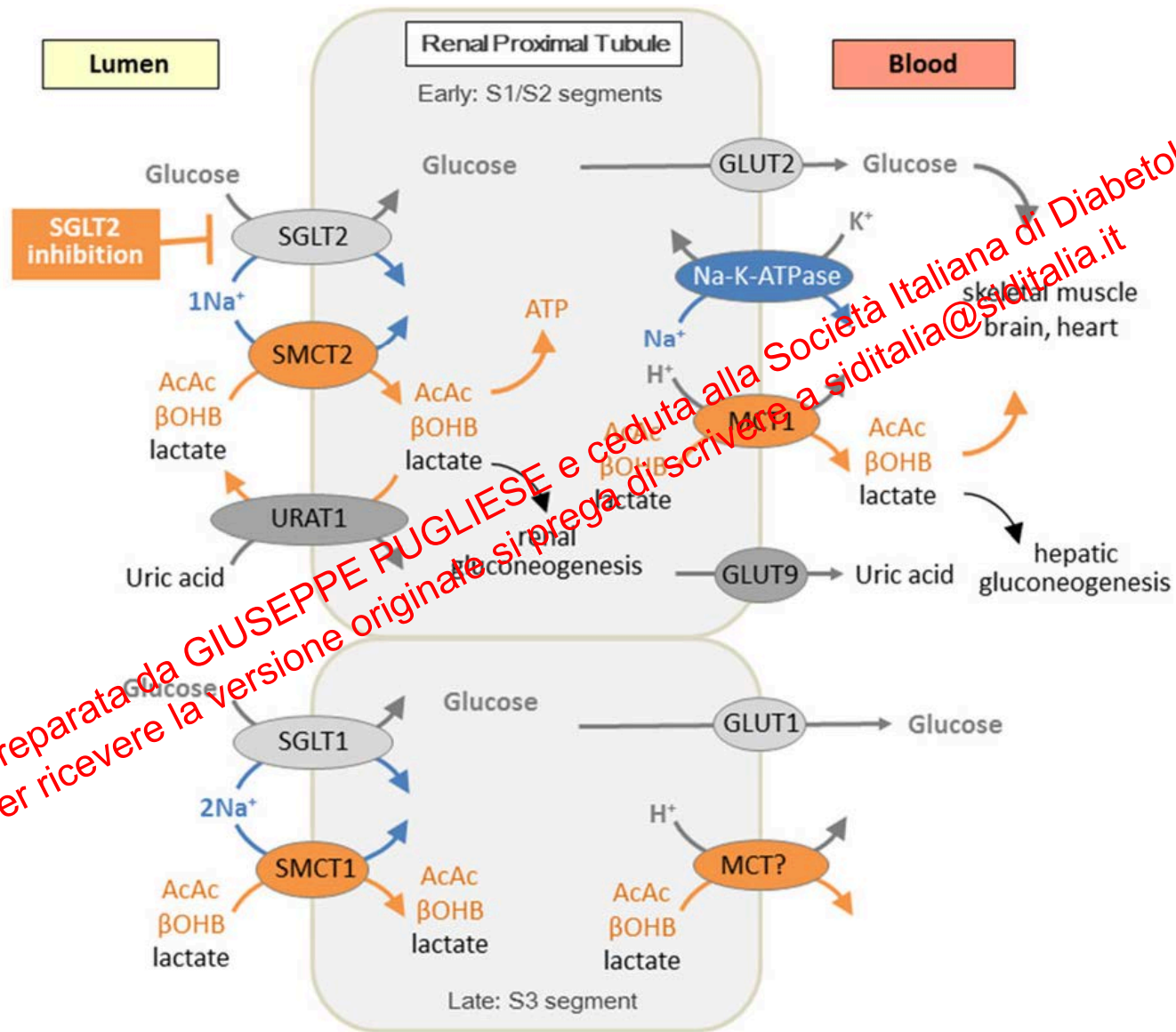
Sample size per time point											Baseline value	
PBO + MET	91	89	89	86	83	86	83	81	78	71	70	1.25 mmol/L
DAPA 10 mg + MET	91	87	85	83	83	83	81	77	72	69	67	1.72 mmol/L

Sustained reduction in plasma volume with SGLT2 inhibitors





Increased urate excretion with SGLT2 inhibitors

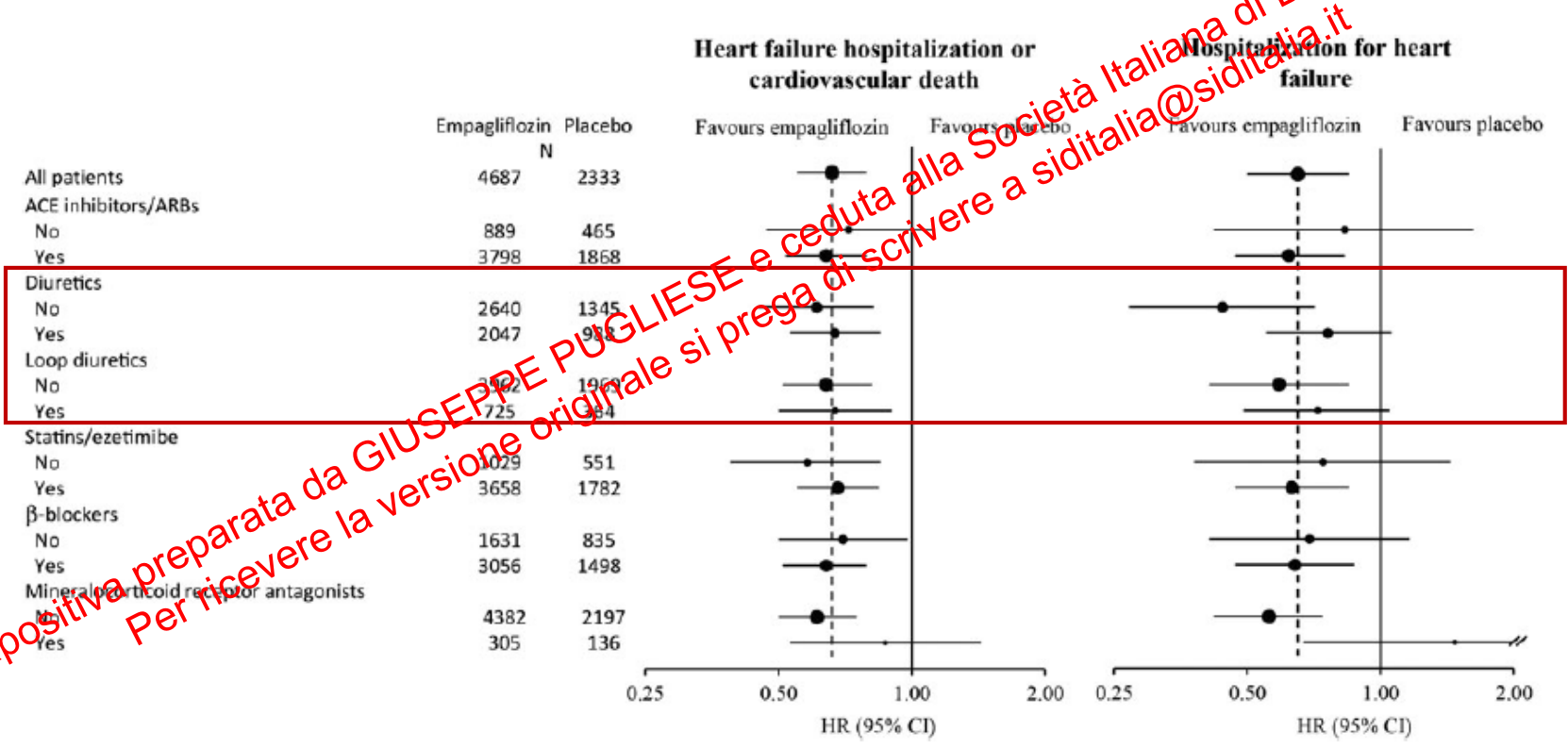


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Loop diuretic sparing effect of SGLT2 inhibitors

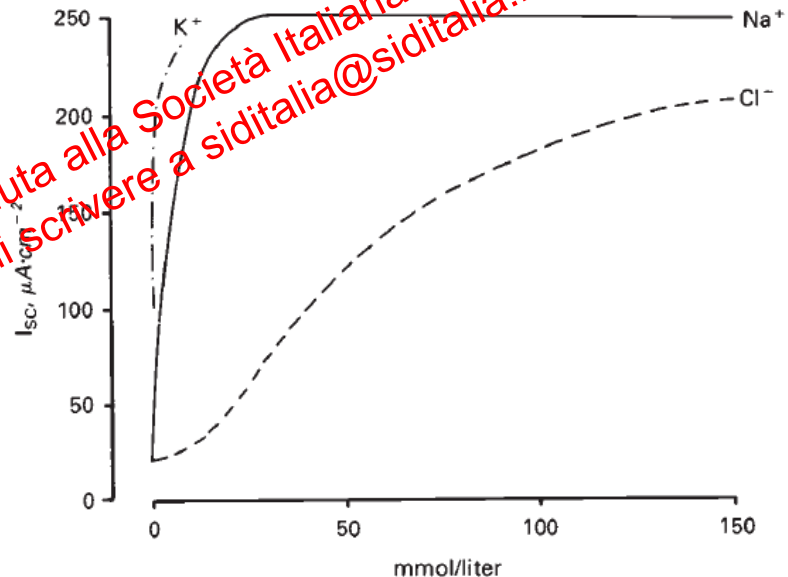
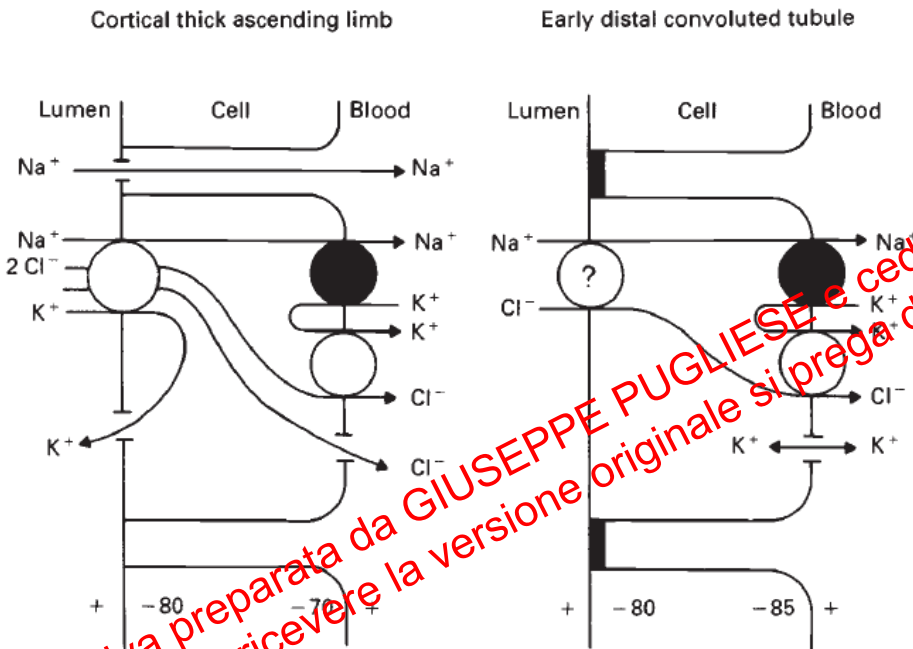
The Empagliflozin, Cardiovascular Outcomes, and Mortality in Type 2 Diabetes trial (EMPA-REG OUTCOME)





Reduced chloride concentration and NKCC inhibition

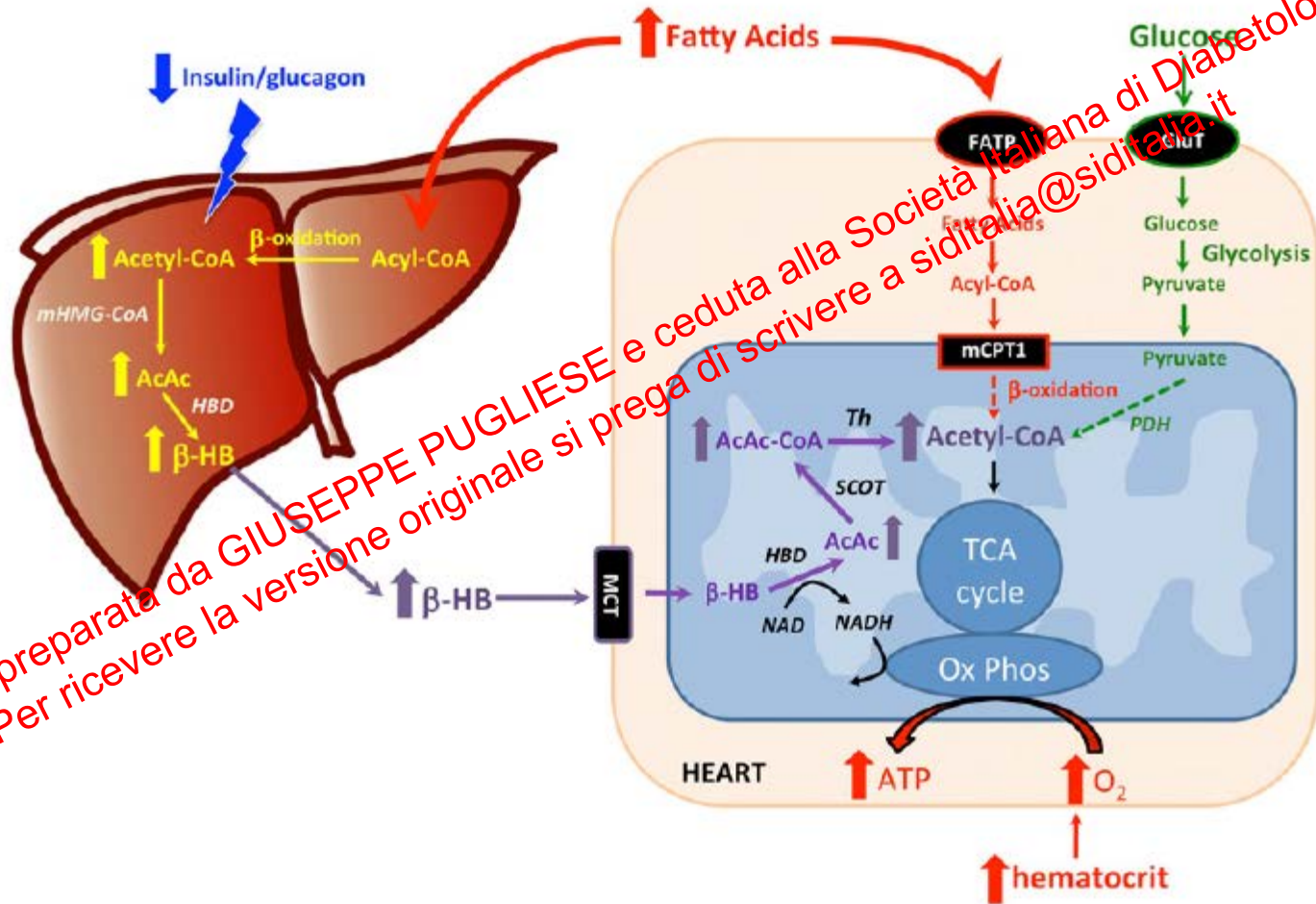
NKCC = Na-K-2Cl co-transporter



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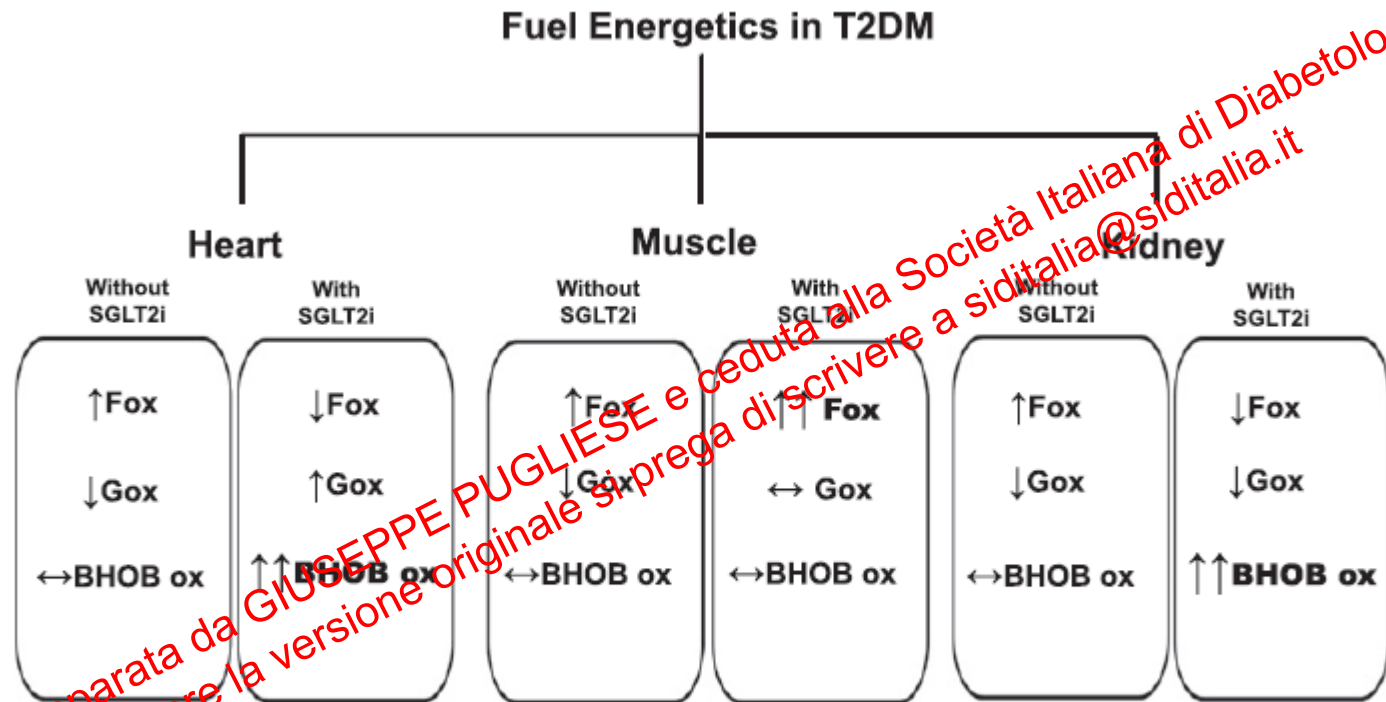
The thrifty substrate



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Shift in fuel energetics with SGLT2 inhibitors



Fox = fatty acid oxidation

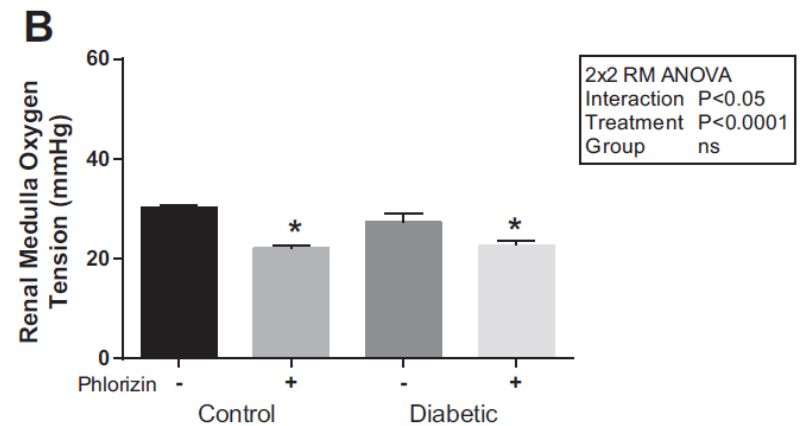
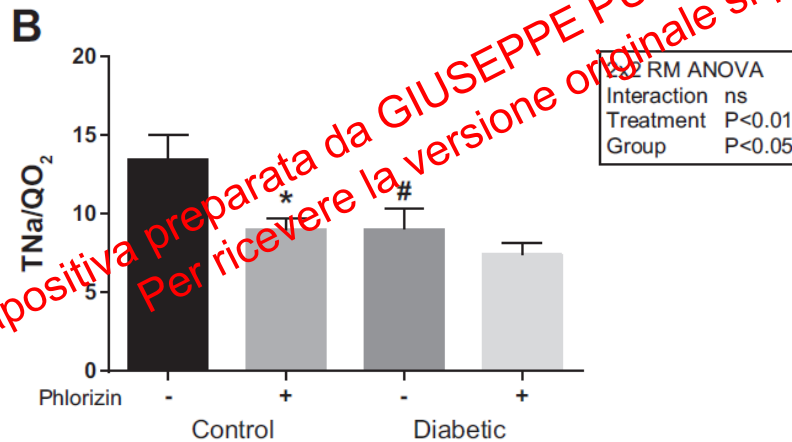
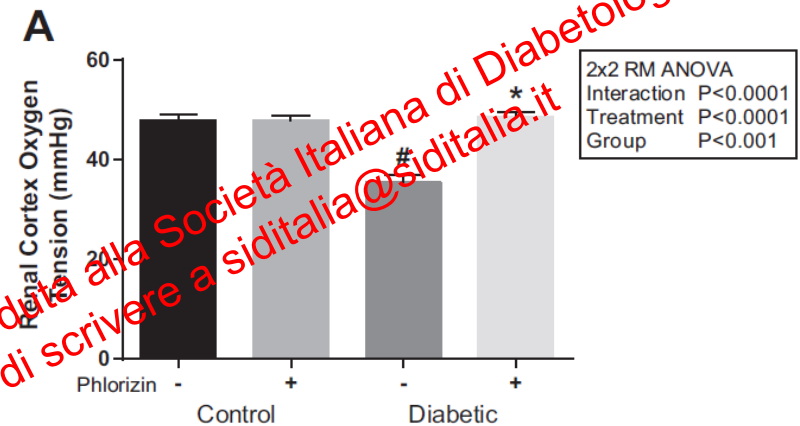
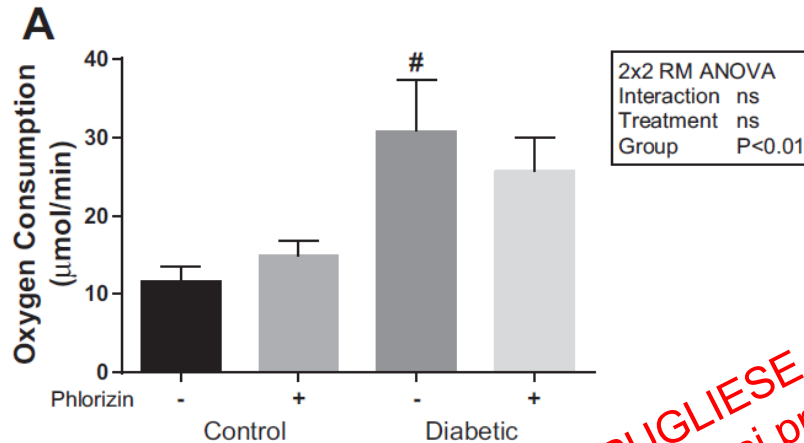
Gox = glucose oxidation

BHOB ox = beta-hydroxybutyrate oxidation

↔ = no change

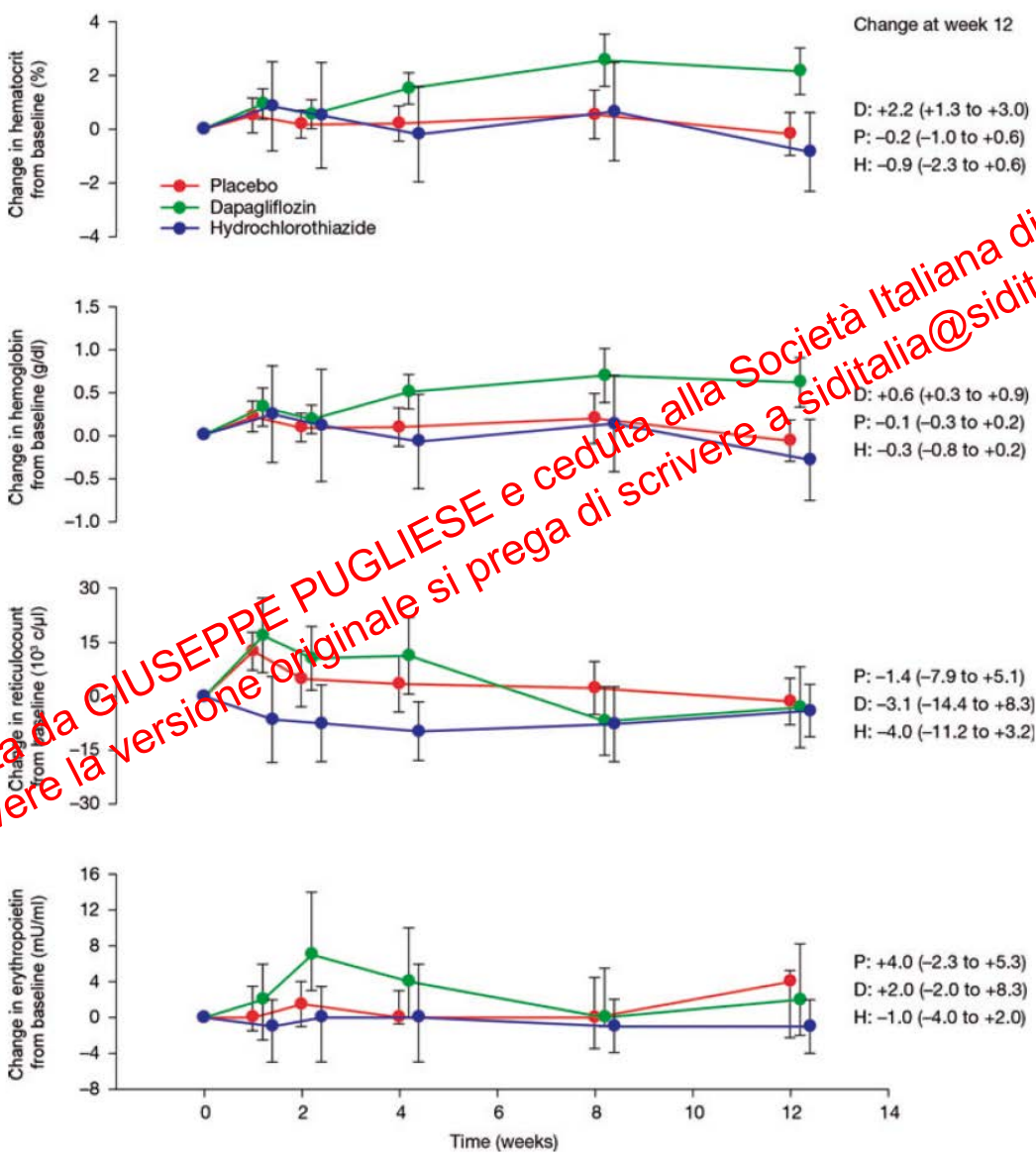


Hypoxia-dependent effects of SGLT2 inhibitors





Increased hematocrit with SGLT2 inhibitors



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Conclusions

- ✓ There is an unmet need for effective measures for nephroprotection in diabetic patients.
- ✓ Trials with SGLT2 inhibitors have shown promising effects of these agents on renal outcomes, including decrease of both albuminuria and eGFR decline.
- ✓ Treatment with SGLT2 inhibitors in CKD patients is less effective in reducing blood glucose, but not blood pressure levels and appears equally effective in improving cardiovascular and renal outcomes.
- ✓ Safety concerns with respect to nephroprotection include increased risk of AKI, which is mainly related to volume depletion and may be prevented by appropriate management of diuretic therapy.
- ✓ Further studies, including the ongoing trials with primary renal endpoints, are required for recommending SGLT2 inhibitors as nephroprotective agents in diabetic (and non-diabetic) individuals.
- ✓ Multiple mechanisms seems to be involved in nephroprotection with SGLT2 inhibitors, including reduced glomerular hyperfiltration and glucose-toxicity, volume depletion, urate excretion, shift in fuel energetics, and hypoxia-dependent effects.