

GLP-1 e Sistema Cardiovascolare: Fisiologia

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UNIVERSITÀ
DEGLI STUDI DI BARI
ALDO MORO

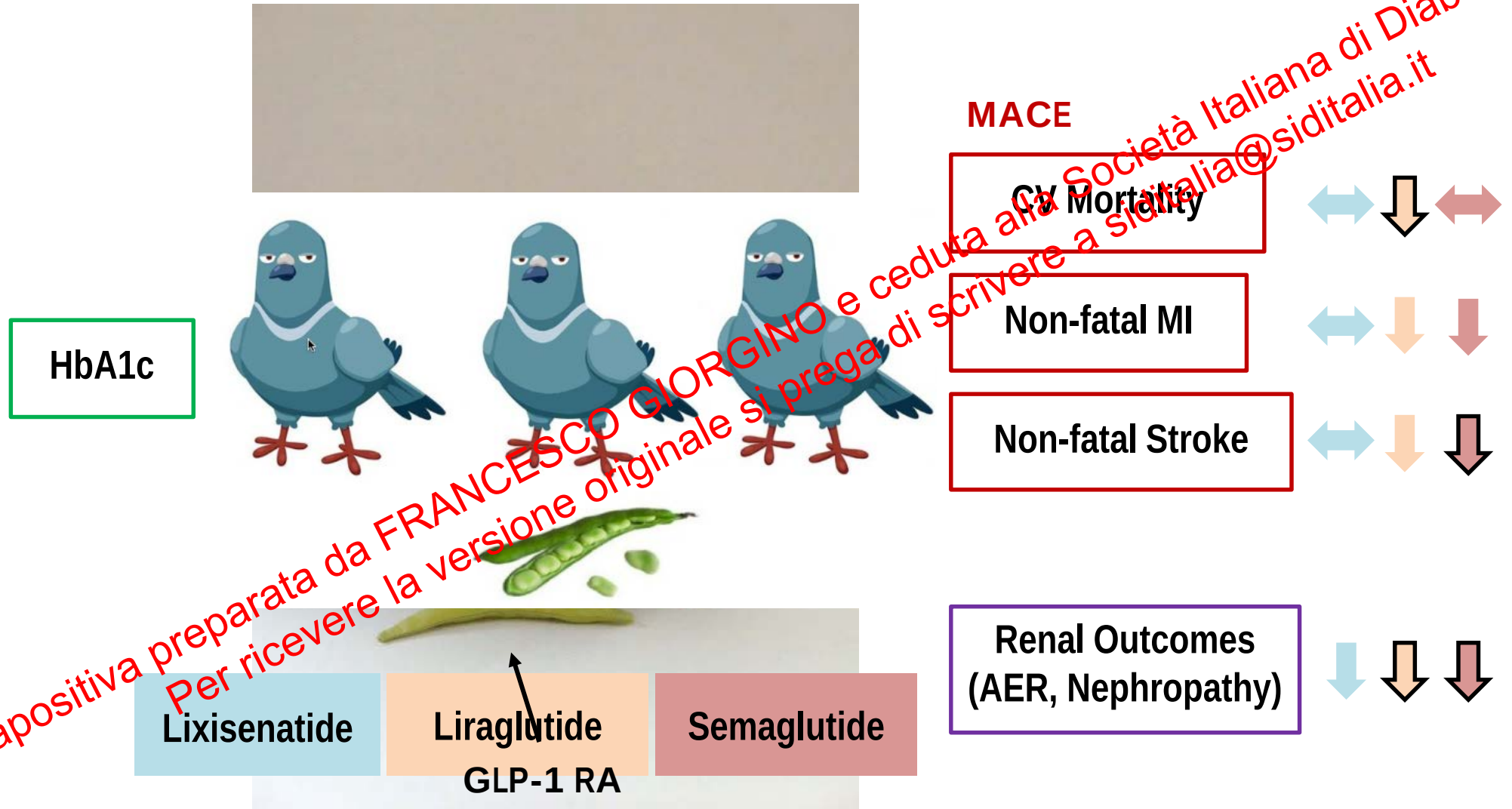
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Disclosures

- Advisory Boards: AstraZeneca/BMS; Eli Lilly; Roche Diagnostics, Takeda
- Consultant: AstraZeneca/BMS; Boehringer Ingelheim; Lifescan; Merck Sharp & Dohme; Novo Nordisk; Sanofi
- Research Support: AstraZeneca/BMS; Eli Lilly; Lifescan; Sanofi; Takeda

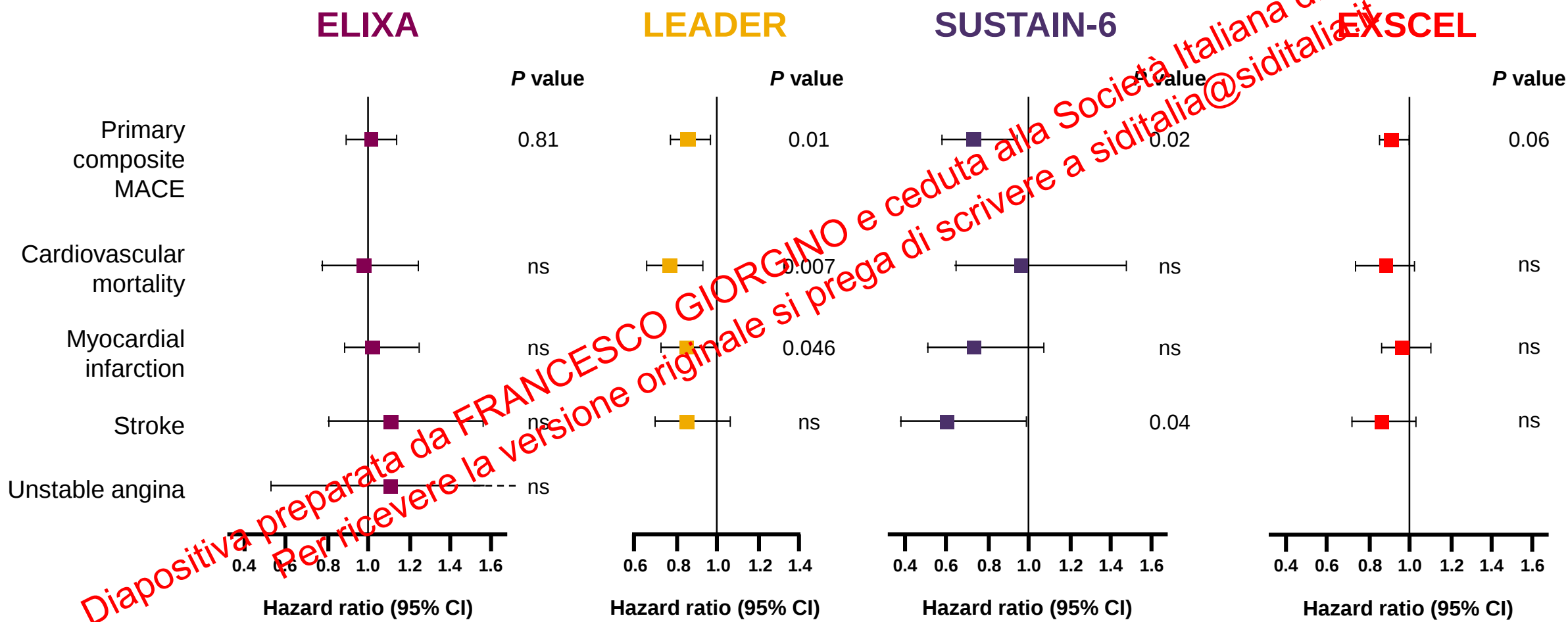
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GLP-1 RA and Vascular Outcomes in Type 2 Diabetes - 2016



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Primary Endpoint and Its Individual Components in ELIXA, LEADER, SUSTAIN-6 and EXSCEL

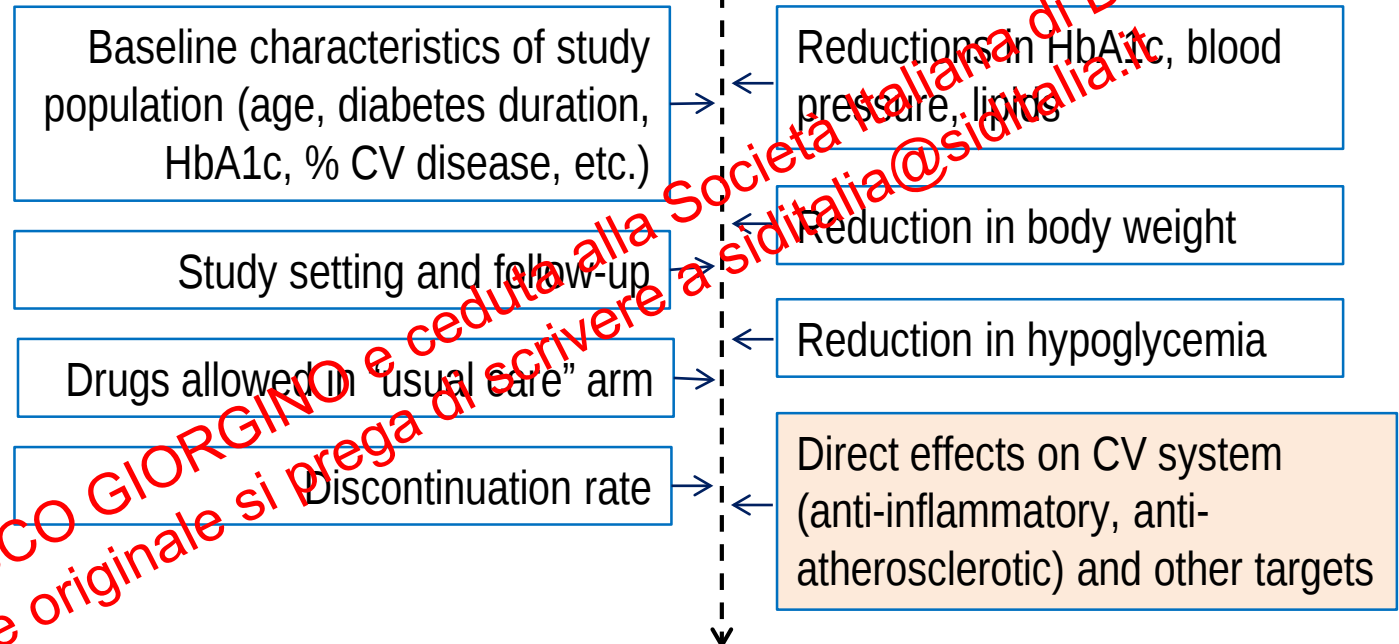


CI, confidence interval; MACE, major adverse cardiovascular event; ns, not significant.

Adapted from Pfeffer MA, et al. *N Engl J Med* 2015;373:2247–2257; Marso SP, et al., *N Engl J Med* 2016;375:311-22; Marso SP, et al., *N Engl J Med* 2016 375:1834-1844; Holman RR et al., *N Engl J Med*, in press.

Potential Factors in CV Outcomes Trials with GLP-1 RAs

GLP-1 RA
vs. "Usual Care"



CV Benefit

CV Mortality

Non-fatal MI

Non-fatal Stroke

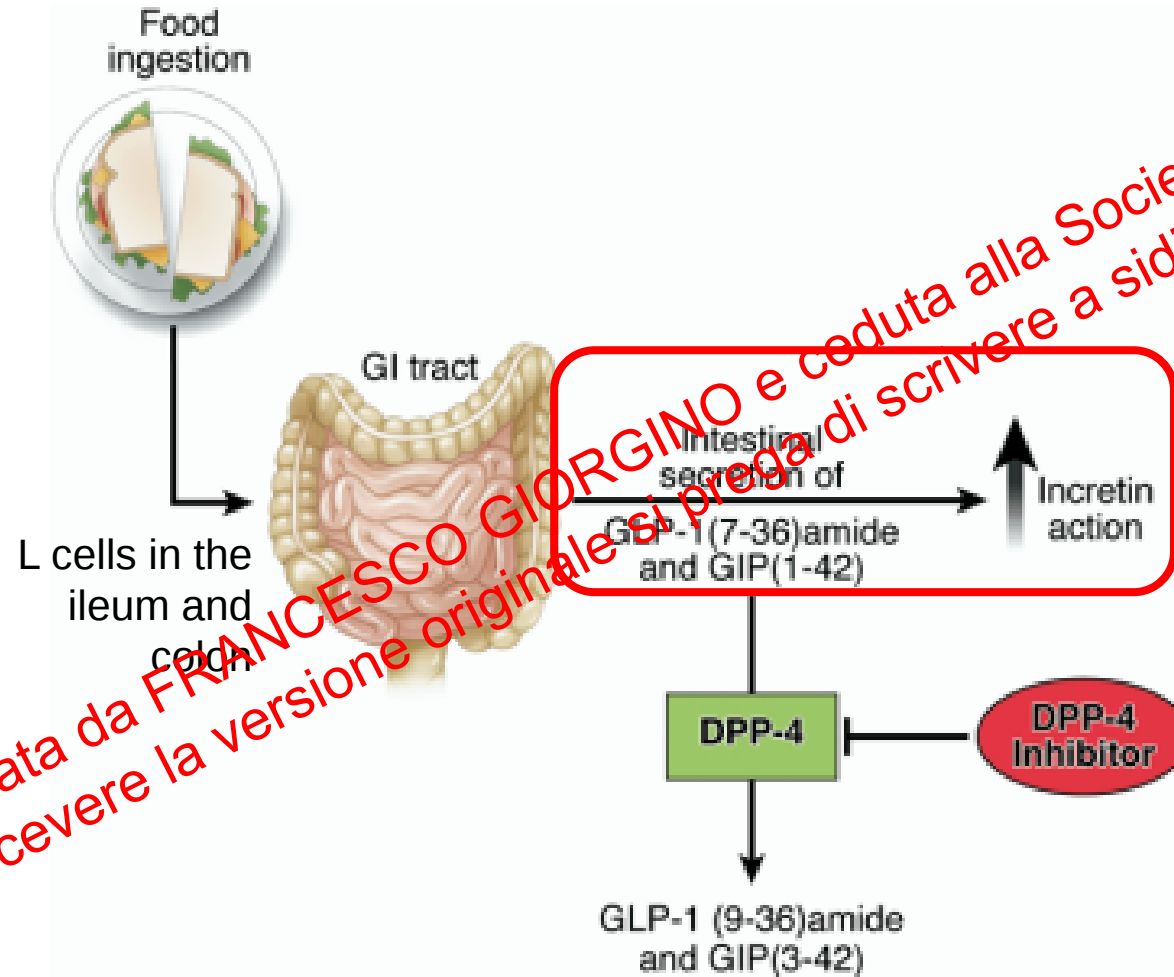
Unstable Angina

↓ All-cause Mortality

CV, cardiovascular; GLP-1 RA, glucagon-like peptide-1 receptor agonist; HbA1c, glycated haemoglobin; HF, heart failure; SGLT2-Is, sodium glucose transporter-2 inhibitors.

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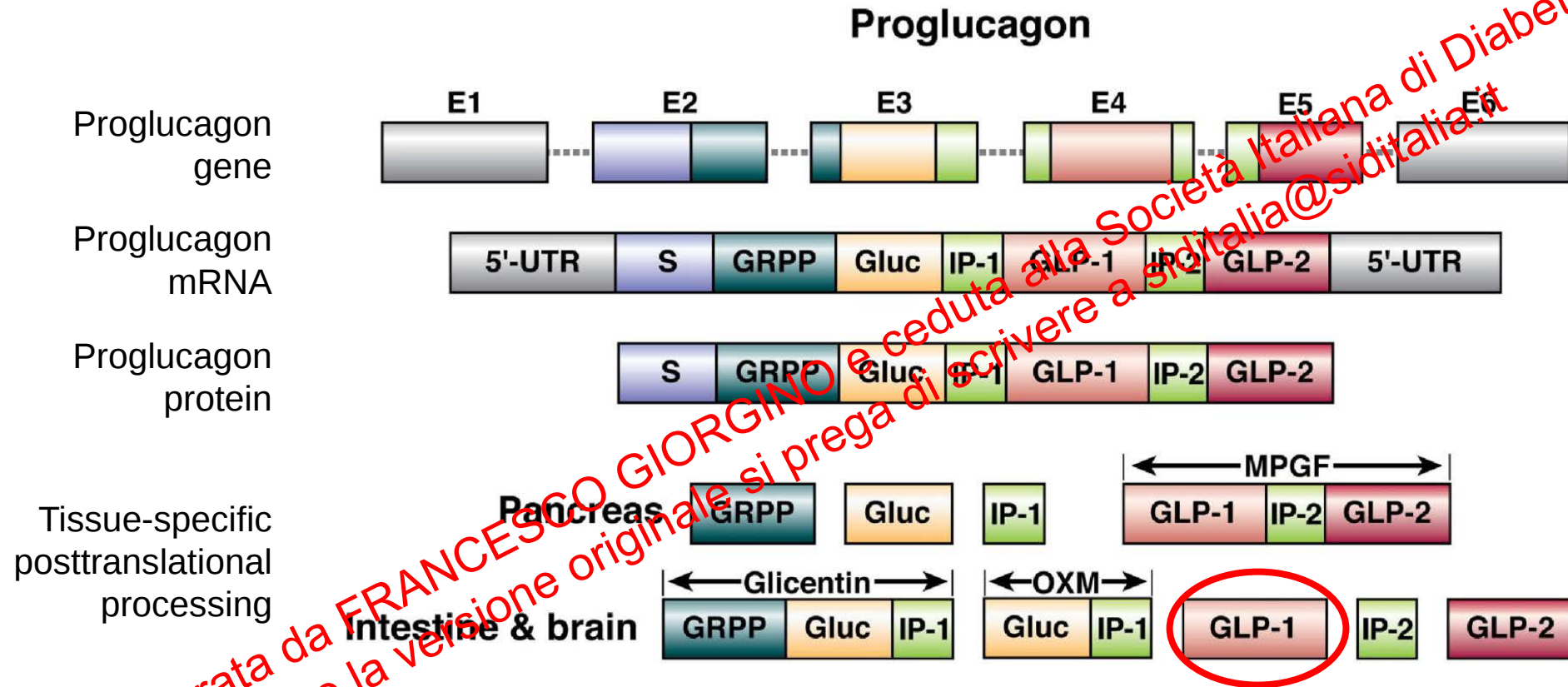
Glucagon-Like Peptide-1 (GLP-1) Secretion



GIP, glucose-dependent insulintropic polypeptide; DPP-4, dipeptidyl peptidase-4

Adapted from Baggio et al., Gastroenterology, 2007

GLP-1 Derives from Proglucagon



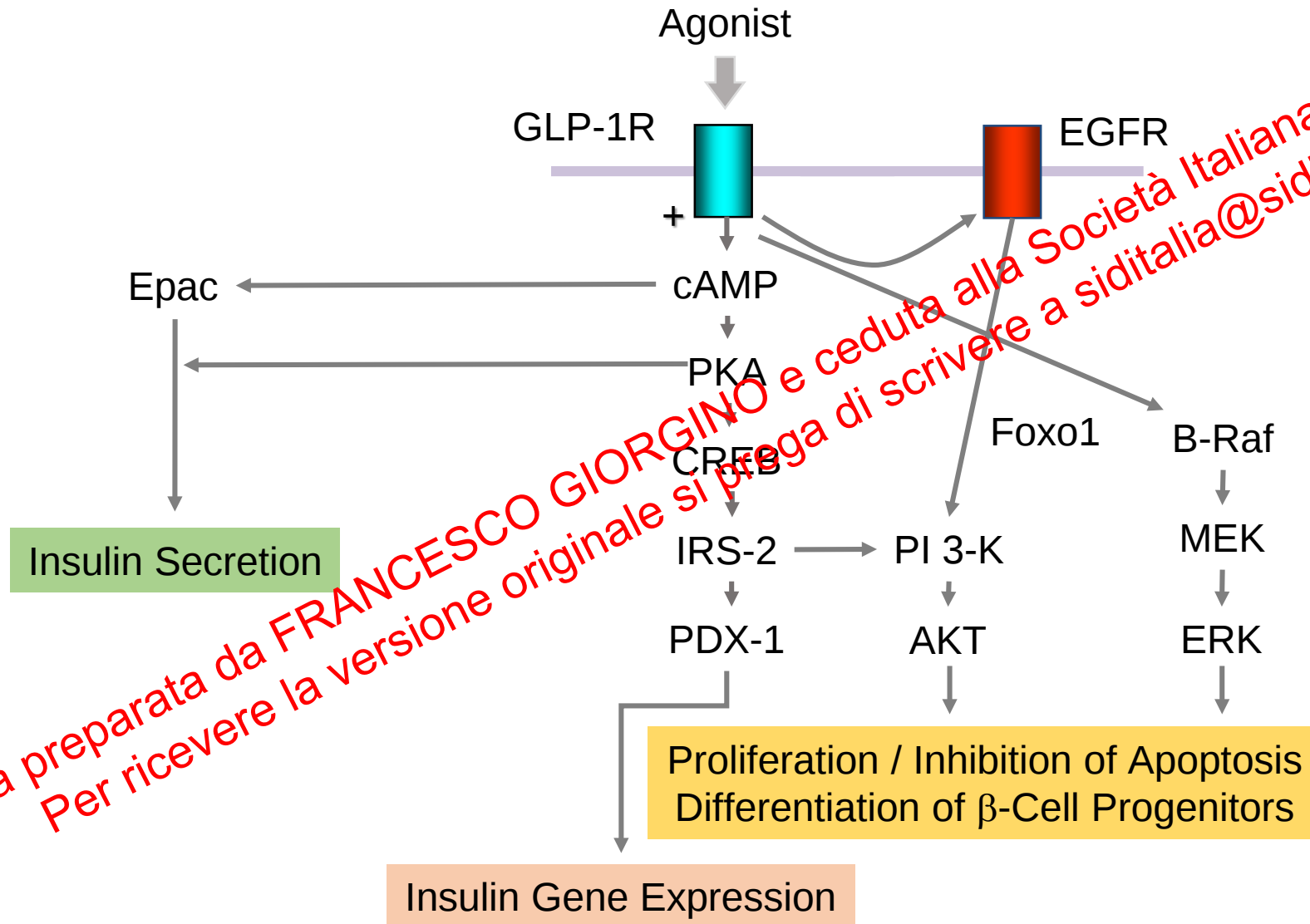
GRPP: glicentin-related polypeptide; GLUC: Glucagon; IP-1: intervening peptide-1; MPGF: proglucagon fragment; OXM: oxyntomodulin; IP-2: intervening peptide-2

Multiple Forms of GLP-1 Are Secreted *in vivo*

- Multiple forms of GLP-1 are secreted *in vivo*, including GLP-1(1-37) and GLP-1(1-36)NH₂, which are thought to be inactive, and GLP-1(7-37) and GLP-1(7-36)NH₂, which are biologically active.
- GLP-1(7-37) and GLP-1(7-36)NH₂ are produced from their full-length precursors by the action of prohormone convertase (PC)1/3 and appear to be equipotent in their ability to stimulate insulin secretion.
- In humans, the majority of GLP-1 in the circulation is GLP-1(7-36)NH₂.

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GLP-1 Signaling in Beta-Cells



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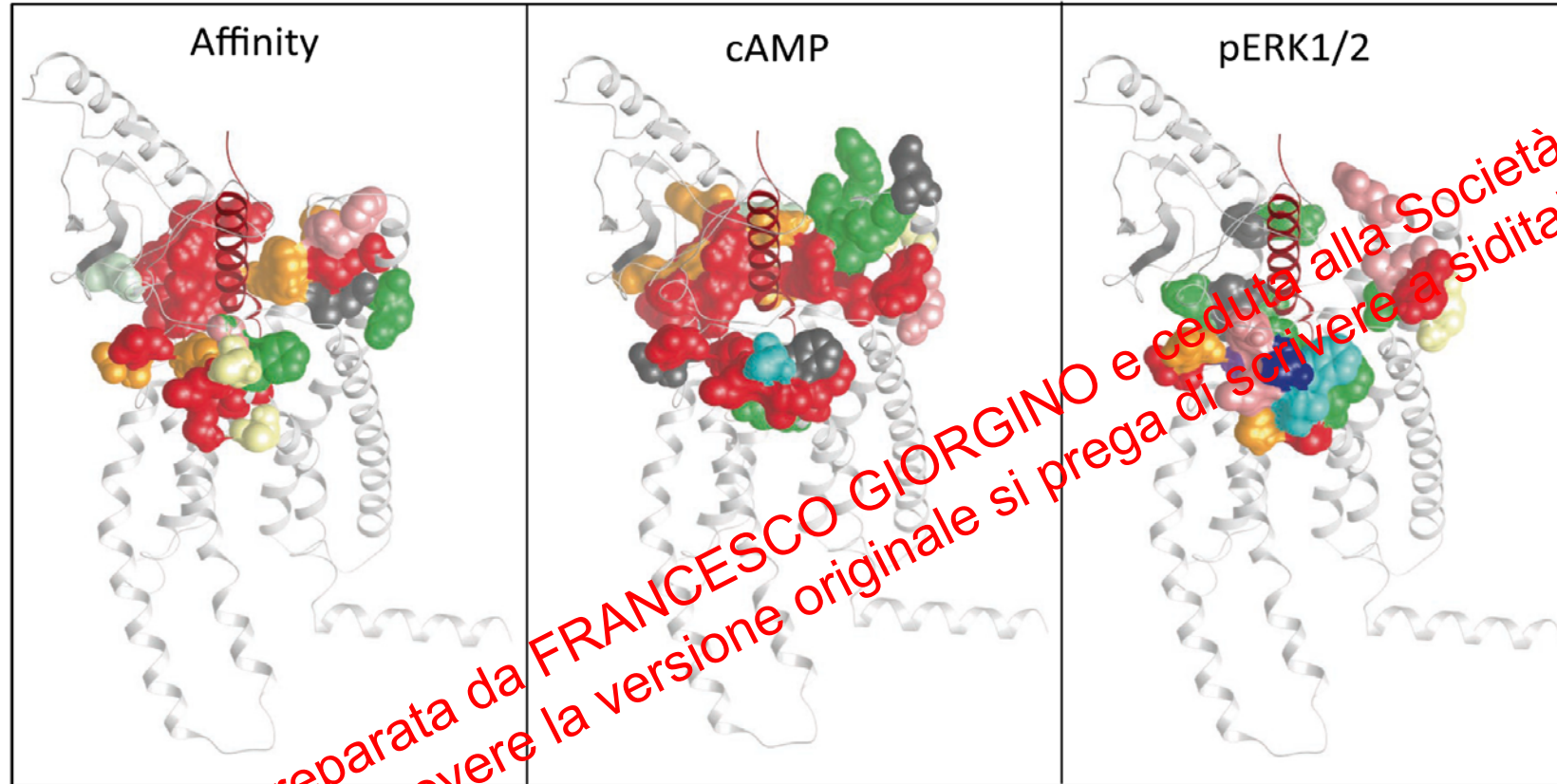
Differentiation of GLP-1 RAs: Glycemic Targets and Mechanisms of Action

Parameters	Short-acting (Prandial) GLP-1 receptor agonists	Long-acting GLP-1 receptor agonists
Compounds	Exenatide (twice daily) Lixisenatide (once daily)	Liraglutide (once daily) Albiglutide (once weekly) Dulaglutide (once weekly) Exenatide LAR (once weekly)
Half-life	2–5 hours	12 hours – several days
Receptor activation	Intermittent	Continuous
Effects		
• Fasting glucose reduction	Modest	Strong
• Fasting insulin secretion	No effect	Stimulation
• Fasting glucagon secretion	Mild reduction	Strong reduction
• Postprandial glucose excursion	Strong reduction	Modest reduction
• Postprandial glucagon secretion	Strong reduction	Mild reduction (?)
• Postprandial insulin secretion	Reduction	Stimulation
• Gastric emptying	Strong deceleration	Mild deceleration
• HbA1c reduction	-0.6–1.2%	-0.9–1.6%

Meier JJ. *Nat Rev Endocrinol* 2012; 8: 728-742

Giorgino F, et al. *Diabetes Metab Res Rev* 2016 [Epub ahead of print]

Amino Acid Residues in the GLP-1 Receptor That Are Important for GLP-1, Oxyntomodulin, and Exendin-4 Binding and Signaling



Residues highlighted in red reduce function of all three peptides, those in pink selectively reduce GLP-1 only, those in yellow selectively reduce exendin-4 only, and those in green selectively reduce oxyntomodulin only.

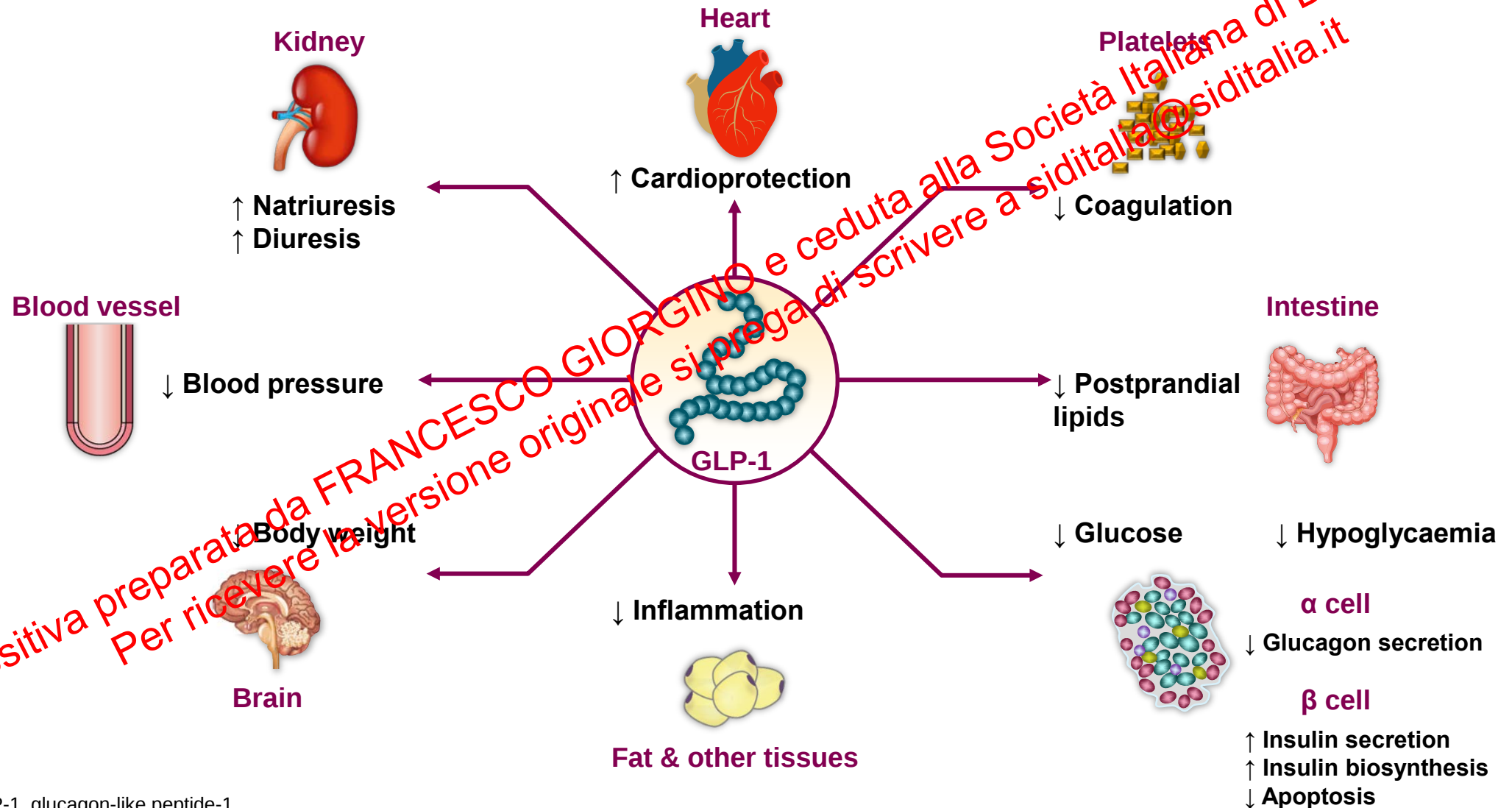
A large number of residues are important for both GLP-1 and exendin-4 but not oxyntomodulin, and these are highlighted in orange.

Other colors represent either enhanced function or existence of opposite effects when mutated on oxyntomodulin compared to GLP-1 and exendin-4.

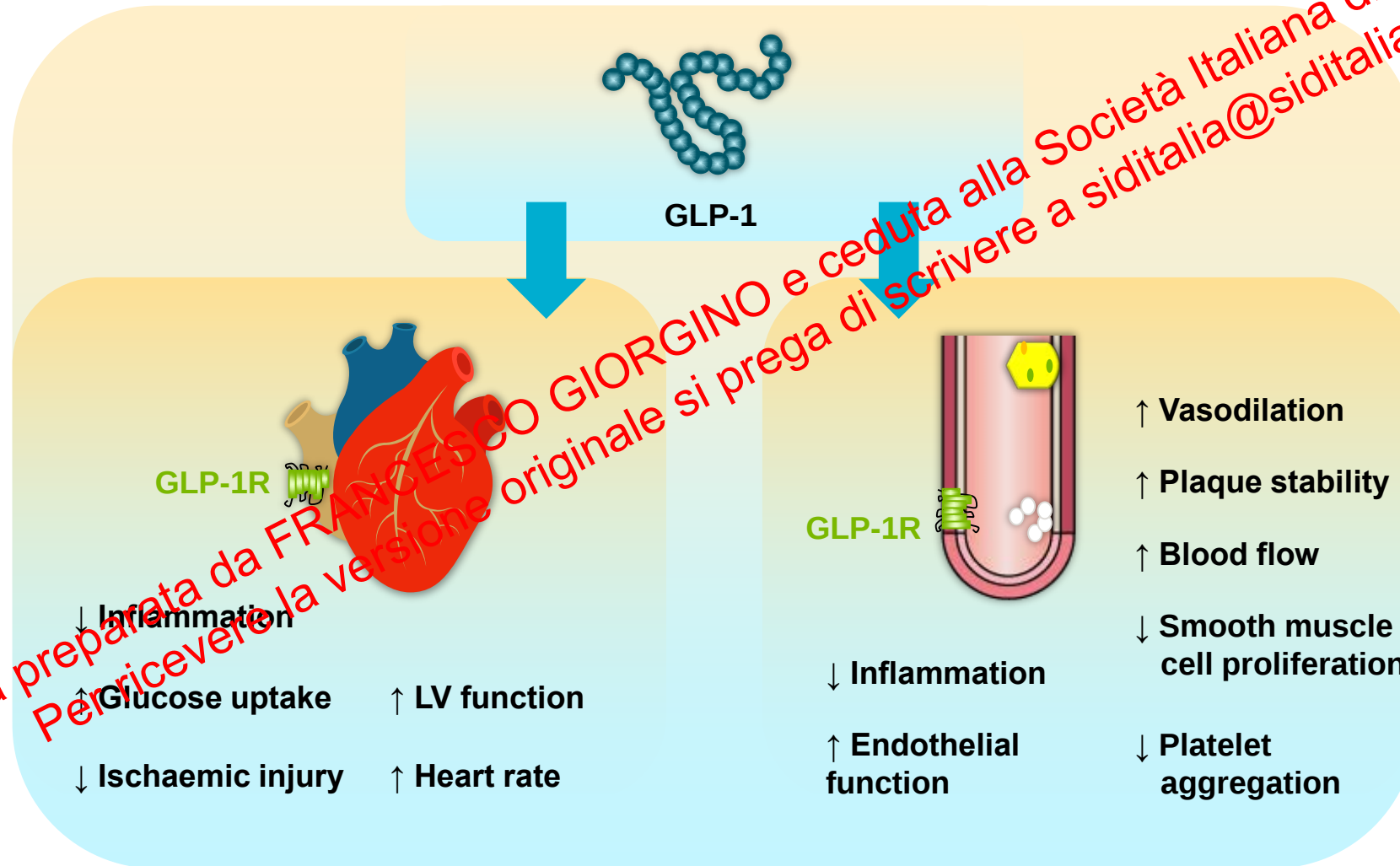
Effect of mutation

Red	↓ All peptides	Yellow	↓ Exendin-4	Green	↓ Oxyntomodulin	Orange	↓ GLP-1/Exendin-4	Grey	↓ GLP-1/Oxyntomodulin	Light Green	↓ Oxyntomodulin/Exendin-4	Blue	↑ GLP-1/Exendin-4 ↓ Oxyntomodulin	Purple	↑ Oxyntomodulin ↓ GLP-1/Exendin-4	Cyan	↑ GLP-1	Pink	↑ Oxyntomodulin	Dark Blue	↑ GLP-1/Exendin-4
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GLP-1 Effects on CV Risk through Direct and Indirect Actions in Multiple Organs



Direct and Indirect Actions of GLP-1 in the Heart and Blood Vessels



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Effects of GLP-1 or GLP-1 Receptor Agonists in Human Studies, with Potential Impact on Cardiovascular Function

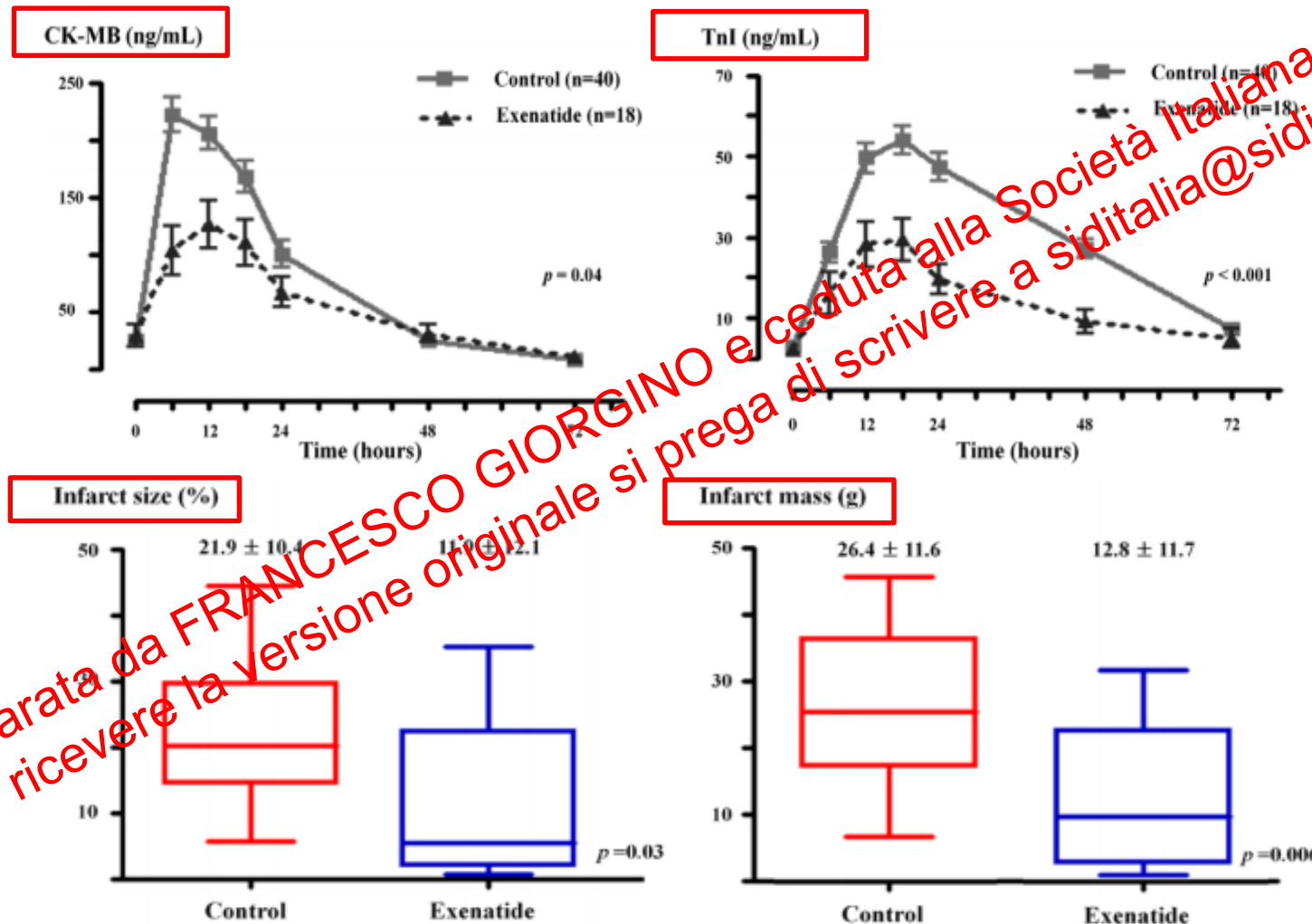
Effect	GLP-1 [7-36 amide or 7-37]	Liraglutide	Exenatide
Cardioprotection against ischemia	↑ LVEF; ↑ regional wall motility	preserved LVEF after PCI/NSTEMI	↑ salvage index after STEMI; ↓ infarct size

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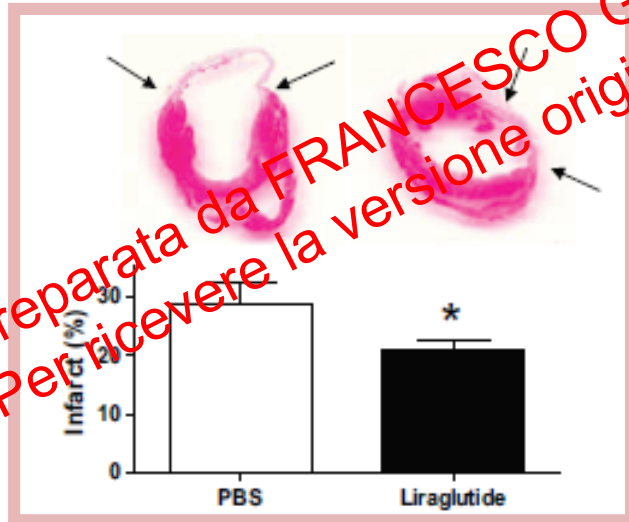
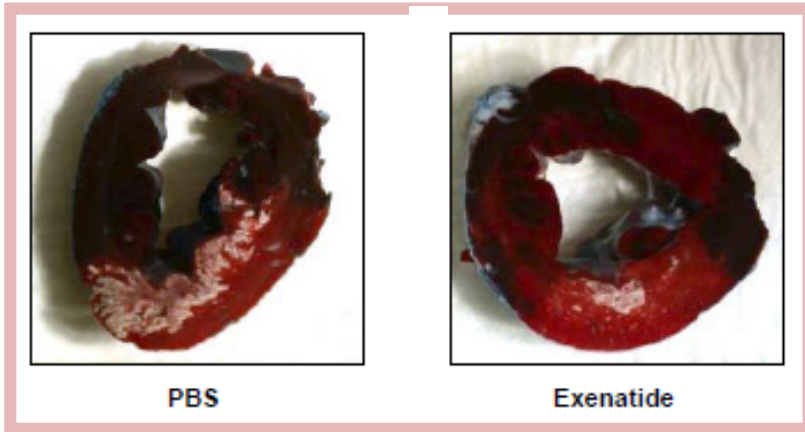
ACh, acetylcholine; CPC, cardiac progenitor cell; EC, endothelial cell; HUVEC, human umbilical vein endothelial cell; IL, interleukin; LVEF, left ventricular ejection fraction; NOS, nitric oxide synthase; NSTEMI, non ST-elevated myocardial infarction; PCI, primary coronary intervention; T2D, type 2 diabetes; TNF, tumour necrosis factor..

Adapted from Nauck MA, et al., *Circulation* 2017;136:849-870

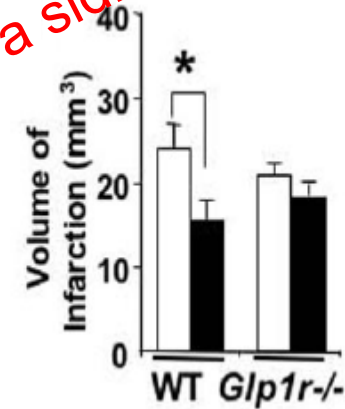
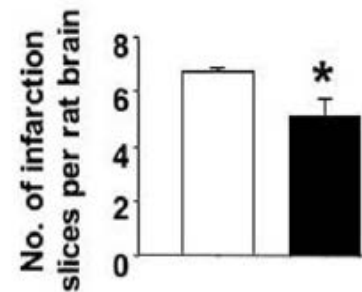
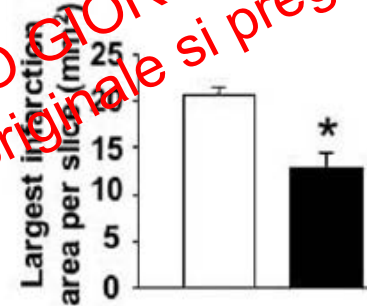
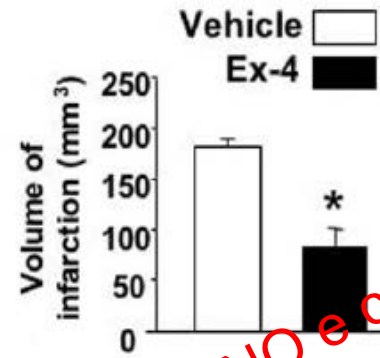
Cardioprotective Effects of Exenatide in Patients With Myocardial Infarction Undergoing Primary PCI



GLP-1 RA and Cardioprotection

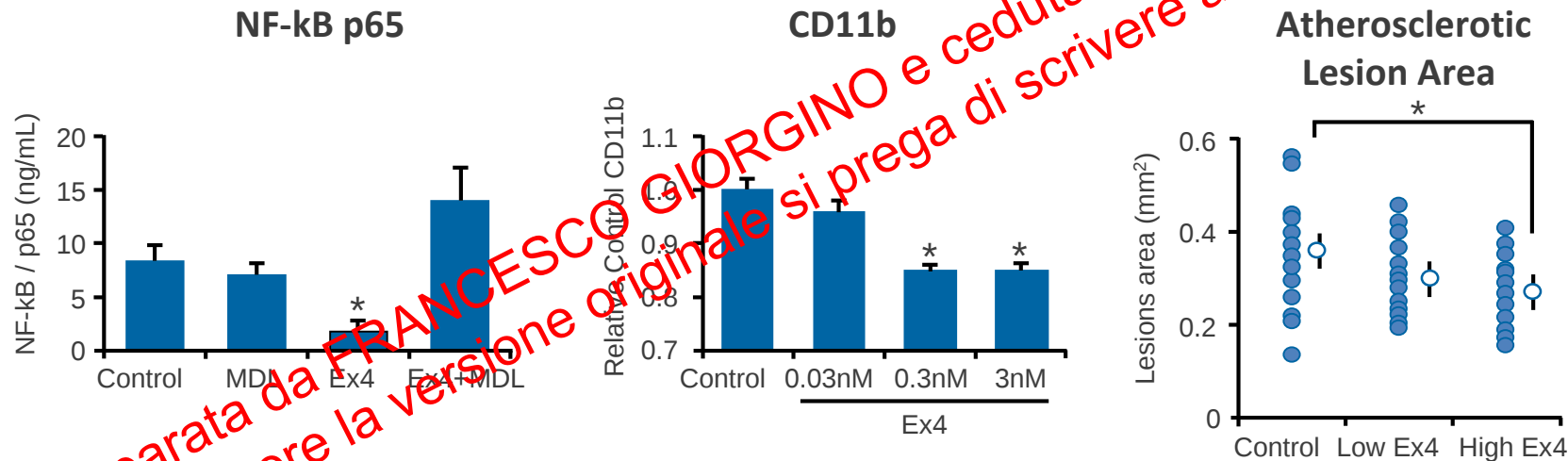


GLP-1 Receptor Stimulation Preserves Primary Cortical Neurons in Rodent Models of Stroke



GLP-1 Mimetic Decreases Inflammatory Signaling and Atherosclerotic Lesion Area in a Murine Model

Treatment with Exendin-4 decreased inflammatory and adhesion molecules on monocytes and macrophages and reduced atherosclerotic lesion area



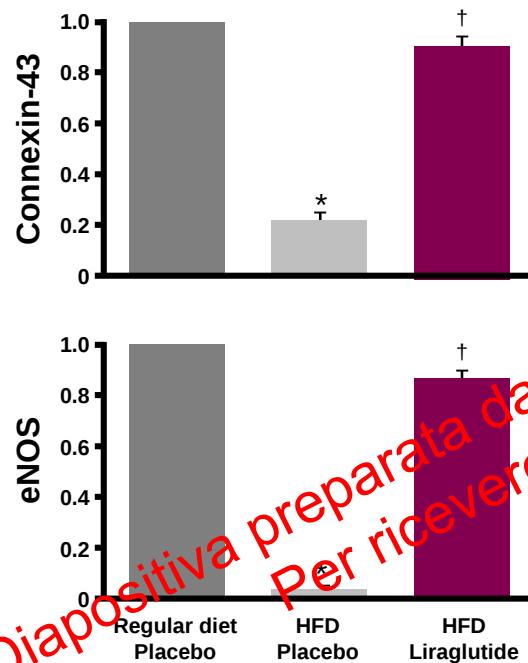
* $P < 0.05$ vs. control

CD11b, monocyte adhesion molecule; Ex4, exendin-4; MDL, MDL-12330A (a cAMP inhibitor); NF-kB, Nuclear factor kappa B.

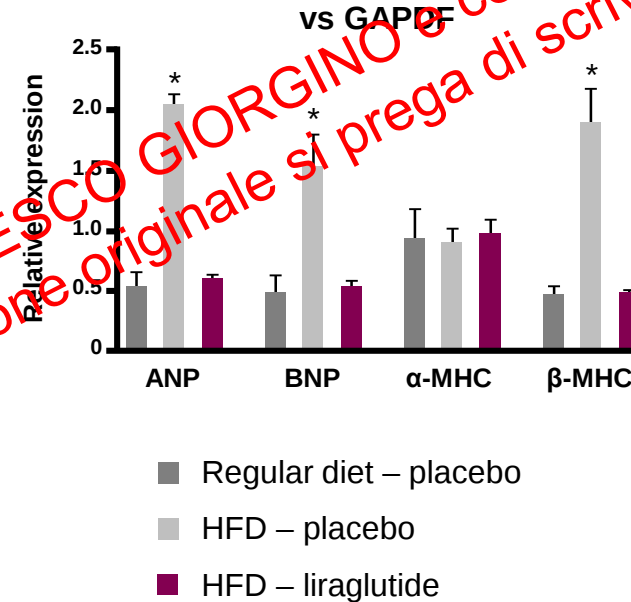
Liraglutide Reduced Obesity-induced Perturbations in Cardiac Endothelial NO Synthase and Markers of Hypertrophy and Inflammation

- Effect of 1-week treatment with liraglutide (30 µg/kg) in mice fed on 45% high-fat diet

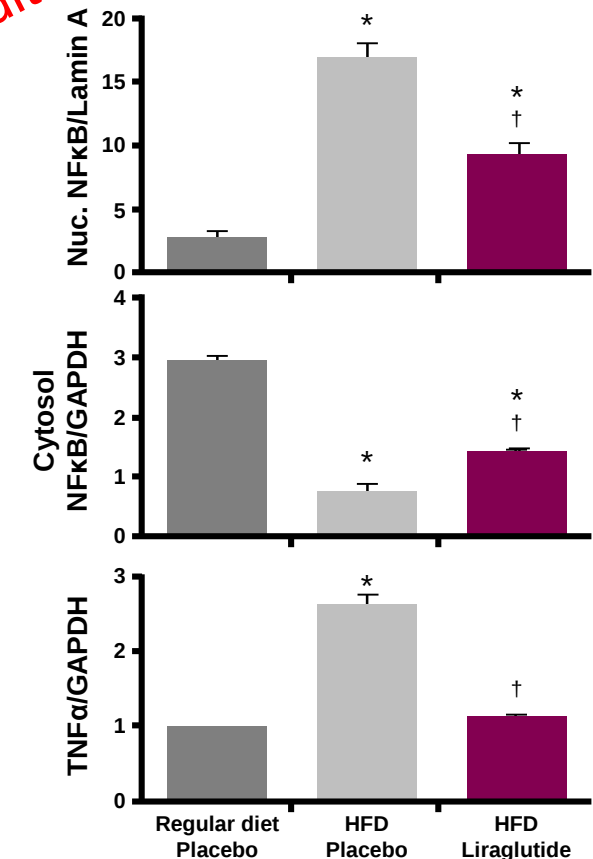
Markers of coordinated electrical activity (Connexin-43) and regulation of coronary blood flow (eNOS)



Markers of hypertrophy



Inflammatory markers



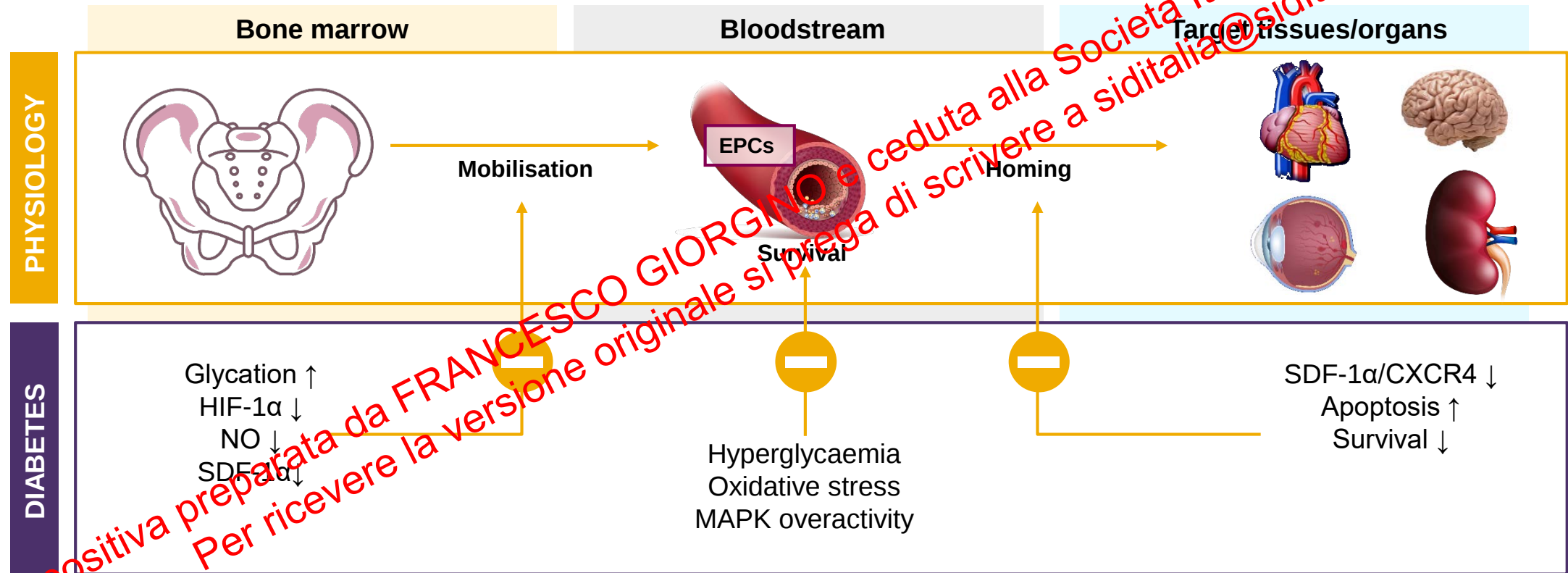
* $P < 0.05$ vs regular diet – placebo; † $P < 0.05$ vs high-fat diet – placebo, by Tukey multiple comparison post-hoc test

eNOS, endothelial nitric oxide synthase; HFD, high-fat diet

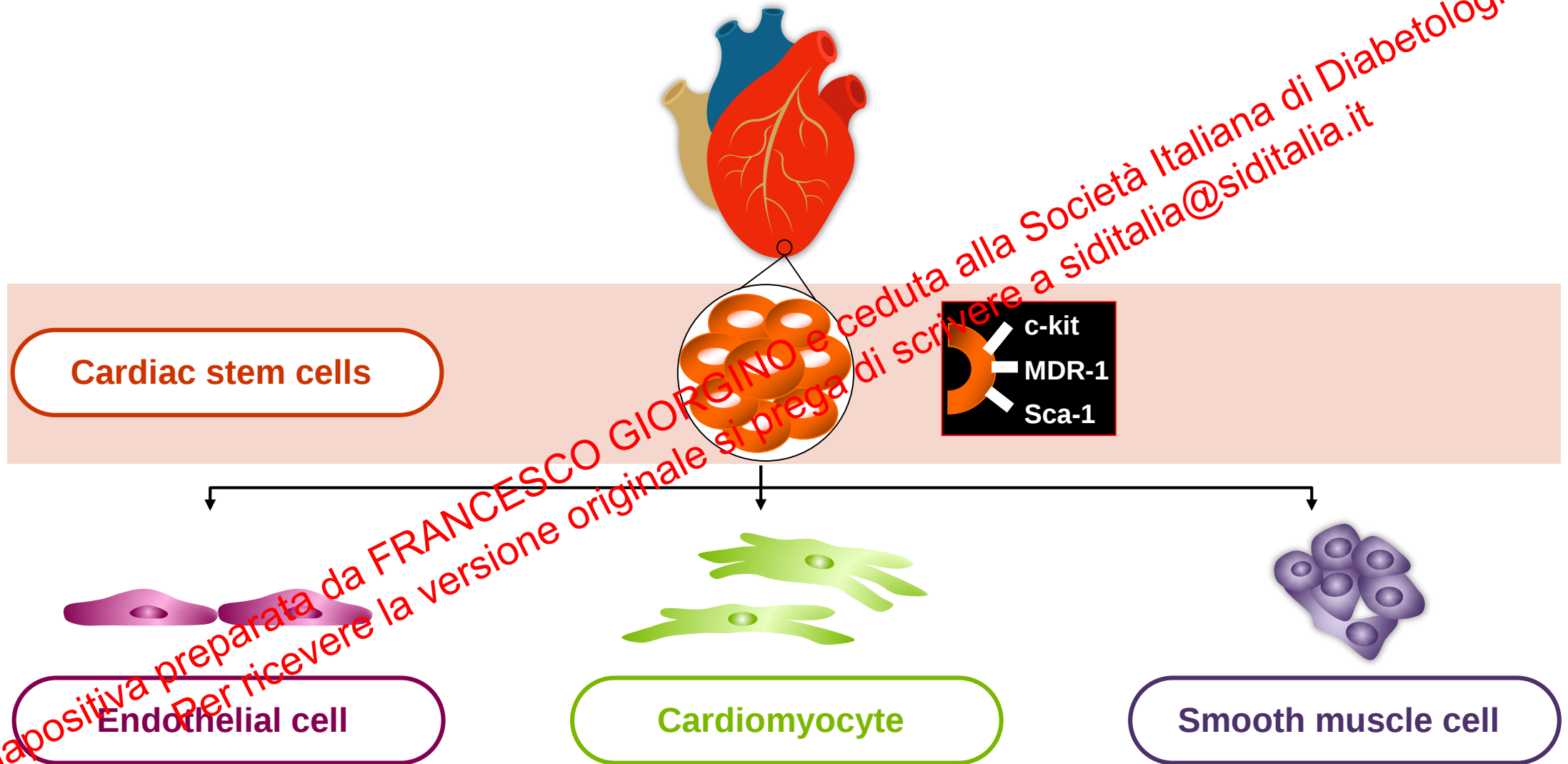
Noyan-Ashraf MH, et al. *Circulation* 2013;127:74–85

Atherosclerosis is Associated with Reduced Levels or Dysfunction of Circulating Endothelial Progenitor Cells (EPCs)

Movement of endothelial progenitor cells in health and diabetes

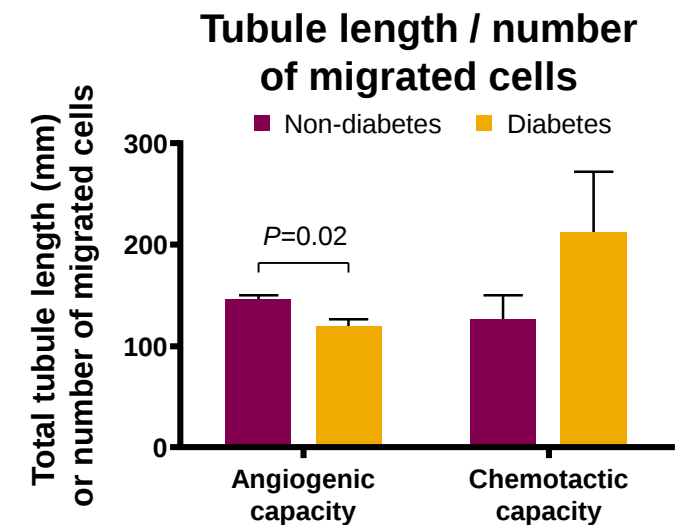
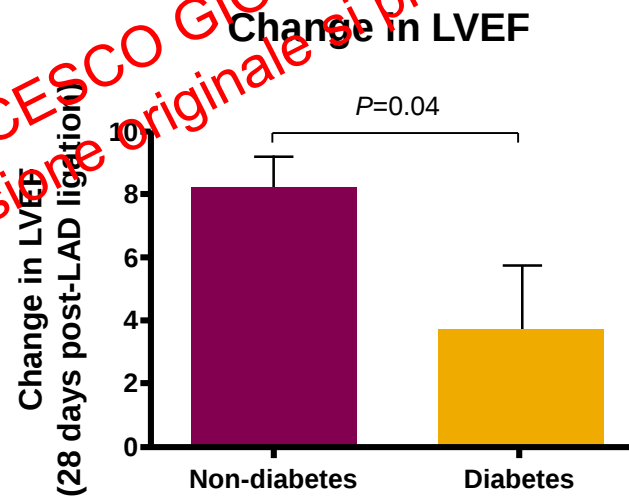
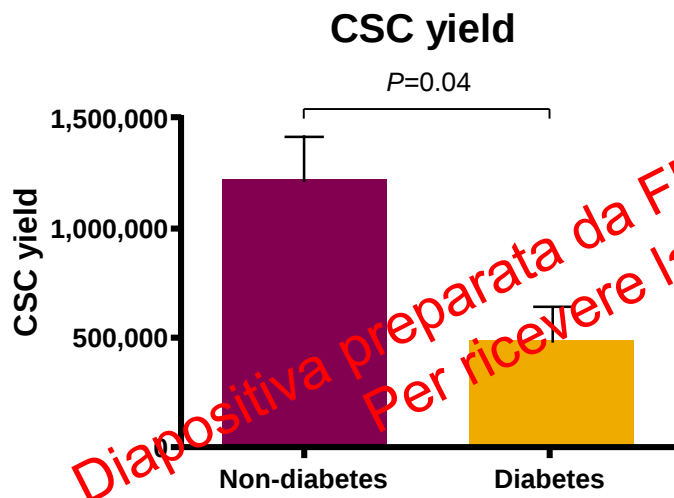
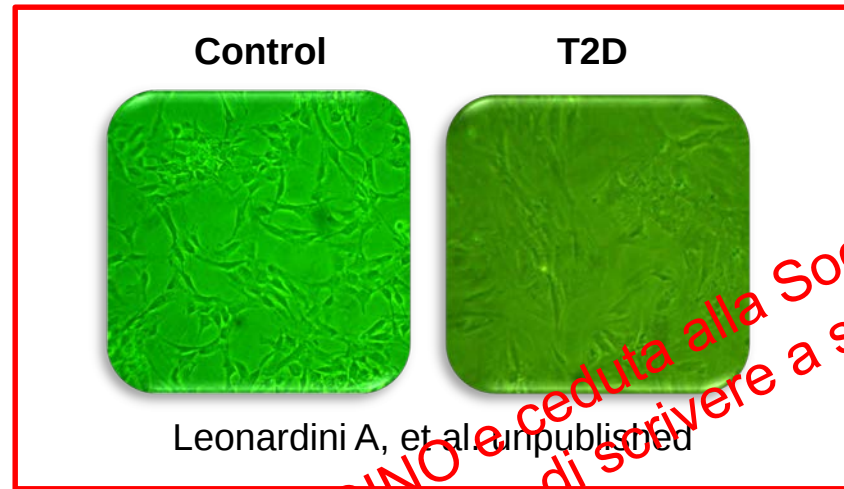


The Heart is a Self-renewing Organ



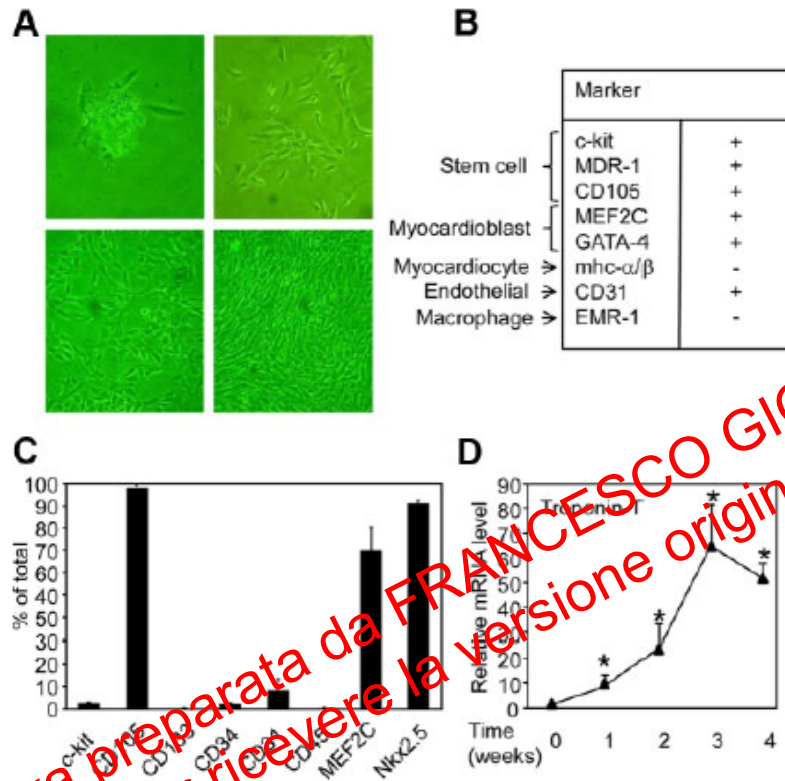
Cardiac disease = cardiac stem cell compartment disease?

Diabetes Mellitus Impairs Human Cardiac Stem Cell Function

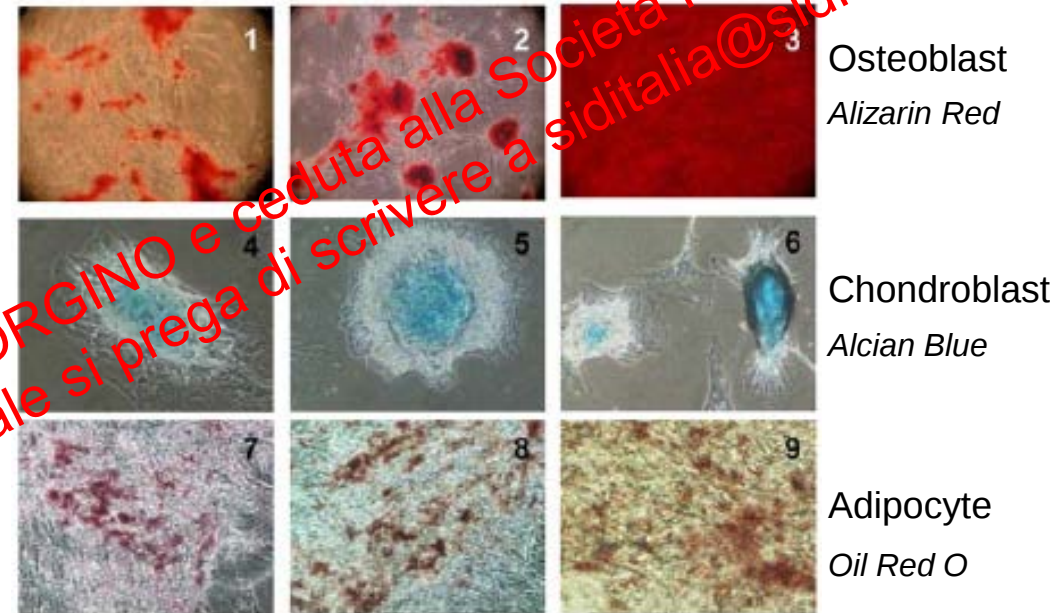


Isolation and Characterization of Human CPC

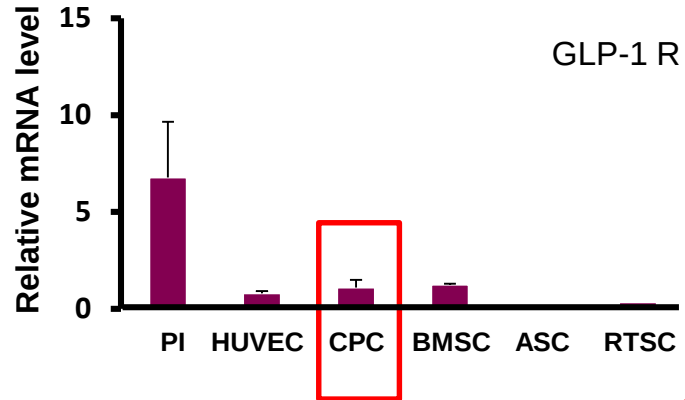
Phenotypic Profile of Human CPC



Multilineage Differentiation Potential of Human CPC

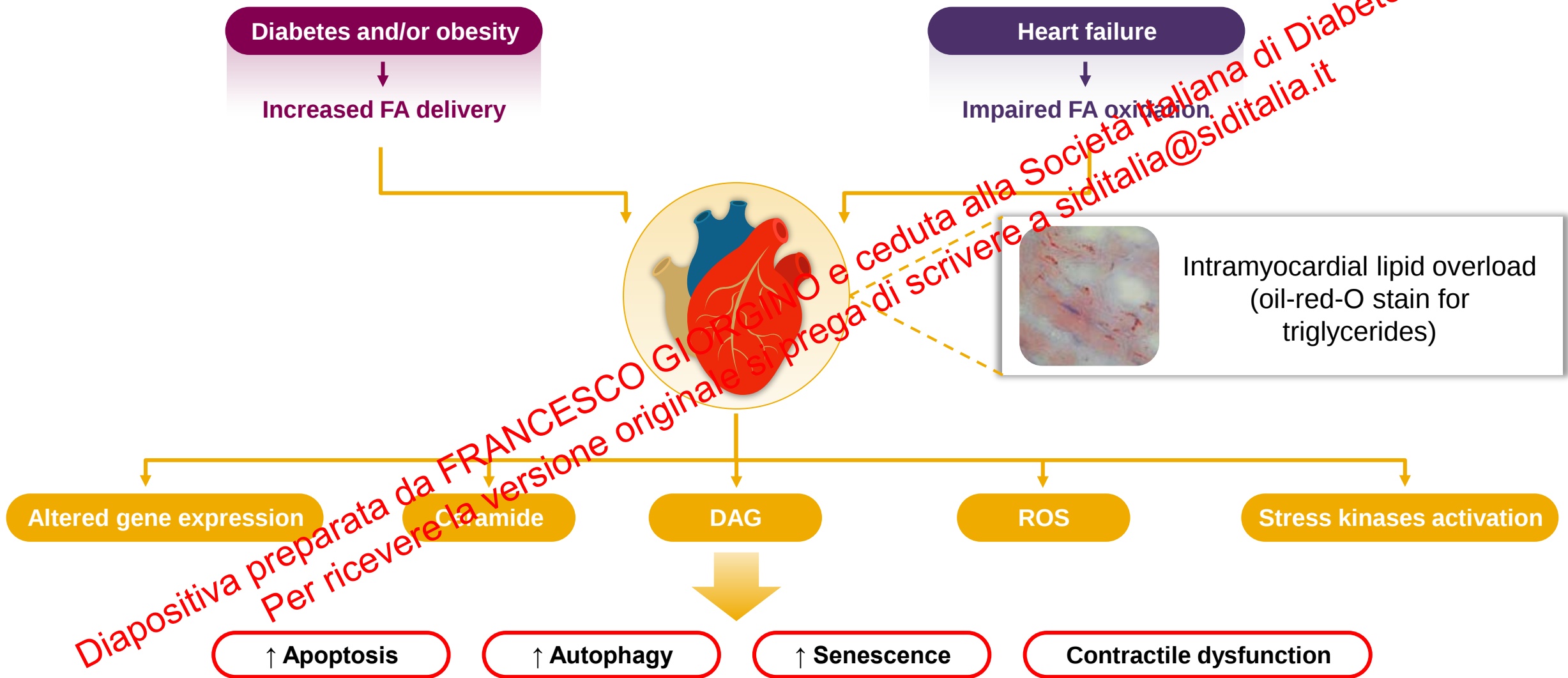


The GLP-1 Receptor in Human CPC

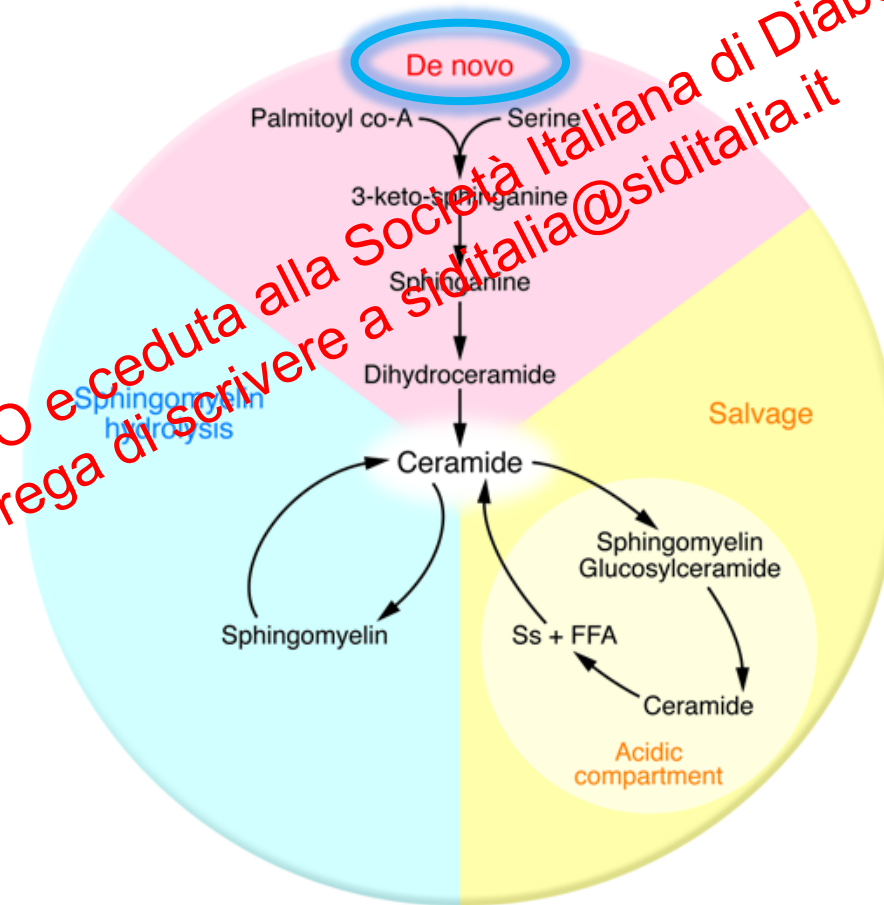
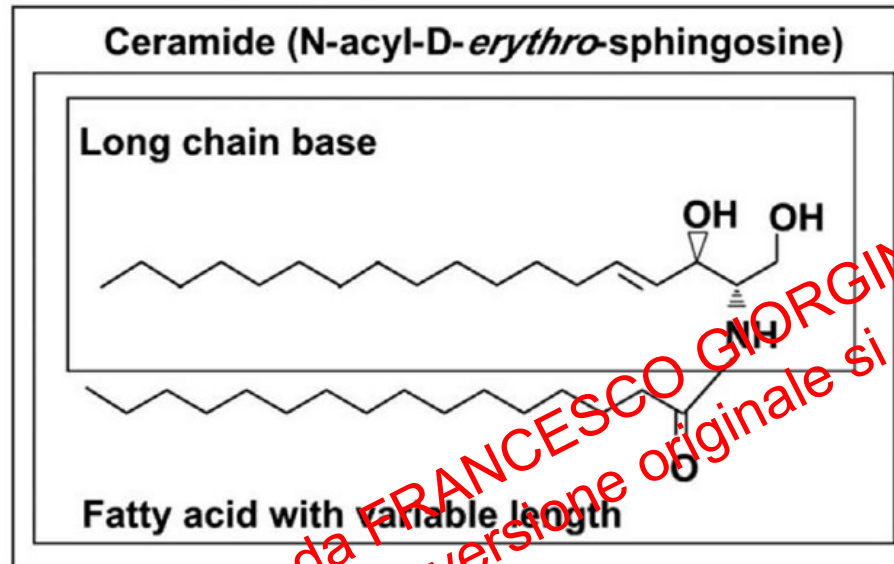


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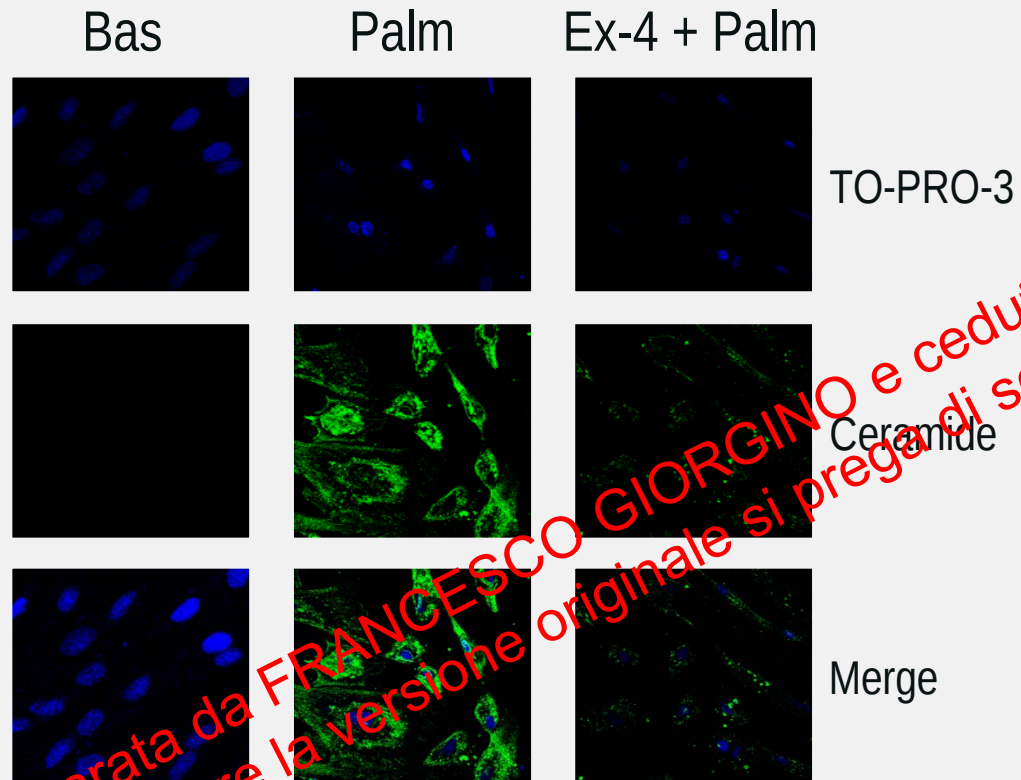
Mechanisms of Lipotoxicity in the Heart



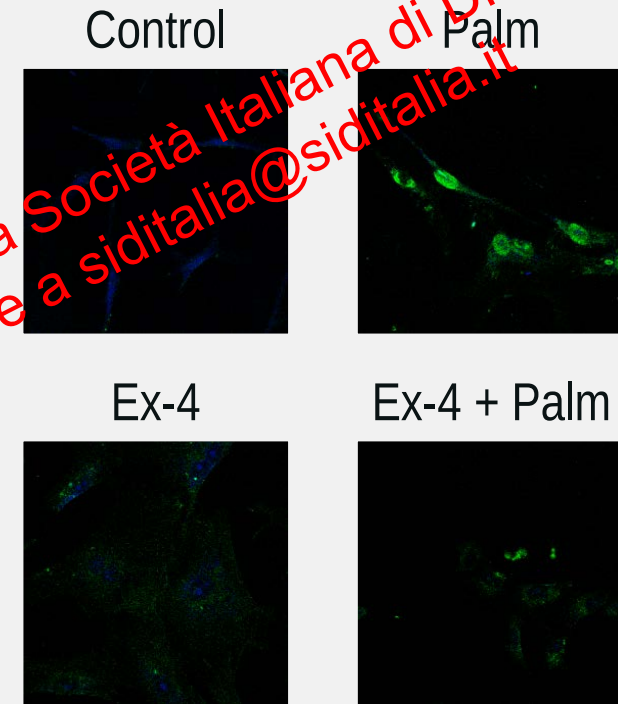
Ceramide Production



Exendin-4 Inhibits *de Novo* Production of Ceramide and Apoptosis in Human Cardiac Progenitor Cells

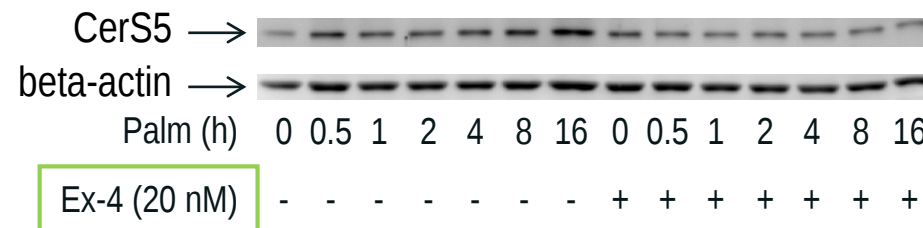
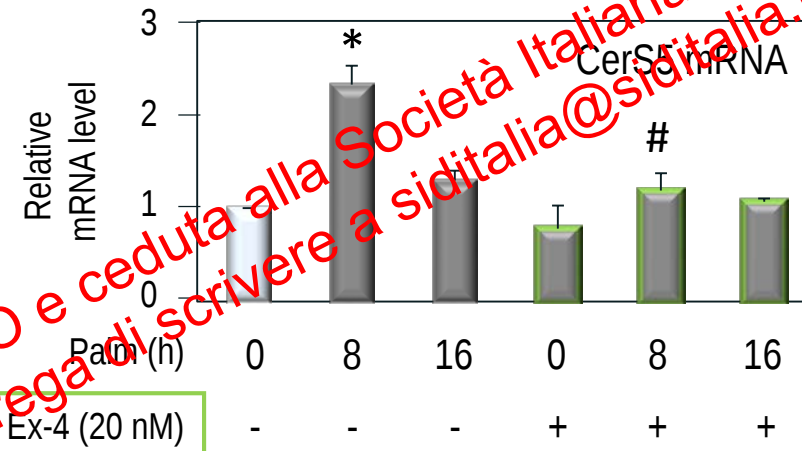
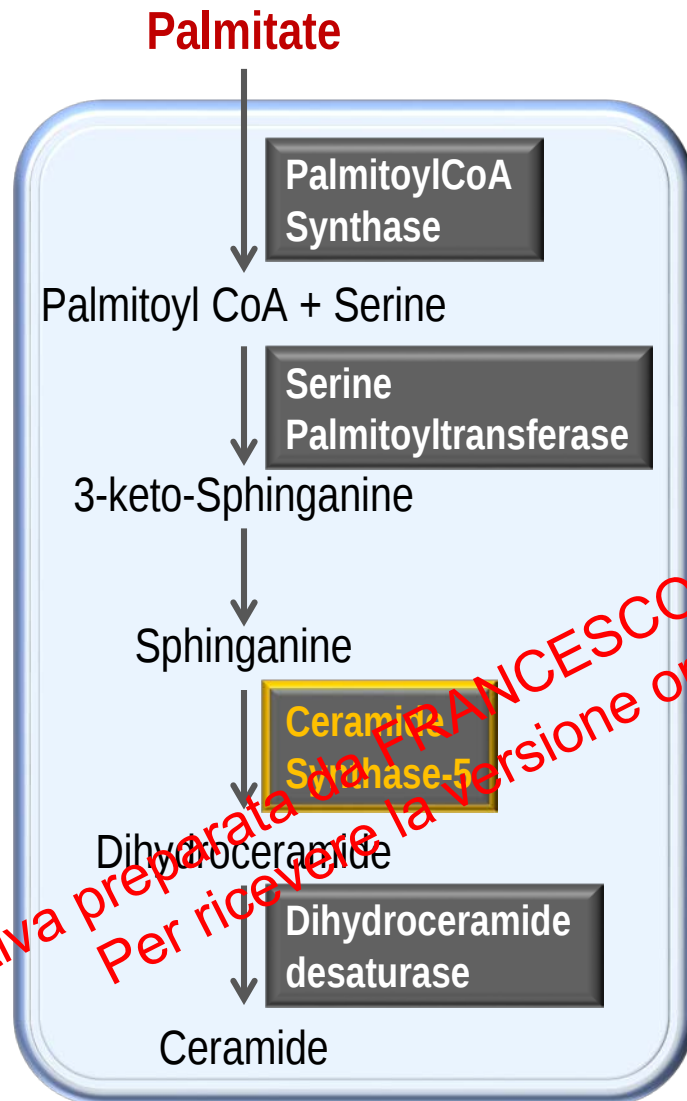


■ TO-PRO-3
■ Ceramide



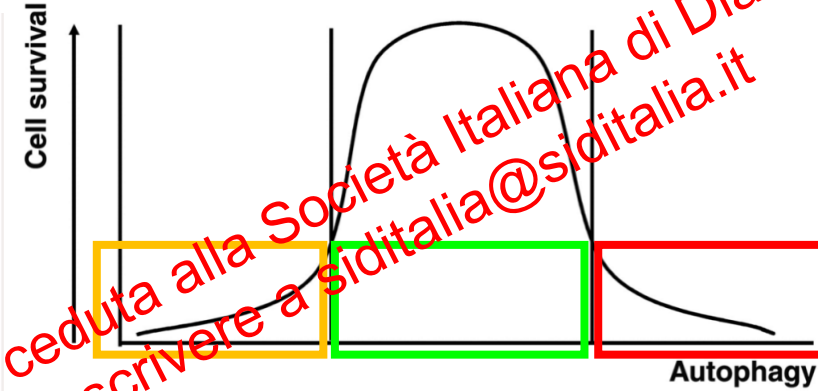
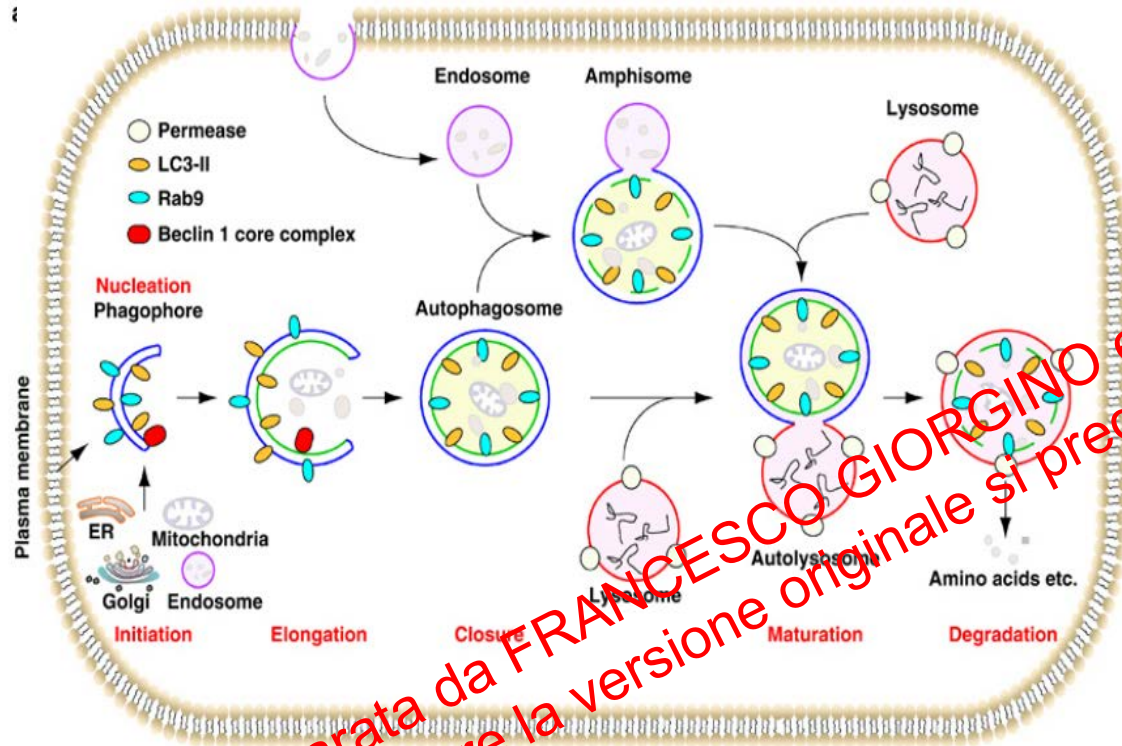
■ TO-PRO-3
■ Apoptotic cells (TUNEL)

Exendin-4 Prevents Induction of Ceramide-Synthase 5 (CerS5) in Human Cardiac Progenitor Cells



* $p < 0.05$ Palm vs basal
 # $p < 0.05$ Ex-4+Palm vs Palm

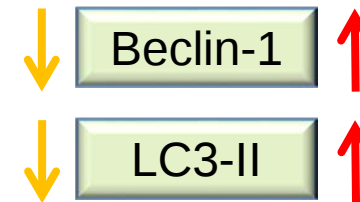
Role of Autophagy in Cell Survival



Insufficient Basal Excessive

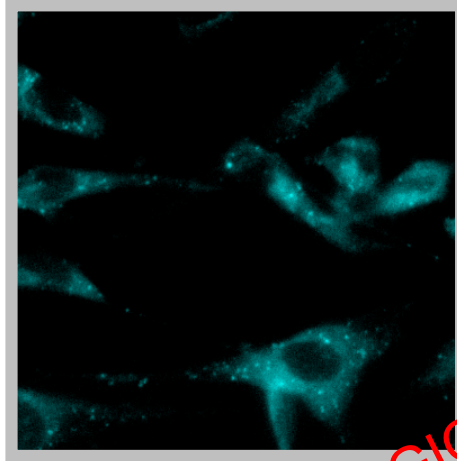
↓ ↓ ↓

Cell death Cell survival (Homeostasis) Cell death



Exendin-4 Prevents Palmitate-Induced Autophagosome Formation

Monodansylcadaverine Staining



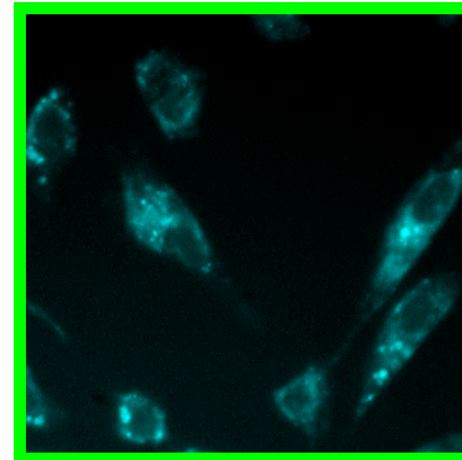
BASAL



PALMITATE



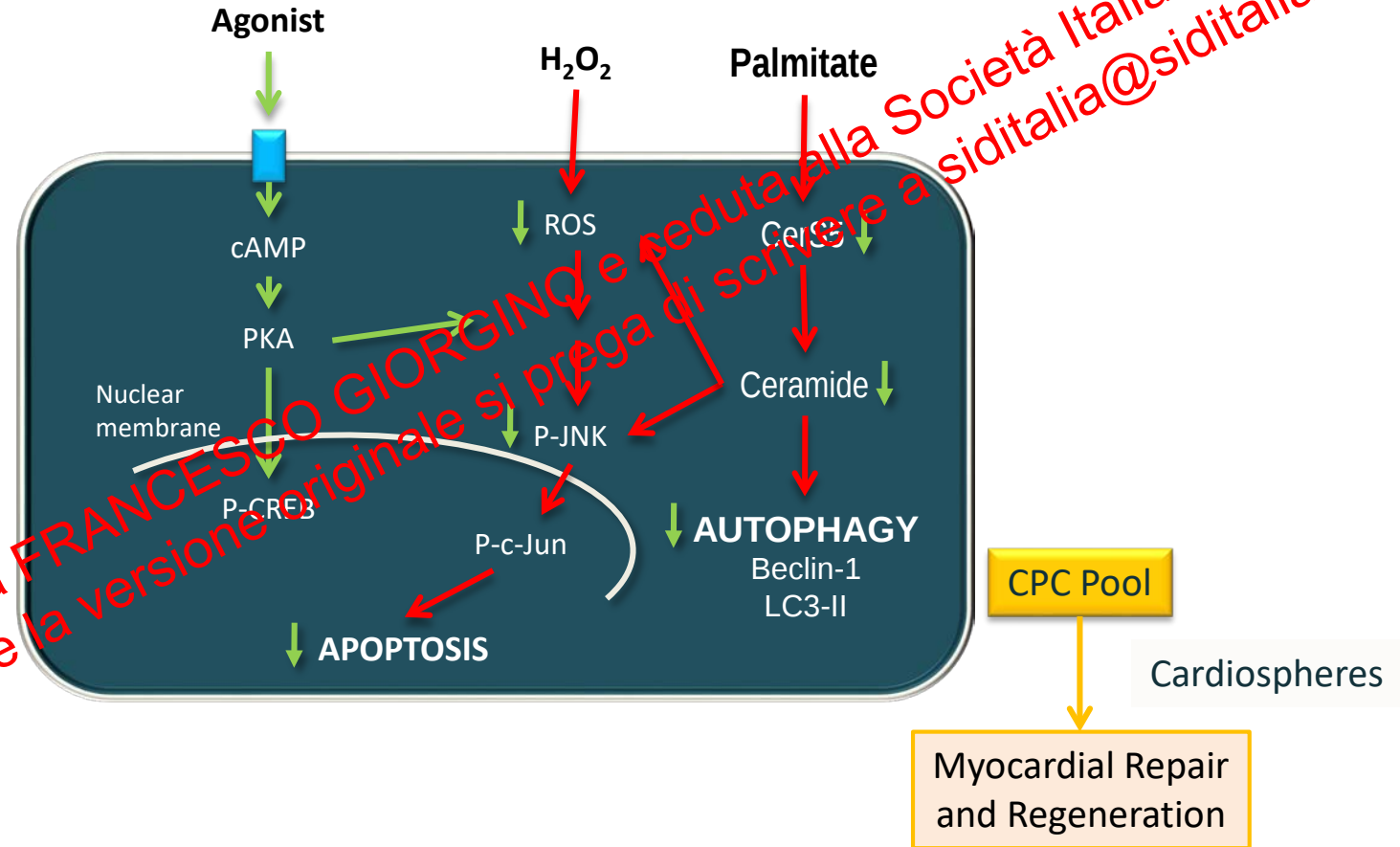
EXENDIN-4



EXENDIN-4 + PALMITATE

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GLP-1R Activation Increases Human Cardiac Progenitor Cell (CPC) Survival



Laviola L., Leonardini A., et al. *Endocrinology* 2012.
Leonardini A., D'Oria R., et al., *JCEM* 2017.
D'Oria R., et al., in preparation.

Activation on Cardioprotection

GLP-1 [7-36 amide]

His Ala Glu Gly Thr Phe Thr Ser Asp Val
Glu Lys Ala Ala Gln Gly Glu Leu Tyr Ser
Phe Ile Ala Trp Leu Val Lys Gly Arg Gly

GLP-1 [9-36 amide]

His Thr
Glucagon

GLP-1 receptor

Other receptors?

Satiety↑
Appetite↓

Classical CV risk factors ↓
Blood glucose Blood pressure Blood lipids

Body weight ↓

Diuresis ↑
Sodium excretion ↑

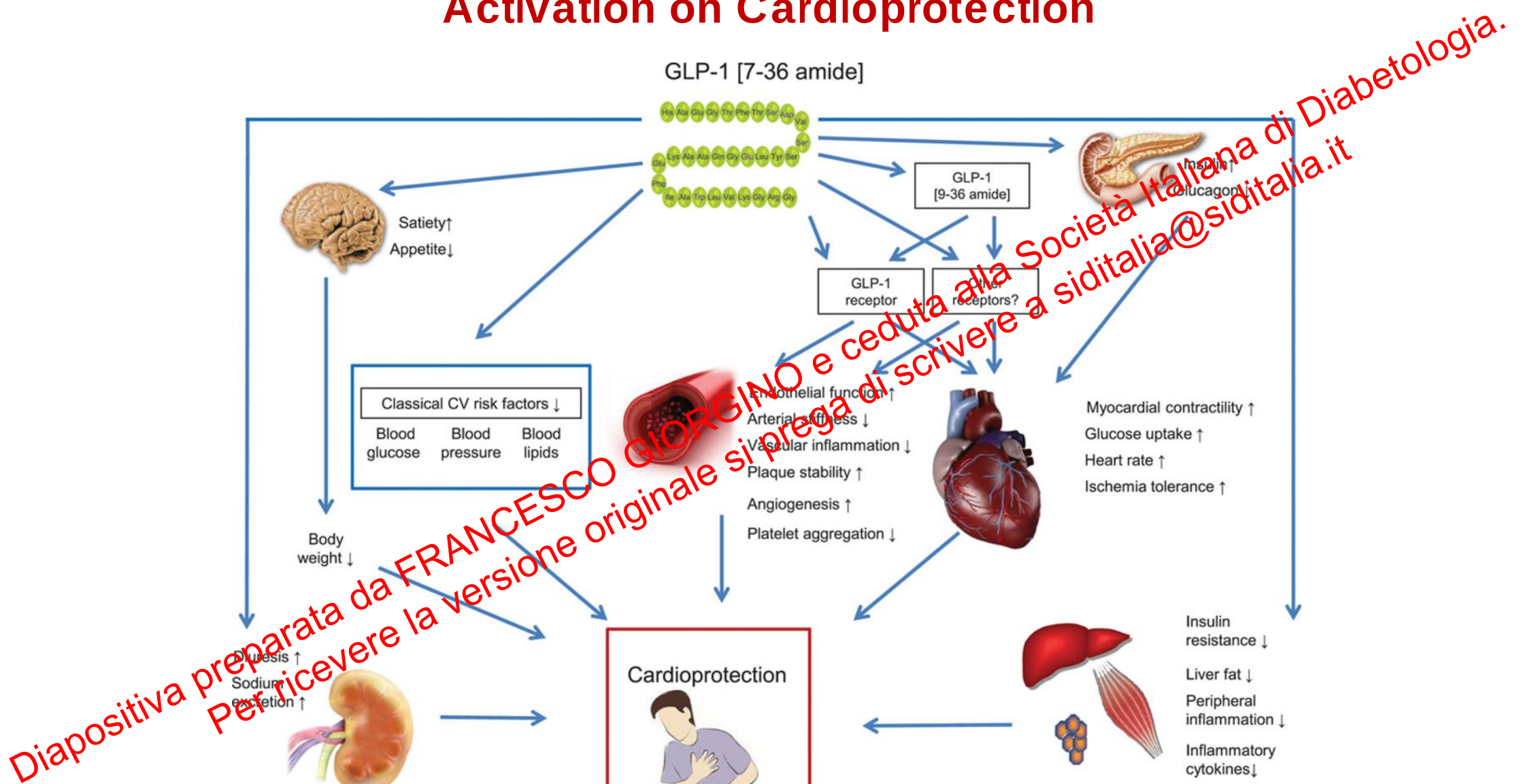
Endothelial function ↑
Arterial stiffness ↓
Vascular inflammation ↓
Plaque stability ↑
Angiogenesis ↑
Platelet aggregation ↓

Myocardial contractility ↑
Glucose uptake ↑
Heart rate ↑
Ischemia tolerance ↑

Insulin resistance ↓
Liver fat ↓
Peripheral inflammation ↓
Inflammatory cytokines ↓

Cardioprotection

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Activation on Cardioprotection

GLP-1 [7-36 amide]

His Ala Glu Gly Thr Phe Thr Ser Asp Val
Glu Lys Ala Ala Gln Gly Glu Leu Tyr Ser
Phe Ile Ala Trp Leu Val Lys Gly Arg Gly

GLP-1 [9-36 amide]

His Val
Glu Glucagon

GLP-1 receptor

Other receptors?

Satiety↑
Appetite↓

Classical CV risk factors ↓
Blood glucose Blood pressure Blood lipids

Body weight ↓

Diuresis ↑
Sodium excretion ↑

Endothelial function ↑
Arterial stiffness ↓
Vascular inflammation ↓
Plaque stability ↑
Angiogenesis ↑
Platelet aggregation ↓

Myocardial contractility ↑
Glucose uptake ↑
Heart rate ↑
Ischemia tolerance ↑

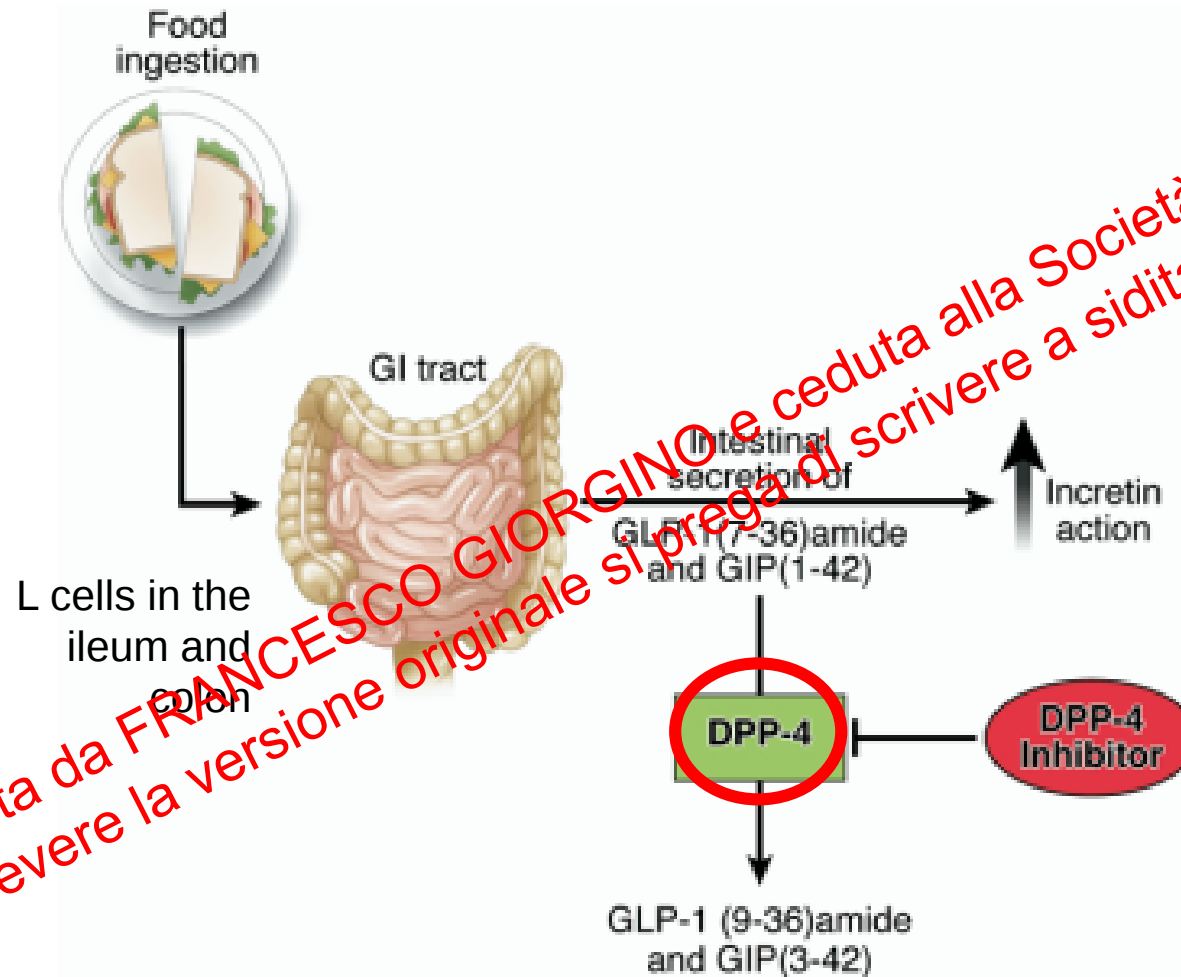
Insulin resistance ↓
Liver fat ↓
Peripheral inflammation ↓
Inflammatory cytokines ↓

Cardioprotection

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GLP-1 is Metabolized by the Enzyme DPP-4



GIP, glucose dependent insulintropic polipeptide; DPP-4, dipeptidyl peptidase-4

Adapted from Baggio et al., Gastroenterolgy, 2007

DPP-4 in the Cardiovascular System

- DPP-4 is widely expressed in most cells and tissues and exhibits enzymatic activity against dozens of chemokines and peptide hormones with roles in inflammation, vascular function, stem cell homing, and cell survival (Giacco et al., 2015).
- DPP-4 exhibits exopeptidase activity through its 2 principal molecular forms, a membrane-tethered 766 amino acid protein with a small intracellular tail and a soluble form that is 39 amino acids smaller, devoid of the short membrane spanning domain and intracellular tail, and yet otherwise structurally identical (Giacco et al., 2015).
- Although soluble DPP-4 exerts vascular, immune, and proinflammatory actions independent of its catalytic activity, the majority of the experimental literature has studied the importance of DPP-4-mediated peptide cleavage in the pathophysiology and treatment of cardiovascular disease.

GLP-1 RA CV Outcomes Trials - Discussion

Selective and potent GLP-1 R activation
(vs. DPP-4 inhibition)

Mode of GLP-1 R activation
(continuous vs intermittent)

GLP-1 R signaling before,
during or after CV event

Direct anti-inflammatory, anti-atherosclerotic,
anti-apoptotic/pro-survival effects

Reduction of CV risk factors
(HbA1c, weight, BP, lipids, CRP)

Population characteristics
(less vs. more advanced CVD)

MACE component being
affected

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