

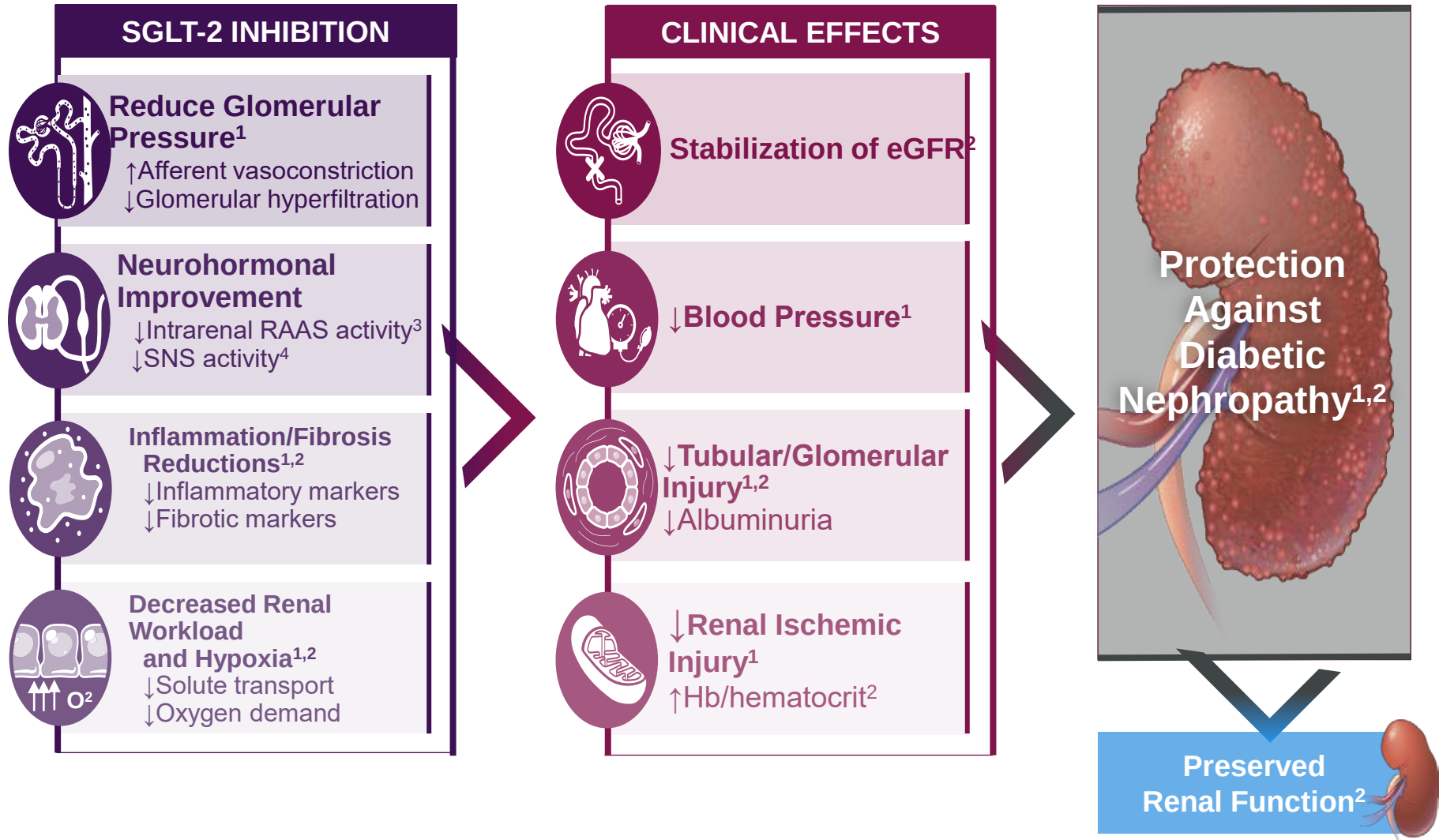
DIA-PAVIA2

Strategie condivise
nella gestione
del paziente diabetico

SGLT2: effetti sulle complicanze renali

Stefania Ghilotti
IRCCS Maugeri Pavia

Potential Effects By Which SGLT-2 Inhibition Improves Renal Outcomes



eGFR=estimated glomerular filtration rate; Hb=hemoglobin; RAAS=renin angiotensin aldosterone system; SNS=sympathetic nervous system.

1. Heerspink HJL, et al. *Kidney Int.* 2018; 2. Tamargo J. *Eur Cardiol.* 2019; 3. Shin SJ, et al. *PLoS One.* 2016; 4. Sano M. *J Cardiol.* 2018.

Potenziali effetti di protezione renale degli SGLT2-i

Emodinamici

Risparmio energetico e miglioramento ipossia

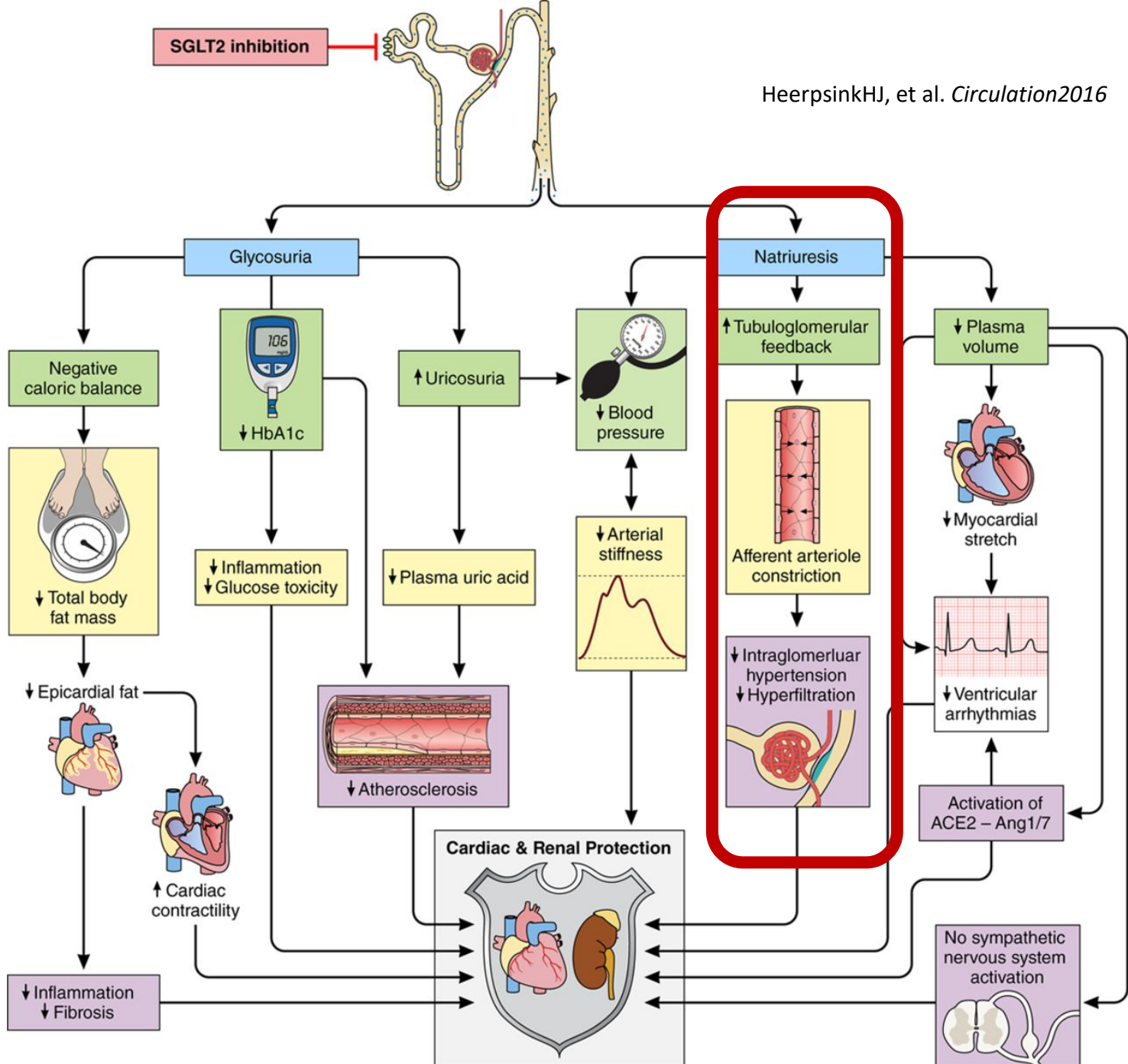
Metabolici

Anti-infiammatori e riprogrammazione cellulare

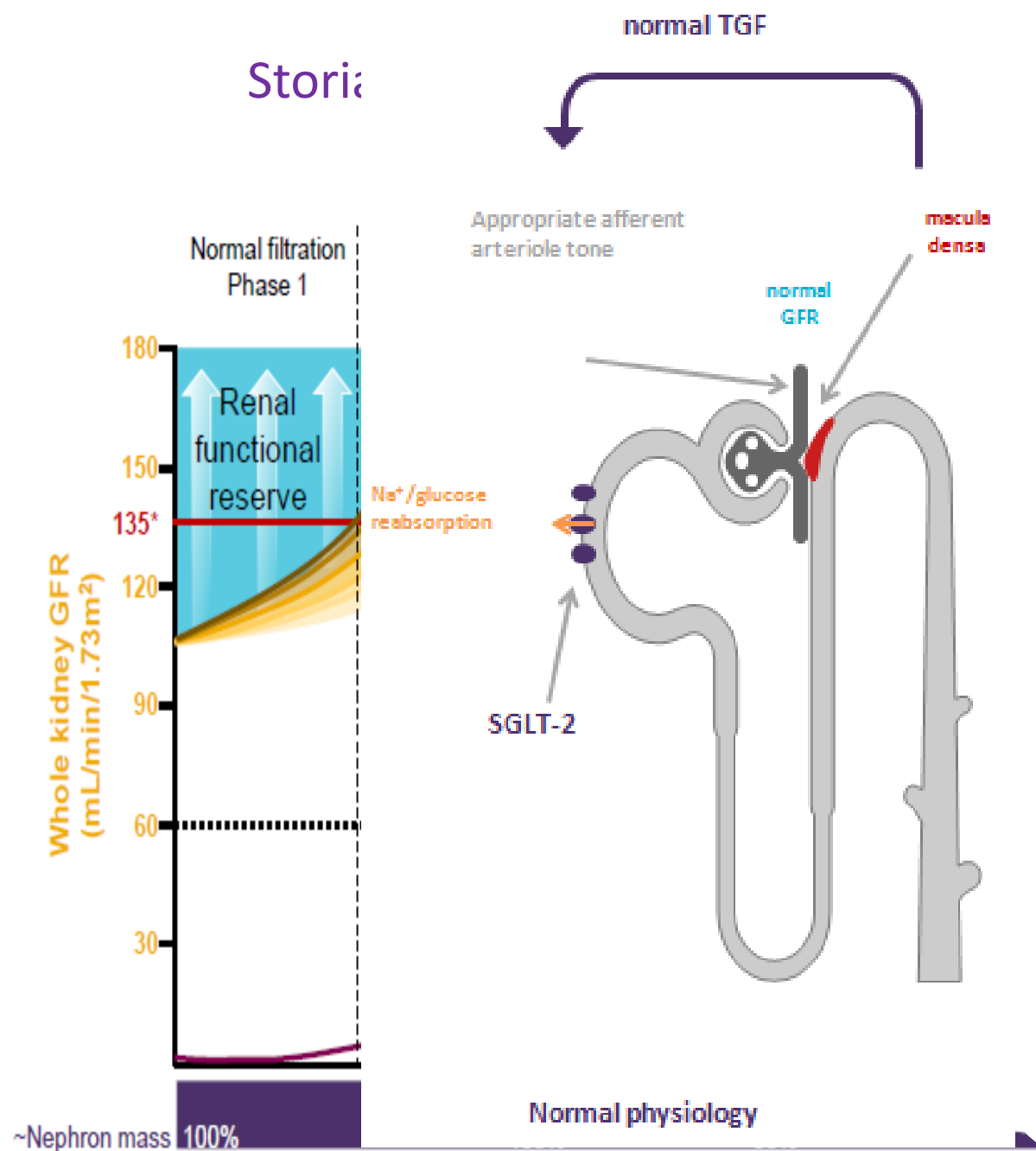
Simpatici

SGLT2 inhibition

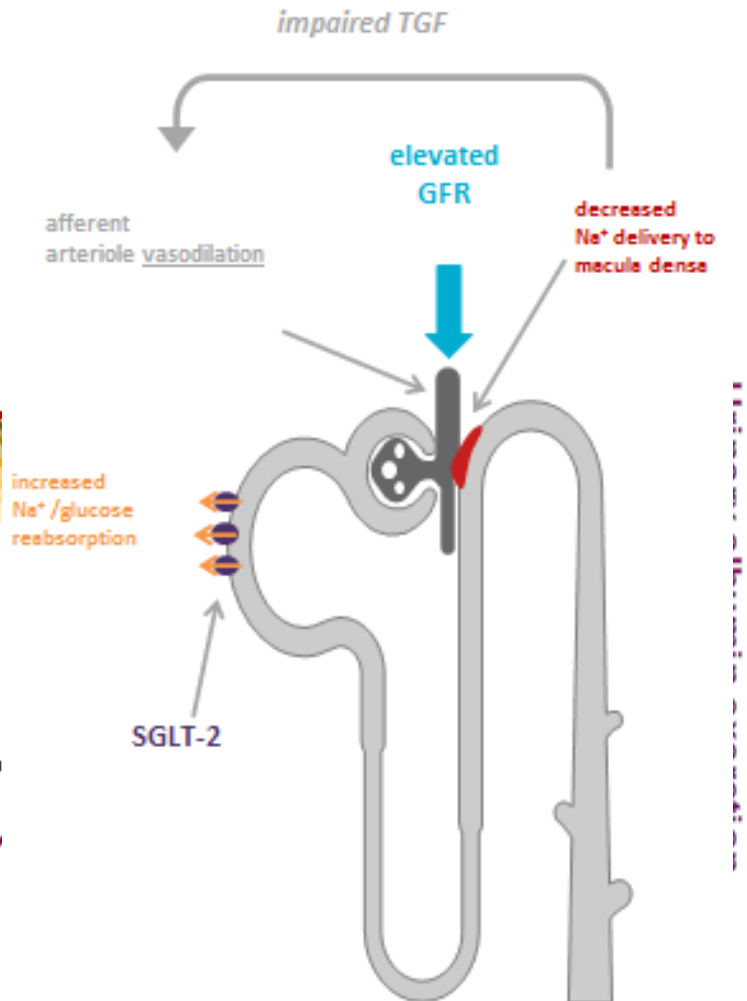
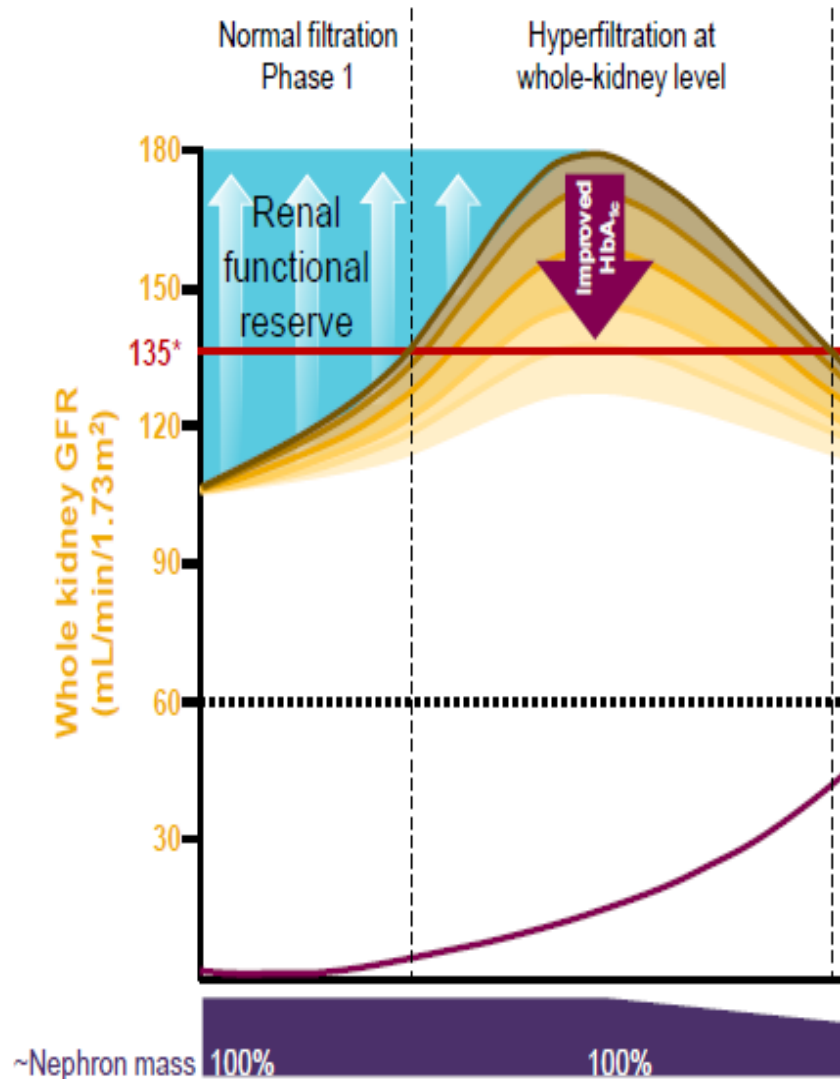
HeerpsinkHJ, et al. *Circulation* 2016



Storia

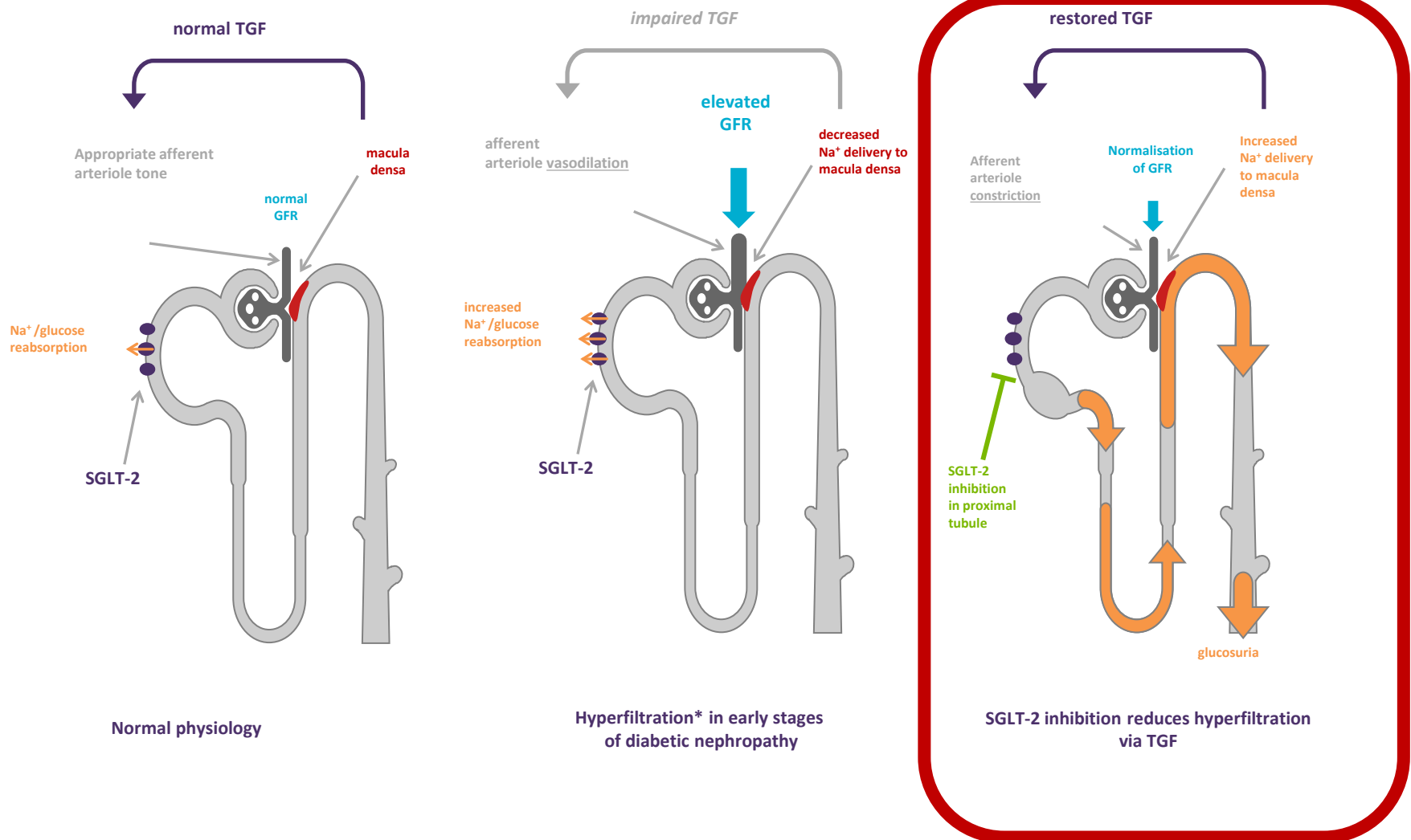


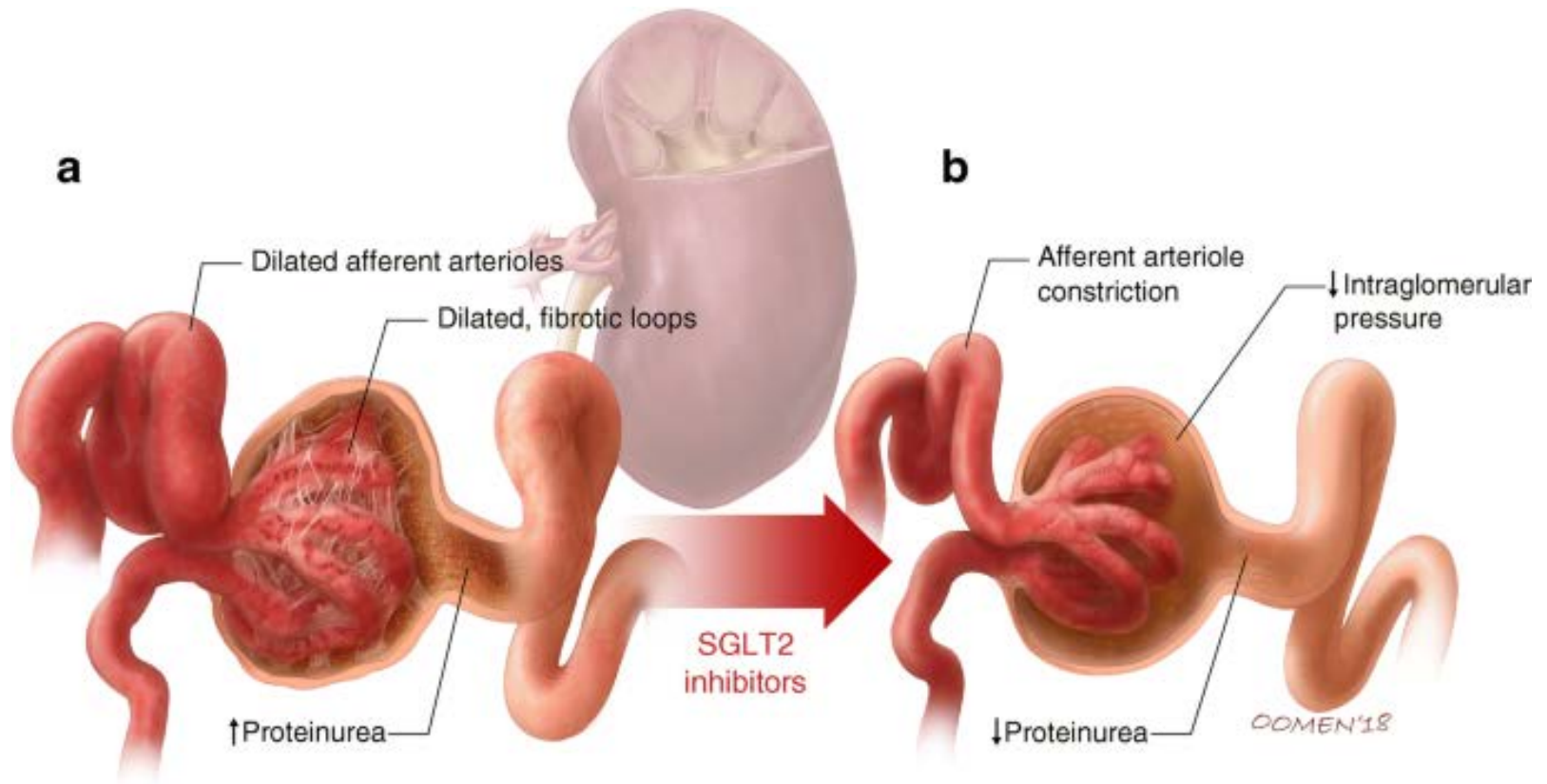
Storia naturale della nefropatia diabetica



Hyperfiltration* in early stages of diabetic nephropathy

Regolazione del feed-back tubulo-glomerulare e riduzione dell'iperfiltrazione con SGLT2 i

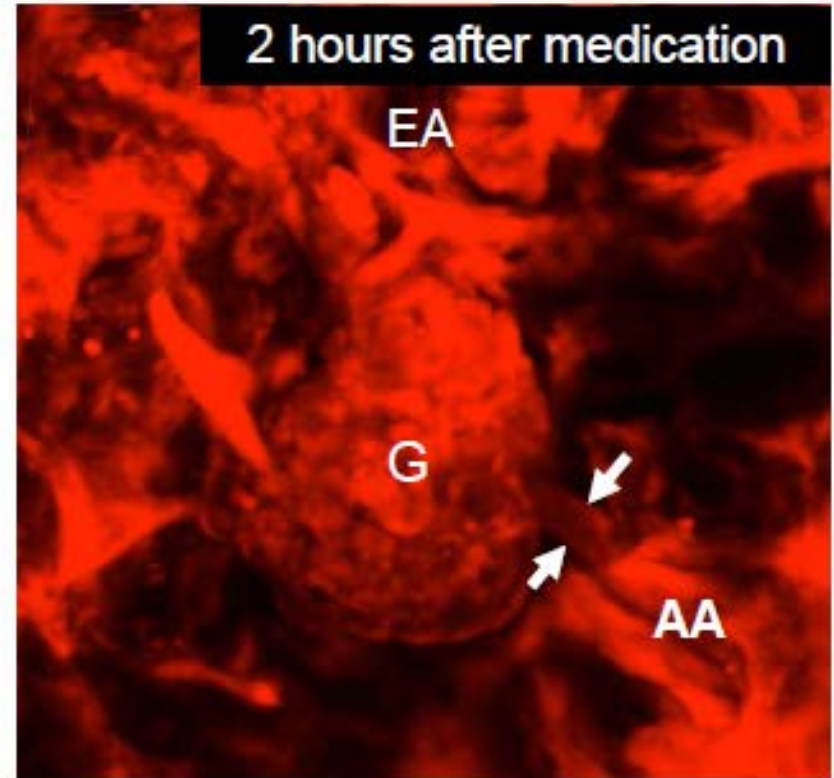
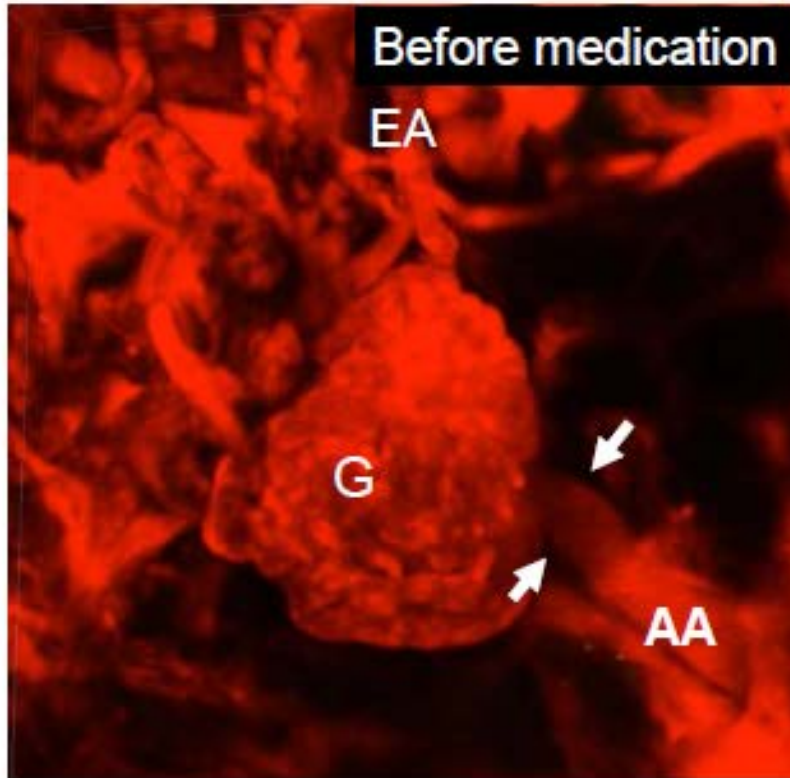




Diabetes is associated with afferent arteriolar dilatation, which leads to high intraglomerular pressure and hyperfiltration. Ongoing barotrauma to the glomerulus may lead to proteinuria

(a). SGLT2 inhibitors, through tubuloglomerular feedback, promote afferent arteriolar vasoconstriction. This in turn serves as a mechanism to reduce intraglomerular hypertension and provide nephroprotection (b).

Immagini in vivo di vasocostrizione dell'arteriola afferente dopo SGLT2 inibitore

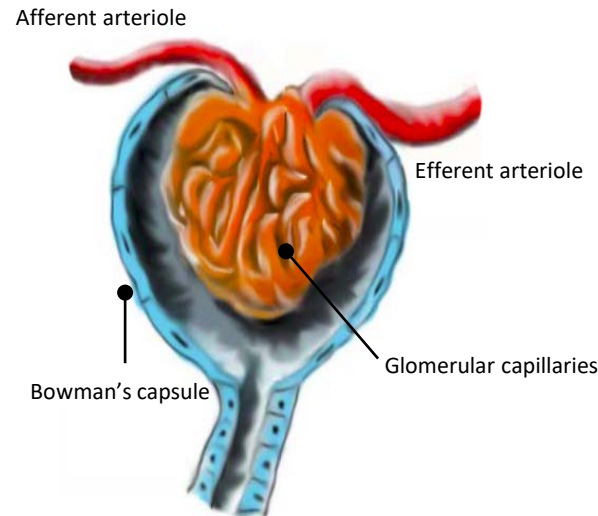


Riduzione dell'iperfiltrazione renale mediata dall'effetto complementare di SGLT2 inibitori e blocco del RAAS

SGLT2 inhibitors

Afferent constriction¹⁻³

Due to increased Na⁺ delivery to the macula densa¹⁻³

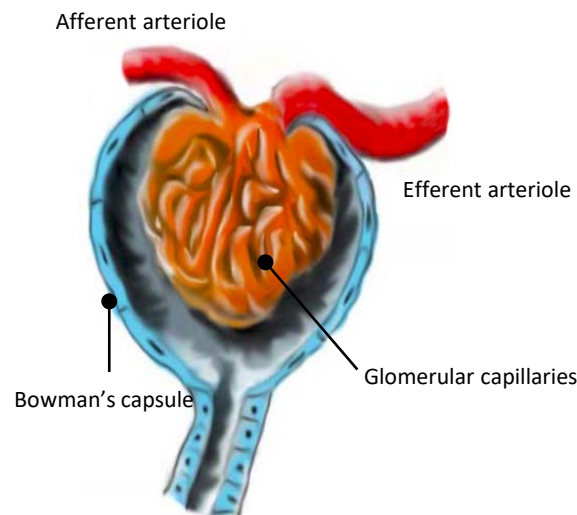


CLINICAL IMPLICATIONS

- Decreased glomerular pressure^{1,3}
- Reduction in albuminuria^{1,2}

RAAS blockade

Efferent vasodilation¹



- Decreased glomerular pressure^{1,3}
- Reduction in albuminuria⁴

Potenziali effetti di protezione renale degli SGLT2-i

Emodinamici

Ipossia e risparmio energetico

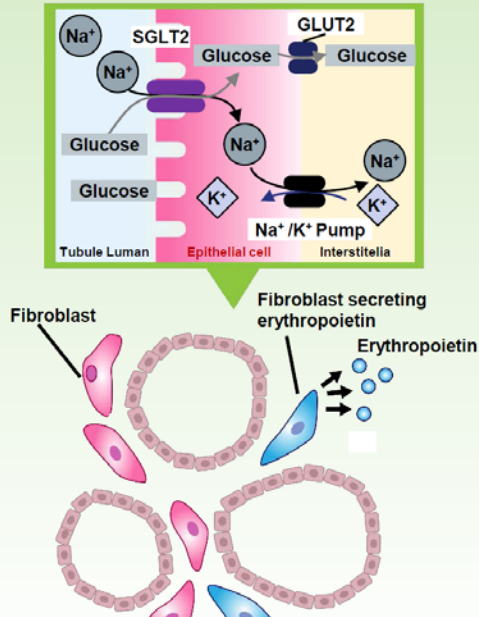
Metabolici

Anti-infiammatori e riprogrammazione cellulare

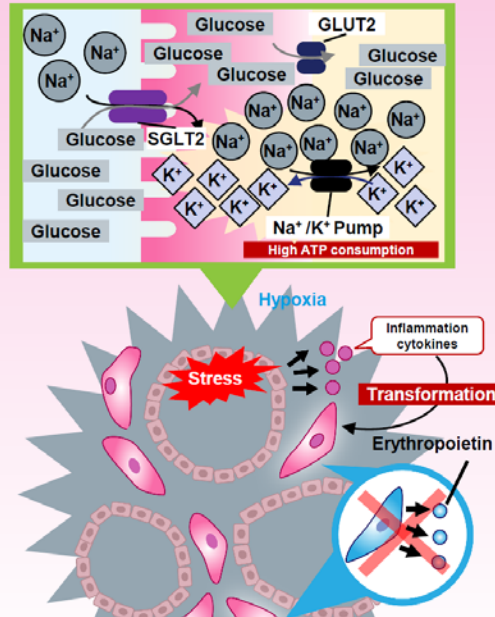
Simpatici

Gli SGLT2-i riducono il lavoro renale, contrastano l'**ipossia renale** (riduzione spesa energetica e aumento EPO)

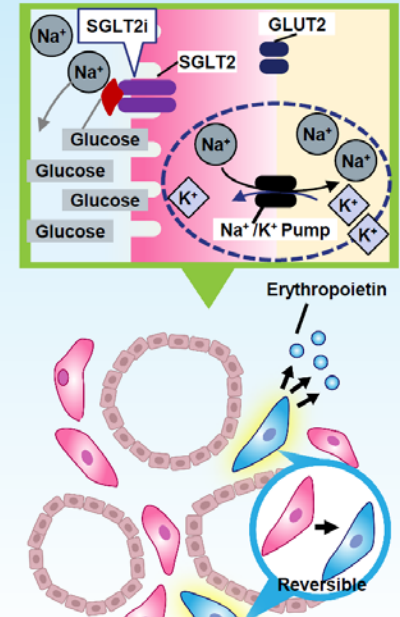
Healthy



Diabetes



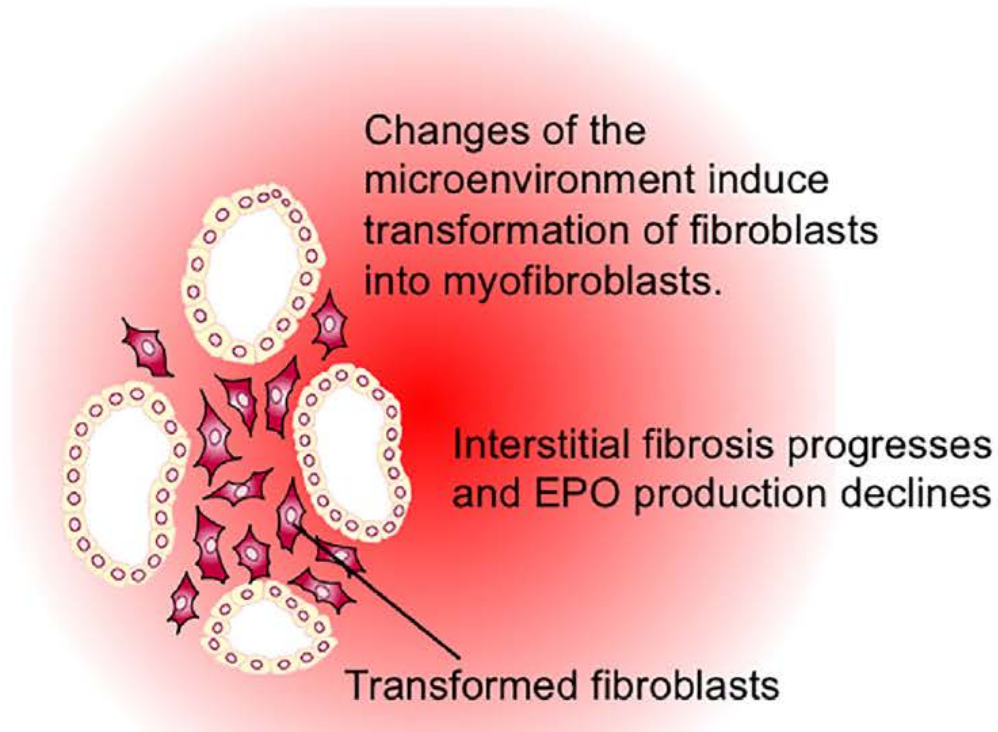
Diabetes with SGLT2i



Sano and Goto Circulation 2019

T2DM

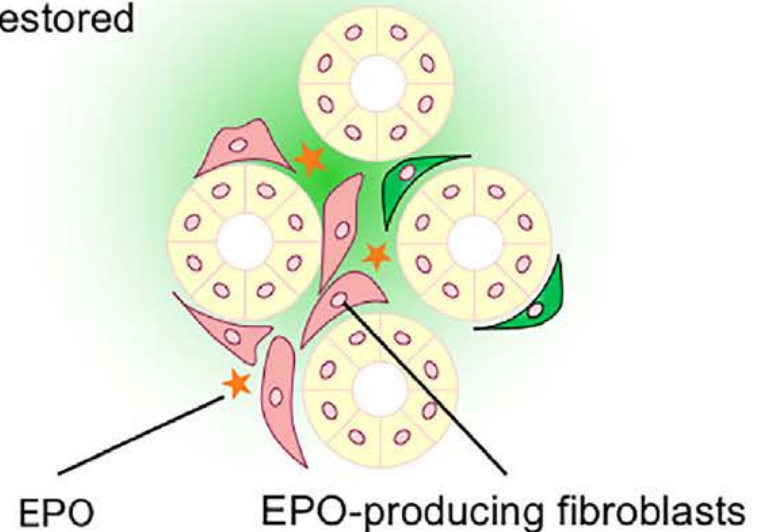
Proximal renal tubular epithelial cells are overloaded by excessive energy-dependent reabsorption of glucose



T2DM with SGLT2 inhibition

Proximal tubular epithelial cells are relieved from the burden of excessive reabsorption of glucose

Cortical tubulointerstitial damage recovers and EPO production by fibroblasts is restored



Potenziali effetti di protezione renale degli SGLT2-i

Emodinamici

Ipossia e risparmio energetico

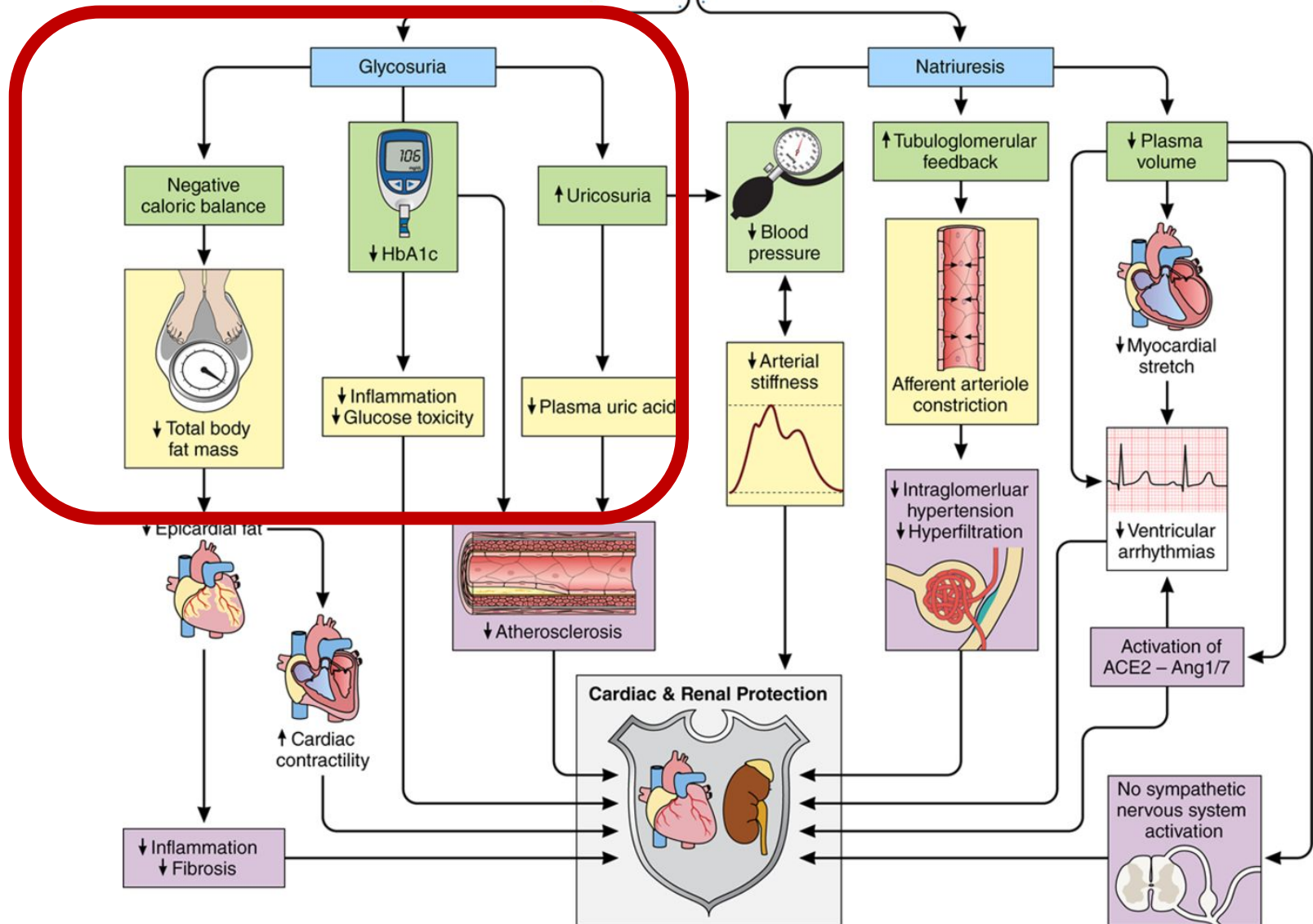
Metabolici

Anti-infiammatori e riprogrammazione cellulare

Simpatici

SGLT2 inhibition

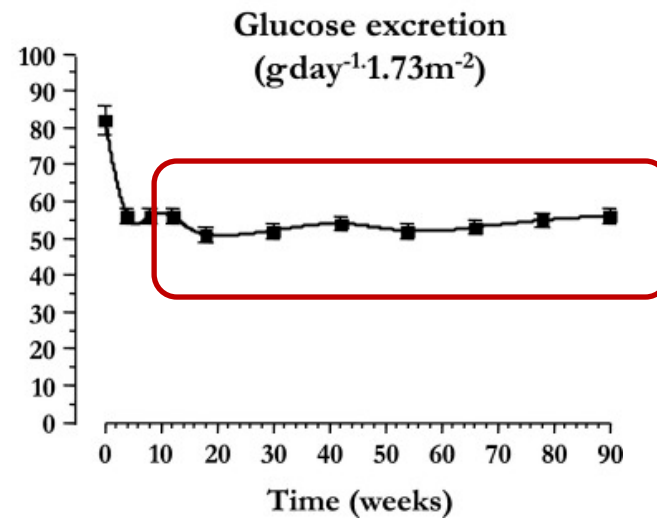
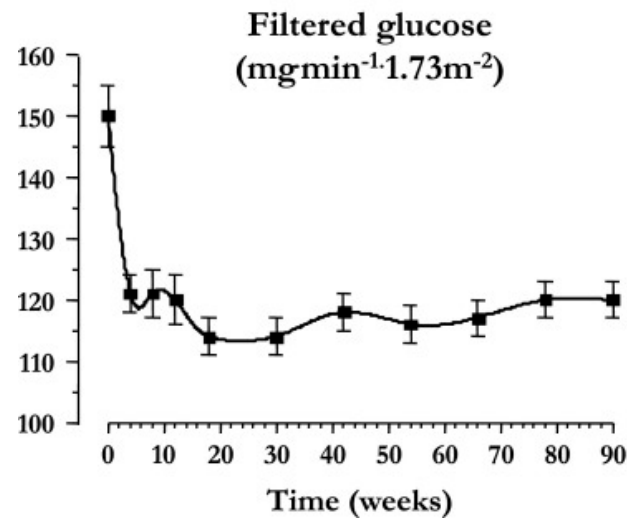
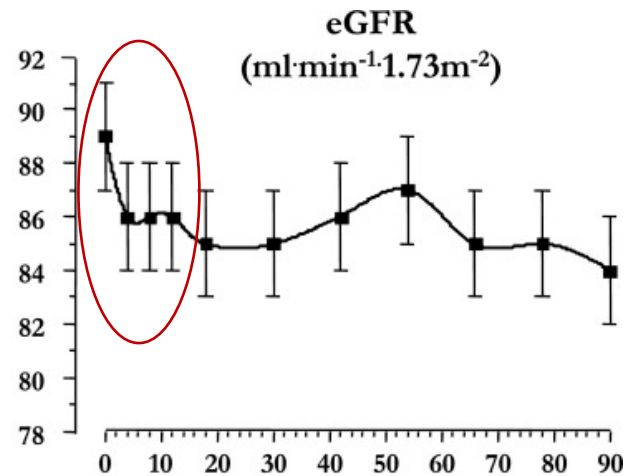
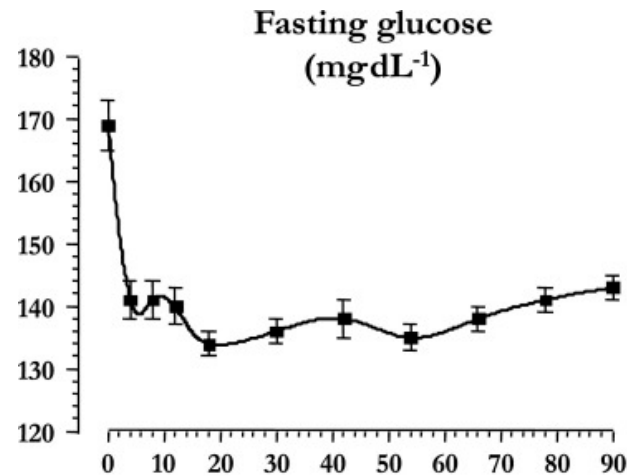
HeerpsinkHJ, et al. *Circulation* 2016

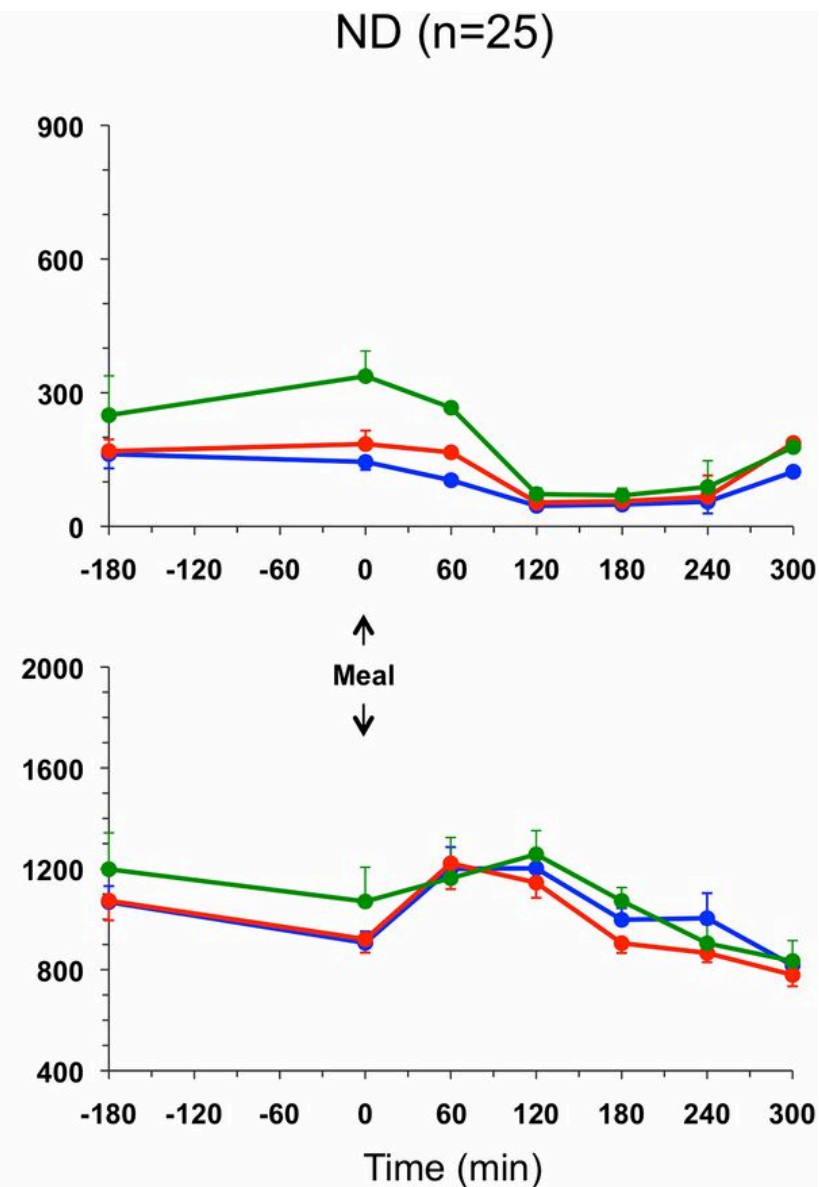
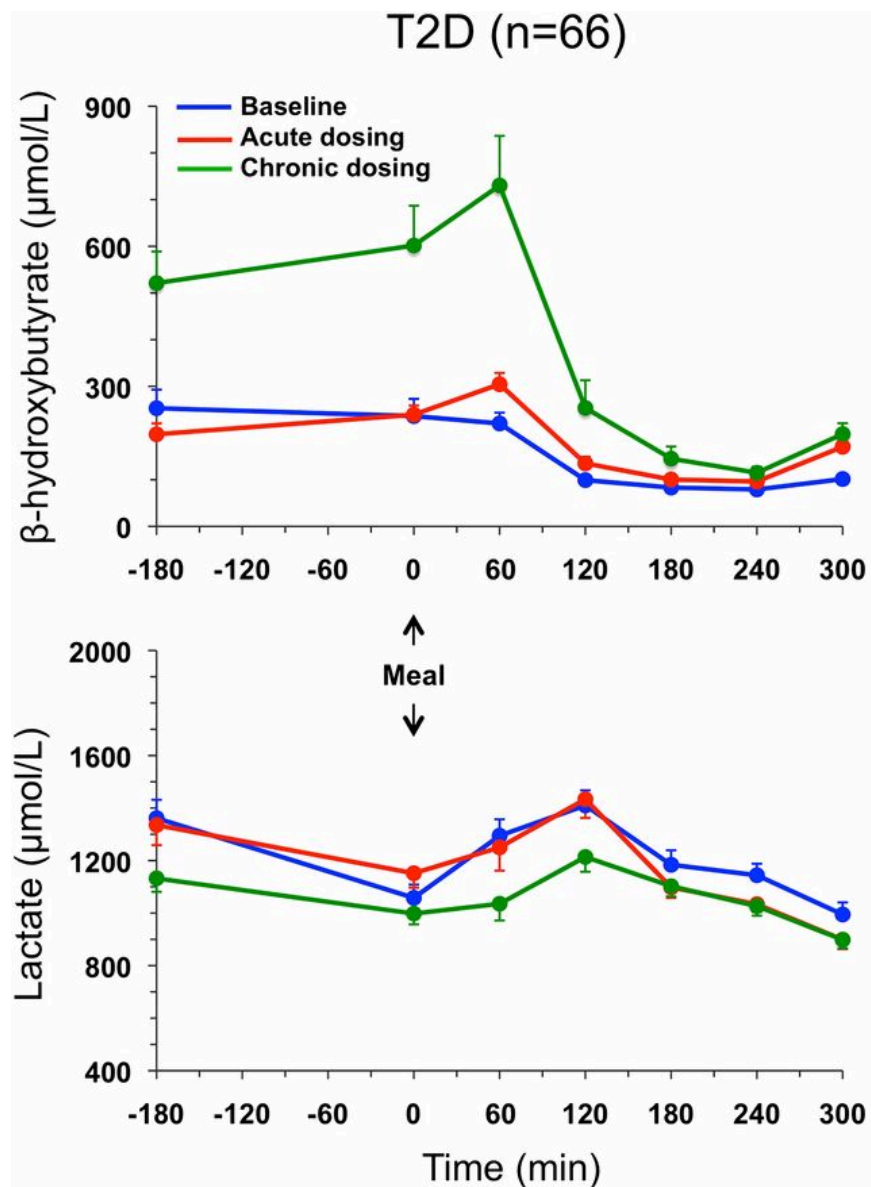


Energy Balance After Sodium–Glucose Cotransporter 2 Inhibition

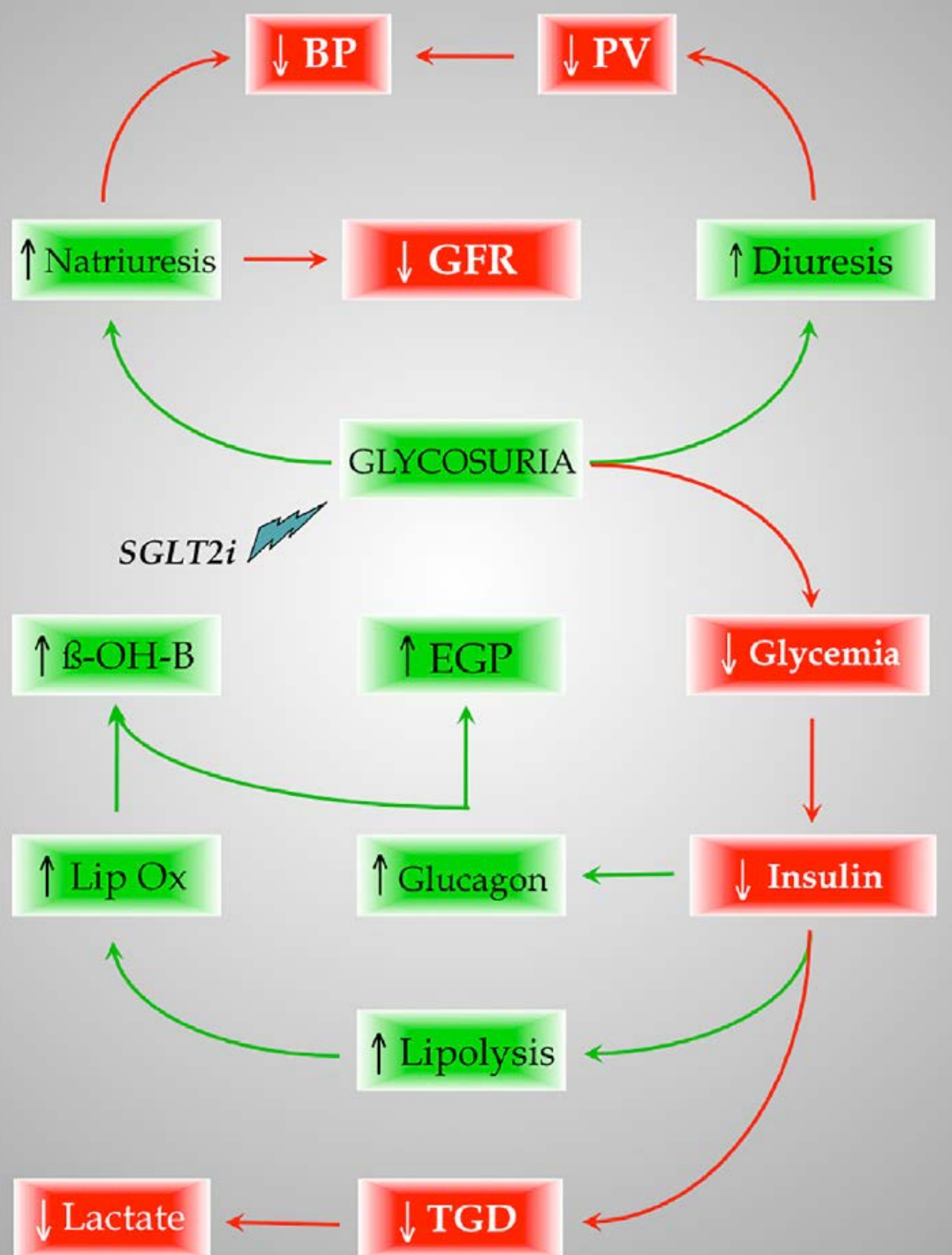
Giulia Ferrannini,¹ Thomas Hach,²
Susanne Crowe,² Arjun Sanghvi,³
Kevin D. Hall,³ and Ele Ferrannini⁴

Diabetes Care 2015;38:1730–1735 | DOI: 10.2337/dc15-0355

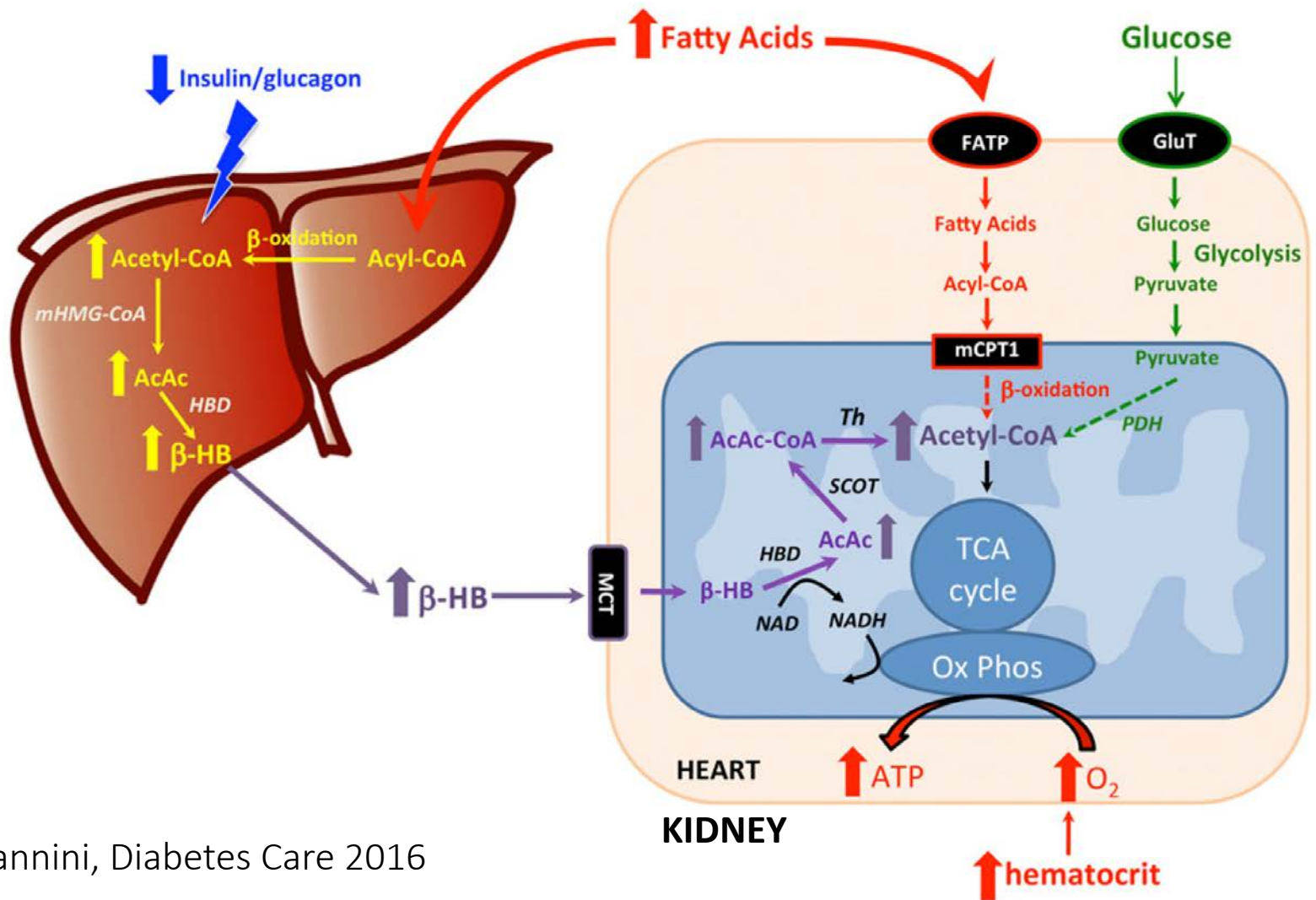




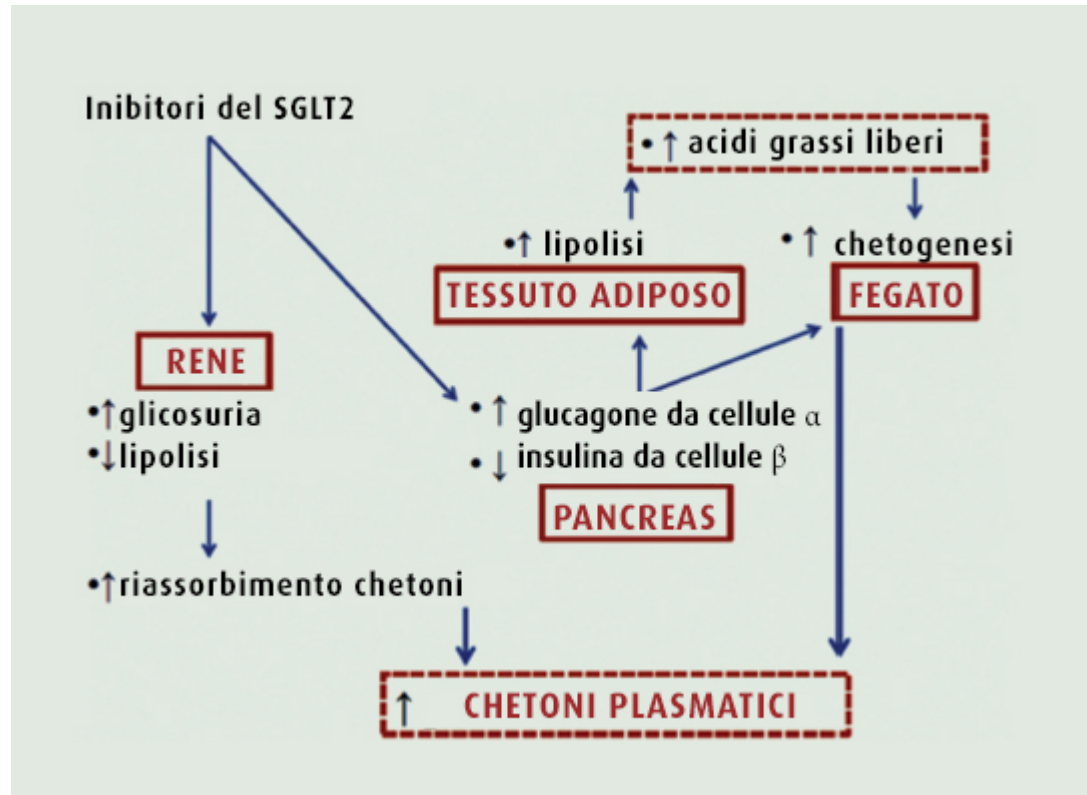
Schematic representation of the main metabolic and hemodynamic effects of SGLT2-induced inhibition of renal glucose reabsorption in humans. GFR, glomerular filtration rate; BP, blood pressure; PV, plasma volume; EGP endogenous glucose production; Lip Ox, lipid oxidation; TGD, tissue glucose disposal; b-OH-B, b-hydroxybutyrate. Red boxes stand for decrease and green boxes for increase; red lines imply a negative effect, green lines a positive one.



A "Thrifty Substrate" Hypothesis



Chetoacidosi euglicemica



- Bassa riserva di cellule beta pancreatiche funzionanti;
- condizioni che portano ad una limitata assunzione di cibo o grave disidratazione;
- riduzione di insulina;
- incremento del fabbisogno insulinico a causa di malattia acuta;
- intervento chirurgico;
- abuso di alcol

Potenziali effetti di protezione renale degli SGLT2-i

Emodinamici

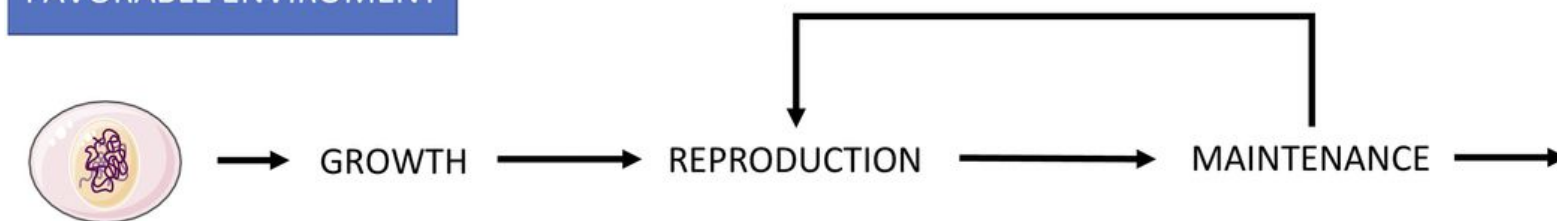
Ipossia e risparmio energetico

Metabolici

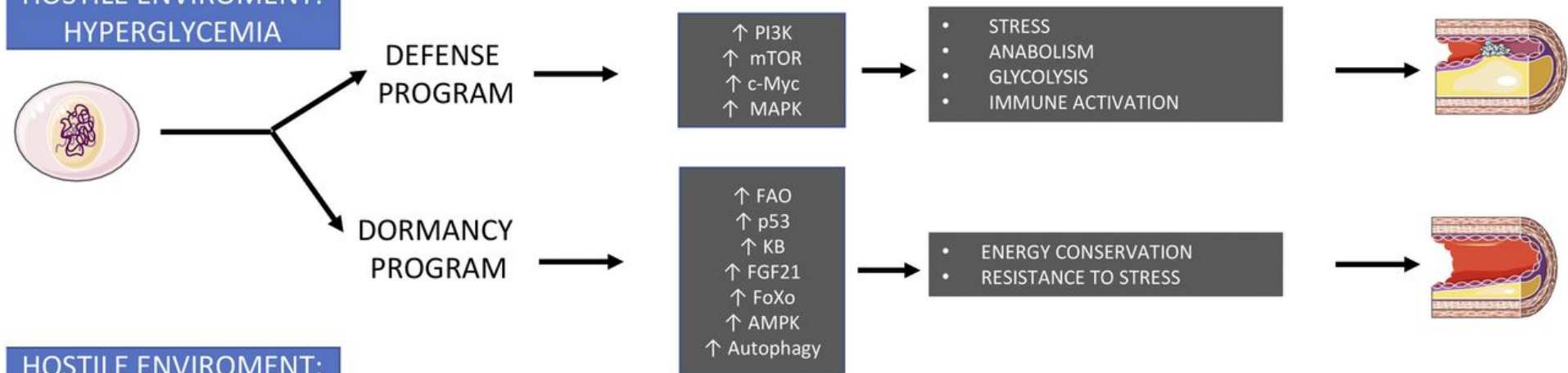
Anti-infiammatori e riprogrammazione cellulare

Simpatici

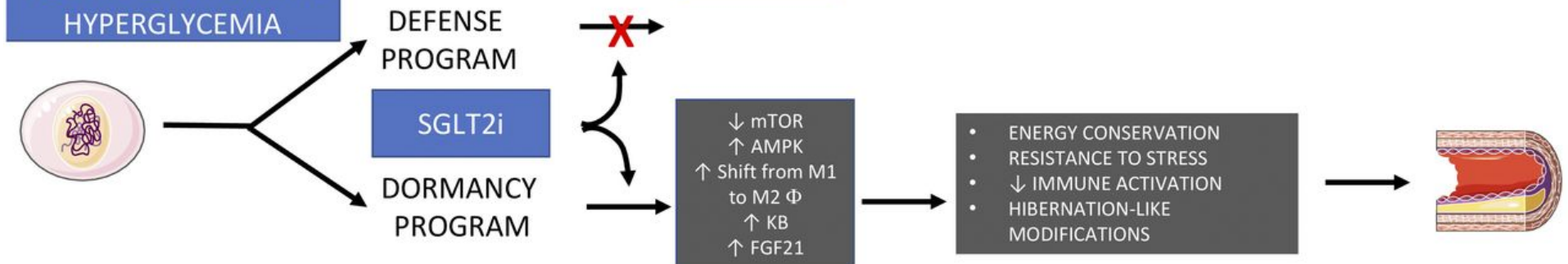
FAVORABLE ENVIROMENT



HOSTILE ENVIROMENT: HYPERGLYCEMIA



HOSTILE ENVIROMENT: HYPERGLYCEMIA



Potenziali effetti di protezione renale degli SGLT2-i

Emodinamici

Ipossia e risparmio energetico

Metabolici

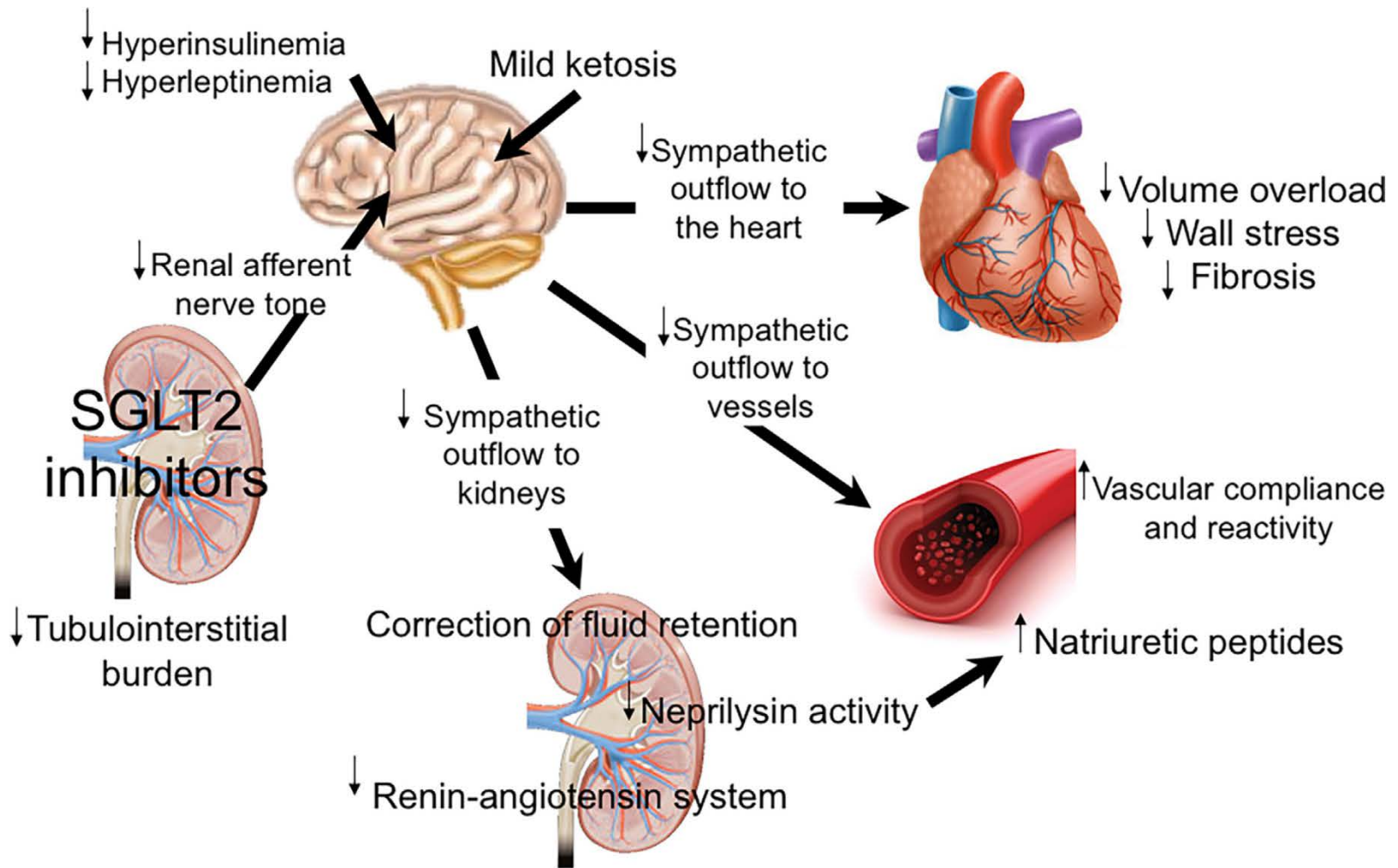
Anti-infiammatori e riprogrammazione cellulare

Simpatici

A new class of drugs for heart failure: SGLT2 inhibitors reduce sympathetic overactivity

Motoaki Sano (MD, PhD, FJCC)*

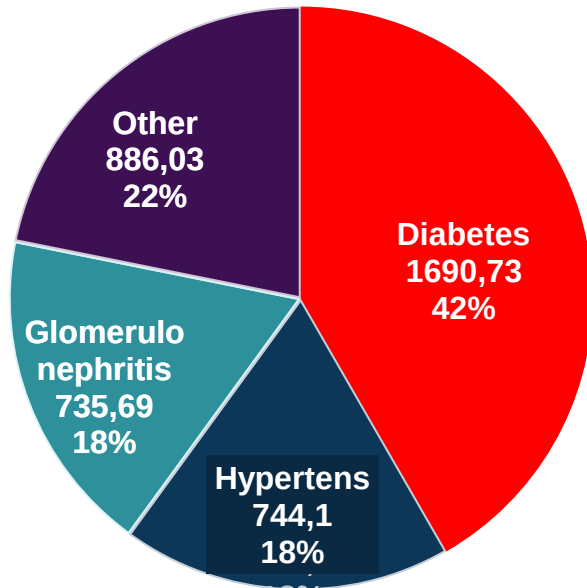
Sano, Journal of Cardiology (2018)



SGLT-2i potrebbe ridurre l'attività simpatica renale e centrale

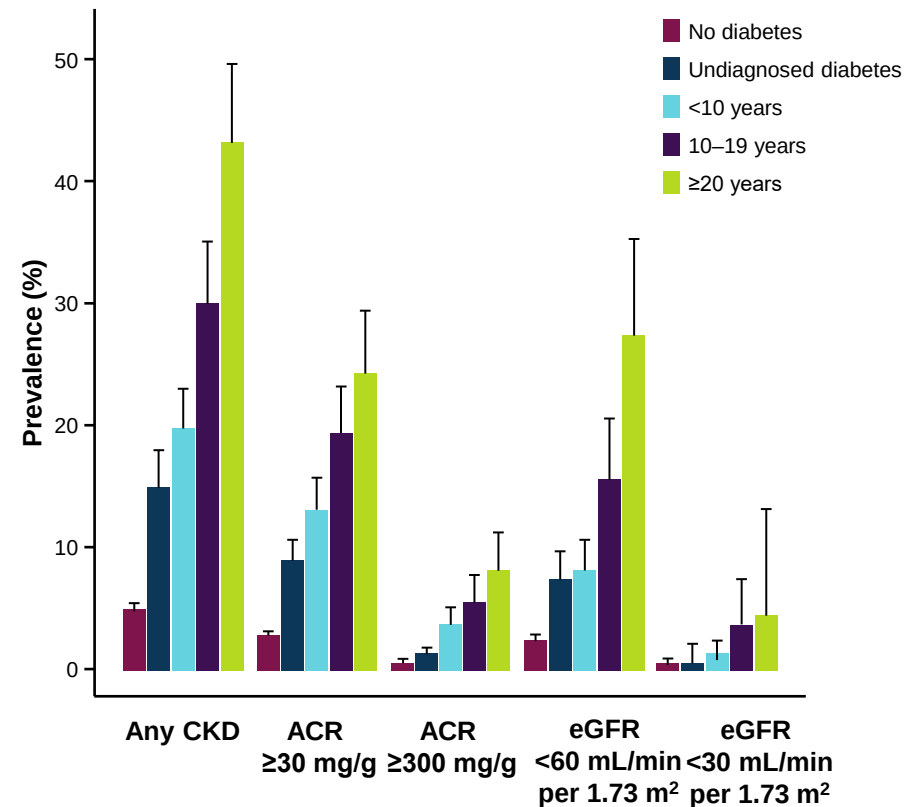
Diabetes is the single greatest risk factor for CKD, with the prevalence of CKD increasing with the duration of diabetes

Age-standardized global prevalence rate of CKD by cause per 100,000 persons in 2016¹



Diabetes caused the greatest rate of age-standardized DALYs in patients with CKD, in comparison with other causes²

Presence of CKD among adults in the USA, depending on duration of diabetes³

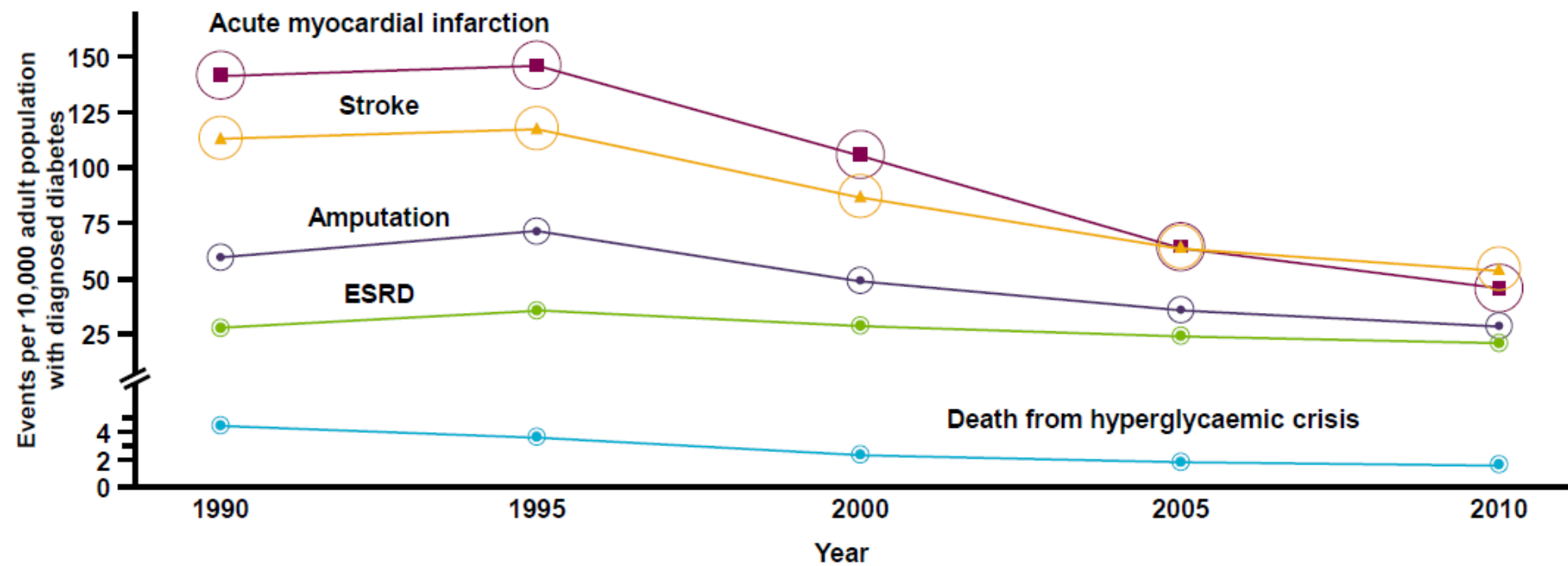


ACR, albumin:creatinine ratio; CKD, chronic kidney disease; DALY, disability-adjusted life year; eGFR, estimated glomerular filtration rate

1. Xie Y, et al. *Kidney Int* 2018

2. ;Global Burden of Disease Collaborators 2017. *Lancet* 2018;

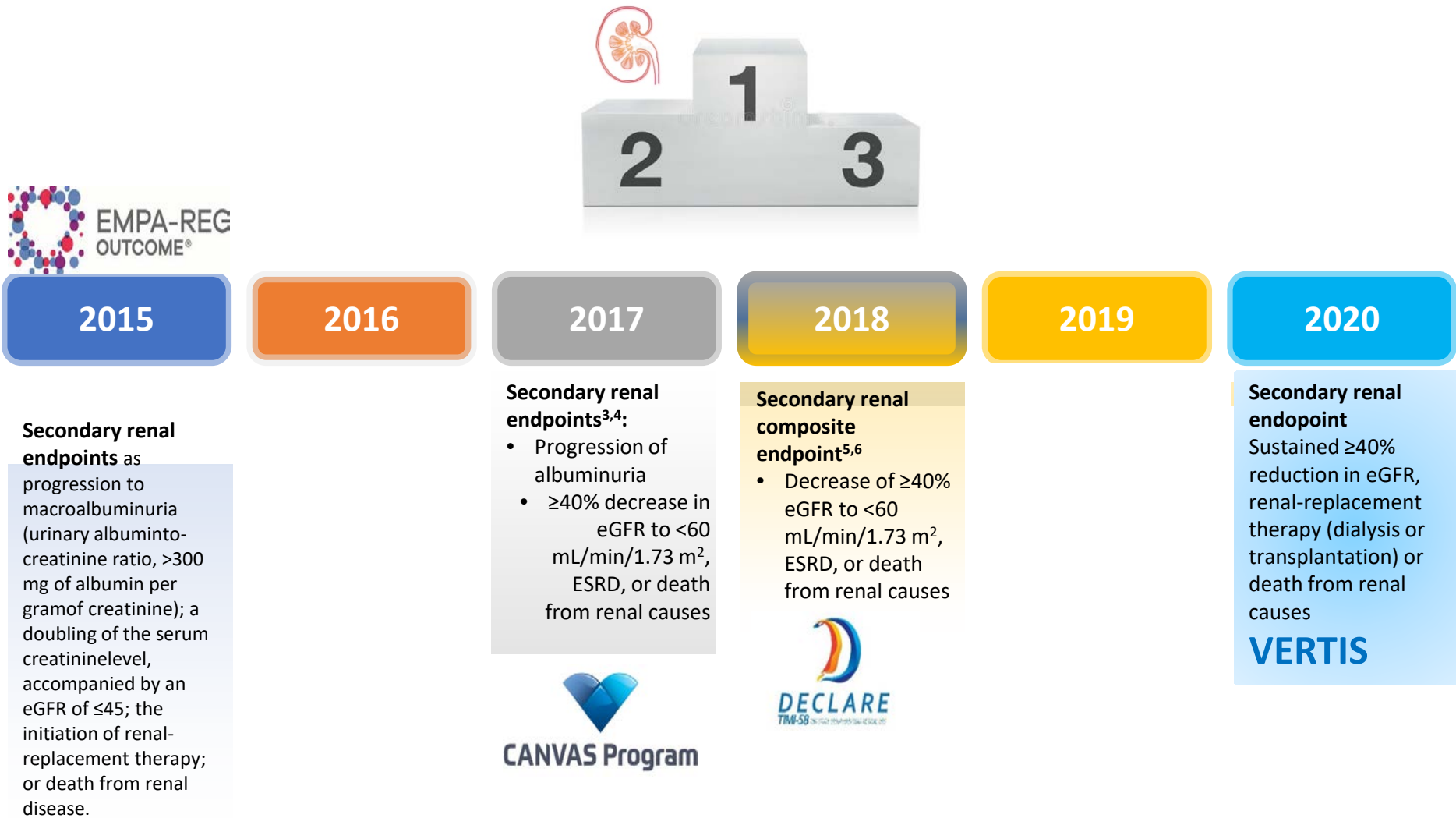
3. 3. Zelnick LR, et al. *Clin J Am Soc Nephrol* 2017;12:1984–1990



ESRD, end-stage renal disease

Gregg EW, et al. *New Engl J Med* 2014;

CVOT OUTCOMES RENALI: OUTCOMES SECONDARI

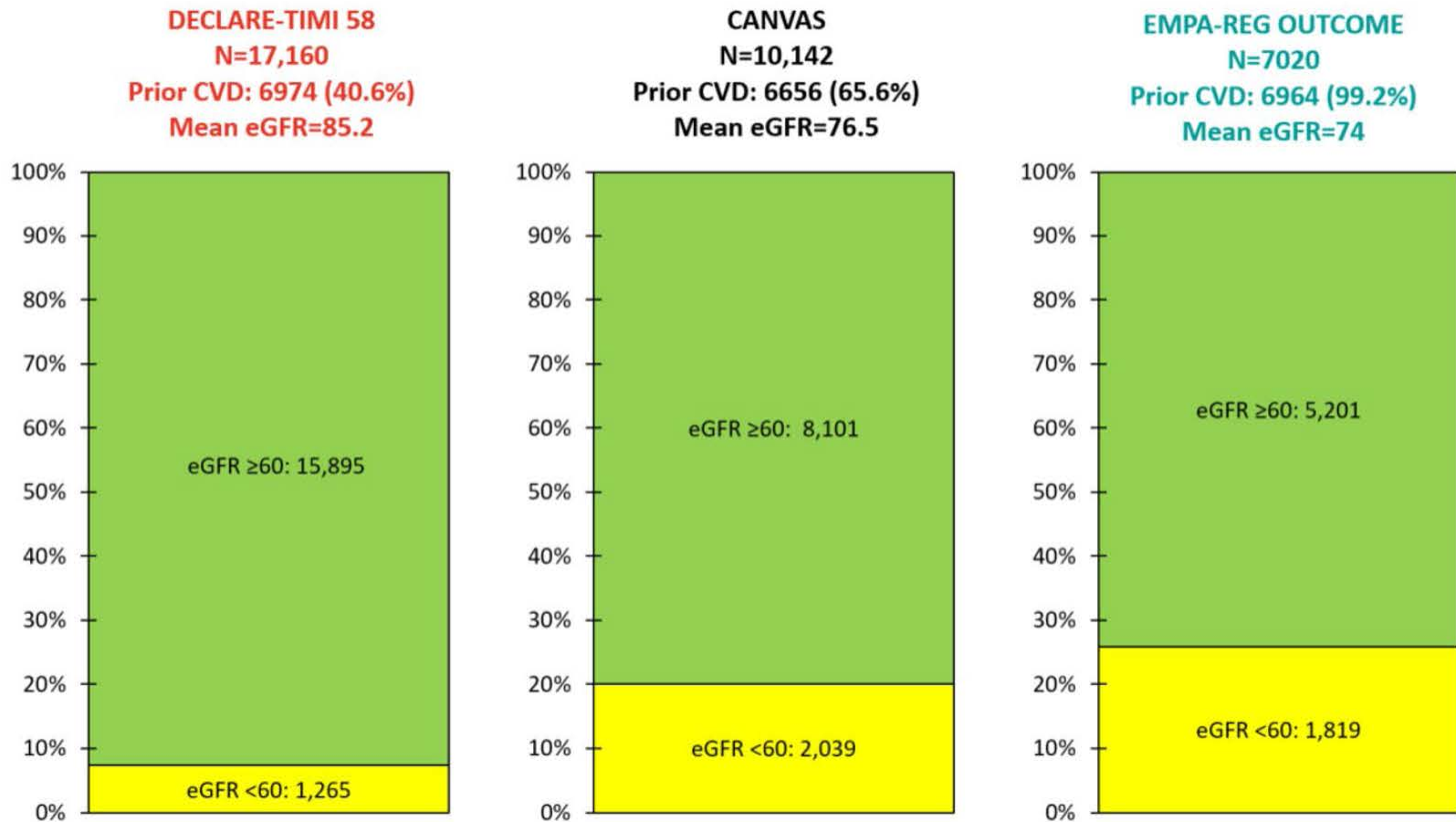


CKD, chronic kidney disease; CV, cardiovascular; CVOT, cardiovascular outcomes trial; eGFR, estimated glomerular filtration rate; ESKD, end-stage kidney disease; ESRD, end-stage renal disease; SGLT2, sodium-glucose co-transporter 2; T2D, Type 2 diabetes; UACR, urine albumin:creatinine ratio

Wanner C, et al. *N Engl J Med* 2016;., Perkovic V, et al. *Lancet Diabetes Endocrinol* 2018. Clin4; Mosenson O, et al. *Lancet Diabetes Endocrinol* 2019;., Perkovic V, et al. *N Engl J Med* 2019; 8. McMurray JJV, et al. *N Engl J Med* 2019

Class effects of SGLT2 inhibitors on cardiorenal outcomes

Aaron Y. Kluger^{1,2*} , Kristen M. Tecson^{1,2,3}, Andy Y. Lee^{4,5}, Edgar V. Lerma⁶, Janani Rangaswami^{7,8}, Norman E. Lepor^{9,10}, Michael E. Cobble¹¹ and Peter A. McCullough^{1,3,4,5}



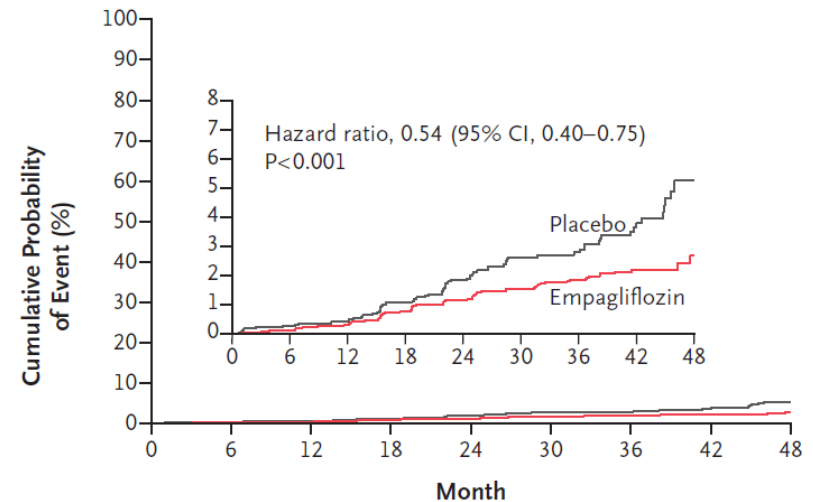
ORIGINAL ARTICLE

Empagliflozin and Progression of Kidney Disease in Type 2 Diabetes

Christoph Wanner, M.D., Silvio E. Inzucchi, M.D., John M. Lachin, Sc.D.,
David Fitchett, M.D., Maximilian von Eynatten, M.D.,
Michaela Mattheus, Dipl. Biomath., Odd Erik Johansen, M.D., Ph.D.,
Hans J. Woerle, M.D., Uli C. Broedl, M.D., and Bernard Zinman, M.D.,
for the EMPA-REG OUTCOME Investigators*

4124 patients

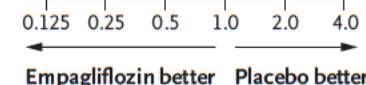
Post Hoc Renal Composite Outcome



No. at Risk

Empagliflozin	4645	4500	4377	4241	3729	2715	2280	1496	360
Placebo	2323	2229	2146	2047	1771	1289	1079	680	144

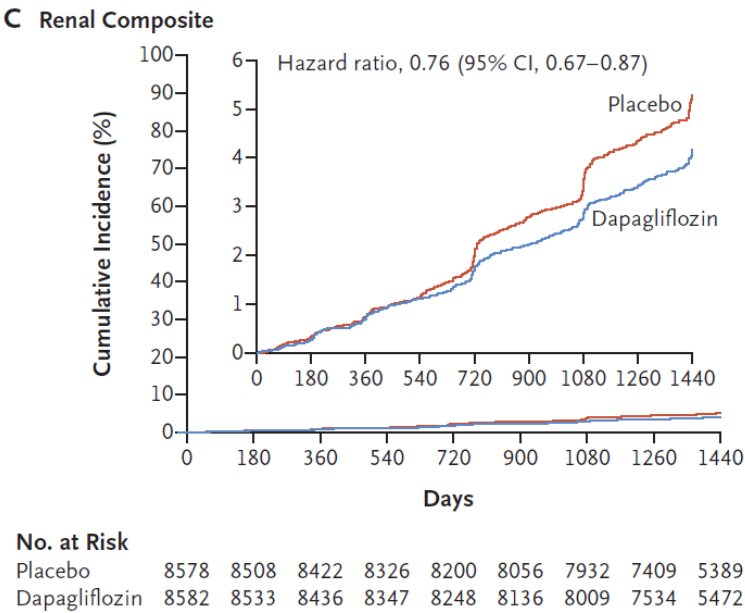
Renal Outcome Measure	Empagliflozin		Placebo		Hazard Ratio (95% CI)	P Value
	no. with event/ no. analyzed (%)	rate/1000 patient-yr	no. with event/ no. analyzed (%)	rate/1000 patient-yr		
Incident or worsening nephropathy or cardiovascular death	675/4170 (16.2)	60.7	497/2102 (23.6)	95.9	0.61 (0.55–0.69)	<0.001
Incident or worsening nephropathy	525/4124 (12.7)	47.8	388/2061 (18.8)	76.0	0.61 (0.53–0.70)	<0.001
Progression to macroalbuminuria	459/4091 (11.2)	41.8	330/2033 (16.2)	64.9	0.62 (0.54–0.72)	<0.001
Doubling of serum creatinine level accompanied by eGFR of ≤ 45 ml/min/1.73 m ²	70/4645 (1.5)	5.5	60/2323 (2.6)	9.7	0.56 (0.39–0.79)	<0.001
Initiation of renal-replacement therapy	13/4687 (0.3)	1.0	14/2333 (0.6)	2.1	0.45 (0.21–0.97)	0.04
Doubling of serum creatinine level accompanied by eGFR of ≤ 45 ml/min/1.73 m ² , initiation of renal-replacement therapy, or death from renal disease	81/4645 (1.7)	6.3	71/2323 (3.1)	11.5	0.54 (0.40–0.75)	<0.001
Incident albuminuria in patients with a normal albumin level at baseline	1430/2779 (51.5)	252.5	703/1374 (51.2)	266.0	0.95 (0.87–1.04)	0.25



Effects of dapagliflozin on development and progression of kidney disease in patients with type 2 diabetes: an analysis from the DECLARE-TIMI 58 randomised trial

Ofri Mosenzon, Stephen D Wiviott, Avivit Cahn, Aliza Rozenberg, Ilan Yanuv, Erica L Goodrich, Sabina A Murphy, Hidjo J L Heerspink, Thomas A Zelniker, Jamie P Dwyer, Deepak L Bhatt, Lawrence A Leiter, Darren K McGuire, John P H Wilding, Eri T Kato, Ingrid A M Gause-Nilsson, Martin Fredriksson, Peter A Johansson, Anna Maria Langkilde, Marc S Sabatine, Itamar Raz

17160 patients, 10.186 without CVD



	Dapagliflozin group		Placebo group			Hazard ratio (95% CI)	p value
	n/N (%)	Kaplan-Meier event rate (4 years)	n/N (%)	Kaplan-Meier event rate (4 years)			
Composite cardiorenal outcome	370/8582 (4.3%)	4.2%	480/8578 (5.6%)	5.3%		0.76 (0.67–0.87)	<0.0001
Composite renal-specific outcome	127/8582 (1.5%)	1.5%	238/8578 (2.8%)	2.6%		0.53 (0.43–0.66)	<0.0001
Sustained eGFR decrease ≥40% to eGFR <60mL/ min per 1.73m²	120/8582 (1.4%)	1.4%	221/8578 (2.6%)	2.5%		0.54 (0.43–0.67)	<0.0001
End-stage renal disease	6/8582 (0.1%)	0.1%	19/8578 (0.2%)	0.2%		0.31 (0.13–0.79)	0.013
Renal death	6/8582 (0.1%)	0.1%	10/8578 (0.1%)	0.1%		0.60 (0.22–1.65)	0.32
Cardiovascular death	245/8582 (2.9%)	2.7%	249/8578 (2.9%)	2.7%		0.98 (0.82–1.17)	0.83
End-stage renal disease or renal death	11/8582 (0.1%)	0.1%	27/8578 (0.3%)	0.3%		0.41 (0.20–0.82)	0.012

0.1 0.5 1.0 1.7

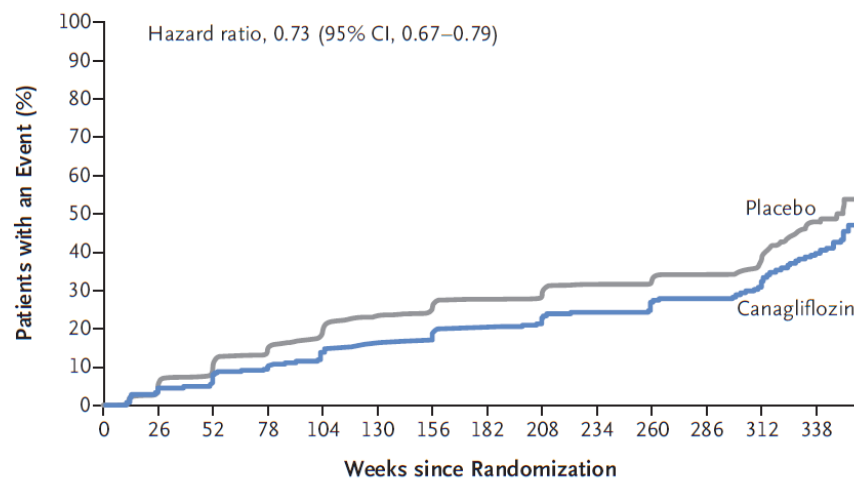
Favours dapagliflozin Favours placebo

ORIGINAL ARTICLE

Canagliflozin and Cardiovascular and Renal Events in Type 2 Diabetes

Bruce Neal, M.B., Ch.B., Ph.D., Vlado Perkovic, M.B., B.S., Ph.D.,
Kenneth W. Mahaffey, M.D., Dick de Zeeuw, M.D., Ph.D., Greg Fulcher, M.D.,
Ngozi Erondu, M.D., Ph.D., Wayne Shaw, D.S.L., Gordon Law, Ph.D.,
Mehul Desai, M.D., and David R. Matthews, D.Phil., B.M., B.Ch.,
for the CANVAS Program Collaborative Group*

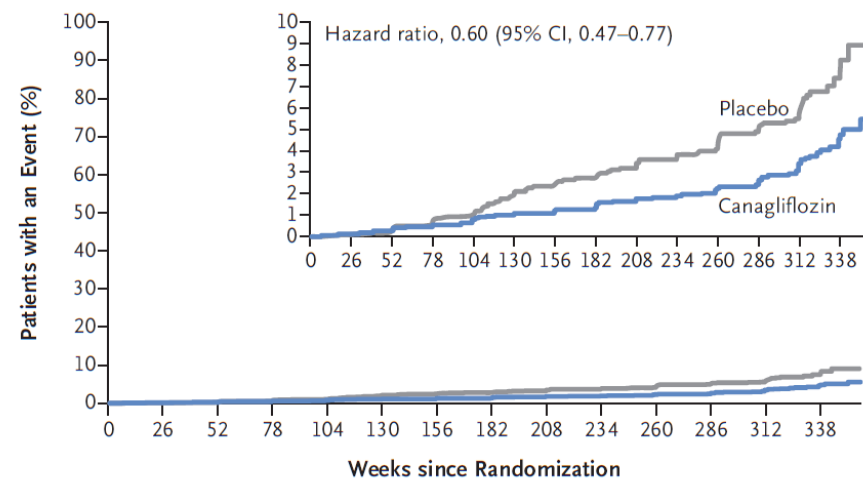
C Progression of Albuminuria



No. at Risk

Placebo	3819	3473	3096	2700	1690	877	724	652	626	565	548	485	303	67
Canagliflozin	5196	4791	4475	4027	2968	1951	1730	1593	1528	1408	1354	1213	775	185

D Composite of 40% Reduction in eGFR, Requirement for Renal-Replacement Therapy, or Death from Renal Causes



No. at Risk

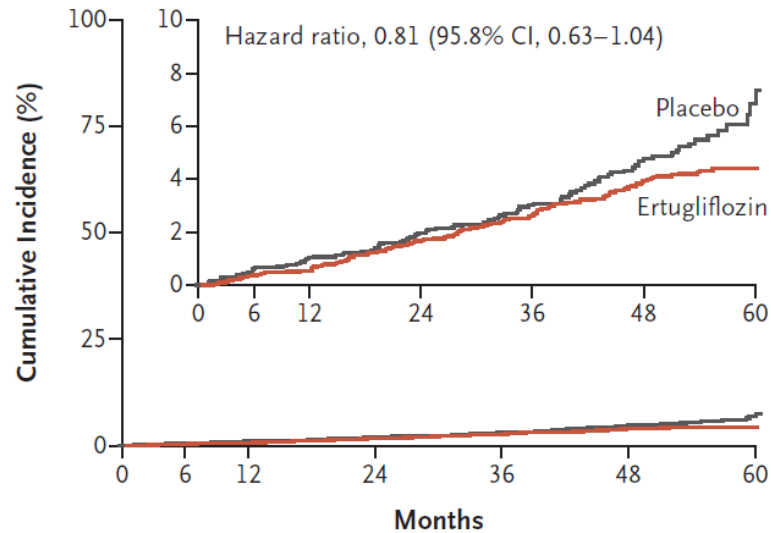
Placebo	4347	4287	4227	4151	3029	1674	1274	1253	1229	1202	1173	1148	819	229
Canagliflozin	5795	5737	5664	5578	4454	3071	2654	2623	2576	2542	2495	2450	1781	493

ORIGINAL ARTICLE

Cardiovascular Outcomes with Ertugliflozin in Type 2 Diabetes

C.P. Cannon, R. Pratley, S. Dagogo-Jack, J. Mancuso, S. Huyck, U. Masiukiewicz, B. Charbonnel, R. Frederich, S. Gallo, F. Cosentino, W.J. Shih, I. Gantz, S.G. Terra, D.Z.I. Cherney, and D.K. McGuire, for the VERTIS CV Investigators*

D Composite Renal Outcome Event

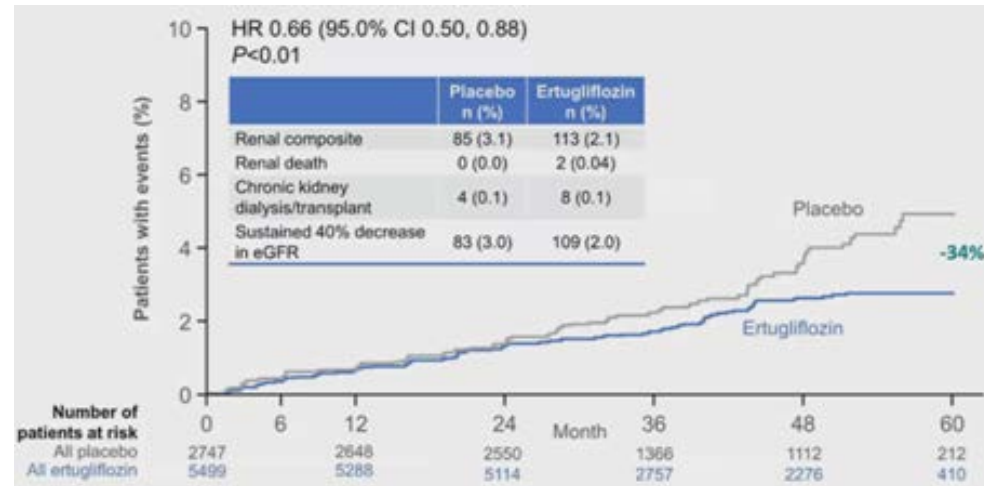


No. at Risk

Placebo	2747	2703	2643	2543	1371	1116	215
Ertugliflozin	5499	5394	5299	5110	2756	2271	406

Death from renal causes,
Renal replacement therapy,
Doubling of the serum creatinine level

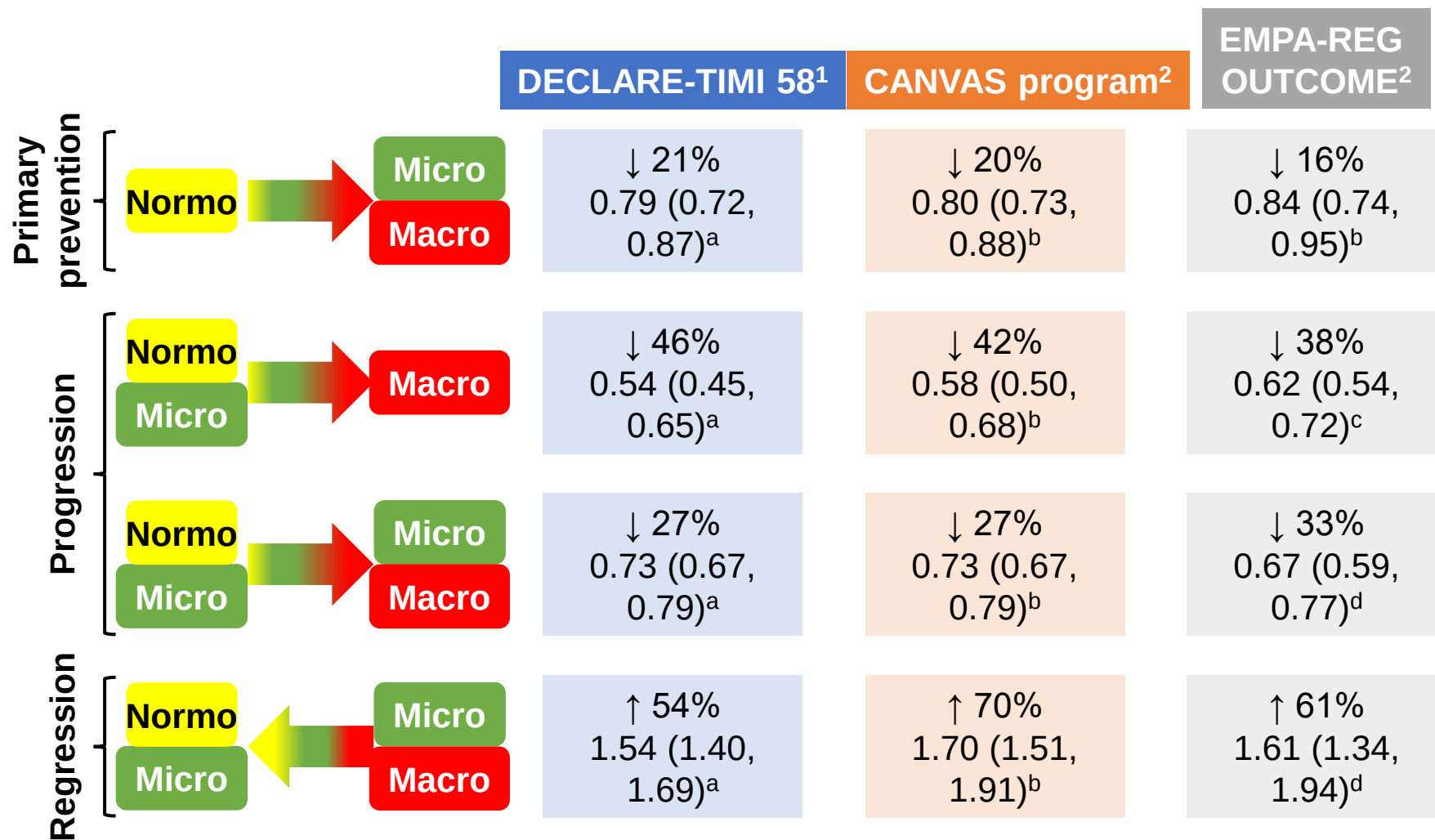
Cherney DZ annual meeting EAS 2020



Death from renal causes,
Renal replacement therapy,
Sustained 40% reduction in eGFR: HR 0.65

Progressione albuminuria: HR 0.79, p<0.01
Regressione albuminuria: HR 1.23, p<0.01

The beneficial effect of SGLT2i on ALBUMINURIA is consistent across trials



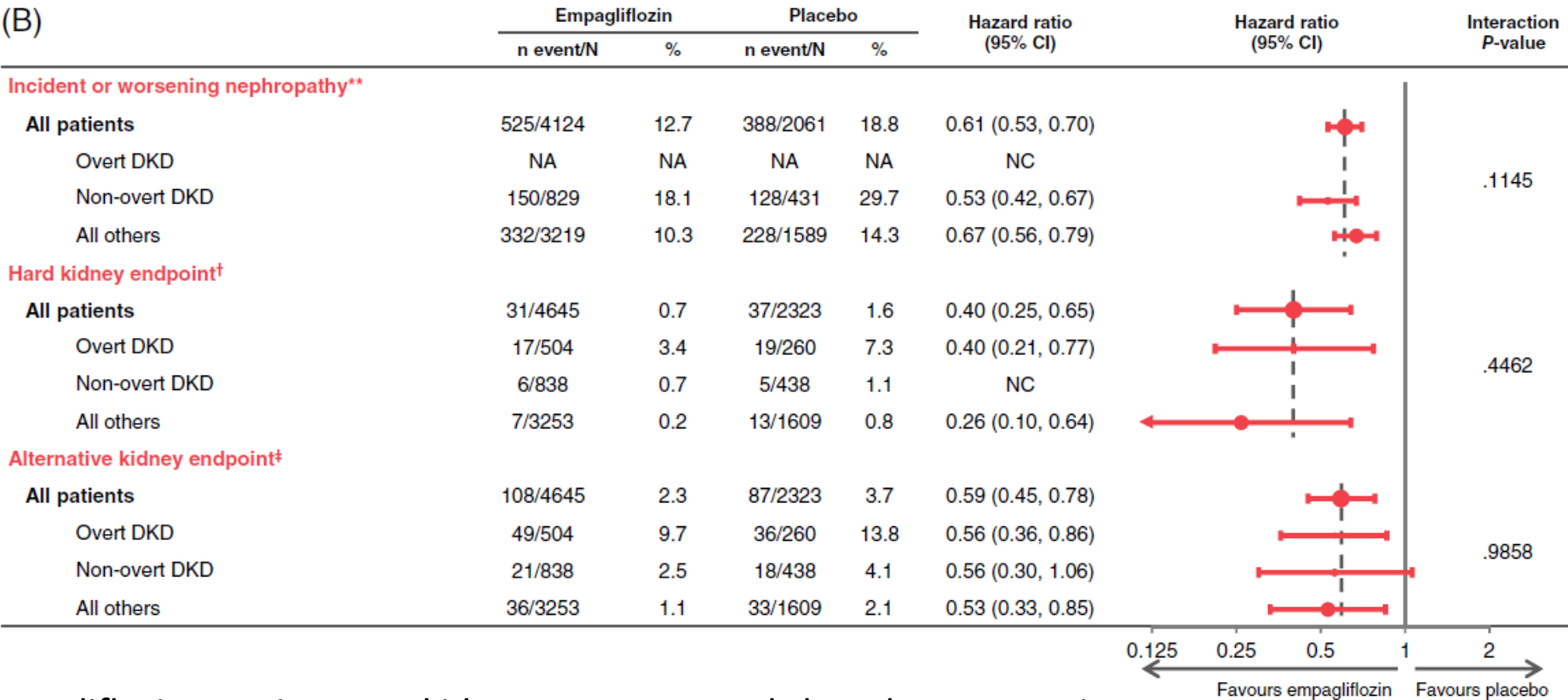
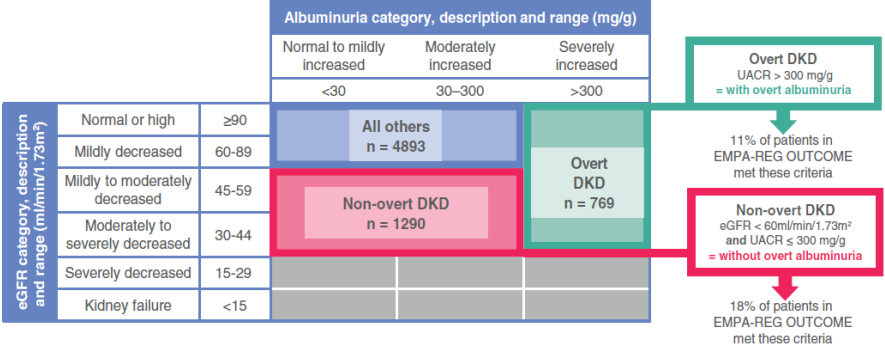
^aExploratory outcome; ^bSustained exploratory outcome; ^cSecondary outcome; ^dSustained post-hoc outcome

macro, macroalbuminuria; micro, microalbuminuria; normo, normoalbuminuria

1. Raz I, et al. Presented at 79th Scientific Sessions of the American Diabetes Association; June 7th–11th, 2019; San Francisco, CA, USA; 244-OR; 2. Barutta F, et al. *Diabetes Metab Res Rev* 2019;35:e3171

Consistent effects of empagliflozin on cardiovascular and kidney outcomes irrespective of diabetic kidney disease categories: Insights from the EMPA-REG OUTCOME trial

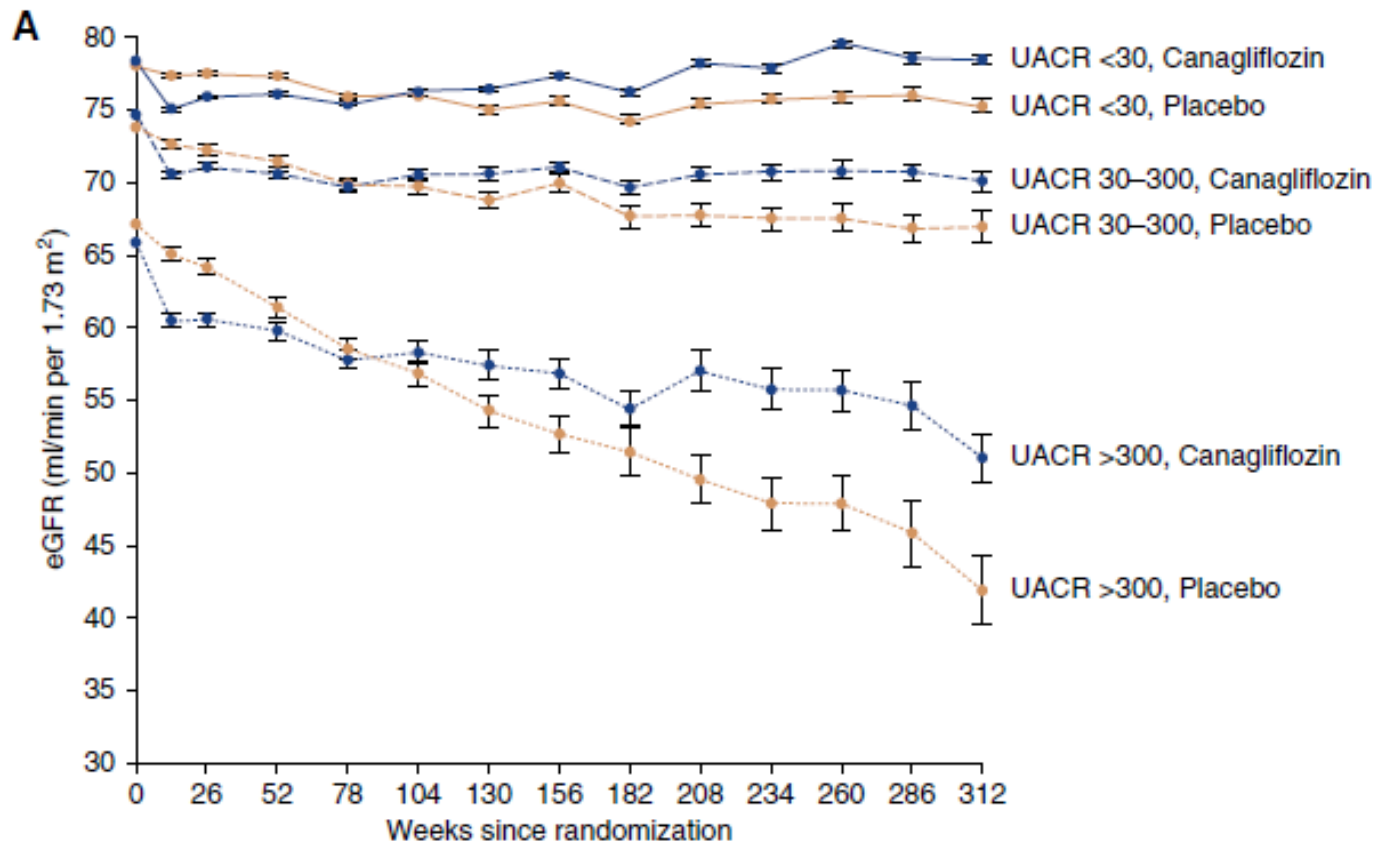
Christoph Wanner MD¹ | Silvio E. Inzucchi MD² | Bernard Zinman MD³ |
Audrey Koitka-Weber PhD^{1,4,5} | Michaela Mattheus Dipl Biomath⁶ |
Jyothis T. George MD⁴ | Maximilian von Eynatten MD⁴ | Sibylle J. Hauske MD^{4,7} |
EMPA-REG OUTCOME Investigators



Empagliflozin may improve kidney outcomes and slow the progression of kidney disease in type 2 diabetes patients with DKD, irrespective of its clinical form, both with or without the presence of overt albuminuria. Diab Obes Met 2020

Effect of Canagliflozin on Renal and Cardiovascular Outcomes across Different Levels of Albuminuria: Data from the CANVAS Program

Brendon L. Neuen ¹, Toshiaki Ohkuma,¹ Bruce Neal,¹ David R. Matthews,² Dick de Zeeuw,³ Kenneth W. Mahaffey,⁴ Greg Fulcher,⁵ Qiang Li,¹ Meg Jardine,¹ Richard Oh,⁶ Hidde L. Heerspink,^{1,3} and Vlado Perkovic¹



Canagliflozin slowed the loss of kidney function across all UACR subgroups. Effect of canagliflozin as indicated by (A) adjusted mean eGFR over time

CVOT e SGLT2-i : FOCUS SU CKD

			Albuminuria stages, description and range		
			A1	A2	A3
			Normoalbuminuria	Microalbuminuria	Macroalbuminuria
			<30 mg/g	30–300 mg/g	>300 mg/g
GFR categories (mL/min/1.73 m ²)	Stage 1	≥90			
	Stage 2	60–89	E C V D		
	Stage 3a	45–59			
	Stage 3b	30–44			
	Stage 4	15–29			
	ESKD 5	<15			

CREDENCE (DKD only)

eGFR ≥30 to <90 mL/min/1.73 m²
and UACR ≥300 mg/g

DAPA-CKD (CKD)

eGFR ≥25 to <75 mL/min/1.73 m²
and UACR ≥200 mg/g

EMPA-KIDNEY (CKD)

eGFR ≥45 to <75 mL/min/1.73 m²
and UACR ≥200 mg/g
OR
eGFR ≥20 to <45 mL/min/1.73 m²

Canagliflozin and Renal Outcomes in Type 2 Diabetes and Nephropathy

The NEW ENGLAND
JOURNAL of MEDICINE

June 13, 2019

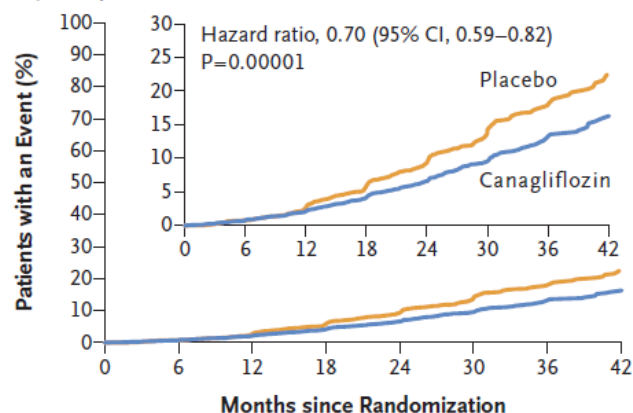
Type 2 diabetes
and albuminuric
chronic kidney
disease 12900 pz

IC: eGFR of 30 to <90
albuminuria >300 to
5000) and were
treated with
renin-angiotensin
system blockade.

Primary composite
Outcome:
-end-stage kidney
disease (dialysis,
transplantation, or
a sustained egfr<15)
- doubling of
creatinine,
- death from renal or
cardiovascular causes

V. Perkovic, M.J. Jardine, B. Neal, S. Bompoint, H.J.L. Heerspink, D.M. Charytan, R. Edwards, R. Agarwal, G. Bakris, S. Bull, C.P. Cannon, G. Capuano, P.-L. Chu, D. de Zeeuw, T. Greene, A. Levin, C. Pollock, D.C. Wheeler, Y. Yavin, H. Zhang, B. Zinman, G. Meininger, B.M. Brenner, and K.W. Mahaffey, for the CREDENCE Trial Investigators*

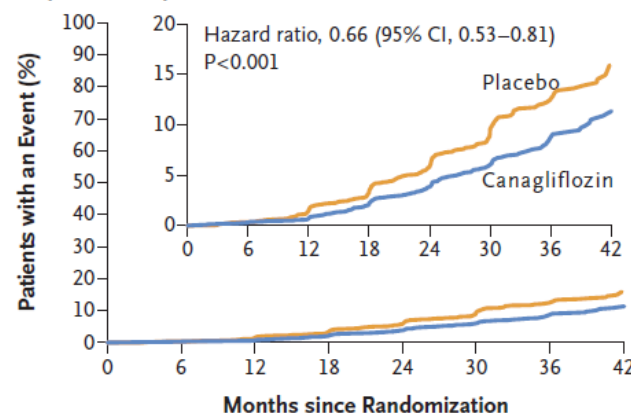
A Primary Composite Outcome



No. at Risk

Placebo	2199	2178	2132	2047	1725	1129	621	170
Canagliflozin	2202	2181	2145	2081	1786	1211	646	196

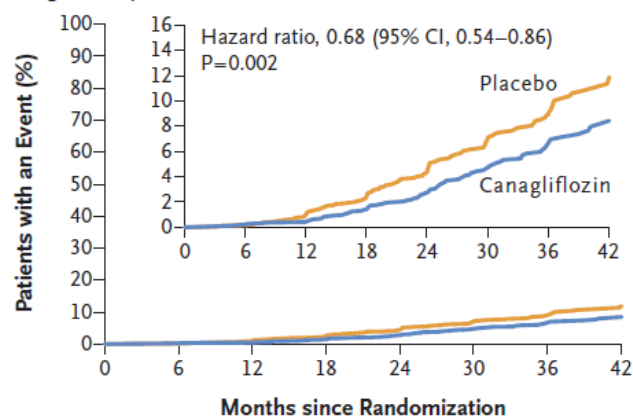
B Renal-Specific Composite Outcome



No. at Risk

Placebo	2199	2178	2131	2046	1724	1129	621	170
Canagliflozin	2202	2181	2144	2080	1786	1211	646	196

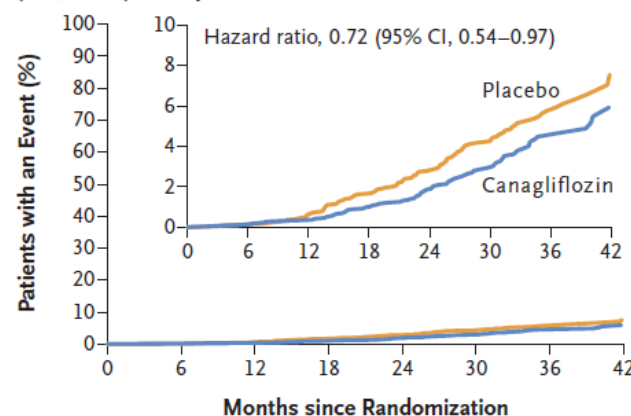
C End-Stage Kidney Disease



No. at Risk

Placebo	2199	2182	2141	2063	1752	1152	641	178
Canagliflozin	2202	2182	2146	2091	1798	1217	654	199

D Dialysis, Kidney Transplantation, or Renal Death



No. at Risk

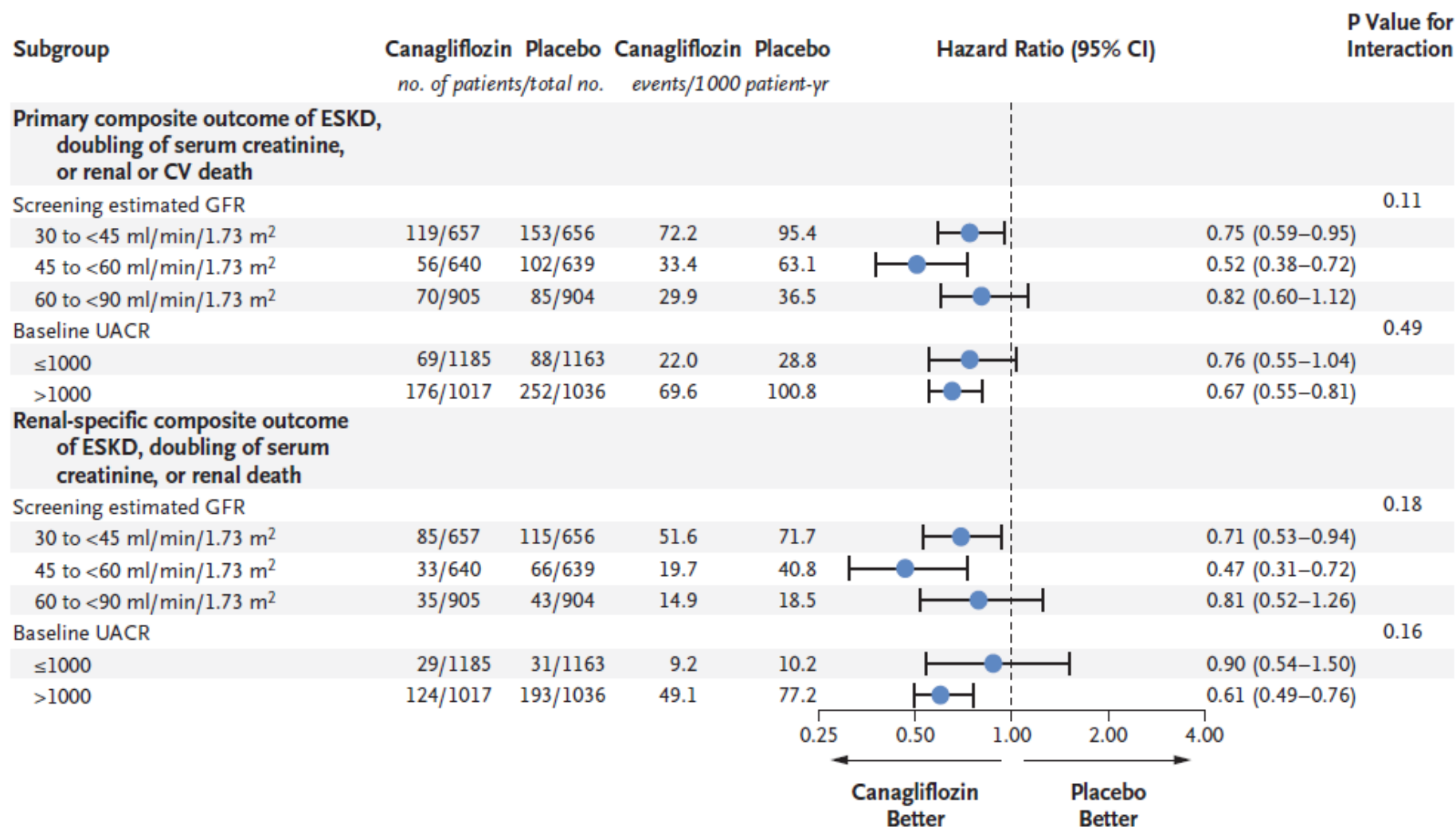
Placebo	2199	2183	2147	2077	1776	1178	653	180
Canagliflozin	2202	2184	2148	2100	1811	1236	661	199

Canagliflozin and Renal Outcomes in Type 2 Diabetes and Nephropathy

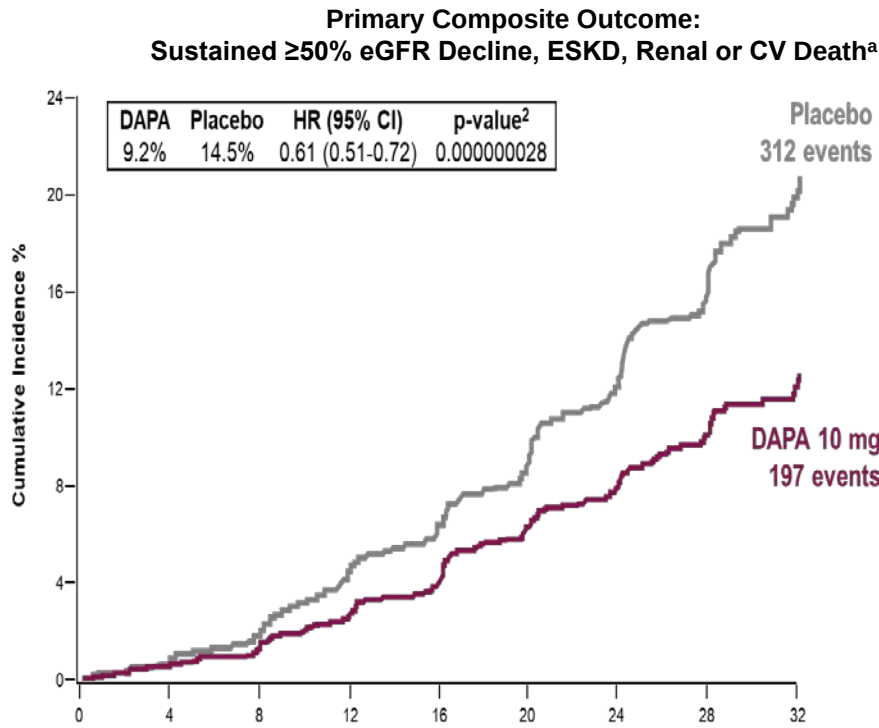
The NEW ENGLAND
JOURNAL of MEDICINE

June 13, 2019

V. Perkovic, M.J. Jardine, B. Neal, S. Bompoint, H.J.L. Heerspink, D.M. Charytan, R. Edwards, R. Agarwal, G. Bakris, S. Bull, C.P. Cannon, G. Capuano, P.-L. Chu, D. de Zeeuw, T. Greene, A. Levin, C. Pollock, D.C. Wheeler, Y. Yavin, H. Zhang, B. Zinman, G. Meininger, B.M. Brenner, and K.W. Mahaffey, for the CREDENCE Trial Investigators*

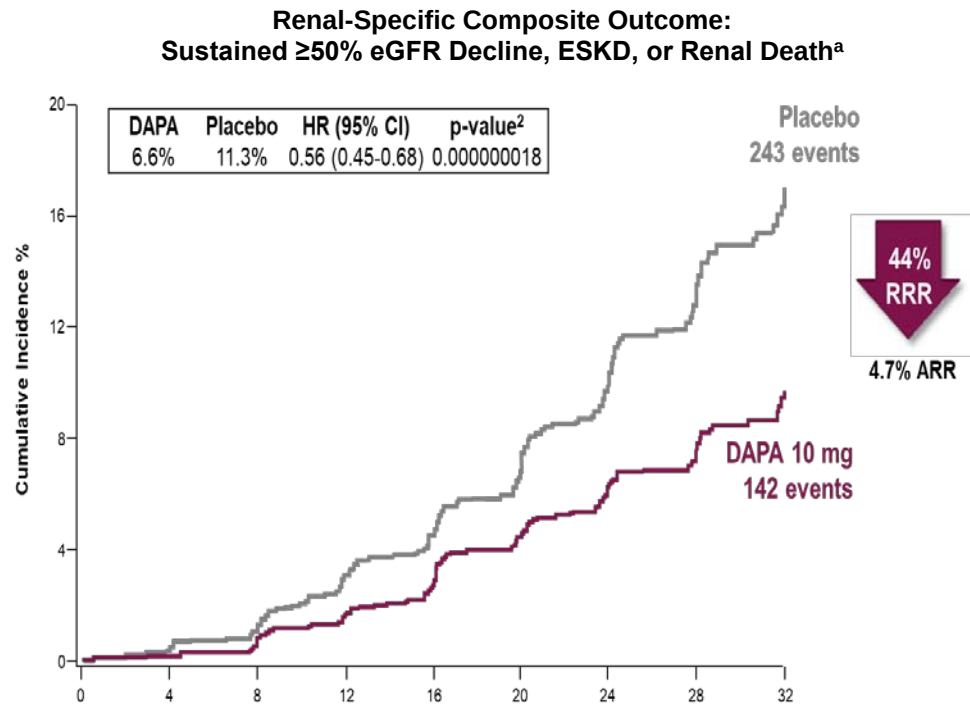


DAPA CKD

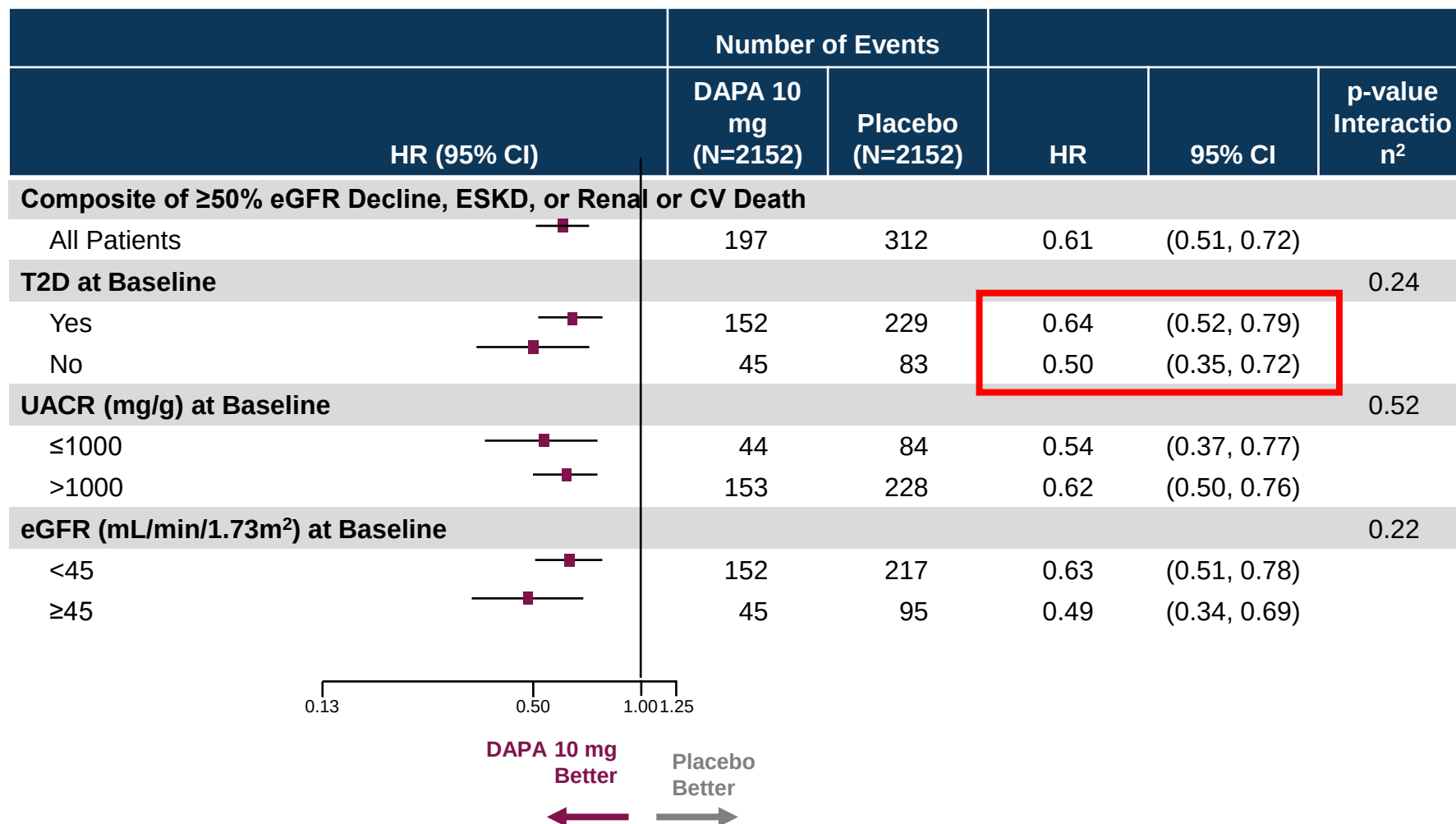


Demonstrated a significant and clinically relevant reduction in:

- Primary Renal Outcome
- Renal Specific Outcome

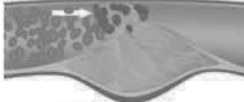
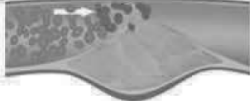


DAPA DKC Primary Composite Outcome: Treatment Benefit Consistent Across Subgroups



CV = cardiovascular; DAPA = dapagliflozin; eGFR = estimated glomerular filtration rate; ESKD = end-stage kidney disease; HR = hazard ratio; T2D = type 2 diabetes; UACR = urinary albumin-to-creatinine ratio. 1. Heerspink HJL et al. Online ahead of print. *N Engl J Med.* 2020; 2. Heerspink HJL. Presented at: ESC Congress – The Digital Experience; August 29 – September 1, 2020.

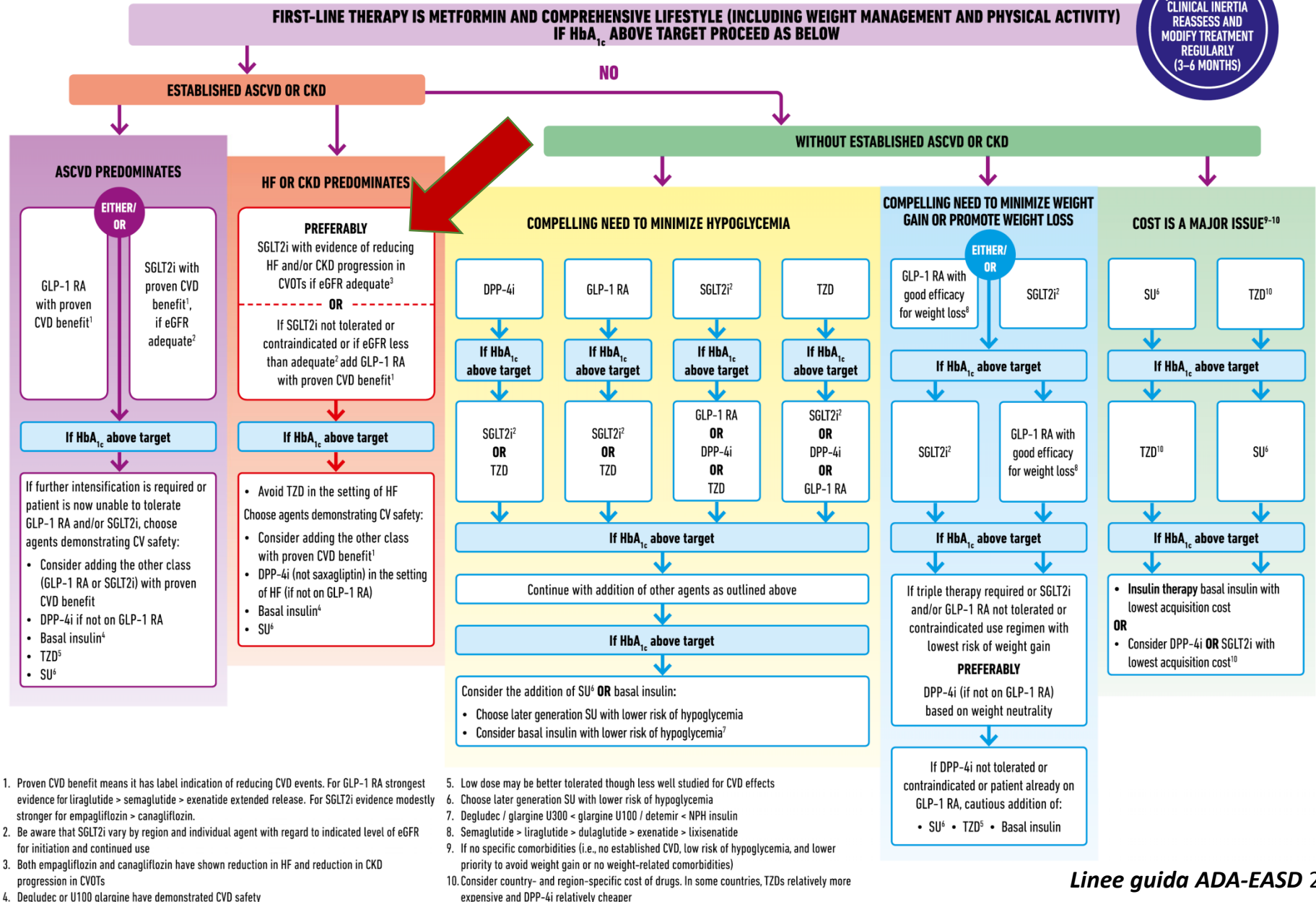
	CREDENCE ¹⁻³	Dapa-CKD ⁴⁻⁵	EMPA-KIDNEY ⁵⁻⁶
SGLT2 inhibitor	Canagliflozin vs placebo	Dapagliflozin vs placebo	Empagliflozin vs placebo
Population	DKD incl. ✓ T2D x Non-DM x T1D	CKD incl. ✓ T2D ✓ Non-DM x T1D	CKD incl. ✓ T2D ✓ Non-DM ✓ T1D
No. of patients	4401	4000	~5000
Key inclusion criteria	eGFR ≥30 to <90 ml/min/1.73 m ² and UACR >300 mg/g	eGFR ≥25 to ≤75 ml/min/1.73 m ² and UACR ≥200 mg/g	eGFR ≥20 to <45 ml/min/1.73 m ² or eGFR ≥45 to <90 ml/min/1.73 m ² and UACR ≥200 mg/g
Primary outcome	Composite of ESKD, doubling of serum creatinine, or renal or CV death	Composite of ≥50% sustained decline in eGFR or reaching ESKD, or renal or CV death	Composite of ≥40% sustained decline in eGFR or reaching ESKD, or renal or CV death
Key secondary outcomes	Composite of CV death or HHF All-cause mortality	Composite of CV death or HHF All-cause mortality	Composite of CV death or HHF All-cause hospitalisation All-cause mortality
Start date Estimated completion date	February 2014 Completed*	February 2017 Completed	~November 2018 ~June 2022
No. of countries	34	21	7

Type 2 diabetic population	EVENTS	SGLT-2i
Primary Prevention: Diabetes + Multiple Risk Factors	MACE	 =
	HF	 ↓
	DKD	 ↓
Secondary Prevention: Diabetes + Established CVD	MACE	 ↓
	HF	 ↓
	DKD	 ↓

Giugliano et al, Diabetes Obes Metab. 2020

GLUCOSE-LOWERING MEDICATION IN TYPE 2 DIABETES: OVERALL APPROACH

TO AVOID CLINICAL INERTIA REASSESS AND MODIFY TREATMENT REGULARLY (3-6 MONTHS)



1. Proven CVD benefit means it has label indication of reducing CVD events. For GLP-1 RA strongest evidence for liraglutide > semaglutide > exenatide extended release. For SGLT2i evidence modestly stronger for empagliflozin > canagliflozin.

2. Be aware that SGLT2i vary by region and individual agent with regard to indicated level of eGFR for initiation and continued use

3. Both empagliflozin and canagliflozin have shown reduction in HF and reduction in CKD progression in CVOTs

4. Degludec or U100 glargine have demonstrated CVD safety

5. Low dose may be better tolerated though less well studied for CVD effects

6. Choose later generation SU with lower risk of hypoglycemia

7. Degludec / glargine U300 < glargine U100 / detemir < NPH insulin

8. Semaglutide > liraglutide > dulaglutide > exenatide > lixisenatide

9. If no specific comorbidities (i.e., no established CVD, low risk of hypoglycemia, and lower priority to avoid weight gain or no weight-related comorbidities)

10. Consider country- and region-specific cost of drugs. In some countries, TZDs relatively more expensive and DPP-4i relatively cheaper

FIRST-LINE Therapy is Metformin and Comprehensive Lifestyle (including weight management and physical activity)



NO

INDICATORS OF HIGH-RISK OR ESTABLISHED ASCVD, CKD, OR HF¹

CONSIDER INDEPENDENTLY OF BASELINE A1C OR INDIVIDUALIZED A1C TARGET

ASCVD PREDOMINATES

- Established ASCVD
- Indicators of high ASCVD risk (age ≥ 55 years with coronary, carotid or lower extremity artery stenosis $>50\%$, or LVH)

PREFERABLY

- GLP-1 RA with proven CVD benefit¹
- OR
- SGLT2i with proven CVD benefit¹ if eGFR adequate²

If A1C above target

If further intensification is required or patient is now unable to tolerate GLP-1 RA and/or SGLT2i, choose agents demonstrating CV safety:

- For patients on a GLP-1 RA, consider adding SGLT2i with proven CVD benefit¹
- DPP-4i if not on GLP-1 RA
- Basal insulin⁴
- TZD⁵
- SU⁶

HF OR CKD PREDOMINATES

- Particularly HFrEF (LVEF $<45\%$)
- CKD: Specifically eGFR 30-60 mL/min/1.73 m² or UACR >3 mg/g, particularly UACR >30 mg/g

PREFERABLY

- SGLT2i with evidence of reducing HF and/or CKD progression in CVOTs if eGFR adequate³
- OR
- If SGLT2i not tolerated or contraindicated or if eGFR less than adequate³ add GLP-1 RA with proven CVD benefit¹

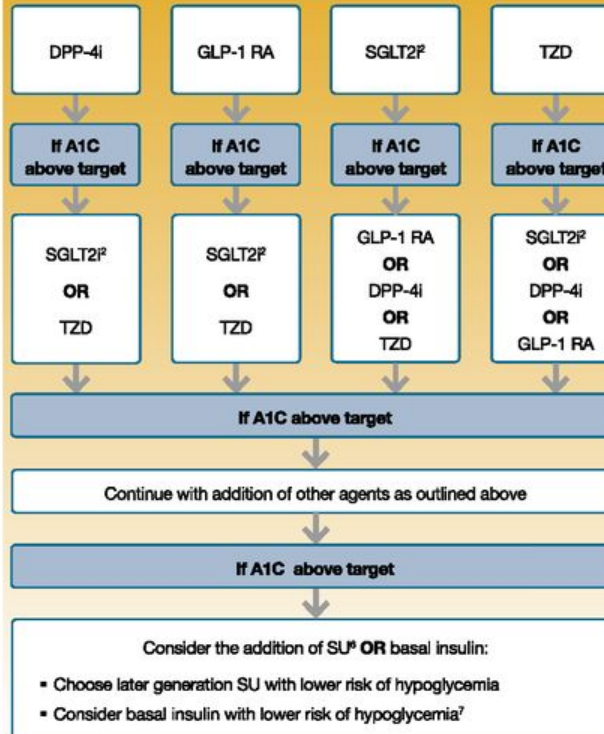
If A1C above target

- Avoid TZD in the setting of HF
- Choose agents demonstrating CV safety:

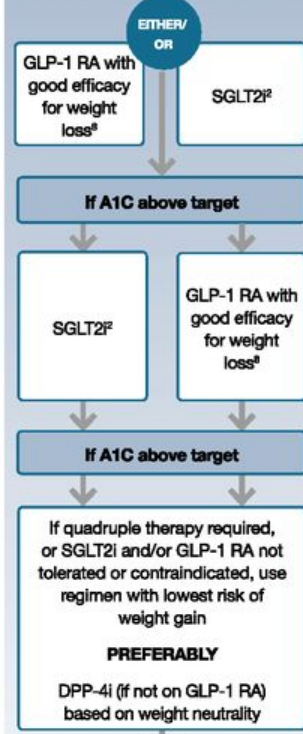
- For patients on a SGLT2i, consider adding GLP-1 RA with proven CVD benefit¹
- DPP-4i (not saxagliptin) in the setting of HF (if not on GLP-1 RA)
- Basal insulin⁴
- SU⁶

IF A1C ABOVE INDIVIDUALIZED TARGET PROCEED AS BELOW

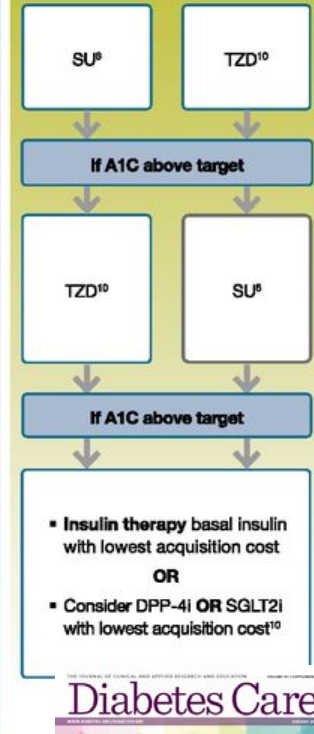
COMPELLING NEED TO MINIMIZE HYPOGLYCEMIA



COMPELLING NEED TO MINIMIZE WEIGHT GAIN OR PROMOTE WEIGHT LOSS



COST IS A MAJOR ISSUE⁹⁻¹⁰



1. Proven CVD benefit means it has label indication of reducing CVD events

2. Be aware that SGLT2i labelling varies by region and individual agent with regard to indicated level of eGFR for initiation and continued use

3. Empagliflozin, canagliflozin and dapagliflozin have shown reduction in HF and to reduce CKD progression in CVOTs. Canagliflozin has primary renal outcome data from CREDENCE. Dapagliflozin has primary heart failure outcome data from DAPA-HF

4. Degludec or U100 glargine have demonstrated CVD safety

5. Low dose may be better tolerated though less well studied for CVD effects

† Actioned whenever these become new clinical considerations regardless of background glucose-lowering medications.

6. Choose later generation SU to lower risk of hypoglycemia, Glimepiride has shown similar CV safety to DPP-4i

7. Degludec / glargine U300 < glargine U100 / detemir < NPH insulin

8. Semaglutide > liraglutide > dulaglutide > exenatide > lisdexatide

9. If no specific comorbidities (i.e. no established CVD, low risk of hypoglycemia and lower priority to avoid weight gain or no weight-related comorbidities)

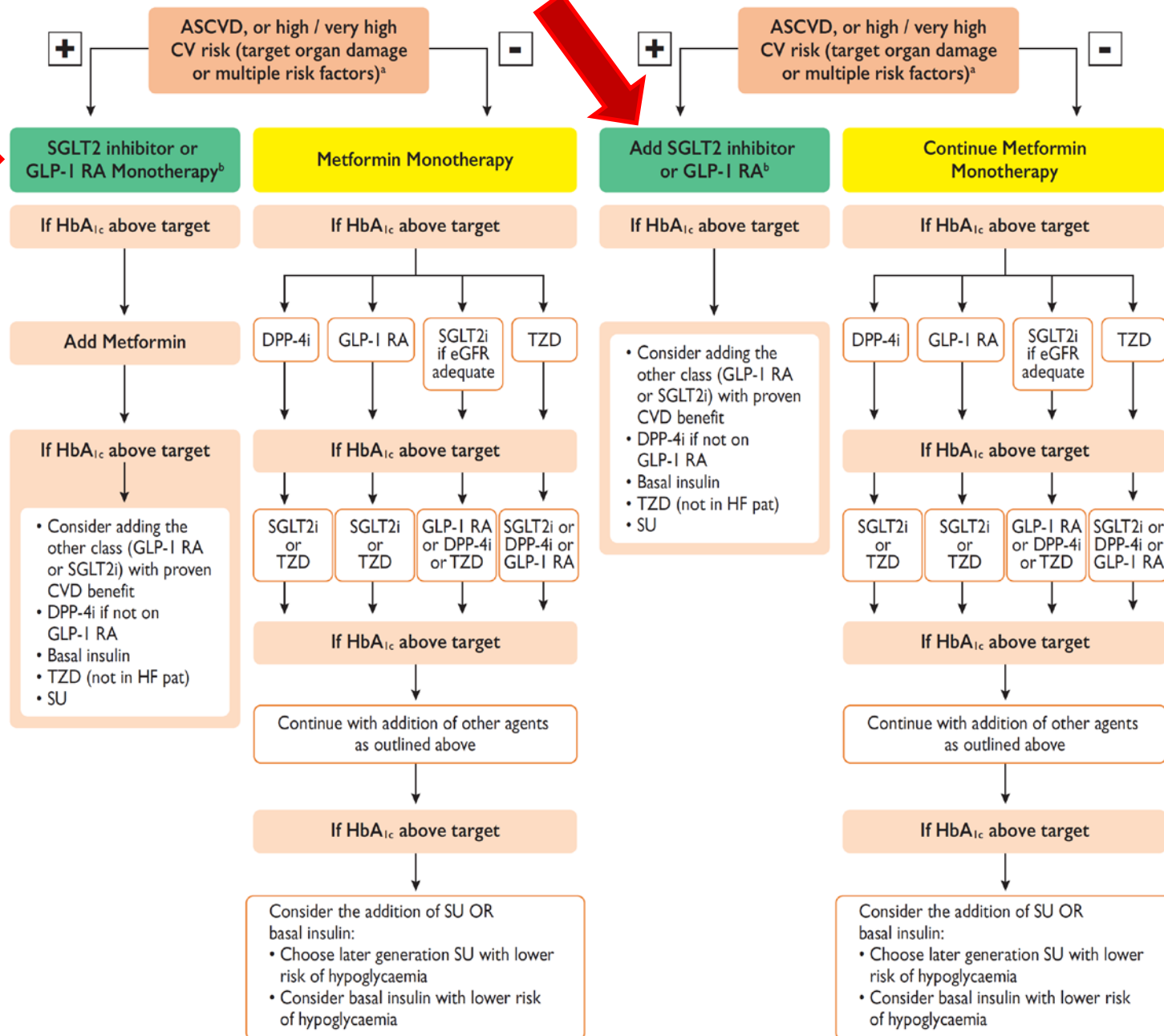
10. Consider country- and region-specific cost of drugs. In some countries TZDs relatively more expensive and DPP-4i relatively cheaper

LVH = Left Ventricular Hypertrophy; HFrEF = Heart Failure with reduced ejection fraction

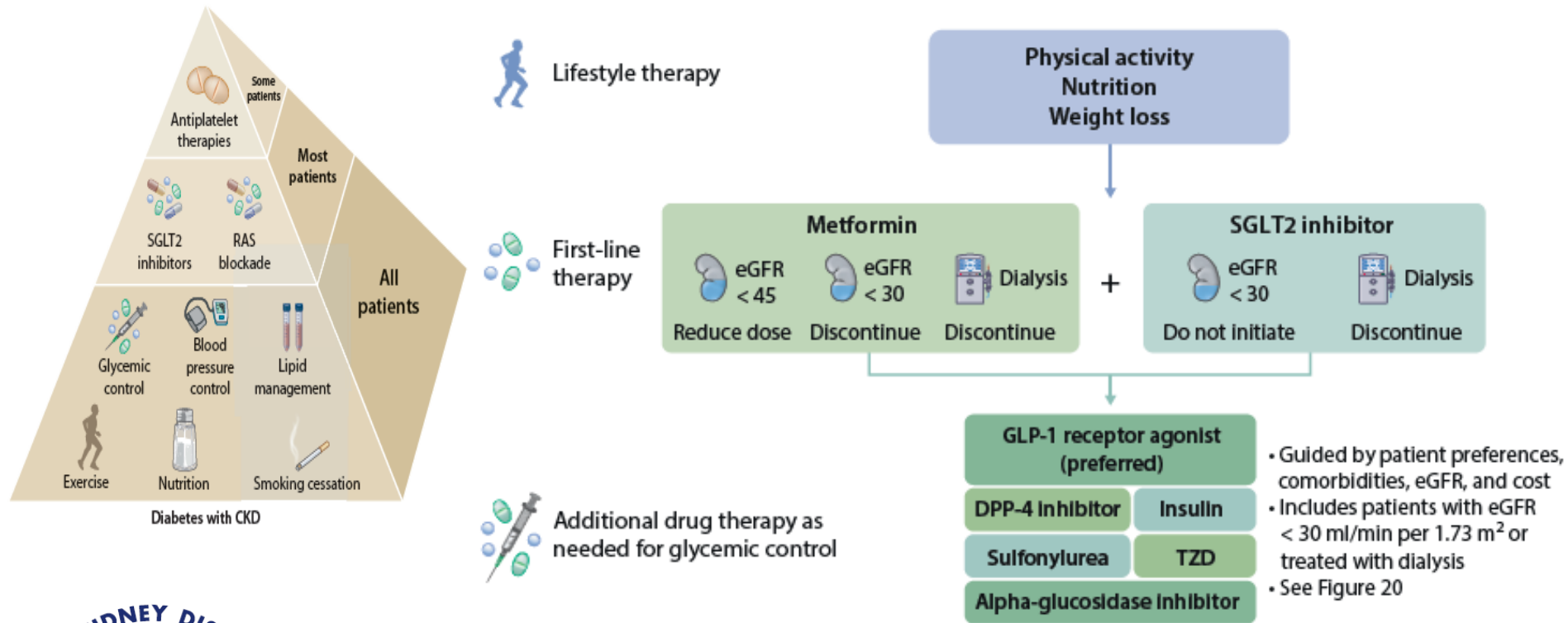
UACR = Urine Albumin-to-Creatinine Ratio; LVEF = Left Ventricular Ejection Fraction

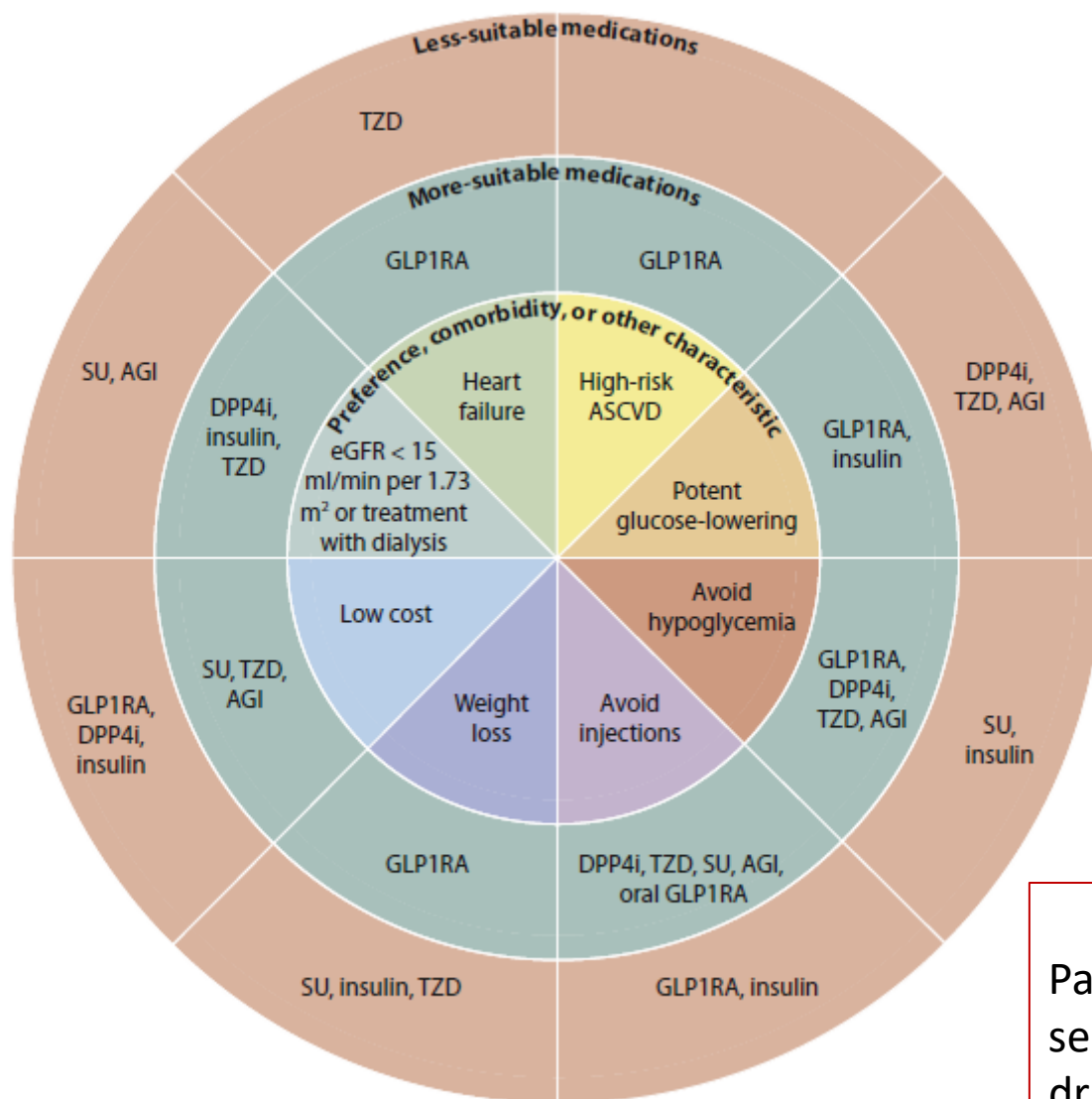
A Type 2 DM - Drug naïve patients

B Type 2 DM - On metformin



Comprehensive management of diabetes and CKD





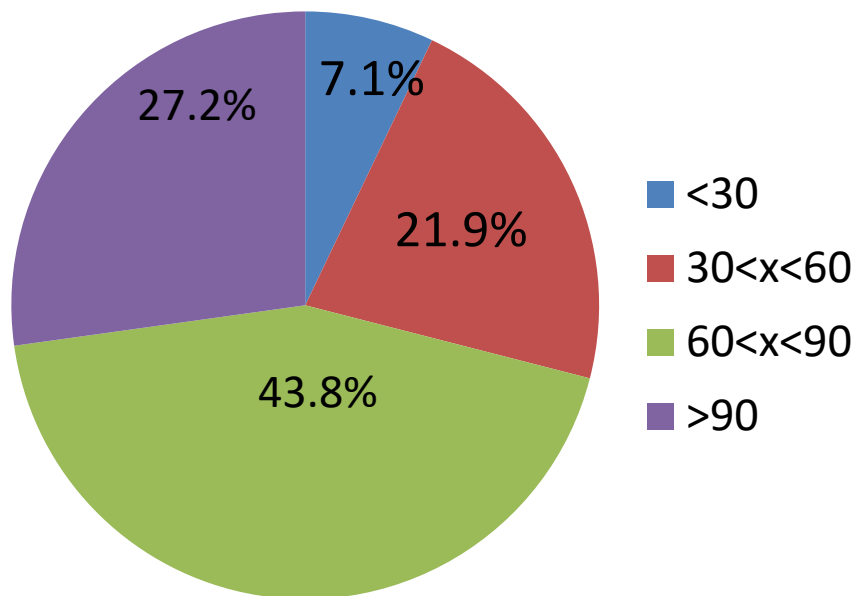
Patient factors influencing the selection of glucose-lowering drugs other than SGLT2i and metformin in T2D and CKD.



Grazie per l'attenzione

Annali AMD 2020

Andamento per 4 classi di filtrato



Soggetti con micro/macroalb %

