



Congresso Regionale
SID-AMD LAZIO 2020

IL DIABETE MELLITO DOPO IL COVID-19:
A CHE PUNTO ERAVAMO RIMASTI
E COME POSSIAMO SPINGERCI OLTRE?

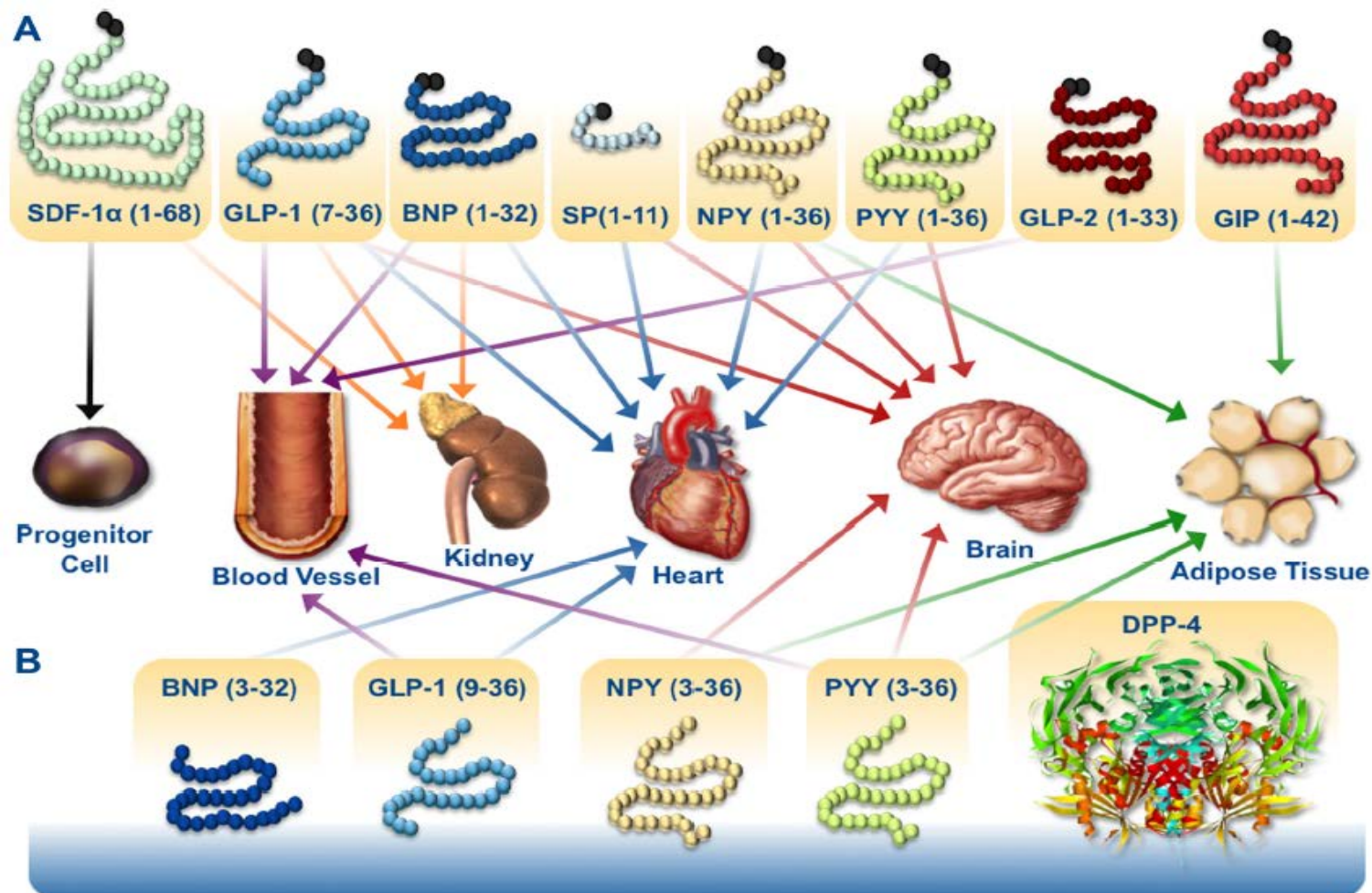
9-10 OTTOBRE 2020

ROMA | NH Villa Carpegna

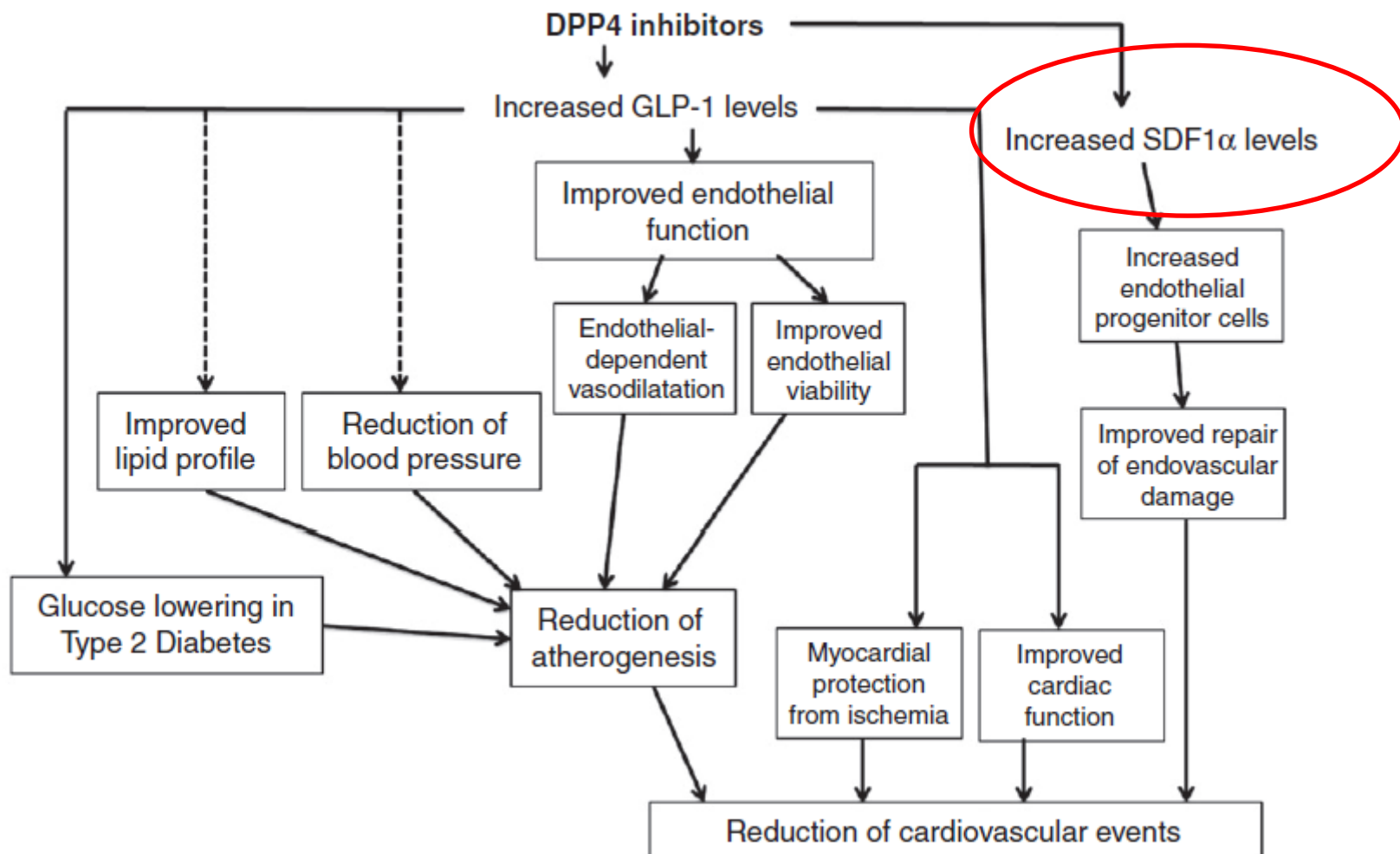
**DPP4i: a quale
paziente?**

**Ilaria Giordani
ACISMOM Togliatti
Roma**

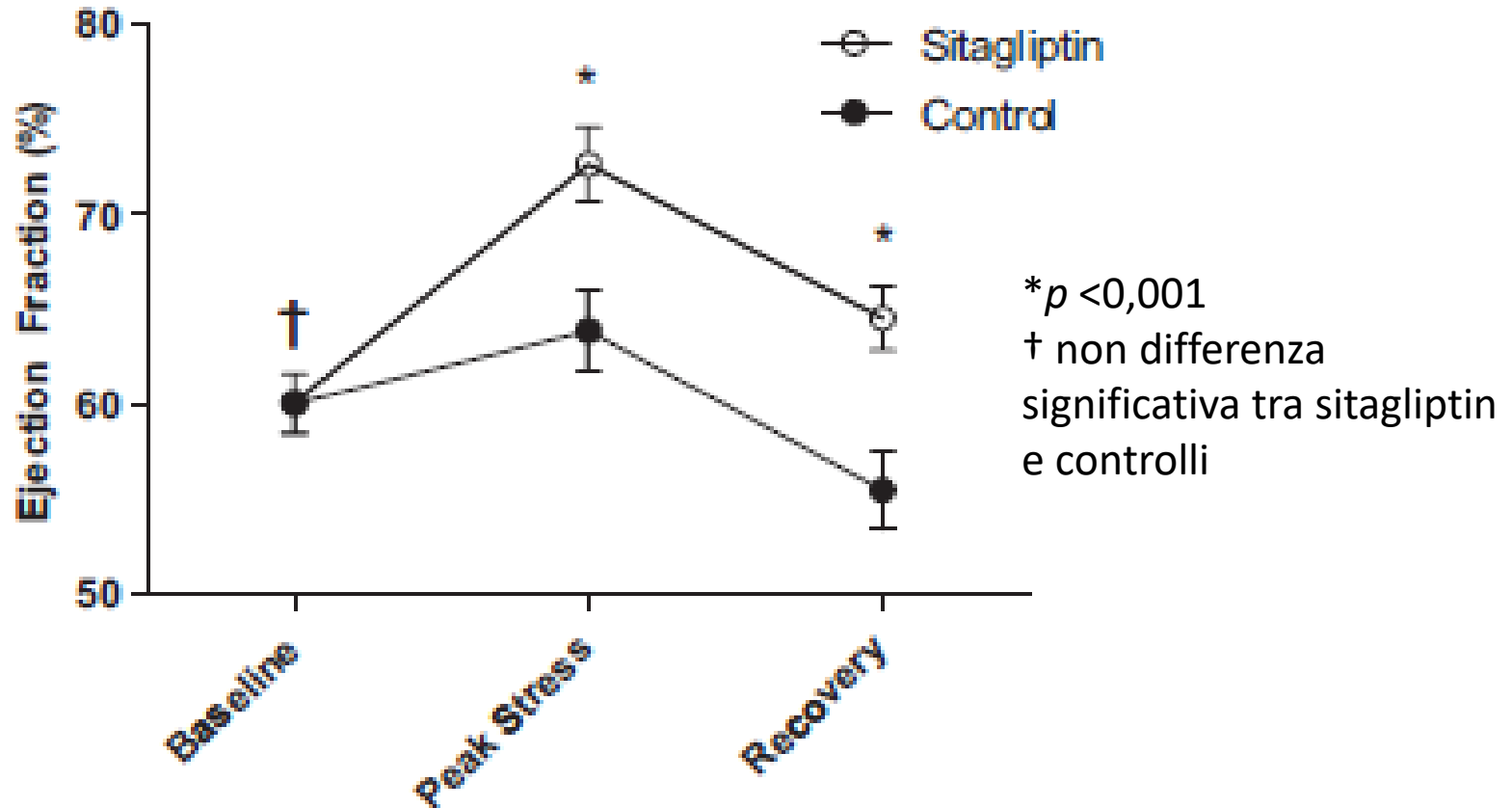
Substrati di DPP-4 che regolano direttamente o indirettamente la funzione cardiovascolare



Effetto dei DPP-4i sul sistema CV



Funzione Vsin in paz con sindrome coronarica in attesa di rivascolarizzazione



FDA raccomanda studi di *outcome* CV per le nuove terapia per il diabete

Guidance for Industry

Diabetes Mellitus — Evaluating
Cardiovascular Risk in New
Antidiabetic Therapies to
Treat Type 2 Diabetes

U.S. Department of Health and Human Services
Food and Drug Administration
Center for Drug Evaluation and Research (CDER)

December 2008
Clinical/Medical

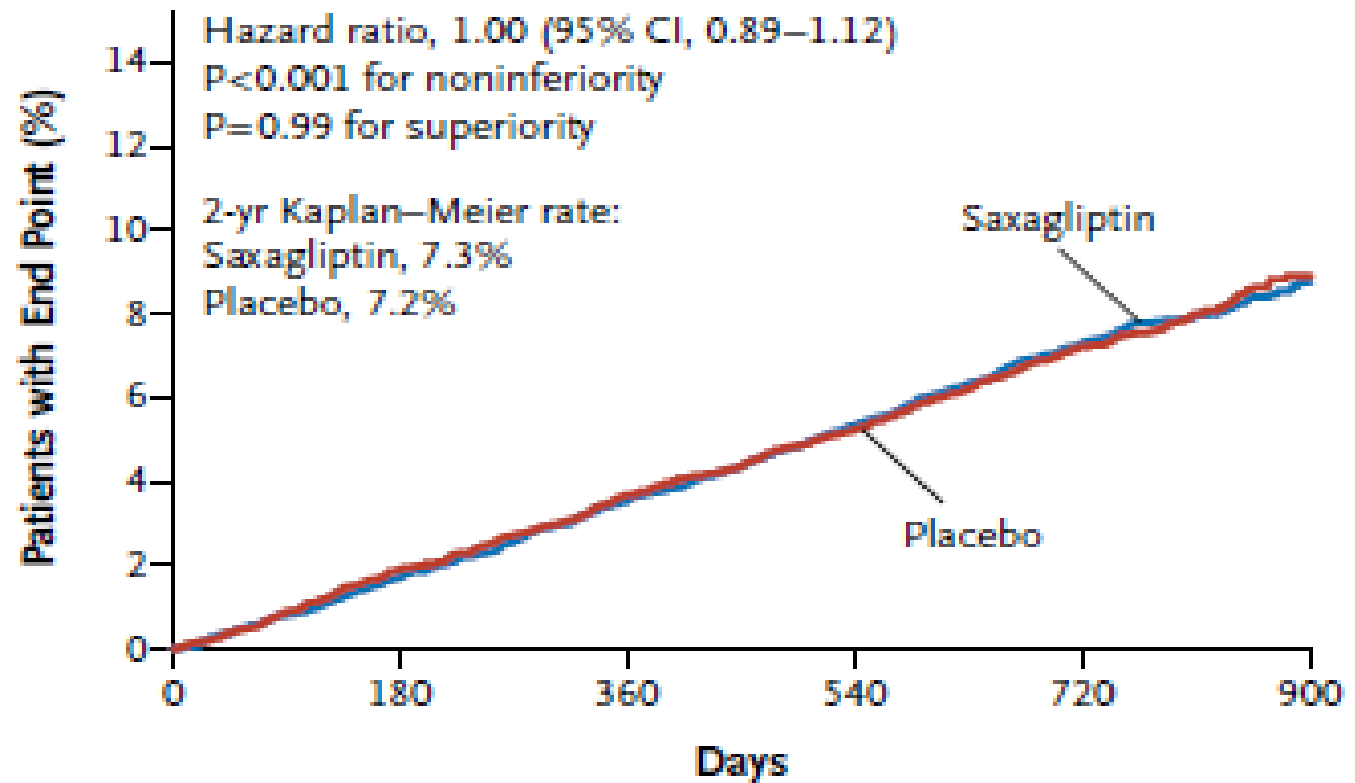
Le linee guida 2008 FDA richiedono per l'approvazione di farmaci per il diabete non più la prova dell'efficacia ma una forte dimostrazione di sicurezza CV

Valutazione del rischio CV negli studi di fase 2/3 per tutti gli antidiabetici commercializzati: limite superiore necessario del *two-sided 95% CI* per il *risk ratio* stimato

- >1.8: i dati non sono adeguati a supportare l'approvazione; deve essere condotto un ampio *trial* di sicurezza
- 1.3–1.8: esiste un potenziale pericolo CV ; è necessario un *trial* post-marketing adeguatamente disegnato per dimostrare un limite superiore <1.3
- <1.3: l'analisi rischio/beneficio supporta l'approvazione; un *trial* post-marketing non è necessario

SAVOR-TIMI 53

A Primary End Point



No. at Risk

Placebo	8212	7983	7761	7267	4855	851
Saxagliptin	8280	8071	7836	7313	4920	847

SAVOR-TIMI 53

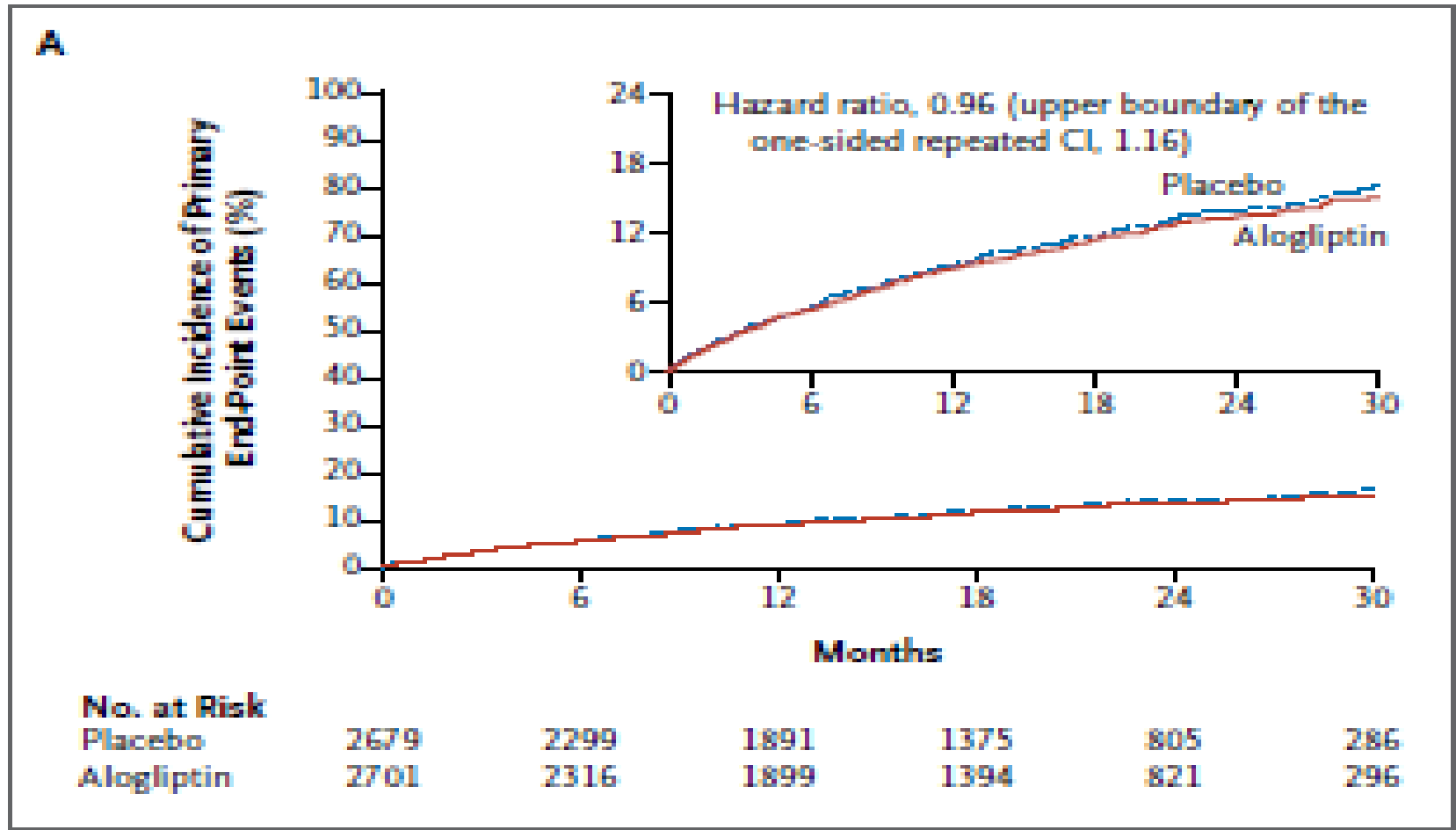
*Prespecified Clinical End Points**

End Point	Saxagliptin (N = 8280) <i>no. (%)</i>	Placebo (N = 8212)	Hazard Ratio (95% CI)	P Value
Cardiovascular death, myocardial infarction, or stroke: primary efficacy end point	613 (7.3)	609 (7.2)	1.00 (0.89–1.12)	0.99
Cardiovascular death, myocardial infarction, stroke, hospitalization for unstable angina, heart failure, or coronary revascularization: secondary efficacy end point	1059 (12.8)	1034 (12.4)	1.02 (0.94–1.11)	0.66
Death from any cause	420 (4.9)	378 (4.2)	1.11 (0.96–1.27)	0.15
Death from cardiovascular causes	269 (3.2)	260 (2.9)	1.03 (0.87–1.22)	0.72
Myocardial infarction	265 (3.2)	278 (3.4)	0.95 (0.80–1.12)	0.52
Ischemic stroke	157 (1.9)	141 (1.7)	1.11 (0.88–1.39)	0.38
Hospitalization for unstable angina	97 (1.2)	81 (1.0)	1.19 (0.89–1.60)	0.24
Hospitalization for heart failure	289 (3.5)	228 (2.8)	1.27 (1.07–1.51)	0.007
Hospitalization for coronary revascularization	423 (5.2)	459 (5.6)	0.91 (0.80–1.04)	0.18
Doubling of creatinine level, initiation of dialysis, renal transplantation, or creatinine >6.0 mg/dl (530 µmol/liter)	194 (2.2)	178 (2.0)	1.08 (0.88–1.32)	0.46
Hospitalization for hypoglycemia	53 (0.6)	43 (0.5)	1.22 (0.82–1.83)	0.33

* Event rates and percentages are 2-year Kaplan–Meier estimates.

EXAMINE

Tempo alla prima occorrenza di ogni evento dei *primary MACE endpoint* (morte CV, IM non fatale, stroke non fatale)



White, N Engl J Med 2013

EXAMINE: Pre-specified Exploratory Adjudicated MACE Composite

Prima occorrenza di mortalità per tutte le cause, IMA non fatale, stroke non fatale, rivascolarizzazione urgente per angina instabile, ospedalizzazione per HF

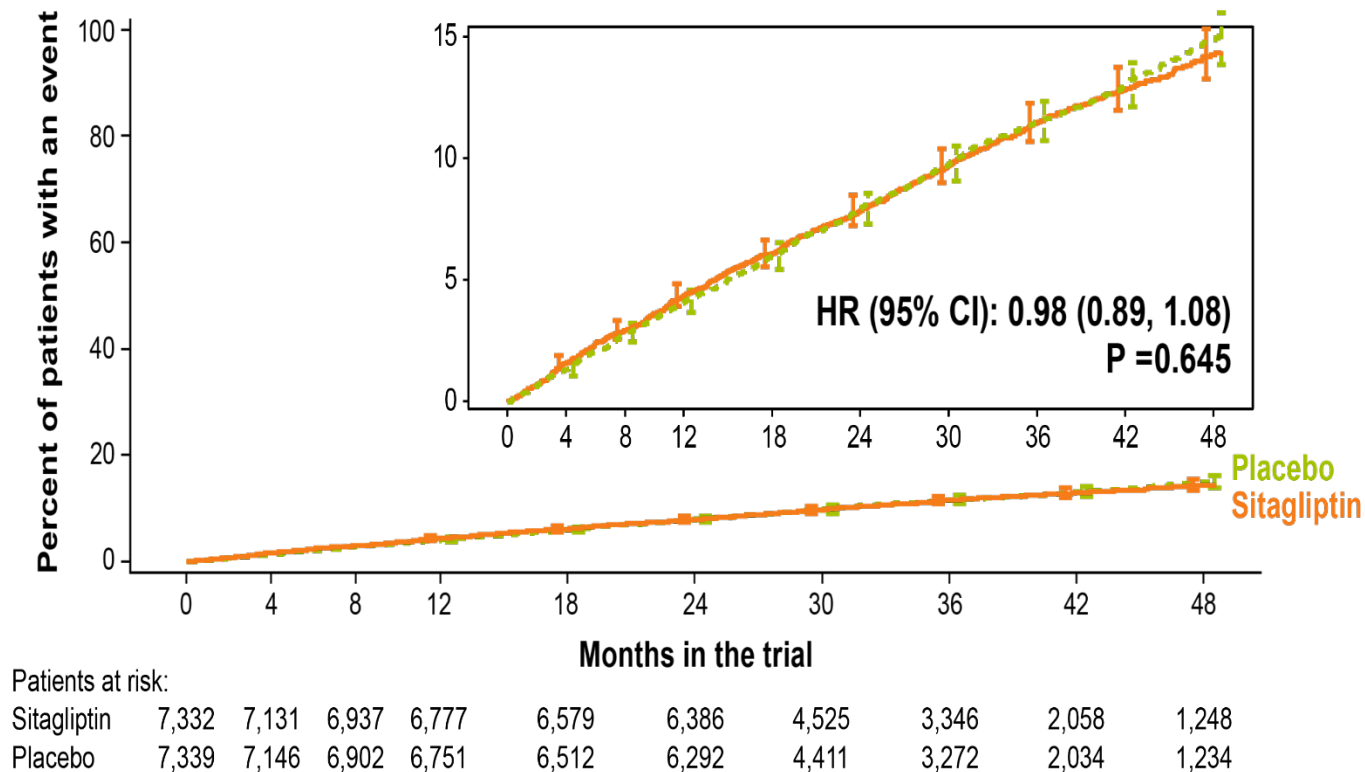
	Alogliptin N=2701 n (%)	Placebo N=2679 n (%)	HR (95% CI)	P- value
Exploratory endpoint: composite	433 (16.0)	441 (16.5)	0.98 (0.86, 1.12)	0.728
All-cause mortality	106 (3.9)	131 (4.9)	0.80 (0.62, 1.03)	0.081
Nonfatal MI	171(6.3)	155 (5.8)	1.10 (0.88, 1.37)	0.393
Nonfatal stroke	28 (1.0)	29 (1.1)	0.97 (0.58, 1.62)	0.898
Urgent revascularization due to unstable angina	43 (1.6)	47 (1.8)	0.90 (0.60, 1.37)	0.632
Hospitalization for HF	85 (3.1)	79 (2.9)	1.07 (0.79, 1.46)	0.657

Ospedalizzazione per HF in base alla storia di HF

	Tutti I pazienti		Storia di HF prima della randomizzazione		Nessuna storia di HF prima della randomizzazione	
	Alogliptin N=2701	Placebo N=2679	Alogliptin N=771	Placebo N=762	Alogliptin N=1930	Placebo N=1917
HHF, n (%)	106 (3.9)	89 (3.3)	63 (8.2)	65 (8.5)	43 (2.2)	24 (1.3)
Hazard ratio (HHF)	1.19		1.00		1.76	
95% CI*	0.90, 1.58		0.71, 1.42		1.07, 2.90	
P-value	0.220		0.996		0.026	

*Treatment by any history of heart failure, interaction P-value: 0.068

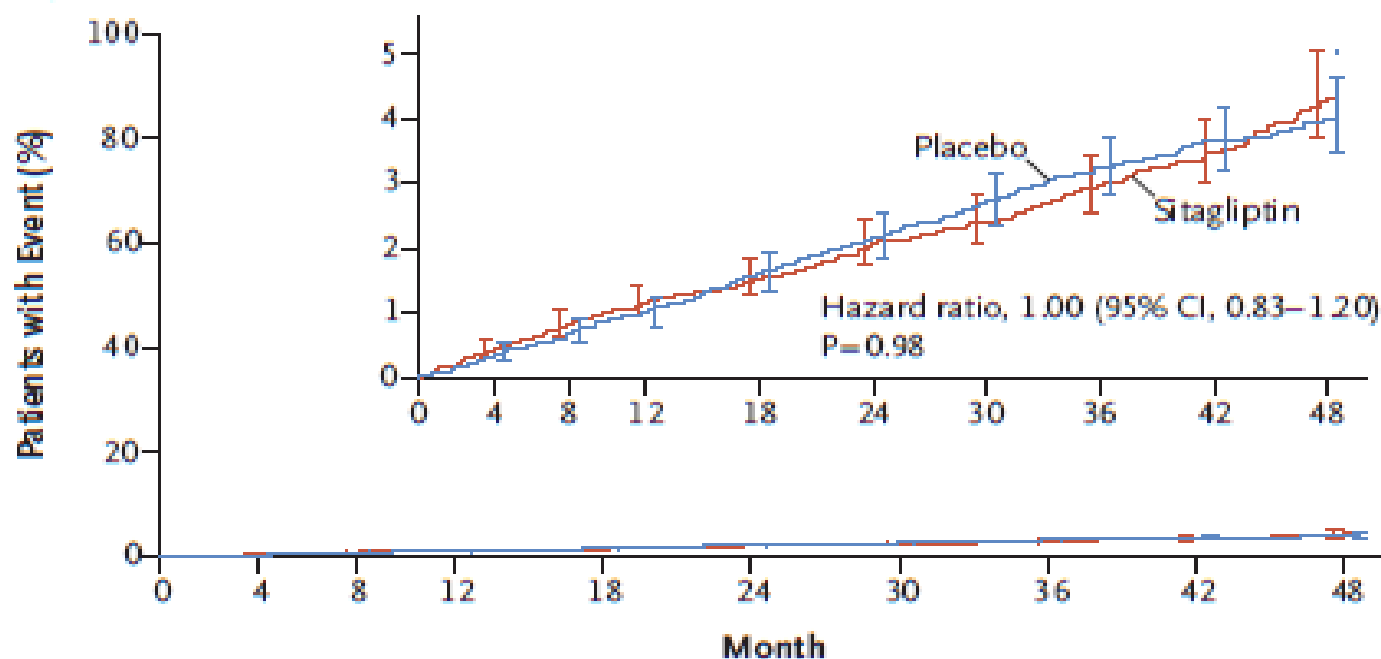
TECOS: outcome primario composito CV*



* CV death, nonfatal MI, nonfatal stroke, hospitalization for unstable angina

TECOS: ospedalizzazione per HF

C Hospitalization for Heart Failure

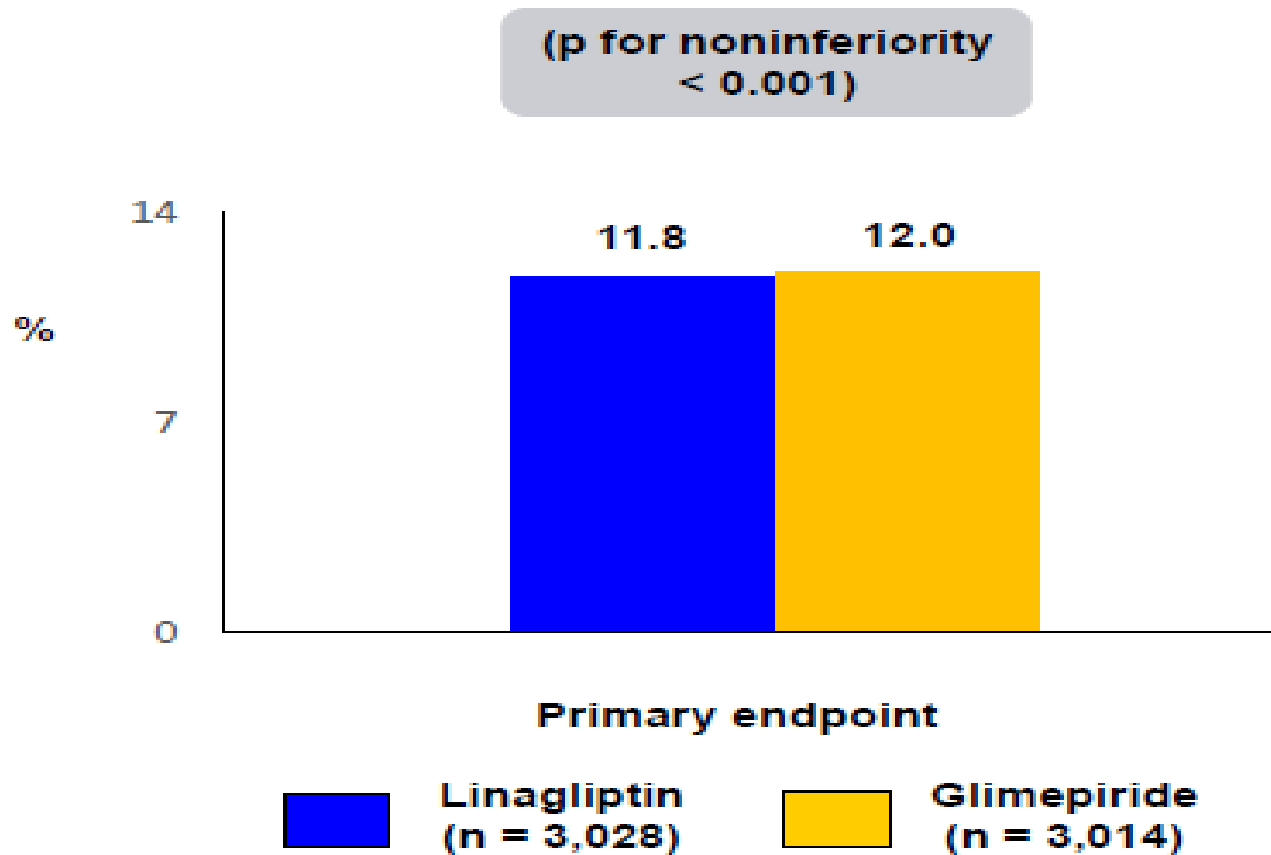


No. at Risk

Sitagliptin	7332	7189	7036	6917	6780	6619	4728	3515	2175	1324
Placebo	7339	7204	7025	6903	6712	6549	4599	3443	2131	1315

CAROLINA

Primary outcome: morte CV, IM o stroke

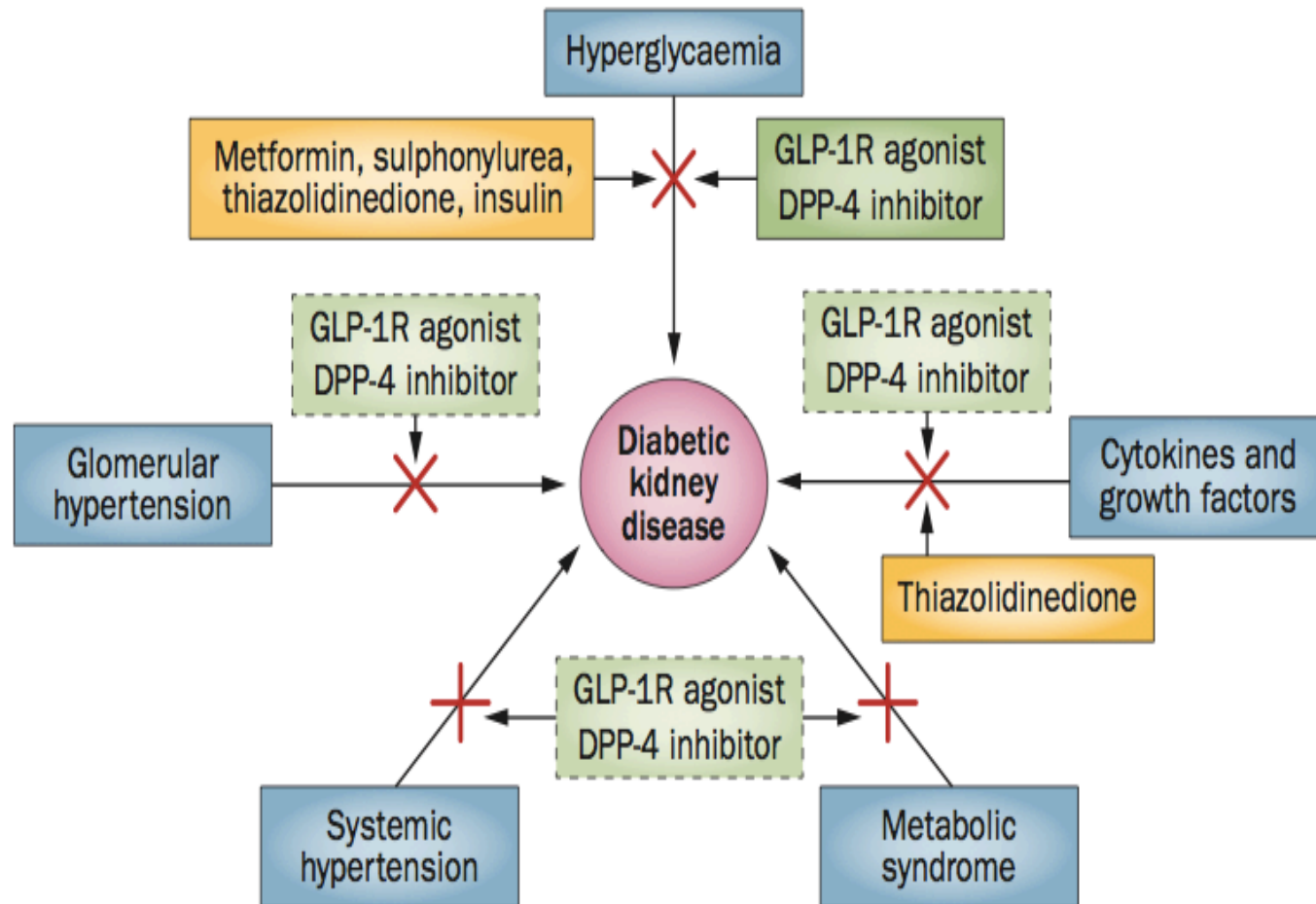


Perché le evidenze *in vitro* ed *in vivo* di
effetti benefici a livello vascolare da
parte di DPP-4i non sono confermate
nei *trial* di fase IV?

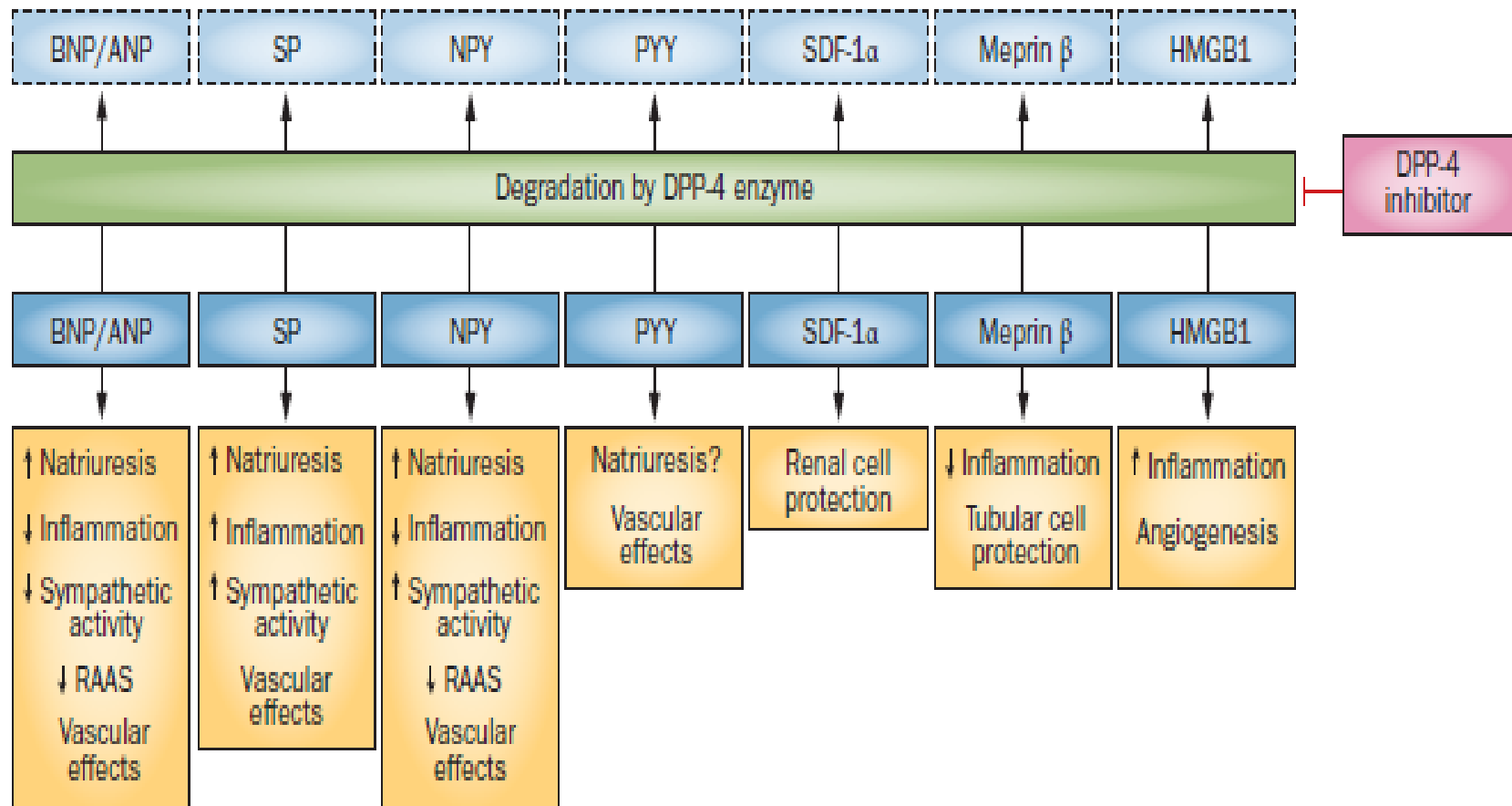
Motivo	Commento
Durata dei <i>trial</i> di fase IV (2.3 anni)	Nel diabete, le strategie volte a ridurre il rischio CV possono richiedere fino a 10 anni per mostrare completamente il loro effetto
Fenotipo dei pazienti nei <i>trial</i> di fase IV (CVD)	In paz diabetici con CVD diagnosticata o avanzata, la possibilità di osservare riduzione importante del rischio CV è piccola
Effetti dei DPP4i sulla microangiopatia	Le azioni vascolari dirette dei DPP4i si traducono principalmente nella protezione microvascolare, ma non macrovascolare. Ciò nonostante ridurre la microangiopatia può ridurre il rischio CV nel lungo termine
La complessità clinica sovrasta i dati preclinici	La presunta attività vascolare dei DPP4i non esercita effetti significativi su pazienti con concomitanti fattori di rischio e complessi regimi di terapia
La pleiotropia dei DPP4i porta ad effetti indesiderati “oltre il bersaglio”	I possibili favorevoli effetti vascolari sono controbilanciati da altri, meno conosciuti, effetti negativi <i>off-target</i> , mediati da diversi substrati di DPP4 (per es sostanza P)

DPP4i: a quale paziente?

Effetti della terapia con incretine sui fattori di rischio renali nel DM2



Effetti GLP-1 indipendenti dei DPP-4i sugli *outcome* renali



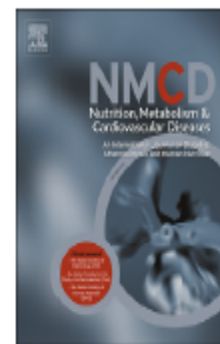


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Nutrition, Metabolism & Cardiovascular Diseases

journal homepage: www.elsevier.com/locate/nmcd



REVIEW

Diabetic kidney disease: New clinical and therapeutic issues. Joint position statement of the Italian Diabetes Society and the Italian Society of Nephrology on “The natural history of diabetic kidney disease and treatment of hyperglycemia in patients with type 2 diabetes and impaired renal function”

Giuseppe Pugliese ^{a,*}, Giuseppe Penno ^b, Andrea Natali ^c, Federica Barutta ^d, Salvatore Di Paolo ^e, Gianpaolo Rebaldi ^f, Loreto Gesualdo ^g, Luca De Nicola ^h on behalf of the Italian Diabetes Society and the Italian Society of Nephrology



Rischio di ipoglicemia nella terapia del paz con DM2 e IRC

Nutrition, Metabolism & Cardiovascular Diseases (2019) 29, 1127–1150



Available online at www.sciencedirect.com

Nutrition, Metabolism & Cardiovascular Diseases

journal homepage: www.elsevier.com/locate/nmcd



REVIEW

Diabetic kidney disease: New clinical and therapeutic issues. Joint position statement of the Italian Diabetes Society and the Italian Society of Nephrology on “The natural history of diabetic kidney disease and treatment of hyperglycemia in patients with type 2 diabetes and impaired renal function”



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- Concentrazione di farmaci eliminati per via renale aumentata in paz con IRC
- IRC aumenta rischio di ipoglicemia poiché il rene contribuisce a $\approx 30\%$ della produzione totale di glucosio¹
- In paz con IRC l'ipoglicemia è favorita dalla malnutrizione e dall'atrofia muscolare che riduce i depositi epatici di glicogeno ed i substrati della gluconeogenesi²
- Paz con IRC hanno più frequentemente comorbidità per le quali assumono farmaci, con potenziali interazione con i farmaci per il diabete³

¹Gerich JE, *DC* 2001; ²Garber, *Diabetes* 1974; ³Tonelli M, *Kidney Int* 2015

eGFR (ml/min/1.73m ²)	90	85	80	75	70	65	60	55	50	45	40	35	30	25	20	15	10	5	
Secretagogues																			
Glibenclamide	Caution						Do not initiate												
Glimepiride	Caution						↓ dose ?			Do not initiate									
Glipizide							Caution ↓ dose			Do not initiate									
Gliclazide							Caution ↓ dose			Do not initiate									
Repaglinide							Caution			Caution ↓ dose			Do not initiate						
Sensitizers & α-glycosidase inhibitors																			
Metformin							Caution Full dose			Do not initiate ↓ dose (~50%)			Do not initiate						
Pioglitazone													Caution for risk of fluid retention, anemia, and bone fragility			Do not initiate			
Acarbose													Do not initiate						
DPP4 inhibitors																			
Sitagliptin									↓ dose (50 mg/day)				↓ dose (25 mg/day)						
Vildagliptin									↓ dose (50 mg/day)										
Saxagliptin									↓ dose (2.5 mg/day)							Do not initiate			
Linagliptin																			
Alogliptin									↓ dose (12.5 mg/day)				↓ dose (6.25 mg/day)						
GLP-1 receptor agonists																			
Exenatide							Caution				Do not initiate								
Liraglutide																Do not initiate			
Lixisenatide														Do not initiate					
Dulaglutide																Do not initiate			
SGLT2 inhibitors																			
Dapagliflozin							Do not initiate			Do not initiate									
Canagliflozin							Do not initiate ↓ dose (100 mg/day)			Do not initiate									
Empagliflozin							Do not initiate ↓ dose (10 mg/day)			Do not initiate									

Saxagliptin and Cardiovascular Outcomes in Patients with Type 2 Diabetes Mellitus

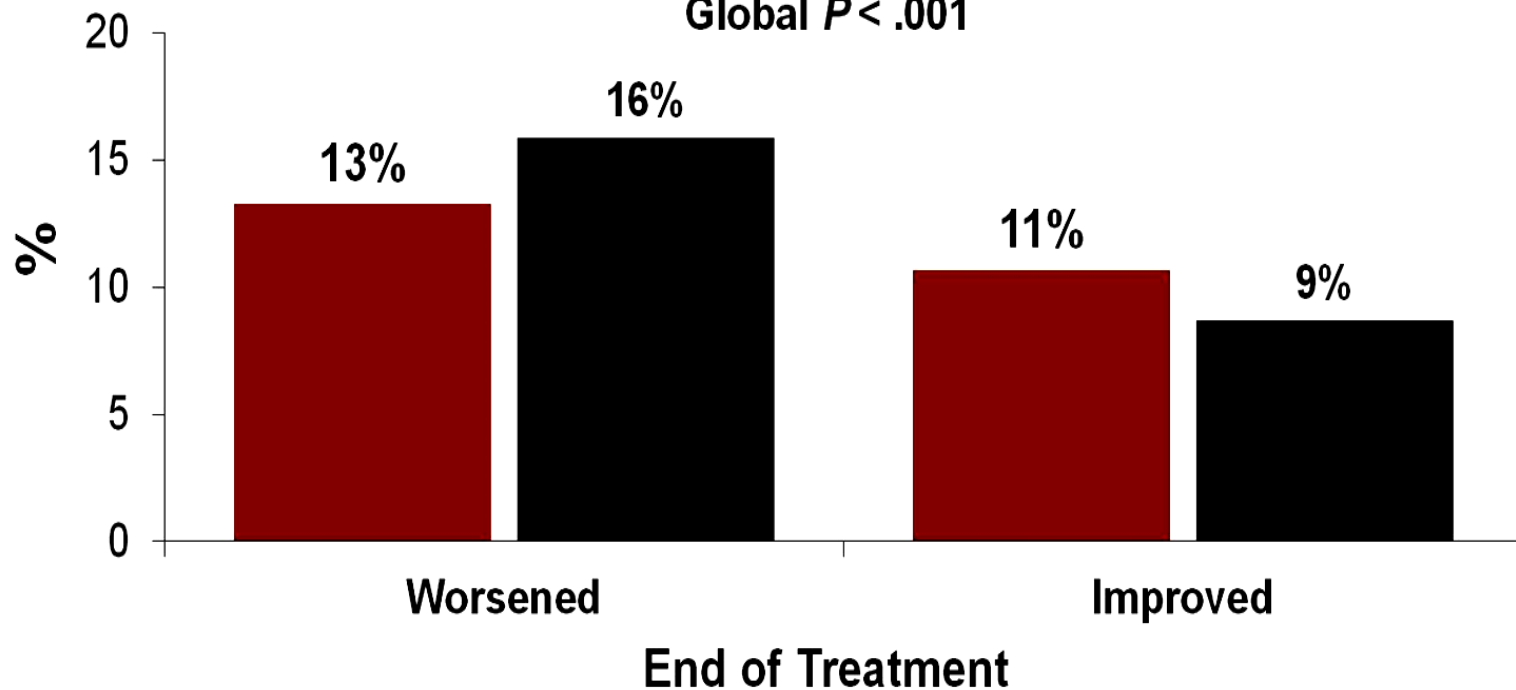
16,492 pazienti con una storia o a rischio di eventi CV

Shift from baseline category
(< 3.4 , ≥ 3.4 to ≤ 33.9 , or > 33.9 mg/mmol)

■ Saxagliptin ■ Placebo

$\Delta\%$ HbA1c 0.30%

Global $P < .001$



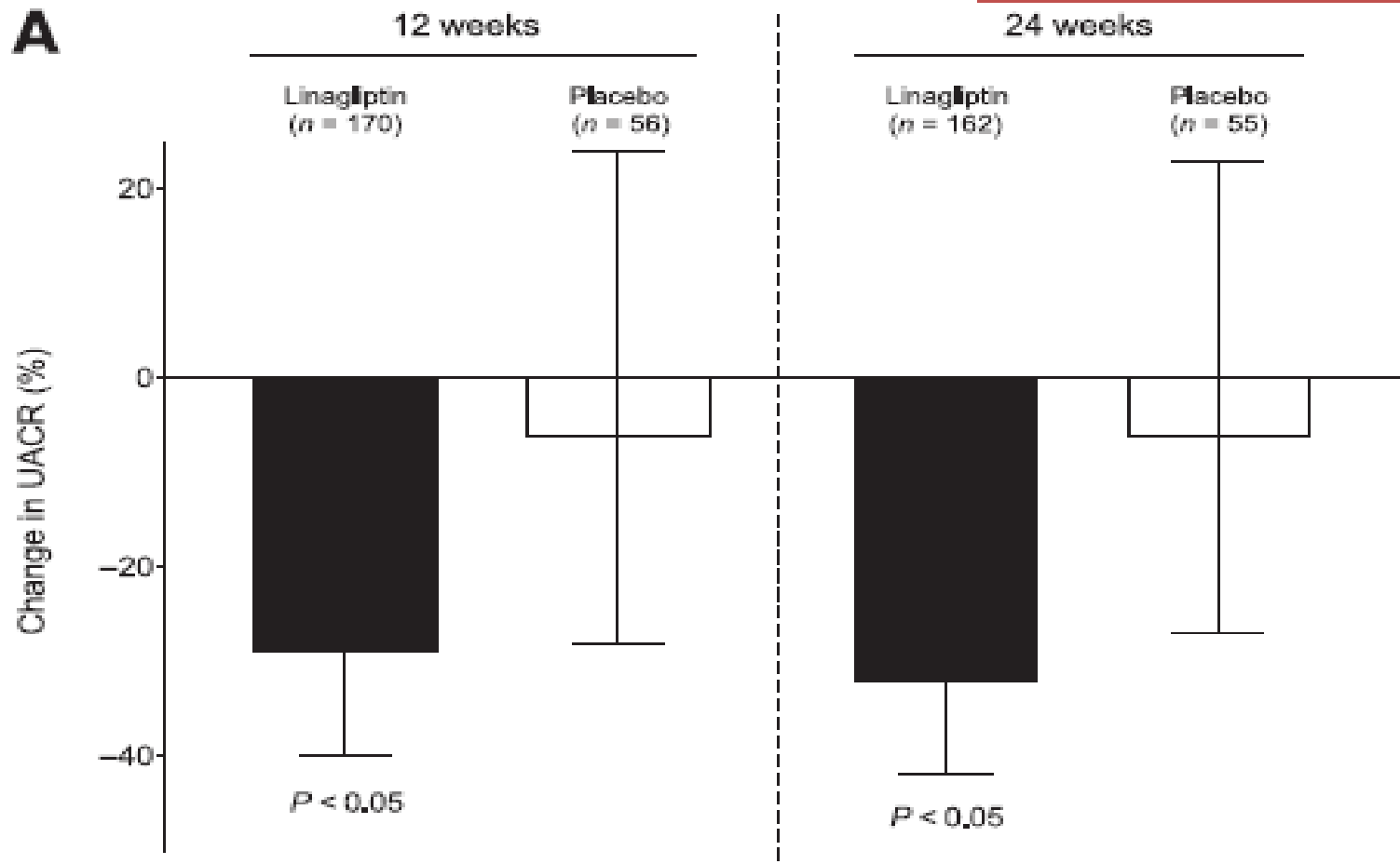
Differenza di trattamento nel numero e proporzione di pazienti con ACR che peggiorava, non si modificava o migliorava, definita come modifica dalla categoria *baseline* (<3.4 , ≥ 3.4 to ≤ 33.9 , or > 33.9 mg/mmol).

[†] $P < 0.001$ vs placebo; [‡] $P = 0.0058$ vs placebo.

Linagliptin Lowers Albuminuria on Top of Recommended Standard Treatment in Patients With Type 2 Diabetes and Renal Dysfunction

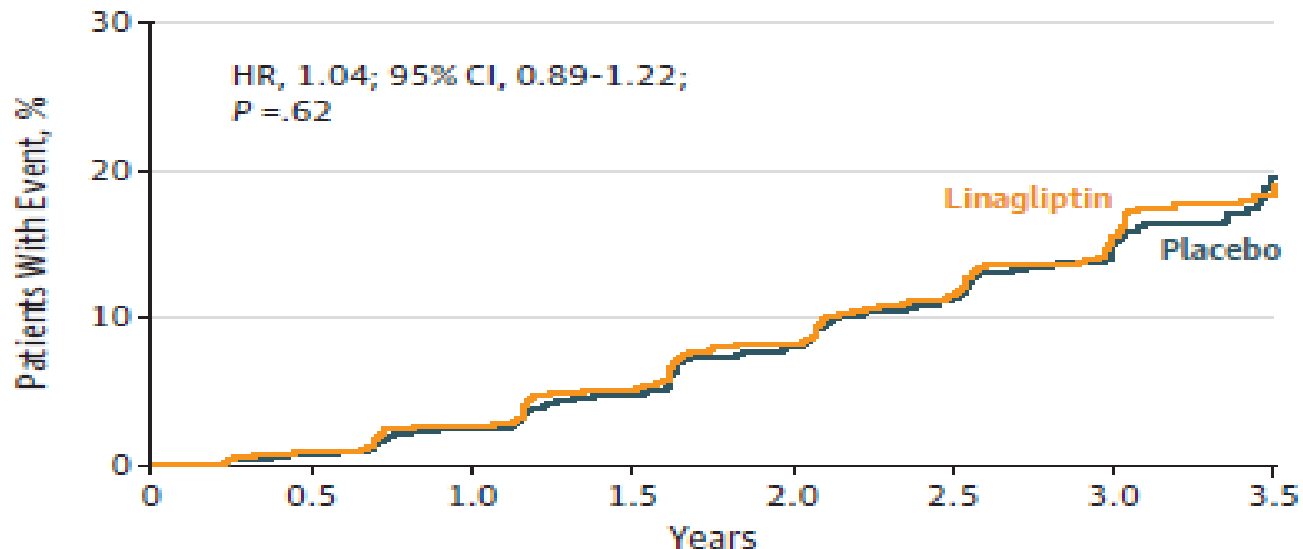
Differenza tra gruppi -25%
CI95% -46 a +3%, $p = 0.075$

Differenza tra gruppi -28%
CI95% -47 a -2%, $p = 0.0357$



Effetto di linagliptin sugli eventi CV maggiori in paz diabetici ad alto rischio CV e renale- **CARMELINA**

B Time to secondary kidney outcome

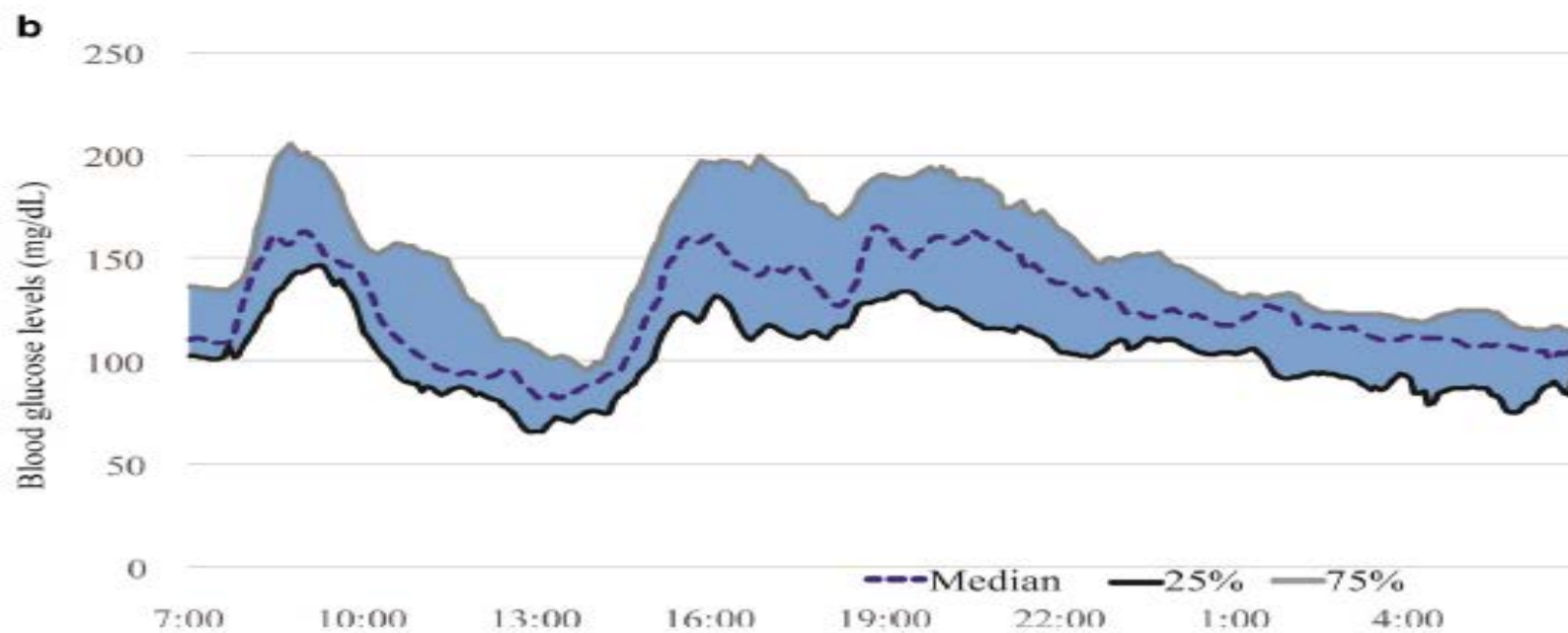
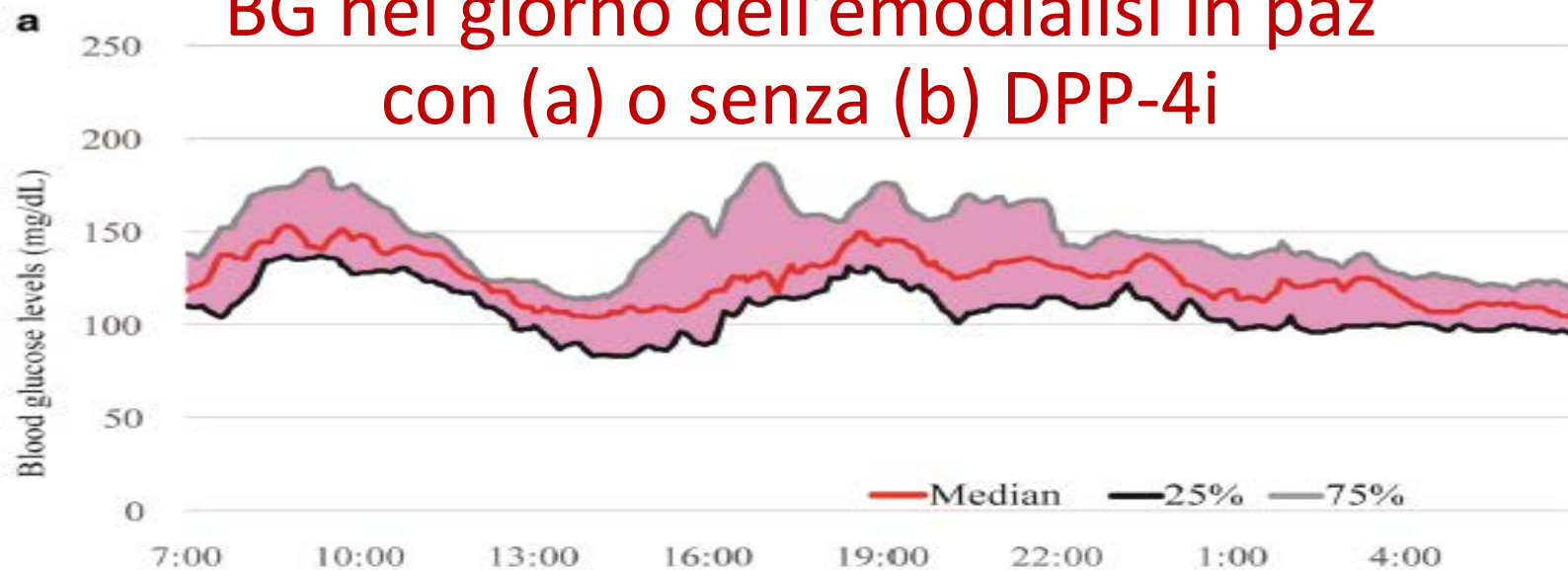


No. of patients

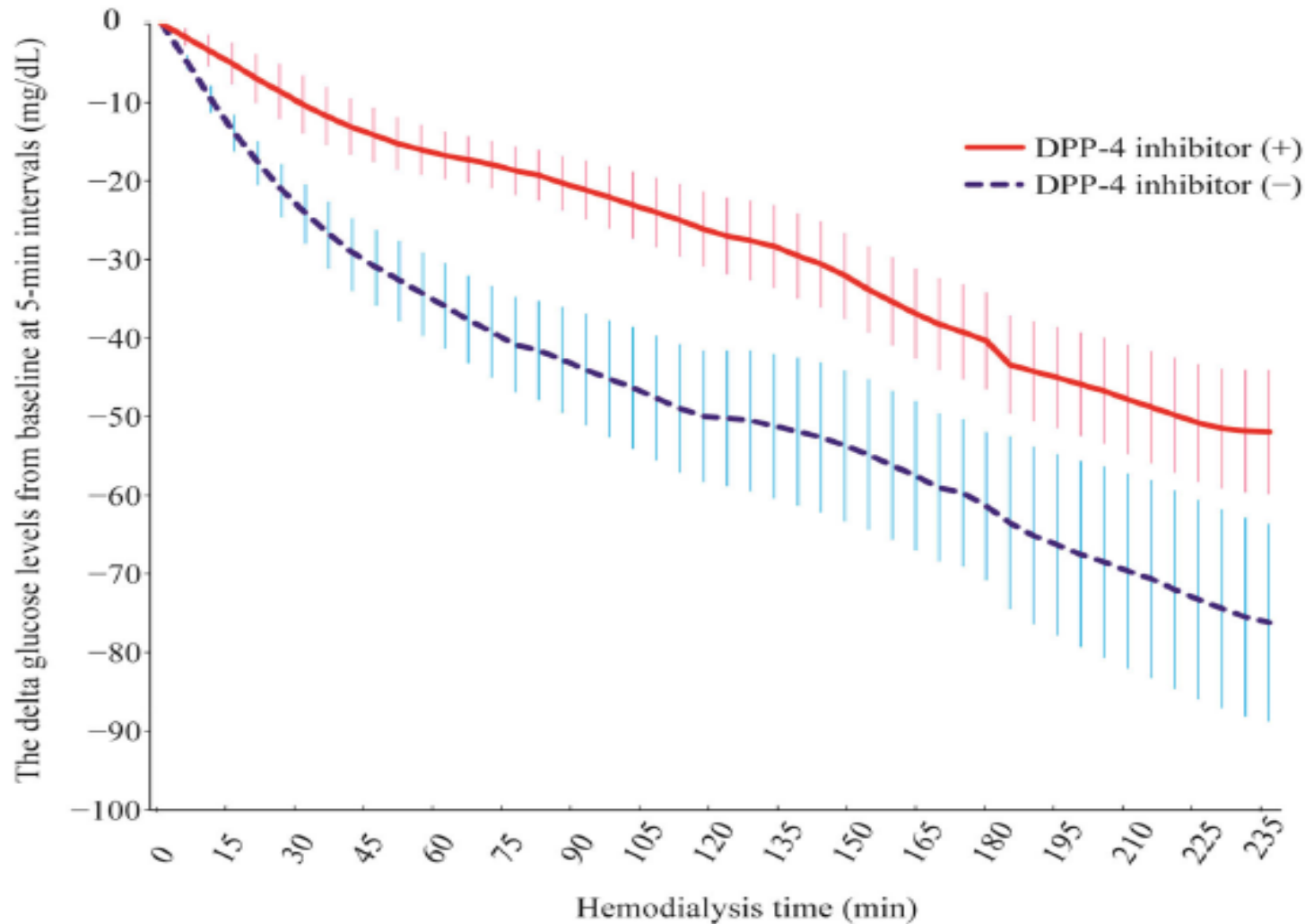
Placebo	3485	3213	2995	2298	1608	1005	496	103
Linagliptin	3494	3227	3018	2345	1675	1040	518	109

B, Time to secondary kidney outcome (first sustained end-stage renal disease, death due to renal failure, or sustained decrease of $\geq 40\%$ in estimated glomerular filtration rate from baseline). Median observation time was 1.9 (IQR, 1.2-2.6) years for linagliptin and 1.7 (IQR, 1.2-2.5) years for placebo.

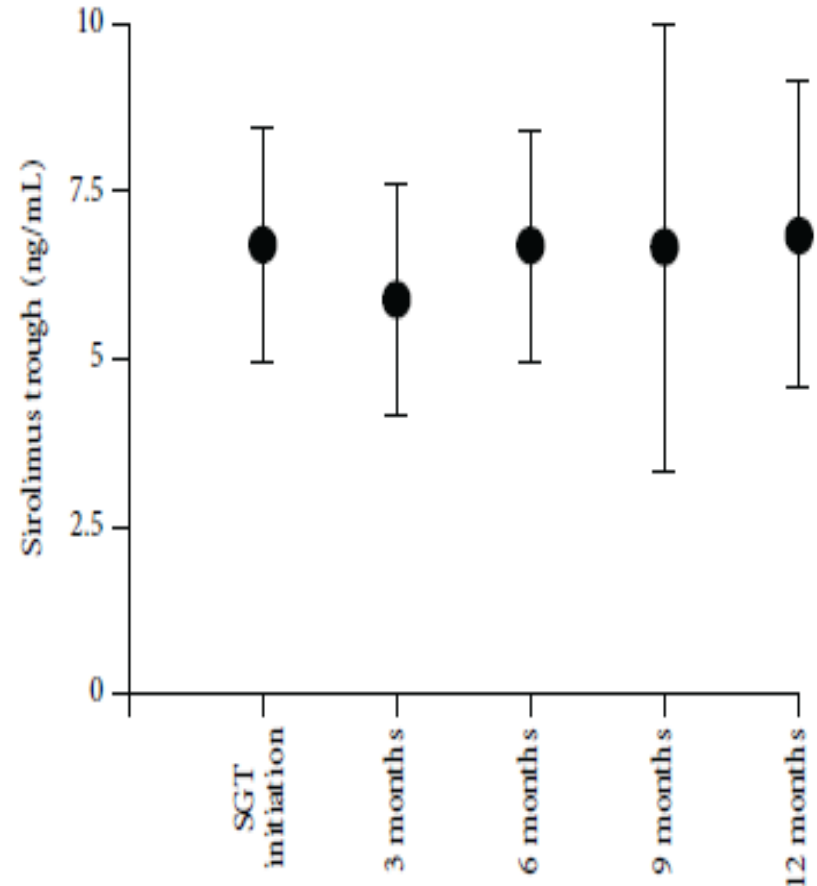
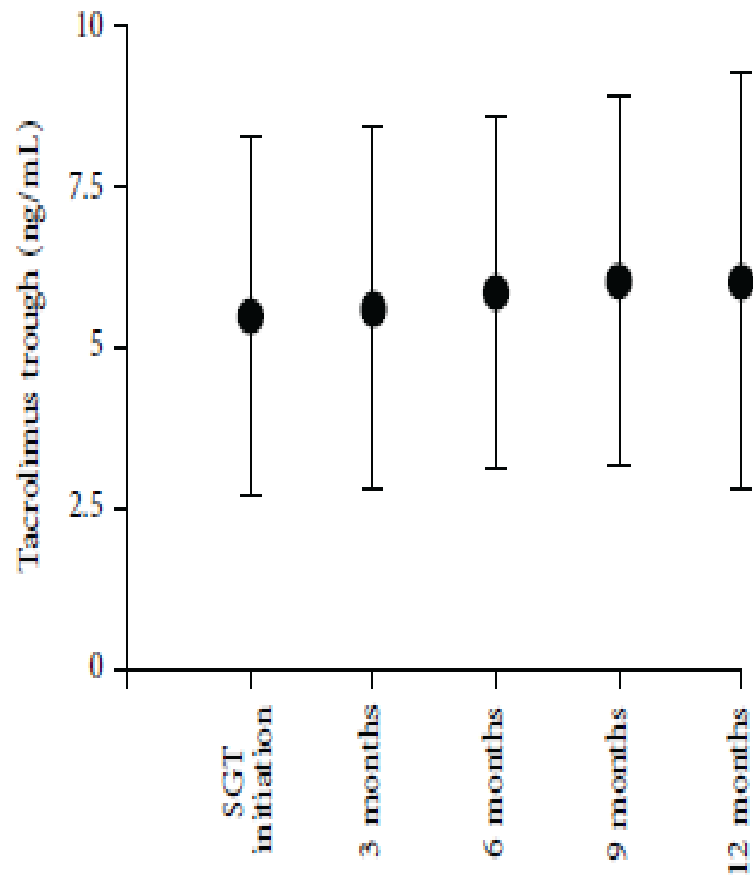
BG nel giorno dell'emodialisi in paz con (a) o senza (b) DPP-4i



Differenze in BG dal baseline ad intervalli di 5 min durante ogni sessione di emodialisi in paz con (a) o senza (b) DPP-4i

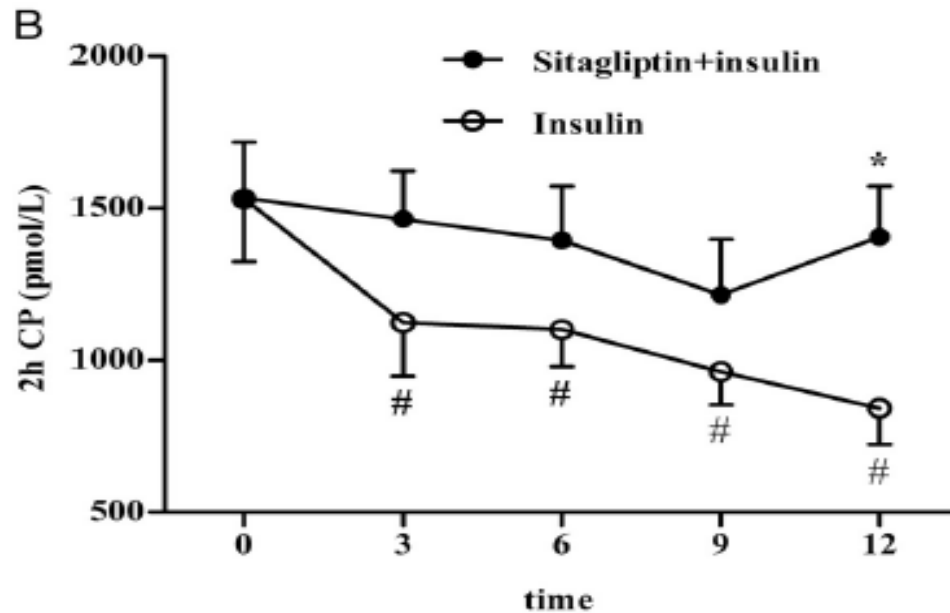
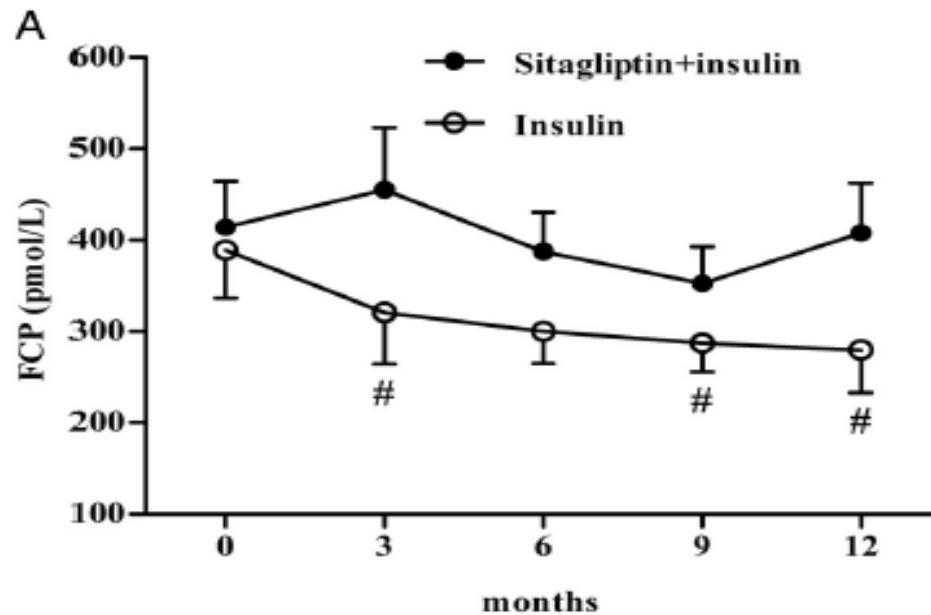


Sitagliptin non altera i livelli di (a) tacrolimus e (b) sirolimus in NODAT (*New Onset Diabetes After Transplantation*)



DPP4i...oltre il Diabete di Tipo 2?

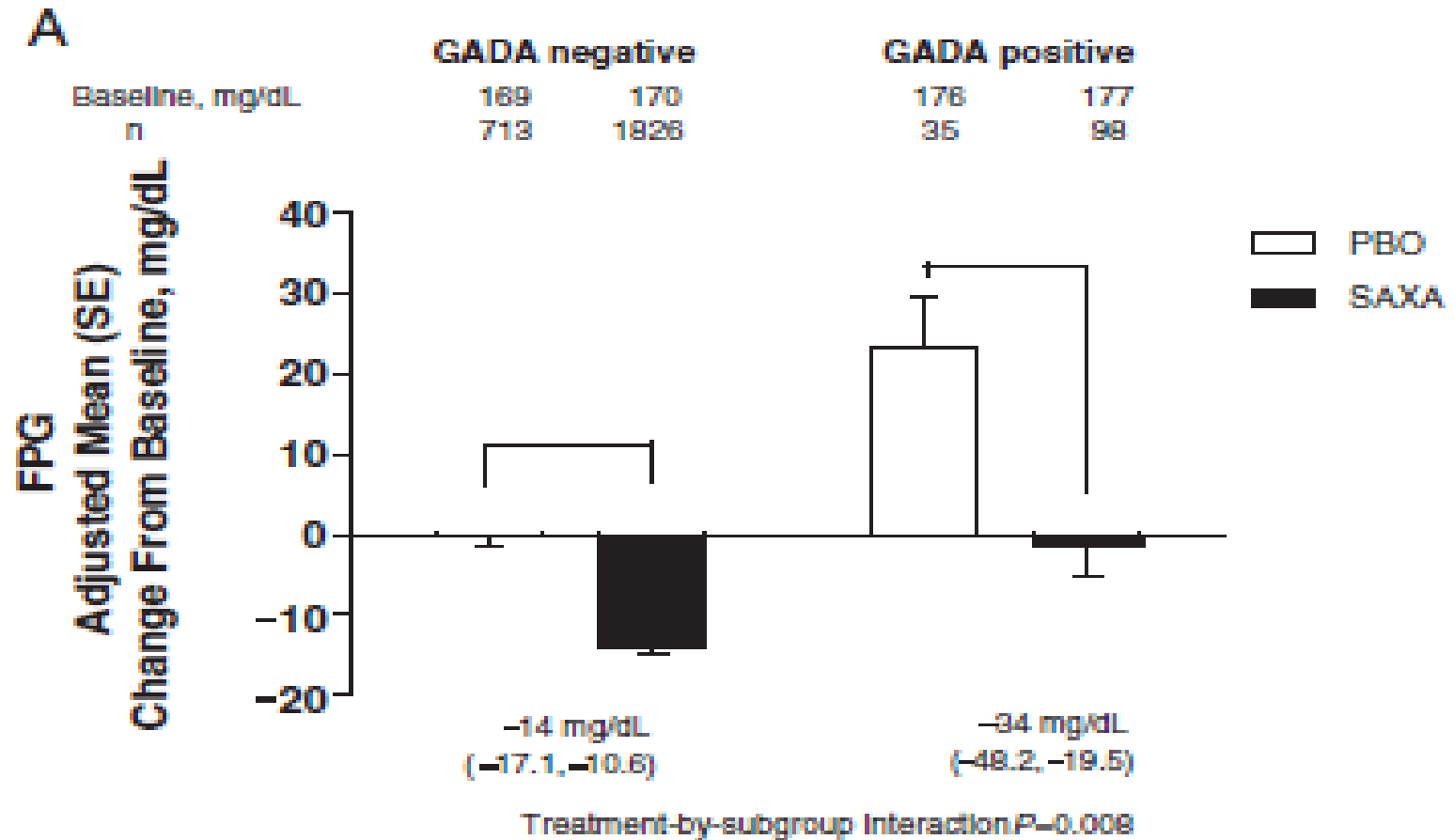
Effetto di sitagliptin sulla funzione β -cellulare in LADA neodiagnosticati



$p < 0.05$ vs baseline

* $p < 0.05$ vs gruppo controllo

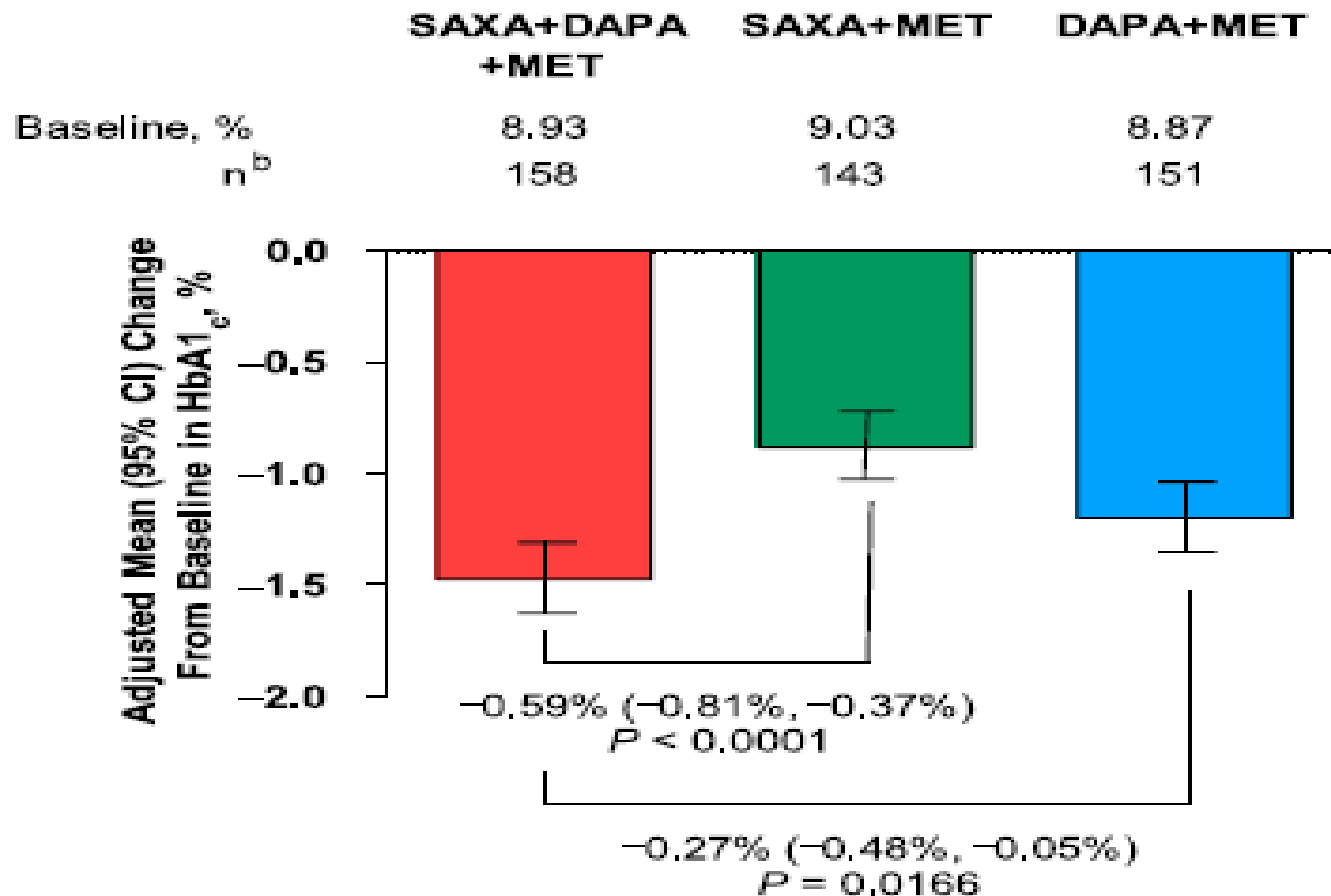
Adjusted mean change from baseline in FPG (24 settimane)



<i>Saxagliptin/ Dapagliflozin</i>	5/10 mg/die	• In associazione a metformina • In associazione a sulfanilurea (con o senza metformina)
<i>Empagliflozin/ Linagliptin</i>	10/5 mg/die 25/5 mg/die	• In associazione a metformina • In associazione a sulfanilurea (con o senza metformina)
<i>Ertugliflozin</i>	5 mg/die 15 mg/die	• Monoterapia • In associazione a metformina • In associazione a sitagliptin (con o senza metformina)
<i>Ertugliflozin/ Metformina</i>	2.5/1000 mg/die x 2 7.5/1000 mg/die x 2	• In associazione a sitagliptin

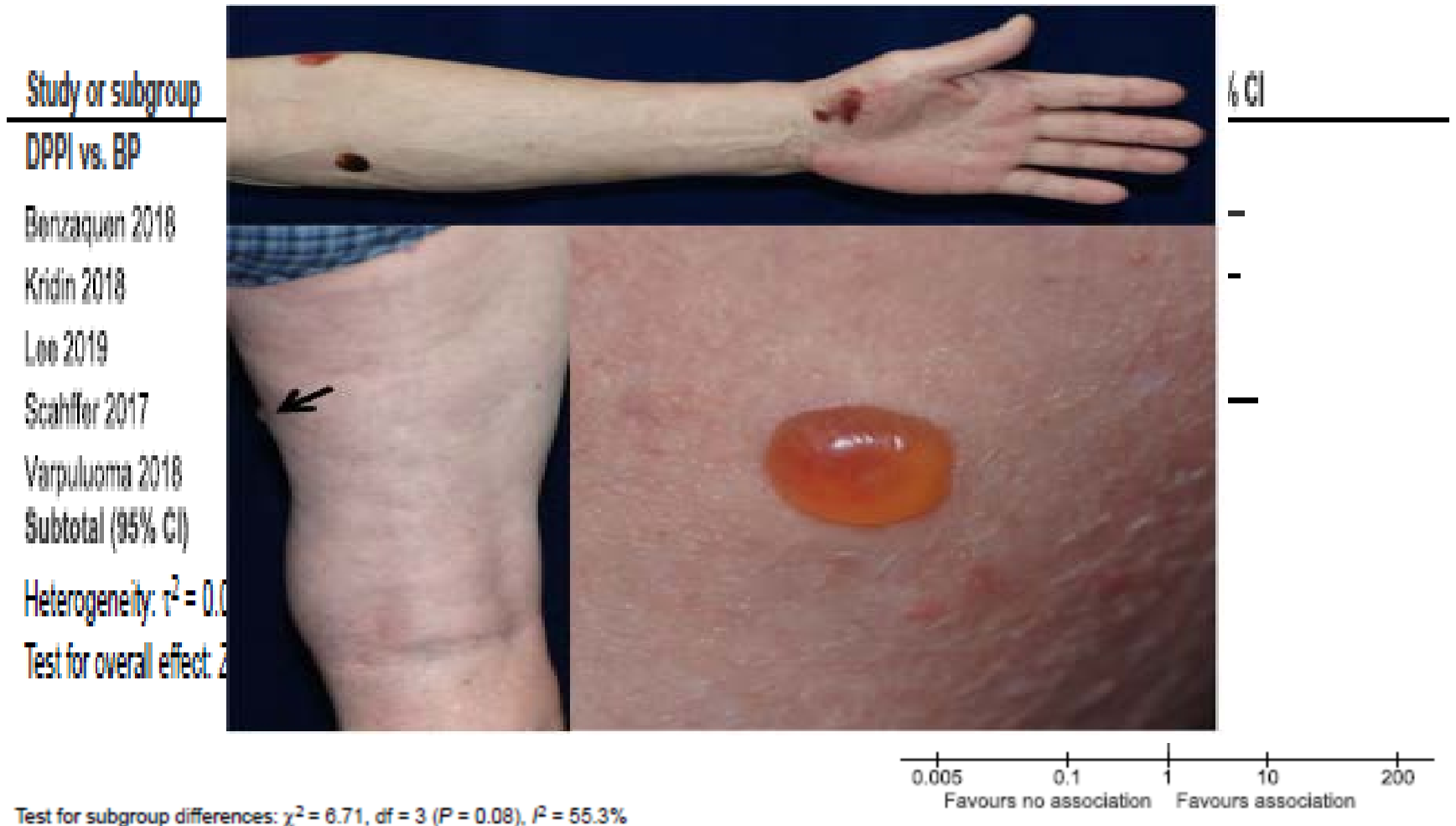
Terapia *dual add-on* in paz DM2 non controllati con metformina

RCT 24 settimane



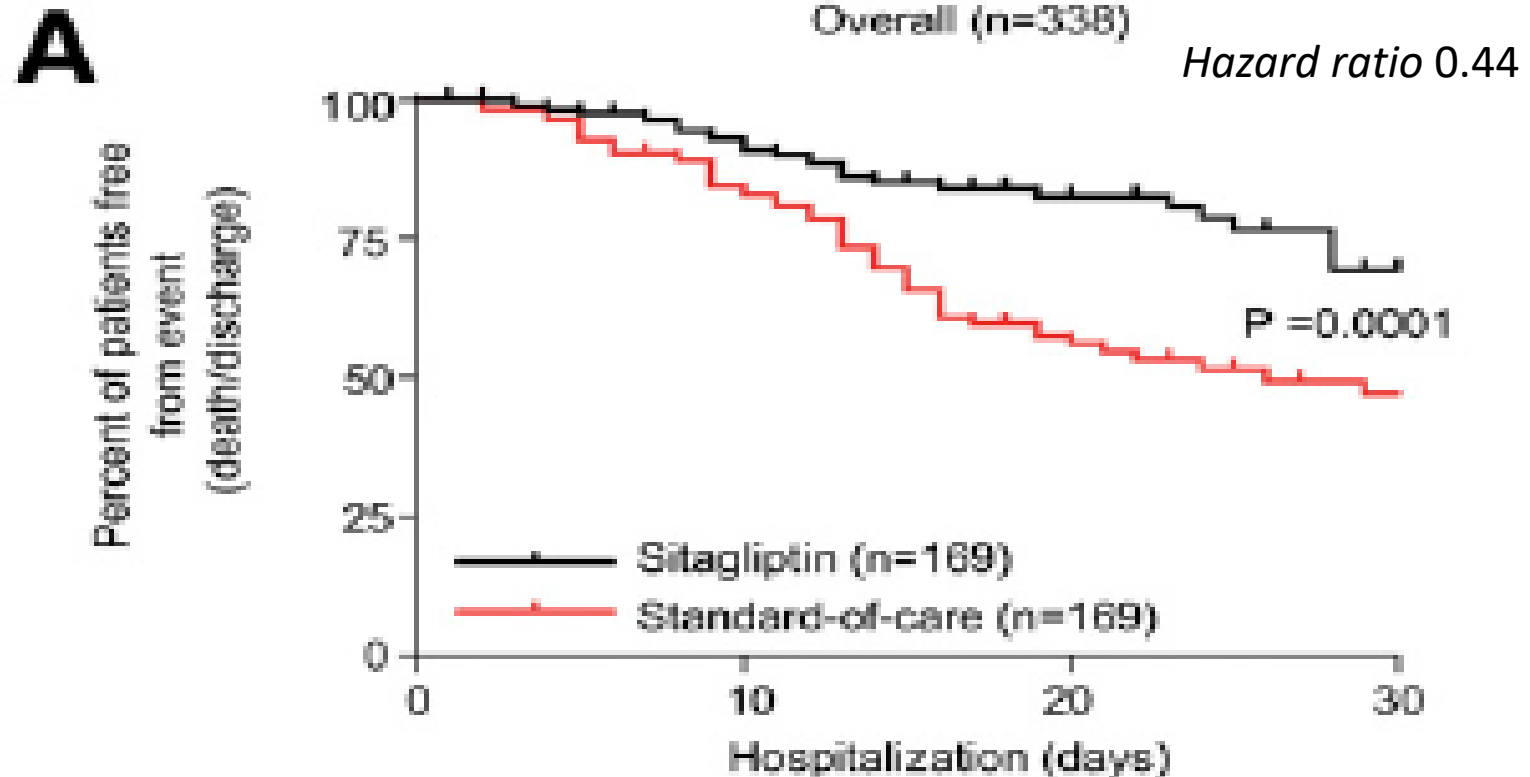
Associazione DPP4i – pemfigoide bolloso

Adjusted meta-analisi



DPP4i: sviluppi futuri?

Trattamento con sitagliptin al momento dell'ospedalizzazione associato a ridotta mortalità in paz con DM2 e COVID-19



No at risk

Standard-of-care	169	120	45	22
Sitagliptin	169	127	51	26

DPP4i: a quale paziente?

INDICATORS OF HIGH-RISK OR ESTABLISHED ASCVD, CKD OR HF[†]

Consider independently of baseline HbA_{1c} or individualised HbA_{1c} target

ASCVD PREDOMINATES

- Established ASCVD
- Indicators of high ASCVD risk (age ≥ 55 years + LVH or coronary, carotid, lower extremity artery stenosis $>50\%$)

PREFERABLY
GLP-1 RA with proven CVD benefit¹
OR
SGLT2i with proven CVD benefit¹ if eGFR adequate²

If HbA_{1c} above target

If further intensification is required or patient is now unable to tolerate GLP-1 RA and/or SGLT2i, choose agents demonstrating CV safety:

- For patients on a GLP-1 RA, consider adding SGLT2i with proven CVD benefit¹
- DPP-4i if not on GLP-1 RA
- Basal insulin⁴
- TZD⁵
- SU⁶

HF OR CKD PREDOMINATES

- Particularly HFrEF (LVEF $<45\%$)
- CKD: Specifically eGFR 30–60 ml min⁻¹ [1.73m]⁻² or UACR >30 mg/g, particularly UACR >300 mg/g

PREFERABLY
SGLT2i with evidence of reducing HF and/or CKD progression in CVOTs if eGFR adequate²

OR
If SGLT2i not tolerated or contraindicated or if eGFR less than adequate² add GLP-1 RA with proven CVD benefit¹

If HbA_{1c} above target

- Avoid TZD in the setting of HF
- Choose agents demonstrating CV safety:
- For patients on a SGLT2i, consider adding GLP-1 RA with proven CVD benefit¹
- DPP-4i (not saxagliptin) in the setting of HF (if not on GLP-1 RA)
- ~~Basal insulin⁴~~
- SU⁶

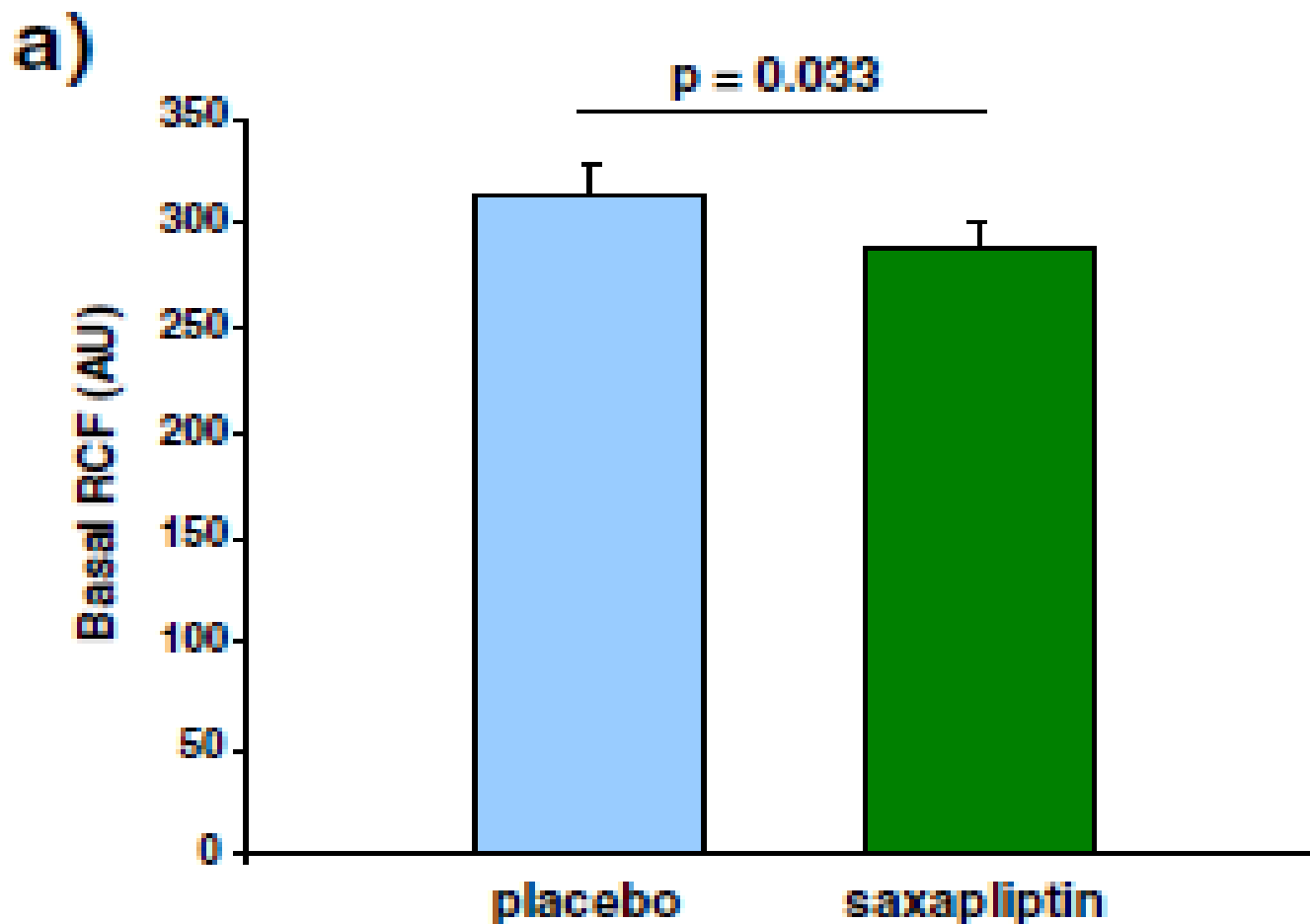
Vantaggi.....

- Sicurezza
- Dialisi
- Post trapianto renale in terapia immunosoppressiva
- LADA
- COVID-19??

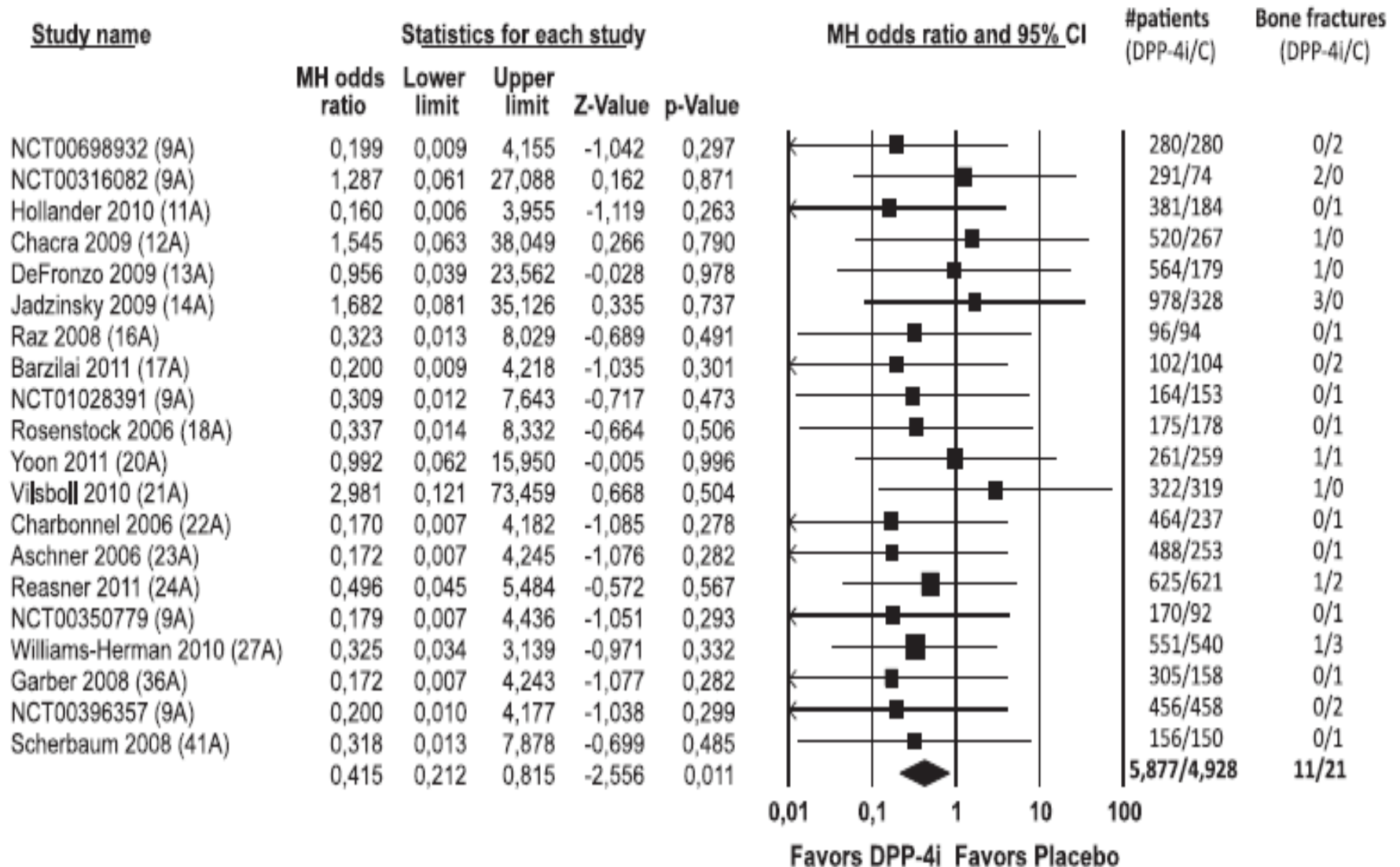


GRAZIE

Retinal Capillary Blood Flow (RCF) dopo 6 settimane di tp con placebo o saxagliptin

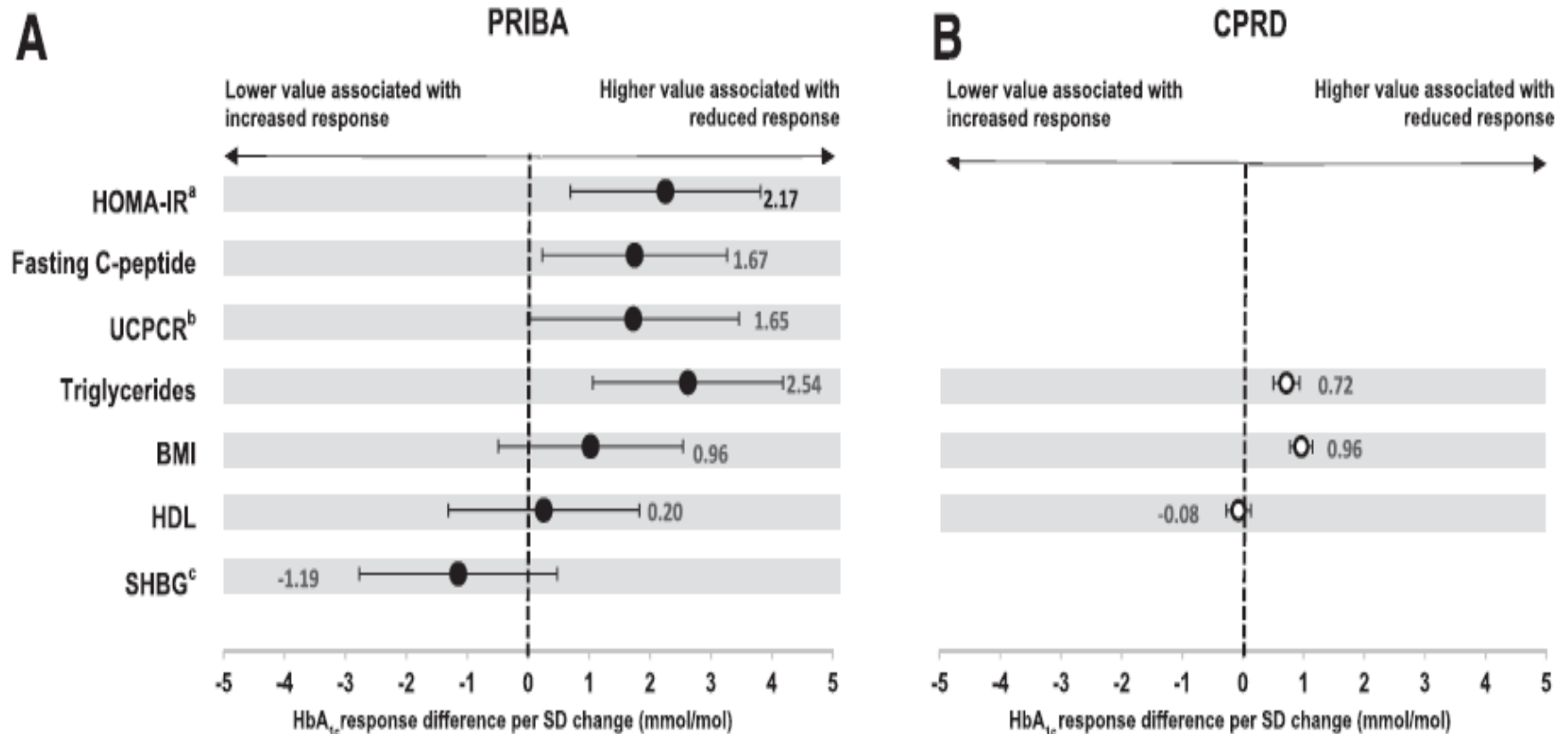


Rischio di fratture ossee nei *trial* controllati con placebo



Associazione tra marcatori di insulino resistenza e risposta dell'HbA1c a 6 mesi

PRIBA (*Predictive Response to Incretine Base Agents*)
CPRD (*Clinical Practice Research Datalink*)



^a HOMA2 measured insulin resistance ^b UCPCR = post meal urine C-peptide Creatinine ratio ^c SHBG = sex-hormone binding globulin

Trattamento della NAFLD?? (*non-alcoholic fatty liver disease*)

- Sitagliptin come trattamento della NAFLD in pazienti con DM2: riduzione significativa di AST, ALT e γ -GT dopo 4 mesi di tp con sitagliptin
- Sitagliptin in pazienti diabetici con *nonalcoholic steatohepatitis*²: sitagliptin migliora i livelli di transaminasi, rigonfiamento degli epatociti in pazienti con NASH e DM2 dopo un anno di terapia

Durability of the efficacy and safety of alogliptin compared with glipizide in type 2 diabetes mellitus: a 2-year study[†]

S. Del Prato¹, R. Camisasca², C. Wilson³ & P. Fleck³

¹ Section of Diabetes and Metabolic Diseases, University of Pisa, Pisa, Italy

² Department of Cardiovascular and Metabolic, Takeda Development Centre Europe Ltd., London, UK

³ Department of Cardiovascular and Metabolic, Takeda Development Center Americas, Inc., Deerfield, IL, USA

ORIGINAL
ARTICLE

Aims: To evaluate the long-term durability of the efficacy of alogliptin compared with glipizide in combination with metformin in people with type 2 diabetes inadequately controlled on stable-dose metformin.

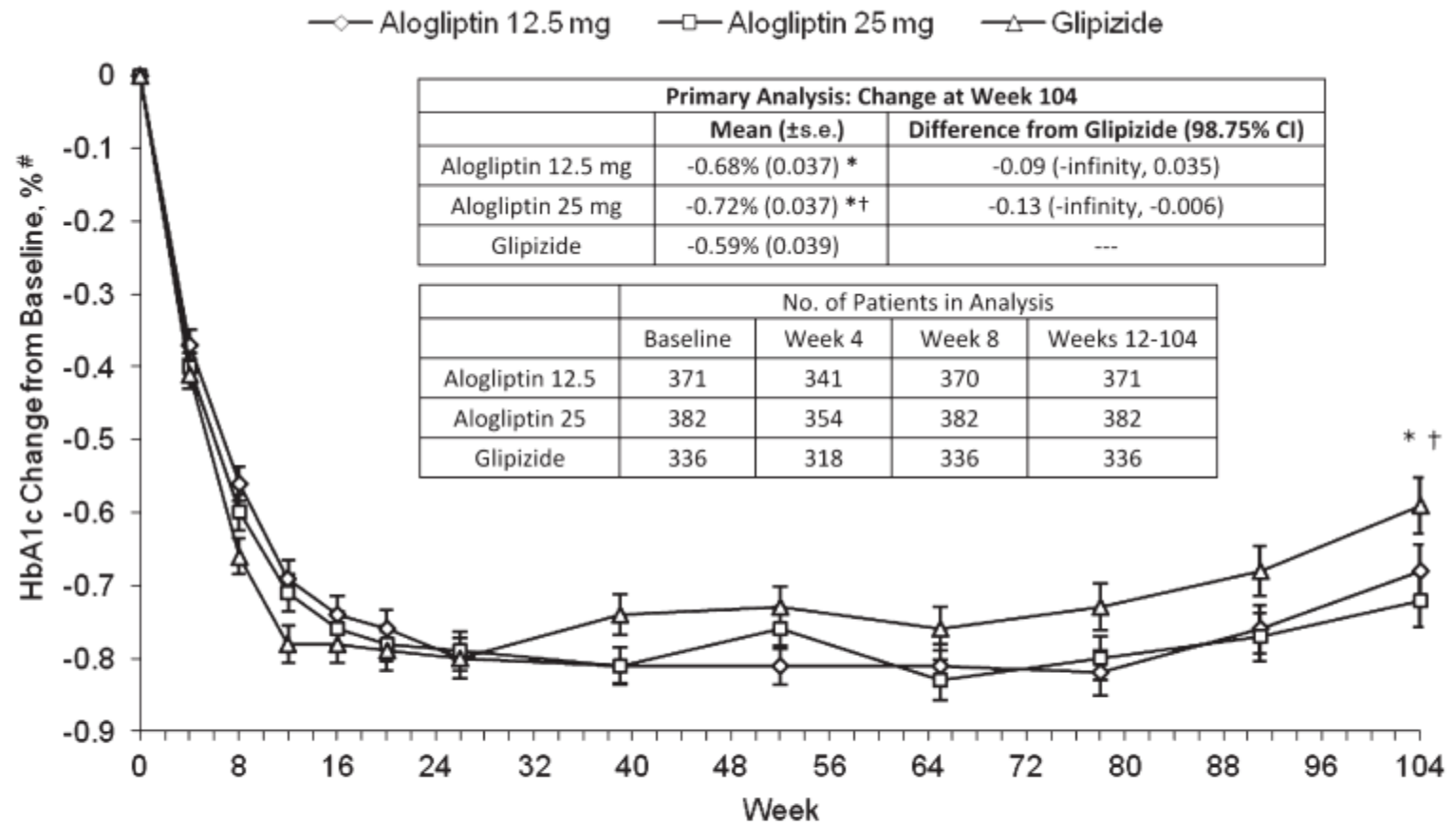
Methods: This multicentre, double-blind, active-controlled study randomized 2639 patients aged 18–80 years to 104 weeks of treatment with metformin in addition to alogliptin 12.5 mg once daily ($n = 880$), alogliptin 25 mg once daily ($n = 885$) or glipizide 5 mg once daily, titrated to a maximum of 20 mg ($n = 874$). The primary endpoint was least square mean change from baseline in HbA1c level at 104 weeks.

Results: The mean patient age was 55.4 years, the mean diabetes duration was 5.5 years and the mean baseline HbA1c was 7.6%. HbA1c reductions at week 104 were -0.68% , -0.72% and -0.59% for alogliptin 12.5 and 25 mg and glipizide, respectively [both doses met the criteria for non-inferiority to glipizide ($p < 0.001$); alogliptin 25 mg met superiority criteria ($p = 0.010$)]. Fasting plasma glucose concentration decreased by 0.05 and 0.18 mmol/l for alogliptin 12.5 and 25 mg, respectively, and increased by 0.30 mmol/l for glipizide ($p < 0.001$ for both comparisons with glipizide). Mean weight changes were -0.68 , -0.89 and 0.95 kg for alogliptin 12.5 and 25 mg and glipizide, respectively ($p < 0.001$ for both comparisons with glipizide). Hypoglycaemia occurred in 23.2% of patients in the glipizide group vs. 2.5 and 1.4% of patients in the alogliptin 12.5 and 25 mg groups, respectively. Pancreatitis occurred in one patient in the alogliptin 25 mg group and three in the glipizide group.

Conclusions: Alogliptin efficacy was sustained over 2 years in patients with inadequate glycaemic control on metformin alone.

Keywords: antidiabetic drug, randomised trial, diabetes mellitus, DPP-IV inhibitor, glycaemic control, incretin therapy

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Baseline values were 7.6% in all three treatment groups.

* Alogliptin 12.5 and 25 mg noninferior to glipizide ($p < 0.001$).

† Alogliptin 25 mg superior to glipizide ($p = 0.010$).

DPP-4 Inhibitor CV Outcomes Trials: Study Designs

	EXAMINE ^[a]		SAVOR ^[b]		TECOS ^[c]	
Size, N	5,380		16,492		14,671	
Key inclusion criteria	• T2DM receiving treatment* • HBA1C 6.5% to 11.0% (7.0%-10.0% if on insulin) • ACS[†] within 15 to 90 days		• T2DM • HBA1C 6.5% to 12.0% • CVD or multiple risk factors for vascular disease		• T2DM • HBA1C 6.5% to 8.0% on 1 to 2 oral antihyperglycemic agents or on insulin • Established CVD	
Study duration	• Up to 40 months • Median 18 months		• Up to 2.9 years • Median 2.1 years		• Up to 5.7 years • Median 3.0 years	
Primary endpoint: time to first occurrence of MACE	• CV death • Nonfatal MI • Nonfatal stroke		• CV death • Nonfatal MI • Nonfatal ischemic stroke		• CV death • Nonfatal MI • Nonfatal stroke • Hospitalization for UA	

*Except DPP-4 inhibitors or GLP-1 receptor agonists; [†]Dosage adjustment based on renal function: ALO 12.5 mg QD for eGFR 30-60 mL/min, ALO 6.25 mg QD for eGFR < 30 mL/min, SAXA 2.5 mg QD for eGFR ≤ 50 mL/min, SITA 50 mg for eGFR 30-50 mL/min); [‡]MI or UA requiring hospitalization.

a. White WB, et al. *N Engl J Med*. 2013;369:1327-1335.

b. Scirica BM, et al. *N Engl J Med*. 2013;369:1317-1326.

c. Green JB, et al. *N Engl J Med*. 2015;373:232-242.