

Riunione annuale congiunta AMD-SID 2022
Il diabete al centro di percorsi innovativi di cura
Napoli (NA), 08 ottobre 2022

GLP-1 agonisti e SGLT-2 inibitori

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WHAT IS THE RATIONALE OF THIS COMBINATION THERAPY IN THE MANAGEMENT OF T2DM?

Since GLP-1RA and SGLT-2I work through different MOA in different organs, combination therapy with these agents is expected to have a **complementary or perhaps synergistic effect on metabolic outcomes**. Combination of GLP-1RA and SGLT-2I can potentially correct seven of the eight pathophysiologic defects (Ominous Octet) of T2DM.

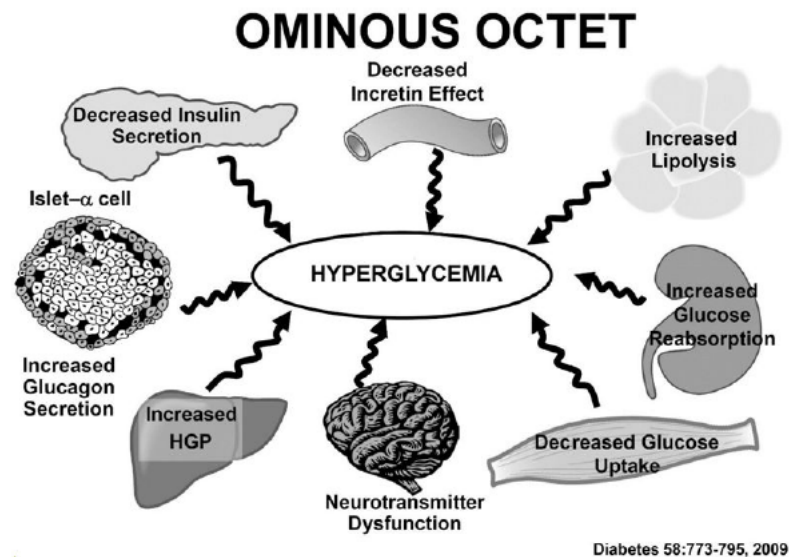


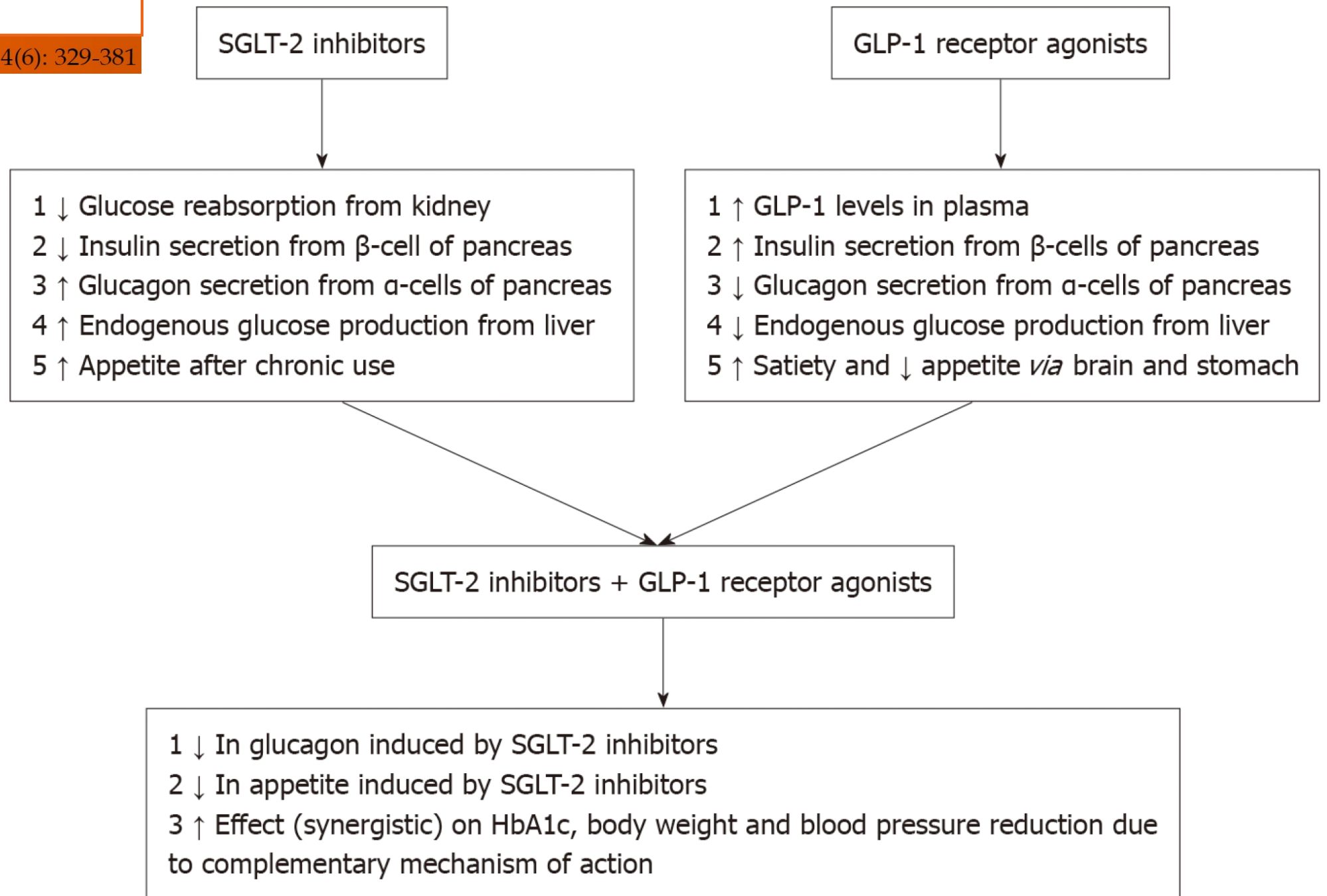
Figure 1.
The Ominous Octet. The pathophysiology of type 2 diabetes mellitus involves at least 8 distinct disturbances that collectively contribute to fasting and postprandial hyperglycemia

COMBINATION THERAPY WITH GLP-1 RECEPTOR AGONIST AND SGLT2 INHIBITOR
Ralph A. DeFronzo, MD



Figure 1 Complementary mechanism of action of SGLT-2 inhibitor and GLP-1 receptor agonist dual therapy.

Singh AK *et al.* GLP-1RA and SGLT-2I dual therapy in T2DM



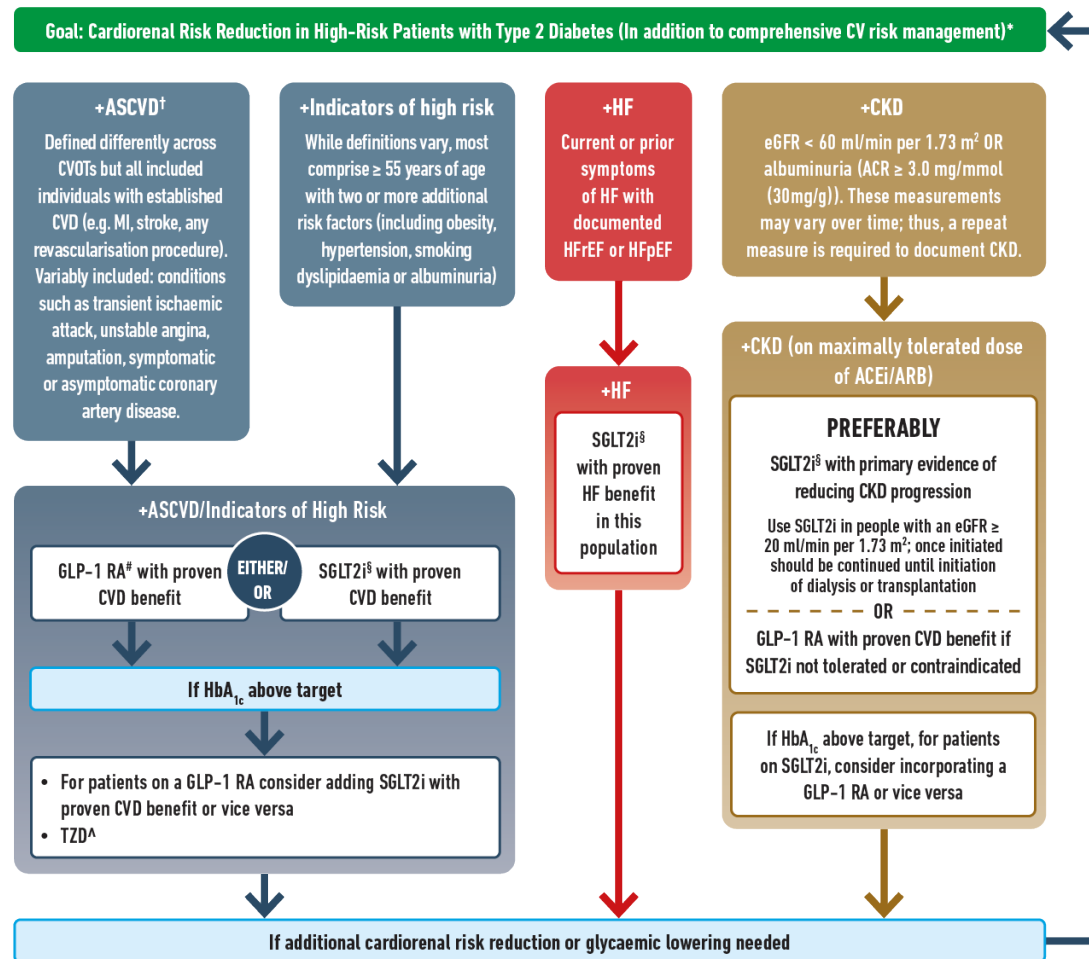
Combination Therapy

Increasing evidence and rationale:

- (1) Increased durability of glycaemic effect, potential to address therapeutic inertia
- (2) Simultaneous targeting of multiple pathophysiologic processes characterised by type 2 diabetes
- (3) Potential impact on medication burden, adherence, and treatment persistence
- (4) Complementary clinical benefits (glycaemia, weight, cardiovascular risk profile)

FIGURE 3: USE OF GLUCOSE-LOWERING MEDICATIONS IN THE MANAGEMENT OF TYPE 2 DIABETES

HEALTHY LIFESTYLE BEHAVIOURS; DIABETES SELF-MANAGEMENT EDUCATION AND SUPPORT (DSMES); SOCIAL DETERMINANTS OF HEALTH (SDOH)



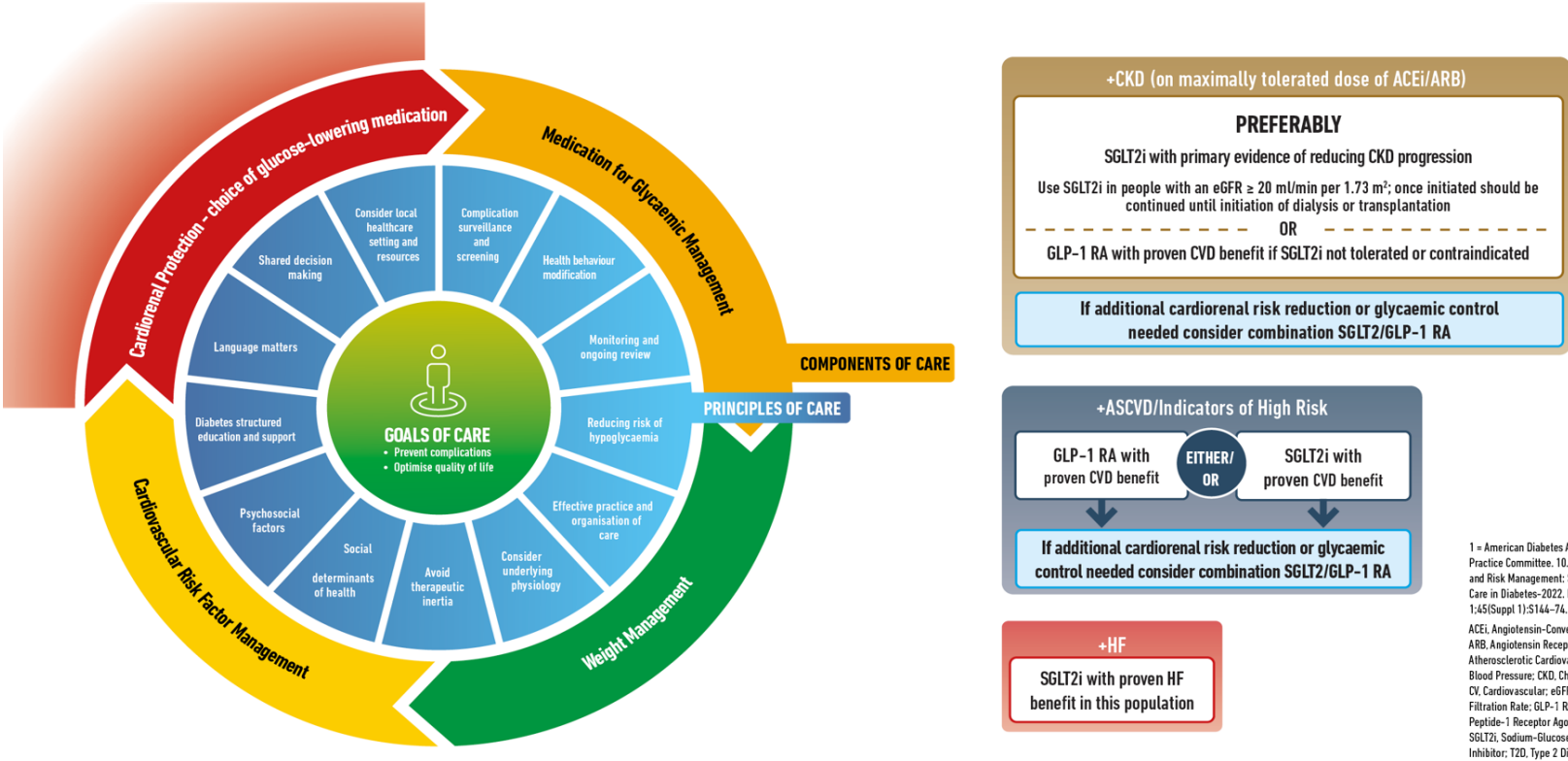
ACEi, Angiotensin-Converting Enzyme Inhibitor; ACR, Albumin/Creatinine Ratio; ARB, Angiotensin Receptor Blocker; ASCVD, Atherosclerotic Cardiovascular Disease; CGM, Continuous Glucose Monitoring; CKD, Chronic Kidney Disease; CV, Cardiovascular; CVD, Cardiovascular Disease; CVOT, Cardiovascular Outcomes Trial; DPP-4i, Dipeptidyl Peptidase-4 Inhibitor; eGFR, Estimated Glomerular Filtration Rate; GLP-1 RA, Glucagon-Like Peptide-1 Receptor Agonist; HF, Heart Failure; HFpEF, Heart Failure with preserved Ejection Fraction; HFrEF, Heart Failure with reduced Ejection Fraction; HHF, Hospitalisation for Heart Failure; MACE, Major Adverse Cardiovascular Events; MI, Myocardial Infarction; SGLT2i, Sodium-Glucose Cotransporter-2 Inhibitor; SDOH, Social Determinants of Health; TZD, Type 2 Diabetes; TZD, Thiazolidinedione.

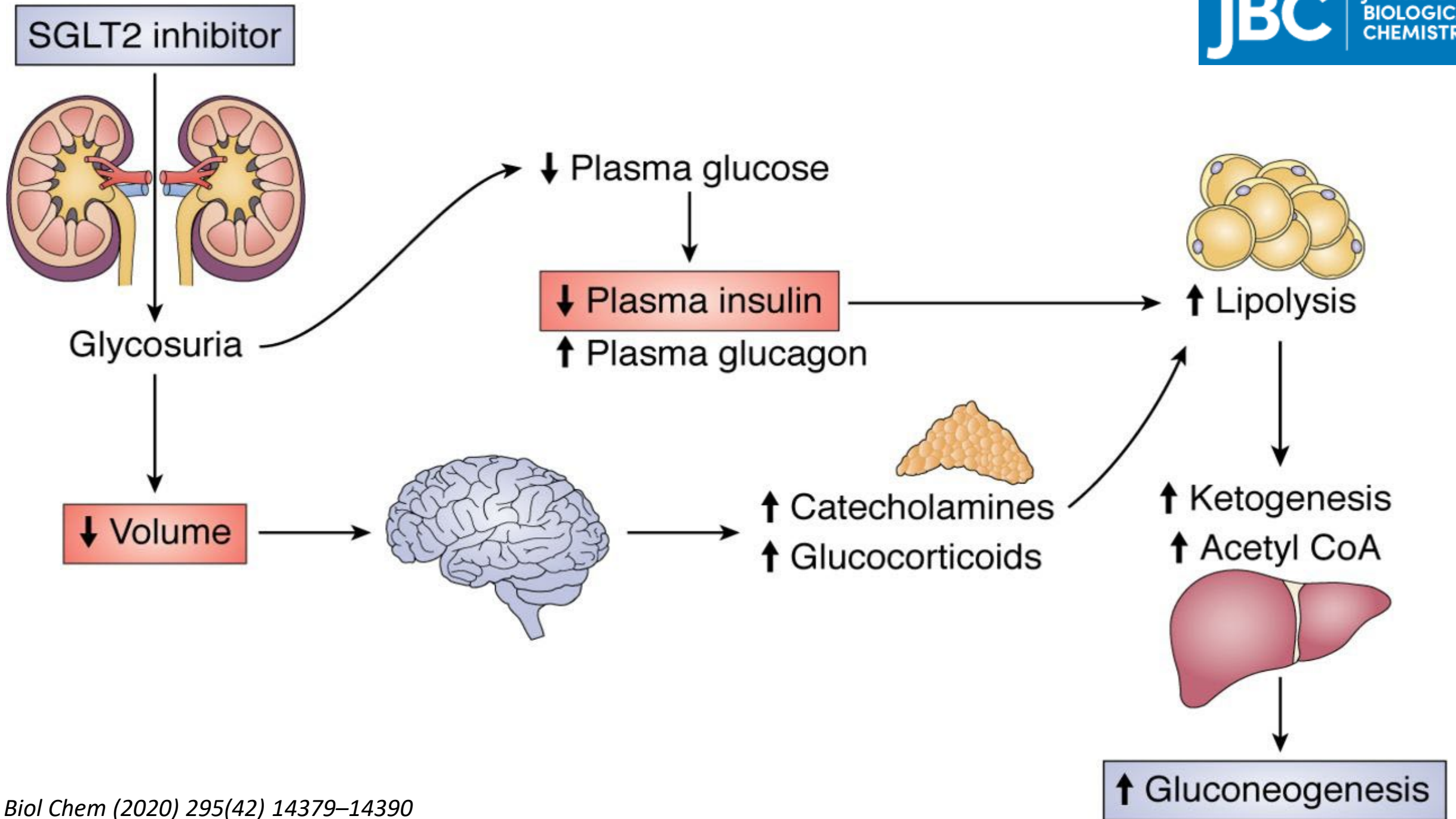
* In people with HF, CKD, established CVD or multiple risk factors for CVD, the decision to use a GLP-1 RA or SGLT2i with proven benefit should be independent of background use of metformin;† A strong recommendation is warranted for people with CVD and a weaker recommendation for those with indicators of high CV risk. Moreover, a higher absolute risk reduction and thus lower numbers needed to treat are seen at higher levels of baseline risk and should be factored into the shared decision-making process. See text for details; ^ Low-dose TZD may be better tolerated and similarly effective; § For SGLT2i, CV/renal outcomes trials demonstrate their efficacy in reducing the risk of composite MACE, CV death, all-cause mortality, MI, HHF and renal outcomes in individuals with T2D with established/high risk of CVD; # For GLP-1 RA, CVOTs demonstrate their efficacy in reducing composite MACE, CV death, all-cause mortality, MI, stroke and renal endpoints in individuals with T2D with established/high risk of CVD.

Management of Hyperglycemia
in Type 2 Diabetes, 2022.
A Consensus Report by the
American Diabetes Association
(ADA) and the European
Association for the Study of
Diabetes (EASD)

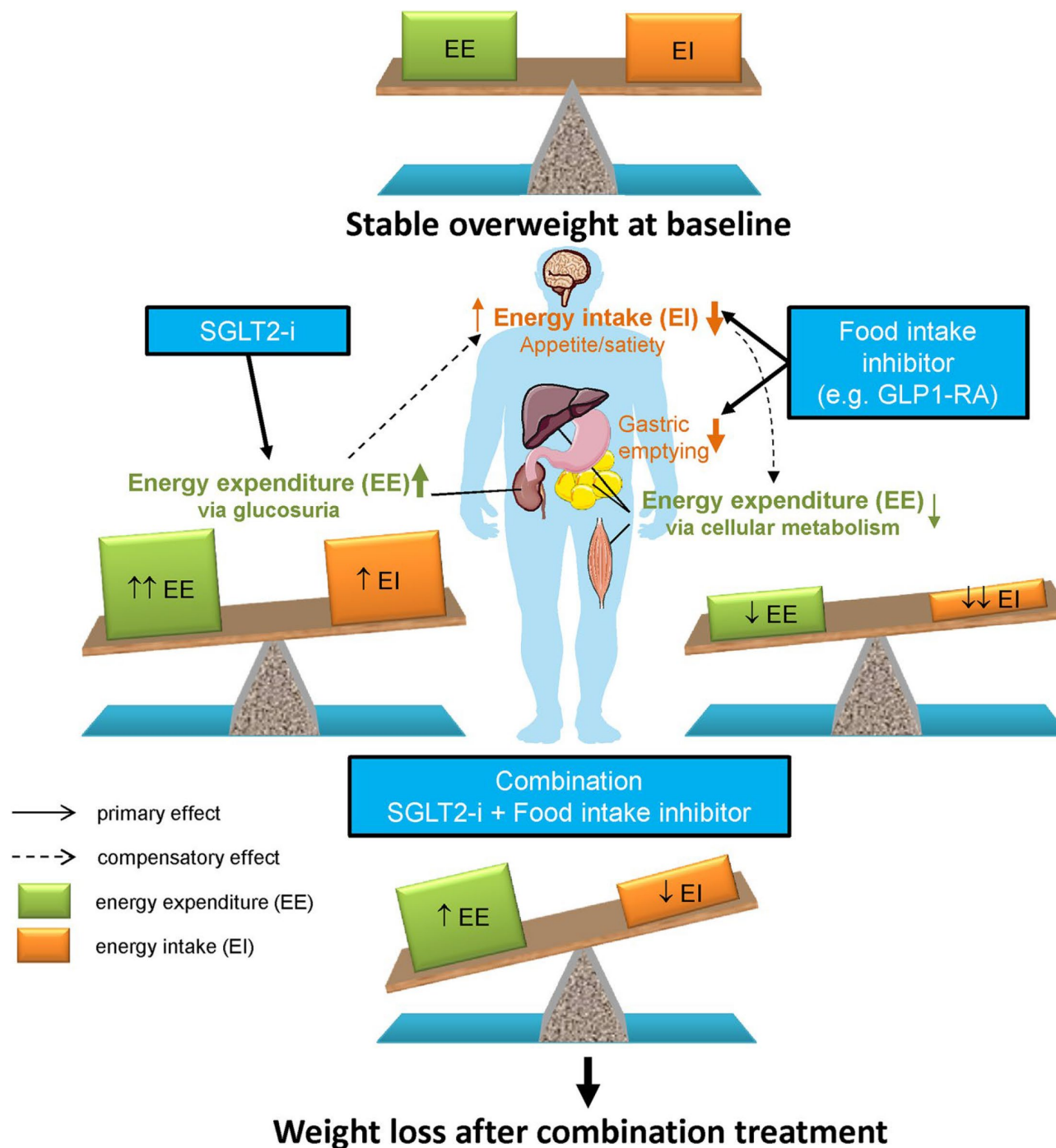
<https://doi.org/10.2337/dci22-0034>

FIGURE 4: HOLISTIC PERSON-CENTRED APPROACH TO T2DM MANAGEMENT





Emerging Role of SGLT-2 Inhibitors for the Treatment of Obesity



An SGLT2 inhibitor in combination with a drug that reduces food intake is appealing as a means to mitigate the physiologic mechanisms that counteract weight loss.

1. The increased food intake evoked by energy loss during SGLT2 inhibition could partly be prevented by an appetite-reducing therapy.
2. The reduced cellular energy expenditure occurring after weight loss achieved by an appetite-reducing drug may be balanced by the urinary caloric loss secondary to glucosuria



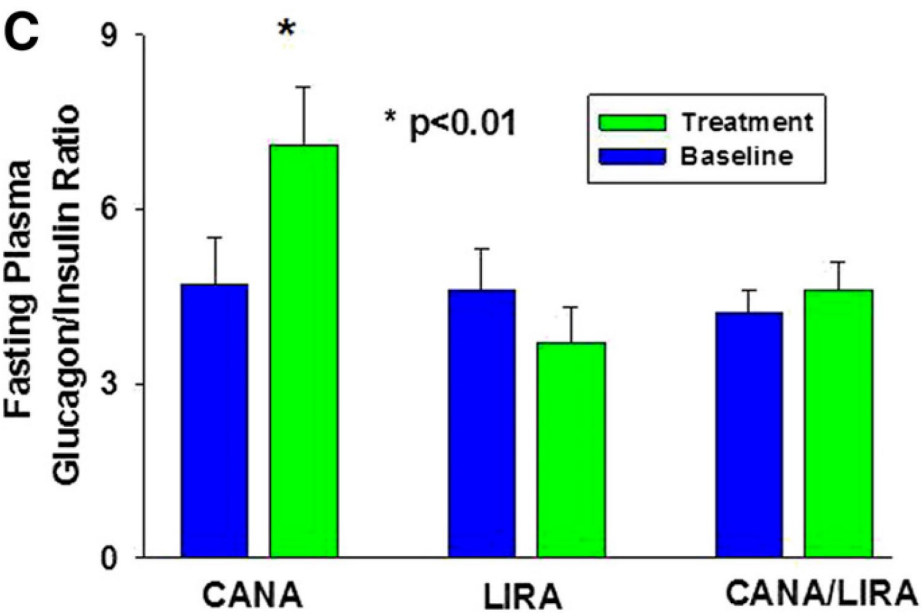
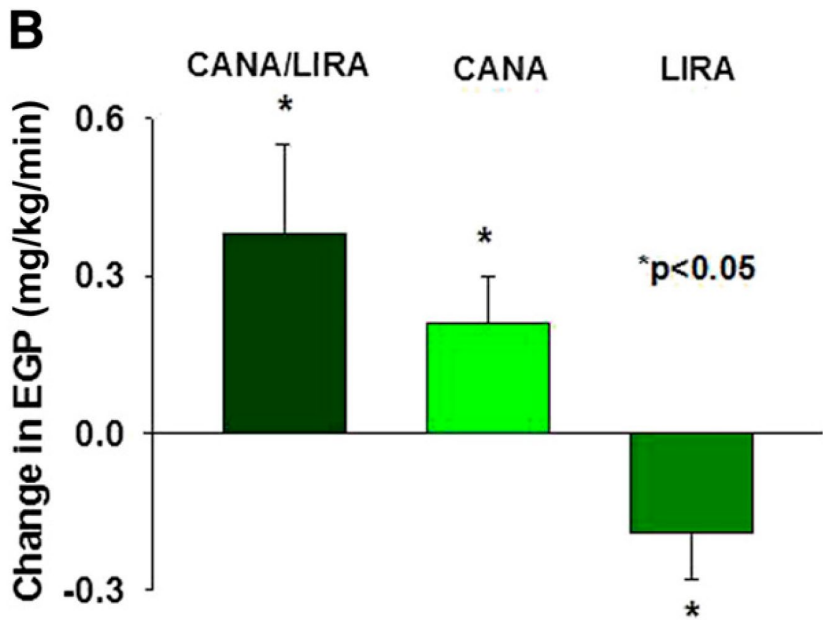
Combination Therapy With Canagliflozin Plus Liraglutide Exerts Additive Effect on Weight Loss, but Not on HbA_{1c}, in Patients With Type 2 Diabetes

Diabetes Care 2020;43:1234–1241 | <https://doi.org/10.2337/dc18-2460>

Forty-five patients with poorly controlled type 2 diabetes mellitus on metformin with or without sulfonylurea received a 9-h measurement of EGP, after which they were randomized to receive

- 1) liraglutide 1.2 mg/day (LIRA),
- 2) canagliflozin 100 mg/day (CANA)
- 3) Liraglutide 1.2 mg plus canagliflozin 100 mg (CANA/LIRA) for 16 weeks.

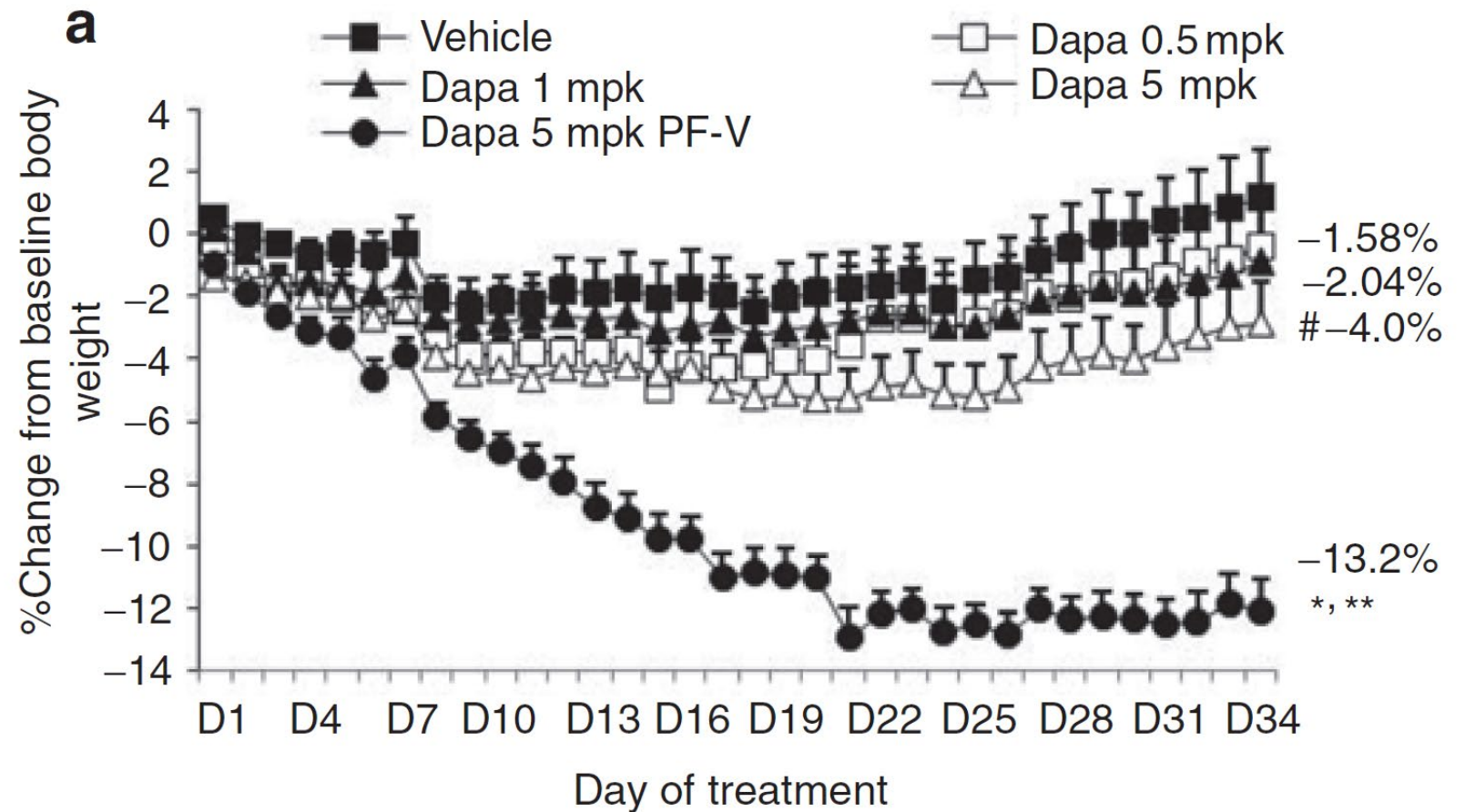
At 16 weeks, the EGP measurement was repeated.



La somministrazione in cronico di un SGLT-2i può condurre a un effetto plateau sulla riduzione del peso dovuto a aumento compensatorio dell'appetito che può parzialmente compensare il calo ponderale

Nei roditori, l'escrezione urinaria persistente di glucosio indotta da dapagliflozin si associa a iperfagia compensatoria, che ha attenuato il calo ponderale indotto dalla inibizione di SGLT2.

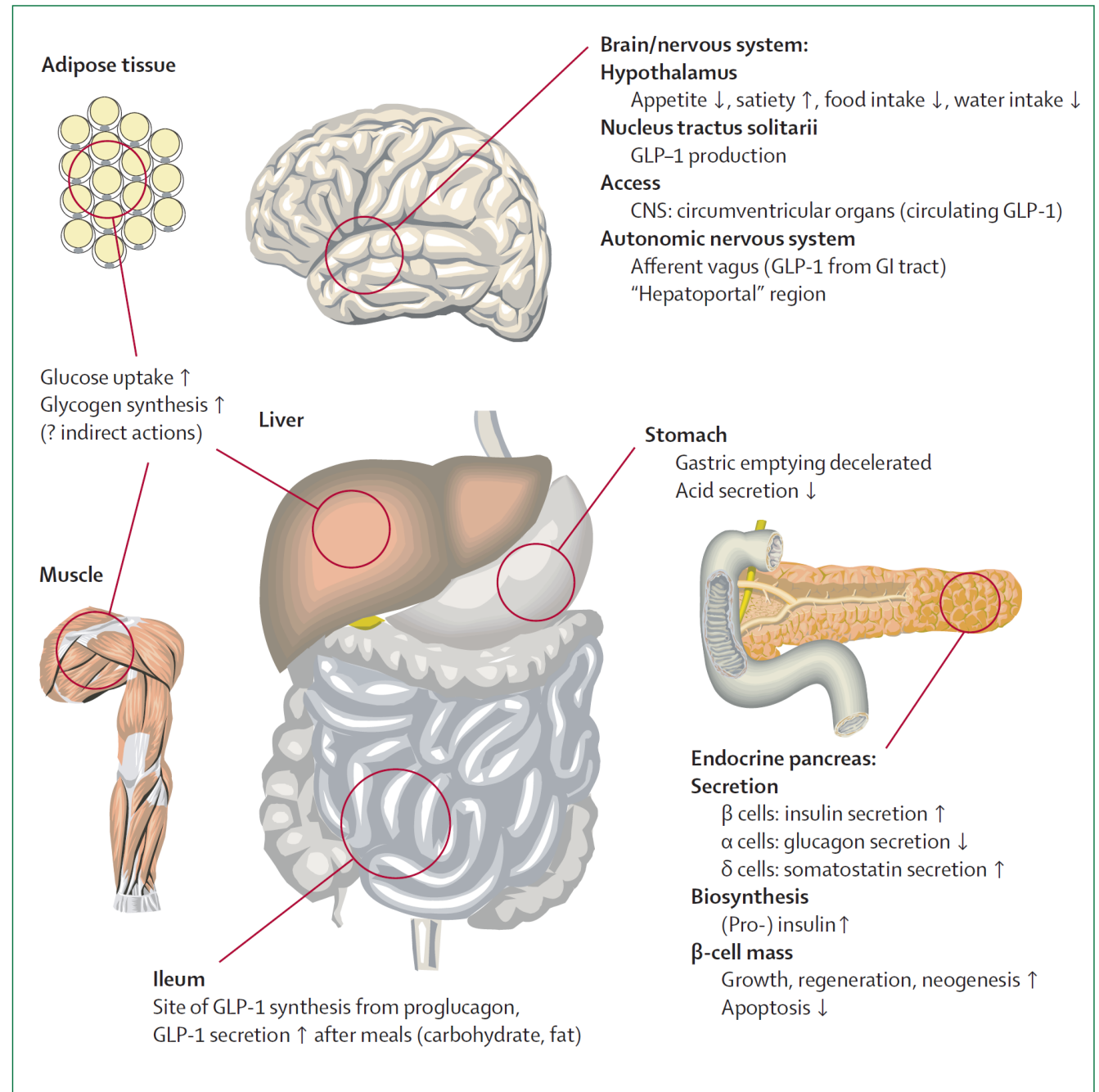
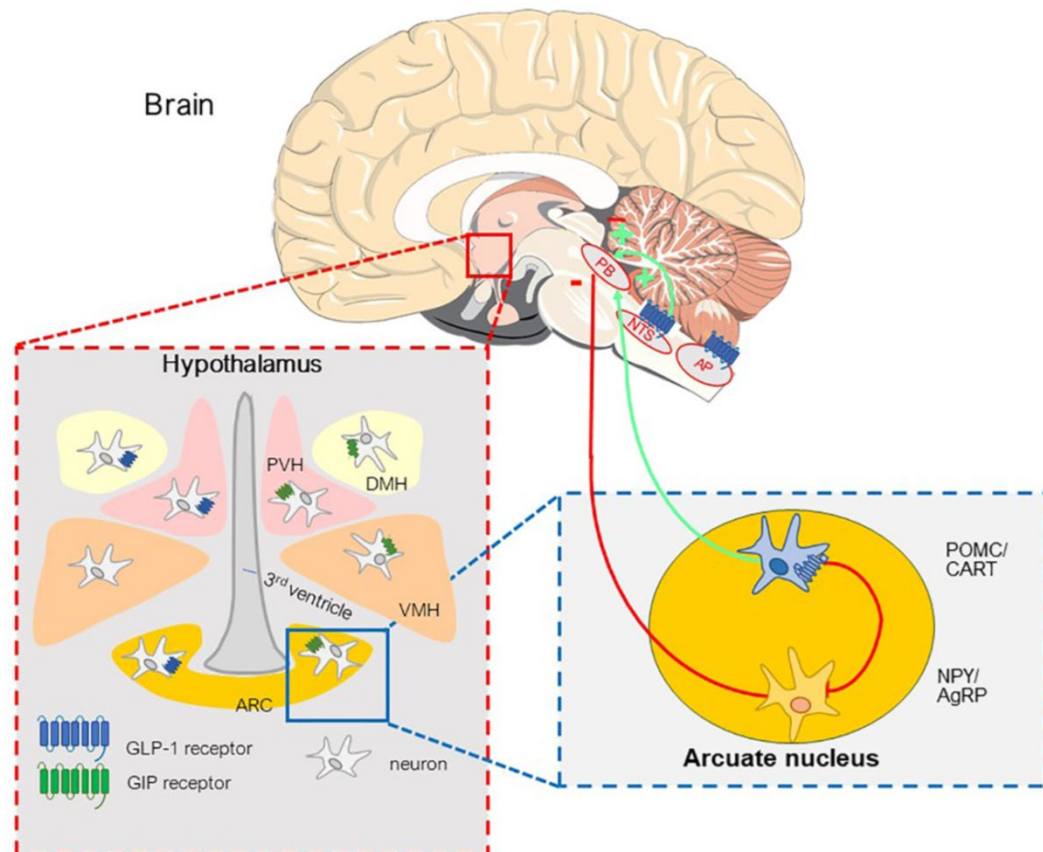
Pertanto, è possibile che la perdita di peso indotta da dapagliflozin possa essere migliorata con la dieta ristretta in calorie.



GLP-1RA

delays gastric emptying and is associated with appetite suppression

Lancet 2006; 368: 1696–705;
Diabetes Obes Metab. 2021;23(Suppl. 3):5–29.



Inclusive data from Review and Metanalysis

- **HbA1c lowering** with simultaneous combination therapy of GLP-1RA and SGLT-2I was found **to be less than additive** compared to the sum of HbA1c lowering with either agent.
- **Body weight** lowering appeared to be **nearly additive**.
- **SBP lowering** was **more than additive** with simultaneous GLP-1RA and SGLT-2I combination therapy when compared to the sum effect with either agent alone across the RCTs.

Metabolic and cardiovascular benefits with combination therapy of SGLT-2 inhibitors and GLP-1 receptor agonists in type 2 diabetes

Awadhesh Kumar Singh, Ritu Singh

World J Cardiol 2022

Table 3 Effect of simultaneous application of GLP-1 receptor agonists + SGLT-2I therapy on HbA1c (%), body weight (kg), and systolic blood pressure (mmHg) in randomized controlled trials

Ref.	Parameters studied	Duration (wk)	(A) Δ GLP-1 RA	(B) Δ SGLT-2I	(C) Δ GLP-1 RA + SGLT-2I	(A + B) Δ Sum of GLP-1 RA and SGLT2i	Effect of (C) compared to (A + B)
Frias <i>et al</i> [16], 2016; Jabbour <i>et al</i> [17], 2018; Birnbaum <i>et al</i> [18], 2018	HbA1c	28	-1.60	-1.40	-2.00	-3.00	Less than additive
		52	-1.38	-1.23	-1.75	-2.61	Less than additive
		104	-1.29	-1.06	-1.70	-2.35	Less than additive
Ikonomidis <i>et al</i> [19], 2018	HbA1c	12	-1.30	-0.80	-1.50	-2.10	Less than additive
Ali <i>et al</i> [12], 2020	HbA1c	16	-1.44	-0.89	-1.67	-2.33	Less than additive
Frias <i>et al</i> [16], 2016; Jabbour <i>et al</i> [17], 2018; Birnbaum <i>et al</i> [18], 2018	Body weight	28	-1.56	-2.22	-3.55	-3.78	Nearly additive
		52	-1.51	-2.28	-3.31	-3.79	Nearly additive
		104	-0.80	-3.00	-2.50	-3.80	Less than additive
Ikonomidis <i>et al</i> [19], 2018	Body weight	12	NR	NR	NR	NR	NR
Ali <i>et al</i> [12], 2020	Body weight	16	-1.90	-3.50	-6.00	-5.40	More than additive
Frias <i>et al</i> [16], 2016; Jabbour <i>et al</i> [17], 2018; Birnbaum <i>et al</i> [18], 2018	SBP	28	-1.20	-1.80	-4.30	-3.00	More than additive
		52	-0.70	-2.70	-4.50	-3.40	More than additive
		104	-0.10	-1.10	-3.10	-1.20	More than additive
Ikonomidis <i>et al</i> [19], 2018	SBP	12	-3.00	-4.00	-4.00	-7.00	Less than additive
Ali <i>et al</i> [12], 2020	SBP	16	-5.10	-5.20	-14.10	-10.30	More than additive

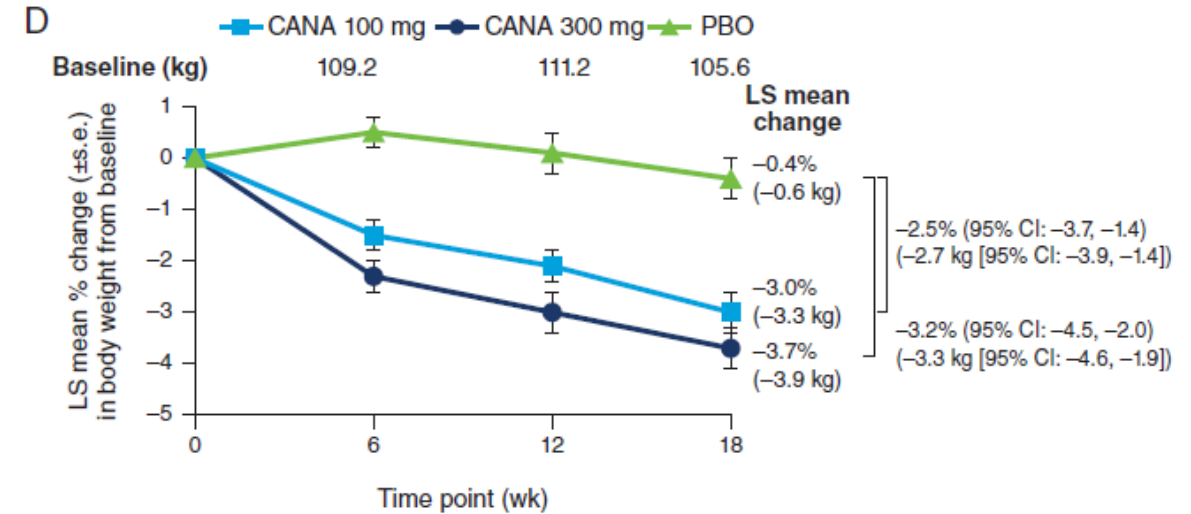
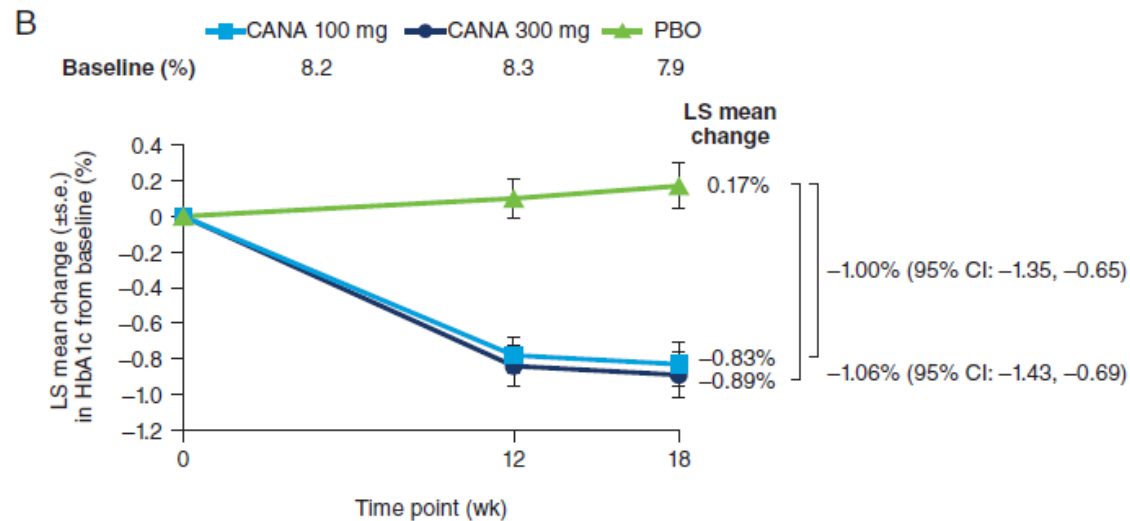
Efficacy and safety of canagliflozin when used in conjunction with incretin-mimetic therapy in patients with type 2 diabetes

G. Fulcher¹, D. R. Matthews², V. Perkovic³, D. de Zeeuw⁴, K. W. Mahaffey⁵, C. Mathieu⁶, V. Woo⁷, C. Wysham⁸, G. Capuano⁹, M. Desai⁹, W. Shaw⁹, F. Vercruysse¹⁰, G. Meininger⁹ & B. Neal³ on behalf of the CANVAS trial collaborative group

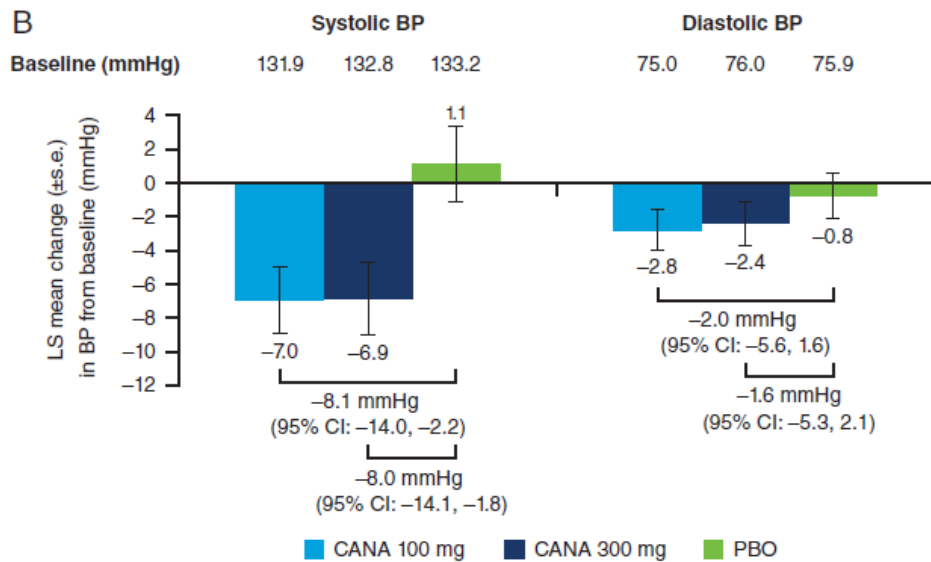
Diabetes, Obesity and Metabolism 18: 82–91, 2016.
© 2015 John Wiley & Sons Ltd

Methods: CANVAS is a double-blind, placebo-controlled study that randomized participants to canagliflozin 100 or 300 mg or placebo added to routine therapy. The present *post hoc* analysis assessed the efficacy and safety of canagliflozin 100 and 300 mg compared with placebo in subsets of patients from CANVAS who were taking background DPP-4 inhibitors or GLP-1 receptor agonists with or without other antihyperglycaemic agents at week 18.

Of the 4330 patients in CANVAS, 316 were taking DPP-4 inhibitors and 95 were taking GLP-1 receptor agonists.



Change in glycated haemoglobin (HbA1c) and body weight in the glucagon-like peptide-1(GLP-1) receptor agonist (B, D) subsets over 18weeks .



Reductions in systolic BP were observed with both doses of canagliflozin in combination with either DPP-4 inhibitors or GLP-1 receptor agonists; modest changes in diastolic BP were also observed (B)

Higher incidences of genital mycotic infections and osmotic diuresis-related adverse events (AEs) were seen with canagliflozin compared with placebo.

The incidence of hypoglycaemia was numerically higher with canagliflozin versus placebo; nearly all events occurred in patients on background insulin or insulin secretagogues.

Patients, n (%)	GLP-1 receptor agonist subset		
	CANA 100 mg (n = 35)	CANA 300 mg (n = 30)	PBO (n = 30)
Any AE	22 (62.9)	22 (73.3)	23 (76.7)
AEs leading to discontinuation	2 (5.7)	3 (10.0)	0
AEs related to study drug†	10 (28.6)	11 (36.7)	7 (23.3)
Serious AEs	2 (5.7)	5 (16.7)	1 (3.3)
Deaths	0	0	0
AEs of special interest			
Genital mycotic infections			
Male‡,§	1 (3.6)	2 (10.5)	1 (5.3)
Female¶,**	0	5 (45.5)	0
UTIs	2 (5.7)	4 (13.3)	2 (6.7)
Osmotic diuresis-related AEs††	5 (14.3)	4 (13.3)	1 (3.3)
Volume depletion-related AEs‡‡	0	3 (10.0)	1 (3.3)
Hypoglycaemia episodes			
Patients on insulin, SU or meglitinide, n	29	22	26
Documented hypoglycaemia§§	11 (37.9)	11 (50.0)	4 (15.4)
Severe hypoglycaemia	0	1 (4.5)	0
Patients not on insulin, SU or meglitinide, n	6	8	4
Documented hypoglycaemia§§	0	1 (12.5)	0
Severe hypoglycaemia	0	0	0

Conclusions: In patients on background incretin mimetics, canagliflozin improved HbA1c, body weight and BP, with an increased incidence of AE related to SGLT2 inhibition.

Efficacy and Safety Over 2 Years of Exenatide Plus Dapagliflozin in the DURATION-8 Study: A Multicenter, Double-Blind, Phase 3, Randomized Controlled Trial

Diabetes Care 2020;43:2528–2536 | <https://doi.org/10.2337/dc19-1350>

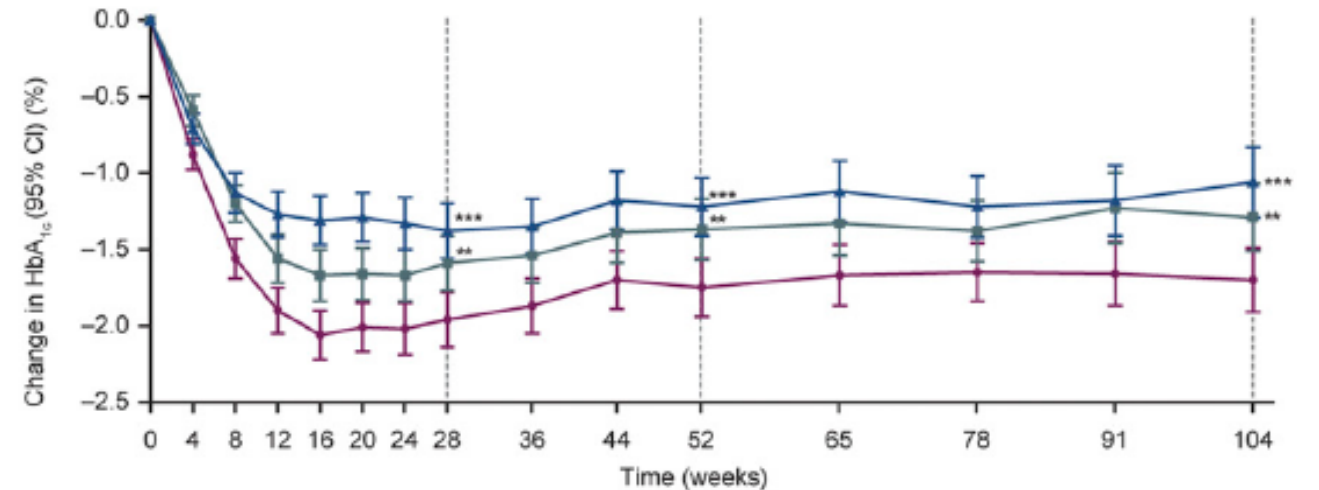
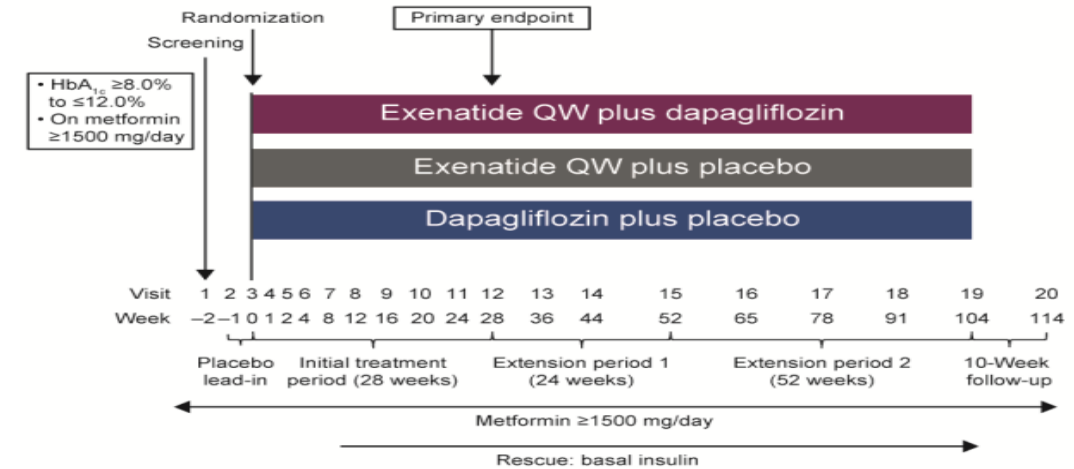
Serge A. Jabbour,¹ Juan P. Frías,²
Azazuddin Ahmed,³ Elise Hardy,⁴
Jasmine Choi,⁵ C. David Sjöström,⁶ and
Cristian Guja⁷

Change in HbA1c

At **week 28**, the combination of exenatide QW plus dapagliflozin was superior to exenatide QW plus placebo or dapagliflozin plus placebo in reducing HbA1c .

The differences between treatment groups were maintained **at week 52 and week 104**.

Supplementary Figure S1: Trial design



— Exenatide QW plus dapagliflozin — Exenatide QW plus placebo — Dapagliflozin plus placebo

*p < 0.05, **p < 0.01, ***p < 0.001 vs. exenatide QW plus dapagliflozin

Change in Body weight

At week 28, exenatide QW plus dapagliflozin was superior to exenatide QW plus placebo and dapagliflozin plus placebo in reducing body weight, and the differences between treatment groups were maintained **at week 52**.

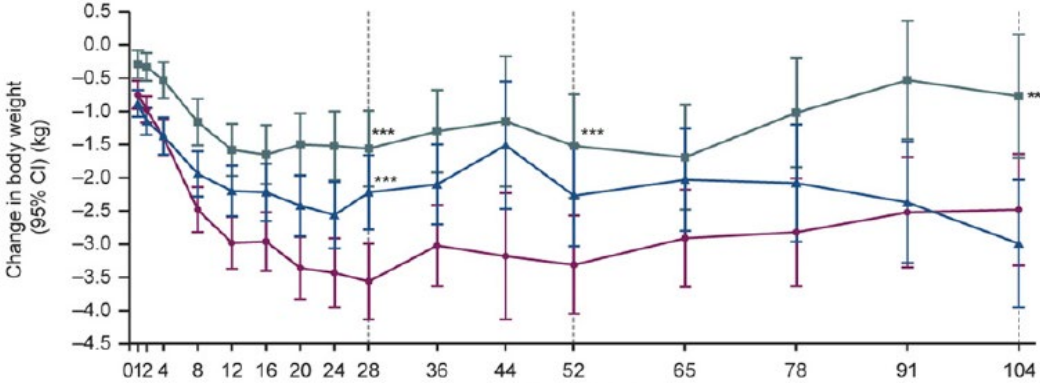
Between weeks 91 and 104, there was an additional decrease in body weight in the dapagliflozin plus placebo group, resulting in a numerically greater weight loss at week 104 with dapagliflozin plus placebo versus exenatide QW plus dapagliflozin.

Rescue therapy

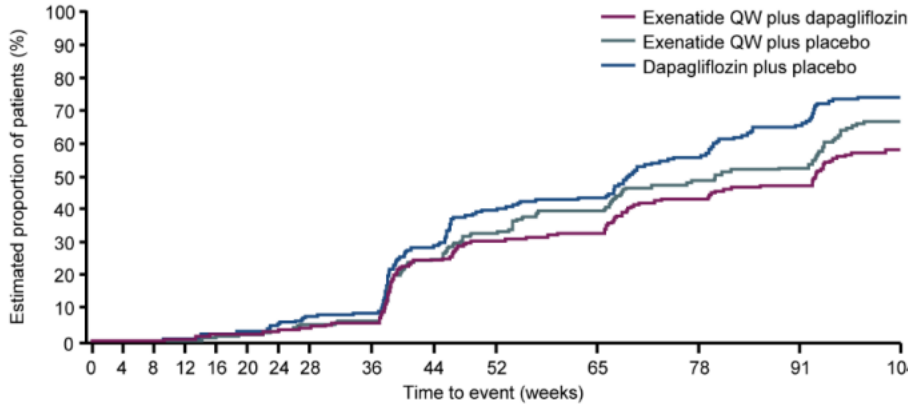
Between baseline and week 28, low numbers of patients received rescue therapy, with similar rescue rates across the treatment groups through week 24.

After week 24, a greater proportion of patients in the dapagliflozin plus placebo group received rescue therapy versus the exenatide QW plus dapagliflozin and exenatide QW plus placebo groups (Supplementary Fig. 4).

E



Supplementary Figure S4: Kaplan-Meier plot showing the proportion of patients rescued or discontinued due to lack of glycemic control during the 104-week treatment period (ITT population)



SAFETY ANALYSIS

Exenatide QW plus dapagliflozin was well tolerated over 104 weeks, with similar proportions of AEs and serious AEs across all treatment groups

The most commonly reported AEs during the 104-week treatment period were upper respiratory tract infections, urinary tract infections, nausea, injection-site nodules, diarrhea, headaches, nasopharyngitis, and vomiting

At week 104, four (1.7%) patients in each treatment group had experienced an adjudicated CV event

Table 3—Number of patients with AEs in the safety analysis set

	Exenatide QW plus dapagliflozin (n = 231)	Exenatide QW plus placebo (n = 230)	Dapagliflozin plus placebo (n = 233)
Any AE	165 (71.4)	161 (70.0)	156 (67.0)
Any SAE	17 (7.4)	18 (7.8)	18 (7.7)
Any AE with outcome of death	3 (1.3)	1 (0.4)	2 (0.9)
AEs leading to discontinuation of study treatment	16 (6.9)	14 (6.1)	12 (5.2)
AEs leading to study withdrawal	15 (6.5)	10 (4.3)	8 (3.4)
AEs occurring in ≥5% of patients			
Upper respiratory tract infection	15 (6.5)	17 (7.4)	22 (9.4)
Urinary tract infection	19 (8.2)	15 (6.5)	16 (6.9)
Nausea	13 (5.6)	26 (11.3)	10 (4.3)
Injection-site nodule	20 (8.7)	14 (6.1)	13 (5.6)
Diarrhea	13 (5.6)	17 (7.4)	11 (4.7)
Headache	16 (6.9)	12 (5.2)	12 (5.2)
Nasopharyngitis	15 (6.5)	8 (3.5)	12 (5.2)
Vomiting	8 (3.5)	12 (5.2)	7 (3.0)
Genital infection AEs			
Any genital infection	12 (5.2)	5 (2.2)	18 (7.7)
AEs of special interest			
Gastrointestinal AEs	48 (20.8)	55 (23.9)	38 (16.3)
Volume depletion–related AEs	3 (1.3)	1 (0.4)	5 (2.1)
Hematocrit >55%	5 (2.2)	2 (0.9)	5 (2.1)
Pancreatitis-related AEs	3 (1.3)	1 (0.4)	0
Pancreatic carcinoma–related AEs	1 (0.4)	0	0
Acute renal failure–related AEs	0	2 (0.9)	3 (1.3)
Adjudicated CV AEs	4 (1.7)	4 (1.7)	4 (1.7)
Adjudicated hepatic AEs	0	1 (0.4)	1 (0.4)
Injection-site–related AEs	32 (13.9)	27 (11.7)	18 (7.7)
Thyroid neoplasm–related AEs	0	0	0
Hypoglycemia	16 (6.9)	8 (3.5)	9 (3.9)
Major	0	0	0
Minor	4 (1.7)	0	1 (0.4)
Other	16 (6.9)	8 (3.5)	8 (3.4)
Anti-exenatide antibodies			
Week 104	43 (29.5)	34 (26.0)	—
Injection-site–related AEs by anti-exenatide antibody levels			
Negative	3 (1.3)	3 (1.3)	—
High positive (≥625)	18 (7.8)	10 (4.3)	—
Low positive (<625)	11 (4.8)	14 (6.1)	—
Any positive	29 (12.6)	24 (10.4)	—

Data are n (%). AEs occurring in ≥5% of patients are listed by Medical Dictionary for Regulatory Activities–preferred (MedDRA version 20.1) term; preferred terms for remaining AE categories are not listed. SAE, serious AE.

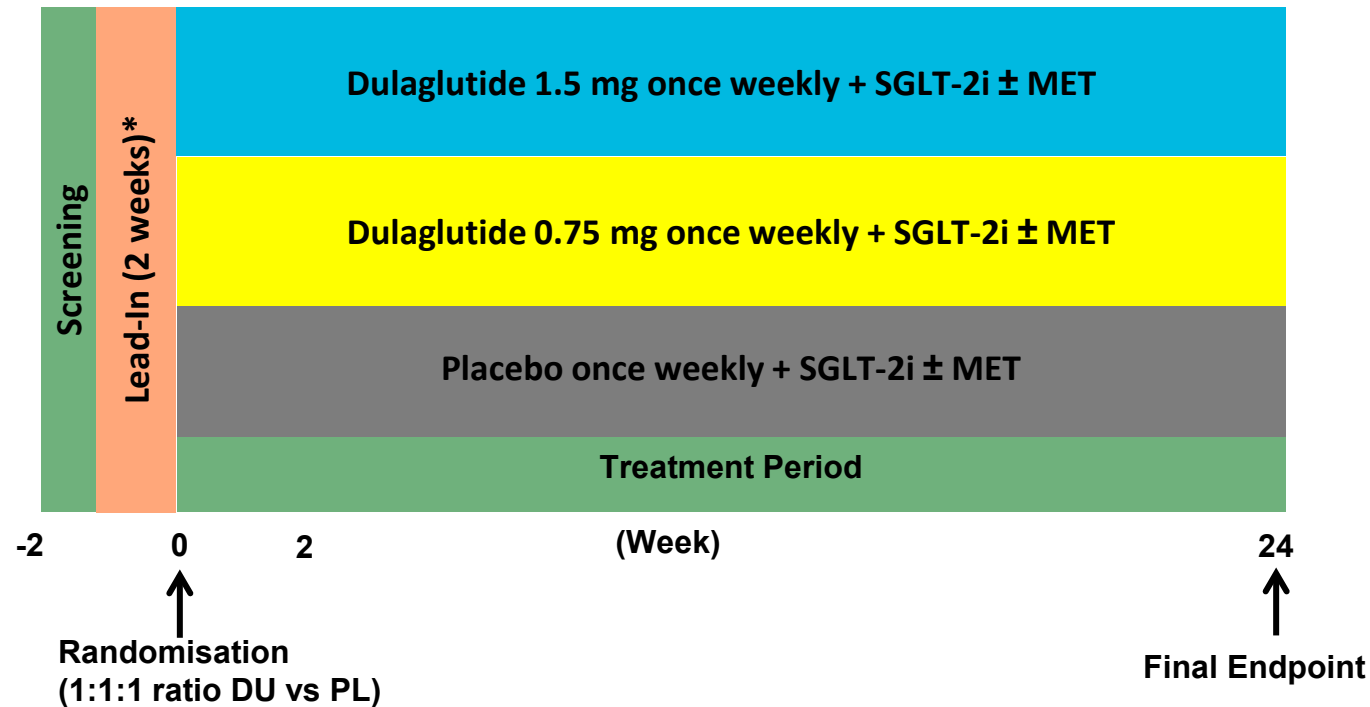
Dulaglutide as add-on therapy to SGLT2 inhibitors in patients with inadequately controlled type 2 diabetes (AWARD-10): a 24-week, randomised, double-blind, placebo-controlled trial

- Key inclusion criteria

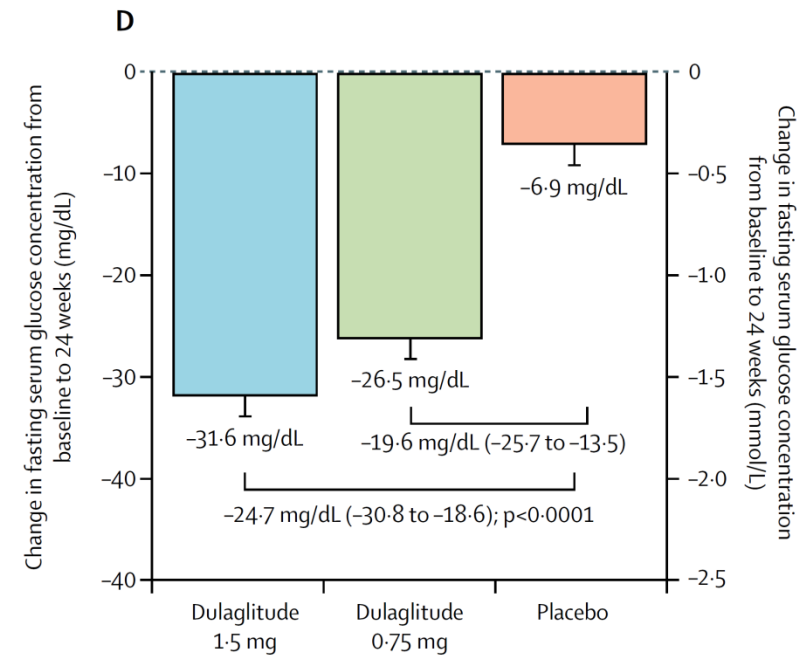
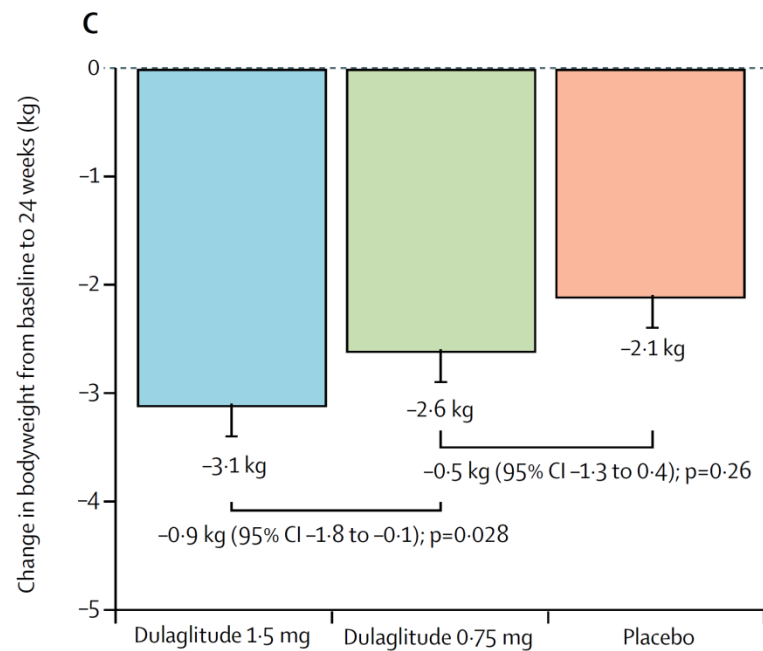
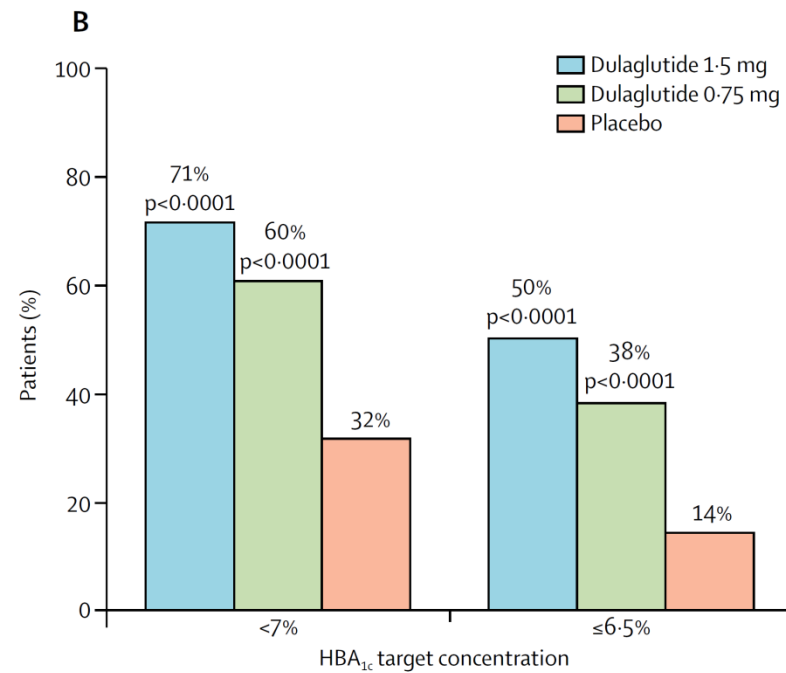
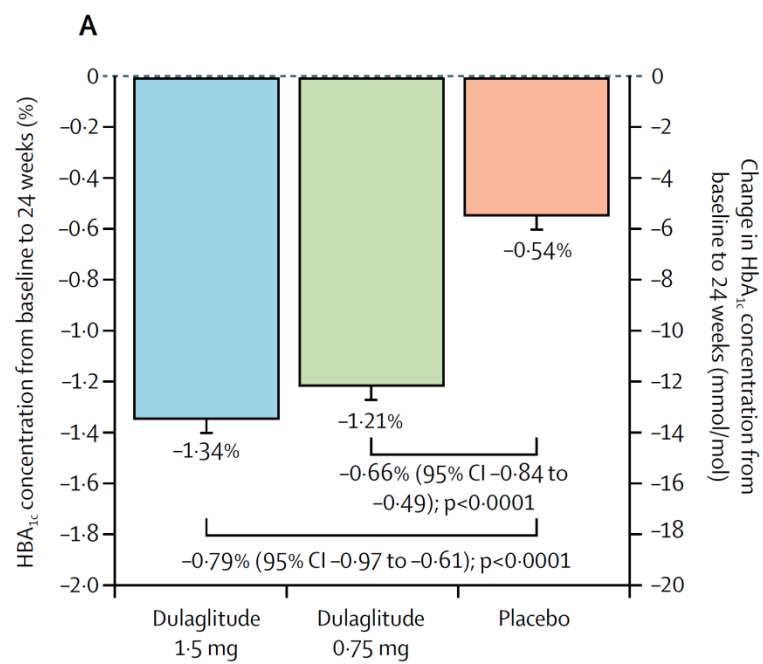
- T2D
- HbA1c $\geq 7.0\%$ and $\leq 9.5\%$
- BMI $\leq 45 \text{ kg/m}^2$
- SGLT-2i at locally approved doses $\pm$ metformin $\geq 1500 \text{ mg/day}$

- ◆ Key exclusion criteria

- T1D
- History of pancreatitis
- Ketoacidosis or hyperosmolar state/coma
- Recent CV event or active cancer



BMI=body mass index; CV=cardiovascular; HbA1c=glycated haemoglobin; MET=metformin; SGLT-2is=sodium-glucose co-transporter-2 inhibitors; *Patients requiring adjustment (metformin $< 1500 \text{ mg/day}$; eGFR 45-59 ml/min/1.73 m²) completed 12-week lead-in



SAFETY ANALYSIS:

Treatment-emergent adverse events were more common in patients treated with dulaglutide than in patients who received placebo, mainly because of an increased incidence of gastrointestinal adverse events.

Nausea , diarrhoea and vomiting were more common with dulaglutide than with placebo.

One episode of severe hypoglycaemia was reported in the dulaglutide 0.75 mg group. Two patients receiving dulaglutide 1.5 mg died, but these deaths were not considered to be related to study drug.

CONCLUSIONS:

Dulaglutide as add-on treatment to SGLT2 inhibitors (with or without metformin) resulted in significant and clinically relevant improvements in glycaemic control, with acceptable tolerability that is consistent with the established safety profile of dulaglutide

	Dulaglutide 1.5 mg (n=142)	Dulaglutide 0.75 mg (n=141)	Placebo (n=140)
Deaths	2 (1%)	0	0
Serious adverse events	5 (4%)	3 (2%)	5 (4%)
Adjudication confirmed			
Pancreatic events	0	0	0
Cardiovascular events	0	0	3 (2%)
Cardiovascular death	0	0	0
Non-fatal myocardial infarction	0	0	2 (1%)
Unstable angina	0	0	1 (1%)
Renal and urinary disorders	1 (1%)	3 (2%)	4 (3%)
Treatment-emergent adverse events (patients with ≥1 adverse event)	95 (67%)	83 (59%)	81 (58%)
Treatment-emergent adverse events (≥5% of patients in either group)			
Gastrointestinal disorders	46 (32%)	29 (21%)	24 (17%)
Nausea	21 (15%)	7 (5%)	5 (4%)
Diarrhoea	8 (6%)	14 (10%)	4 (3%)
Other			
Back pain	13 (9%)	12 (9%)	10 (7%)
Headache	8 (6%)	5 (4%)	13 (9%)
Study or study drug discontinuation, or both, due to adverse events	4 (2%)	0	0
Pancreatic enzymes, LOCF, units per L			
Pancreatic amylase	4.0 (1.0 to 10.0)	4.0 (-1.0 to 8.0)	0.0 (-3.0 to 3.0)
Lipase	7.0 (-3.0 to 16.0)	5.0 (-4.0 to 12.0)	-1.0 (-8.0 to 5.0)
Patients with enzyme concentrations ≥1 x ULN			
Pancreatic amylase	12 (9%)	10 (7%)	6 (4%)
Lipase	29 (20%)	22 (16%)	18 (13%)
Patients with enzyme concentrations ≥3 x ULN			
Pancreatic amylase	1 (1%)	0	0
Lipase	3 (2%)	1 (1%)	1 (1%)
Adverse events of interest associated with SGLT2 inhibitors			
Amputation	0	0	0
Diabetic ketoacidosis	0	0	0
Hypotensive episodes or syncope	0	1 (1%)	1 (1%)
Genital Infections	0	0	1 (1%)
Fractures	1 (1%)	1 (1%)	1 (1%)
Data are n (%) or median (IQR). LOCF=last observation carried forward. SGLT2=sodium-glucose co-transporter-2. ULN=upper limit of normal.			
Table 2: Adverse events			

Semaglutide once weekly as add-on to SGLT-2 inhibitor therapy in type 2 diabetes (SUSTAIN 9): a randomised, placebo-controlled trial

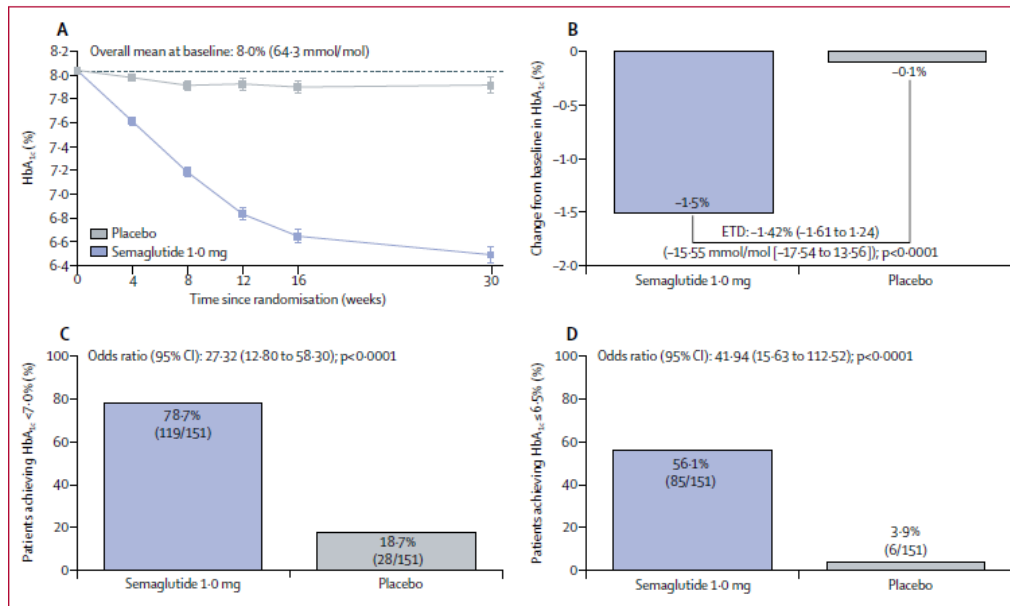


Lancet Diabetes Endocrinol 2019

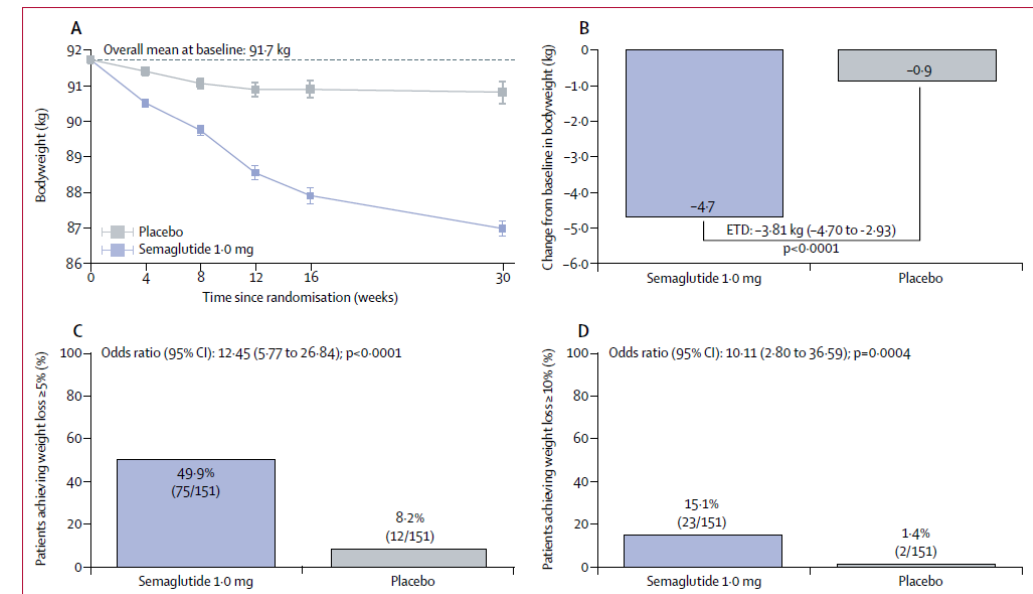
Bernard Zinman, Vaishali Bhosekar, Robert Busch, Ingrid Holst, Bernhard Ludvik, Desirée Thielke, James Thrasher, Vincent Woo, Athena Philis-Tsimikas

Methods: Adults with type 2 diabetes and HbA_{1c} 7·0–10·0% despite at least 90 days of treatment with an SGLT-2 inhibitor, were randomly assigned (1:1) to receive subcutaneous semaglutide 1·0 mg or volume-matched placebo once weekly for 30 weeks, after a dose-escalation schedule of 4 weeks of 0·25 mg semaglutide or placebo and 4 weeks of 0·5 mg semaglutide or placebo. Existing antidiabetic medications, including SGLT-2 inhibitor treatment, were continued for the duration of the trial.

Primary outcome:
change in HbA_{1c} from baseline to week 30



Confirmatory secondary outcome :
change in bodyweight over the same period



Other prespecified secondary outcomes endpoints:

- change from baseline to week 30 in fasting plasma glucose concentration
- mean (across all meals) sevenpoint self-measured blood glucose concentration
- mean postprandial glucose increment
- fasting blood lipid (total cholesterol, LDL cholesterol, HDL cholesterol, and triglycerides) concentrations;
- BMI and waist circumference
- systolic and diastolic blood pressure

	Overall baseline, mean (SD)	Semaglutide 1.0 mg (n=151)	Placebo (n=151)	Estimated treatment difference (95% CI)	Estimated treatment ratio (95% CI)	p value
Change from baseline to week 30						
Fasting plasma glucose, mmol/L	9.0 (2.1)	-2.2 (0.1)	0.0 (0.2)	-2.20 (-2.62 to -1.78)	..	<0.0001
Seven-point SMBG, mmol/L	9.8 (1.8)	-2.4 (0.2)	-0.4 (0.2)	-2.06 (-2.49 to -1.62)	..	<0.0001
Seven-point SMBG, increment across meals, mmol/L	NA	-1.0 (0.1)	0.0 (0.1)	-1.05 (-1.44 to -0.65)	..	<0.0001
BMI, kg/m ²	31.9 (6.6)	-1.7 (0.1)	-0.3 (0.1)	-1.35 (-1.66 to -1.04)	..	<0.0001
Waist circumference, cm	107.2 (15.5)	-4.5 (0.5)	-1.7 (0.4)	-2.83 (-4.08 to -1.59)	..	<0.0001
Systolic blood pressure, mm Hg	127.9 (14.5)	-4.7 (1.0)	1.6 (1.0)	-6.32 (-9.12 to -3.52)	..	<0.0001
Diastolic blood pressure, mm Hg	78.8 (8.8)	-0.9 (0.6)	0.5 (0.6)	-1.43 (-3.04 to 0.19)	..	0.0831
Pulse rate, beats per min	74.1 (10.4)	3.4 (0.7)	0.3 (0.7)	3.06 (1.06 to 5.07)	..	0.0027
Ratio, week 30 to baseline*						
eGFR†, mL/min per 1.73 m ²	95.2 (15.2)	0.99 (7.7)	1.00 (7.6)	..	NA	NA
Total cholesterol, mmol/L	4.5 (25.5)‡	0.91 (0.01)	1.03 (0.02)	..	0.88 (0.85 to 0.92)	<0.0001
HDL cholesterol, mmol/L	1.1 (26.0)‡	0.99 (0.01)	1.01 (0.01)	..	0.98 (0.95 to 1.02)	0.2846
LDL cholesterol, mmol/L	2.3 (43.1)‡	0.90 (0.02)	1.04 (0.02)	..	0.87 (0.81 to 0.93)	<0.0001
Triglycerides, mmol/L	1.8 (56.2)‡	0.80 (0.03)	0.98 (0.03)	..	0.82 (0.75 to 0.90)	<0.0001

SAFETY ANALYSIS

Gastrointestinal adverse events were most common and were reported in 56 (37.3%) patients in the semaglutide group and 20 (13.2%) in the placebo group.

Severe or blood glucose-confirmed symptomatic hypoglycaemia was rare, with four events occurring in four (2.7%) patients in the semaglutide group, one of whom was receiving a sulphonylurea

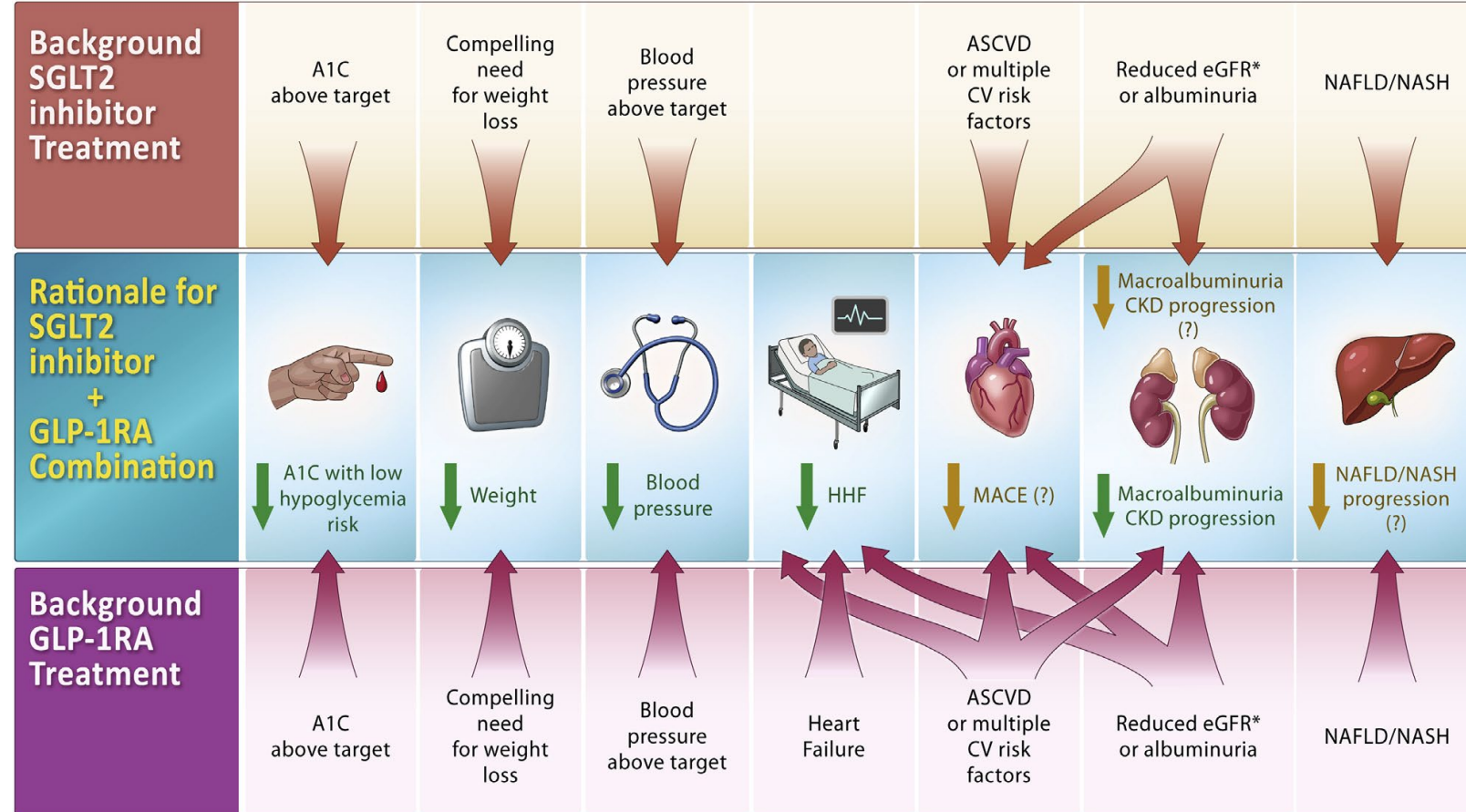
Gastrointestinal adverse events	56 (37.3%)	133	144.0	20 (13.2%)	42	43.6
Severe	2 (1.3%)	3	3.2	0	..	..
Moderate	21 (14.0%)	42	45.5	5 (3.3%)	5	5.2
Mild	46 (30.7%)	88	95.2	16 (10.6%)	37	38.4
Gastrointestinal adverse events in ≥ 5% of patients by preferred term						
Nausea	29 (19.3%)	37	40.0	5 (3.3%)	7	7.3
Diarrhoea	17 (11.3%)	21	22.7	9 (6.0%)	11	11.4
Vomiting	14 (9.3%)	21	22.7	3 (2.0%)	3	3.1
Constipation	10 (6.7%)	10	10.8	0	..	..
Hypoglycaemia*	17 (11.3%)	28	30.3	3 (2.0%)	4	4.2
Severe or blood glucose-confirmed hypoglycaemia	4 (2.7%)	4	4.3	0	..	..

DO WE GET AN ADDITIONAL CV AND RENAL BENEFIT BY COMBINING BOTH CLASSES OF DRUGS?

GLP-1RA primarily reduce the risk of atherosclerotic cardiovascular diseases with a modest effect on kidney function and minimal effect on heart failure.

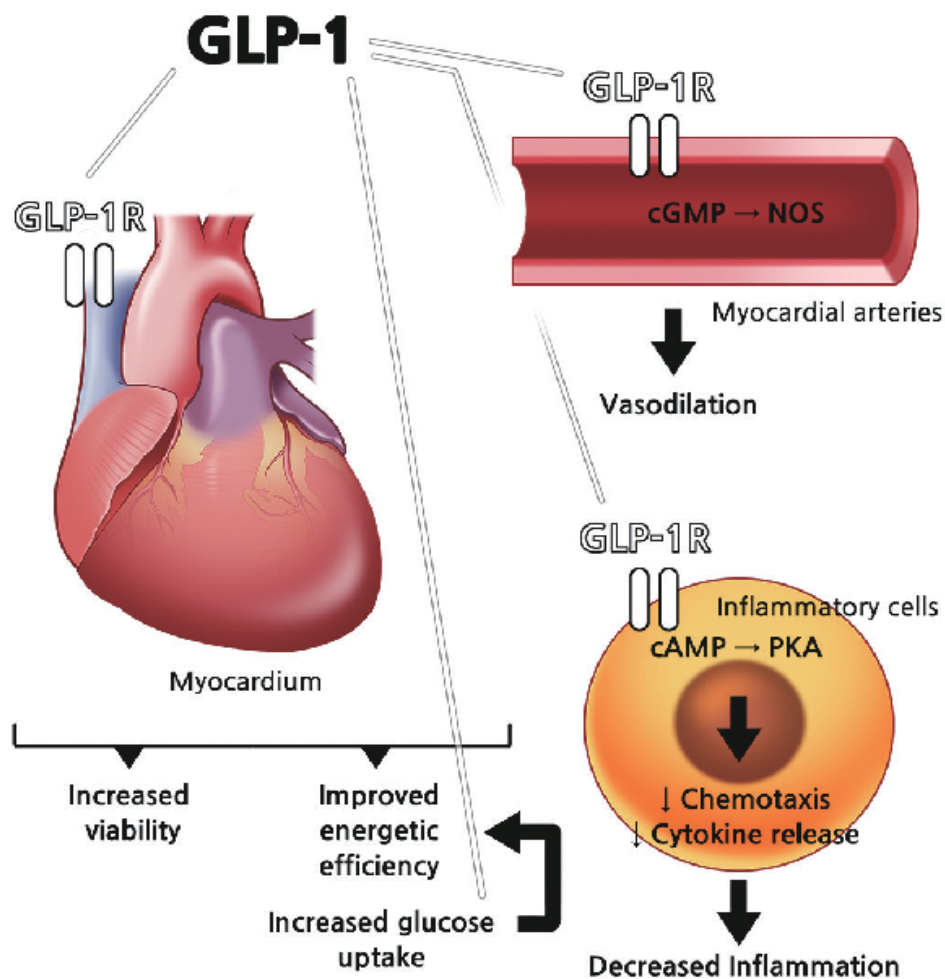
SGLT-2I significantly reduced the risk of heart failure hospitalizations (HHF) and improved kidney function with a modest effect on ASCVD.

Consequently, it is alluring to consider that combination therapy of SGLT-2I and GLP-1RA would achieve greater metabolic and cardio-renal benefits in patients with T2DM, compared with either class of drugs alone.

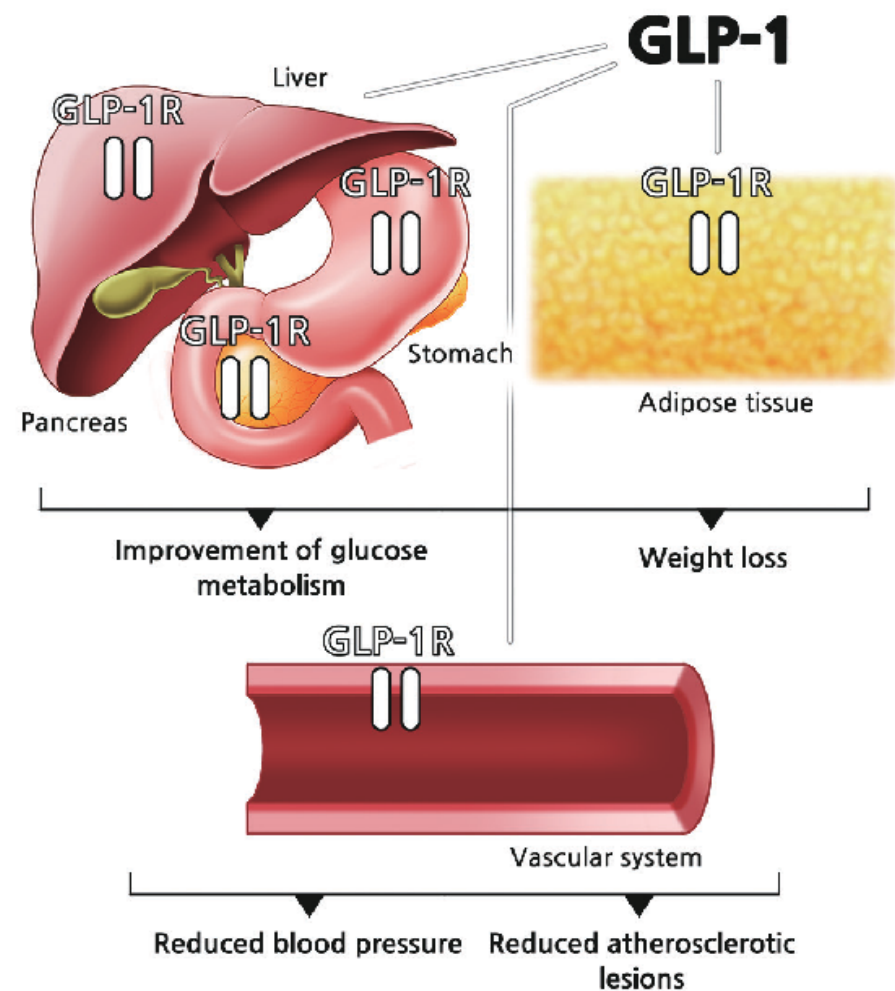


GLP-1

Myocardial effects

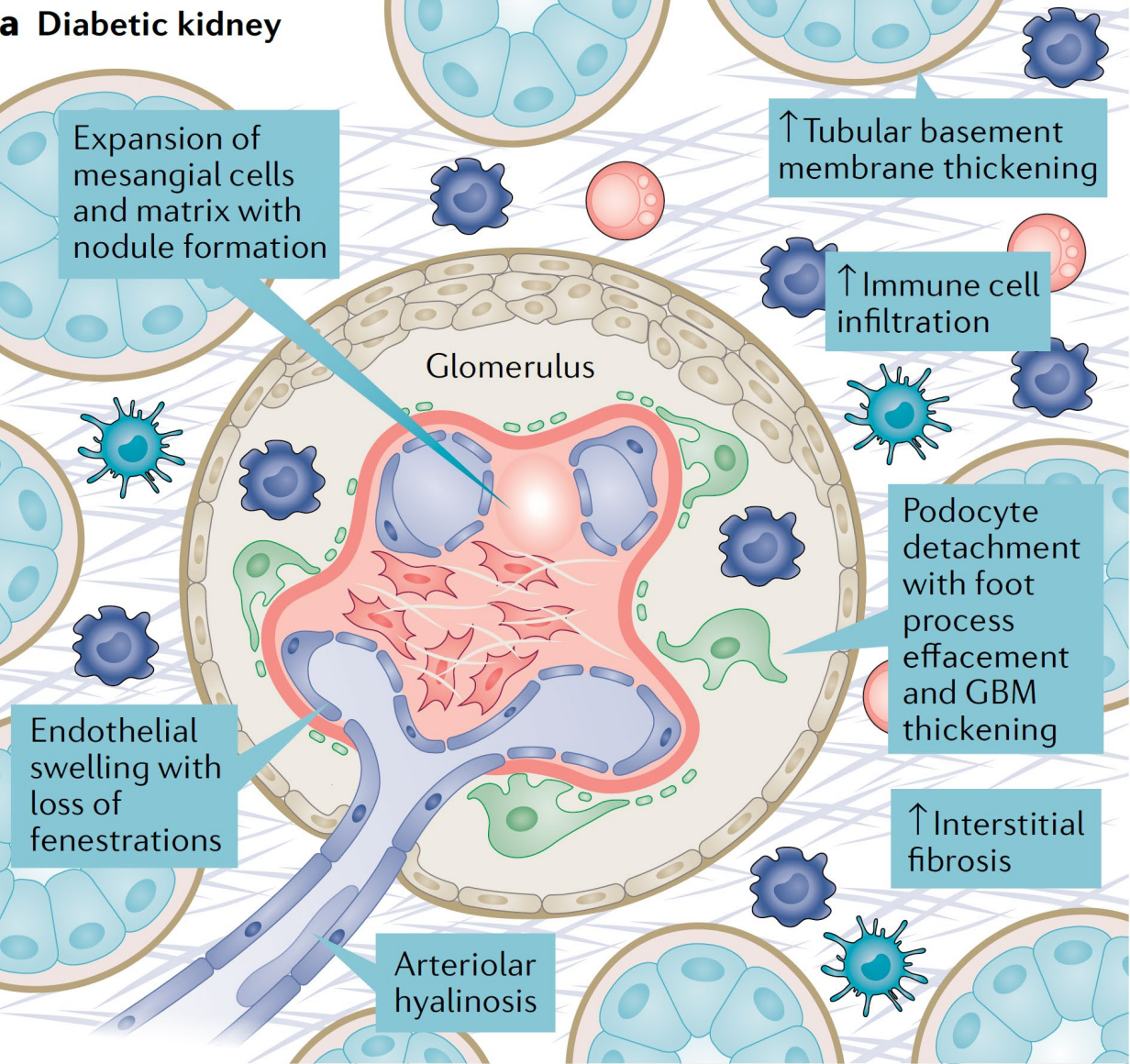


Systemic effects

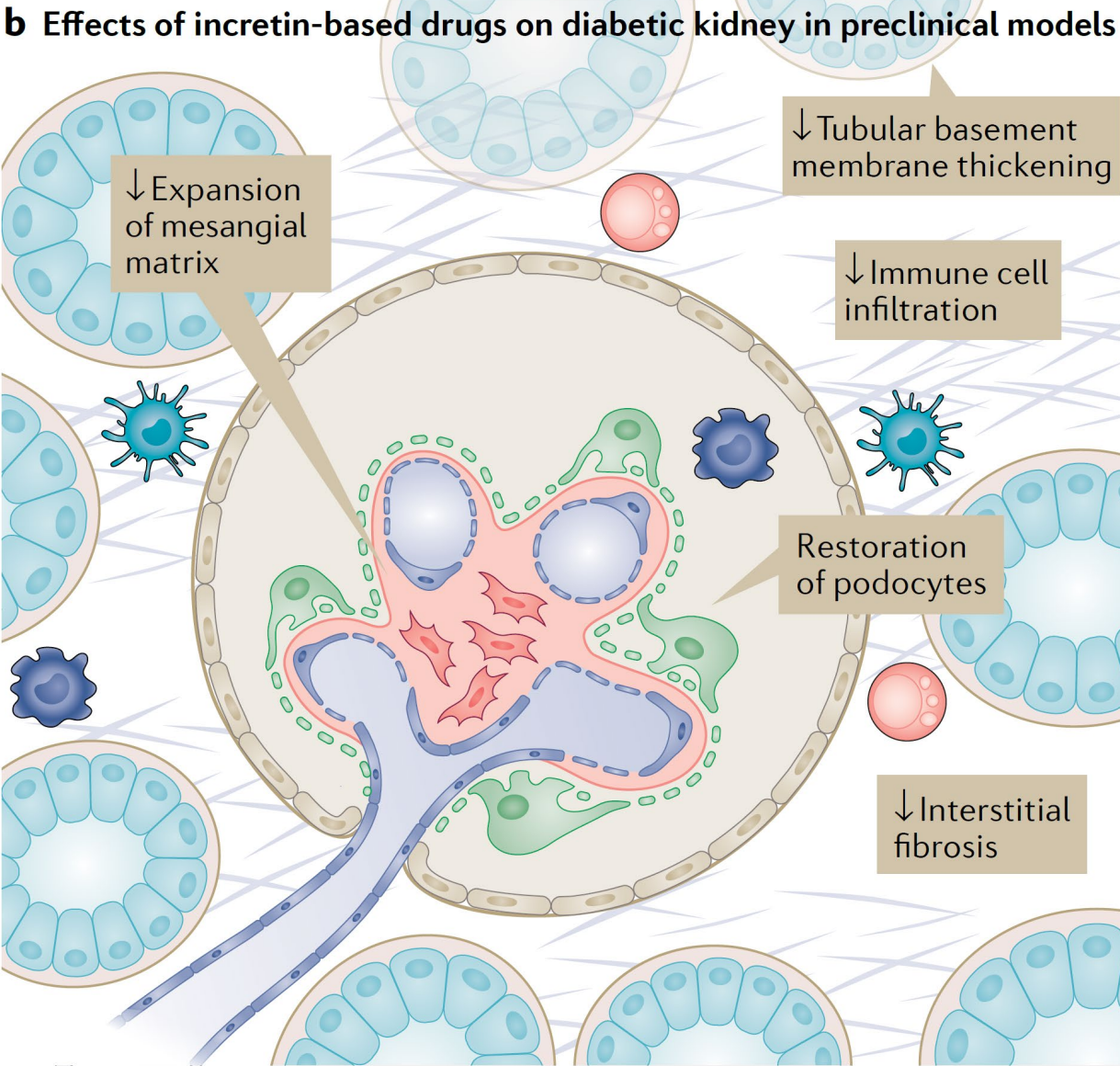


Preservation of cardiac function and structure

a Diabetic kidney



b Effects of incretin-based drugs on diabetic kidney in preclinical models



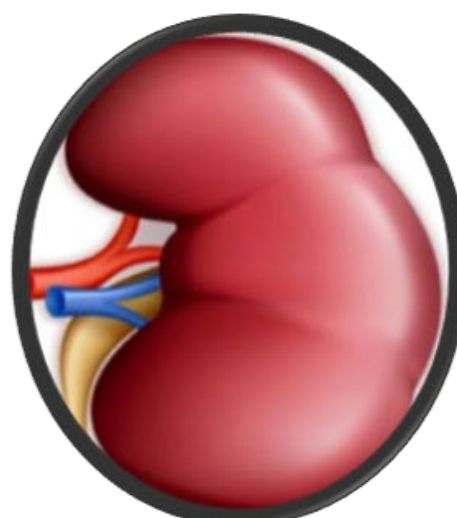
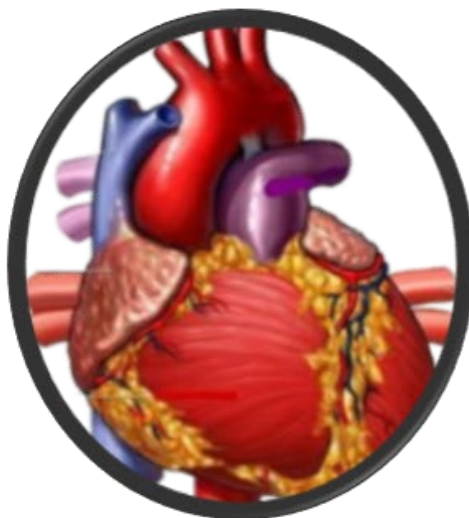
↑ Energetics
(FFA, glucose, ketones)
↓ Pre-load and after-load
↑ Ejection fraction
↓ Reverse cardiac remodeling



↑ Glycosuria
↑ Natriuresis and diuresis
↑ Uricosuria
↓ Glomerular pressure
↓ Proteinuria



↓ Blood pressure
↓ Volume load
↑ Hematocrit
↑ Elasticity



↓ Insulin
↑ Glucagon

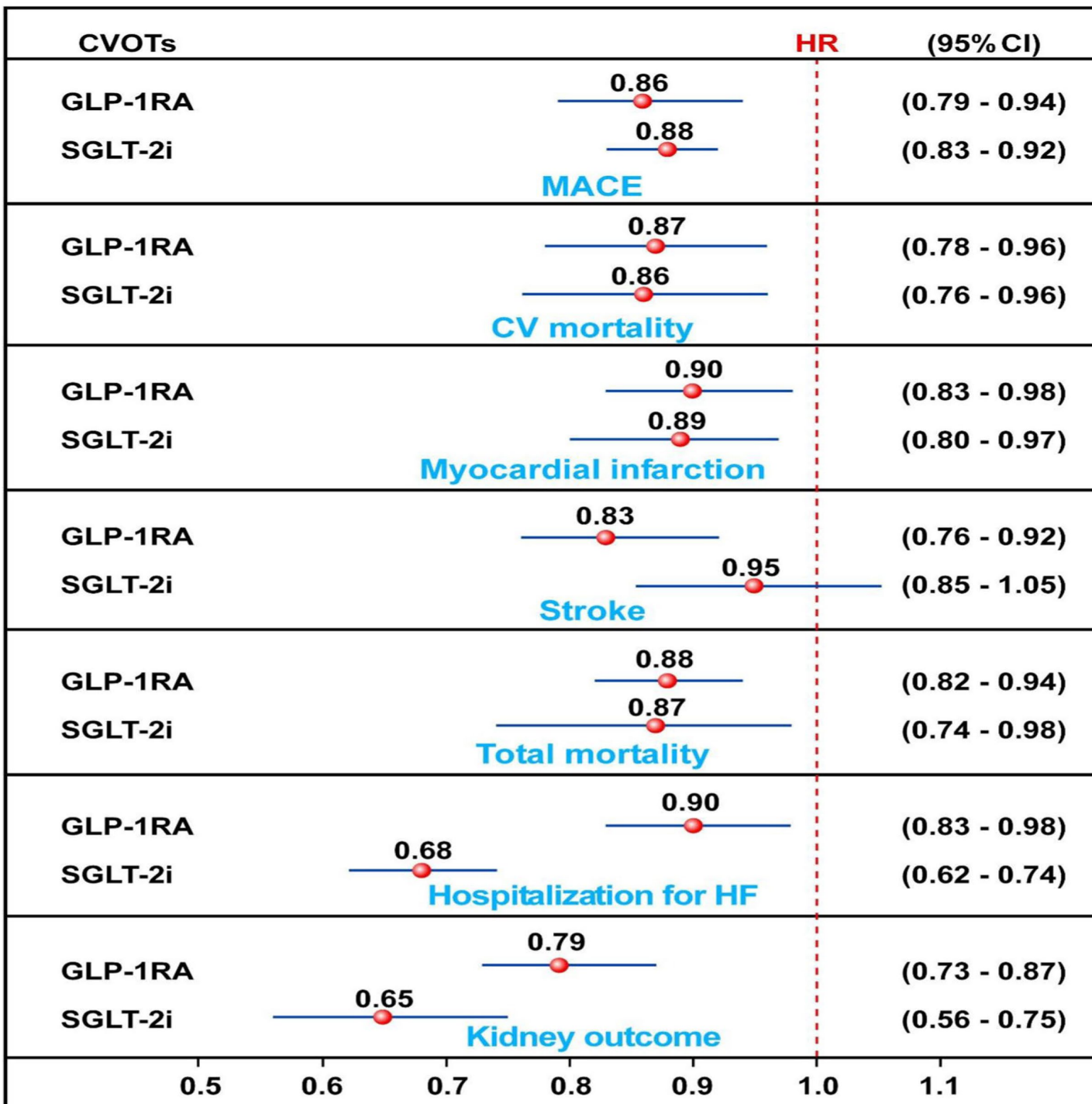


↓ Weight
↑ Negative caloric balance
↓ Glucotoxicity
↓ Insulin resistance



↓ HbA1c and glucose
↓ Triglycerides
↓ Inflammatory markers
↑ Ketones
↓ Uric acid





GLP-1 receptor agonists vs. SGLT-2 inhibitors: the gap seems to be leveling off

Dario Giugliano^{1,2*}, Lorenzo Scappaticcio^{1,2}, Miriam Longo¹, Giuseppe Bellastella^{1,2} and Katherine Esposito^{2,3}

Cardiovasc Diabetol (2021) 20:205

<https://doi.org/10.1186/s12933-021-01400-9>



ORIGINAL INVESTIGATION

Open Access

Effects of exenatide and open-label SGLT2 inhibitor treatment, given in parallel or sequentially, on mortality and cardiovascular and renal outcomes in type 2 diabetes: insights from the EXSCEL trial



Lindsay E. Clegg^{1*} , Robert C. Penland², Srinivas Bachina², David W. Boulton¹, Marcus Thuresson³, Hiddo J. L. Heerspink⁴, Stephanie Gustavson⁵, C. David Sjöström⁶, James A. Ruggles⁷, Adrian F. Hernandez⁸, John B. Buse⁹, Robert J. Mentz⁸ and Rory R. Holman¹⁰

METHODS:

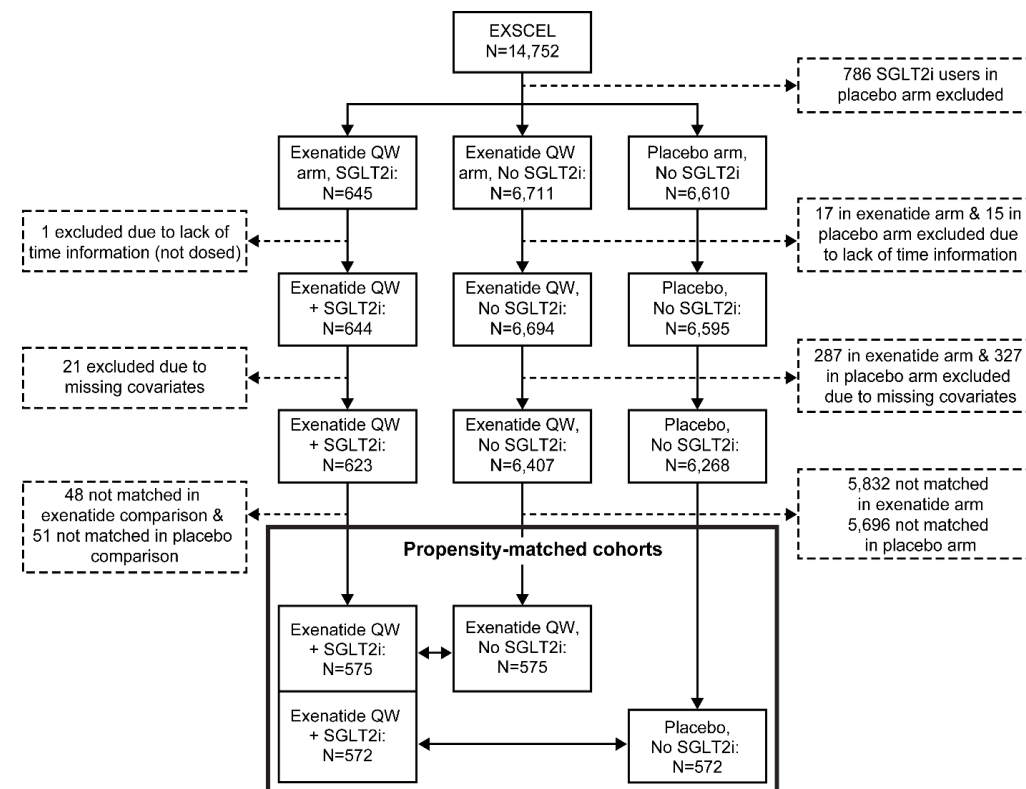
In the EXSCEL cardiovascular outcomes trial EQW arm, SGLT2i drop-in occurred in 8.7% of participants.

These EQW+SGLT2i users were propensity-matched to:

- (1) placebo-arm participants not taking SGLT2i;
- (2) EQW-arm participants not taking SGLT2i

Time-to-first major adverse cardiovascular event (MACE) and all-cause mortality (ACM) were compared using Cox regression analyses.

eGFR slopes were quantified using mixed model repeated measurement analyses.



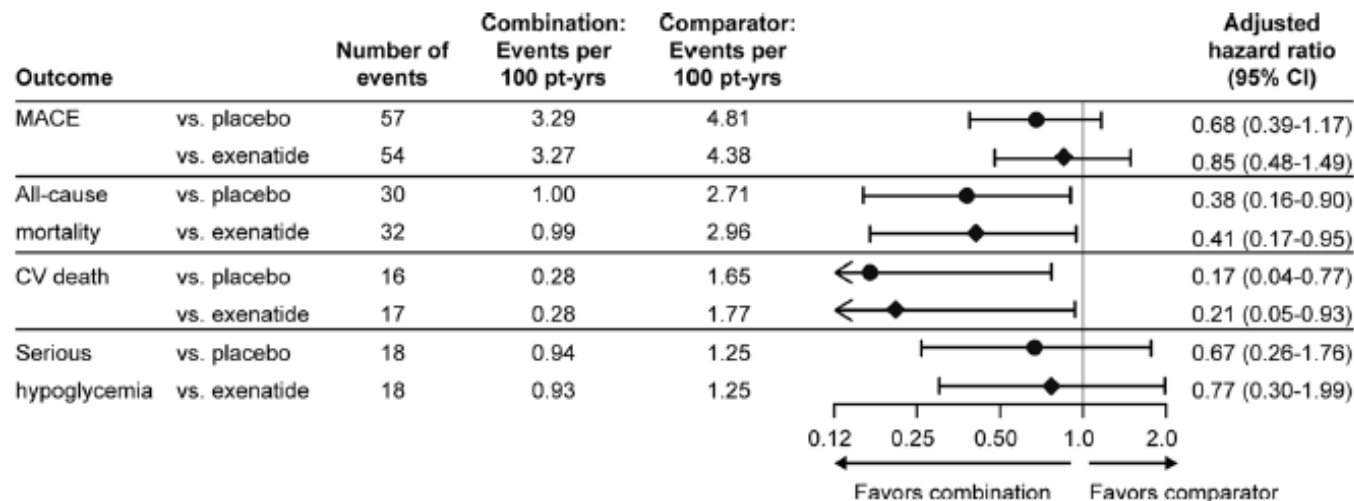


Fig. 2 Cardiovascular, mortality, and safety outcomes with combination exenatide QW+SGLT2i in the propensity-matched cohorts. Additional details are found in Additional file 1: Tables S3, S4, and Kaplan–Meier curves in Additional file 1: Figures S5–S9. Hazard ratio adjusted for age, duration of diabetes, prior cardiovascular disease, heart failure, sex, microalbuminuria, macroalbuminuria, eGFR, and HbA1c, all evaluated at first known SGLT2i usage or equivalent visit in comparator groups. MACE: major adverse cardiovascular events; CV: cardiovascular; pt-ys: participant-years

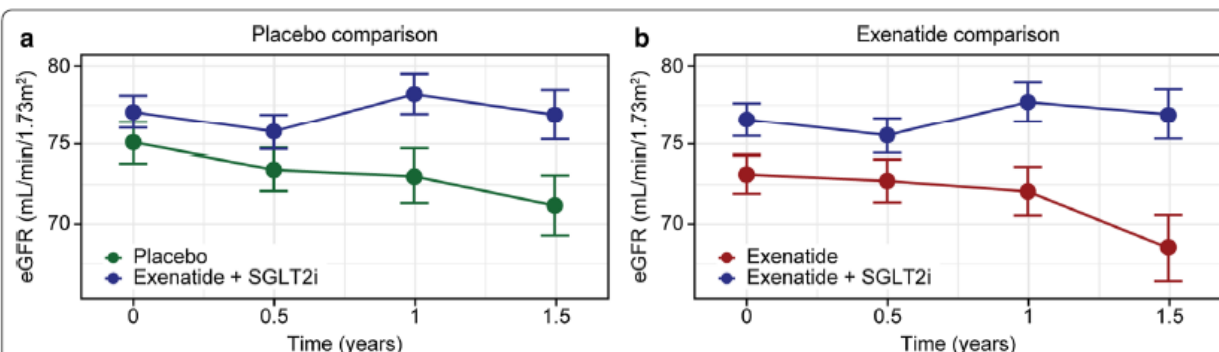


Fig. 3 Geometric mean ($\pm$ standard error) eGFR in the propensity-matched cohorts. **a** Placebo comparison. **b** Exenatide comparison. Time zero is the time of first visit with known SGLT2i use/matching. The small differences in eGFR at matching ($t=0$) also reflect restrictions on SGLT2i use in moderate renal impairment. eGFR slopes prior to matching are shown in Additional file 1: Figure S11. Blue: combination exenatide + SGLT2i cohorts; green: placebo cohort; red: exenatide cohort. eGFR, estimated glomerular filtration rate; SGLT2i, sodium-glucose co-transporter-2 inhibitor

Conclusions:

This *post hoc* analysis supports the hypothesis that combinatorial EQW and SGLT2i therapy may provide benefit on cardiovascular outcomes and mortality.

Cardiovascular and Renal Outcomes with Efpeglenatide in Type 2 Diabetes

Hertzel C. Gerstein, M.D., Naveed Sattar, M.D., Ph.D., Julio Rosenstock, M.D., Chinthanie Ramasundarahettige, M.Sc., Richard Pratley, M.D., Renato D. Lopes, M.D., Ph.D., Carolyn S.P. Lam, M.B., B.S., Ph.D., Nardev S. Khurmi, M.D., Laura Heenan, M.Sc., Stefano Del Prato, M.D., Leanne Dyal, M.Sc., and Kelley Branch, M.D. for the AMPLITUDE-O Trial Investigators*

15% of patients in both arms was taking a SGLT-2 inhibitor!

Table 2. Adjudicated First Events.*							
Event	Efpeglenatide, 4 or 6 mg (N=2717)		Placebo (N=1359)		Hazard Ratio (95% CI)	P Value for Noninferiority	P Value for Superiority
	no. of participants (%)	no. of events/100 person-years	no. of participants (%)	no. of events/100 person-years			
Primary outcome: incident MACE†	189 (7.0)	3.9	125 (9.2)	5.3	0.73 (0.58–0.92)	<0.001‡	0.007
Expanded MACE composite outcome event§	257 (9.5)	5.4	158 (11.6)	6.8	0.79 (0.65–0.96)		0.02
Composite renal outcome event¶	353 (13.0)	7.7	250 (18.4)	11.6	0.68 (0.57–0.79)		<0.001
MACE or death from noncardiovascular causes	216 (7.9)	4.5	143 (10.5)	6.0	0.73 (0.59–0.91)		0.004
Kidney-function outcome event	121 (4.5)	2.5	76 (5.6)	3.1	0.77 (0.57–1.02)		0.07
MACE, death from noncardiovascular causes, hospitalization for heart failure, or kidney-function outcome event	243 (8.9)	5.1	164 (12.1)	7.0	0.71 (0.59–0.87)		
Myocardial infarction	91 (3.3)	1.9	58 (4.3)	2.4	0.75 (0.54–1.05)		
Nonfatal myocardial infarction	85 (3.1)	1.7	53 (3.9)	2.2	0.78 (0.55–1.10)		
Stroke	47 (1.7)	1.0	31 (2.3)	1.3	0.74 (0.47–1.17)		
Nonfatal stroke	41 (1.5)	0.8	25 (1.8)	1.0	0.80 (0.48–1.31)		
Cardiovascular mortality	75 (2.8)	1.5	50 (3.7)	2.1	0.72 (0.50–1.03)		
Total mortality	111 (4.1)	2.2	69 (5.1)	2.8	0.78 (0.58–1.06)		
Coronary revascularization	126 (4.6)	2.6	66 (4.9)	2.8	0.93 (0.69–1.26)		
Unstable angina	6 (0.2)	0.1	4 (0.3)	0.2	0.55 (0.13–2.35)		
Incident macroalbuminuria	348 (12.8)	7.6	244 (18.0)	11.3	0.68 (0.58–0.80)		
Heart failure	40 (1.5)	0.8	31 (2.3)	1.3	0.61 (0.38–0.98)		

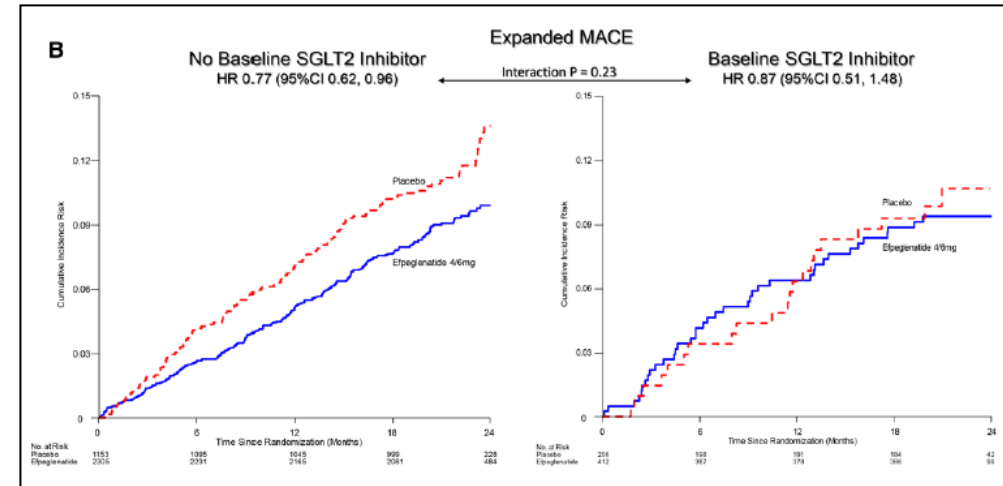
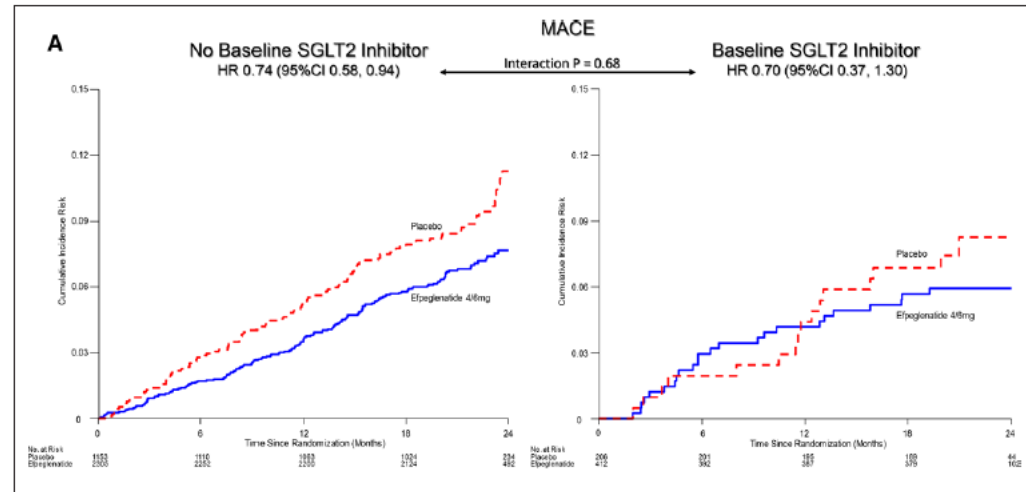


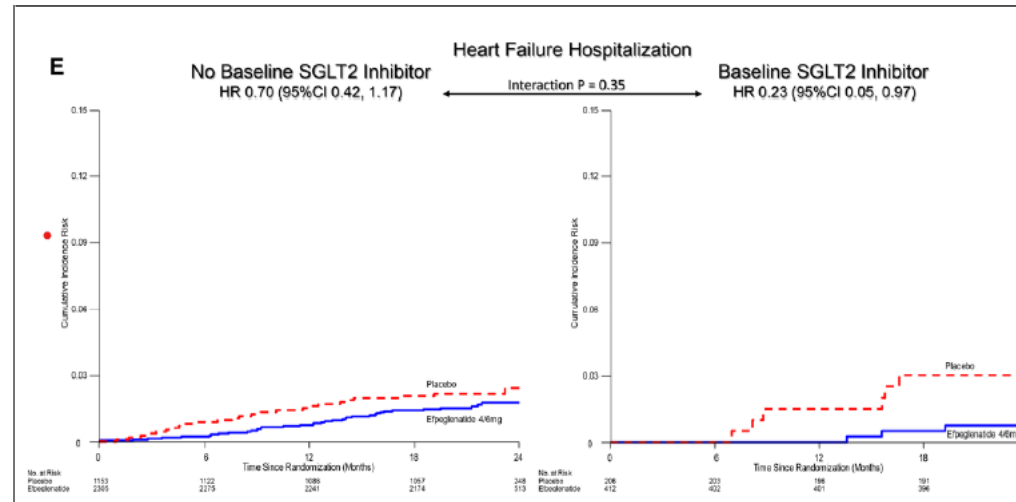
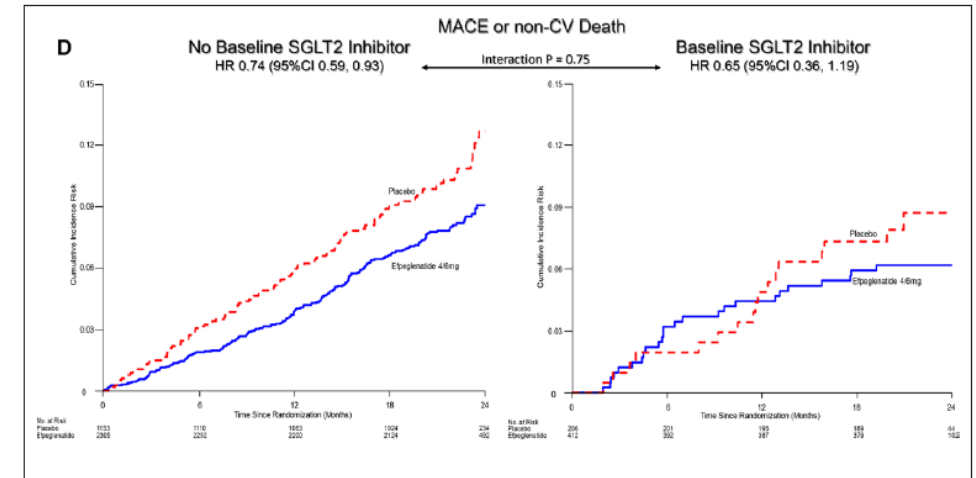
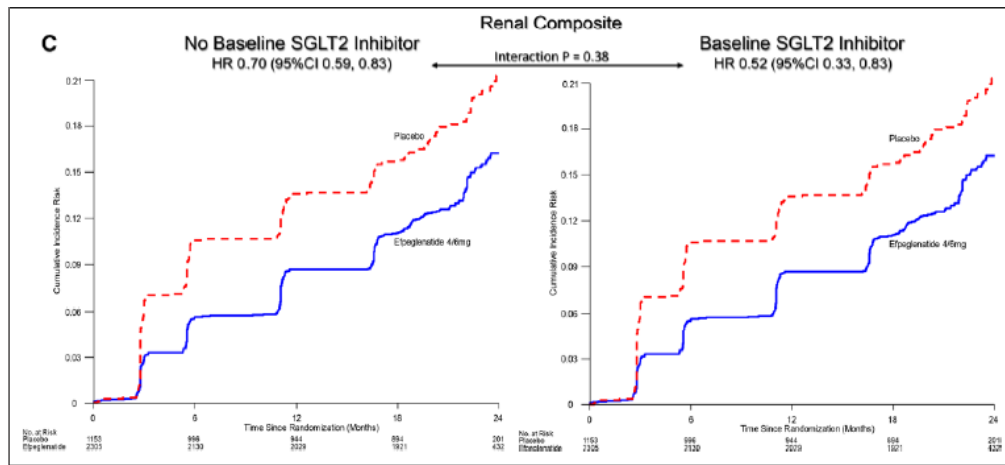
Efpeglenatide and Clinical Outcomes With and Without Concomitant Sodium-Glucose Cotransporter-2 Inhibition Use in Type 2 Diabetes: Exploratory Analysis of the AMPLITUDE-O Trial

BACKGROUND: The AMPLITUDE-O trial reported that once-weekly injections of the GLP1-RA efpeglenatide (versus placebo) reduced MACEs, coronary revascularization, or unstable angina hospitalization (expanded MACEs); a renal composite outcome; and MACEs or death in people with type 2 diabetes and cardiovascular or renal disease.

The trial uniquely stratified randomization by baseline or anticipated use of SGLT2 inhibitors and included the highest prevalence at baseline (N=618, 15.2%) of SGLT2 inhibitor use among glucagon-like peptide-1 receptor agonist cardiovascular outcome trials to date.

Its results were analyzed to estimate the combined effect of SGLT2 inhibitors and efpeglenatide on clinical outcomes.

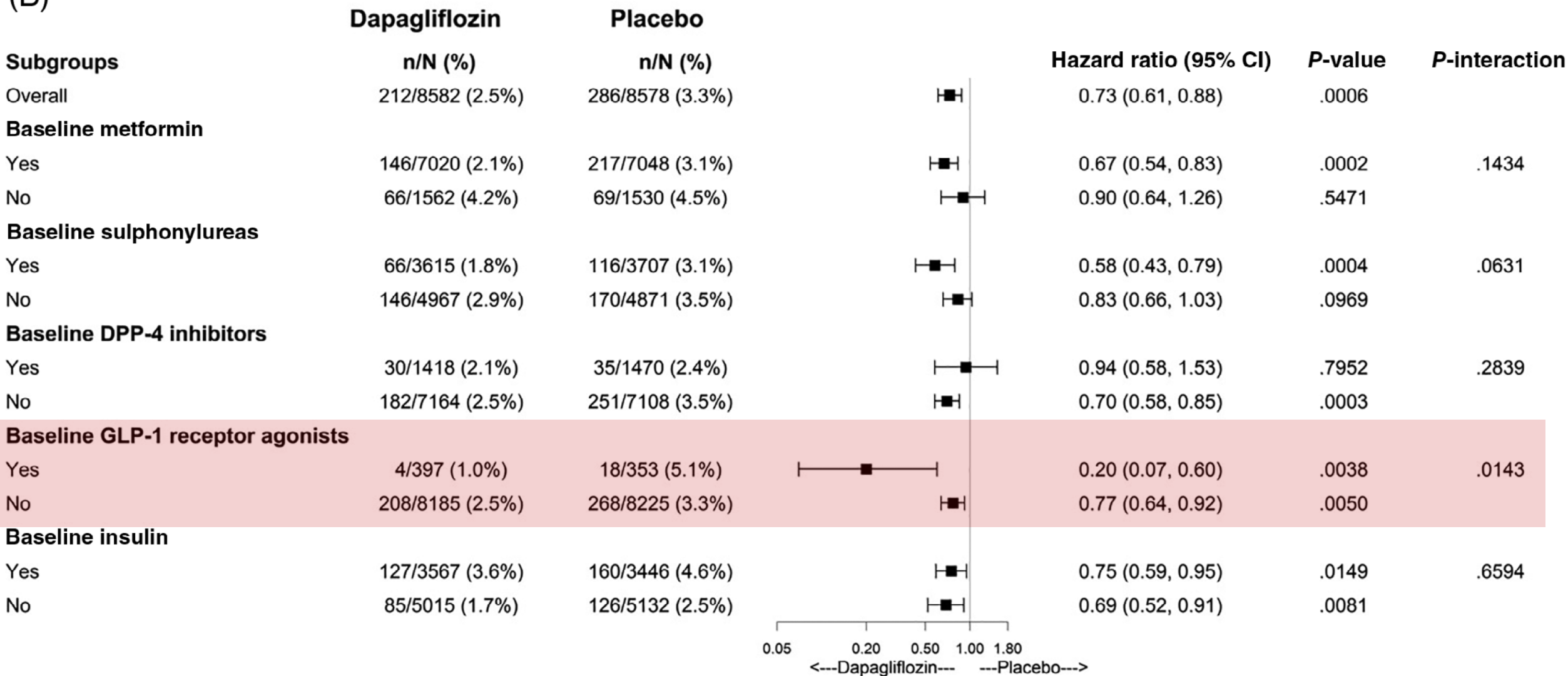




CONCLUSIONS: The efficacy and safety of efpeglenatide appear to be independent of concurrent SGLT2 inhibitor use. These data support combined SGLT2 inhibitor and glucagon-like peptide-1 receptor agonist therapy in type 2 diabetes.

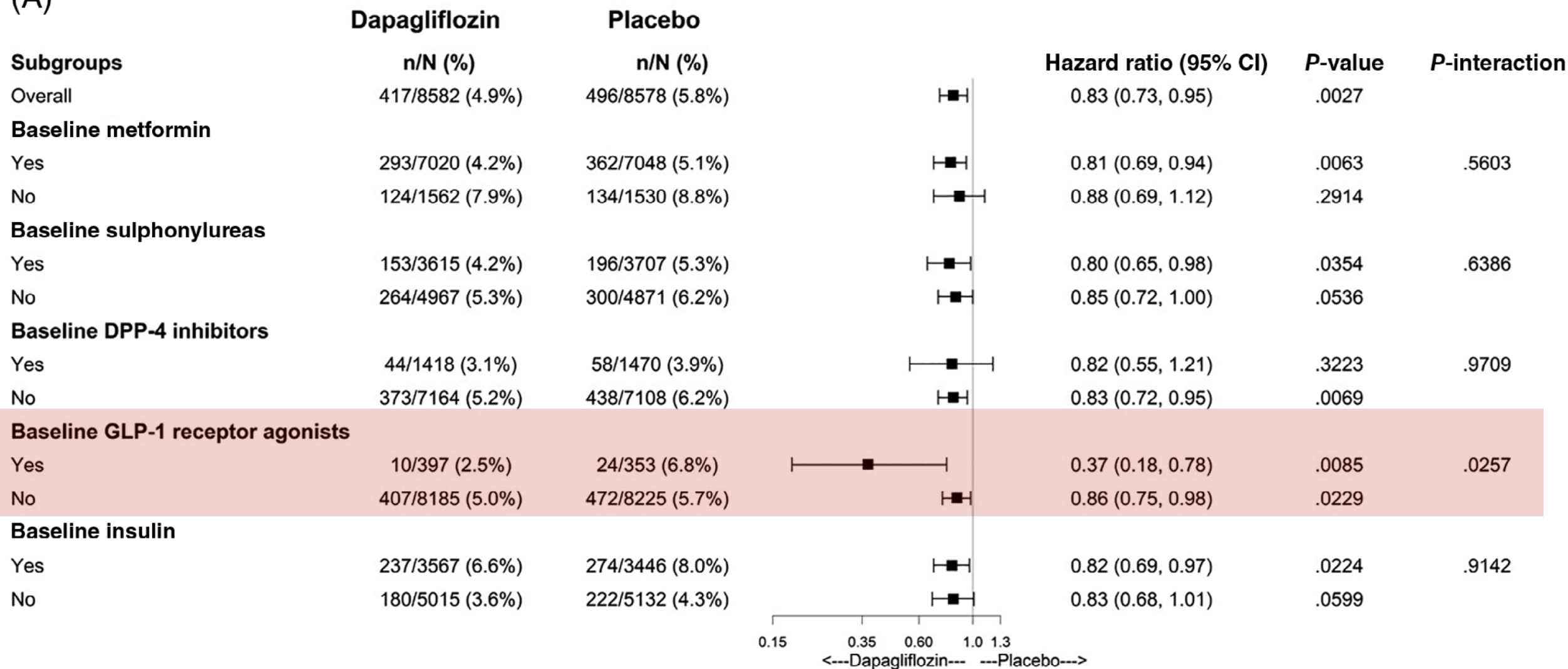
Carolyn S.P. Lam , MBBS, PhD; Chinthanie Ramasundarahettige, MSc; Kelley R.H. Branch , MD, MSc;
Naveed Sattar , MD, PhD; Julio Rosenstock, MD; Richard Pratley , MD; Stefano Del Prato , MD;
Renato D. Lopes , MD, PhD; Elisabeth Niemoeller, MD; Nardev S. Khurmi , MD; Seungjae Baek , MD, PhD;
Hertzel C. Gerstein, MD, MSc

(B)



CV death/HHF

(A)



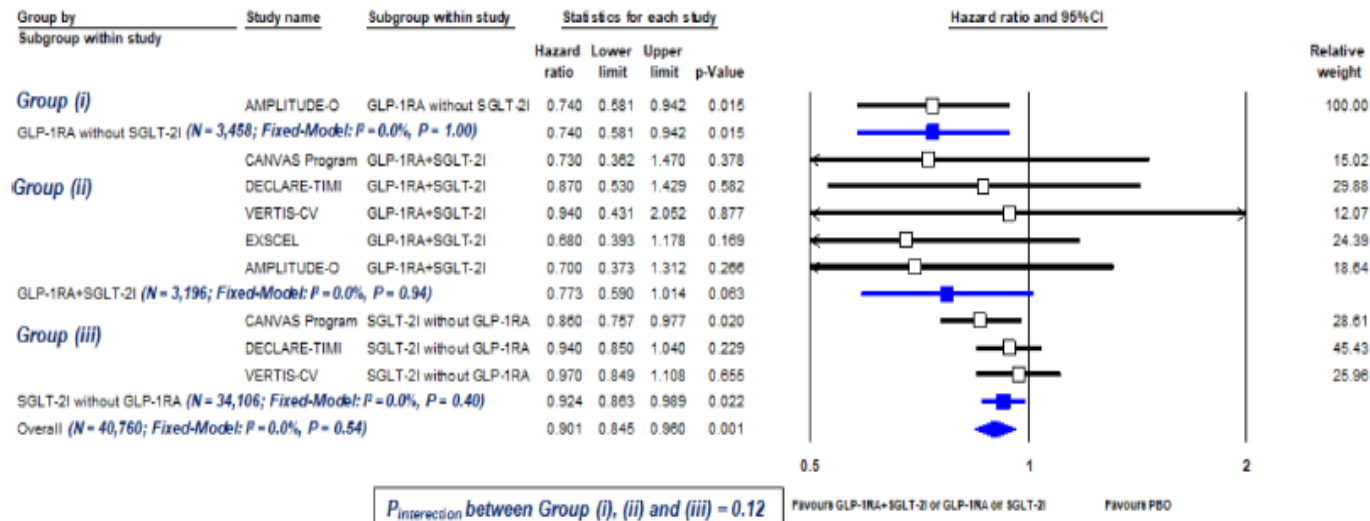
Inclusive data from Review and Metanalysis

Metabolic and cardiovascular benefits with combination therapy of SGLT-2 inhibitors and GLP-1 receptor agonists in type 2 diabetes

Awadhesh Kumar Singh, Ritu Singh

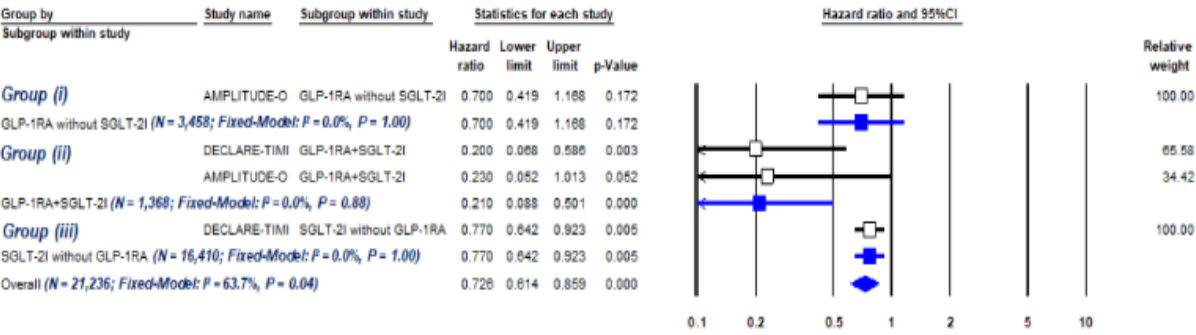
World J Cardiol 2022

3P-MACE Outcome with GLP-1RA+SGLT-2I or GLP-1RA or SGLT-2I vs. Placebo in People with T2DM: A Meta-analysis of 5 CVOT (N = 40,760)



The pooled data of five CVOT suggested: No significant difference (P interection = 0.12) was noted on 3P-MACE outcome between the combination therapy, GLP-1RA without SGLT-2I or SGLT-2I without GLP-1RA against placebo

HHF Outcome with GLP-1RA+SGLT-2I or GLP-1RA or SGLT-2I vs. Placebo in People with T2DM: A Meta-analysis of 2 CVOT (N = 21,236)



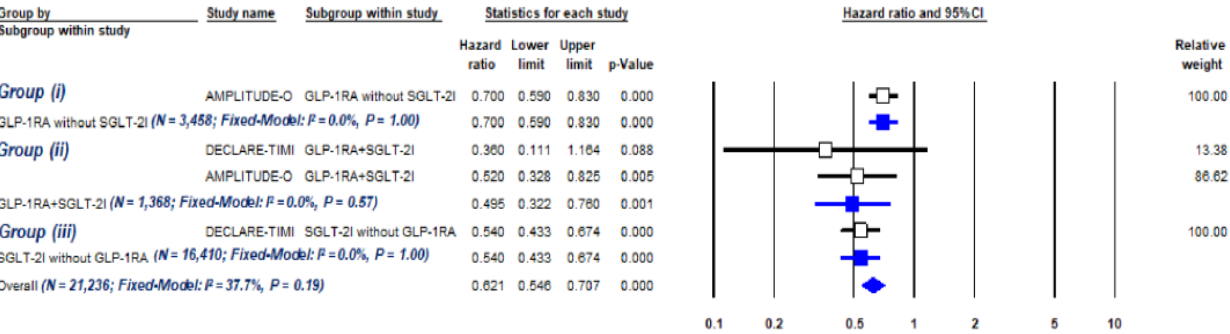
P_{interaction} between Group (i), (ii) and (iii) = 0.02

DOI: 10.4330/wjc.v14.i6.329 Copyright ©The Author(s) 2022.

The pooled data of two RCTs that reported **the outcomes of HHF and renal composite** suggested

a greater benefit (*P*_{interaction} = 0.02) on HHF outcomes with GLP-1RA plus SGLT-2I dual therapy compared with GLP-1RA without SGLT-2I and SGLT-2I without GLP-1RA against placebo

Renal Outcome with GLP-1RA+SGLT-2I or GLP-1RA or SGLT-2I vs. Placebo in People with T2DM: A Meta-analysis of 2 CVOT (N = 21,236)



P_{interaction} between Group (i), (ii) and (iii) = 0.11

DOI: 10.4330/wjc.v14.i6.329 Copyright ©The Author(s) 2022.

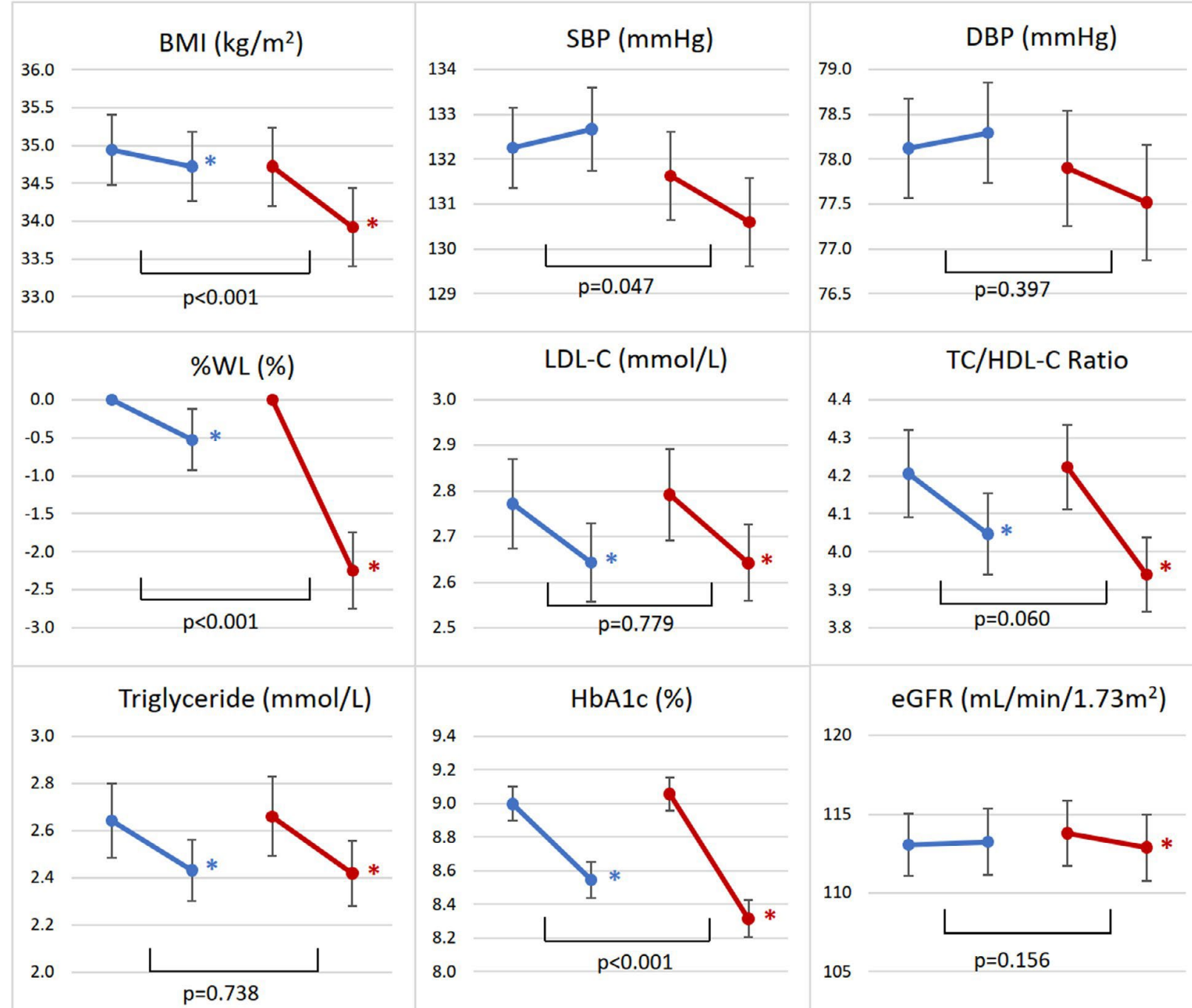
No significant difference (*P*_{interaction} = 0.11) was noted on the composite of renal outcome between the combination therapy, GLP-1RA without SGLT-2I or SGLT-2I without GLP-1RA against placebo

ORIGINAL RESEARCH

Switching to Versus Addition of Incretin-Based Drugs Among Patients With Type 2 Diabetes Taking Sodium-Glucose Cotransporter-2 Inhibitors

What Are the Clinical Implications?

- While no significant differences in the risks of various clinical end points were identified between switching and add-on approaches in the current study, they should be interpreted with caution given the relatively short follow-up period and hence the small number of events that occurred.
- Meanwhile, several metabolic benefits of the combination (“Add-on”) approach were significantly greater than that of switching, including better glycemic control, reduction in weight and blood pressure over 12-month follow-up.
- Further studies with longer observation periods and randomized controlled trials are needed to clarify the risks and benefits of the 2 treatment modalities.



—●— Switch —●— Add-on

PREvention of Cardiovascular and DiabEtic kidNey Disease in Type 2 Diabetes (PRECIDENTD)

The safety and scientific validity of this study is the responsibility of the study sponsor and investigators. Listing a study does not mean it has been evaluated by the U.S. Federal Government. [Know the risks and potential benefits](#) of clinical studies and talk to your health care provider before participating. Read our [disclaimer](#) for details.

ClinicalTrials.gov Identifier: NCT05390892

[Recruitment Status](#) ⓘ : Recruiting[First Posted](#) ⓘ : May 25, 2022[Last Update Posted](#) ⓘ : September 27, 2022See [Contacts and Locations](#)**Sponsor:**

Brigham and Women's Hospital

Collaborator:

Patient-Centered Outcomes Research Institute

Information provided by (Responsible Party):

Brendan M. Everett, Brigham and Women's Hospital

[Study Details](#)[Tabular View](#)[No Results Posted](#)[Disclaimer](#)[? How to Read a Study Record](#)**Study Description**

Go to

Brief Summary:

PRECIDENTD is a randomized, open label, pragmatic clinical trial designed to compare rates of the total number of cardiovascular, kidney, and death events among three alternative treatments for patients with type 2 diabetes (T2D) and either established atherosclerotic cardiovascular disease (ASCVD) or at high risk for ASCVD. To accomplish this objective, we will randomly assign 9,000 patients with established T2D and ASCVD or high-risk for ASCVD in a 1:1:1 allocation to SGLT2i, GLP-1RA, or the combination. Participants will be followed for the occurrence of the trial primary endpoint of the total (first and recurrent) number of episodes of myocardial infarction (MI), stroke, arterial revascularization, hospitalization for heart failure, development of end-stage kidney disease, kidney transplantation, and mortality, counting all events from randomization until end of study.

<https://www.clinicaltrials.gov/ct2/show/NCT05390892>

ONGOING TRAILS

DECREASE;NCT03361098 : Dapagliflozin plus exenatide on central regulation of appetite in diabetes type 2. It is a double-blind, 16-wk RCT ($n = 65$) investigating the separate and combined actions of GLP-1RA plus SGLT-2I on food intake, body weight, activity within the central satiety and reward circuits in response to food-related stimuli, and whether the combination can prevent the increased intake observed with SGLT2-I in obese T2DM.

EXENDA, NCT003007329 : Effects of combined dapagliflozin and exenatide vs dapagliflozin and placebo on ectopic lipids in patients with uncontrolled type 2 diabetes mellitus . It is a triple-blind, 24-wk RCT ($n = 34$) investigating the effect of combination therapy vs SGLT-2I alone on hepatic lipid content (primary outcome) and myocardial and pancreatic lipid content (secondary outcome) as measured by magnetic resonance spectroscopy

RESILIENT; EudraCT 2015-005242-60 : Randomized, controlled, double blind study ongoing to assess mechanistic effects of combination therapy of dapagliflozin with exenatide QW vs dapagliflozin alone in obese (BMI > 30 kg/m²) patients with type 2 diabetes mellitus. This study is evaluating the effect of exenatide QW plus dapagliflozin vs dapagliflozin alone compared with placebo on adjusted mean reduction in total body fat mass (as determined by dual-energy X-ray absorptiometry, DEXA) after 32 wk of treatment ($n = 110$).

DECADE, EudraCT 2017-004709-42: A 6-wk ($n = 17$), open-label, randomized, cross-over study to evaluate the albuminuria lowering effect of dapagliflozin, exenatide, and their combination in patients with type 2 diabetes) is currently underway.

Thank you for attention!!

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Twitter: @bellastellagiu

Università degli Studi della Campania “Luigi Vanvitelli”

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