



**Gli SGT2 inibitori nel trattamento del diabete (e non solo...):
come i dati che continuiamo ad acquisire contribuiscono a definire meglio il panorama**



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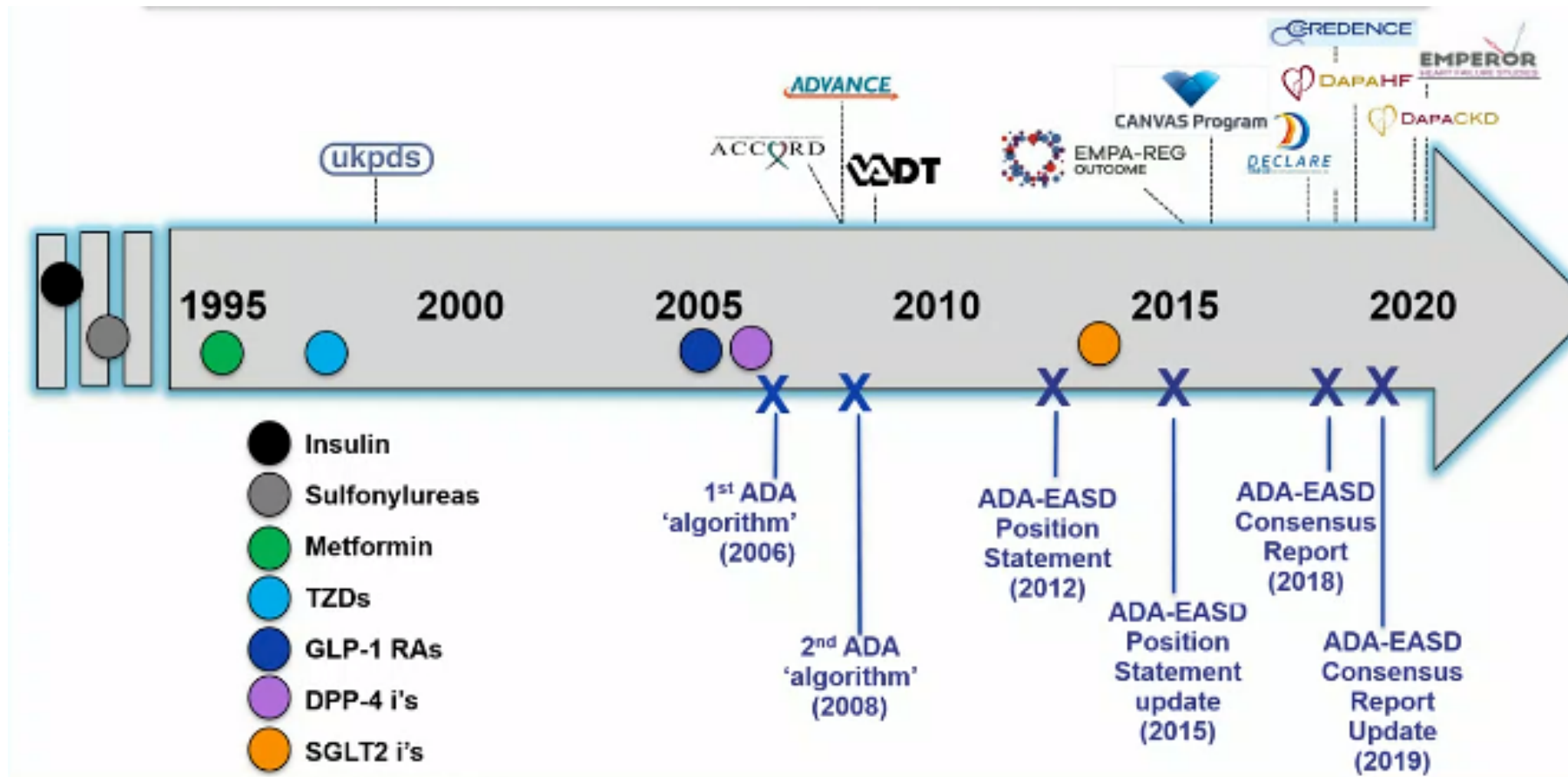
DISCLOSURES

Astra Zeneca, Novo-Nordisk, Servier.
(Speaker)

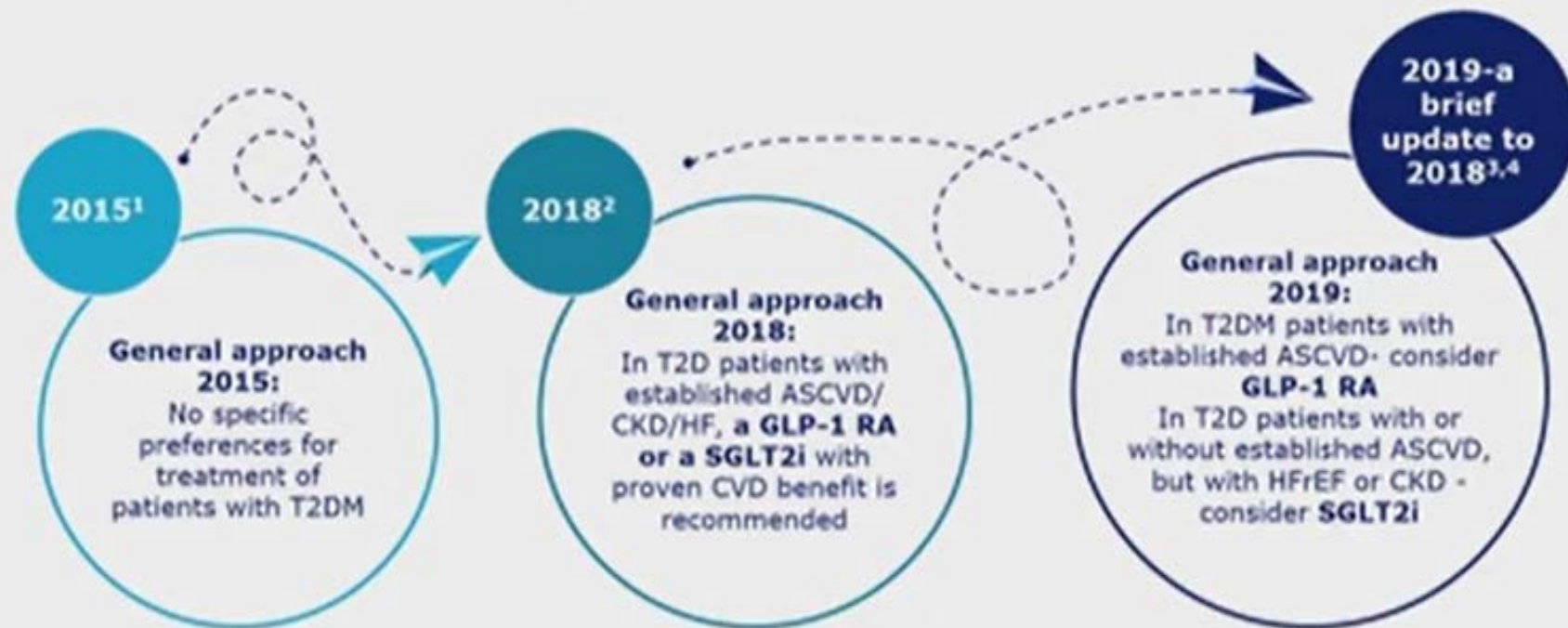
Astra Zeneca, Novo-Nordisk, Mundipharma.
(Advisory Board)

Novo-Nordisk, Boehringer Ingelheim
(Grants)

TRATTAMENTO DEL DM2 NEGLI ULTIMI 25 ANNI



Evolution of ADA/EASD guidelines for T2DM



ADA, American Diabetes Association; EASD, European Society of Cardiology; T2DM, type 2 diabetes mellitus; ASCVD, atherosclerotic cardiovascular disease; CKD, chronic kidney disease; HF, heart failure; GLP-1 RA, glucagon-like peptide 1 receptor agonist; SGLT-2i, sodium-glucose cotransporter-2 inhibitor; HFrEF, heart failure with reduced ejection fraction.
1. Inzucchi SE et al. *Diabetologia* 2015;58:429-442. 2. Davies MJ et al. *Diabetologia* 2018;61:2461-2498. 3. Buse JB et al. *Diabetologia* 2019;doi:10.1007/s00125-019-05070-w. 4. *Diabetes Care*, 2019;doi:10.2337

GLUCOSE-LOWERING MEDICATION IN TYPE 2 DIABETES: OVERALL APPROACH

FIRST-LINE THERAPY IS METFORMIN AND COMPREHENSIVE LIFESTYLE (INCLUDING WEIGHT MANAGEMENT AND PHYSICAL ACTIVITY)

TO AVOID CLINICAL INERTIA
REASSESS AND
MODIFY TREATMENT
REGULARLY
(3-6 MONTHS)

INDICATORS OF HIGH-RISK OR ESTABLISHED ASCVD, CKD OR HF[†]

Consider independently of baseline HbA_{1c} or individualized HbA_{1c} target

ASCVD PREDOMINATES

- Established ASCVD
- Indicators of high ASCVD risk (age ≥55 years + LVH or coronary, carotid, lower extremity artery stenosis >50%)

HF OR CKD PREDOMINATES

- Particularly HFrEF (LVEF <45%)
- CKD: Specifically eGFR 30-60 ml min⁻¹ [1.73m]⁻² or UACR >30 mg/g, particularly UACR >300 mg/g

GLP-1 RA and/or SGLT2i, choose agents demonstrating CV safety:

- For patients on a GLP-1 RA, consider adding SGLT2i with proven CVD benefit¹
- DPP-4i (if not on GLP-1 RA)
- Basal insulin⁴
- TZD⁶
- SU⁴

Choose agents demonstrating CV safety:

- For patients on a SGLT2i, consider adding GLP-1 RA with proven CVD benefit¹
- DPP-4i (not sacaglitin) in the setting of HF (if not on GLP-1 RA)
- Basal insulin⁴
- SU⁴

Continue with addition of other agents as outlined above

If HbA_{1c} above target

- Consider the addition of SU⁴ OR basal insulin:
- Choose later generation SU with lower risk of hypoglycemia
 - Consider basal insulin with lower risk of hypoglycemia²

MIA

COMPELLING NEED TO MINIMIZE WEIGHT GAIN OR PROMOTE WEIGHT LOSS

COST IS A MAJOR ISSUE^{4,13}

TZD

If HbA_{1c} above target

SGLT2i

OR

DPP-4i

OR

GLP-1 RA

GLP-1 RA with good efficacy for weight loss³

OR

SGLT2i

GLP-1 RA with good efficacy for weight loss³

If HbA_{1c} above target

If quadruple therapy required, or SGLT2i and/or GLP-1 RA not tolerated or contraindicated, use regimen with lowest risk of weight gain

PREFERABLY

DPP-4i (if not on GLP-1 RA)

based on weight neutrality

If DPP-4i not tolerated or contraindicated or patient already on GLP-1 RA, cautious addition of:

• SU⁴ • TZD⁶ • Basal insulin

• SU⁴ • TZD⁶ • Basal insulin

• SU⁴ • TZD⁶ • Basal insulin

• SU⁴ • TZD⁶ • Basal insulin

• SU⁴ • TZD⁶ • Basal insulin

• SU⁴ • TZD⁶ • Basal insulin

• SU⁴ • TZD⁶ • Basal insulin

• SU⁴ • TZD⁶ • Basal insulin

• SU⁴ • TZD⁶ • Basal insulin

• SU⁴ • TZD⁶ • Basal insulin

• SU⁴ • TZD⁶ • Basal insulin

LVEF = Left Ventricular Ejection Fraction; HFrEF = Heart Failure reduced Ejection Fraction
UACR = Urine Albumin-to-Creatinine Ratio; LVEF = Left Ventricular Ejection Fraction

1. Proven CVD benefit means it has label indication of reducing CVD events.

2. Be aware that SGLT2i labeling varies by region and individual agent with regard to indicated level of eGFR for initiation and continued use.

3. Empagliflozin, canagliflozin, and dapagliflozin have shown reduction in HF and to reduce CKD progression in CVOTs. Canagliflozin has primary renal outcome data from CREDENCE. Dapagliflozin has primary heart failure outcome data from DAPA-HF.

4. Degludec and T100 glargine have demonstrated CVD safety.

5. Low dose may be better tolerated though less well studied for CVD effects.

† Actioned whenever these become new clinical considerations regardless of background glucose-lowering medications.

Updates to the 2018 consensus report are indicated in **magenta** text.

Dalla corteccia del melo una molecola con effetto antidiabetico: la florizina

**Isolata dal tronco del melo
(1835)**

**Scoperto l'effetto
ipoglicemizzante
(1899)**

**Identificato il meccanismo
d'azione renale
(1933)**

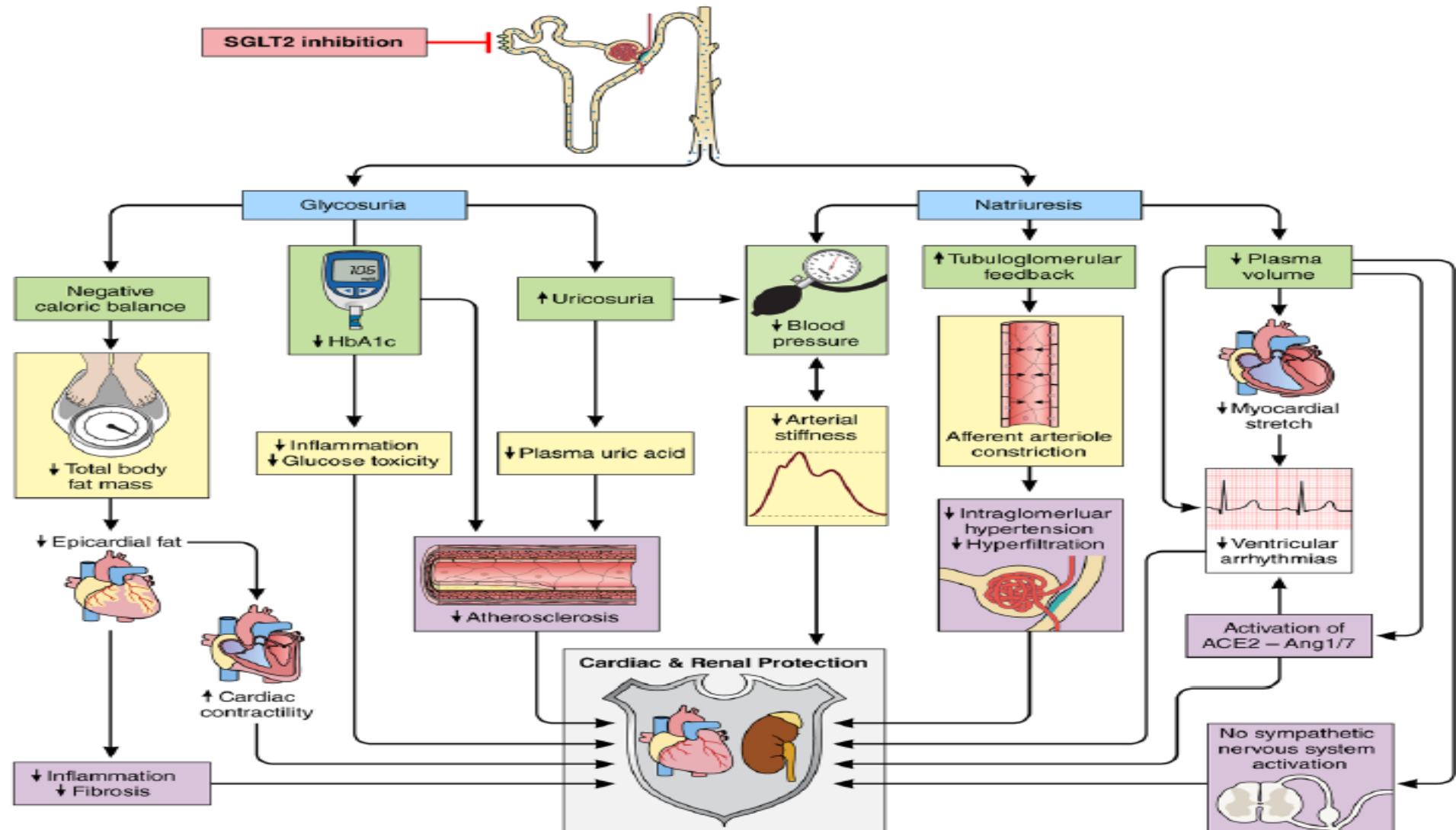
**Scoperto l'effetto
antidiabetico
(1987)**

Inibitori SGLT2



<https://www.acef.it/glucoflozin-s-tit-mela-50-florizina/>

L'inibizione di SGLT2 ha un effetto pleiotropico di protezione cardiorenale



Efficacia degli SGLT2i su glicata, peso, PA

Figure 4: HbA1c lowering (%) with highest approved doses of SGLT-2 inhibitors:

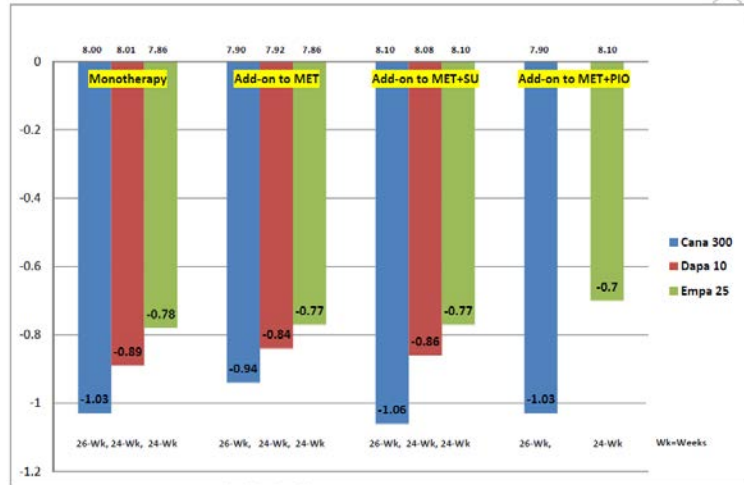


Figure 5: Body weight lowering (Kg) with highest approved doses of SGLT-2 inhibitors:

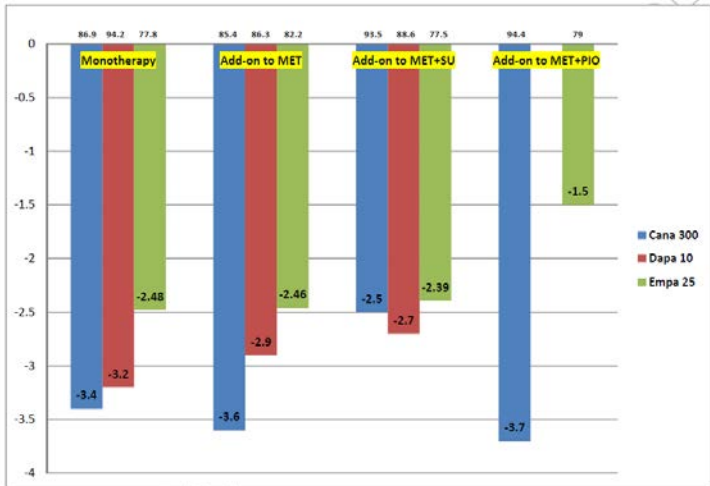
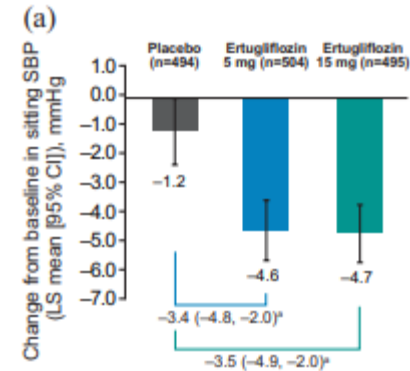
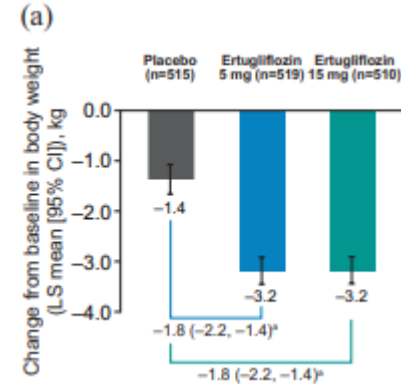
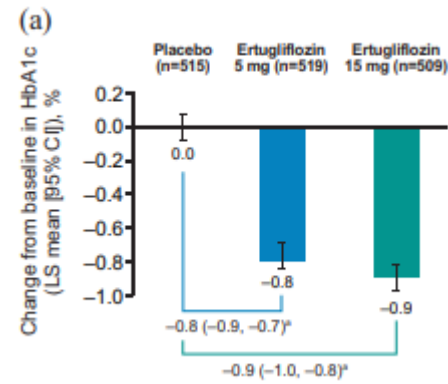
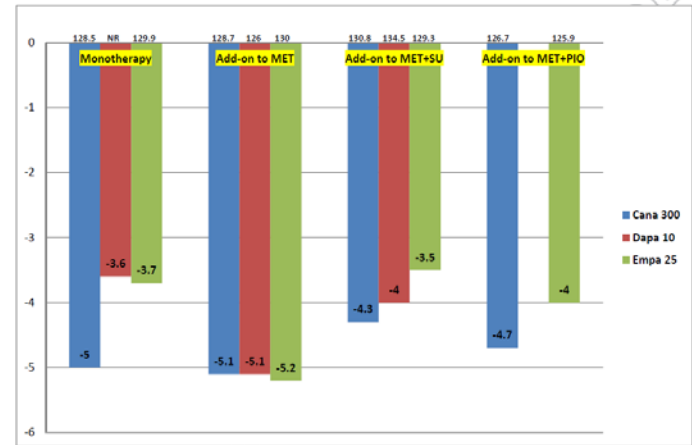


Figure 6: Systolic blood pressure lowering (mm of Hg) with highest approved doses of SGLT-2 inhibitors:



SGLT2i - STUDI DISPONIBILI:

- **EMPA-REG OUTCOME**
- **CANVAS Trials Program**
 - CANVAS
 - CANVAS-R
- **DECLARE-TIMI 58**
- **CREDENCE**
- **VERTIS CV**
- **DAPA CKD, DAPA HF, EMPEROR Reduced**
- (popolazioni speciali con e senza diabete)

SGLT-2i: CVOT nel diabete tipo 2

						pazienti con e senza diabete		
	EMPA-REG	CANVAS	DECLARE	VERTIS	CREDENCE		DAPA-HF	EMPEROR-R
	Empagliflozin	Canagliflozin	Dapagliflozin	Ertugliflozin	Canagliflozin renal		Dapagliflozin HFrEF	Empagliflozin HFrEF
Type 2 diabetes %	100	100	100	100	100	Type 2 diabetes %	45	50
Prior CV disease %	100	65	41	100	50	LVEF %	31	27
Prior heart failure %	10	14	10	23	14	Prior heart failure %	100	100
3pt MACE	0.86* 0,74, 0.99	0.86* 0,75, 0.97	0.93 0,84, 1.03	0.97 0,85, 1.11	0.80* 0.67, 0.95	wHF/CV death	0.74* 0.64, 0.85	0.75* 0.65, 0.86
CV death	0.62* 0.49, 0.77	0.87 0,72, 1.06	0.98 0.82, 1.17	0.92 0.77, 1.11	0.78 0.61, 1.00	CV death	0.82* 0.69, 0.98	0.92 0.75, 1.12
Non-fatal MI	0.87 0.70, 1.09	0.85 0.69, 1.05	0.89 0.77, 1.01	1.00 0.86, 1.27	0.81 0.59, 1.10			
Non-fatal stroke	1.24 0.92, 1.67	0.90 0.71, 1.15	1.01 0.84, 1.21	1.00 0.76, 1.32	0.80 0.56, 1.15			
Hospitalised HF	0.65* 0.50, 0.85	0.67* 0.52, 0.87	0.73* 0.61, 0.88	0.70* 0.54, 0.90	0.61* 0.47, 0.80	Hospitalised HF	0.70* 0.59, 0.83	0.69* 0.59, 0.81
All cause death	0.68* 0.57, 0.82	0.87 0.74, 1.01	0.93 0.82, 1.04		0.83 0.68, 1.02	All cause death	0.83* 0.71, 0.97	0.92 0.77, 1.10

CV, cardiovascular; MACE, major adverse cardiovascular event; MI, myocardial infarction; HF, heart failure; wHF, worsening heart failure.

* Statistically significant or nominally statistically significant. Declare may include fatalities in MI and stroke figures

Adapted from Bailey & Day, Diab Res Clin Pract 2019, 155, 107785. and from Zannad et al, Lancet Diab 2020, 396, 819-829

Bailey C.J. EASD 2020

Figure 1. Effects of Sodium-Glucose Cotransporter 2 Inhibitors on Major Adverse Cardiovascular Events—Composite of Myocardial Infarction, Stroke, or Cardiovascular Death

A Overall MACEs

	Treatment		Placebo		Hazard ratio (95% CI)
	No./total No.	Rate/1000 patient-years	No./total No.	Rate/1000 patient-years	
EMPA-REG OUTCOME	490/4687	37.4	282/2333	43.9	0.86 (0.74-0.99)
CANVAS program	NA/5795	26.9	NA/4347	31.5	0.86 (0.75-0.97)
DECLARE-TIMI 58	756/8582	22.6	803/8578	24.2	0.93 (0.84-1.03)
CREDENCE	217/2202	38.7	269/2199	48.7	0.80 (0.67-0.95)
VERTIS CV	735/5499	40.0	368/2747	40.3	0.99 (0.88-1.12)
Fixed-effects model (Q = 5.22; df = 4; P = .27; I ² = 23.4%)					0.90 (0.85-0.95)

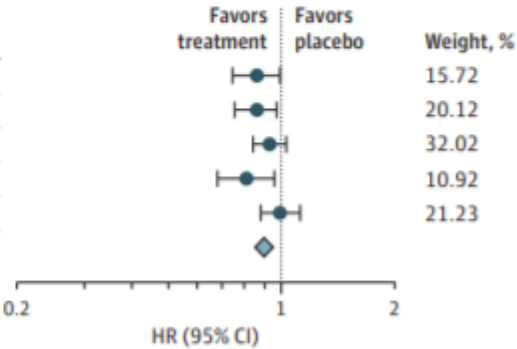


Figure 2. Effects of Sodium-Glucose Cotransporter 2 Inhibitors on Cardiovascular Death

A Overall CV death

	Treatment		Placebo		Hazard ratio (95% CI)
	No./total No.	Rate/1000 patient-years	No./total No.	Rate/1000 patient-years	
EMPA-REG OUTCOME	172/4687	12.4	137/2333	20.2	0.62 (0.49-0.77)
CANVAS program	NA/5795	11.6	NA/4347	12.8	0.87 (0.72-1.06)
DECLARE-TIMI 58	245/8582	7.0	249/8578	7.1	0.98 (0.82-1.17)
CREDENCE	110/2202	19.0	140/2199	24.4	0.78 (0.61-1.00)
VERTIS CV	341/5499	17.6	184/2747	19.0	0.92 (0.77-1.10)
Fixed-effects model (Q = 11.22; df = 4; P = .02; I ² = 64.3%)					0.85 (0.78-0.93)

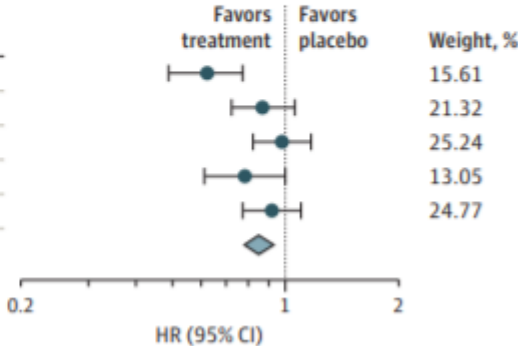
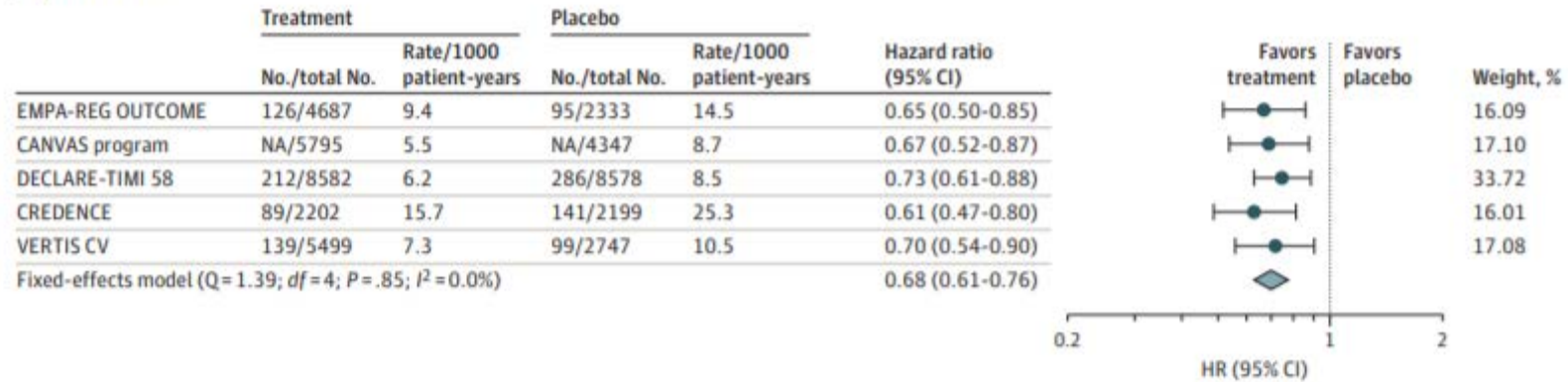
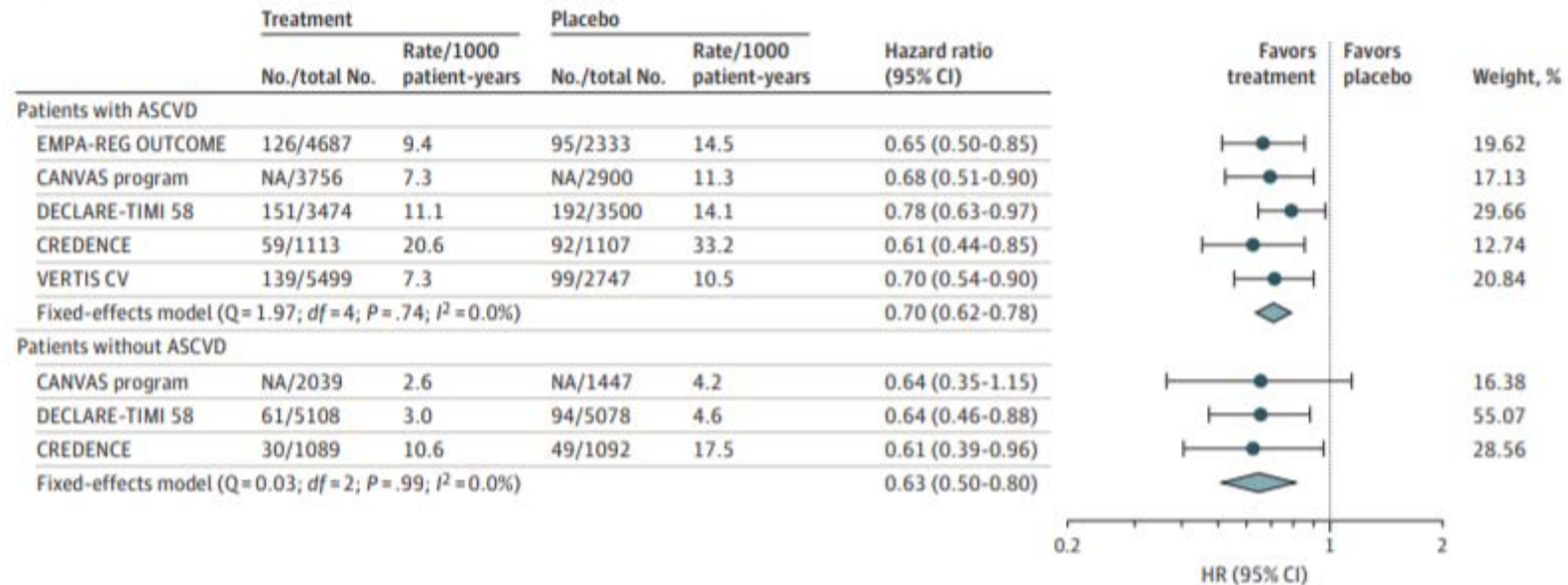


Figure 3. Effects of Sodium-Glucose Cotransporter 2 Inhibitors on Hospitalization for Heart Failure

A Overall HHF



B HHF by ASCVD status



EMPEROR-Reduced and DAPA-HF trials

	EMPEROR-Reduced		DAPA-HF	
	Empagliflozin	Placebo	Dapagliflozin	Placebo
Number of participants	1863	1867	2373	2371
Age, years	67.2 (10.8)	66.5 (11.2)	66.2 (11.0)	66.5 (10.8)
Sex				
Men	1426 (76.5%)	1411 (75.6%)	1809 (76.2%)	1826 (77.0%)
Women	437 (23.5%)	456 (24.4%)	564 (23.8%)	545 (23.0%)
NYHA functional classification				
II	1399 (75.1%)	1401 (75.0%)	1606 (67.7%)	1597 (67.4%)
III	455 (24.4%)	455 (24.4%)	747 (31.5%)	751 (31.7%)
IV	9 (0.5%)	11 (0.6%)	20 (0.8%)	23 (1.0%)
Mean LVEF, %	27.7 (6.0)	27.2 (6.1)	31.2 (6.7)	30.9 (6.9)
NT-pro BNP, pg/mL	1887 (1077–3429)	1926 (1153–3525)	1428 (857–2655)	1446 (857–2641)
Medical history				
Hospitalisation for heart failure*	577 (31.0%)	574 (30.7%)	1124 (47.4%)	1127 (47.5%)
Diabetes†	927 (49.8%)	929 (49.8%)	1075 (45.3%)	1064 (44.9%)
eGFR, mL/min per 1.73 m ² ‡	61.8 (21.7)	62.2 (21.5)	66.0 (19.6)	65.5 (19.3)
Heart failure medications				
ACE inhibitor	867 (46.5%)	836 (44.8%)	1332 (56.1%)	1329 (56.1%)
ARB	451 (24.2%)	457 (24.5%)	675 (28.4%)	632 (26.7%)
Mineralocorticoid receptor antagonist	1306 (70.1%)	1355 (72.6%)	1696 (71.5%)	1674 (70.6%)
ARNI	340 (18.3%)	387 (20.7%)	250 (10.5%)	258 (10.9%)
Device therapy				
ICD or CRT-D	578 (31.0%)	593 (31.8%)	622 (26.2%)	620 (26.1%)
CRT-D or CRT-P	220 (11.8%)	222 (11.9%)	190 (8.0%)	164 (6.9%)

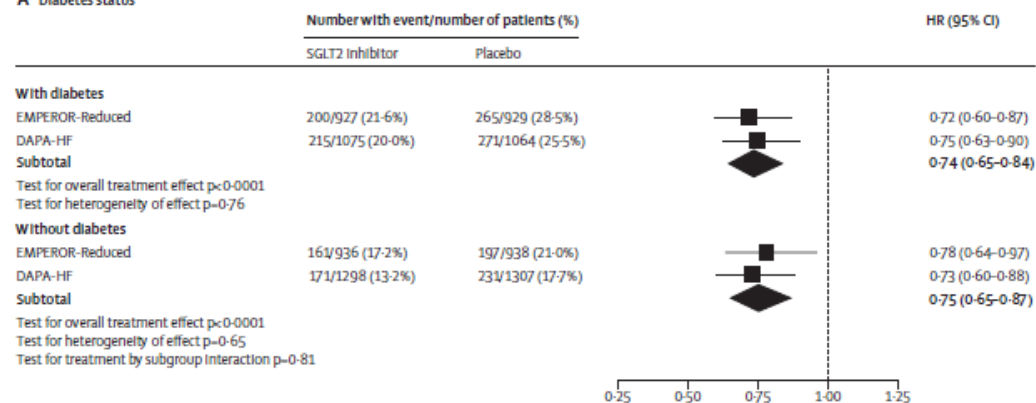
Data are n (%), mean (SD), or median (IQR). ACE=angiotensin converting enzyme. ARB=angiotensin receptor blocker. ARNI=angiotensin receptor neprilysin inhibitor. CRT-D=cardiac resynchronisation therapy defibrillator. CRT-P=cardiac resynchronisation therapy pacemaker. eGFR=estimated glomerular filtration rate. ICD=implantable cardiac defibrillator. LVEF=left ventricular ejection fraction. NT-pro BNP=N-terminal pro B-type natriuretic peptide. NYHA=New York Heart Association. *For EMPEROR-Reduced: preceding 12 months. †Determined by a combination of medical history and pre-treatment glycated haemoglobin. ‡Chronic Kidney Disease Epidemiology Collaboration formula.

Table 1: Overview of main characteristics of the two trial populations at baseline

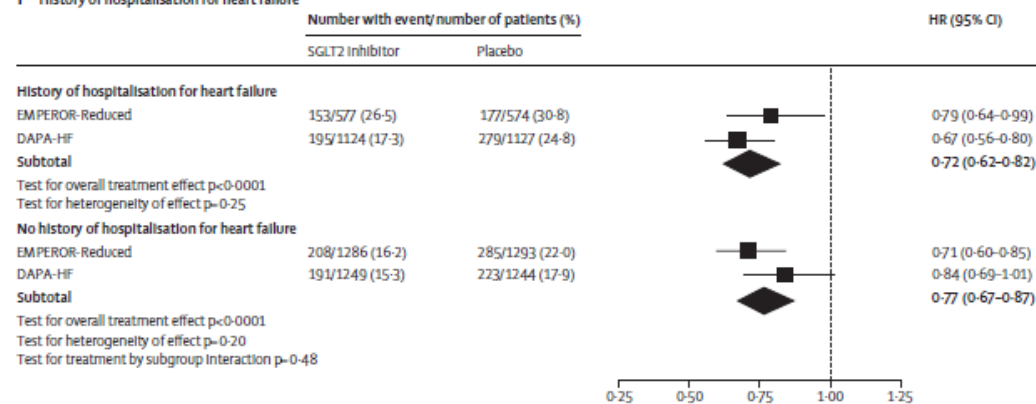
Zannad F. Lancet 2020; 396: 819–29

EMPEROR-Reduced and DAPA-HF trials

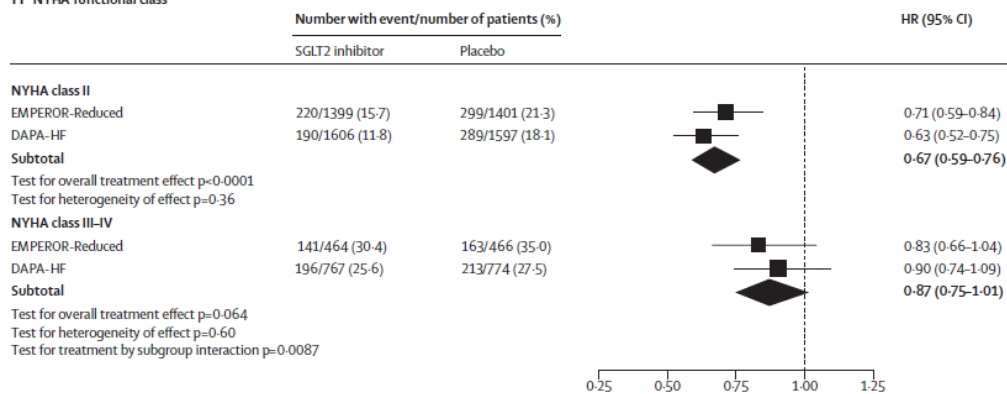
A Diabetes status



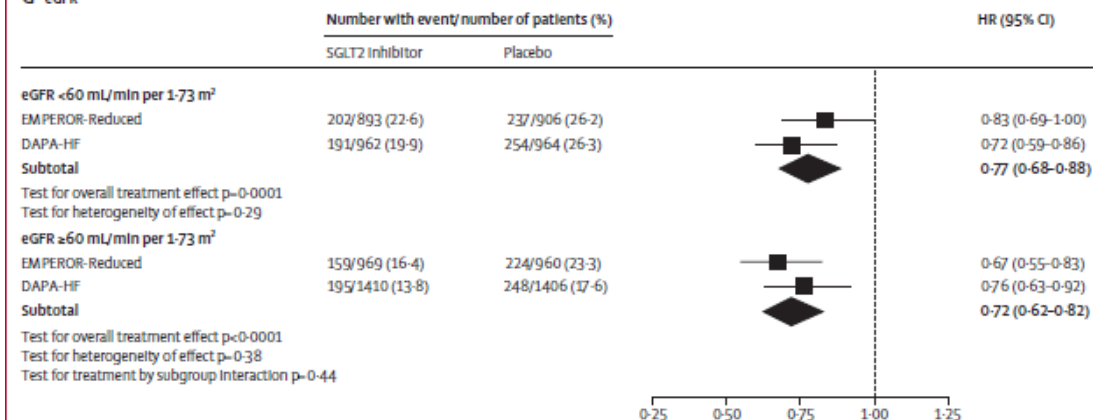
F History of hospitalisation for heart failure*



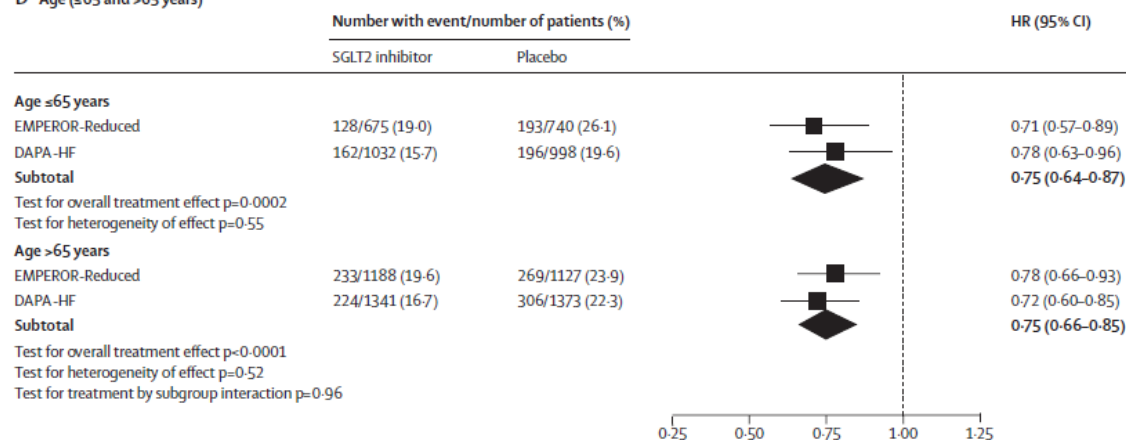
H NYHA functional class



G eGFR



D Age ≤ 65 and > 65 years



SGLT-2i: Outcome renali nel diabete tipo 2

						pazienti con e senza diabete		
	EMPA-REG	CANVAS	DECLARE	VERTIS	CREDENCE		DAPA-HF	EMPEROR-R
	Empagliflozin	Canagliflozin	Dapagliflozin	Ertugliflozin	Canagliflozin renal		Dapagliflozin HFrEF	Empagliflozin HFrEF
n	7,020	10,142	17,160	8,246	4,401	n	4,744	3,730
eGFR ml/min/1.73m ²	74	76	85	76	56	eGFR ml/min/1.73m ²	66	61
Microalbuminuria (%)	29	22.7	23.4					
Macroalbuminuria (%)	11	7.6	6.8		77.3			
Reduce decline in eGFR	Yes	Yes	Yes	Yes	Yes	Reduce decline in eGFR	Yes	Yes
New or worse nephropathy	0.61* 0.53, 0.70	0.73 0.67, 0.79						
Progression to macroalbuminuria	0.62* 0.54, 0.72							
Renal composite* Components vary between studies	0.54 0.40, 0.75	0.60 0.47, 0.77	0.53 0.43, 0.66	0.81 0.63, 1.04	0.70 0.59, 0.82	Renal composite* Components vary between studies	0.71 0.44, 1.16	0.50 0.32, 0.77
Regression of albuminuria		Yes			Yes 31%			
Follow-up (median yr)	3.1	2.4	4.2	3.0	2.6	Follow-up (median yr)	1.5	1.3

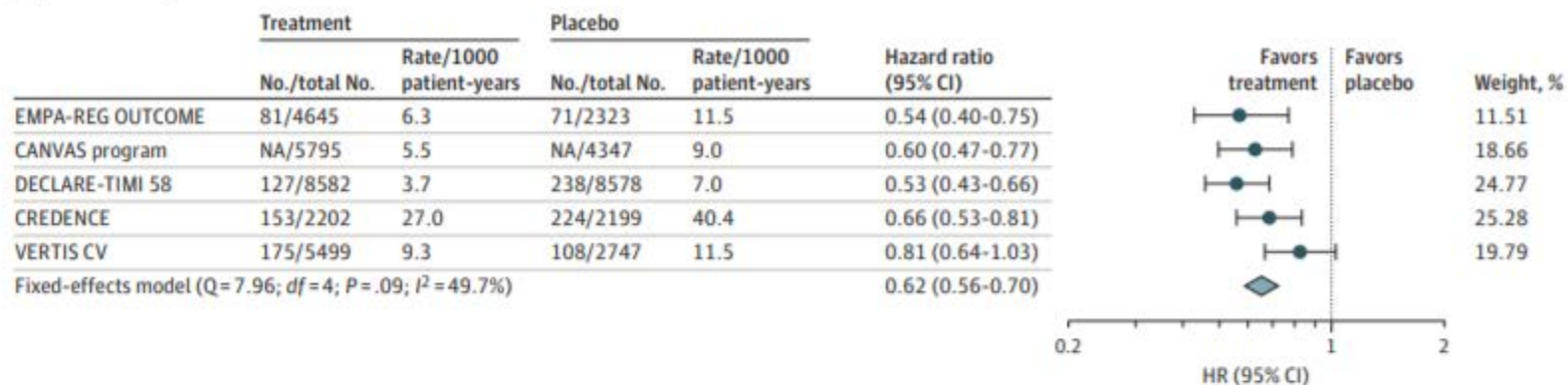
eGFR, estimated glomerular filtration rate by MDRD (EPI for Empa- and Cana-gliflozin studies). Microalbuminuria UACR 30-300 mg/g; macroalbuminuria >300 mg/g
CV, cardiovascular; MACE, major adverse cardiovascular event, MI, myocardial infarction; HF, heart failure; wHF, worsening heart failure.

* Renal composite varies between studies: mostly 40% ↓ eGFR, end stage / dialysis / transplant, renal death. In EMPA-REG, doubling serum creatinine, decrease eGFR<45, renal replacement, renal death (± CV death).

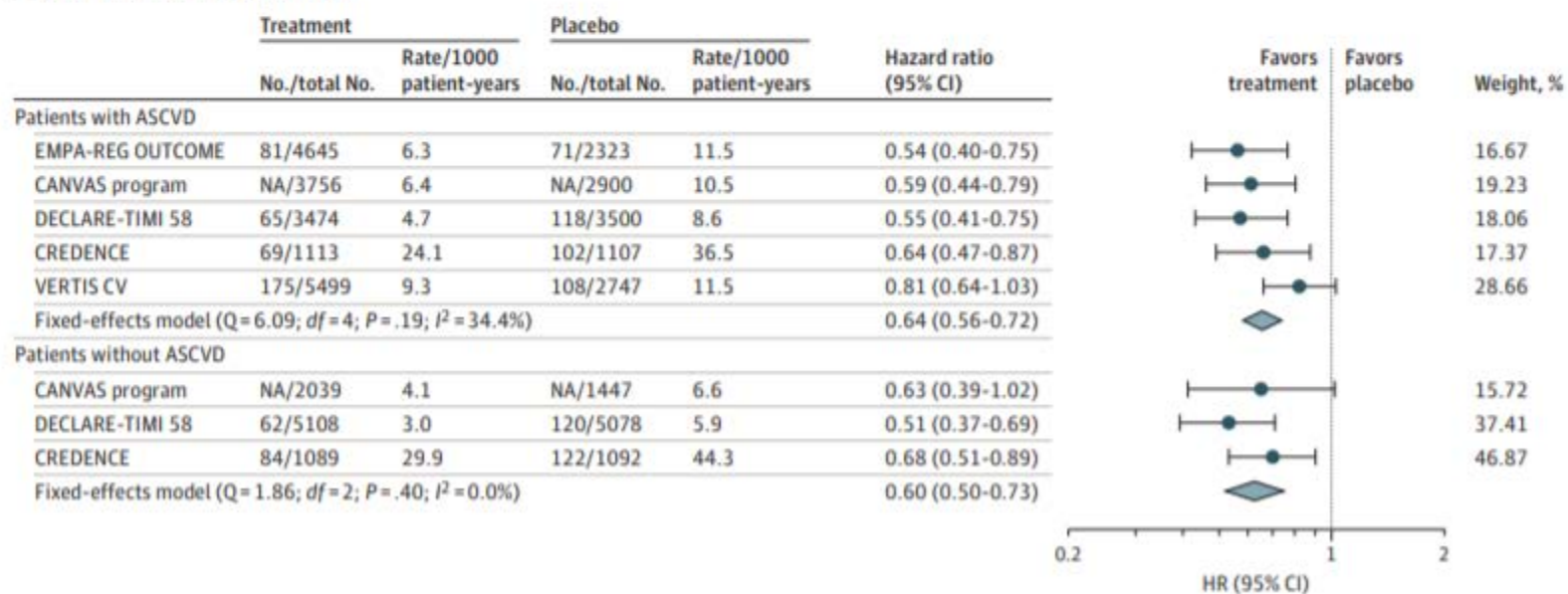
Adapted from Bailey & Day, Diab Res Clin Pract 2019, 155, 107785. and from Zannad et al, Lancet DEI 2020, 396, 819-829

Figure 4. Effects of Sodium-Glucose Cotransporter 2 Inhibitors on Kidney-Related Outcomes

A Overall kidney outcomes



B Kidney outcomes by ASCVD status



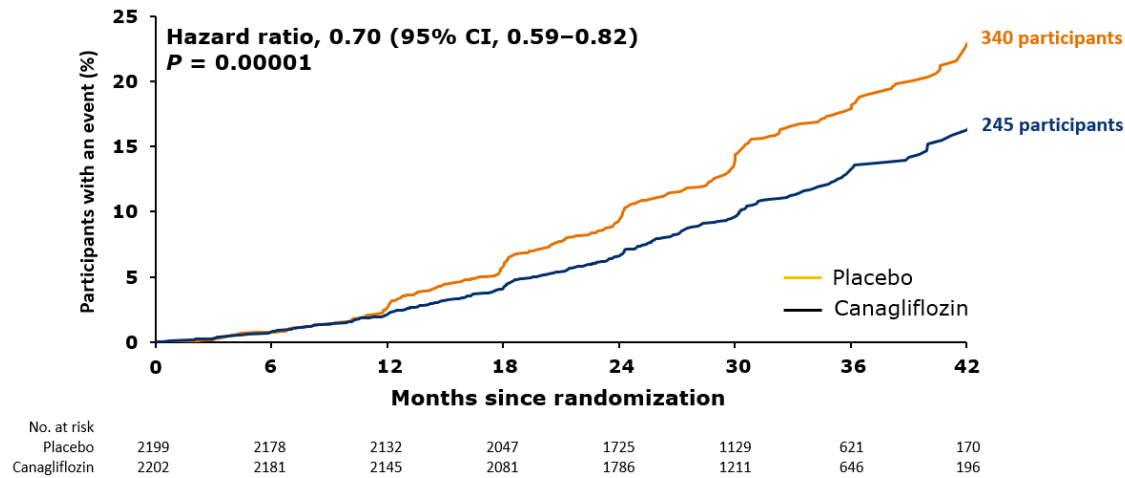
Credence: valutare gli effetti di canagliflozin, sugli outcome renali clinicamente rilevanti nelle persone con DM2 e CKD accertata

Baseline Renal Characteristics

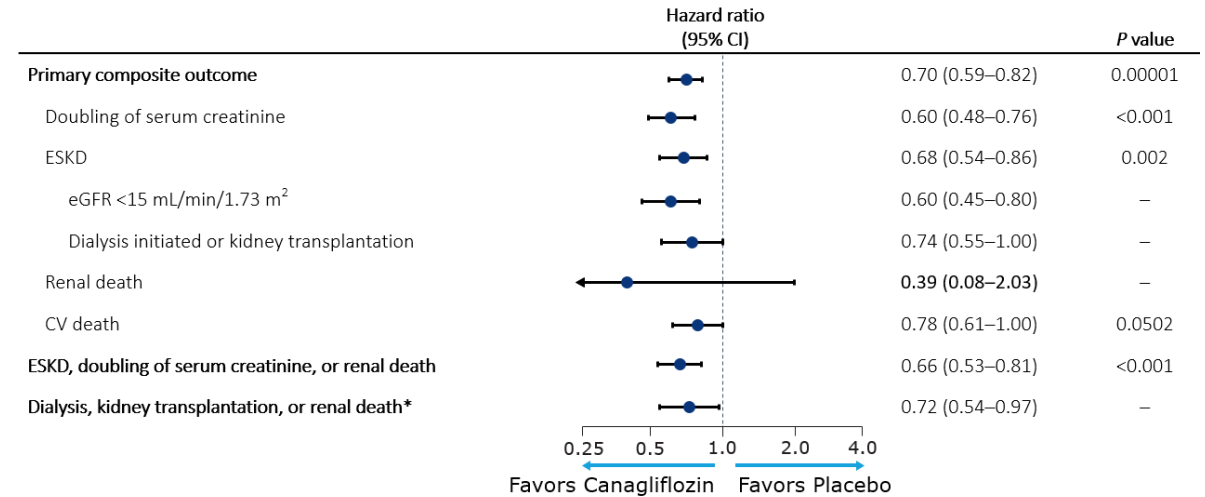
	<u>Canagliflozin</u> (n = 2202)	Placebo (n = 2199)	Total (N = 4401)
Mean eGFR, mL/min/1.73 m²	56	56	56
eGFR ≥90, %	5	5	5
eGFR ≥60 to <90, %	36	35	35
eGFR ≥45 to <60, %	29	29	29
eGFR ≥30 to <45, %	27	27	27
eGFR <30, %	4	4	4
Median UACR (IQR), mg/g	923 (459-1794)	931 (473-1868)	927 (463-1833)
UACR <30, %	<1	<1	<1
UACR 30-300, %	11	11	11
UACR >300-≤3000, %	77	76	77
UACR >3000, %	11	12	11

Età media 63 anni; donne 33,9%, HbA1c media 8,3%; durata del DM2 15,8 anni.

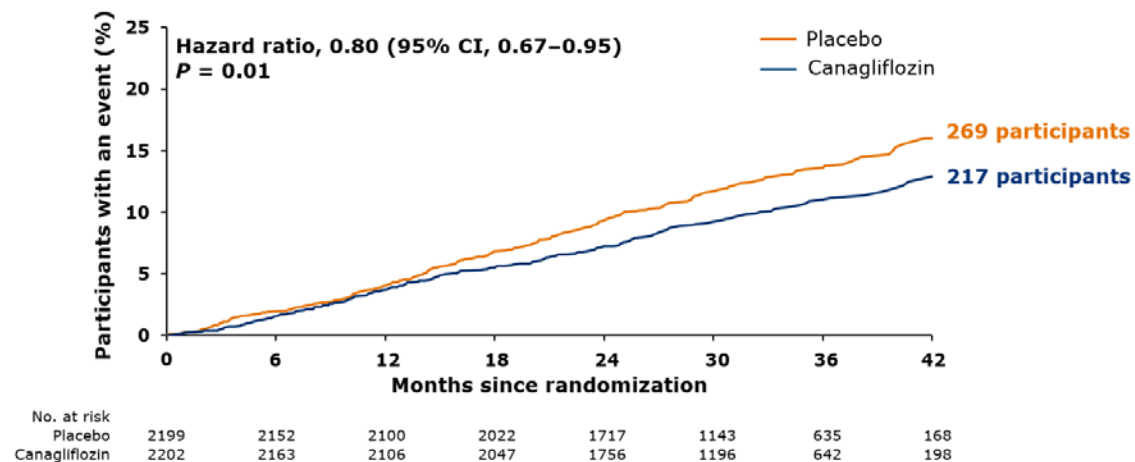
Primary Outcome: ESKD, Doubling of Serum Creatinine, or Renal or CV Death



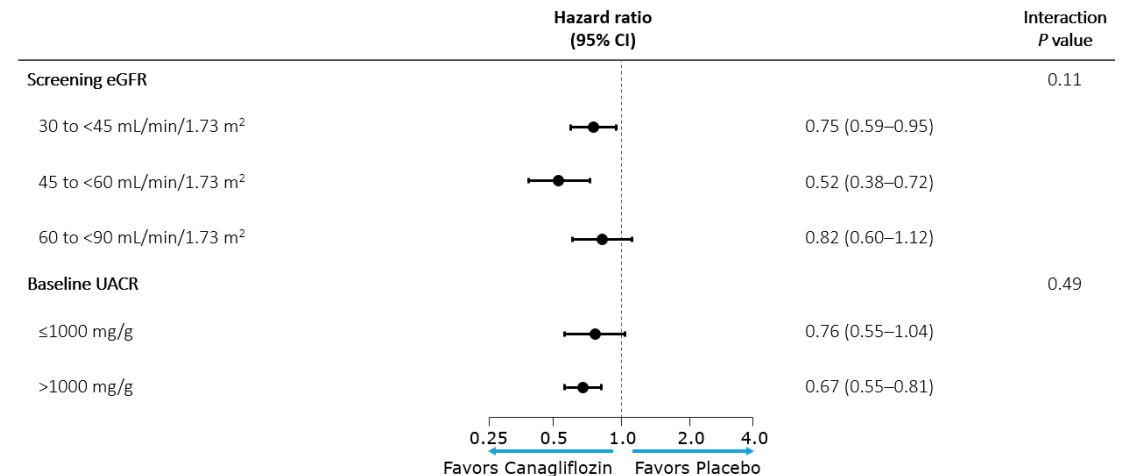
Summary Forest Plot



Major Cardiovascular Events: Cv Death, MI or Stroke



Primary Outcome by Screening eGFR and Albuminuria



DAPA-CKD: valutare se il trattamento con dapagliflozin, rispetto al placebo, riduce il rischio di eventi renali e cardiovascolari in pazienti con CKD con o senza T2D, in trattamento con terapia standard inclusa la dose massima tollerata di un ACEi o ARB

Demographic Characteristics Were Well-Balanced Between Treatment Groups

	Dapagliflozin 10 mg (N=2152)	Placebo (N=2152)
Age, years, mean	62	62
Gender, female, %	33	33
Race, %		
White	52	54
Black or African-American	5	4
Asian	35	33
Other	8	8
Type 2 diabetes, %	68	67
Systolic blood pressure, mmHg, mean	137	137
eGFR, mL/min/1.73m ² , mean	43	43
UACR, mg/g, median	965	934
ACEi or ARB, %	97	97

CKD Etiologies in
DAPA-CKD

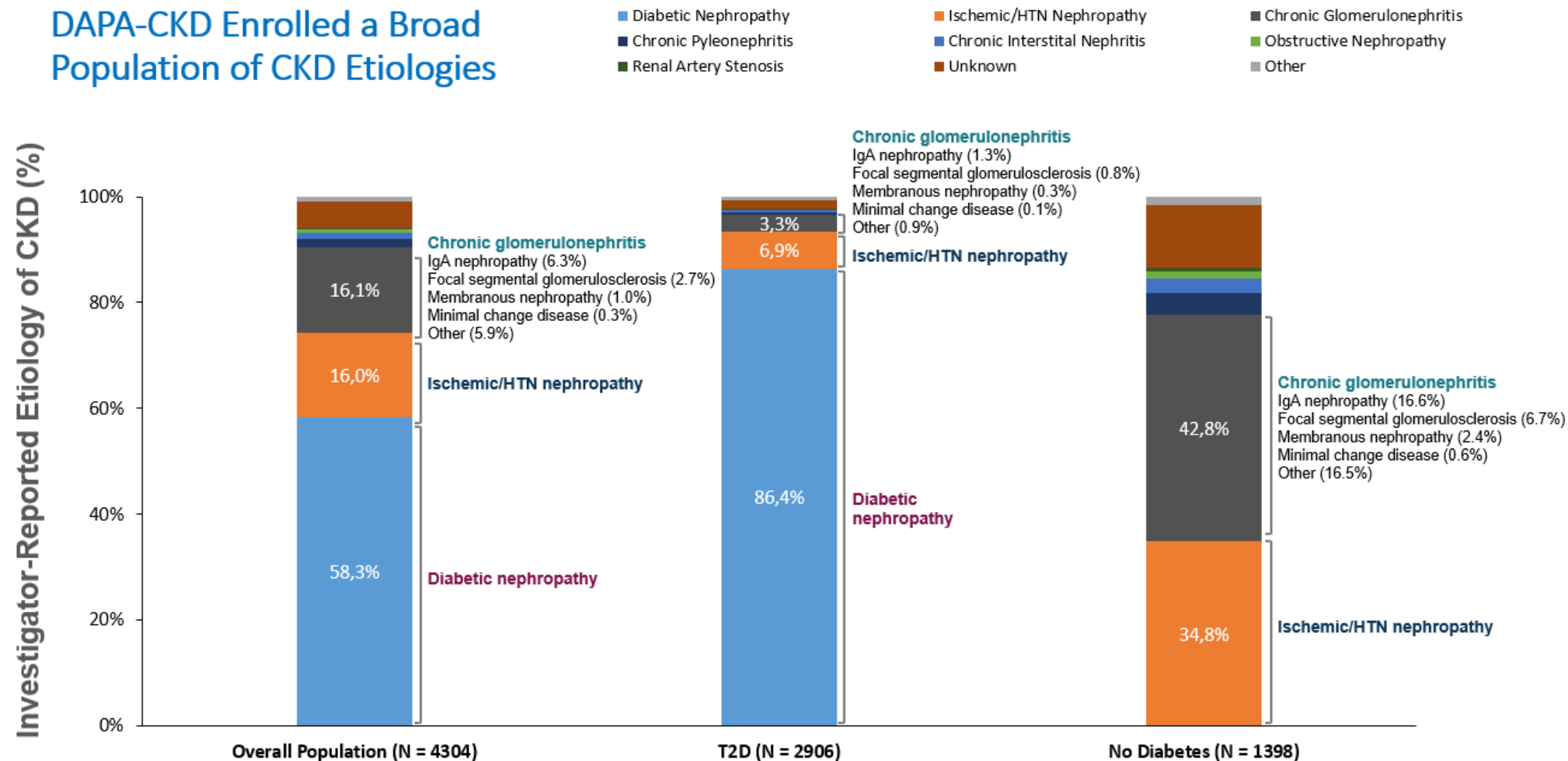
ACEi = angiotensin-converting enzyme inhibitor; ARB = angiotensin-receptor blocker; BL = baseline; CKD = chronic kidney disease;

eGFR = estimated glomerular filtration rate; UACR = urinary albumin-to-creatinine ratio.

Heerspink HJL. Presented at: ESC Congress – The Digital Experience; August 29 - September 1, 2020.

DAPA-CKD

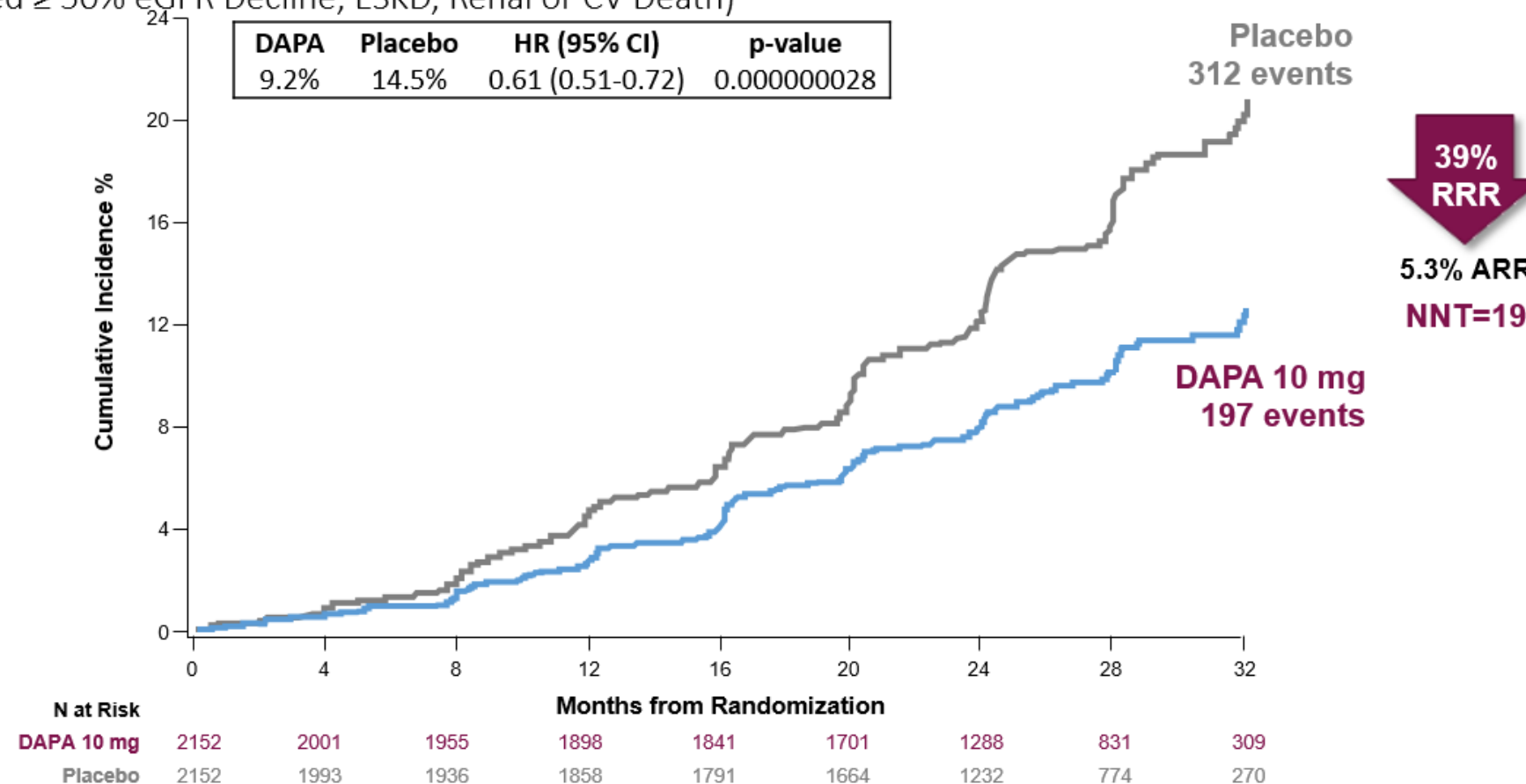
DAPA-CKD Enrolled a Broad Population of CKD Etiologies



HTN = hypertensive; IgA = immunoglobulin A; T2D = type 2 diabetes.
Wheeler DC et.al. Online ahead of print. *Nephrol Dial Transplant*. 2020.

DAPA-CKD

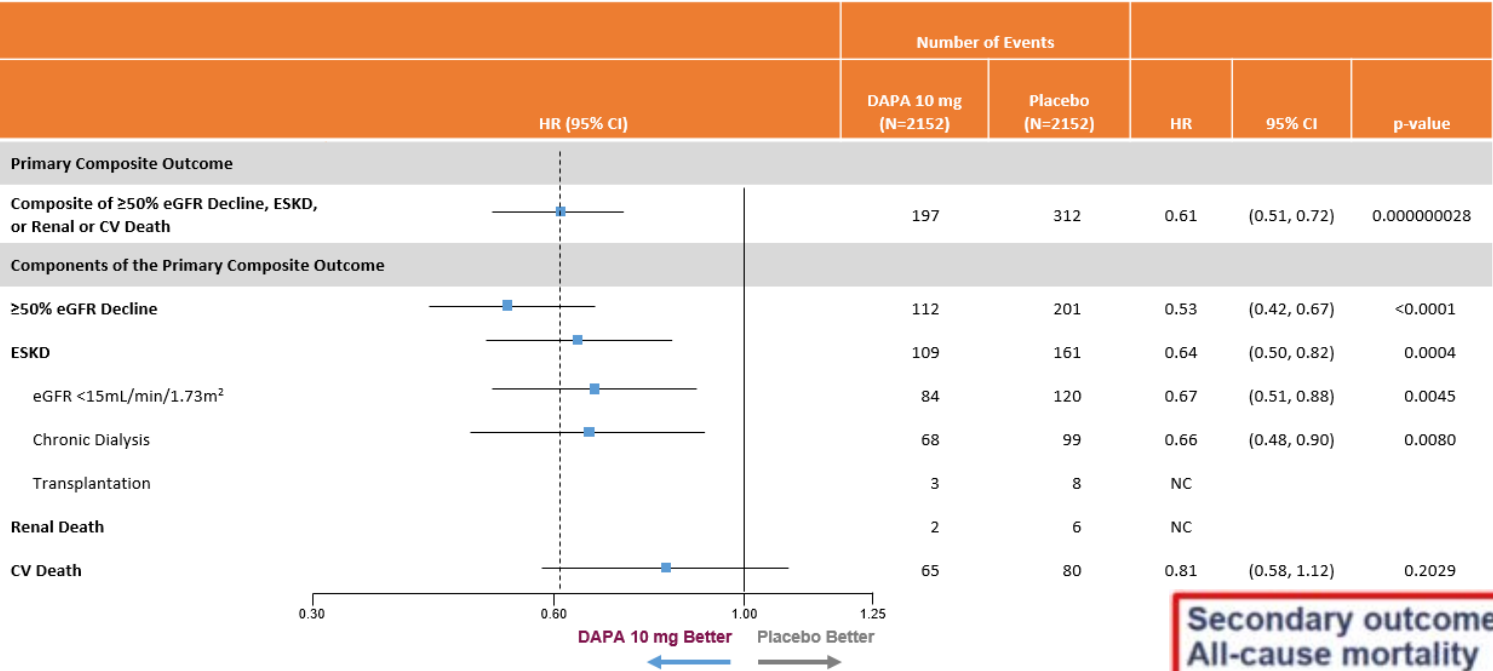
Dapagliflozin Significantly Slowed Progression of Kidney Disease and Reduced the Risk of Adverse Outcomes (Sustained $\geq 50\%$ eGFR Decline, ESKD, Renal or CV Death)^a



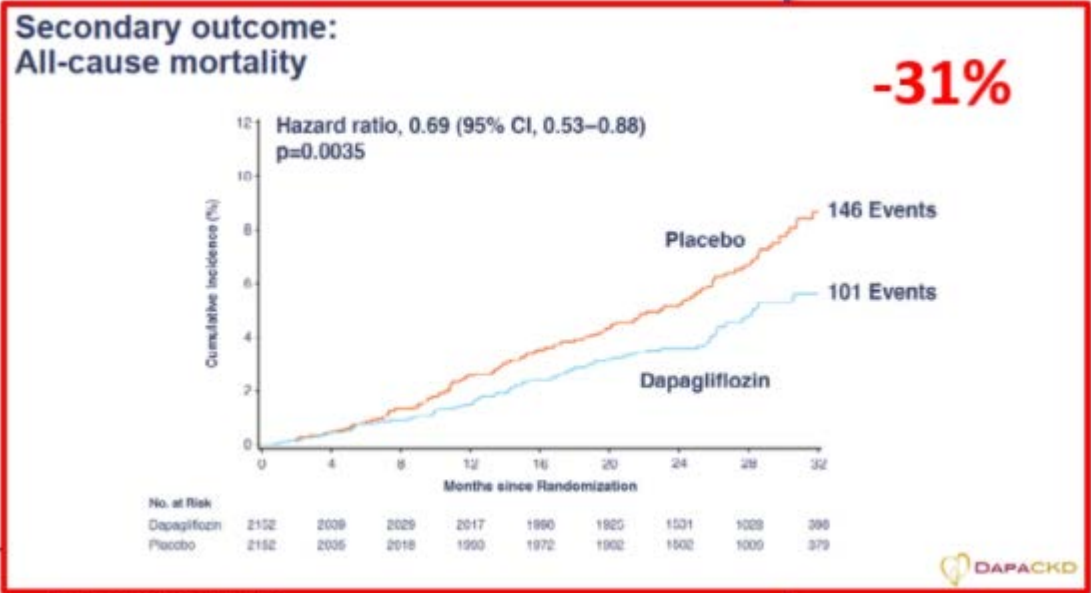
^aESKD defined as the need for maintenance dialysis (peritoneal or hemodialysis) for at least 28 days and renal transplantation or sustained eGFR $<15\text{mL/min/1.73m}^2$ for at least 28 days. Renal death was defined as death due to ESKD when dialysis treatment was deliberately withheld for any reason.² ARR = absolute risk reduction; CV = cardiovascular; DAPA = dapagliflozin; eGFR = estimated glomerular filtration rate; ESKD = end-stage kidney disease; HR = hazard ratio; ; NNT = number needed to treat; RRR = relative risk reduction.

1. Heerspink HJL. Presented at: ESC Congress – The Digital Experience; August 29 - September 1, 2020. 2. Heerspink HJL et al. *Nephrol Dial Transplant*. 2020;35:274–282.

All Individual Components Contributed to the Significant Primary Outcome Treatment Effect

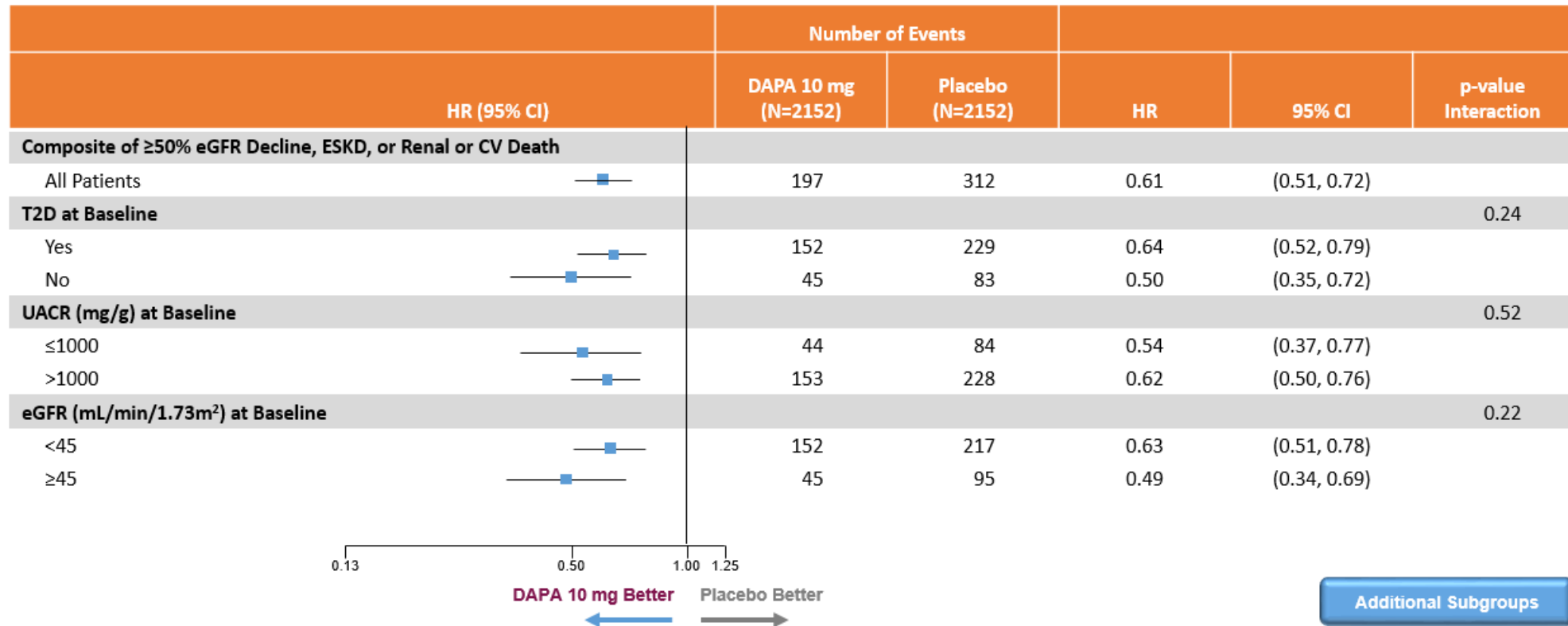


CV = cardiovascular; DAPA = dapagliflozin; eGFR = estimated glomerular filtration rate; ESKD = end-stage kidney disease; HR = hazard ratio; NC = not calculable
Heerspink HJL. Presented at: ESC Congress – The Digital Experience; August 29 - September 1, 2020.



DAPA-CKD

Treatment Benefit Was Consistent Across Key Pre-Specified Subgroups



CV = cardiovascular; DAPA = dapagliflozin; eGFR = estimated glomerular filtration rate; ESKD = end-stage kidney disease; HR = hazard ratio; T2D = type 2 diabetes; UACR = urinary albumin-to-creatinine ratio.

Heerspink HJL. Presented at: ESC Congress – The Digital Experience; August 29 - September 1, 2020.

SGLT2i nel DM2 e nella gestione del rischio cario-renale effetto di classe?

Gli effetti degli SGLT2i sugli outcome cardiovascolari e renali sono ampiamente coerenti tra tutte le molecole e suggeriscono un effetto di classe

E' stato osservato un beneficio maggiore sulla riduzione del rischio di ospedalizzazione per scompenso (30%) e progressione della malattia renale (40%). Tali effetti sono indipendenti dalla pregressa ASCVD o malattia renale e coerenti in popolazioni con scompenso o malattia renale a prescindere dal presenza di diabete

Le stime dell'effetto sul rischio di ospedalizzazione per scompenso erano le più coerenti in tutti gli studi

Effetti più modesti sulla riduzione dei MACE, (circa il 10%), con eterogeneità tra gli studi, EMPAREG, CANVAS, CREDENCE, che mostrano effetti benefici e minore efficacia in pazienti con ASCVD.

Riduzione della morte CV solo in EMPAREG e DAPA HF

Ongoing Large HF & CKD Trials with SGLT2 Inhibitors

Empagliflozin Outcome Trial in Patients with Chronic Heart Failure with Preserved Ejection Fraction (EMPEROR-Preserved)

- Chronic HF (NYHA II-IV)
- LVEF >40%
- ↑ NT-proBNP
- eGFR >20
- N=5988
- 1^o: HHF / CV death
- Est. completion: 2021

Dapagliflozin Evaluation to Improve the Lives of Patients with Preserved Ejection Fraction HF (DELIVER)

- Chronic HF (NYHA II-IV)
- LVEF >40%
- ↑ NT-proBNP
- eGFR >25
- N=6100
- 1^o: Worsening HF/CV death
- Completion: 2021

EMPA-KIDNEY (The Study of Heart and Kidney Protection With Empagliflozin)

- eGFR 20-45 or 45-90 + UACR >500
- N=6000
- Outcome: ESKD, renal or CV death or 40% ↓ in eGFR
- Completion: 2022

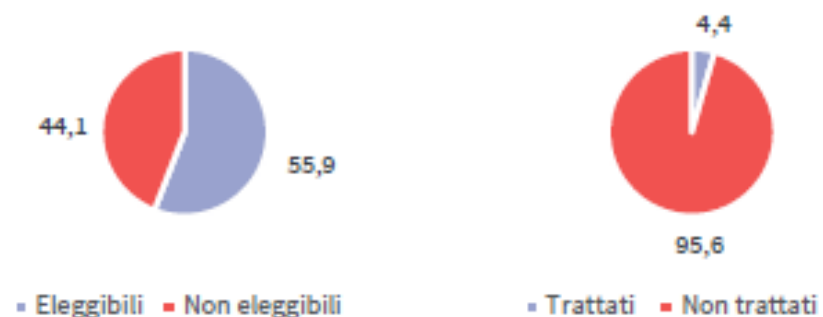
Soggetti complessivamente eleggibili per lo studio EMPAREG OUTCOME e trattati con SGLT2i tra i soggetti eleggibili



Soggetti complessivamente eleggibili per lo studio CANVAS e trattati con SGLT2i tra gli eleggibili



Soggetti complessivamente eleggibili per lo studio DECLARE-TIMI 58 e trattati con SGLT2i tra gli eleggibili



Soggetti complessivamente eleggibili per lo studio VERTIS-CV e trattati con SGLT2i tra gli eleggibili



HbA1c



**Rischio e
Outcome cardiorenali**